

Māpua Boat Club

Entries open for Māpua photo competition

Organisers of this year's Māpua Boat Club Photographic competition are hoping for as many stunning images capturing the beauty of the Tasman Region as were entered in last year's event.

Entries are open now for the 2023 competition which has three categories - Nature, Boats and People, with



8 Aranui Road, Māpua Wharf

Phone: (03)540 3778

\$50 vouchers from major sponsors Mapua Boat Club Copyart as first prize in each section.

There's a special section for children under 15 too, and all categories have a generous prize pool of vouchers from Māpua businesses.

A photo by Gillian and Allan Clinton of their yacht at Motuareronui/Adele Island in the Abel Tasman National Park won the adult 'boat' section last year. The judge's comment was *"beautiful light and good subject"*.



Entries close on Friday October 6 and photos will be displayed at the Māpua Maritime Museum from Monday October 9 until Monday October 23 (Labour Day) when the winners will be announced at 4pm that afternoon.

A selection of the images will be used to produce a calendar sold as a fund raiser to support the Māpua Maritime Museum.

To enter pick up a form from Delicious Homewares at Māpua Wharf or email: mapuboatclubevents@gmail.com



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Motoring

with



-Spring is upon us-

Spring is a vibrant time of the year.

- It is a time when new life begins (lambs are bom; daffodils bloom; trees blossom; and the grass and weeds grow)
- It is a time when the days are starting to lengthen and one starts to feel those fun filled summer days and evenings are just around the corner.
- It is a time of unpredictable weather, when one minute we are being bathed in warm sunshine, showered with rain or reaching for an extra layer to fend of the cold.

Spring is also a time when some of us may start to think about that special piece of equipment to lessen the work load of maintaining a property.

The seasonal use of mowers, chainsaws, weedeaters, hedge trimmers, quad/ATV bikes and the like makes it very easy to forget that they need to be serviced and maintained regularly.

I am sure you will agree, there is nothing worse than planning a property maintainence day only to find that your lawnmower, weedeater, hedgetrimmer, yard vac, chainsaw etc will not start, or even worse, if it breaks down halfway through the job.

Our advice is to plan now for a pleasant and problem free property maintenance experience.

Wishing you happy and safe motoring....

the team at















OUP AUTOMOTIVE SPECIALIST

Māpua Masterplan

L ooking at recent publications on Stuff and RNZ, it feels that TDC wants to control the narrative in that "sorry that Māpua is such a desirable place to live" and that "we have to cater for the predicted growth". No mention of the needs of the local people that were clearly expressed in recent surveys by TDC and by our community association.

We can change the demand for housing when offering more smaller housing types that many of the locals called for. This would make it less desirable for out of region people that come this way, snap up land and make our place unaffordable on the way to destroying the character of our village.

It is also very questionable if the predictions are correct given the fact that firstly we have become the 3rd least affordable place to live in New Zealand, and secondly the economic recession.

Do we want to become the sprawling suburb of Richmond?

Don't hesitate to make your opinion clear by participating in the masterplan consultation and send your opinion to mapuamasterplan@tasman.govt.nz

If anything, providing for this local demand should have priority over more greenfield development, and any plan changes to allow for this should be stopped for the next 20+ years.

Jan Heijs



Postal delivery subscription

We can post you the *Coastal News*. Email your address to us [see front page] and we'll give you bank details to pay \$25 per year.

Letter to the Editor

A Response to the "Māpua Masterplan"

Thank your team for the opportunity to submit recommendations that need to be considered and included in any so-called "Māpua Masterplan" (Sub-Plan for the Ruby Bay District).

You invited responses: "Is there anything we've missed?"

Well, yes!

If a long-term and resilient "Masterplan" is to evolve it should consider: Options, respond consistently with ALL Central Government current and changeable dictum, and above all enhance the community "Catchment" in all matters Environmental, which ultimately nurture the sustainability and 'well-being' of ALL inhabitants within this finite, and shrinking, (ie. mitigation of water and other hazards) land mass!

Option omitted: plan only for 'retreat', no further building on hazard areas, which need to be further defined and identified.

"Issues and opportunities"

The 'issues' are identified, and conclusively require human habitation to retreat from identifiable hazard areas and conform to sensible and sustainable land-use. That is, high maintenance flood prone land, should be 'retired' to wetlands (recreational and food source opportunities). What is the point of trying to maintain infrastructure that could well be under water!?

There exists a huge opportunity to redefine "Growth and Development", with an emphasis on raising the **quality** of our environment. As human numbers increase consequentially this puts pressure on how we consume our finite resources....and with increasing conflict.

I/we question the need to build unaffordable 'houses', on good arable land that previously provided employment and fed the local populace. Sure, 'downsized oldies' can get home deliveries from foreign owned supermarkets, but that doesn't help our "Carbon-Zero" objectives!

Iconic, unique, **rural** New Zealand is at risk, as local councils allow farmland to be covered with 'serviced' suburban housing. Local councils should collude to reject such central government pressure, and counter demand cost-benefit analyses to warrant the investment. Anyway, can the shrinking rural productive sector continue to subsidize urban service/maintenance costs? I invite you to think that through!

To conclude. Humans appear to be the source of the issue, their numbers and opinions/demands need to be "capped" in balance with their catchment resources, to ensure their long-term survival. There is an overwhelming need for central government to formulate a Human Habitation Index for each regional/'catchment' settlement; that's if we want to be serious about our environment and sustainability.

(Personally, some clean air around me is preferable, some may endorse that! LOL.)

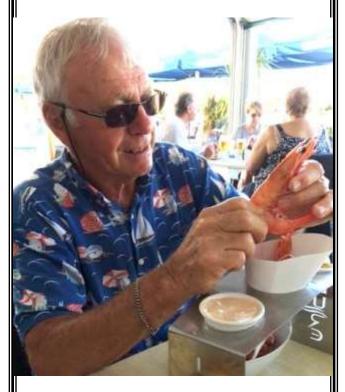
W K Darling, Ruby Bay

Peter O'Halloran

17/08/1939 - 21/09/2023

When we came to live in Māpua in 2008, I was worried Peter would find the village a bit small in comparison to having only lived in big cities; however he really took to it and all the community could offer with enthusiasm.

He joined a writing group and started writing short



stories and poems, which he read at the ANZAC Day Parades. [Some were printed here.]

He was asked if he had any technical knowledge to be able to run this thing called Pecha Kucha. We had never heard of the word, but Peter willingly agreed, and so began the biggest fundraiser the Hall has ever had.

This was quickly followed by the running of the movies, again another star performer for the Hall! But then came his favourite things "Wheels to Meals Bike Group" and Pétanque.

He loved it and he loved you all.

Peter has lived a life full of fun, playing ukes, rugby, doing athletics, and he just loved Nico who has kept him fit for the last ten years walking around Māpua (I wouldn't wear a lead around my neck!)

To all the people who talked to Peter and Nico, and who joined in our activities he will miss you all and probably you will miss seeing him around too.

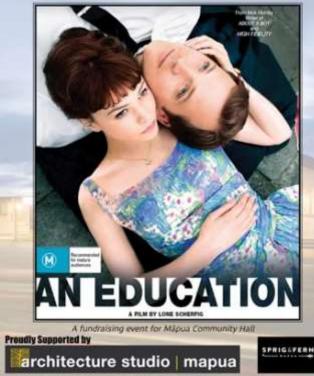
But most of all, he loved all of his family, his wife Di, his children, grandchildren, great grandchildren. We will miss him dearly.

We love you Peter, you were never ordinary. The O'Halloran family.

Packhouse Cinema



An Education' screening at Mapua Hall Tickets \$12 / Community & Gold Cards \$8 Doors open 6pm Bring you own camp chair, snacks & drinks.



Date: Sunday 15 October Location: Māpua Community Hall, Māpua Packhouse Doors open at 6pm, film talk begins at 6.30pm Price: Adults \$12, Community Services and Gold Cards\$8, Kids \$6 (PG)

We are excited to screen Lone Scherfig's 2009 film An Education. Viewers are transported to the heart of 1960s suburban London, where a bright and ambitious sixteenyear-old girl, Jenny, portrayed by the talented Carey Mulligan, embarks on a journey that challenges societal norms and expectations.

Set against the backdrop of post-war Britain, the film masterfully explores themes of education, desire, class, and personal growth. Jenny's life takes a captivating turn when she encounters David, a charming older man played by Peter Sarsgaard. Their blossoming relationship raises questions about the traditional path to success, as Jenny grapples with the allure of a different, more unconventional life.

An Education shines a spotlight on the restrictive gender roles and expectations that burdened women during that era, as Jenny's quest for independence pushes boundaries. Moreover, the film delves into the dynamics of class, highlighting how social and economic disparities impact individuals' life choices.

This film is a cinematic gem that invites viewers to reflect on their own lives and the contemporary society in which we live. It's a captivating journey through the swinging '60s, a time of change and self-discovery,

We hope you can make it to enjoy a night out, fundraising for our hall – BYO drinks and snacks.

Beware the little foxes

t's easy to have idioms slip into our everyday language over the passage of time, and so I recently went looking for the origins of one I have used over the years. To my surprise its origins threw some unexpected illumination on the message behind this figure of speech.

"Beware the little foxes that spoil the vine".

Turns out the source code of this particular saying is found in the Biblical Song of Songs which is a linked chain of lyrics depicting love in all its spontaneity, intimacy and beauty. The lover's song shares the poetry of many cultures in its extensive use of highly sensuous and suggestive imagery drawn from nature . . . and of course all this charm and beauty expresses one of God's choicest gifts to humanity.

Early in the song there is an exchange between the man and woman, both expressing their love in the season of Spring that is upon us now; "See! The Winter is past . . . flowers appear on the earth, the season of singing has come, the cooing of doves . . ." And then, words of affection; "my beloved is mine and I am his" . . . "his banner over me is love". (You'll have to go read for yourself all the sweetness thereafter!)

But . . . smack-bang in the midst of these growing expressions of love comes the phrase:

"Catch for us the little foxes they ruin the vineyards, our vineyards that are in bloom."

The imagery points out this growing love affair with each other runs the risk of being undone by seemingly little things. Therefore, the lovers' desire to be kept safe from whatever (*"foxes"*) might mar the attractions that are beginning to bloom.

And isn't this the truth in our everyday lives today!

Just as it was back around the tenth century BC when these lyrics were recorded... when love between people is evident, and blooming, we must be all the more diligent to lay hold of the little things that come to spoil all that is beautiful in a relationship. Sometimes those small things take over the most room in our mind and hearts, and we find ourselves increasingly taking offence at them. We get ticked off, more easily annoyed, or hassled with something in the other person, and we develop a hurt and take offence... leading to a negative attitude in our lives that is out of proportion to the small thing it started from.

And the fix? Catch these small hassles before they cause growing harm. Choose to not take offence. Talk to the person... not about the person (to others).

And, foremost in my opinion, call to mind the great acceptance of God toward us when we have been so offensive to Him, and others, during our day-to-day relationships.

God expressed His love toward us in that while we were still going about doing wrong to one another, He sent Jesus to show us the Way of Love.

Book Reviews

" A Gentleman in Moscow" and "The Lincoln Highway"



My first exposure to American writer Amor Towles was through his second novel, "A Gentleman in Moscow." Within a few pages I realised I was being exposed to a gifted writer.

Count Alexander Rostov moved back to Moscow from Paris at the time of the Bolshevik revolution. He was lucky to escape the infamous last cigarette and blindfold sentence usually meted out to recalcitrant aristocrats. Instead, he is incarcerated in an inferior room in the famous, Metropol Hotel and told by the courts that he would be shot if he ever stepped outside its doors again.

The primary narrative focuses on his 30 years of incarceration through the Lenin/Stalin eras, his acceptance of, and adaptation to, the conditions he must live under, his friendships, his loves, the joy of some unexpected responsibilities and finally a brilliantly contrived escape plan. Towles' ability to gradually expose and develop character and intentions is highly engaging. A sense of mystery and intrigue is sustained throughout the novel.

While 30 years living in a hotel sounds an unpromising setting for a story, the Metropol is no ordinary hotel. With the nearby Kremlin in disrepair after the capital had been returned to Moscow after centuries in St Petersburg, the Metropol became a haven and meeting place for foreigners and the ruling Bolsheviks. Both groups provide the Count with opportunities. I don't read much fiction but, "A Gentleman in Moscow," really captivated me and I couldn't wait to read, "The Lincoln Highway," set in America in 1954. The Lincoln Highway was the first major road built to link the American east coast with the west. The highway and the towns and cities on it, provide the setting for the novel.

If you read these two books in the order that I read them, you may find, "The Lincoln Highway," a little underwhelming at first but persevere. The book focuses mainly on four male characters, three in their late teens and the other a gifted 8-year-old. The three teens had all been sent to, and met in, a facility for delinquent youth.

Each chapter focuses mainly on the actions and thinking of one of these four characters, but it is when they get together that differing ambitions spark the narrative. They all see the world through quite a different lens and live by a code, founded on loyalty but sometimes expressed in ways that challenge friendship. It is because of this that the story is so fascinating and why it has so many unexpected twists and turns.

Amor Towles is a master at exposing his, often complex, characters little by little and this is sustained through to an unexpected ending.

Reviewer, Richard Bullock



Free Tuition

Do you need help with Reading, Writing, Maths or spoken English? FREE tuition by qualified volunteers – private, one on one. Contact: Judy Vaughan 027 5403163 Or judyvaughan1947@gmail.com

Lynda's Exercise Classes in the Mapua Hall

Term 3/4 started August 8th and goes till Dec 22nd (excluding October holidays and a few random Fridays, some of which switch to Thursday.) Regular fitness and Strength classes for all levels. Cardio/Weights Tuesday 6 pm, Old-fashioned Aerobics Wednesday 9.05 am. Cardio/Weights Friday 9.05 am. Pilates Wednesday and Friday 10.05 am. 5-trip ticket \$50; 10-trip ticket \$80; 20-trip ticket \$150; 30-trip ticket \$210. Casuals – yes, \$12 per session. Top-ups for single sessions on your ticket \$10. Please contact Lynda for details, lyndamabin@gmail.com 027 222 1491.







PRIVATE CONSULTATIONS Contact Mary Chaffey: 021 288 0881 www.k9mana.co.nz k9mana@gmail.com

MDCA 11th September public meeting

his past month has been relatively quiet compared to past months.

TDC Councillor Report Mike Kininmonth

Questions were asked about the tennis club: lights fitted but Astroturf that was supposed to be laid at the same time was not. It is planned to happen in the next month. Then all courts will be lit and astroturfed. Question raised about it now being a user-pays facility? This brought up more questions.

General discussion about residential zoning and the ongoing rounds of submissions and nothing happening.

Mike attended the inaugural meeting of Redwoods Valley Community Association

Dominion Flats

As the trees grow, we are seeing more birds with several Weka, including some chicks, living in the reserve and today a pair of Kereru visited briefly which was exciting. If dog owners are considerate, and we don't have prowling cats the numbers and species will increase and the vision for the reserve will be achieved.

Māpua Waterfront Working Group (MWWG)

A bit of background – this group was initiated by MDCA many years ago due to concerns over the developments at the waterfronts in Māpua not having community input. Then about seven years ago, when the Māpua Master Plan (MMP) was initiated TDC took control of this group with an independent chair to oversee the objectives within the MMP. These objectives have not been reached, yet TDC now wants to disband the MWWG which will effectively take the community voice and input into our waterfront areas away from the community.

There is a huge amount of local knowledge and expertise from the locals around this table which would be lost at a drop of a hat.

Māpua Masterplan - from TDC

MDCA emailed TDC to seek the meanings of the themes and definitions. The responses from Anna Mackenzie can be viewed on the MDCA website.

https://www.ourmapua.org/wp-content/

uploads/2023/08/TDC-Anna-Mckenzie-Response-Mapua-Masterplan.pdf

MDCA works closely with TDC to ensure our community functions in a way that suits the majority of our residents. To have a vote that counts, become a financial member of MDCA by simply paying \$10.00 per

person per year into our NBS account 03 1354 0356471 using your name and phone number as references. Next public meeting to be held on Monday 9th

October, 7pm, at Māpua Hall.



Come and help celebrate the 10th anniversary of the Dominion Flats restoration project presented by Helen Bibby, and an update from the Māpua Tennis Club.

RUBY BAY STORE What's On Next

Friday 6 October 7.30pm

CEOL MANAWATU

Celtic influenced Palmy musicians Paul Turner and Craig Prichard bring songs written in (and about) a 50km radius of that fair city. \$20

Saturday 7 October 7.30pm

JASON McIVER Songwriter and vocalist across numerous genres playing originals from his NZ Top 40 charted albums. With special guests. \$25

Saturday 14 October 7.30pm NEVER MIND THE BALLOTS

Avoid the fuss, spend election night with us. Cool tunes from the 1920s to the '60s. Steve Mitchell on guitar, Jak Karaitiana on bass, Alan Burden on drums and Paul Denny on harmonica. \$20

Sunday 22 October 7.30pm

MR WRONG: Classic Kiwi film and food deal!

Ruby Bay Kitchen's fish-and-chips *plus* this Gaylene Preston 1996 thriller and all for \$20 (movie only: \$15/\$12)

Wednesday 25 October 7.30pm,

RICHARD GRAINGER Touring folksinger/songwriter from Whitby, Yorkshire, Captain Cook's birthplace. Cook inspired his folk opera 'Blood of the Land'. Some songs are serious, some far from it. \$25

Sunday 29 October 7.30pm

ANDREW KERR & ALAN NORMAN 'For the Record'

Touring their debut album are Irishman Andrew Kerr (Jacky Tar; singer, guitar, bodhrán) and fellow Wellington muso Alan Norman (the Warratahs, Rag Poets; accordion, piano). They'll cover Paul Kelly, Nick Cave, Tom Waits and others too. \$25

For bookings, events and news go to

www.rubybaystore.co.nz

Store opens 30 minutes before each show

174 Stafford Drive, Ruby Bay • 027 417 1713



Our latest news & adventures

Trades Graduations

Congratulations to all our Trades Academy graduates. Our site was buzzing with five graduations taking place to celebrate the success of the participants completing their programme. These included, Manaaki Tāpoi, Civil Defence Emergency Response, Adventure Tourism Leadership and Environmental Sustainability. We love spending time to reflect on each of the individual learning journeys. Thank you to all the friends & whānau who were there to support these Rangatahi. Ngā mihi to funding from our Trades Academies to make these FREE to local students. Enrol now for 2024!

Rangatahi Explorers

Nature enthusiasts, adrenaline seekers, and curious minds came together for 4 days on the West Coast. The course was packed with activities like abseiling at Charleston and even building a bush shelter from scratch at the Fox river. Thank you to all the participants who embraced the challenge and bravely seized their opportunities. Your enthusiasm and adventurous spirits are what make courses like these so remarkable. Ngā mihi to Oranga Tamariki for funding this programme.



Manaaki Tăpoi Level 3 Graduates.

We'll see you out there!



Staff Training

Our new Whenua Iti office team members were roped into an afternoon on our High Ropes course recently to help our instructors upskill with their belaying techniques. We ensure our instructors upskill regularly as safety is paramount here at Whenua Iti. Having the office team joining the instructors allows us to foster a sense of unity amongst all departments of our staff as well as encourage them to get out of their comfort zone even if they don't want to.

Adventure Leadership Programme

Thanks to funding from our local trade's academies, we have FREE PLACES up for grabs for students aged 16-18 years from local partner schools on our Adventure Leadership programme! Earn NCEA credits, connect to nature in our stunning National Park's while building skills for independence in the outdoors with a fun & supportive group. Visit our website for more information or to apply: https://www.whenuaiti.org.nz/ programmes/adventure-leadership-I2/



Margaret from our Projects and Funding Department up on the High Ropes Course during recent staff upskilling afternoon.

www.wio.org.nz



Māpua Health Centre report

e are fortunate that despite a number of viral infections going around the community, our staffing level has remained high, and we have been able to arrange for same day appointments for nearly everyone needing them. Our fees are shown on the website www.Māpuahealth.com/fees and a reminder that there is an administration fee of \$10 if not paid at the time of visit.

This is breast cancer awareness month. Breast cancer is New Zealand's third most common cancer and accounts for more than 600 deaths every year. The risk of being diagnosed with breast cancer increases with age.

- Breast cancer isn't common in women under the age of 50.
- While it is less common, young women can get breast cancer too. 6% of breast cancer in NZ occurs under the age of 30 years. Although it is uncommon, men also get breast cancer. About 25 men are diagnosed in New Zealand each year.

Some women are at greater risk of breast cancer because there is a history of close family members having the disease. However, most women who develop breast cancer have no relatives with the disease.

New research shows that maintaining a healthy body weight can help prevent breast cancer and help improve the chances of survival after a diagnosis. Physical activity for breast cancer patients may reduce the risk of death after a breast cancer diagnosis and reduce breast cancer recurrence. Healthy eating patterns also reduce risk of death from breast cancer. The research shows that eating more dietary fibre from whole grains, pulses, vegetables, and fruits help improve survival. Soy foods such as tofu and edamame may reduce risk of death and breast cancer recurrence (Int. J Cancer.2023 Feb 15; 152(4): 572-599).



Weed Eating **Ride-On Lawn Mowing** Call Allan 0225850047

This month also celebrates the International Day of Older Persons. Healthy aging is the ability to maintain independence, purpose, vitality, and quality of life into old age despite unexpected medical conditions, accidents, and unhelpful social determinants of health (Clin. Geriatric Med. 2020 Nov;36(4):671-683).

A recent review shows that a high consumption of fruits, vegetables, and whole grains; moderate consumption of dairy products, fish, and poultry; and low consumption of sugars, saturated fat, and processed foods helps to achieve healthy aging (Nutrients. 2021 Nov 29;13 (12):4310).

According to the CDC, adults aged 65 and older need sufficient exercise:

- At least 150 minutes a week (for example, 30 minutes a day, 5 days a week) of moderate-intensity activity such as brisk walking. Or they need 75 minutes a week of vigorous-intensity activity such as hiking, jogging, or running.
- At least two days a week of activities that strengthen muscles.
- Plus, activities to improve balance, such as standing on one foot.

The patient portal service is working well, and we greatly encourage you to register for it so that you can enjoy the benefits. It allows you to have access to your own medical information via a secure web server and includes being able to review medical notes and test results, as well as request appointments, ask questions by a dedicated email option and get repeat prescriptions. If you would like to register for Manage My Health[™] please contact the receptionists 03 540 2211.

This month's health and school events include:

- International Day of Older Persons 1 www.un.org 1-31 Health Literacy Month
 - www.healthliteracymonth.org
- 1-31 Breast Cancer Awareness Month
- www.breastcancerfoundation.org.nz/ 5 World Teachers Day https://teachingcouncil.nz
- 9-15 Save the Kiwi Week

https://savethekiwi.nz/savethekiwiweek 9-15 Baby Loss Awareness Week

- www.sands.org.nz/news-blaw.html
- 10 World Mental Health Day ww.mentalhealth.org.nz International Day of the Girl Child 11
 - www.un.org/en/events/girlchild
- World Arthritis Day 12 www.arthritis.org.nz
- 13 International Day for Disaster Risk Reduction www.un.org/en/events
- World Handwashing Day www.hqsc.govt.nz 15 World Restart a Heart Day 16
- www.resus.org.nz/world-restart-a-heart-day
- 16 World Food Day www.fao.org/world-food-day
- 20 World Osteoporosis Day www.bones.org.nz 24
 - United Nations Day www.un.org
- 27 New Zealand Shake Out Day www.civildefence.govt.nz
- 27 Loud Shirt Day www.loudshirtday.org.nz

Another successful plant sale

The sun shone for the second plant sale held in aid of the proposed Māpua Community Hub on Saturday. The combination of very generous sponsors and willing purchasers meant that \$3,400 was raised. People in the community had been busy caring for seedlings to ensure they were "sale ready" on the day. Organiser Connie Sherlock's comment sums it up "the generosity of this community is inspiring".

Children enjoyed creating sand saucers during the morning and young children from the Kids 'n Koffee playgroup grew sunflower seedlings to help the cause. Sponsors and donations came from many places, Martin from Mega Mitre 10 went home with a yukka which is to be planted in the community garden.

The Māpua Community Wellness Trust is very appreciative of our sponsors:

Mitre 10 Mega Forest Fusion Māpua Landscapes Connings Grace and august Yates seeds Kirstie's Kreations

Māpua Craft Group

We donated special "thank you" cards for the Māpua Library to give to speakers at their recent literary festival. There are also other cards we have made, available for sale in the library.

Our October meetings are on the 6th and 20th at the Hills Community church meeting room. You are welcome to join us for morning tea and a chat even if you are not a "crafty" person! We will be there from 10am until noon and a "koha" of \$3 is all you need for morning tea. Many craft items are in our stock, and we invite you to share these with us.

There may be craft items that you are enjoying at home, and you are very welcome to bring them along to show us.

Contact Barbara 5403901.



Dominion Flats

ig milestone for Dominion Flats Scenic Reserve

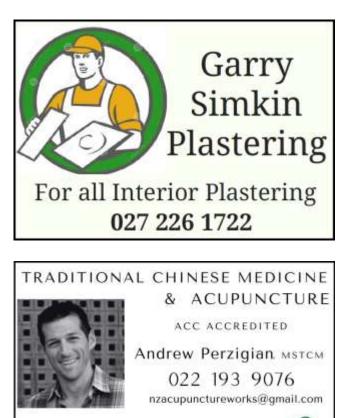
D It will be ten years at the beginning of November since the planting of this wonderful Scenic Reserve began, and to mark the occasion we plan a small celebration.

On **Friday 3rd November**, those that wish to, are invited to join us on a walk along the tracks, starting at the Māpua Drive entrance at 2pm.

Then at **3pm in the Māpua Hall** there will be a short presentation outlining the journey over the last 10 years while we enjoy afternoon tea.

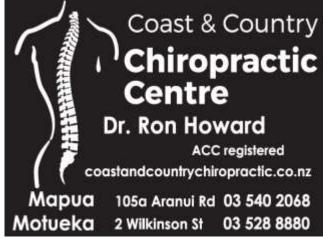
We welcome all those willing community members who have helped over the years, to join with us as we all congratulate ourselves on this marvellous outcome. What an achievement!

For more information: Helen Bibby 0274 59 39 89



www.acupunctureworks.co.nz







Join us at Delicious Homewares Māpua



For a Demonstration and Information sharing evening with Tracy Hinton from



Featuring our NEW range in gorgeous Pistachio



Discounts and specials in store Drinks and nibbles provided



Thursday 26th October 2023 6.45pm arrival for a 7.00pm start

\$10.00 registration fee – redeemable on any KitchenAid Purchase or order during the evening RSVP: 03 540 2463 <u>or</u> 027 514 0652 Email : <u>jenny@delicious2015.com</u>



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Māpua Fire Brigade 🧟



August to Sept 23 call outs

7 Aug 01:55. Car in paddock on Moutere highway near Davey Rd, minor injuries to driver.

25 Aug 07:56. Residential alarm activation on Moutere Highway near Gardner Valley Rd, defective unit.

16 Sept 06:30. Boat half submerged at Māpua Wharf. Owner taken to Fire Station to keep warm and with lacerations, awaiting ambulance.

Call outs for the year = 39

Safety Tip - Be safe.

Clean lint from dryers.

Charge lithium-ion batteries in an open space, do not cover lithium-ion batteries while charging.

For fire safety info go to - https://fireandemergency.nz For fire permits go to - http://www.checkitsalright.nz

We have had a few members who have left recently so are looking for some new members who would be available during day time, to join the Brigade.

If interested come and see us at 3 Iwa St after 7pm on a Thursday evening.

Mahana Electrical

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Robbie Mitchell

Your local, specialising in property in the Mapua and Ruby Bay districts.

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wing clean

* TAC's apply

Raising funds for the Māpua Community Hub

We are raising funds for the awareness, promotion, and administration of the Māpua Community Hub. Our hub will be a community centre for our village and for our area; a dedicated space which will complement rather than compete with services already provided by others in Māpua and districts.

The Māpua Community Hub will provide a drop-in centre for people to gather and socialise, somewhere to meet others, feel connected and supported as well as offering an accessible local venue for workshops, meetings, health services and other appointments. It will be available for people of all ages and in any situation.

The Māpua Community Hub project is governed by the Māpua Community Wellness Trust and managed by the Māpua Community Hub Working Group.

All forms of support (including funds) are deeply appreciated and valued.

For further information please contact:

Wellbeing Trust: John Botting ph 021 0305578 Working Group: Vicky Stocker ph 021 1441791



atainz

Diane Maisey Phone 027 444 6387 www.adminandaccounting.co.nz



News from Māpua Bowling Club

S eptember has arrived, spring is in the air and the members of Māpua Bowling Club are eagerly awaiting the start of the outdoor season, which commences with Opening Day on Saturday 23^{rd} in the afternoon.

This time last year the green wasn't ready for play until November and rain washed out so many of our bowling events; our collective fingers are crossed for a much drier season, and we do have an excellent green to be proud of thanks to greenkeepers Ian Benbow and Murray Blanchet with assistance from Ian and Peter Inwood of the Richmond Bowling Club.

A full programme has been prepared to take us right through until the end of April 2024. Readers may be interested to know that we have a **"Have a Go afternoon"** on **Sunday 15th October**. Anyone and everyone are welcome to come along to see our facilities and have a go at lawn bowls. All the equipment required is available; just bring along some enthusiasm and wear a pair of appropriate shoes and we will make you very welcome.

The Friendship Group is now well established at our club and indoor carpet bowls happens on the first and third Mondays of every month starting at 2 pm. This is a change from the original third and fourth Mondays. Sessions will continue throughout the year and new players are most welcome to come along to give indoor bowls a try and enjoy the friendship.

Coaching is available at our club. If you would prefer to learn on a one-to-one basis rather than at one of our roll-ups or "Have a Go Day", please contact me, Sue England on 03 540 2934.

For any information about bowling, coaching, the Friendship Group or booking the Clubhouse and facilities, please contact the secretary, Di Blanchet on 03 540 2627 or check out our website, sporty.co.nz/māpuabowls

Sue England



Māpua Village Bakery



Say Cheese!

In partnership with the CheeseShop.co.nz, the Mapua Village Bakery now has a cheese fridge. It contains all your favourite cheesemakers from the Top of the South including Kervella,

ViaVio, Little River/Thorvald, and Cranky Goat.

It also has some additional cheeses that are bestsellers for the CheeseShop at the local weekend markets like Over the Moon from Putaruru.

Depending on the time of year you may also find additional treats like locally made salami from the Sausage Press. Don't forget to take a look around while selecting your cheese though.

We've got wonderful freshly baked baguettes to go with that brie, and our home made crackers for your evening cheeseboard.

With all this cheese at the bakery, we couldn't help but put a cheese platter on the cafe menu. So give it a try next time you're in if you want to taste some wonderful local cheese.

Pet of the Month



This is Nala. She's an English Bulldog and while it's not polite to ask her her dad age admitted she's just a young thing of one year. She comes from Dunedin but has settled in nicely to Mapua where she is now a permanent resident.

You can often find Nala at the beach as she loves the

shore and the freedom of open spaces. She's also quite the foodie. No food goes unsniffed or untested, but she's got high standards. Fortunately the doggie biscuits at the Mapua Village Bakery have passed the test New Product

Bark! Bark! Bark! Let all the doggos and puppers know. There's a new treat in town.



Specially made

for our furry friends, the Puppuccino is fresh whipped cream with a sprinkle of the Mapua Village Bakery special doggie treat. They are dairy, so make sure someone isn't dairy intolerant before letting them have a go at one.

They're \$3 and served with a gentle pat.

Reviews:

"Bark! Bark! Creamy with a hint of biscuit" -- Daisy the Beagle

"Woof! Wonderful! Woof! -- Sam the Poodle

Staff Update



This is our last full month with the lovely and talented Julja. She's about to head back out on the road in her Motorhome in which she has been travelling about NZ while writing a cooking and travel book.

She grew up in Germany and France, where she worked in 5-star hotels as a pastry chef. We've been lucky to have her as a chef here as she has contributed her knowledge on many topics.

She has been in NZ for 28 years, and with her husband created the first wholesale organic bakery in NZ. She loves the creativity of cooking, and the joy of regional differences and local foods. She can't wait to discover more of this beautiful country.

She's going to miss the team spirit at the Mapua Village Bakery and her work mates. But she'll also miss the smell of freshly baked bread and the unique birdsong of the Mapua area.

See you at the beach Nala!

Best of luck on your adventures Julja!

Māpua Village Bakery

i – Eric and Barbara from the Māpua Village Bakery here. We've just taken over running the place after Sean and Annie decided to retire from the industry.

We love what they created here in Māpua. The staff, building, and customers are like a big quirky family. So we're not going to be making any major changes. We like it the way it is! We are delighted to become a part of this lovely community.

That said, we will be making a few little tweaks and there will be something new to try out every month. We even bought a brand-new bread slicer!

We also run cheeseshop.co.nz which sells cheese at the Nelson and Motueka weekend markets. So we've added a display fridge of delicious local cheese as well as some of our favourites.

Our bakery's bread and pies are all baked in-house so you can get the freshest and tastiest traditional baked goods.

We'll remain pet friendly, so make sure to bring your fur-babies along to say hi and maybe treat them to a Puppuccino.

Cheers, Eric



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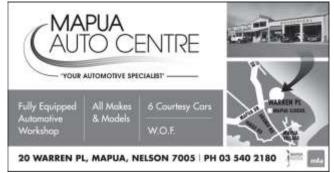
Suzie Brosnahan Celebrant

Bringing Together Moments To Treasure

By becoming a celebrant I have the privilege to work alongside people as they experience milestones and important occasions in their life's seasons. I aim to create and professionally deliver a ceremony personal to you, giving you a lasting memory to treasure.

www.sayyesenterprises.co.nz/suziebrosnahancelebrant bookings@sayyesenterprises.co.nz or ph: 027 378 8277 www.facebook.com/suziebrosnahancelebrant







Wildlife Corridors

Wildlife Corridors in Māpua and Tasman Need Your Protection

hat is a wildlife corridor?

VV Anyone who has witnessed orca whales chasing rays into the Māpua Inlet knows the power and vitality of a wildlife corridor. Wild animals use their own paths to access food, safety, shelter, each other and everything else in their lives much the same as we humans have roads and footpaths, powerlines, etc. The Wildlife Corridors group gathers for an hour or more of outdoor observation of native species and the health of their ecosystem.

Next meeting for the Wildlife Corridors Group

Would you like to find out how to locate and identify Inanga (Whitebait) eggs? Come along this November 20 at 9:30 am to find out about Inanga habitat and survival in the Māpua Estuary with the Tasman Bay Guardians. Gather at the Moreland Place Reserve footpath between the end of Rana Place and Topi Way as shown on the map below.



Local news

In the recent publication of the Waimea Inlet Threatened and at-Risk Species, scientists David Melville, Laura Parks and Ivan Rogers listed 45 species of plants and animals that are currently threatened, at risk, recovering or naturally uncommon in the Waimea Inlet. Many of the birds on this list can be seen in the Māpua Inlet next to the Leisure Park: White Herons, Caspian Terns, Spotted Shags, Banded Dotterels, Red-Billed Gulls, Bar-Tailed Godwits, White-fronted Terns, Variable Oystercatchers, Pied Shags, Little Black Shags and Royal Spoonbills. The full list for Waimea Inlet can be found on the Waimea Inlet Forum webpage, https://waimeainlet.wordpress.com/resourcedocuments.

More information on monitoring the population of local native bird species can be found online in a brilliant report written by local scientists McArthur, Melville, Schuckard, Thomas, Toy and Toy in 2022*.

Citizen science

We need more people to look out for our wildlife this summer. Keep dogs on a leash at the beach during breeding season (November to February) and keep pet cats indoors at night.

Do you have binoculars? You might be able to identify the numbers and letters on a leg tag of an Oystercatcher. Right is a photo of an example leg tag. Simply write down the tag ID, the time and the place and report it to local ornithologist David Melville at david.melville@xtra.co.nz.

Variable [Black] Oystercatcher

Tasman Bay is the most important site on the planet for Variable Oystercatchers, according to resident ornithologist David Melville. They breed along our coast and use our beaches as a "nursery" for young birds from at least as far away as Kaikoura. In a local research project, oystercatchers are marked with WHITE plastic leg flags engraved with 2 or 3 characters (letters/numbers) – characters may be green or black, as seen in this photo below. Some tags may be different colours if the birds have come from farther away.

You might also see the black and white oystercatchers, or the *South Island Pied Oystercatcher*. Tasman Bay supports a large population in late summer when the birds arrive here from their breeding grounds – they stay for a couple of months and moult. Birds New Zealand are working with DOC and others to better understand their movements around the country. YELLOW tags are birds marked in Tasman/Golden Bays.

Be a trapper of unwanted pests.

Whitebait eggs are laid in the riparian zones between wetland and upland in our waterways. The survival of these eggs depends on not being eaten by non-native predators such as rats and mice.

Local trapping volunteers are always looking for new recruits, so if you think you might be keen to give it a go, contact:

- Tasman Environmental Trust at Volunteer to support community conservation in Nelson Tasman (tet.org.nz) or Tracey Murray at pukeko92@gmail.com 027 286 5866.
- Māpua Dawn Chorus on facebook or Adam at mapuadawnchorus@gmail.com
- Ian Price at ian.price@xtra.co.nz 0272879203 runs an ecological restoration on the Waimea Inlet where over 30,000 native trees have been planted on a property covered by a QE 2 Covenant.

lan's comprehensive trap management training is highly recommended for your long-term skills as a pest trapper. They are looking for someone to be on the roster every 4^{th} Wednesday of the month. It takes around 2.5 to 3 hours to complete the trapline check.

Lou Gallagher for Wildlife Corridors Group, MDCA



*McArthur N; Melville D S; Schuckard R; Thomas D.; Toy R and Toy S 2022. A baseline survey of the indigenous bird values of the Tasman District coastline. Client report prepared for Tasman District Council, Richmond



SAT 9TH DEC: THE BEST 805 NGHT FRI 15TH DEC AND SAT 16TH DEC PAUL MADSENS QUEEN BEEGEES TRIBUTE

MAPUA HALL NEWS PUA HAI 72 Aranui Road Māpua | māpuabookings@gmail.com | 03 5402330 TUESDAY WEDNESDAY THURSDAY FRIDAY MONDAY 9.00 am 9.15 am 9.00 am 9.15 am **AEROBICS*** SUPERB DANCE STRENGTH / CARDIO* PANZ Pastel Artists of NZ Move Good Now with Lynda with Lynda 9.00 am 9.15 am 9.30am 9.15 am SIOUX LINE DANCE" SLOW YOGA* MAPUA ART GROUP YOGA with Martin with Nikki 10.00 am 10.15 am 10.15 am PILATES" MAPUA CREATIVE FIBRE PILATES" 2nd Tuesdays with Lynda with Lynda 3.30 pm 11am **BALLET 3-4yrs*** WEST AFRICAN DANCE Kerry Clarke Dance 4.00 pm 11.30am **BALLET 5-7yrs*** TAI CHI* INTERNAL ARTS Kerry Clark Dance 5.30 pm 6.00 pm 6.00 pm 7.30 pm MÁPUA COMMUNITY **BROGA YOGA*** STRENGTH / CARDIO* Mapua Football Club CHOIR with Nikki with Lynda 7.00 pm 6.00 pm MAPUA HALL SOCIETY YOGA Meeting 3rd Mondays with Martin 7.15 pm MDCA PUBLIC MEET 2nd Mondays

* School Holidays 23rd Sept-8th October, some sessions on break.

Packhouse Cinema

Sunday 15th October, 6.30pm Showing 'An Education' Rated: M

Doors open at 6pm : Tickets \$12, Community & Gold Cards \$8. BYO chair & snacks.

Membership: 1st April - 31st March

From \$20 per person Visit our website to register for Māpua Hall Society Membership, benefits include:

- Hall Society E-Newsletter .
- Regular activities info
- Event news .
- Pre-sales for Māpua Hall Society . events such as PechaKucha
- Vote on matters at the AGM .
- . Financial support for your Hall.

Hall Society News October 2023

School Holidays will run from 23rd September - 8th October there may be some regular session that take a break. The Tasman National Art Awards exhibition held in the Main Hall from Sunday 24th September until Sunday 8th October, 9.30am-4.30pm daily with Free entry. Regular classes during this time will be held in the Bill Marris where possible, please check with your instructors.

Lynda's Aerobics & Pilates start back from 10th October, please check with Lynda for session times. New classes for West African Dance & Dance Hall, sessions running from 11th October on Wednesday's from 11am-12.30pm. Sue would like to facilitate a Silver Swans style ballet/movement session in the Bill Marris room one day a week. Please email MapuaBookings@gmail.com to register your interest.

There are plenty of ongoing Community events including a 'Meet the Candidates' session date TBC, the General Election on Saturday 14th October in the Main Hall and the Latin America & Spain Film Festival on Saturday 21st October in the Bill Marris room.

Check our Facebook page for all event details:



@MapuaCommunityHall www.MapuaHall.org

Moutere Hills RSA Memorial Library

Māpua Community Library

A āpua Literary Festival

■ V ■ The 6th Māpua Literary Festival was held over the weekend of 15-17th September, and it proved to be a most successful event with lots of people coming from far and wide to listen to the various authors.

Starting with a quiz on the Friday evening, which was supported by 70 plus quizzers, Martin Strange kept everyone on their toes with a mix of simple and challenging questions, culminating in the team *Alice in Winner Land* taking out the winning prize.

Saturday morning saw a large crowd gather for Gerard Hindmarsh's conversation with Greig Caigou followed by local identity David Young and BearLion Kitchen chef, Alesha Bilbrough-Collins.

Saturday evening was a delight for anyone interested in poetry. All the poets certainly entertained and inspired the audience with their presentations.

Sunday morning opened with Chris Stuart chatting with Liz Price. If you enjoy reading crime, Chris's books For Reasons of Their Own and The Glasgow Smile will certainly prove to be an excellent read and they are both available at the library. Next on was Suzanne Clark in conversation with Esmé Palliser. Despite selling her books for many years at Tessa Mae's, this was Suzanne's first literary festival. She has written many books and most of them are available at the library.

The afternoon finished with local Nelson identity, Pic Picot talking about how challenging - or not - losing his eyesight has been and his plans for negotiating his life with his fading eyesight. Both of Pic's books are available at the library. Emma Steven's the library's patron opened and closed the festival in Māori.

Eileen Dobbie

The Māpua Community Library organised a morning tea for Eileen in September to celebrate her 20 plus years of service as a library volunteer plus she has also decided to step down from volunteering. Eileen's commitment, generosity and talents have benefited the community in many different roles. The most outstanding contribution was when she took on the chairmanship when nobody else would commit and steered the library through some difficult but enjoyable challenges! Her fellow volunteers tell me that Eileen's most amazing attribute was that if something needed doing, she could always be counted on and she was always there giving of herself and supporting whatever needed doing from cleaning to raffles, weeding to desk duty whenever needed, to catering food prep for the library's early Lit Fest, the list goes on! Eileen is an inspiration and exemplifies the true meaning of volunteering.

Exhibition at the Māpua Library

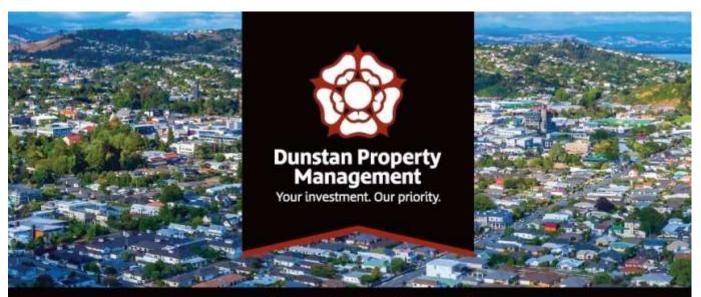
Aria Robertson is eleven years of age and is in Year 7 at Brightwater Intermediate school. Since she was very little she has always loved art. Her favourite mediums are coloured pencils, alcohol markers and acrylics. She especially loves drawing eyes. Come on down to the library and check out Aria's display of her art which will be on exhibition until 30 October.



Aria's art



19



Welcome Suzie Dixon to the Dunstan Property Management team



Dunstan Property Management are pleased to advise that, as from 22 March 2023, Suzie will be joining our team. Suzie comes with significant experience in both Real Estate and Property Management, through managing a property portfolio in the Tasman Region.

Suzie has an impressive track record, is enthusiastic and hardworking, has an eye for detail and relates well to both owners and tenants. She is available by phone and email to discuss managing your property, or arrange for Granville to discuss property investment. (Susie's details are below).



We have a wealth of property expertise

Dunstan Property Management is a family owned and operated Property Management Company with a hands-on and professional approach. We manage only a selected number of quality rental properties.

At Dunstan Property Management we have a wealth of property expertise and local knowledge gained over many years in this business, and by working closely with our owners and tenants, recognising their individual needs and objectives.

Our owners find complete freedom from the burdens of managing their own investment, and tenants can find security in a good-quality, well-managed long-term home.

Vicki Dunstan | Director/Property Manager | 027 465 1812 | vicki@dpmnz.co.nz Suzie Dixon | Property Manager | 021 465 148 | suzie@dpmnz.co.nz dunstanpropertymanagement.co.nz MEMBER OF THE REINZ

Ruby Coast Running Club

We have had really good attendance at our regular Thursday evening 5km events recently, including quite a few younger participants. Some of the younger runners do a shorter 3km course, while others tackle the full 5km. We now have walkers and runners spanning a broad range of ages, which is great to see.

We have also had a lot of our runners getting out and about around the region.

The Abel Tasman boat trip was at the end of August. This was not in any way a competitive event, just an opportunity to enjoy a walk or a run in the beautiful Abel Tasman National Park with fellow walkers and runners. The water taxi dropped people off at various destinations in the park and they then made their way back along the coastal track to Marahau in their own time. We had runners who started from Bark Bay (24km) and Awaroa (35km). The weather was perfect and despite a couple of minor trips and tumbles on the track, everyone had a great time.

September has been a month for relays.

First up was the Milnes Beatson Motueka to Māpua relay which was a really fun event. It was a four-leg relay from the salt baths at Motueka to Māpua Domain with a prize giving and refreshments afterwards at our local Sprig & Fern. The course followed the Great Taste Trail for a very scenic 26km. The changeover points where the baton was passed to the next runner were at Lower Moutere School, Harley Road and Aporo Road and there were lots of opportunities along the course to cheer on team members and other runners. We were well represented at the event. We had a four-person team, a two-person team doing two legs each, as well as two very impressive solo runners who ran the entire course. Well done to everyone. Then there was the Queen Charlotte Relay, a five-leg relay from Picton to Havelock. We had some runners take part in the event, but unfortunately not quite enough to enter our own RCRC team. Debbi was part of the Waimea Harrier's team that won the veteran women's category – well done, Debbi!

If you are interested in joining us and want to find out more about us, you can find us on Facebook: Ruby Coast Running Club. We always welcome new members.

If you would like to try out one of our regular Thursday 5km events, we meet each week in front of the playground by the Māpua Hall. Our start times are 5.15pm for walkers and runners who need more than 30 minutes to complete 5km, and 5.30pm for everyone else. Come along a few minutes beforehand to sign in.



RCRC Runners at the Motueka to Māpua relay

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tasmanbaychiropractic.co.nz

03 544 4554 Monday-Saturday





Keeping you in the game since 2002

Pastel Artists NZ

Our members are really busy working on their art using different techniques and a selection of different pastels.

Glenys is still reeling after getting several of her paintings accepted at international competitions and winning a big prize of online tuition from International Master Pastelists.

Connie Henderson also won the Panz scholarship last year giving her a weekend

free tuition from a master pastelist of her choice. She chose Julie Grieg who lives in Ranfurly. Unfortunately, Connie had to delay taking up her prize to have an operation, but she has just come back from a wonderful three-week trip in Central Otago. She was also able to work with Julie Grieg to take up her scholarship. Connie is an accomplished artist, but she said she learned loads

from Julie. She started off with academic drawings using a selection of H pencils then transferred to pastel and charcoal techniques working on trees.

On the 30th Sept and 1st October 12 Panz members will be attending a workshop in the Bill Marris room learning from Master Pastelist Nichola Reif. At the same time, the main hall will be open for the Art

Exhibition which is something not to be missed.

All visitors welcome on Tuesdays, and we have pastels and paper to have a go.

Julie Booth



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- Mole Mapping
- Skin Cancer Surgery
- Treatment of other Skin Conditions

E KIWISKIN Māpua Skin Clinic

Telephone: 03 540 2373 Email: mapua@kiwiskin.org.nz Website: www.kiwiskin.org.nz Address: Unit 9, The Village Māpua 66 - 68 Aranui Road, Māpua 7005



BREWING SUCCESS: GOLDEN NIGHT OF NETWORKING!



The MDBA networking event at the Golden Bear Brewery was a resounding success, with over 25 enthusiastic members in attendance. It was a fantastic evening highlighted by an informative presentation from Ricarda of Weka Peckers Recycling. She enlightened us on their soft plastics and tetra pack recycling programs and their capacity to consult with businesses to enhance their in-house recycling efforts. They also collaborate with construction companies to drastically reduce skip fees and recycle an impressive 95% of materials from demolished houses, a significant leap from the typical 5% recycling rate. If you're keen to learn more, don't hesitate to get in touch with them.

The MDBA has cultivated a robust partnership with Nelson Tasman (NRDA) and are frequently sought after for insights by national media outlets through NRDA. Over the past two months, our members have enjoyed prominent features in publications such as Kia ora Magazine and Stuff's Winter South Island Travel Guide!

The MDBA's endeavour to distribute tourist maps has proven immensely successful, with nearly 10 thousand maps already circulating throughout the Nelson Tasman district, prominently displayed at key locations like the Airport and Nelson Information Center. Given the overwhelming demand, we are preparing to reprint the maps!

HOW TO DISRUPT THE MARKET BY MASTERING ABCDS OF MARKETING.

The ABCD framework is the proven playbook to grow your business. Join us for a 1-hour seminar where you will discover how to get better customers and set your business up for growth and resilience.

This Lunch & Learn seminar on the 4th of October at 12pm. Guest speaker is Mike Martel from Keetrax. Learn more & RSVP here:

https://www.mapua.co.nz/e/lunch-learnoctober/







Noticeboard

Mapua Craft Group. Meetings are on first & third Fridays in Hills Community Church meeting room, 10am to Noon. Contact: Barbara 5403901

Motueka Lighthouse: last Thursdays, Motueka Community House, 7-9pm. \$3 Koha. 26 October - Ajapajapa meditation, Maree Strange. Angie: angel3000.h@gmail.com

Reiki/Energy Healing by donation, Sunday 12th November 11am-2pm. Motueka Community House, Decks Reserve. 20 min sessions available. Bookings at the door. Angie: angel3000.h@gmail.com

Stamp & Coin collections in Māpua/Ruby Bay & the Moutere evaluated & purchased. Nick Ferrier 021 688243

New Book Group meeting 3rd Tuesday of the month 2-4 pm. Call Vanessa 0223630219 Or Sue 0212671317

Playcentre: behind the tennis courts at 84 Aranui Rd. Come & play – Mondays & Thursdays 9.30-noon during term time. mapua@playcentre.org.nz

Pastel Artists Nelson: meet Tuesdays 9am-noon, Bill Marris room, Hall. Visitors welcome. Marg: 027 257 1857

Coastal Stringers: Ukulele & guitar group meet Fridays 1-4pm at Bowling Club. All welcome, just arrive & enjoy the singing. Contacts: Colleen 5403010, Diane 5402627.

Māpua Women's Rec Group. Come and join our friendly social walking group. Meet outside Tessa Mae's Thursdays 9.15am. Options for all fitness levels plus activities and social events. mapuarecgroup@gmail.com or just turn up.

Knit & Natter group now at Appleshed: 10am Tuesdays. Contact: Debbi 027 327 4055

Local Women's Walking Group - all welcome to our Tuesday morning walk of 5-7km leaving 9am - call Lynley 03 540 2292 for more information.

Motueka Toastmasters: Like to speak with more confidence? Meet 1st & 3rd Weds, 6.45-8.30pm, St Johns rooms, Jack Inglis hospital. Visitors welcome. Info Sierra 027 8444765 or Peter 027 7468311.

Re-cycle Printer Cartridges at the library. Volunteers are happy to collect printer & photocopier cartridges and transport to recycling centre. Blue bin in our foyer.

Tasman Golf Club: Mixed Social 9 Holes of Golf. Tee off 9.30am Fridays. Friendly group, all levels very welcome. Cost: \$25 for non-members. Ph: Lyndal 03 5266819, teeup@tasmangolfclub.com or just turn up at Kina

Ruby Coast Newcomers Social Group: meet new people, make new friends. Coffee 10am last Fridays at Tasman Store and occasional social events. Just turn up. Vivien/Richard 526-6707

Māpua Community Choir: 4 part harmony, no audition necessary, small koha, Māpua Hall 7.15pm Thursdays, enquiries Helen: n-h.bibby@actrix.co.nz

Tasman Dippers: A casual collection of people who enjoy connecting with the open water. Year-round dips or swims in the sea at Rabbit Island. Info: www.tasmandippers.nz

Māpua Friendship Club indoor bowls, third & last Mondays. Now at Māpua Bowling Club rooms. Bowls at 2pm, followed by "bring a plate" afternoon tea. \$3 door fee. We are not a competitive bunch and have lots of laughs. For more information contact Val 540 3685 **Māpua Boat Club** welcomes new members. No boat required. Social nights Thursdays 5.30 - 7pm at Club rooms on Māpua Wharf. Raffles, cash bar, snacks, regular guest speakers. To join, contact Secretary, Katrina 0211393945

Māpua Art Group meets Bill Marris Room Māpua Hall Thursdays, 9-noon. Paint, draw, help each other in a social environment. All levels & media. \$5 incl morning tea. Tables, chairs, easels provided. mapuaartgroup@gmail.com

MDCA: Māpua & Districts Community Association meets Feb-Dec, 2nd Mondays, 7pm Māpua Hall; info@ourmapua.org

Kids 'n' Koffee Playgroup: Wednesdays 10-noon during term time, at the old church building. 0-6 year olds. Morning tea provided. Gold coin donation. Info: pippie.d@gmail.com

Fibre Craft Sunday. Birch Hall, Richmond A&P Showgrounds. Last Sundays 1.30-3.30pm. Learn to spin, knit, felt or weave. \$5 includes tea or coffee. All ages welcome. Richmond Creative Fibre Group: Diane 547-6517 or Karyn 544-9709

Spinners, Knitters, Weavers: Creative Fibre Group, Māpua Hall, second Tuesdays 10am. All welcome.

Quakers meet at Family Service Centre, Motueka 10am 2nd Sundays. All welcome. Enquiries: Linda 027 447 6435.

Toy Library: extensive selection of toys, puzzles & videos for children 0-5yrs. Māpua Hall every 1st & 3rd Tuesday, 10-11am & 6.30-7.30pm, 1st & 3rd Friday 3-4pm. mapuatoylibrary @gmail.com

Ruby Coast Walking Group meets 9.30am Wednesdays by Tasman Store. Walk 1½ hrs then coffee & muffins back at the Store. All welcome. Fiona: 021 232 6089 for more info.

Ruby Coast Running Club: 5k run Thursday nights 5:30pm. Also runs most mornings. Find us on Facebook or contact Debbi 027 327 4055.

RSA: Anyone interested in joining Moutere Hills RSA is welcome. No service history required. Catch up & meet new members. Nic Poultney 021 220 3920 or 548-4420

Motueka Senior Net. Tech for mature adults. Monthly meetings. Help sessions 2x/month. De-mystify technology in a fun & friendly forum. Clubrooms 42 Pah St, Motueka. Seniornetmotueka.org.nz

Coastal Garden Group meets 1pm first Thursdays, Tasman Bible Hall (opp. Jesters). Men and women most welcome to share their love of gardening. Guest Speakers, Workshops, Garden Visits. Ph 03 265 1842

Sing Your Lungs Out! Free community singing group for anyone with respiratory issues. Morning tea. Singing improves your lung health! 10am Mondays, Te Awhina Marae, Pah St, Motueka. Pip 0274 282 693

Tasman Area Community Association (TACA) 7.30pm last Thursdays (x Dec) Tasman Bible Church. Residents of Ruby Bluffs to Tasman & Kina welcome. Info: Facebook or www.tasmancommunity.org.nz

Motueka Scottish Country Dance Club: Weds 7.30pm Lower Moutere Hall Scout den. No partner needed, dress casual, wear soft flat shoes, beginners welcome. Good exercise, lively music. Contact Fay 021 039 3559 or Alison 0220 363 891.

Club Notices are free. Others by gold coin donation to one of the distribution boxes.

Coastal News: you can usually download the colour pdf from www.coastalnews.online

Contact us: news@coastalnews.online