



Boat Club photo competition

The exhibition took place at the Port Māpua Maritime Museum from the 24th July through to Tuesday 11th August 2020. Judging by the votes for "People's Choice" photo, hundreds of people viewed the exhibition.

Numbers of adult entrants were up this year with 109 photos from 37 entries and for the first time there was a Children's Division with a total of 21 photos entered by five entrants.

The photos were judged by Jane Smith from **Chocolate Dog Studio** and Rebecca Bowater, published Nature Photographer from Atawhai. Comments from the judges included: "*excellent composition, great background, great capture, really well done, beautiful shot, lovely moment captured*"

The judges felt that the Overall Award winner's photos "*summed up the look and feel of Māpua*".

Special thanks to Debbie Lavery from the **Jellyfish Restaurant & Bar** for donating the prize for the **Overall Award**, won by Pete Archibald and the "**People's Choice**" Award won by Rob Lynch.

Special thanks to **Copyart** in Richmond who generously donated vouchers for all category prize winners plus printed the photos at a discounted price.

Special thanks also to the team at **Delicious Homeware Store** down on the Māpua Wharf for donating prize gift vouchers.

continued on next pages



Wildlife Category Winner - Carolyn Hope
Black fronted tern fishing



Boats Category Winner - Pete Archibald -Overall winner



People Category Winner -
Dave Landreth
Igotabig1



Children's Category Winner -
Colbie Percy

Kingfisher photos were popular with the **People's Choice Award** winner, Rob Lynch's amazing photo of a Kingfisher eating a crab and Raewyn Wood's Kingfisher eating a flounder coming runner-up.

Category Winners:

Wildlife: 1st Prize Carolyn Hope, Runner-up Rob Lynch
 Boats: 1st Prize Pete Archibald, Runner-up Pete Archibald
 People: 1st Prize David Landreth, Runner-up Pete Archibald
 Children's Division: 1st Prize Colbie Percy, Runner-up Xiao-Yang Wagstaff



People's Choice Winner - Rob Lynch
 Kingfisher catches crab

We are looking to produce a calendar for 2021 using some of the amazing, winning photographs and this calendar will be available for sale at the **Delicious Homewares Store** down on the Māpua wharf.

Thanks to all entrants for your beautiful photographs and supporting this initiative run by the Māpua Boat Club. See you all again in 2021.



People's Choice Runner Up -
 Raewyn Wood
 Kingfisher catches flounder

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 **NOTICE OF ANNUAL GENERAL MEETING 2020**
Wednesday 16th September
7.00 p.m. at Mapua Boat Club rooms Mapua Wharf
 All welcome, financial members only holding voting rights
Following the close of the meeting supper and refreshments will be provided.
 Enquiries to: **Clare Kininmonth, Secretary**
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The Internet

“Who knew all of human knowledge could make people dumber?”

The internet was supposed to unleash new dimensions of collective human potential by bringing knowledge to the masses. What no one took into account is that not all our knowledge is smart.

An overwhelming amount of what the world “knows” is a mix of campfire stories, gossip and conspiracy theories. And now we have built a machine that sprays it all, fully homogenised, straight into our brains.

Book review, New Scientist

Oram tells Māpua: 'Regeneration opens new opportunities'

Internationally acclaimed business journalist Rod Oram told a capacity crowd in Māpua last week that 'regeneration' is the best way forward for New Zealand, rather than trying to get back to wherever we were before the Covid-19 pandemic arrived. Regeneration would involve building back better, and creating an economy that is more resilient, more sophisticated, and more valuable.

This country had responded well to the virus, he said. Our businesses had acted fast, and they made quick future-focused decisions. Oram said he was feeling 'very OK' about New Zealand financially. But any rebuild of our economy needed to address some fundamental problems: inequality, unsustainability, and the need to transition rapidly to a low-emissions economy.



Contrary to popular views New Zealand is a highly unequal society, he said, one of the worst in the OECD. Any recovery plans need to find ways to reduce these differences and to restore human dignity and social justice. 'Societies fall apart when the differences become too large,' he said. Not only are such societies bad for those in poverty, they do not work well for the wealthy either. 'Societies with wide economic divisions breed mistrust and inefficiency.'

A 'wealth tax' was a solution, he thought, and could be widely supported here. He quoted a survey in USA, a country where people are often averse to any policy that sounds too 'socialist': 61% of respondents there supported a wealth tax.

He also addressed the urgency of action on climate change. The world's atmosphere is incredibly thin, he said, extending out for only about 10 kilometres before it becomes very sparse. And into this very small space we pump billions of tonnes of carbon dioxide every year, which is going to stay there for a very long time.

Encouragingly many people, and especially young people, were starting to act on this. Last year, 3.7% of our population took part in School Strike for Climate action, he said. 'That's a big enough percentage to create real change,' he said.

He noted the value of increasing engagement with and respect for te ao Māori values in care of the environment and planning.

Oram's talk on August 10th was titled 'Regeneration trumps Recovery' (he stressed that 'trumps' is a verb, not a reference to anyone's name). It was organised by the

Motueka Branch of the Green Party of Aotearoa, as part of its popular 'Local Matters' programme that focuses on issues rather than politics. It was opened by Steve Richards, Green Party candidate for West Coast Tasman in the upcoming general election.

Oram was joined in Māpua by a highly qualified and articulate panel of three.

Rachel Sanson is a first-term and the highest-polling Nelson City Councillor, now Chair of their Governance and Finance committee, with a strong record in business and activism.

Aneika Young works as a Cultural Advisor and Environmental Scientist in the Māori Business Development Team at the Cawthron Institute and has her own consultancy business specialising in resource management matters for iwi.

Katrina Kidson trained as an engineer and has worked as a CEO, Company Director, and Senior Executive in large and small companies over two decades. She is now a business coach and is active in the Sustainable Business Network and local group Businesses for Climate Action.

The panel supported Oram's enthusiasm for a better future and added vital local context. Kidson said 'We don't want to bounce back – it's time to bounce forward.'



The Panel, L to R Aneika Young, Katrina Kidson, Rachel Sanson, Rod Oram

For more information please contact:

Petra Dekker
Motueka Greens, Local Matters
Ph. 021 02926209

Walking the Talk

Presentation postponed

Please Note: Due to COVID-restrictions the Motueka Greens Local Matters committee had to postpone the presentation "Walking the Talk, Local Solutions for Carbon Reduction" from August to

**Wednesday 16 September,
7:30pm in the Māpua Hall.**

Tickets for the launch evening: \$10 through Humanitix-
website <https://humanitix.com/nz/>
Search for "Walking the Talk". Limited door sales only.
Students free on ID.

The Jester House tour has been postponed till 10 October.
For more information contact Petra Dekker, 021 02926209.

Motoring with



-Spring is upon us-

Spring is a vibrant time of the year.

- It is a time when new life begins (lambs are born; daffodils bloom; trees blossom; and the grass and weeds grow)
- It is a time when the days are starting to lengthen and one starts to feel those fun filled summer days and evenings are just around the corner.
- It is a time of unpredictable weather, when one minute we are being bathed in warm sunshine, showered with rain or reaching for an extra layer to fend off the cold.



Spring is also a time when some of us may start to think about that special piece of equipment to lessen the work load of maintaining a property.

The seasonal use of mowers, chainsaws, weedeaters, hedge trimmers, quad/ATV bikes and the like makes it very easy to forget that they need to be serviced and maintained regularly.

I am sure you will agree, there is nothing worse than planning a property maintenance day only to find that your lawnmower, weedeater, hedgetrimmer, yard vac, chainsaw etc will not start, or even worse, if it breaks down halfway through the job.

Our advice is to plan now for a pleasant and problem free property maintenance experience.

Wishing you happy and safe motoring....

the team at



Māpua Fire Brigade



July to August 2020 call outs

- 2 July 2020 01:03 residential alarm activation Aporo Rd, faulty unit
- 2 July 2020 17:31 house fire Motueka
- 7 Aug 2020 01:30 to Kina Beach Road, fire on side of road. Two controlled fires. Left with owners
- 7 Aug 2020 21:01 car in ditch on Dominion Rd
- 8 Aug 2020 21:20 beach fire Baigent Reserve Kina
- 18 Aug 2020 18:49 medical assist Sprig and Fern, waited for Ambo.
- 19 Aug 2020 15:03 camper van fire SH60, smoke from electrical wires, out on arrival.
- 21 Aug 2020 17:15 car v car and trailer SH60 near Stringer Rd. 1 person taken hospital, Trailer fished tailed.
- 22 Aug 2020 15:26 called to Tasman for smoke in area. Nothing found.

Calls this year:53

Safety Tip – Be safe.

Smoke alarms need to be tested monthly and taken down and cleaned six monthly. Keep insects and dust away from alarms to keep them working as they should.

For fire safety info go to - <https://fireandemergency.nz/>

For fire permits go to - <http://www.checkitsalright.nz/>

Any question phone Mark 0274392778 or mark.Theobald14@gmail.com

Attention all Dog Owners:

New rules apply to dogs within the Māpua Recreation Reserve (Māpua Domain). This is the result of doggie doo's not being picked up in the past. Below is an image of the signs placed at each entrance – Please take notice of them and follow the rules.

Mapua Recreation Reserve

Dogs not permitted on sportfields

Dogs on leash at all times



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MAPUA HALL NEWS

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Regular Weekly Activities at the Mapua Hall



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9.15 am Yoga with Charlotte	9 am PANZ Pastel Artists of NZ	9.15 am Aerobics with Lynda	9.30 am MAG Art Group Mapua Art Group	9.15 am Aerobics with Lynda
9.30 am Superb Dance with Hilary	9 am Sioux Line Dance	9.15 am Yoga for Healthy Aging with Nikki		9.30 am Superb Dance with Hilary
5.30 pm Broga Men's Yoga with Nikki	10 am Mapua Creative Fibre 2nd Tue of Month	10.15 am Pilates with Lynda		10.15 am Pilates with Lynda
6 pm Dance Fitness Dancehall Fitness with Hilary	2:00 pm Chair Flair with Hilary	1:30 pm Tai Chi		10.45 am Yoga with Martin
6:30 pm Mapua Hall Society Committee meeting Meeting 3rd Monday of month	6 pm Aerobics with Lynda			2 pm Friendship Group 1 st & last Friday of the month
7 pm Mapua & District Community Assoc. Meeting 2 nd Monday of month	6 pm Yoga with Martin	6 pm Yoga with Thomas	7.30 pm Mapua Community Choir	6.30 pm YOUTH GROUP Most Fridays

This month

For current times and timetable updates please check the live calendar on the Hall website www.MapuaHall.org

School Holidays begin on 26th September

Packhouse Cinema

Packhouse Cinema screening "A Beautiful Day in the Neighborhood" on Sunday 13th September at 6.30pm Tickets \$12. (Seating provided at Alert Level 2 only).

Coming Soon

General Election at the Hall on 10th, 11th and 17th October.

Hall Society News

Our calendar is everchanging with the Covid-19 Alert Levels so please check in with your instructors/ group facilitators for current class times and requirements.

Packhouse Cinema during Level 2 will require contact tracing and seating provided to ensure social distancing, so please pre-pay tickets online to Mapua Hall Society at NBS 03-1354-0308218-00 with your name and 'Movies' as reference. If you are unsure please email the office at MapuaHallSociety@gmail.com

Follow us on [Facebook](#) for updates from the Hall.

Stay safe & be kind



A three generations journey on the 'Tasman Great Taste Trail'

If you are looking for an adventure, try this one, right in your own backyard.

It was not your usual sunny with clear skies, Ruby Bay day on this July Sunday. It was damp and overcast and threatening to rain. We were certainly not deterred though, but extremely excited and keen to be on our way. So, wrapped up warm and backpacks on our back, we headed down to the wharf to catch the 11am ferry to Rabbit Island. We weaved our way over Rabbit Island, through the countryside, along the coast and we were very soon at Richmond where it was a 'must stop' for an ice-cream for our twelve and nine-year-old grandsons.

Ice-creams demolished, we set off once again on the trail, heading towards Wakefield. En route there was plenty to see; the boys particularly enjoyed stopping and watching the thousands of chickens on the Ewings Egg Farm

We saw big fat pigs and cows and new-born lambs and very soon we were at our accommodation, the Wakefield Hotel where we had had our bags delivered.

Our rooms were lovely and cosy. My husband and I enjoyed an en-suite, while the others shared a bathroom down the hall. After a shower and freshen up, it was down to the bar for a beer and hot chips while the boys played pool, the blokes watched the rugby, and my daughter and I played Bananagram!!

As it was my 64th birthday, [who would have believed it; how did I get to be 64?] my husband organised a few friends to turn up for dinner as a surprise. I don't much like surprises, but it was very lovely – and the food was yum!

Our grandsons loved their own room with their own telly, so were very happy to take themselves off to bed and enjoy their independence.

A very generous breakfast of cereals, fruit and toast was enjoyed before packing up with thoughts of the slow gradient to climb towards the Hope tunnel. A 'piece of cake' on an e-bike, while the others glowed with perspiration after the 5km climb.

There were information boards to read about the area and history of the tunnel, while we dug out our torches and bike lights. With 1.3km of tunnel, there was no light to be seen at the end of the tunnel. It was cold and airy, but we all enjoyed the exhilarating feeling of adventure.

From there it was all downhill to Kohatu and then on to Tapawera where we were booked to stay at the Tapawera Hotel. Again, it was approximately 40km, a pleasant distance for our varying ages. The Tapawera Hotel has cabins at the back which were very adequate.

The trail from Tapawera to Woodstock is not yet complete. The road is narrow in places and is quite busy



with trucks and cars travelling at a reasonable speed, so we organised a ride to the bridge at Woodstock where the trail then travels along the West Bank. It was lovely biking along the river and through the farmland. The trail bypasses Riwaka and soon you are looking across the Tasman Bay

and climbing up the hill to Kaiteriteri, before biking down the windy, steep and 'heaps of fun', Mountain Bike Park. Another 40km ride for the day.

We stayed at a friend's Homestay in Kaiteriteri. Again, we had our bags delivered, along with a juicy steak and vegetables.

So, while Grandad lit the fire, prepared a cheese platter, and cooked the dinner, the rest of us walked down to the beach and had ourselves a fun round of mini golf. Who won? Not Nannie!

Our 4th and last day, we cycled back on the Mountain Bike Park over the Kaiteriteri hill and followed the coast around towards Motueka. Grandad

took a wee tumble when getting too close to the curb but was pretty quick to dust himself off before he was spotted. Nothing damaged but tell-tail sprigs on his jersey and a hurt pride.

We continued to cycle along the coast, through Motueka and very soon we had covered the 18km to the Toadhall Café, where we enjoyed a celebratory lunch and cheered to our adventure successfully completed.

Virginia Thornley



Analysts of the Art Room

When we cannot see the wood for the trees, we need to distance ourselves from whatever it is that is confounding us or get an opinion from someone who already has the distance.

In Māpua Art Group sessions there is usually a friendly critic wandering round nursing a cup of coffee, distancing themselves from their own creative problems, but capable of objectively viewing identifying and solving problems in the work of others; because they have that distance.



There is an unstated principle in the group that unasked for advice is unwanted advice so the critics don't interfere until slightest indication of stress from an artist who is then descended on by these masters of diplomacy; there to guide and not take over.

Helping an artist to view their work from another angle has sometimes brought about improvements in their project of the day, which is rewarding for both the taker of advice and the giver. But help must wait for a "what do I do now?" which will gather a cluster of friendly animated analysts.

Wayne Elia





Suzie Brosnahan
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How well do you move?

A common problem we see in our clinics is that people who are in pain, often move differently. This is understandable. If you sprain your ankle, help.

The same thing can happen with pain in the neck, shoulder, lower back, or any body part that is painful. When people hurt themselves, one of the first things they do is minimize movement to that area.

If it hurts, don't do it! That is totally reasonable for the short term. Fortunately, most people will start to move again in a normal, fearless, and carefree way.



But sometimes they don't and are given advice that is meant to help; however, it can end up perpetuating a habit of movement that is no longer helpful and might even be harmful.

For many years, the advice for arthritis, low back pain, muscle tears, osteoporosis or tendon pain would be to rest, take medication and avoid doing things. In the spine, we especially put a lot of rules on things to not do.

You've probably heard "don't bend your back; lift with your legs" or "strengthen your stomach muscles to strengthen your core". We have essentially told certain parts of our body to continually "limp" even after there is no need to.

Just in the same way many things can contribute to someone's pain, the way we move can also influence how much pain we have and experience if we are moving in a wrong way because we are fearful it may make our pain worse.

For instance, if you think it is harmful to bend your back or reach your arm over your shoulder, you will start to be

guarded, fearful and very conscious of how you move. Out of a fear of pain, you will avoid certain movements. You might think that there is a right way to do a movement instead of thinking that there are countless variations and many, if not all, are acceptable.

With persistent pain you often lose movement options and then you fall into a habit of moving the same way, but possibly in a wrong way. It is this habit that might have once been helpful, but now it is linked with ongoing pain. It also leads to deconditioning of the tissues and creates a condition where we are more prone to additional injury.

This routine of movement, or habit, triggers your pain alarm system. And remember, we often get better at being protective, which can lead to even more pain.

What can you do?

First, understand your beliefs about your pain and try to get some insight if it is contributing to your poor movement habits. We are here to help you do just that. We can assist you in understanding your ongoing pain so that you are able to help yourself by restoring and enjoying a better quality of life by being more active with less pain.

*Dr Ron Howard
Coast & Country Chiropractic Centre*

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Pastel Artists of New Zealand

Shops, restaurants, and services are all visible and readily available in our beautiful village of Māpua but scratch the surface and you will discover a whole host of activities that you might not have realised existed. The Coastal News, our village newsletter, is testament to this.

Our pastel painting group quietly gets on with life, tucking itself away every Tuesday morning in the Community Hall. Not highly visible but we have been discovered, nonetheless. Individual visitors pop in regularly when they see our signboard outside and PANZ members love it when the children from play centres come calling. The children are so inquisitive and can hardly wait to get their hands in amongst the many boxes of pastels. The Community Library also calls on us. Several members of PANZ Nelson have displayed their artwork on the walls of the Library; exhibitions that add another dimension to the library service.

Any group or individual who would like to learn about pastel painting or just be inquisitive, like the children, will be made very welcome. We are in the hall from 9 a.m. until 12 noon and are very happy to be interrupted. Tea, coffee, and biscuits on tap!

A critique session is always scheduled for the first Tuesday of each month and a mystery challenge or activity on the third Tuesday. But personal painting is every Tuesday; come and see for yourself. Be surprised at just one of the many groups that beavers away in Māpua.

For any information about our pastel group please contact our Area Representative, Glenys Forbes on 03 540 3388 or by email gmlforbes@ts.co.nz. You can visit our Facebook page: PANZ Pastel Artists of New Zealand to see national and international pastel artwork.



Sue England

An advertisement for enhanceskin clinic. The top left features the clinic's logo, a circular pattern of dots, and the text 'enhanceskin COSMETIC, MEDICAL & VEIN CLINIC'. To the right, a headline reads 'Say goodbye to unsightly, aching varicose veins... Find instant relief and wear shorts again!'. Below this, a green call-to-action button says 'CALL FOR YOUR FREE, NO OBLIGATION DOCTOR'S ASSESSMENT & SCAN OR COSMEDICAL CONSULTATION'. On the right side, there is a photo of Dr. David Orsbourn, a man in a light blue shirt. Below his photo, his credentials are listed: 'Dr David Orsbourn MBChB, Dip Obs, FRNZCCGP, FACAM Fellow New Zealand Society of Cosmetic Medicine Certificate of Procedural Phlebology Member of Skin Cancer College of Australasia'. At the bottom, a blue banner contains the address '7 Buxton Square, Nelson - 03 548 8216 - www.enhanceskin.co.nz'. On the left side of the banner, there is text: 'Affiliated Provider to Southern Cross Health Society for Endovenous Laser Treatment & Ultrasound Guided Sclerotherapy', 'Non Surgical Endovenous Laser Treatment', 'Walk In, Walk Out Treatment that's Reassuringly Local', and 'Cosmetic Botulinum : Dermal Fillers : Sun Damage Treatments'.

Identity and Certainty

I find it quite hard to believe that we have come to the beginning of spring, a new season. Where is the year going to? I think back to summer and cannot quite believe how much life has altered since January. Globally, the world is a very different place, a complex place. As I write this, we are still in Level 2, which is a strange place to be, not really a lockdown, but more of a waiting game.

In a strange kind of way, if I think back to pre COVID life, much of my 'normal' day to day life has not changed at all. But I think what is different is the level of uncertainty that we all now live with. It seems that this brings an underlying anxiety to so much of our lives.

As we see the new life of spring around us, I am reminded that life and the world indeed has its seasons, but that we spend a great deal of life telling ourselves that life will always be 'normal'.

The question I have is this: how can we not only cope with the altered circumstances of our lives, but thrive and grow through change? Or perhaps an even bigger question, in what or whom, do we find our identity, and our certainty?

In scripture, the prophet Jeremiah asked these kinds of questions of the people of Judah. In a time of extreme anxiety, and uncertainty, that of the threat of the conquering Babylonian empire, Jeremiah spoke of God, and painted a picture of those who in uncertain times, place their hope, and their life in him.

"They will be like a tree planted by the water that sends out its roots by the stream.

It does not fear when heat comes;

its leaves are always green.

It has no worries in a year of drought and never fails to bear fruit." (Jeremiah 17:8)

May we learn, in these times, to let our roots, find the source, that will sustain, and nurture us through the seasons ahead.

Visit: hillscommunitychurch.org.nz

Or on Facebook: hills community church - Māpua

As much as we are able, the church is also open Tuesday to Friday mornings, for prayer, or quiet space.

In Christ

Rev John Sherlock

Pampas Grass or Toetoe, and why should we care?

I've lived in New Zealand since 1991, and in Māpua since 2006. As an immigrant and relative newcomer, I'm sometimes on uncertain ground when it comes to native plant identification. Living near the estuary and making frequent use of the causeway at the end of Toru Street, I've observed the strong growth of the feathered grasses that proliferate along the Māpua estuary margins, particularly near the campsite. But what is this plant?

Is it Argentinian pampas grass or the native Toetoe we're looking at? What's the difference, and should we care?

It's surprising how often there seems to be confusion about this, even in the minds of born and bred locals. There are plenty of sites on line that help with identification, including 'Tawapou Coastal Natives', Weedbusters.org.nz, Wikipedia (see 'Austroderia') and an online New Zealand Herald article from August 2019 which quotes the Greater Wellington Regional Council's biosecurity adviser, Katrina Merrifield.

The first thing I learn is the word itself. 'Toetoe' is correct, while 'toitoi' is a frequently used but incorrect mispronunciation.

Both Toetoe and Pampas were classified as members of the same genus Cortaderia, but the five native Toetoe species have since been reclassified as Austroderia.

Wind or water-born pampas seeds can spread over a distance of 20 kms, and unlike the native Toetoe, the plants establish easily, colonizing disturbed land and

crowding out native plants. Pampas is highly flammable as the clump develops a deep bed of dried material. It grows in almost any environments, tolerating "heat and frost, salt, wind, wet and drought, moderate shade, most soils, and recovers quickly after fire; there's pretty much nowhere in NZ that it can't do well," said Merrifield.

Good reasons to get better at distinguishing between the species!

It's good to see Toetoe doing well in local plantings for example along the Moreland place reserve, in Dominion Flats, and in private gardens along Higgs Road and Māpua Drive. However, I'm now convinced that it's almost always the large flowers of pampas grass that can be spotted from a distance, proliferating up the cliffs above Ruby Bay, on road verges, on private properties and around the estuary.

Pampas can be dug out by spade when clumps are small or sprayed with the herbicide glyphosate or Roundup. It will take some determination to battle a mature clump. Flower heads should preferably be removed before seeding. Apparently, the material rots down to good compost, provided that seeds are killed in the composting process.

I'd like to encourage us all to take action! Learn to identify the plants on your property and in your neighbourhood. Take appropriate steps to eradicate unwanted plants and help stop the spread of these pesky colonizers. Shall we form a working party?

Bridget Castle



One of the easiest ways of identifying pampas grass is that when leaves die, they curl up like wood shavings. There is no doubt therefore that the estuary causeway is lined with pampas grass, photographed here in mid-August 2020.



Pampas (left) flowers from January, producing tall, upright, purple or pinky-white flower heads. Toetoe flowers are white, fine, somewhat drooping, appearing from late spring. This healthy planting is on Mapua Drive (right). Both photos taken mid-August.


Edited by Andrew Earlam, Mary Garner and Trees van Ruth. Views expressed are not necessarily those of the editors. Distributed 1st of the month. Deadline for copy to news@coastalnews.online is 20th of the month. Noticeboard items are a gold coin donation in the collection boxes. Club notices are free. Printed by the Tasman District Council.



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Friends of Mapua Wetland Inc

A combined Annual General and Special Meeting of the Friends of Mapua Wetland Inc Soc will be held at 107 Aranui Road Mapua, **20 September 2020 at 3pm**

This meeting is to discuss a resolution to step back from the formal "incorporated society" part of the Friends' constitution and become an informal group of those wanting to support or work in the wetland and Aranui Park without the need for a formal organization and meetings.

This is because the Mapua Wetland is now largely self-sustaining after 15 years of dedication by many supporters, willing workers, and hours of dedicated work especially by office-holders.

This meeting is expected to be more of a celebration of reaching this stage. Members and interested others welcome.

Packhouse Cinema

Sunday 13th September
 Entry at 6.15
 Movie starts at 6.30pm
 Check Facebook for ticket & seating info



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SPRIG & FERN

A beautiful day in the neighbourhood

A feel-good gem from Tom Hanks; showing at Māpuā's famous Packhouse Cinema @ 6:30 pm Sunday 13th September. Bring your own chairs, drinks & nibbles.

Tom Hanks absolutely shines as he transforms into the beloved children's show star in a role his career has perhaps been always leading to.

Hanks embodies all that is Fred Rogers, from his delicate mannerism to beautifully authentic warmth with others. Hanks pulls at your heartstrings with every word uttered during the film's run.

A beautiful day in the neighbourhood is based on a true-life story about the relationship that develops between Fred Rogers and a cynical reporter who is loath to interview him for a piece on American heroes.

In the movie, the reporter is Lloyd Vogel (Matthew Rhys) who gives an amazing performance.

Through his interactions with Fred Rogers (Tom Hanks), Vogel begins to understand that part of him is broken. The healing process begins as their friendship develops and you see Fred Rogers teaching him to understand, accept and voice his emotions and feelings.

It is beautiful. Tom Hanks is masterful in this role at bringing out the transformation of his friend.



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COMING UP AT



4th September: Raybon Kan
Stand Up Comedy

11th September: The Best 80s
Night ever (rescheduled from 29th)

17th September: Tasman/West Coast
Meet the Candidate Debates

September 19th: Local Legends
Tillerman, Soul Kitchen and
Lemon Grass

25th September: 70s + 80s Party!!

26th September:
Paul Madsen presents The Eagles
Queen and Beegees Tribute show

16th Oct: The Jordan Luck Band

23rd+24th Oct: Hopetoun Brown

25th Oct: The Fleetwoods



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MDCA : an AGM and action plans

Māpua & Districts Community Association's August meeting began with the AGM at which Mayor Tim King thanked the Association members and the whole Executive committee for their attention to, work on and input into community projects and district-wide issues.

Naomi Apōrō was thanked for her contribution and fare-welled from the Executive Committee while Esme Palliser; Paul McIntosh and Terry Smith were welcomed as new members. The position of secretary is still vacant, and Exec would welcome offers from anyone who has the skills and time for this central task or suggestions of who could be approached (contact through info@our.mapua.org). There is a \$200 monthly honorarium.

OPEN FORUM:

Application for local liquor licence outlet in old Country Store premises. Those attending were informed that such an application had been made and it was agreed that MDCA would prepare and submit an objection to this

Protection for Significant trees. Everyone was urged to read Forest & Bird Society's recent report on this issue particularly as it related to trees in our area. This was also noted as part of a broader focus on the management of resources in our area to be considered in the Tasman Resource Management Plan (TRMP)

"Controversial topics" summarized by Mayor Tim King in relation to:

1. *The TDC budget*, noting that the TDC decision for 0% rates increase this year removed \$2.3 million from the budget raising questions about future funding for such major projects as the Waimea Dam.

2. *LTP* including active transportation and freshwater management; particularly noting the impact of the new central government policy and regulations relating to water quality.

3. *Three waters' review* in which the responsibility for water management (water generally; storm water and wastewater) will shift away from local governments to a central entity. Mayor King commented that "since water management is a fundamental focus of TDC's business, this has massive implications for the:

format and future of local government structures

delivery of services

relationships between rates and residents

These issues were also commented on and expanded upon by the Ward Councillors in their reports.

ENVIRONMENTAL PROJECTS

Significant trees. Concern was expressed about regulations relating to developers' rights and responsibilities in relation to mature trees on planned development sites. The recent local example of the threat to mature trees bordering Aranui Park was noted.

The importance of having a community vision and being familiar with relevant principles and plans was emphasized so that "we are there before the plans are accepted rather than reactively complaining afterwards". Richard Johns' offer to research where the 30-year plan fits in here was gratefully received.

ROADS & PATHWAYS in relation to the Tasman Resource Management Plan (TRMP) consultation process

Indicative roads. Noted that this issue was of particular concern as these were able to be used as the planning basis for new roads as the population and volume of traffic in Māpua both increased.

Being informed about these and other relevant issues impacting on the community's vision for the future of the area is fundamental to being prepared to comment on the issues and present such a vision during the TRMP consultation process.

A draft plan. Paul McIntosh and Wayne Chisnall will prepare this to support community discussion on and input into the TRMP which will include maps showing where the indicative roads are and planned future developments.

Community preparation for the TRMP will be the focus of the MDCA September monthly meeting while the actual consultation with TDC will occur at the October meeting. Members are urged to attend and participate in this process.

COMMUNITY WELLBEING

Community volunteer drivers' service. *Māpua Willing Wheels* is now formally launched with Rachel Mason appointed as the co-ordinator (see separate article in this issue). Everyone was urged to inform prospective passengers about the service and to ensure that it is well used. This is vital as data on its uptake will be used to inform decisions on development of future public/community transport services in the area.

Community Hub. Noted significant progress on establishing the basis of a legal financial framework for the project in terms of a Trust and also in identifying and investigating funding for the work required to make the building more "fit for task".

PROJECTS

Community Seating. TDC has approved the locations for the placement of these and the seats have been purchased. However, there is insufficient funding remaining to cover installation so an appeal on Facebook will be made to the community for offers to dig and pour concrete for the foundations.

SOCIAL MEDIA

Noted high levels of engagement with postings on:

- The Project for recording historic recollections of long-term residents (704)
- Dog poo in the Domain (300)
- thanks for those involved in the Dominion Flats planting project (120)

COMMENTS FROM WARD COUNCILLORS

Proposed bridge between Moturoa/Rabbit Island and the Māpua Waterfront Park. *Cr Dean McNamara* reported on a workshop on Active Transport attended by TDC staff, at which a proposal for such a bridge-[cycling/walkway and waste-water pipes] was mooted. "Do Māpua residents want this?" he asked the meeting.

Significant discussion followed with a focus on "who was driving this idea; staff or councillors?" and "what consultation/input will there be from community and affected parties?"

It was agreed that MDCA would follow up this proposal asking for TDC's response to these questions.

FUTURE HOT TOPICS:

- September. TDC information and guidance on/ preparation for the TRMP consultation process.
- October. Community consultation on TRMP.
- November. Advanced Care Planning – what is it and why is it important?
- December. Celebrating the year ☺

Be sure to attend/join in our next monthly meeting: Monday, 14 September at 7 PM (content and format to be confirmed on MDCA Facebook and Mailchimp mailout).

MDCA works closely with TDC to ensure our community functions in a way that suits the majority of our residents. To have a vote that counts, become a financial member of MDCA by simply paying a \$10 membership fee to our NBS account 03-1354-0356471-00 with your name and phone number as a reference.



Submitted by Elena Meredith

Māpua Willing Wheels – rubber hits the road!

This volunteer drivers' service is now ready to go with the appointment of Rachel Mason as co-ordinator, to manage the scheme's finance and administration, take booking calls and then match/connect drivers and passengers.

Residents of Māpua and Districts who are members of the scheme can access rides around Māpua to business appointments and activities in Richmond, Motueka or Nelson and rides home from sports practices or other after-school activities.

Costs include a \$25 membership subscription and then a contribution at a set mileage rate for each ride booked. A team of police-vetted drivers is ready and willing to provide these rides.

This service is provided in partnership by Nelson Tasman Community Transport Trust and the Māpua and Districts Community Association and funded by the Community Connect MSD funding grant.

To join up or for more information, contact Rachel at 022 682 2373 or mapuawheels@gmail.com

To keep this service viable, we need to "use it or lose it" - so let's get those wheels on the road!

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Contact Rachel on **022 6822 373** / mapuawheels@gmail.com

Yes please, my name is: Tel:

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Provided in partnership by: Nelson Tasman Community Transport Trust (NTCT) & Māpua & Districts Community Association (MDCA) & funded by the Community Connect MSD funding grant as part of the NTCT / Māpua Project

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Hello animal lovers

Spring already and the promise of warmer weather and green growth. This year has been very disruptive for owners and their animals due to the lockdown restrictions, and warmer weather can bring many biting insects.

More green growth can affect paddocked animals. Grass staggers is a very distressing condition for horses and cattle which can cause lack of coordination, tremors, and inability to eat or drink. Limited access to grass is one way of combating this or it can be treated by a vet.

Dogs and cats can also be targeted with fleas and ticks and they should be protected with appropriate prevention regularly. Many dogs and cats are not flea treated and it can affect their behaviour significantly.

Sheep can be targeted by flies that lay an egg in the fleece which hatches out and the maggot literally eats the sheep. Dipping and pour-ons are effective but regular observation is critical. A fly struck sheep will look uneasy and sit down and it can be fatal if not addressed.

Parasites such as fleas and even ticks can be carried into a house if the animal is allowed inside, so the environment should also be treated so as not to perpetuate the cycle. They can also target humans if the infestation is bad enough.

So warmer weather can bring its challenges, but it is a time for new life and growth. In most cases animals are very capable of raising their young but in some cases this does not happen.

It can be very difficult to hand raise an animal and very time consuming. It is also usual for that animal to imprint on the person hand feeding which will influence their behaviour and sometimes a herd animal will not want to re-join their herd when weaned.

A young animal such as a sheep, cow or horse can be very cute when little but will grow into a very large animal when mature and will still think that their human is a playmate so hand rearing should only be undertaken by experienced people otherwise it could be dangerous.

I am always happy to help with animal behaviour issues.

Sue Mott, Animal Behaviourist

Ruby Coast Running Club

Wow, 2020 has sure turned us upside down a bit. With lots of events being cancelled it can be a struggle to get motivated to get out for a run or a walk.

We host a 5k every week for runners and walkers alike. So, lace up those shoes and sign in and keep up that training. We have been fortunate here in our little area of New Zealand to be able to attend some local events.

The Waimea Harriers and Nelson Athletics host quite a few. Recently some of us attended the Dovedale run. It was quite the challenging event as it was a fair bit of uphill going but we all reached the top.

Our club tops and jackets generate a lot of interest from the other runners. We all love the new jackets!



But you don't need a shirt or a jacket to join us. We just love what we do and want to share it with you.

Follow us on Facebook: Ruby Coast Running Club for information on club runs, dates and times. We would love to have you join us.

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Police Report

I hope the latest COVID problems not causing you any stress. Let's hope we can return to normal asap.

There has been a spate of damage and graffiti in Tasman over the last few weeks. The damage has been at Baigent Reserve, Kina Peninsula. A barbecue and some picnic tables have been damaged and some graffiti has been spray painted nearby.

Not too much crime in the Māpua area thankfully – keep alert though.

Occurrences:

- 28/7 Family harm argument Māpua
- 2/8 Family harm assault Māpua. Male arrested
- 5/8 Car broken into Coastal Highway
- 19/8 Car broken into at Kina.
Wallet that was on view stolen.
- 22/8 Forbidden driver stopped Aranui Road.
Car impounded.

Grant Heney, Senior Community Constable, Motueka



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The Write bias

News from Māpua Bowling Club

Our Friday evening social gatherings are now taking place every week instead of fortnightly and we have our new Catering Manager, Julie Booth, to thank for some delicious suppers. As a vegetarian I'm delighted by the non-meat options.

Supper is not the only reason to visit the Bowling Club on Fridays. Carpet bowls is a lot of fun and although there is nothing at stake, it is sometimes quite competitive.

The principles of indoor, carpet bowls are the same as outdoors. It is also known as short mat bowls and really is an excellent way to learn about bowling before tackling the large green outside. The bowls themselves are much smaller than outdoor bowls but still have bias and track on a curve.

If you have never bowled and would like to give short mat bowls a try, come and join us on a Friday evening. We have all the equipment you will need. If you would prefer a one-to-one session, that can also be arranged. Just give me a call on 03 540 2934 and a session can be organised.

Club members are enjoying the social contact of our winter meetings but with a sense of spring in the air, there is plenty of anticipation for getting back on the green for the outdoor season. Opening Day is Saturday 12th September and new members are always welcome.



For any information about bowling, coaching, or booking the clubhouse and facilities, contact the secretary, Di Blanchet on 03 540 2627 or check out our website, sporty.co.nz/Mapuabowls

Sue England

Living in Fear

2020 has been a year characterised by fear. Not since WWII has fear been so widespread around the globe, impacting every country on the planet *at the same time*.

And what is causing this fear? A tiny, invisible virus. This tiny enemy has sent the world's economy into a tailspin, and there is, as yet, no sign of any effective answers on the horizon to cure this epidemic of fear.

Jesus talked about fear quite a lot. He also talked about a common companion of fear—worry. He called those who follow him to “fear not”—even in the midst of very trying circumstances.

Matthew 6 is probably the best-known chapter on fear/worry in the gospels. Here we read what has come to be known as the Sermon on the Mount.

Jesus tells us that fear and worry reflect something of what our lives are centred around. If we don't value something, we will not be that worried if it were lost to us.

Threaten us with the loss of something we hold dear on the other hand, and it can be a whole different story. Fear also highlights our vulnerabilities. It forces us to confront the fact that we are rather fragile creatures, despite our bravado.

What is fascinating about Jesus' teaching on fear and worry in Matthew 6 is the fact that he tells us not to worry about things which are in fact important—things essential to life, like water, food, and clothing!

Jesus' teaching here highlights the fact that almost all the things we might be inclined to worry about, or give in to fear over, are in comparison, *non-events*.

And yet fear of even relatively minor loss can cripple us. We can even sink into depression if such losses are not handled in a healthy way. And, of course, we want to look for someone to blame. Noted Christian author Tim Keller writes, “Worry is not believing God will get it right, and bitterness is believing God got it wrong.”

If you find yourself becoming anxious about the uncertain times in which we live, it might be God's way of gently reminding you that there is in fact only one thing in life that is critically important—knowing and trusting him.

Once that critical need is met, everything else gains perspective, and the tendency toward fear and worry subsides.

Geoff Paynter, Tasman Bible Church

For more info on Tasman Bible Church head to www.tasmanbiblechurch.org.nz

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Māpua Craft Group

At the end of July, we invited the "Crafty Tarts" Group from Motueka to join us for morning tea. The "Show and Tell" theme of the meeting produced many beautiful items that highlighted our meeting.

The attached photos give some idea of the diverse talents of the members. To see the photos in colour look at the Coastal News online: www.coastalnews.online

As you will see, we were inspired by the quilts, bee lunch wraps, wall hangings, crocheted blankets, greetings cards and face masks.



As this report is being written, many of our members are making masks as a priority challenge.

Our weekly meetings have stopped temporarily due to Level 2 imposition, so to quote a famous line "we'll meet again, don't know whenbut we'll meet again...."

Barbara Halse. 5403901.

Moutere Hills

RSA Memorial Library

Winter Book Sale - has been postponed to 17 October so it still coincides with election day. Please pass on this info to all who may have pencilled the September date - and to anyone else who may be interested. Wet or fine. At the library. See you there.

Rata Foundation - we are absolutely thrilled to have been granted \$3000 from Rata Foundation to support our book purchasing.

Displays - Rob Herbert's portrait and landscape art will be displayed from around 7 September. Be sure to look out for Dovedale School students' paintings displayed in the library window, once again, we are proud to show off local talent.

A reminder that the books in the display in the foyer are available for borrowing.

Covid Level 2 - we now have the tracer QR code on the entry doors as well as our manual register at the checkout desk. Hand sanitiser is still available. Please maintain social distancing. We are currently maintaining our regular opening hours as specified below.

Ink Cartridge Recycling - despite this being less successful as a fundraiser since it started, we have decided to continue this scheme in the library as a service to our community and to our environment. The blue wheelie bin is inside the front door on the left of the noticeboard.

Library Membership - is free and open to all, whether you are a permanent or temporary resident. Just bring in your contact details as well as those of another person who you don't live with. We no longer issue library cards - just advise the desk volunteer of your name when you come in to borrow some books.

Our REGULAR and COVID Level One opening hours are below. Other COVID Levels may mean a variation to these.

- Monday 2pm-4.30pm
- Tuesday 2pm-4.30pm
- Wednesday 2pm-4.30pm (extended to 6.30pm during daylight saving)
- Thursday 10am-12.30pm; 2pm-4.30pm
- Friday 2pm-4.30pm
- Saturday 2pm-4.30pm

Email: mapualibrary@xtra.co.nz;

Facebook: Māpua Community Library;

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Journeys of Discovery

AUGUST / SEPTEMBER 2020



WHAT'S BEEN HAPPENING....

The Mini Adventurers programmes for tamariki in Years 1-4 have been filling the site with activity & laughter recently. Great to see so many schools being able to access these fun programmes - a special thank you to **Māpua Ruby Bay Community Trust, McKee Trust, Whenua Iti Trust & Pic's Peanut Butter** for their funding and sponsorship. The first weeks of the new Predator Control & Conservation programme saw students venture into the Abel Tasman to learn about the area's unique biodiversity and how to protect it. Students (and instructors) are really excited about what the coming weeks have in store! Motueka High School Adventure Racing team were on site honing their skills on our new Obstacle Course - great to see their mahi tahi (teamwork) put to the test and a big **THANK YOU** to **Tasman District Council** and the local donations that have contributed to getting this course into operation!

WHAT'S COMING UP... *Planting Anyone?*

We're really excited to be working with the Moutere Catchment Group (facilitated by Landcare Trust) in the planting of over 20,000 natives in our local river catchment. It's part of a plan to enhance and restore the biodiversity of the whole region. The group aims to plant 271,000 trees from 2020-23, creating several jobs over the course of the project. We are super enthusiastic about this and have been planting on our site too. The project ties in nicely with our Mini Environmental Adventurers programme and has created the opportunity for school children to contribute to planting, potting of seedlings & composting. A great way to nurture the next generation of kaitiaki!

FOCUS ON.... *Leadership*

Leadership skills are developed in each and every programme delivered at Whenua Iti. We run a successful Year 8 Leadership programme for local schools, and thanks to funding from both Nelson City & Tasman District Councils, we offered an Inspiring Leaders programme to Year 12 students for the first time. Often, it is only those who put up their hand that are considered for leadership roles. If we can build the confidence, resilience and leadership skills in our rangatahi, more will raise their hand. The benefits go beyond the individual - schools will have a stronger group of leaders as will the wider community. Read about the Inspiring Leaders Programme on our website: www.wio.org.nz.

OUTDOOR WANDERINGS.... *The Brook Waimārama Sanctuary*

While writing this it is Conservation Week - which brings the Brook Waimārama Sanctuary front of mind! The sanctuary is the largest fenced haven for endangered plants and creatures in the South Island, with walks ranging from 30min to 5hrs to choose from, all close to Nelson's centre. Look for weta, insects & native birds, meet Gordon the Gecko at the visitor centre, treasure hunt for our native plants and walk past streams & waterfalls. The entry fee (\$20 per local family) goes entirely into the continued conservation effort including the introduction of kiwi! Find out more at www.brooksanctuary.org.nz



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Māpua Health Centre news

Hopefully, we will be out of COVID lock-down level 2 and its flow on effects. We have been working hard to fulfil an extra demand for face-to-face appointments as well as various health department requirements. Thankfully, we seem to be getting on top of this and we are trying to stay on time with our appointments.

One of the challenges facing general practice is how to manage the increasing number and complexities of health issues that patients and their carers are having to cope with, especially as our population ages and with the growing expectation of primary care taking on more of the workload that had previously been provided by hospitals. Trying to sort out these issues can mean that the normal 15-minute appointment runs over time which then has a flow on effect so that other patients are kept waiting. It is therefore very helpful if you think you may have a number of issues to sort out that you either book for an extended appointment or be prepared to come back for a further appointment to complete the process.

A reminder that we have a variety of external providers offering free appointments at Māpua Health Centre including the Dietician, Social Worker and Advanced Care Planning. If you would like an appointment with any of these health providers, please chat to one of our nurses.

We are now providing an ear suctioning service. If you would like to book an appointment or would like to know more about it, please do not hesitate to talk with one of our nurses.

Repeat prescriptions can be ordered by telephone or online through the ManageMyHealth patient portal. Repeat prescriptions are \$15 for enrolled patients and will be available within 48 hours. If you require your prescription urgently (same day) then the fee is \$25. We recommend payment of the prescription fee at the same time you request your prescription to prevent an admin fee being added to your account.

About a third of our patients are already using the patient portal. We are now inviting all patients over the age of 16 years to register. This is a confidential and secure way to access your health information online, and to communicate with your GP. You can view notes and test results, request repeat prescriptions, and book non-urgent appointments at a time convenient to you. There is also an app available so you can access it at any time.

As a team we advocate and support the Code of Health and Disability Services Consumers' Rights. This ensures everyone is treated with respect regardless of age, gender, culture, and/or religious differences. We believe these rights also apply to our very hardworking staff. Our team is here to help you and we appreciate that at times ill health and other issues can feel overwhelming and/or frustrating, however, we would ask that you refrain from taking those frustrations out on our receptionists.

This can be a good time to check out options for health and lifestyle. A famous health advocate, Dean Ornish (<http://ornishspectrum.com>), has shown that the main factors that can improve our risk for heart disease (the number 1 cause of death in our society) are:

- Stress management
 - Exercise
 - Nutrition
 - Social / Spiritual interaction
 - Education (including non-smoking, etc)
- [Ornish, D. *et al.* (1998) JAMA, 280(23): 2001-7]

So, what is happening in or around Māpua to help develop our common **SENSE**? You might be surprised to know that the following are some of the activities and classes available:

- Pilates, Tennis, Walking groups, Yoga, Tai chi, Meditation, Aqua aerobics – Richmond, Stop smoking, Healthy lifestyles + green prescription, Girotonics

The practice nurses at the health centre can help you find out more about any of these. Please let us know if you are aware of other healthy lifestyle activities or groups happening in the area.

Every year around 600 men die in New Zealand of prostate cancer. Blue September is about getting the word out about prostate cancer. If you buy a blue ribbon, paint your face blue, donate money to the Prostate Cancer Foundation or even tell people, you will be helping to lower the death rate and reduce the suffering from this disease.

Here are some of the local and world health initiatives for September:

- 1-30 Cervical Screening Awareness Month
www.nsu.govt.nz/
- 1-30 Breathe Better September (asthma)
www.breathebetterseptember.co.nz
- 1-30 Blue September, prostate cancer awareness
<https://blueseptember.org.nz>
- 1-30 Students Against Dangerous Driving
<https://sadd.org.nz/>
- 1-30 World Alzheimer's month www.alzheimers.org.nz
- 1-6 Gamble Harm Awareness Week
www.gamblinghb.co.nz
- 7-13 Keep NZ Beautiful Week
www.knzbcleanupweek.co.nz
- 8 World Literacy Day
<http://internationalliteracyday.org>
- 9 Fetal Alcohol Awareness Day www.fan.org.nz
- 10 Suicide Prevention Day <http://wspd.org.au>
- 15 World Lymphoma Day www.leukaemia.org.nz
- 19 Suffrage Day www.womens-health.org.nz
- 21 International Day of Peace www.unesco.org.nz/homepage.htm
- 21 World Alzheimer's Day www.alzheimers.org.nz
- 21-27 Mental Health Awareness Week <https://mhaw.nz/>
- 22 World Car-free Day www.carfreemetrodc.com
- 26 World Contraception Day www.who.int/life-course

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Book Reviews

This month two books by New Zealand authors exploring family or whanau.

The first, *Aue*, by Nelson born Becky Manawatu (Ngai Tahu) now living on the West Coast and the second, *Anticipation*, by Southland born Tanya Moir now living on the Banks Peninsula.

Aue by Becky Manawatu

Aue is a Maori word broadly meaning a cry of distress and this is what this book is. The two brothers, Tauk and Ari, who are the central characters, come from a family racked by poverty, drugs, violence, gang activity and sadness going back more than one generation.

Tauk leaves Ari in the care of his maternal aunt, Kat, knowing that he is likely to be subject to the torment, both physical and mental, by his aunt's Pakeha partner, Uncle Stu. He assures Ari that he will come back for him - Ari takes this as a promise and while waiting assuages his grief and fear with plenty of band aids, supplied by Kat and obsessively applied whenever things become uncertain.

Tauk meanwhile sets out to find why his mother has abandoned her two sons and how and why his father was killed. In doing so he exposes himself to extreme danger both physically and emotionally. It also means that he has in fact abandoned Ari to his fate.

Ari waits for his brother to fulfil his promise. He befriends a neighbour's daughter, Beth who has an aptly named dog, Lupo. Ari finds comfort in the 'honesty' of the dog, but Uncle Stu sees to Lupo as well.

The characters in this book are well developed and believable. It is a horrifying but compelling read. Becky Manawatu describes Ari as closely resembling Glen Bo Duggan, a cousin of hers who was murdered by his mother's boyfriend.

It is a heart-breaking rendering of life in a dysfunctional family but running through it is a feeling of understanding and forgiveness....and hopefully a need for fewer boxes of band aids.

Anticipation by Tanya Moir

This is a totally different examination of a Pakeha family

going back through their British ancestry. The narrator's mother, quirky, headstrong, and eccentric, is intent on determining whether the family has been affected by a genetic affliction which might account for their behaviour; past and present.

This multigenerational exploration requires some concentration to establish which crazy family member is being discussed. The Hardyngs, from whom they have all descended, are a rum lot with a history of deception and exploitation but is it a rare inherited gene which accounts for their physiological and

psychological traits? Are 'the sins of the father' inescapable?

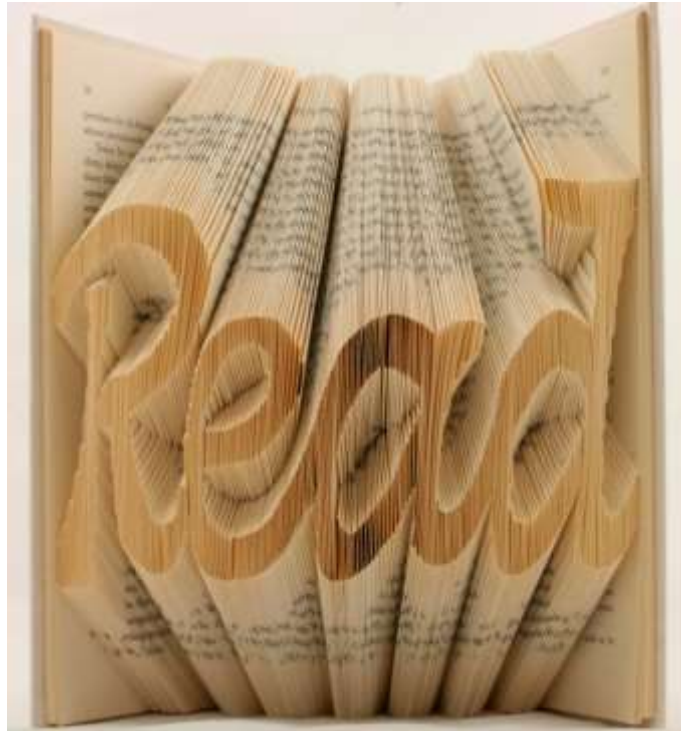
This book takes a little perseverance at the outset, but it is worth persisting. It is an entirely different examination of family dynamics from *Aue*, but the contrast accentuates the fact that almost every family has less than perfect members and our perception of our own families is a factor of experience and history. The first two lines of Carly Simon's song, *Anticipation*, seem entirely appropriate to both books.

'We can never know about the days to come but we think about them anyway.'

Tanya Moir is also the author of 'La Rochelle's Road' and 'The Legend of Winston Blackhat'. All books are available in the Māpua Community Library.

Carpe diem!

Reviewed by Penny Brown



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Māpua/Ruby Bay and District Community Trust

Applications for Grants

Voluntary organisations or individuals engaged in a project of demonstrable benefit to the Māpua/Ruby Bay community are invited to apply to the Māpua/Ruby Bay and District Community Trust for a grant.

Applications will be considered at the next meeting of the Trust in October and should be received by 1 October.

Forms may be downloaded from:

<https://mapuacommunitytrust.wordpress.com>

Applications should be emailed as a single attachment to: mapuarubybaycommunitytrust@gmail.com

Grants will usually be for less than \$500 but the trustees have a discretionary right to vary this in individual cases.

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MAPUA & DISTRICTS BUSINESS ASSOCIATION

Want to get in touch?
Email us at:
mdba@māpua.co.nz

Well another month bites the dust! We're excited to introduce our new members to the committee: Cynthia Greep of the Brook Street Lounge & Jess Hamilton of Ray White Richmond. It's great to have some fresh faces on board and fresh perspectives.

Also, I'm Zinnia Foster, your new Marketing Coordinator. Happy Spring!

NEW MEMBER INTRODUCTIONS



BROOK STREET LOUNGE SUSTAINABLE CLOTHING

Brook Street Lounge has been open for about four years now. It started in an old house on Aranui Road next to the tennis courts in Māpua. The owner of the house moved the house to the Aranui Road site from its original site in Brook Street, Nelson, then renovated it.

Initially I opened in the lounge, hence the name. I put the business on hold for some time as I had a work project in Wellington.

My friends who had Māpua Country Store offered for Brook Street Lounge to be based inside their collective area so I set back up there. The opportunity that was offered was very generous and helped me gain momentum and from that point it grew and developed. From there we moved into the west side of the building one week before Covid hit earlier this year. We are located right opposite Māpua School.

Brook Street Lounge is a recycled clothing store for men and women. The objective is to save as many

quality labelled clothing garments from going straight to land fill and keep the cycle of life for as long as possible for the garments, having less impact on nature. I started with one rack of labelled clothing and then have grown to 15.

We used to work on a consignment basis but it got too complicated so now we buy stock outright and source around NZ and locally. Occasionally wonderful people donate which mean we can price garments at a lower price point.

We love second hand pieces by well-known NZ designer labels especially Zambesi, NomD, Kate Sylvester and Helen Cherry and anything with natural fibres including wool (merino), silk, linen and angora.

Occasionally we get in vintage treasures or clothes by NZ designers of yesteryear such as Thornton Hall and we love hearing about the life cycle of the garment (the special occasion it was purchased for and where it was purchased).

Brook Street Lounge is a destination store rather than relying on foot traffic. We market mostly on social media forums and local newsletters. Recently we have worked with Sue at Nelson Magazine and advertised in this format. We have grown a lot by word of mouth advertising.

I was determined to start small

and grow with the supply and demand rather than going in guns blazing. We have had wonderful support from locals and local businesses and have recently joined the Māpua & Districts Business Association and their committee. There are some great events coming up.

There are always ups and downs in running a small business. And that is even without Covid. Sometimes customers are not always right. Customers who give negative feedback and are not interested in supporting the local business community, only nit picking and criticising, as well as shoplifters who are not helping local businesses thrive.

Businesses and enterprises can look to collaborate with one another in the local community to gain support and have more of an impact. We are working with Māpua School at the moment to support a local clothing swap and in summer we hope to work with other local businesses for some fun events.

Māpua is a wonderful place to have a business and there is so much to experience in the wider area. To keep local businesses growing and surviving the little simple things can help. #shoplocal #bepositive #donate #support #thinkbeforeyouspeak.

www.māpua.co.nz

Supporting Local Businesses since 1992

Noticeboard

Quakers meet at Family Service Centre, Motueka 10am 2nd Sundays. All welcome. Enquiries: Linda 027 447 6435.

MATHS TUTOR - Experienced High School maths teacher available for individual tuition. \$30 for 45 minutes. First lesson free. Jane 021 02972934

Māpua Friendship Club: 2nd & last Fridays, Māpua Hall, indoor bowls & bring-a-plate tea. New members welcomed. \$3 door fee, 20¢ raffle. Contact: Val 540-3685.

Māpua Art Group meets Bill Marris Room Māpua Hall Thursdays, 9-noon. Paint, draw, help each other in a social environment. All levels & media. \$5 incl morning tea. Tables, chairs, easels provided. Cushla Moorhead 03 528 6548.

Java Hut Knit Group: 10am Tuesdays at Java Hut. Bring your knitting or crochet. Debbi 027 327 4055

MDCA: Māpua & Districts Community Association meets Feb-Dec, 2nd Mondays, 7pm Māpua Hall; info@ourmapua.org

Kidz 'n' Koffee playgroup: Wednesdays 10-noon, Hills Community Church (during term time). All parents & carers welcome, we cater for 0-6 yrs. \$2 don/family. Make new friends. Info: Verena 027 435 1932.

Ruby Coast Walking Group meets 9.30am Wednesdays by Tasman Store. Walk 1½ hrs then coffee & muffins back at the Store. All welcome. Fiona: 021 232 6089 for more info.

Spinners, Knitters, Weavers: Creative Fibre Group, Māpua Hall, second Tuesdays 10am. All welcome.

Taoist Tai Chi Beginning class Tuesdays 1.30 - 2.30pm. Continuing class Wednesdays 12.30 - 2.30pm. All welcome. Enquiries 545-8375

Women's Recreation Group - meets outside Māpua Mall Thursdays. Leaves 9.15am for 1½hr walk. Route varies. Join us whenever you can. Some members cycle. Lynley 540-2292.

Re-cycle Printer Cartridges at the Library. Printer & Photocopying cartridges accepted. Reduce waste, raise funds for the Library. Two good reasons!

Fibre Craft Sunday. Birch Hall, Richmond A&P Showgrounds. Last Sundays 1.30-3.30pm. Learn to spin, knit, felt or weave. \$5 includes tea or coffee. All ages welcome. Richmond Creative Fibre Group: Diane 547-6517 or Karyn 544-9709

Toy Library: extensive selection of toys, puzzles & videos for children 0-5yrs. Māpua Hall every 1st & 3rd Tuesday, 10-11am & 6.30-7.30pm, 1st & 3rd Friday 3-4pm. mapuatoylibrary@gmail.com

Ruby Coast Newcomers Social Group: meet new people, make new friends. Coffee 10am last Fridays at Tasman Store and occasional social events. Just turn up. Vivien/Richard 526-6707

RSA: Anyone interested in joining Moutere Hills RSA is welcome. No former service history required. Great platform to catch up & meet new members. Nic Poultney 021 220 3920 or 548-4420

Toastmasters: Like to speak with more confidence? Motueka Toastmaster Club meets every 1st & 3rd Weds, 6.45-8.30pm, 15 Courtney St, Motueka. Please come along to a meeting, no obligations. Info: Dave 027 538 0059.

Catalyst 5k run: Wednesday nights 5:30pm. And...

Ruby Coast Running Club runs most mornings. Find us on Facebook or contact Debbi 027 327 4055.

Intermediate Club Year 6-8: 3-4pm at Hills Community Church. Food, fun & Hangout. And...

Community Youth club. Year 9 -13 youth. 6.30-8.30 most Fridays at Māpua Hall. Contact: Mark Waweru 020 410 48 799. Funded & co-ordinated by HCC.

Motueka Senior Net. Tech for mature adults. Monthly meetings. Help sessions 2x/month. De-mystify technology in a fun & friendly forum. Clubrooms 42 Pah St Motueka. Seniornetmotueka.org.nz

Daytime Book Group: Meets first Tuesdays 9.45am. New members welcome. Gaye 03 526 6827

Tasman Golf Club welcome new golfers to Kina Cliffs for local golf experience at realistic cost, the best in Nelson. Coaching available. Info: Jim 022 096 6067 & Lyndal 03 526 6819, teeup@tasmangolfclub.com

Coastal Stringers Ukulele group: beginners welcome. Fridays, 1.30~4pm Boat Club rooms on the wharf. Just turn up & join us for some fun! Info: Colleen 540-3010, Diane 540-2627.

Coastal Garden Group meets 1pm first Thursdays, Tasman Bible Hall (opp. Jesters). Men and women most welcome to share their love of gardening. Guest Speakers, Workshops, Garden Visits. Ph 03 970 0565

Sing Your Lungs Out! Free community singing group for anyone with respiratory issues, morning tea. Singing improves your lung health! 10am Mondays, Te Awhina Marae, Pah St, Motueka. Pip 0274 282 693

Māpua Craft Group: Fridays 10-noon, supper room, HCC. Simple craft work, occasional guest speakers, demos & outings. A social, a cuppa, some easy craft. \$2 + koha for materials. Julie Cox 0277418575, Barbara Halse 5403901

Tasman Area Community Association (TACA) 7.30pm last Thursdays (x Dec) Tasman Bible Church. Residents of Ruby Bluffs to Tasman & Kina welcome. Info: Facebook or www.tasmancommunity.org.nz

Nelson Trout Fishing Club: 7pm 3rd Wednesdays, Fish & Game Rooms, 66/74 Champion Rd, Stoke. Beginner or expert. Courses, field trips, speakers. Open to all ages. Info: 03 5476432, secretary@nelsontroutfishingclub.com

Friends & Neighbours: Varied programs of interest, friendship & good morning tea. Third Fridays 10:30 - 12:30pm at Tasman Bible Church. Info: Jane 526-6709.

Māpua Boat Club: Social evenings Thursdays 5.30-7pm at club rooms, Māpua Wharf. No boat required. Monthly guest speakers, raffles, free snacks, open bar. Info: Clare 0227117786

Motueka Scottish Country Dance Club: Weds 7.30pm Lower Moutere Hall Scout den. No partner needed, dress casual, wear soft flat shoes, beginners welcome. Good exercise, lively music. Contact Fay 021 039 3559 or Alison 0220 363 891.

Technical problems solved! - Can't set up something new you've bought? Need computer tuition? Local help is at hand! Web design and mobile app creation also available. Call Sam, 03-538-0711, 021-0828-4473, sam@sambennett.co.nz.

Club Notices are free. Others by gold coin donation to one of the distribution boxes.

Coastal News: to see it in colour download the pdf from www.coastalnews.online