Māpua Development

wo Tasman projects on fast-track approval list
These have been included among the 149 projects
released this week for inclusion in the Government's
Fast Track Approvals Bill.

The projects selected have been identified as having significant regional national benefits.

Consideration has been given to the construction of the **Hope Bypass** – a new highway to bypass Richmond and Hope to reduce congestion.

Also included in the list is the **Māpua Development** project — a mixed-density residential and community development. This will comprise approximately 300 residential lots, a recreation reserve (including sports fields and courts), community amenities building and parking, an extensive wetland and restoration of the Seaton Valley stream.

The land associated with the Māpua Development Project was identified for residential development during early engagement on options for the Māpua Masterplan. It was also identified for residential development in the Nelson Tasman Future Development Strategy 2022 -2052

The Council was aware of the landowner's intention to apply through the fast-track legislation — however it did not write in support of the application as it did not want to prejudice or predetermine the outcome of the Māpua Master Plan process.

However, the plans have presented no surprises and were largely consistent with the early engagement with the community on the masterplan.

The Māpua Masterplan draft document is being considered for approval by Council on October 24, after which it is expected to go out for public consultation on Friday, November 1, 2024. This will continue through until Friday February 28, 2025.

More information and ways to offer your submissions can be found at shape.tasman.govt.nz/mapua-masterplan -2023

The Māpua Masterplan process will be concluded by mid-2025 which means it can be used to guide the Council's input into the process, managed by the Environmental Protection Agency and undertaken by an external expert consenting panel.

The Fast-track Approvals Bill is currently before the Environment Select Committee which will report back to Parliament by 18 October.

The Bill is expected to go before Parliament for its second reading in November. The Bill is expected to be passed into law before the end of the year.

The 149 projects that the Government has indicated will be included in the fast-track legislation will have to apply to the EPA once the legislation is passed.

Tim O'Connell, TDC Communications Officer







100 YEARS YOUNG!

A BEACON FOR LOCAL ARTISTS.

Hughes has been a beacon for local artists and craft enthusiasts in our community for 21. years. She is celebrating her 100th birthday on both the 24th and the 26th, with 50 friends and family members joining her, including several from abroad. Her grandson Jonathon has traveled from Bristol, UK to be part of this special occasion







Local business owners have been reporting a shortage of birthday candles this month. More on page 4...

PATRICIA'S CREATIVE JOURNEY

In 2003, Patricia found her niche in Tasman's vibrant arts and crafts community. Passionate about arts and crafts including pottery, spinning and weaving, she thrived in this wool-rich region. With abundant creativity, she dived into drawing and painting, forming friendships, especially among new arrivals.

Trishle saw these activities forge community bonds. Art projects even extended to larger initiatives, like knitting clothing for Ukrainian children and making and offering out free fabric shopping bags to reduce waste. K ia Ora,
My name is Jonathan Percy and I have travelled to
Tasman from the UK to celebrate my grandmother's,
Patricia Hughes, 100th birthday with family and friends.

Patricia Hughes, 100th birthday with family and friends. We celebrated in October at her home on AwaAwa Road, where around 20 close friends joined her for the celebrations.

She is particularly fond of the Coastal News and receives every issue, so I created a mock up as a present to her – see photo of her receiving it.

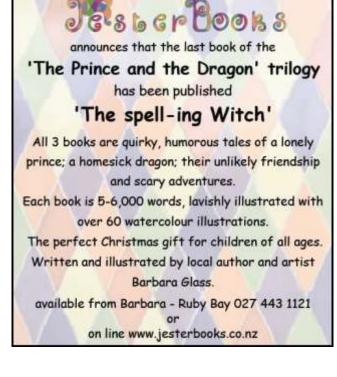
Patricia has been a huge inspiration within the local community over the years as an artist.

She has received a card from King Charles and Queen Camilla, which she has now proudly displayed, alongside cards from the PM and the Minister of Seniors and many others.

Pictures show the mock up I have created of your newsletter, and some photos from her celebration.

Jonathan Percy (grandson)







Letters to the Editor

Wharf jumping

The Māpua Boat Ramp Community Trust (October Coastal News) is keen to guarantee the future of wharf jumping in Māpua if the proposed boat ramp is approved. Indeed, submissions to the Navigational Safety by-laws sought assurances that this would be so, and alterations to the wording of the by-law were changed as a result of that lobbying. Thank goodness for that!

However, while we all express relief that the timehonoured holiday activity is preserved, we need to be mindful that all is not what it seems.

The proposed boat ramp, without a pontoon, and with the inevitability of increased summer traffic, will force launching boats to use the wharf and its pontoons. The logistics of launching, and particularly retrieving boats from the ramp — and the associated 3-5 minute time taken to park a trailer and return, will cause a build-up of waiters.

In the afternoons, when jumpers are at their most active, boats will often be unable to make a run straight to the wharf and queuing will be necessary. It will make sense for boats to drop off one person with the keys to get the trailer, while the skipper patiently waits his turn. At launch time, if more than two passengers are on the trip, skippers may bid them to join the boat at the wharf after all the faffing about is complete.

In both cases, because the movement of boats in the vicinity of the wharf dictates it, swimming and jumping will have to cease because it's mandated by the by-law. With to-ing and fro-ing of boats throughout the afternoon, the effect may well be that jumping is banned.

Who will police it? Will the Trust have someone on duty every summer afternoon? Or will one of their signs be sufficient to guarantee safety?

Peter Paterson Māpua Waterfront Park Action Group





Flawed boat ramp survey

The survey carried out by the Boat Club [or Boat Ramp Trust] of residents of Māpua is seriously flawed in many respects. It is obviously not a scientifically designed and credible survey, and the methodology has not been disclosed.

The interviewers were not impartial or trained to carry out surveys.

The Application does not show what questions were asked and whether the survey was verbal or written.

What information were those surveyed offered before they answered the questions?

There is no information regarding the demographics of those surveyed or how the sample households were chosen or randomised.

The adult population of just Māpua Village and Ruby Bay is 2,400 so less than 40% of these have been surveyed.

The wider Māpua Community (extending out to a 6km radius from the village) have not been surveyed at all.

The sample of 553 households, or 1042 individuals, is only an undefined sample and cannot be extrapolated to produce a 93% vote in favour of the boat ramp across the whole community.

I trust the hearing will completely ignore such spurious evidence.

I hold a university degree in Sociology, which included the study of surveys and statistics.

Del Trew





Book Review

About not reading books you think you will not enjoy

This winter I read a couple of books that I had been avoiding for a long time. The first was 'To Kill a Mackinghird' by Harner Lee I remember my parents

Mockingbird' by Harper Lee. I remember my parents

having this book in the 1960s, but I had no idea why it was so popular at the time, or why it is considered to be a classic.

It was not what I expected. The actual court case around which the story revolves is a tiny part of the tale, which is told through the eyes of an 8-year-old girl.

Set in a town in Alabama in the 1930s it is a story of the racial and social issues affecting

justice at that time and place. The prose is quite unique in keeping with the period, and the book is easy and enjoyable to read, with some interesting characters including the Negro housekeeper.

I have also just read David Baldacci's latest book, 'A Calamity of Souls', published this year. By coincidence, it is the story of a court case set in the 1960s in South Virginia, and the racial and social issues affecting justice at that time.

Baldacci acknowledges the earlier book, but in his usual way turns his story into a riveting and complicated plot, showing how much and how little attitudes have changed in the time between the settings for the two books. Again it features interesting characters, including the Negro housekeeper! Both books available from the Māpua library.

The second book on my avoiding list was **Hannibal by Thomas Harris**. Mainly because of the publicity that these stories achieved as movies. Then I discovered that there are four books.

There is much discussion about the reading order as the books were published over a period of 25 years, and the early childhood of Hannibal Lecter is covered in the last book. I read them in chronological order, and I am pleased I did as it kept the events and the characters in sequence, but the novels are all stand alone.

From the details of his family being destroyed in Lithuania in the 1940s due to occupation by first the German and then the Russian Armies, till his retirement, there is a theme of gentleness between Hannibal and a leading character in each novel. These are interspersed with acts that make you wonder what sort of life the Author had growing up! Hannibal does not take prisoners.

If you have seen the movies, Hannibal Rising, Red Dragon, The Silence of the Lambs, and Hannibal, then I would expect the script would play on the violence, suspense, and the interaction of the lead characters. But the language and word play in the books is interesting in itself.

A lot of the story is written in the third person as by a commentator, and while you would expect this to be a

distraction, it adds another facet, as the reader becomes more involved as a spectator to the moves and countermoves.

There is a lot of detail about the various venues as Lecter attempts to keep ahead of his pursuers, and he proves to be a likeable man of great and varied skills. It is just that he has a few anti-social quirks in his character! Altogether, an interesting series to read pretty much in one go, and the ending was not what I was expecting either. If you have not seen the movies then you may enjoy the books. Does

anyone read the book after seeing the movie? Richmond Library has the titles Māpua does not have. Enjoy!

John Leydon





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CONCERT

Māpua School Choir

with support from

Māpua Community Choir and others 6.30pm 21st November Māpua Hall - Koha entry



The Massage Studio Mahana.

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After 22 years, Lynda has sold her Massage Therapy teaching business and is seeing private clients again.

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Motoring (



Ever wondered how your vehicle starts when you turn the key?

Most people don't give it a thought until the day it won't start.

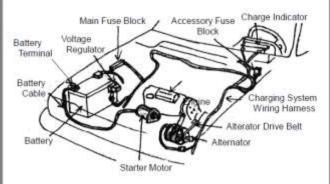
All components within the starting/charging system are connected. A problem with one component can sometimes seem like a problem with another. All components must be in good working order to start your vehicle and make it run properly.

The charging system consists of -

- The battery, via a combination of chemical reactions, provides the power to start your vehicle. The battery also accepts the excess power, which is generated when the engine is running by reversing the chemical reaction used in start up.
- The starter motor is responsible for cranking the engine into life and is activated when the ignition key is turned.
- The alternator has two important functions to perform.
 It recharges the battery while the engine is running keeping it at peak starting power, as well as working with the battery to operate all electrical components eg. headlights, radio, windows etc.

A fault with any one of these items can cause:

- electrical components to operate erratically
- · the engine to stop suddenly
- · not allow your vehicle to start.



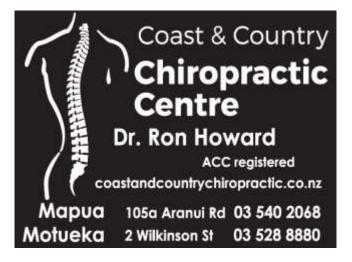
Starting and charging system faults can occur for many reasons, with a repair varying from cleaning electrical connections to component replacement.

If you suspect your vehicle has a starting or charging problem, contact your automotive technician to check it out and avoid the inconvenience of getting stranded somewhere.

Happy & safe motoring from the team at









What's on at Hills Community Church?

Sunday

Morning Service - followed by Morning Tea - 9:30am First and third Sunday – Family Praise and Worship Second and fourth Sunday – Family Communion.

Great family friendly crèche facilities and outdoor space Youth Group – 6:00pm to 8:00pm

Food, fun, fellowship, friendship

Wednesday

Senior Moments – second and last Wednesdays each month. 10:00am to 12:00pm

Friendship, food, events and information. **KidsnKoffee** – Community Playgroup – 10am to noon.

A great space for all the whanau.

Thursday

Prayer and coffee – 10:00am

An opportunity for prayer, discussion and a chat.

Friday

Craft and Coffee – first and third Fridays, 10am to noon. If you love all things crafty then come along and join the group.

Throughout the week

Life Groups: Drop in for coffee, chat or just quiet space.

For more information contact Hills Community Church:

Phone: 03 540 3848, email: office.hcc@xtra.co.nz www.hillscommunitychurch.org

Māpua Health Centre news

Since changing to the Well patient portal last month, we are pleased that already 1500 patients have signed up.

Well offers easier access to a range of features, including being able to see a clear summary of your immunisation history, prescribed medications, recorded allergies, and any diagnosed conditions you are managing; select from a list of your previously prescribed medications, select a pharmacy, pay, and submit your repeat script request; view your lab test results once viewed by a doctor, as well as a recent history of your previous consultations with your doctor and the recorded notes, and book appointments for you and your family.

Please contact reception for details, 03 540 2211.

We are pleased to be able to offer **travel consultations** for those going overseas and requiring vaccinations or malaria prophylaxis, and we now have a skin-check clinic run by Irene Minchin; bookings for both can be made with our receptionists.

Our **evening clinic** has moved to Wednesday for the spring/summer months with Andre Bonny, providing appointments from 6pm to 8.30pm. Please contact Reception for details, 03 540 2211.

We are pleased to be supporting selected clinical trials being run in this region by Pacific Clinical Research Network. Our role is simply to send a text message to eligible participants from our patient base, inviting you to take part in upcoming trials. Your participation is completely voluntary and if you have any queries, please speak with Pacific Clinical Research directly using the contact details in the text message you receive.

This month is **Movember**. The state of men's health needs urgent attention. Men experience worse longer-term health than women and die on average six years earlier.

Prostate cancer rates will double in the next 15 years. Testicular cancer rates have already doubled in the last 50.

Three quarters of suicides are men. Poor mental health worldwide leads to half a million men taking their own life every year. That's one every minute.

The Movember Foundation is looking at ways that men think and act on their health, including:

- Understanding how traditional notions of masculinity can impact on men's mental health.
- The way health services are provided to men.
- New tests and treatments required to be developed to slow or stop disease progression.
- Transforming health systems to place a stronger focus on outcomes that matter to men.

It is also World Diabetes Day this month.

Unfortunately, diabetes has become an epidemic related to modern lifestyles and more than 257,000 New Zealanders now live with diabetes.

Research from this year shows that a dietary pattern that minimizes animal-derived foods and emphasizes plant foods can reduce the risk of developing diabetes (*Diabetes Care* 2024;47(5):803–809), and the use of fish oil supplementation can reduce the likelihood of damage to blood vessels for those with type 2 diabetes (*J Clin Endocrinol Metab.* 2024 July).

Also, the chances of developing diabetes increase if you are overweight, not very active, and eat a lot of food high in sugar. A large systematic review and meta-analysis of using a low carbohydrate diet for type 2 diabetes showed over 30% remission of diabetes at 6 months (*BMJ*. 2021 Jan 13:372:m4743).

National and global health promotion events for the month include the following:

1-30 Movember (prostate prevention)

https://nz.movember.com

1-30 Diabetes Action Month

https://diabetesactionmonth.org.nz

- 12 World Pneumonia Day https://stoppneumonia.org
- 13 World Kindness Day https://observances.global
- 14 World Diabetes Day www.diabetes.org.nz
- 16 International Day for Tolerance

www.un.org/en/observance

20 World COPD Day

https://goldcopd.org/world-copd-day

20 World Children's Day

www.unicef.org/world-childrens-day

- 25 International Day for the Elimination of Violence against Women www.un.org/en/observances/ending-violence-against-women-day
- 26 World Sustainable Transport Day www.un.org/en/observances/sustainable-transport-day







MĀPUA HALL REGULAR ACTIVITES

November 2024

72a Aranui Road Māpua | Mapuabookings@gmail.com | 035402330

Monday	Tuesday	Wednesday	Thursday	Friday
9.30-11.15am DELIAS DANCE DIVAS	9-12pm PANZ PASTELS ARTISTS OF NZ	7.15am-8.50am YOGA TONE AND RESTORE With Aeven		9.05am -10am STRENGTH/CARDIO with Lynda
11.30-12.30PM MINDFUL MOVEMENT With Tilly	9-12pm SIOUX LINE DANCING	9.05am-10am-Aerobics 10.05am-11am-Plates AEROBICS/ PILATES with Lynda	9.30-12.30pm MAG MAPUA ART GROUP	9-15am YOGA with Martin
	10-IPM CREATIVE FIBRE 2ND TUESDAY OF THE MONTH	9-15-10.45am YOGA FOR LIFE with Nikki		10.05am-11am PILATES with Lynda
		11.30-12.30PM MINDFUL MOVEMENT with Tilly	Sunday November 17th THE MÄPUA HALL MAKERS MARKET 10am -3pm	
BROGA with Nikki	6-7pm STRENGTH/CARDIO with Lynda			
^{7pm} MÅPUA HALL SOCIETY meetings 3rd Mondays	6-7pm YOGA with Martin	1.30-2.30pm CHAIR YOGA with Yvonne		
7.15pm MDCA PUBLIC MEET meetings 2nd Mondays	Jpm-Mapus Hall fundraiser BOARD GAME NIGHT with Ryan	3.30-4.30pm Pre school and Primary CB Dance with Courtney	7.30-9pm MĀPUA COMMUNITY CHOIR	

Mapua Makers Market

The indoor market will be held rain or shine Sunday 17 November 2024 from 10am - 3pm

Over forty stall holders will showcase "top of the south" talent, the care, skill and attention which goes into making these handmade articles so unique and special.

Goods on offer will include jewelry, glass art, natural care body products, woodware, clothing, garden art and a wide range of homewares.

The Mapua Makers Market includes many stall holders who only sell here, making this market truly unique and well worth a visit.

Board Game Night!

Board Games are being played at the Mapua Hall every **Tuesday between 7:15 pm and 11:45 pm**Games are organised 1 week in advance and seats can be limited!
All are welcome, though this is an adult/young adult focused group.
\$5pp ~All proceeds go to the Mapua Community Hall **Contact Ryan on 022 122 9370** if you are keen and would like more information.

We are looking for someone (one two) to join the organising team of the Mapua PechaKucha night.

PechaKucha is a fabulous way of sharing stories in the community using 20 pictures over 7 minutes. This is an international format, and there are lots of examples online if you haven't come across it before. Our PechaKucha night is an annual event, which, along with the curry night, is an important fundraiser for the Mapua Hall.

Want to help organise the PechaKucha next year?

The role involves helping to find and coordinate the speakers (typically 12-14) in our community, and help make it a fabulous and inspiring evening. We all have great stories we could tell, and last time we heard about such diverse things as "Steven the pet pig", "Chelsea FlowerShow", "Yukon 1000 km canoe race" and "Mini block printing art".

Please contact Jan Heijs, Chair of the Mapua Hall society , on <u>jheijsnz@gmail.com</u> if you would like to consider helping, or know someone who you think could do so, that would be great. We are happy to have a chat about what is involved before you commit.

Artist Goes Wild

Exhibition by artist Lisa Chandler

t is great to be back living in Ruby Bay, after spending time in both Leipzig, Germany and Collingwood, Golden

Bay over a number of years.

The inspiration for my art practice comes directly from my personal experiences both here in New Zealand and overseas. My latest series 'Artist Goes Wild' is a direct response to my desire to support the planet in a positive way.

In late 2022 I was fortunate to experience the uninhabited Galápagos Islands. At dawn on the final day, we visited one last unspoilt island before flying to Guayaquil, a city of 2.6 million.

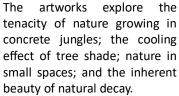
The dirty brown river, smoky old cars and mountains of plastic rubbish struck me hard; the pollution was a stark and very depressing contrast to the Galápagos, and irrefutable evidence of humankind's effect on the planet.

Since experiencing this first hand I've felt compelled to try and make a personal difference through my art practice.

Shortly after my return, we bought an almost bare 7700sqm section in Ruby Bay and I began to research how a small plot of land could support wildlife and increase biodiversity.

This led me to the 'wilding' or 'naturalistic gardening' movement and the creation of this new series. Since moving in early July, we have planted 100s and 100s of root trainer native plants. I can't wait to see what it looks like in a few years.

With Artist Goes Wild, I've made the conscious decision to create artworks that are joyous and a celebration of nature. But my paintings also communicate an environmental message: that greener, wilder spaces, especially in urban areas, are of critical importance.



5% of every Artist Goes Wild artwork sold will be donated to the national Trees That Count programme and my Artist Goes Wild tree registry will support tree planting projects right here in Tasman.

For example, three trees will be donated for every \$500 artwork

sold, and 30 trees for a \$6000 artwork.

You can also support my tree registry without buying an artwork by donating a tree on my online page: \$10 will gift one tree. Just scan the QR code on page 15. Thank you!

Alongside raising money for local tree planting projects, my aim for this exhibition is to encourage visitors to green up their own urban spaces to support local wildlife. In the words of Jane Goodall: "Every single one of us has an impact on the planet every single day, and we have to choose what sort of impact we have. Hope isn't just wishing; it's doing something about it." June 2024.

Exhibition 26 October - 23 November 2024

Quiet Dog Gallery, 33 Wakatu Lane, Nelson

Artist Talk: 2pm, 2 November

www.lisachandler.co.nz







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Welcome to our new monthly column featuring expert tips and insights from your Vetlife Māpua team.

We aim to bring you practical advice to keep your pets healthy and happy, updates on the latest treatments, and behind-the-scenes look at the dedicated people who make Vetlife Māpua a special place for pet care.

Beginning with a Q&A with Dr Megan Lowther.

What inspired you to become a vet?

I have had a love of animals from a very young age and have always wanted to work with them.

What do you enjoy most about working at Vetlife Māpua?



The relaxed vibes and lovely clients and patients that I get to work with. Getting to have a coffee and a catch-up with Jeannie is great too!

Is there a particular animal you enjoy working with the most? Why?

Cows & Dogs! I am always amazed at the way cows can hide some pretty serious illnesses! And dogs are just an amazing species. The bond they form with their humans is something truly special.

What aspect of your job gives you the most satisfaction?

Being able to help animals that are sick or in pain is extremely rewarding.

What do you appreciate the most about working and living in this region?

How every day can feel like a holiday! What was the first pet you owned?

A dog called Sandy. She was a German Shepherd crossed with a Maltese Poodle.

If you could choose any superpower, what would it be?
Being able to talk to animals. It would make the job much easier!

What is your go-to Karaoke song? Any power ballad by Mariah Carey or Whitney Houston would do!

If you had to compete in the 2028 Olympics, which event would you pick? Trampolining might be fun...?



To make an appointment at Vetlife Māpua phone 03 540 2329 We are open Monday - Friday 8.30am -12pm + 1pm - 5.30pm



Māpua & Districts Community Association (MDCA)

āpua Wellbeing TrustJim Vause, John Botting and Wayne Chisnall presented on the Nelson Bays Primary Health Org

– Needs Analysis. They discussed how the old Church Hall is currently being heavily used, and that the new Hills Community Church may be a more practical option for expanded health services.

They stressed the need for the community to work together to achieve best outcomes for broader healthcare, as well as looking at possible new services such as Speech Therapy and Aged Care Support Co-ordination.

The analysis highlighted the impact of population growth on our existing facilities and the role MDCA and others could play in supporting the ongoing/future needs of the community.

RMA Fast-track impact on Māpua Master Plan

The recently announced Fast-track process and Tasman area developments were discussed. The Seaton Valley developers have applied, with both the TDC and Councillors confirming that while they were made aware of the application, they had no input into the proposals.

The Select Committee report on the bill is due back Oct 18th and given there have been a large number of submitters, the Govt has already signalled it will be recommending changes. The bill contemplates the EPA managing the process and it's not clear what input council or the community will have (if any).

The required Zoning changes are not scheduled to start until next year and development consent(s) won't be processed until after that.

With the Seaton Valley Development now likely to proceed, the focus for the community and council should shift to ensuring their views are represented in the final Māpua Masterplan (MMP). Public Consultation on the MMP will be open from 1st November 2024 through 16th February 2025, and will be advertised via Newsline and facebook.

In addition, information pamphlets to be delivered to all properties within the urban area of Māpua as well as individual letters being sent to landowners with changes proposed on their land. The MDCA will be provided with information on the submission process, and the

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presentation given by TDC staff at the recent Council MMP Workshop is already available on the MDCA website.



Other Council news

Council's review concluded that all Ward areas/representation will remain the same, with the only addition being the Māori Ward.

The Dog and Cat bylaw reviews are ongoing and have generated a lot of feedback from over 1600 interested stakeholders.

Council is required to consider the proposed replacement for 3-Waters 'Local Water Done Well' and needs to submit to Government within 12 months a plan for how it will manage water.

Nelson-Tasman Emergency Management

MDCA voted to establish a subcommittee to prepare a Community Emergency Preparedness Plan. Any members and residents in general interested in being on the subcommittee should contact MDCA:

chairperson@ourmapua.org

MDCA constitution

The final draft of the updated constitution was presented and a motion to accept this document as our new constitution and submit as per the legal requirements was passed by the required majority. The new constitution will now be submitted to MBIE as required by the Incorporated Societies Act.

Māpua Community Hub — will be meeting with representatives of the Māpua Hall Committee to look at sharing resources.

The **next Public Meeting** will be held on **11th November**. Annual membership subscriptions are due and can be paid by direct credit – see www.ourMāpua.org for details.



Moutere Hills RSA Memorial Library Māpua Community Library

Volunteer's Art and Craft Exhibition 14th October - 22nd November 2024

his exhibition has long been planned, but finally it is here.



The exhibition comprises art that our volunteers have lovingly crafted over the years or have made especially for the event. For some this will be the first time they have ever exhibited a piece of work.

There are 25 exhibitors contributing 34 items including embroidery, painting, photos, felting, decoupage, tapestry, crochet, sewing, pottery, knitting. We have gloves, shawls, cardigans, dresses, socks, mice, lamp shades, dolls - even our gracious Queen Elizabeth II is in residence.

Imagine the hours our volunteers spent in making

these items, and caring for them sometimes over decades, often to be passed onto future generations of their families. We are privileged to have a glimpse into their lives. Māpua Community Library is run by 40 volunteers who keep library viable, vibrant, modern and welcoming. We that you respect these very special items by not touching them.

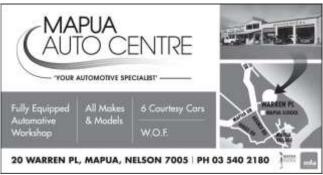


Special thanks to the "team" involved in

putting the Volunteers Art & Craft Exhibition together. Rose Barnes, Judy van den Yssel-Richards and Steve Richards - the latter two from Jester Café. Plus our tireless exhibition team leader. Yvonne Jardine.











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Our latest news & adventures



Upcoming Programmes - Enrol Now!

Adventure Leadership (L2) - 4 days/3 nights learning technical and practical outdoor skills while exploring Te Tauihu. This programme is designed to build confidence, leadership and essential employability skills. Gain NCEA L2 credits! Open to 16 - 18 yr olds.

9th - 12th Dec, subsidised at \$300*

It's not too early to book your tamariki on a summer holiday programme. Multiple dates in January available!

Go Wild - Designed for 7 - 10 yr olds, the programme includes active, playfull and 'wild' adventures. 9am - 3pm each day

- Mon 13th Fri 17th Jan (5 Days, \$400)
- Mon 27th Thut 30th Jan (4 Days, \$320)

Kaitiaki Kids - Designed for 10 - 12 yr olds, this is a stepping stone towards our journey programmes. 9am - 3pm each day

Mon 20th Jan – Fri 24th Jan (5 Days, \$400)

Whaea Lara with tamariki from Upper Moutere School

Upper Moutere School's visit to Riuwaka

Described by akonga as a mossy wonderland, Upper Moutere School students recently enjoyed a magical visit to Te Puna o Riuwaka. Whaea Lara shared local pūrākau (stories) and the weather atua looked on kindly! Koia kei a koutou!

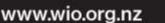
Training Enviro Leaders on the West Coast

Our recent Kaitiaki Leadership programme provided a nine-day immersive experience for 11 students focused on leadership, conservation, and kaitiakitanga. The phone-free programme fostered confidence, resilience, connection to nature and grew students' sense of responsibility for looking after the whenua. Participant Livinya reflects, "the programme has deepened my passion for helping our environment and has made me better adapted to working in a team. It was a very fun, hands-on, and informative way to learn about NZ predators, survival skills and the flora and fauna around us."

Read the full article on our blog: www.whenuaiti.org.nz/news



Juliette on Kaitiaki Leadership West Coast











We'll see you out there!

Māpua Fire Brigade



Sept to Oct 24 call outs

17 Sept 16:37 To house in Motueka, assist with firefighting and water. No crew so sent tanker/rural truck.

25 Sept 06:12 Shed and vegetation fire in Motueka, assist with firefighting.

25 Sept 11:35 Trees and vegetation fire out of control off Stagecoach Rd, put fire out.

26 Sept 15:41 Fire in ceiling of house in Motueka, not needed.

27 Sept 18:01 Worker drilling a hole in benchtop set off alarms at new Pharmacy in mall, no action taken.

8 Oct 22:37 Fire in upstairs room at Riwaka Hotel. Some of Māpua's firefighters helped put fire out.

19 Oct 22:11 Three beach fires near Pine Hill Reserve, left with persons involved to put fires out.

Call outs for the year = 49

For fire safety info go to - https://fireandemergency.nz/ For rural fire go to - http://www.checkitsalright.nz/

Know where and how to turn off services like water, gas and electricity including solar.

Have a safe meeting place like the letter box, so firefighters can talk to occupiers — about whether all persons and animals are out of building, and the possible cause and location of fire.

Māpua Bowling Club

S pring can always be a challenge for bowling with the unpredictable weather and our first roll up day was no exception.

The wind blew big time, which can play havoc with the bowls. The game was challenging but still good to meet up with members after the winter break. One wet week made the green like a swimming pool, but some fine weather dried it out quickly so only one lost day of bowling that week.

Some members are now planning to play in club championships and others coming along to roll up sessions just to enjoy the game. It is great to see the enthusiasm of our new members.

Our social bowls will start on 4th November from 5:45-8:30pm giving members who have other commitments during the day an opportunity to play.

The bowling club is also available for hire when available.

Please contact Secr Di Blanchet: 0210773445 or blanchet.tadmor@xtra.co.nz) for more info.

Julie Booth

The Coastal News is edited by Andrew Earlam, Mary Garner and Trees van Ruth. Views expressed are not necessarily those of the editors. Distributed 1st of the month.

Deadline for copy to news@coastalnews.online is **20**th of the month.

Noticeboard items are a gold coin donation in the collection boxes. Club notices are free.



Fri 29th + Sat 30th Nov: Fleetwood Mac + Billy Joel

Fri 6th Dec:
Paul Madsens Super Star Show
Queen Beegees and more

Fri 20th Dec: The Best 80s Christmas Party

27th and 28th Dec: Salmonella Dub Soundsystem

Mon 30th Dec: The Great 2024 Quiz Night

Tues 31st Dec: New Years Eve Beach Party

Māpua Spring Plant Sale

Thanks to the Māpua Community for their generous support

he 2024 Māpua Spring Pant sale was held on Saturday

21st September, in the old Church Hall in Aranui Road.

By the time the gates opened on the Saturday morning, the hall was full of a wide range of donated plants and there was a long queue of people keen to make the



most of well-priced plants, including plants that aren't easily available other than from home gardens.

It was heartening to experience the goodwill generated in the community, as people generously potted up plants and cuttings, and then equally generously came along to buy up what others had produced.

Local businesses provided great prizes for raffles and assisted with the promotion of the event. Many people volunteered their time to plan, promote and prepare for the sale, plus assist on the day.

We were delighted to succeed our target of \$3,000 in sales (just over), to be used for the further development of the proposed Māpua Community Hub.

Raffle ticket winners:

Tessa Mae's Gift package won by: Chris Mc Māpua Landscapes - Secateurs, won by: Clare K Māpua Landscapes - Gift box, won by: Karen T

A huge thank you to the following businesses for their support of this event:

GENTLE
CHIROPRACTIC
Sports & Spinal Injury Clinic
Acupuncture
Functional Feet
03 540 3999
gentle-chiropractic.co.nz

Keetrax for graphic design Geo Solutions for printing and for food supplies Mitre 10 for supplying BBQ and food

Plus other businesses who displayed posters and helped promote the event

The vision of the proposed hub is a community centre for the growing village, providing space for a range of activities and services to complement and add to the facilities that already exist.





Artist Goes Wild

A Celebration of Nature

Exhibition by Ruby Bay artist Lisa Chandler Artist Talk: 2pm, Sat 2 November

Artist Goes Wild is a direct response to my desire to do something positive to help support our planet. My artworks are a celebration of nature and highlight the critical importance of greener and wilder spaces. 5% of every artwork sold will be donated to the Artist Goes Wild tree registry on the 'Trees That Count' website which will support native tree planting projects in the Tasman region. You can also donate a \$10 tree by clicking on this QR code. Thank you!

Quiet Dog Gallery

33 Wakatu Lane, Nelson

Open:

Mon - Fri: 9am - 5pm Saturday: 9am - 1pm Sunday: closed

Exhibition ends 23 November



Donate Tree





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- · INR testing

Trimethoprim supply

Vaccinations

RUBY BAY STORE

What's on in November '24

SATURDAY 2 NOVEMBER 7.30PM THE EARLY BOBS

Clayton Taylor playing Bob Dylan's 1966 Blonde on Blonde Part 2 \$25

FRIDAY 8 NOVEMBER 7 30PM MARK LAURENT & BRENDA LIDDIARD Blues, Folk Protest, & Alt Country \$25

SATURDAY 9 NOVEMBER 7,30PM THE GUMBO COMBO

Steve Mitchell's 1950's New Orleans R&B served with swing \$25

FRIDAY 15 NOVEMBER 7.30PM THE GERIATRIC STRING BAND

NZ, Oz, Old English, Celtic & Breton traditional songs and tunes \$25

SATURDAY 16 NOVEMBER 7.30PM SUGARBOWL

Stephen & Ali with their mix (think Petty, Young & Hendrix) \$25

SATURDAY 23 NOVEMBER 7.30PM THE NELSON COUNTY PLAYBOYS

Clayton Taylor, John Ray & Nathan Torvik play Americana icons \$25

SUNDAY 24 NOVEMBER 7PM SOUTH PACIFIC FILM FESTIVAL FUNDRAISER

NZ & International Short Films \$25 -with Fish & Chips Pre-Booked \$35

SATURDAY 30 NOVEMBER 7.30PM PETER ROWLEY- LAST MAN STANDING A retrospective of his years with NZ's comedy greats \$25

For bookings, updates, and more information visit online

www.rubybaystore.co.nz

174 Stafford Drive, Ruby Bay • 027 417 1713 Store opens one hour before each show Local beer, cider, wine and food

Lynda's Exercise Classes in the Mapua Hall

Late 2024: Classes restart October 15th A 10-week term until December 19th. Cardio/Weights Tuesday 6 pm, Old-fashioned Aerobics Wednesday 9.05 am. Cardio/Weights Friday 9.05 am. Pilates Wednesday & Friday 10.05 am. 5-trip ticket \$50; 10-trip ticket \$80; 20-trip ticket \$150; 30-trip ticket \$210. Casuals - yes, \$12 per session.

Top-ups for single sessions on your ticket \$10. Please contact Lynda for details, 027 222 1491. lyndamabin@gmail.com

Aroma Dynamics

Aroma Therapy Massage Abdominal Massage Chi Nei Tsang Healing Touch

Massage for: Adults & children, Pregnancy /Postnatal, Baby massage, Recovery Treatments, Indian Head massage,



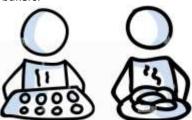
Julja has an International Diploma in Aromatherapy. She is a qualified Baby Massage Instructor, a Chi Nei Tsang practitioner and works with Healing Touch

She is right here in Māpua 027 465 7885

Māpua Village Bakery

Staff Update

I'd like to put in a special mention this month to our bakers.



They're what makes a place like the Māpua Village Bakery special. All the baking sold here we make ourselves by their hands.

They work long hard hours in the middle of the night to make sure that first thing in the morning there is fresh bread, cakes, and pastries for all to enjoy.

It takes a lot of training to be an all-around baker like we have, being able to do bread, pastry, cakes, and sweet treats.

They work with special, almost magical equipment, in the darkness of the night to make everything just right.

A lot of it is just pure hard work too. Lots of heavy lifting next to blazing hot ovens. So take a moment to appreciate all the effort they put into our creations. I know we sure do.

Pet of the Month

This is Misty Winter.

A lot of you will know Misty because as the companion



of the previous bakery owners Sean and Annie, she's spent a lot of time at the bakery.

She's an 11year-old border collie with extra fluff.

She was born in Aussie, but we don't hold that against her.

She's been in Māpua for eight years now.

Getting older comes with its challenges, and she's recently had knee surgery, but is almost fully recovered.

She's happy to be able to go swimming at the beach again. It's her favourite thing to do. It's a shame she can't do it with her best friend Hammie (a plastic pig) as they might get lost in the ocean.

When it comes to food, she loves pumpkin, rice and tuna. But her exquisite taste skills have also come in handy at the bakery. She was the official taster in helping develop the bakery's doggie treats.

And she still isn't sick of them yet!

High Tea

As part of Feast Whakatu we have decided to host a



couple of high teas featuring products from local producers.

In addition to a new selection of fancy teas we'll be offering a selection of four savoury and four sweet treats.

They'll include ingredients from the Sausage Press,

Thorvald cheese, Cranky Goat cheese, NZBee Honey, and the Māpua Smokehouse.

For us this is just a bit of fun, but also we'd like to see if we can pull it off. If it goes well and there's good feedback we're thinking of making it a regular monthly event.

Please let us know if it's the kind of thing you'd like to see us doing.



Kervella Cheese

We carry a selection from all of the four cheesemakers that are in the Top of the South Island, including ViaVio, Little River/Thorvald, and Cranky Goat. We'll have some at all times in our cheese fridge.

But one that's a little bit special is Kervella. They are in Golden Bay next to a small organic dairy where they get their milk. They're very particular about their milk, so it only comes from next door. That does mean that over winter they're not making any cheese as they won't use just any milk.

Now winter's gone and the spring milk is flowing. So we have back in stock my favourite Kervella cheeses, some of which you may have seen on Country Calender.

There's Love which breaks down with age into an almost dipping consistency, and is amazing when baked.

Essence is another white rind cheese packed full of flavour

And Temptation is their very, very strong blue cheese. The blue is soft and spreadable, spicy and creamy, powerful yet subtle. Two thumbs up!

Ruby Coast Running Club

n September a group of our runners travelled to Rarotonga for the Round Rarotonga Road Race.

The main event, as the name suggests, involved a race following the road around Rarotonga, a distance of 31km. There was a 10km option too. There were also other running events scheduled during the week of the main race.

Some of our runners had admirably been following rigorous training schedules in preparation for the event. Others had taken a more relaxed approach to training. Although we had varying degrees of training and ability for the race, our levels of enthusiasm were much more evenly matched.

We had had new running tops made especially for the

trip, so we all looked the part. They were based on our usual blue shirts but with tropical flowers around the neckline and a map of Rarotonga and nickname on the back.

Ordering our new shirts and choosing our nicknames set the mood for what was to be a really fun trip.

There were eleven of us (ten runners and one

supporter). We all stayed at Club Raro for at least four nights. Although the focus of the trip was running, there was also plenty of time for everyone to enjoy the more traditional activities Rarotonga has to offer - such as snorkelling and whale watching, as well as relaxing and socialising with cocktails by the pool.

We had seven runners enter the main 31 km race and three runners enter the 10 km event. Although the course

was relatively flat, it was undoubtedly challenging.

The heat and humidity were beyond anything our winter and early spring Māpua based training had prepared our runners for. Thankfully there were plenty of aid stations along the way to help keep us hydrated.

The scenery and novelty of the tropical island location also helped the kilometres pass.

The finish line was nevertheless a very welcome sight. It had some great Cook Island touches too.

This included Polynesian drum music to accompany runners across the finish line and finishers' medals made of shell. An array of delicious tropical fruits was on offer and we were all given a cut coconut to drink. (Coconut water is packed with electrolyte minerals so this provided much needed replenishment.)

There was, however, nothing "island time" about our runners. Everyone ran really well. We even had three

runners finish in the top 12 in the 31km event (Eddie, Graeme and Steven). Special mention also to our runners who received placings at the prizegiving. In the 31 km: Christine and Graeme were both placed first in their respective age categories. In the 10km: Richard (first in his age category, second male and third runner overall) and Karen (first in her age category and second female overall).

The next event on our running schedule in Rarotonga was the Hash Harriers Birthday Run. This was very much a fun run and involved fancy dress. It was something quite different for our runners as there was no course description provided beforehand. The idea was to find the course as you went by following arrows and small piles of shredded paper. The course was short but scenic, taking in

the beach and some of the island's back roads.

Some of our runners had also planned to enter the (arguably aptly named) Nutter's Cross Island Run which follows a steep and not particularly wellformed track across Rarotonga. Unfortunately, due to some wet weather which made the track too slippery, this run was cancelled. Some of our team tackled this track on their own and were rewarded with some

Round Rarotonga Road Race

fantastic views.

With the scheduled running events over, it was time for farewells. Our first overseas running trip was a resounding success. We all had a fantastic time exploring a beautiful part of the world and enjoyed a lot of laughs and great company.

If you would like to join us, our regular Thursday 5km events are a good place to start. We meet each week in

front of the playground by the Māpua Hall. We start at 5:15pm for walkers and runners that need more than 30 mins to complete 5km and anyone with a four-legged running buddy, and at 5:30pm for everyone else. There is no need to register in advance — just arrive a few minutes beforehand to sign in and to listen to the course



briefing

You can also find us on Facebook: Ruby Coast Running Club.

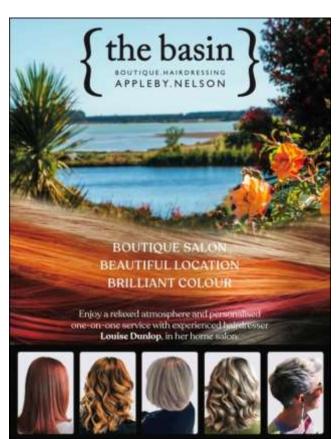
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Māpua Craft Group

uring our October meetings, we tried teabag folding to attach to Christmas cards.

This month will see us making cards with some donated to the Māpua Library for sale, to assist with their funds. You may need to be quick as these usually sell well! They will be priced at \$3 each or \$5 for two. There will also be bookmarks at 2 for \$1, being so useful for children as they are able to write the page number on the card.

At the last meeting, two ladies called in for a chat and coffee. They were each given a pale pink rhododendron and we hope that they are able to come again.

November dates are the 1st and 15th where we share food, magazines and ideas, making an enjoyable social morning.

The attached photo shows a woollen blanket made by Elizabeth, one of our members.

Just a reminder that as we have no Post Shop in Māpua now, one needs to plan what postal shopping is necessary in either Richmond or Motueka, and post any parcels there. We only have a mailbox here now, next to where the pharmacy was.

Barbara - 5403901 and Val - 5403931.





Noticeboard

Tasman Area Social Walking Group: welcomes all to our Wednesday 9.30am walks. 60-90 mins walk & then coffee. Walks vary & support local cafés. Info: Fiona 021 232 6089 Māpua Friendship Club indoor bowls, first & third Mondays, at Māpua Bowling Club rooms. Bowls 2pm, then "bring a plate" afternoon tea. \$3 door fee. Lots of laughs and non-competitive. For more info contact Val 540 3685

Nelson Branch RNZAF meets 2nd Saturdays at Phils Restaurant, Club Waimea, Richmond. ex RAF, RNZAF or others with interest in aviation. Contact: John Bethwaite, 035476634 or Trevor Squires, 039706644. Meal \$25.

Craft Group: please check with Barbara or Val that meetings are going ahead. 03 5403901

Stamp & Coin collections in Māpua/Ruby Bay & the Moutere evaluated & purchased. Nick Ferrier 021 688243

Pastel Artists Nelson: meet Tuesdays 9am-noon, Bill Marris room, Hall. Visitors welcome. Marg: 027 257 1857

Coastal Stringers: Ukulele & guitar group meet Fridays 1-4pm at Bowling Club. All welcome, just arrive & enjoy the singing. Contacts: Colleen 5403010, Diane 5402627.

Māpua Women's Rec Group. Come and join our friendly social walking group. Meet outside Village Mall Thursdays 9.15am. Options for all fitness levels plus activities and social events. mapuarecgroup@gmail.com or just turn up.

Knit & Natter group now at Appleshed: 10am Tuesdays. Contact: Debbi 027 327 4055

Motueka Toastmasters: Speak with more confidence? Meet 1st & 3rd Weds, 6.45-8.30pm, St Johns rooms, Jack Inglis hospital. Visitors welcome. Info Peter 027 7468311.

Re-cycle Printer Cartridges at the library. Volunteers are happy to collect printer & photocopier cartridges and transport to recycling centre. Blue bin in our foyer.

Tasman Golf Club: Mixed Social 9 Holes of Golf. Tee off 9.30am Fridays. Friendly group, all levels very welcome. Cost: \$25 for non-members. Ph: Lyndal 03 5266819, teeup@tasmangolfclub.com or just turn up at Kina

Ruby Coast Newcomers Social Group: meet new people, make new friends. Coffee 10am last Fridays at Tasman Store and occasional social events. Just turn up. Vivien/Richard 526-6707

Tasman Dippers: A casual collection of people who enjoy connecting with the open water. Year-round dips or swims in the sea at Rabbit Island. Info: www.tasmandippers.nz

Māpua Boat Club welcomes new members. No boat required. Social nights Thursdays 5.30 - 7pm at Club rooms on Māpua Wharf. Raffles, cash bar, snacks, regular guest speakers. To join, contact Secretary, Katrina 0211393945

Spinners, Knitters, Weavers: Creative Fibre Group, Māpua Hall, second Tuesdays 10am. All welcome.

Quakers meet at Family Service Centre, Motueka 10am 2nd Sundays. All welcome. Enquiries: Linda 027 447 6435.

RSA: Anyone interested in joining Moutere Hills RSA is welcome. No service history required. Catch up & meet new members. Nic Poultney 021 220 3920 or 548-4420

Toy Library: extensive selection of toys, puzzles & videos for children 0-5yrs. Māpua Hall Monday afternoons 2.30-4pm. mapuatoylibrary @gmail.com

Māpua Art Group meets Bill Marris Room Māpua Hall Thursdays, 9.30am-12.30pm. Paint, draw, in a social environment. All levels, media. \$5 incl morning tea. Tables, chairs, easels provided. mapuaartgroup@gmail.com

Māpua Community Choir: 4 part harmony, no audition necessary, small koha, Māpua Hall 7.15pm Thursdays, enquiries Helen: n-h.bibby@actrix.co.nz

MDCA: Māpua & Districts Community Association meets Feb-Dec, 2nd Mondays, 7pm Māpua Hall; info@ourmapua.org

Kids 'n' Koffee Playgroup: Wednesdays 10-noon during term time, at the old church building. 0-6 year olds. Morning tea provided. Gold coin donation. Info: pippie.d@gmail.com

Playcentre: behind the tennis courts at 84 Aranui Rd. Come & play — Mondays & Thursdays 9.30-noon during term time. mapua@playcentre.org.nz

Ruby Coast Running Club: 5k run Thursday nights 5:30pm. Also runs most mornings. Find us on Facebook or contact Debbi 027 327 4055.

Fibre Craft Sunday. Birch Hall, Richmond A&P Showgrounds. Last Sundays 1.30-3.30pm. Learn to spin, knit, felt or weave. \$5 includes tea or coffee. All ages welcome. Richmond Creative Fibre Group: Diane 547-6517 or Karyn 544-9709

Motueka Senior Net. Tech for mature adults. Monthly meetings. Help sessions 2x/month. De-mystify technology in a fun & friendly forum. Clubrooms 42 Pah St, Motueka. Seniornetmotueka.org.nz

Coastal Garden Group meets 1pm first Thursdays, Tasman Bible Hall (opp. Jesters). All most welcome to share their love of gardening. Guest Speakers, Workshops, Garden Visits. Info: coastalgarden.group@gmail.com

Sing Your Lungs Out! Free community singing group for anyone with respiratory issues. Morning tea. Singing improves your lung health! 10am Mondays, Te Awhina Marae, Pah St, Motueka. Pip 0274 282 693

Tasman Area Community Association (TACA) 7.30pm last Thursdays (x Dec) Tasman Bible Church. Residents of Ruby Bluffs to Tasman & Kina welcome. Info: Facebook or www.tasmancommunity.org.nz

Motueka Scottish Country Dance Club: Weds 7.30pm Lower Moutere Hall Scout den. No partner needed, dress casual, wear soft flat shoes, beginners welcome. Good exercise, lively music. Contact Fay 021 039 3559 or Alison 0220 363 891.

Nelson Trout Fishing Club: 7pm 3rd Wednesdays, Fish & Game Rooms, 66/74 Champion Rd, Stoke. Beginner or expert. Courses, field trips, speakers. Open to all ages. Info: 03 5476432, secretary@nelsontroutfishingclub.com

Club Notices are free. Others by gold coin donation to one of the distribution boxes.

Please make sure contact details are up to date. Check out www.coastalnews.online to see the issue in colour.

Your notice here.