

Region's beauty, diversity showcased



An exhibition of 95 photos at the Māpua Museum proved a popular attraction during October.

The images were entries in the annual Māpua Boat Club Amateur Photographic Competition and judges Jane and Neil Smith of Chocolate Dog Studio were impressed with the photos. "The standard was just as good as last

year. The entries are always impressive and this year there was a good turnout. The children's section was particularly high quality, and we only wish there had been a few more entries to choose from in that section. Good to see some excellent black and white work in both the children's and adult categories," they said.

The winner of the Nature and Boat sections of the Children's competition was Lars Stock who was also the overall winner of the Children's category. Judges' comments were: "Macro close up of the bee entering the flower, demonstrated composition and beautiful colours of the bee and flowers".

Winner of the children's people section was Shiloh Ranson.

In the adult section of the competition Weronika Figiel won the People category with a black and white image of a homeless man. The Judges' comments were: "Great character. Sharp and detailed. Wonderful cheeky expression".

Another of Weronika Figiel's images was judged runner-up and Owen Fisher's photo was commended.

Mike Loughran won the adult's Nature section with an underwater photo of a starfish. Judges' comments: "Clarity and interest. A fascinating shot beautifully captured."



Winner Nature section Mike Loughran

Runner-up: Neil Stringer and commended: Raewyn Wood.

Winner of the Boats section

and overall winner of the competition was Monika Szyburska with a photo of a yacht at mooring. Judges' comments: "Elegant understated, controlled colour."



Winner Boats section and Overall winner Monika Szyburska



Overall winner Children's section Lars Stock

also the overall winner of the Children's category. Judges' comments were: "Macro close up of the bee entering the flower, demonstrated composition and beautiful colours of the bee and flowers".



Winner People section Weronika Figiel

Thank you to our sponsors:

Copyart for printing the images and poster, Appleshed and Jellyfish, Rimu Bar, Hamish's, The Smoke House, Delicious

In appreciation

In last month's Coastal News, I wrote an obituary for Peter O'Halloran, and one month later I'm writing to express my profound amazement and gratitude to all the people who have responded to our family with beautiful flowers, cards, visits, and support for us all.

Actually, I have NEVER had so much baking in my house, and I appreciate all your encouragement just so much.

Peter would be thrilled (and probably relieved) to know Nico and I are getting so much support from this wonderful community.

Thank you, thank you, thank you,

Di


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Letters to the Editor

Streets for People

I am very concerned that the article “Community outrage over planter boxes” in the Nelson Mail on 16 October suggests that the community at large is “outraged”. I certainly am not.

I know that there is a very loud group that are very much against this initiative, but whether they represent the community is highly questionable. The Nelson Mail reported that some of this group refer to the “2030 agenda”. To me this shows some conspiracy-thinking fuelling the objection to this project.

Streets for People, initiated and funded by Waka Kotahi, is a great initiative, aiming (using my own words) to change 'streets-for-cars' to 'streets-for-people' by claiming back some of the public space for safe walking and cycling.

It is also important to recognise that this is a trial, hence the use of 'moveable objects' so that changes can be made. Once the best solution is confirmed these features can be changed into more permanent structures.

I do hope that TDC, by starting and supporting this project, will be committed to this more permanent transition over time. The consultation on the Long Term Plan (LTP) is the place to remind council on this.

My first experience with the layout is very positive. Coming onto Aranui road you are forced to drive more slowly, as intended, which makes the gateway into Māpua much more attractive, better and safer. The pedestrian crossings are also a big improvement. I certainly don't experience the traffic-calming features as unsafe or annoying. I also appreciate the new walkway on the west-side or Aranui road.

However, I am disappointed with the way the consultation was undertaken by TDC and some of the design outcomes. The main issue is, I believe, the kerb in the middle of the cycle lane. Alternatives suggested by members of the working group were not properly considered but can still be implemented.

As part of the working group meetings, most of which I attended, I noticed that the concerns of some parents were ignored and talked over by (the same?) people that didn't see the benefit of this project and referred to how Māpua was 40+ years ago, 'perfectly safe' with big apple trucks driving to and from the wharf. The parents confirmed that they often felt unsafe with their children walking along Aranui Road.

At meetings held by the MDCA, the safety concern of the layout before the changes were made was also mentioned by more senior members of the community, referring to some dangerous encounters on Aranui Road.

For the next phase, the feedback phase, it is very important to identify further improvements. I hope this feedback process is well designed and asks the right questions.

So please let's stay even-headed, let's not throw out the baby with the bathwater and encourage council to make further improvements. Make sure the positives and the 'need further improvement' comments are provided during the upcoming feedback process by all of you.

Jan Heijs

Streets for People

I joined the Māpua Streets for People Working group in November last year and contributed to all the meetings until June this year. After a few meetings the group had reached a consensus and a sensible plan was agreed on, based on advice from the consultants regarding safety and the budget restraints.

The consultants then made several changes to the agreed plan and would not listen to reasoned arguments to revert to that plan. Some of us consider that our views and the work we carried out on this project have been ignored.

The most important change was to combine the new narrow cycle lane and the existing footpath into a “shared path” (with a fixed kerb running down the middle) and then to make it two-way for the cyclists. This is despite the fact that two-way cycle paths are eight times more dangerous than one-way paths.

We were told this by the same consultants early on in the meetings. It means that an electric bike travelling at 30kph could be travelling against the flow of schoolchildren at 3.00pm in the afternoon on a very narrow path. This is an accident waiting to happen.

We now have a scheme in place that does not make sense. The new path in front of Aranui Park is one big win and has now been designated a shared path for pedestrians and cyclists riding north. So why is there signage and confusing painted arrows encouraging cyclists to ride north on the cycle lane on the other side of the road?

Large two-way cycle signs have been painted on the road in the central area, where there are no cycle lanes, which indicate that cyclists should ride on the road. So why are there conflicting signs and arrows outside the Medical Centre and the Four Square encouraging cyclists to ride on the pavement?

I have demanded that these anomalies are corrected as soon as possible, rather than waiting till next year “to see what happens”. It will be too late when someone is injured.

Other things that were on the original plan but have been deleted include:

1. Pedestrian crossings at Toru Street and Higgs Road. These could have been painted on the road without the humps which were a problem for the buses and drainage. TDC have claimed that crossings must be raised, yet there are recent examples in Queen Street and Waimea Road where they are flat.
2. A cycle rack outside the Four Square. This was on the plan for months but has not been installed.
3. Notices telling residents how to give feedback.

On the positive side we have gained three crossings, slowed the traffic and gained a sealed path in front of Aranui Park. We just need some common sense applied to the cycle lane and additional crossings.

I urge all Māpua residents to let TDC know your thoughts as soon as possible, both positive and negative.

Del Trew

Book review *John Leydon*

“Without Remorse” by Tom Clancy

Whatever action fiction you read today, you can bet that it is Israel or the Ukraine that are under threat, and that the bad guys, probably from Russia or the Arab world somewhere, are doing the threatening. This is because novelists have moved on from World War II, Vietnam, the Drug Cartels, and the Cold War. This century the action has centred on the two countries mentioned above.

So, I am not going to tell you about two of my favourite characters, the American CIA Assassin Mitch Rapp, whose adventures are recorded by Vince Flynn, or the Venetian art restorer Mario Delvecchio who sometimes moonlights for the Israeli Secret Service, and who is the creation of Daniel Silva. Both authors are well supported by the Māpua Library.

Both of these heroes are ably supported by a cast of thousands, and Tom Clancy's well known leading man, Jack Ryan, is no exception.

Many of his stories eventually call on the services of John Clark. A man with a shadowy past, probably as a former Special Forces member, or a Seal, or Delta, or something even more lethal, if that is possible. A man who seems to make his own rules, while like the two mentioned above, and our old friend Jack Reacher, often seems to be doing the wrong thing, but at the right time and for the right reason. And so, they end up smelling of roses while the opposition disappears, often without trace.

‘Without Remorse’ is the start of the John Clark (as it turns out, not his real name) story. The background to his

specialised profession and the way the events of the time, primarily the Vietnam War, or the American War if you live in Vietnam, shaped his career. Like many of his time, the action of his military service, and the skills that had kept him alive for the war years have little use in civilian life. But events conspire to give Clark the chance to use those skills to go after a drug ring. And to do a mission for the

CIA which gives him a good reputation with the right people and makes some of his wrongs go away.

You will know him as a family man who has quick and effective solutions to events affecting the security of the USA.

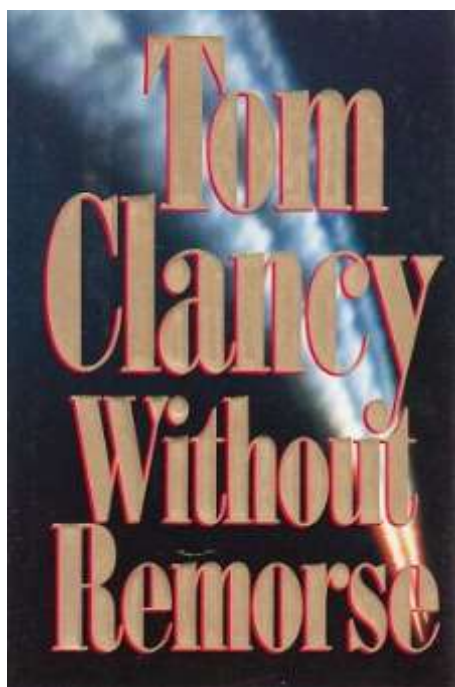
You will discover this is not the whole story, and the rest is probably just as you imagined, and is very entertaining.

This is the first of three books where John Clark is the lead character, and he appears in most of the Jack Ryan and Campus stories as well.

Some of the many characters in the Jack Ryan stories make their first appearance in this book, notably Sandy O’Toole and Portgee Orezo. He marries the former and reappears from the dead for the latter. Keeping the continuity of a large cast is a

major skill of a novelist, and Clancy is no exception. His ‘old boys’ network’ always enables him to get the right information, have the right people on hand, or to get them to get to the right place, usually just in time.

Just like the other authors referred to above, while all of these books are stand alone, reading them in chronological order makes life easier as some of the characters do come and go!



Māpua Craft group

It is time to think of preparations for Christmas, visitors and overseas mailing! Latest mailing dates are Australia economy 29th November; UK, Europe 24th November; Rest of the world 20th November; New Zealand 18th December.

A home-made gift or card with kind and thoughtful wording means so much to long-time friends and relatives who have moved far away either in NZ or overseas.

Here's a culinary tip: Instead of stuffing a chicken or turkey where the stuffing may turn out soggy, try baking it in a shallow dish. The quantity depends on how many you need to feed. I use breadcrumbs, finely chopped onion, fresh herbs, grated lemon rind, chopped dried apricots, pepper and salt. Mix well with one or two eggs and juice from the lemon. Place in a greased dish with dabs of butter on top. Do not press down too firmly. Bake at 200° C for about 20-25 minutes. Cut into squares to serve.

Barbara 03 5403901



“Spring into Summer”

A musical event coming to Māpua

On Sunday afternoon, 26 November, four musical groups will gather to strut their stuff and lead a community singalong.

You will have heard about, or some of your friends will belong to, the Māpua Community Choir or the Coastal Stringers, both of which meet every week and regularly advertise in the Coastal News.

Here is your chance to taste and try! They will be joined by two other singing ensembles: Nelson Bays Harmony chorus, a women’s four part acapella group, and Tasmonics, a mixed four part acapella group.

Both groups have given concerts here before – Nelson Bays Harmony two years ago, debuting a memorable choral piece called Call of the Ocean, and Tasmonics five years ago for a community fundraiser in its earlier form called Men in Accord.

Each of the choirs will perform some of their songs, then the Coastal Stringers and Māpua choir will lead the audience in a community singalong. Who remembers old favourites like “Beautiful Sunday,” “Top of the World,” “Blue Smoke,” and the lovely “Pokarekare Ana”?

Time: Sunday 26 November, 2:00-4:00 pm

Cost: \$10 adults; \$5 school students.

For more information and purchasing of tickets, visit <https://www.trybooking.co.nz/PYR>. Some door entry may be available. And don’t forget to bring extra coins for the raffle!

The poster is titled "Spring into Summer" and is for an event on Sunday 26 November 2023, from 2:00-4:00 pm at the Māpua Community Hall. It features four photos of the participating groups: Tasmonics, Nelson Bays Harmony Chorus, Māpua Community Choir, and Māpua Coastal Stringers. The text on the poster includes: "An afternoon of harmony featuring four local singing groups and community singalong! Book your Tickets at <https://www.trybooking.co.nz/10781> Also door sales if tickets are still available."

Ruby Coast Running Club

With daylight savings and the milder temperatures, we have had some lovely conditions for our Thursday evening 5km events recently. It really is starting to feel quite summery.

If you would like to come and join us, we meet every Thursday by the playground next to the hall. Walkers and any runners who need more than 30 minutes to complete 5km start at 5.15pm and all other runners start at 5.30pm. Just come along a few minutes before the start time to sign in and to listen to the course briefing.

Each week we run (or walk) one of six different regular 5km courses. All the courses start and finish right by the entrance to the domain – which is conveniently right across the road from the Sprig & Fern where we catch up for refreshments afterwards.

You can find out more about us, including details of the 5km course we will be running that week, on Facebook: Ruby Coast Running Club.

A number of our runners took part in the final two events in this year’s Sprig & Fern 10km series.

The Motueka 10km event took place at the end of September. It was a scenic run with most of the course following the Motueka Inlet Walkway. It was, however, also quite challenging due to a strong, cold head wind for the first few kilometres. This did not deter our runners who all achieved good results.

The last in the series was the Māpua 10km event on 14 October. This was also a scenic (and very familiar) course which took in the Ruby Bay section of the Great Taste Trail. We had a really good turnout for this local event and there was great weather for the run as well.

We also had a group of runners take part in the Abel Tasman Coastal Classic on 7 October, an approximately 33km trail run on the Abel Tasman Coastal Track from Awaroa to Marahau. The weather conditions were perfect, and everyone had a great run. For some of our runners it was the longest distance they had ever run.

We also had two runners placed in their respective age group categories: Christine (first) and Graeme (third). So, there were a lot of achievements all round - well done everyone!

Coastal News Advertising Costs

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There is no separate January issue.

E: news@coastalnews.online for more information.

Māpua & Districts Community Association (MDCA)

Summary from public meeting 9th October



Presentations

Helen Bibby - 10th anniversary of Dominion Flats

Helen, Neville, and their team of volunteers have achieved incredible results over the last 10 years, from a bare paddock to an amazing area where trees are thriving, tracks are formed, and wildlife is returning. Helen gave a talk about the work carried out and the funding sources used to get trees, workers from many sources, and materials supplied. A copy of Helen's presentation will be uploaded onto MDCA website under the 'Our Māpua' tab, then 'Our Environment', to 'Dominion Flats Reserve Project'.

Tony Jemmett - Māpua Tennis Club president presented a management update from the Tennis Club; what's happening, where are they at:

- The lights are up.
- The resurfacing should occur in two weeks, but this is not confirmed. Lights and resurfacing have been paid for mainly by TDC.

Future wish list

- 1 Some internal structures
2. Storage space, changing rooms, running water, power and pavilion.

Court Access

- Is via a locked gate that is only opened following an online payment of \$5.00 per half hour to gain an access code.
- Free public access will be available for two hours on a Saturday and one other day through the week.
- Club membership will be made available to the school. Club membership is on the increase with 80 senior and 85 junior (under 15yrs) members.

Future Plans

- Through the TDC LTP and Reserves plan processes, the club has asked for two additional courts to be provided to cater for non-club members and visitor demand over the Christmas break. Location of these courts yet to be determined.
- The club has been approached by Cllr Mike Kininmonth to see if they were open to sharing club room facilities with the Football and Cricket Clubs. The dilemma is where to locate a facility. The ideal location for the Tennis Club would be where the current pump track is, yet a pump track upgrade is in the pipeline. This could cause a conflict.

Community concerns aired

- Parking for visiting players. Tony said the club was not concerned about this.
- It was clarified that the courts belong to TDC and that since this is a community asset, it should be not shut off from the use by kids and residents of the community. The response was that the club needs to know who is using the courts and that they are safe. *Why?* There was no time to ask this question.
- Why did the club decide to raise money through the rates funding, why not use other funding sources? *Because the TDC recommended this as the avenue to be used.*

- How many competition teams are there? *Nine teams.*

TDC Councillor report

Dan Shallcrass

- Masterplan early engagement has been completed and 700 residents have responded; 100 on the open day gave feedback.
- Dan has been involved in Māpua pump track upgrade plans – the upgrade plan will tie in with the Reserves Plan. For an example of what the upgraded pump track may look like check out the one in Wakefield.
- Dan was asked why he was excited about what is happening in Māpua – he said no real plans but maybe club rooms as youth are wanting a place to hang out in the evening.

Christeen Mackenzie

LTP is ongoing for Cllr's and Managers. Don't know what the financial picture is as yet. It will be a hard decision as costs are rising and rates increasing.

- Masterplan – community issues raised by community will be looked at with a draft plan out by January.
- CEO, Janine Dowling has resigned as of end January 2024
- Those on low incomes can apply for a rates rebate funded by Internal Affairs. Maximum rebate is \$700.00.
- There is uncertainty at the moment with the elections looming. A lot is going on with what's coming down from central government.

Questions asked of Christeen

- In TDC documents it states that feedback does not have to be taken into account, only consultation does. If council is seeking community input, why are they asking for feedback rather than accountable consultation? *Christeen responded by stating when decisions are being made, they need to be made public.*
- Māpua projects seem to be ending at the end of 2030 - 31, yet project dates appear to be carried over. *Christeen responded stating there are many reasons for project over runs and that TDC can extend project end dates and carry the money allocated over from one financial year to another.*
- Will the two lanes going up the Bluff hill be reinstated soon? *Answer: No. More time is needed to see the stability of the slope.*
- TDC documents also state that petitions do not require to be taken notice of. At a recent TDC full council meeting Cllr Kininmonth questioned Jamie McPherson (Transport Manager) how the 216 signature petition he presented to TDC was taken into consideration. After a long silence Jamie said he hasn't taken it into consideration. The CEO stated TDC do not have to respond to a petition. Therefore, if TDC are not required to respond to feedback, if they are not required to respond to a petition, the only avenue left to residents is to make a formal complaint. Consultation does require TDC to consider all

Continued on page 7

Continued from page 6

community responses. A motion put to the floor was successful: MDCA to go back to TDC to look at their consultation process with regards the public.

Christeen stated – the LG Act requires TDC to provide clarity with regard plan changes. However, other consultation is not covered under the LG Act.

Marion explained in the past petitions were acknowledged and listened to by TDC. Many years ago, when there was no Light Industrial land available, she petitioned TDC and TDC took the situation very seriously and worked closely with her and a landowner to provide this much needed and valuable business opportunity for Māpua. At the time TDC's view of Māpua was a residential area that fed into Motueka and Richmond commerce.

Māpua Waterfront Working Group (MWWG)

Communication was received from TDC today stating that TDC will no longer provide staff to this group. The group is currently considering whether to continue independently.

Māpua Streets for People Project

There is a lot of unhappy residents via the Māpua Village Facebook page. An email from a resident:

1. Why does the cycle path stop at a commercial enterprise and place cycles onto the pavement when that particular area would have an increased pedestrian population? This seems unwise given the increased probability of an accident.

2. Why does the cycle path leading out to the crossroads of Māpua Drive and Aranui stop at the Aranui Domain, essentially forcing cyclists to cross the pedestrian crossing when there are a significant number of cyclists who would wish to turn left at that crossroads and continue up the hill? Those cyclists now have to effectively go over a "hump" and continue on the road which seems to defeat the object of keeping cyclists in a safe place.

A report was received from Vincent Revell (Streets for People project manager) which didn't provide the information requested.

Del Trew spoke about his experience being on the community working group. Del is also a member of a walking and a cycling group. In the early phase of the working group a good plan was agreed to by community members in attendance to include a one-way cycling system on both sides of Aranui road. The group was told at the time that one way cycle way systems were a good safe solution, and that two-way cycleways systems were eight times more dangerous.

The agreed plan was changed by the consultants without the agreement of the working group. We have ended up with the statistically unsafe two-way cycleway, which is dangerous, there is not enough space for two way cycling due to the limited space, the raised dividers are a safety hazard, and there is a kerb in the middle. These do not stand up to the required safety criteria.

Del encourages residents to formally complain. Rob Smith (resident and TDC staff member) suggested residents use the 'Antenna' app for registering problems/complaints.

Outcome: MDCA to write to TDC to ask:

1. What steps, if any will be taken to address the community concerns about the safety aspects as above.

2. How the gutters will be cleaned behind the planter boxes.

3. Who will be maintaining the plants in the planter boxes?

Dominion Flats

CIlr Christeen Mackenzie thanked Helen and the teams of volunteers for all the work they have done over the years at Dominion Flats.

The 10-year celebrations begin Friday 3rd November at 2pm - a walk through Dominion Flats, then, Friday 3rd November 3pm at Māpua Hall.

Māpua Masterplan from TDC

Community concerns

- consultation process needs to be open and transparent.
- What is the community process and how will this be conducted?

The themes and principles are vague. It was explained that the 1st phase is vague so as not to be leading and the 2nd phase is more defined. The problem is there are so many ways to interpret these that the plan is not easy to understand.

It was suggested to visit 'Shape Tasman' online for more clarity.

A summary of the feedback is required before the draft document is made public to understand how the feedback has been interpreted.

CIlr Christeen Mackenzie stated there were 700 submissions, 350 people have been spoken to.

CIlr Christeen Mackenzie is going to follow up the following questions:

1. What's the methodology being used to develop options?
2. What will the second round of consultation be like?

MDCA works closely with TDC to ensure our community functions in a way that suits the majority of our residents. To have a vote that counts, become a financial member of MDCA by simply paying \$10.00 per person per year into our NBS account 03 1354 0356471 using your name and phone number as references.

Next Public meeting to be held on **Monday 13th November, 7pm, at Māpua Hall.** Jan Heijs will be giving us a update on the wastewater overflow experiences over the winter within the Māpua Estuary.



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Māpua Village Bakery



Staff Update

Many of you will know Jason Wood, our experienced Barista and longest serving staff member. He's been at the bakery since it was the Naked Bun many years ago now. Jason was raised in Geraldine, but has made Upper Moutere his home for around 2 decades.

One of the things he likes about the bakery lifestyle is it gives him time to enjoy his passions, gaming and dogs. He still works as a semi-pro gamer, and loves looking after rescue dogs in the area. Bruce the Wonder Dog is perhaps the world's only leaping English Bulldog and is Jason's best mate.

Jason loves working at the bakery because he loves all the locals and super-cool regulars (Hi Bill!). And he loves that dogs are welcome to visit the bakery along with their companion people.

When he does take a break, you might find him sipping a macchiato. Make sure to say hi next time you see him.

New Menu Item - Cheese Platters



Since we now have a display fridge full of local cheeses it would be a shame not to highlight them on the menu. So we've put together a small cheese platter. It contains 50g each of Little River (Moutere) Brie, ViaVio (Nelson) Monello, and Kervella (Golden Bay) Temptation.

There's some bakery-made bread and crackers as well, and a bit of Nelson Naturally mango-lime chutney to top it off.

If you want the full platter you can add 50g of Cranky Goat (Blenheim) Nag as well. It's a famous local goat cheese with heaps of goaty goodness.

The 3-cheese platter is \$29 and the 4-cheese platter is \$36.

Don't forget if you like them you can find them for sale in the display fridge out front!

Pet of the Month



Alec here is a four-year old Labrador-kelpie cross (we think) rescue pup who is a regular at the bakery.

When not asking for a tasty bakery doggie treat you can find Alec out at Ruby Bay hanging out and playing with his mates. They all love a good splash in the water, but Alec really isn't a big fan. If it gets too fun they can get him in a bit though.

Lastly, don't try and get Alec to do any tricks for you. He hasn't really bothered to learn any because he just loves people so much he just loves cuddles and pets and hanging out with friends. Maybe he'll learn some when he's an old dog.

Family Size



In a world of fast food and snacking it's sometimes nice to have something slow and filling for the whole family. And if you like our pies and quiches you're in for a treat.

This is really just a reminder that in addition to regular sized pies and quiches we also have family sized ones. Great value and enough for everyone!

They're in the display along with all our large tarts and cakes, just in case you also want dessert.



The Write Bias

News from Māpua Bowling Club

Well, the Club did open as scheduled on Saturday 23rd September but there was no bowling. The greenkeeper declared the green too damp for play; no damage required this early in the season! Instead, there was a get together indoors and the members were delighted to welcome Elaine Hemi, President of Bowls Nelson, and Alan Griffiths, Bowls Nelson Life Member to join the conversation and afternoon tea. Instead of play, it was an opportunity to talk about the proposals for bowling, coaching and tournaments in the year ahead.

Since opening, there have been plenty of roll-up sessions on Tuesdays, Thursdays and Saturdays and anyone interested in trying lawn bowls is welcome to attend at any of these sessions. Help and equipment is always at hand.

Some of our players have been straight into action at the Inter-Centre 5's competition. Five ladies and five men played for two days as teams of pairs and triples. No winners from Māpua this year but credit to the men's pair, Ian Benbow and Jayden Menzies who won three of their games, drew one and lost one.

The Saturday morning President's Trophy runs throughout the season with matches against teams from all the local clubs. Māpua has often done well in this event and will be fielding teams again this year.

Club championships will be underway from the end of October, singles, pairs, triples, and fours with the winners eventually going forward to the Centre Champ of Champs events.

The Club also organises its own championships; the Thomas Trophy for mixed pairs and the John Higgs Memorial Singles for players aged 75+. I know, unbelievable, we have players that old!

Two memorials are happening at the Club during October, and it is hoped they will both be a joyful way to remember our fellow bowler, John Trotter and local resident, Peter O'Halloran. Both are already missed. The Club members send their best wishes to the families of John and Peter.

For any information about bowling, coaching, the Friendship Group or booking the Clubhouse and facilities, please contact the secretary, Di Blanchet on 03 540 2627 or check out our website, sporty.co.nz/māpuabowls

Sue England

Māpua Masterplan

Thank you for your support of the Māpua Masterplan so far.

Tasman District Council had a great response from the Māpua community during the early engagement period. Your feedback and suggestions will be a big help in developing the Māpua Masterplan.

Our team spoke to over 350 members of the public during the four drop-in sessions held in the village.

More than 1,000 pieces of feedback were received during the engagement period, from written submissions provided at the drop-in sessions to the many online contributions through the Shape Tasman website.

We sought public feedback on a series of draft principles, issues and opportunities previously identified, as well as any aspects that had not yet been considered.

We have enjoyed hearing from a range of ages and interests within the Māpua community about what is important in planning for the future.

Here's what you told us were the most important aspects to consider:

Managing infrastructure requirements, housing density, maintaining/improving existing green spaces and creating more recreation areas were among the key issues raised for consideration.

Other suggestions included acknowledging the area's cultural identity, ensuring connectivity between different areas and enhancing boardwalks and coastal connections.

A detailed summary of the feedback can be found at shape.tasman.govt.nz/mapua-masterplan-2023.

What's next?

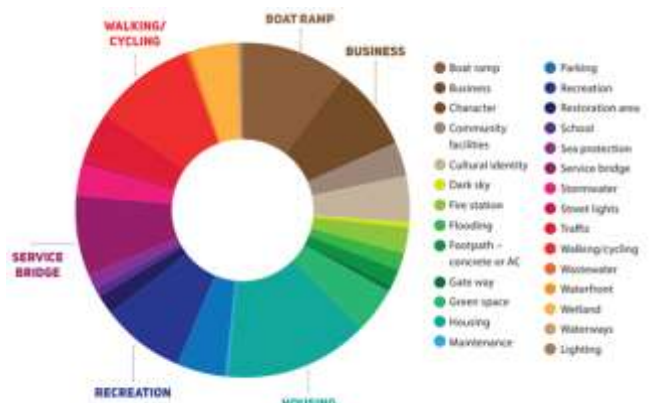
Staff are now working on options to address the issues and opportunities that have been presented, before undertaking a second round of community engagement on these options.

Due to the high level of responses, it will take longer than initially anticipated for staff to process feedback and develop options. As a result, the second round of engagement will now be early next year.

This is scheduled to take place at Māpua Community Hall, 72 Aranui Road, on the following days:

- Saturday 10 Feb 10am - 3pm
- Thursday 29 February 2pm - 8pm

We will continue to keep you updated on our progress and processes in the weeks ahead. Thanks again for your support.



What's on at Hills Community Church?

Sunday

Morning Service followed by Morning Tea - 9:30am

Youth Group – 6pm to 8pm

Food, fun, fellowship, friendship.

Wednesday

Senior Moments – 2nd & last Wednesdays each month.

10am to 12pm

Friendship, food, events and information.

KidsnKoffee – Community Playgroup – 10am to 12pm

A great space for all the whanau.

Thursday

Prayer and coffee – 10am

An opportunity for prayer, discussion and a chat.

Friday

Craft and Coffee – 10am to 12pm

If you love all things "crafty" then come along and join the group.

Throughout the week

Life Groups

Drop in for coffee, chat or just a quiet space.

For more information contact Hills Community Church

Phone 03 540 3848

office.hcc@xtra.co.nz

www.hillscommunitychurch.org

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Our latest news & adventures



Holiday Programmes Inspire Discovery

We had a blast over the school holidays! Here at Whenua Iti, we didn't shut down over the holiday period. Instead, the same experienced staff who deliver our core education programmes ran awesome holiday programmes. These holiday programmes weren't just about keeping students occupied; they were crafted to instill a sense of curiosity and awareness. Participants not only had a great time but also gained insights into their capabilities, fostering personal growth and self-discovery. We had multiple programmes running with our aim to deliver valuable learning experiences. Check out our website for this summer's holiday programme offerings!

Improving How We Recycle

Whenua Iti aims to be an organisation where the environment is at its heart with environmental sustainability practices incorporated into everything we do. As an organisation we are committed to continually improving and reporting on our environmental practices. One of our amazing instructors Rosey has been working hard to figure out ways that we can improve. Rosey organised a fun staff training "rubbish race" to correctly sort our waste. If your bins have more than 10% incorrectly sorted they will go straight to landfill so it is important to get it right!



Go Wild Holiday Programme 'Beach Day' at Kaiteretera

Duke of Edinburgh's Award (DOE)

The DOE Award inspires youth achievement and is open to anyone aged 14-24. The Award has three levels, and participants complete four sections at each level: Voluntary Service, Skills, Physical Recreation, and Adventurous Journey. This holiday, a group of 5 students went on their Gold Adventurous Journey. For this, they had to demonstrate tramping skills, self-management, personal development, and leadership. The gold award requires 8 hours of purposeful effort each day. As part of the journey, the students spent time planning their journey at our base before heading to the Cobb Valley.

Waka Journey For Teachers

To help support local kaiako on their learning journey in te reo and tikanga Māori we facilitated a waka journey experience for teachers from our local Kahui Ako during the last school holidays. The journey allowed kaiako to immerse in a responsive, relationship-based learning space, exploring strength-based approaches to integrate into their classroom. Ngā mihi nui to everyone for taking time out of their holidays to take part in this special PLD experience with our kaupapa Māori team. Ngā mihi nui ki Waka Abel Tasman for supporting this programme.



Duke of Edinburgh tramping in Kahurangi National Park

We'll see you out there!

www.wio.org.nz



Lynda's Exercise Classes in the Mapua Hall

Term 3/4 started August 8th and goes till Dec 22nd (excluding October holidays and a few random Fridays, some of which switch to Thursday.)

Regular fitness and Strength classes for all levels.

Cardio/Weights Tuesday 6 pm,

Old-fashioned Aerobics Wednesday 9.05 am.

Cardio/Weights Friday 9.05 am.

Pilates Wednesday and Friday 10.05 am.

5-trip ticket \$50; 10-trip ticket \$80; 20-trip ticket \$150; 30-trip ticket \$210. Casuals – yes, \$12 per session.

Top-ups for single sessions on your ticket \$10.

Please contact Lynda for details,

lyndamabin@gmail.com 027 222 1491.



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Māpua Health Centre news

The TDC has just reinstated our disabled parking area in front of the health centre after objections were raised. There are also two spaces available directly across the road from the health centre and one at the back of the building with its own ramp access to the back of the centre.

As you will know, we no longer require patients to wear masks, however for those with respiratory or contagious symptoms we are still using the back carpark, so please let reception know in advance if you have any concerns about having an infectious problem.

We are pleased to be able to offer travel consultations for those going overseas and requiring vaccinations or malaria prophylaxis, and we now have a skin-check clinic run by Irene Minchin. Please contact Reception for details, 03 540 2211. Our evening clinic has moved to Wednesday for the spring/summer months with Andre Bonny, providing appointments from 6pm to 8.30pm.

This month is Movember month. The state of men's health needs urgent attention. Men experience worse longer-term health than women and die on average six years earlier. Prostate cancer rates will double in the next 15 years. Testicular cancer rates have already doubled in the last 50. Three quarters of suicides are men. Poor mental health worldwide leads to half a million men taking their own life every year. That's one every minute.

The Movember Foundation is looking at ways that men think and act on their health, including:

- Understanding how traditional notions of masculinity can impact on men's mental health.
- The way health services are provided to men.
- New tests and treatments required to be developed to slow or stop disease progression.
- Transforming health systems to place a stronger focus on outcomes that matter to men.

It is also World Diabetes Day this month. Unfortunately, diabetes has become an epidemic related to modern lifestyles and more than 257,000 New Zealanders now live with diabetes. The chances of developing diabetes increase if you are overweight, not very active, and eat a lot of food high in sugar. A recent large systematic review and meta-analysis of using a low carbohydrate diet for type 2 diabetes showed over 30% remission of diabetes at 6 months (*BMJ*. 2021 Jan 13:372:m4743).

Also, eating too much red meat or darker cuts of poultry may be associated with increased risk of type 2 diabetes (*Am J Epidem* 1 October 2017), while eating more whole grains may be key to lowering diabetes risk (*J Nutr*. 2018;148:1434-1444) and replacing a portion of carbs from potatoes or white rice with "pulses" such as beans and lentils, can significantly lower blood glucose (*J Nutr*. April 11, 2018).

However, sugar remains the main concern and in a report entitled "Sugar Is the New Tobacco, so Let's Treat It That Way" an econometric analysis of 175 countries revealed that for every additional 150 sugar calories available for consumption, there was an 11-fold increase in the prevalence of type 2 diabetes in the population (*Medscape* - Oct31, 2016).

National and global health promotion events for the month include the following:

- 1-30 Movember (prostate prevention) <https://nz.movember.com>
- 12 World Pneumonia Day <https://stopppneumonia.org>
- 13 World Kindness Day <https://observances.global>
- 14 World Diabetes Day www.diabetes.org.nz
- 15 World COPD Day <https://goldcopd.org/world-copd-day>
- 16 International Day for Tolerance www.un.org/en/observance
- 25 White Ribbon Day (re violence against women) <https://whiteribbon.org.nz/>
- 25 International Day for the Elimination of Violence against Women <https://www.un.org/en/observances/ending-violence-against-women-day>

Māpua Fire Brigade



Sept to Oct 23 call outs

16 Sept 06:30. Boat half submerged at Māpua Wharf. Owner with lacerations taken to Fire Station to keep warm and await ambulance.

21 Sept 19:30. Alarm activation Tasman Bay Christian School, defective unit.

26 Sept 23:25. Car fire Iwa St. A lithium-ion battery on charge caught fire in a trailer, then caught fire to a car next to trailer and burnt the front part of the garage behind the car.

1 Oct 13:31. Fire on beach, near Pinehill Reserve. Unattended smouldering fire. Brigade put fire out.

5 Oct 22:11. Freezer fire behind Ruby Bay takeaways. Nothing found, Left with owner.

6 Oct 18:44. House fire on Seaton Valley Rd. Candle left on fire box after fire was lit. Filled room with smoke. Owner ventilated house.

Call outs for the year = 45

Safety Tip – Be safe

Charge lithium-ion batteries in an open space, do not cover lithium-ion batteries while charging.

Go to the Check it's Alright website to see if you can light a fire; most fires in this area need a permit.

For fire safety info go to - <https://fireandemergency.nz/>

For fire permits go to - <http://www.checkitsalright.nz/>

On Thursday the 2nd of November 2023 Chief Fire Officer (CFO) Ian Reade is resigning from his role and the brigade. Ian is our 3rd CFO after Avan Perry. Ian has been in the Brigade for 31 years and CFO for 16 years.

Senior Station Officer (SSO) Aaron Thawley has been appointed as the new CFO.

We have had a few members who have left recently and are looking for some new members to join the Brigade. Need to be available day time.

If interested come and see us at 3 Iwa St after 7pm on a Thursday evening.

Pastel Artists

October started off really well for our pastel group with a wonderful workshop given by Nichola Reif, our local Master Pastelist.

Nichola is very interested in New Zealand wildlife which is reflected in her stunning artwork. Her preparation for the workshop was exceptional as we were all given a folder with lots of information to help us all with the weekend course.

All twelve of us worked very hard on the bird and flower theme presented to us and we all learned so much having fun with pastels.

The rest of the month have seen our numbers drop due to the road works as some of our members travel from Nelson, Richmond and Motueka. So we are looking forward to meeting up with everyone now the road is back to normal.

All visitors welcome and we have pastels and paper to have a go.

Julie Booth

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MĀPUA HALL NEWS

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9.00 am SUPERB DANCE Move Good Now	9.00 am PANZ Pastel Artists of NZ	9.00 am AEROBICS with Lynda		9.00 am STRENGTH / CARDIO with Lynda
10.00 am TAI CHI BEGINNERS	9.00 am SIOUX LINE DANCE	9.15 am SLOW YOGA with Nikki	9.30am MĀPUA ART GROUP	9.15 am YOGA with Martin
	10.00 am MĀPUA CREATIVE FIBRE 2nd Tuesdays	10.00 am PILATES with Lynda		10.00 am PILATES with Lynda
3.30 pm BALLET 3-4yrs Kerry Clarke Dance		11.30am TAI CHI INTERNAL ARTS		
4.00 pm BALLET 5-7yrs Kerry Clark Dance				
5.30 pm BROGA YOGA with Nikki	6.00 pm STRENGTH / CARDIO with Lynda		7.30 pm MĀPUA COMMUNITY CHOIR	
7.00 pm MĀPUA HALL SOCIETY Meeting 3rd Mondays	6.00 pm YOGA with Martin			
7.15 pm MDCA PUBLIC MEET 2nd Mondays				

Packhouse Cinema

Sunday 12th November, 6.30pm
Showing 'Out of the Blue'

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Community & Gold Cards \$8.
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- Regular activities info
- Event news
- **Pre-sales** for Māpua Hall Society events such as **PechaKucha**
- Vote on matters at the AGM
- Financial support for your Hall.

Hall Society News November 2023

Packhouse Cinema presented by Alice is showing 'Out of the Blue' on Sunday 12th November. This may be the last screening of the year and is run solely by volunteers with Sponsorship from **Architecture Studio Māpua** and **Māpua Sprig & Fern**, all proceeds go directly to Māpua Hall. To ensure the cinema nights continue in 2024 we need people to come along and support the show so please come down to the Hall and join us from 6pm, tickets available at the door, bring your own comfy chair and snacks, show starts at 6.30pm with a brief introduction by Alice.

The Christmas **Māpua Hall Makers Market** is on Sunday 12th November from 10am - 3pm rain or shine. With many of our favourite stalls returning and some new ones, this is the perfect place to find Christmas gifts or a special treat for yourself.

Come and check out the **Latin America & Spain Film Festival** on Sunday 19th at 6.30pm in the Bill Marris room, find out more info at www.lasffnz.co.nz Nikki is holding a **Restorative Yoga Workshop** on Sunday 26th from 2.30pm

Check our Facebook page for all event details:



@MapuaCommunityHall
www.MapuaHall.org

What to do with EIGHT MILLION orange traffic cones?

By Barbara Glass

Who could have imagined that the Christchurch earthquake would be responsible for unleashing an avalanche of orange traffic cones and various support signs, 8 million of them in fact, onto New Zealand roads.

The Christchurch City Council (CCC) at the time of the quake had responded to the obvious need for lots of orange cones to keep their citizens and visitors safe, but a rather over-zealous employee over-ordered. The CCC was delighted at first as there was plenty of scope for their use around the devastated city. In fact, Christchurch became known as Cone City.

As the Christchurch re-build progressed though, the CCC faced the burden of being unable to store all the gradually redundant cones. They took their plight to the Government who readily agreed to purchase them from the CCC when it transpired that the over-zealous employee, in the meantime, had risen through the bureaucratic ranks and was now employed by the Treasury.

It's a fact of political life that every bureaucratic stuff-up, for which of course the current Government wears the blame, is best re-invented and presented as a logically executed plan well before the blunder is known to the public. The problem needed a clever solution that would make the Government look like they were onto it; this needed some careful planning and thinking about.

'Store them in plain sight!' suggested a new Cabinet member at one of their first private meetings held about the problem. He explained the strategy like this:

'Why not start a... *conversation*,' a broad wink underlining his use of the word *conversation*, 'and the perilous state of our roads using newspapers, backbench MP's personal twitter and Facebook feeds; ask our... *independent*,' another broad wink, 'news media to make a few investigative programmes - interviewing the PM and Transport Minister for example.' All the other Cabinet members knew the new member was on the Boards of many roading construction companies, so he was seen as an expert in these things.

'After a month of softening up we'll... *respect*,' another wink, 'the will of the electorate and announce a plan on repairing the nation's roads and motorways. We will report that it's already underway with all the infrastructure being mobilised and obtained. We'll look like a responsive, caring government taking... seriously,' his winking eye twitched,

but he decided he was possibly overdoing it, 'the nation's concern about the dire state of our roads.'

A fellow Cabinet member, who owned a large roading manpower company backed him up.

'What a brilliant suggestion. I applaud the honourable member,' he enthused.

The honourable member continued, 'We can then re-distribute the Christchurch cones around all the Local Authorities and Regional Councils with suitable government funds for them to launch into road repairs a.s.a.p.' The two members were hailed as the 'coming men' and a huge asset to the Government. Now they could all look forward to a relaxing summer recess in a week's time.

Midnight oil was burnt by the bureaucrats who had been tasked with facilitating the financial gymnastics needed to make this all happen before Parliament reconvened after the summer recess and tricky questions could de-rail the plan.

When Parliament did reconvene the publicity campaign was in full swing. And the plan for a nationwide blitz on repairing the nation's roads all but launched. The Opposition, realising they had been outmanoeuvred, tried to gain some ground that had been lost in the polls and used question time in the House hoping to find a flaw in the Government's roading programme. MPs with responsibility for the relevant portfolios were asked by the PM to respond with intelligent answers to any questions raised.

Question Time started with the obvious query from the Member for Southland. 'How did our roads get to be in such a bad way?' he asked. He hadn't been aware of any deterioration of the roads in his constituency. 'Climate change was causing it,' said the responsible Minister.

'Nonsense,' replied the Southland Member. 'It's due to the excessive rain getting in through the ozone holes in the atmosphere. Hence the slips, floods and subsidences,' explained the Minister.

'Maybe they could be the first holes you repair!' shouted a wit from the other side of the House.

'Too many people not riding bicycles, running or walking to work, hence all the cars wrecking all of the roads,' intoned a corpulent Government MP.

'Last time I saw you walking you were drunk and raving because you couldn't find your car!'

'Lies, all lies. My wife had moved it by mistake.' This was followed by howls of rage and laughter.

Continued on page 16



The Speaker shouted for order and after the noise subsided the Transport Minister added 'Too many new Courier Services getting bigger and heavier trucks to carry all the goods the obviously well-heeled electorate are now ordering from Amazon. And too many retired people and tourists driving their campervans all over the roads adding to the wear and tear.'

Loudly coughing an Opposition MP asked, 'Does the PM not think, that having all our roads repaired at the same time could cause massive disruption to normal travel and commerce?'

The PM responded, 'If the previous Government had looked after the roads in the first place this wouldn't have been necessary.'

Boos, hisses, and calls to answer the question from the Opposition benches.

The pressure continued, 'How does the PM hope to keep enough roads open to allow essential supplies through?' demanded an MP with a trucking company.

'Our contractors have assured us that they will only close one lane when at all possible. We have planned well ahead with this initiative and have gone to great expense to supply the local and regional councils with enough traffic cones and signs to manage the flow of traffic. When both lanes need closing, we will have handy, quick diversions clearly marked with cones to keep traffic moving.'

An Opposition Member from Northland addressed the House.

'My son-in-law is a boat builder in Whangarei. He has been commissioned by the Ministry of Transport to construct large roll-on-roll-off barges to ferry cars and trucks to support these handy diversions from Whangarei to Russell and all points North.'

'Misinformation,' yelled the Government benches.

'Lies, cover-up, incompetence!' hooted back the Opposition benches.

So overnight it seemed we were being herded by orange cones, cheek by jowl along our roads and staring at workmen discussing where half the road had gone. Or guided past workmen with only their hard hats visible, bobbing around in deep ruts and holes. At night many towns saw the cones appear in their main streets as resurfacing took place and they were diverted to dark, back streets only to re-emerge in a completely unknown part of town.

Frustrated motorised waited as they sat in their cars watching workers in high viz. coats, hard hats and steal-capped boots sitting by the roads eating their lunches. Or half a dozen similarly clad workers with clip boards and cell phones talking to each other and their phones in the middle of the only open lane protected by a fence of orange cones while desperate elderly people asked about toilet facilities.

Tales circulated of a motorist going in defiance of our orange gatekeepers. Entering roads where no cones either

gave or withheld their blessing - never to be heard from again.

As time has passed, we have become heavily reliant on our orange fringe-dwellers guaranteeing us safe passage around all the possible hazards our roads can orchestrate. There's hardly a road left without some message warning us of upcoming road works, or diversions, or thanking us for our patience, so much so that when a stretch cone-less road does occur, the effect on the average motorist undermines their self-confidence - no hazards at all! Shocked motorists started coming to a complete standstill mid journey - themselves causing another hazard.

A new sign, to be surrounded by cones of course, had to be quickly created for all the roads where no previous hazards had existed and therefore were free of cones. On these signs were 0800 numbers indicating helplines available for emergency counselling to talk travellers through the rest of their trip.

These hapless motorists were assured by calm-voiced operators in Wellington that all roads were continually monitored for slips, rock falls, subsidences, burst water mains, road workers, front-end loaders, cranes, flooding, stray cattle, protest marchers, fallen trees, car accidents, pot holes, dump trucks spreading loose chip; no known hazard yet, but for your safety long stretches of road have been fringed by thousands of cones anyway just in case something happens - reference list above.

I think we can now look forward to happy confident motoring knowing all contingencies have been met and due to the fact that the local authorities and Regional Councils can never store all the cones they now possess, these abundant orange fellows will continue to inhabit our roads keeping us safe from all possible dangers.

Ah, happy days.



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Cam Timing Belts Importance of Replacement Schedule

The cam timing belt is a toothed belt made from different combinations of rubber, nitrile and nylon and is usually protected by plastic covers at the front of the engine.

It has a limited lifespan, with most manufacturers recommending full replacement every 90,000 to 100,000km (check your vehicle owners manual for recommended replacement intervals as some can be sooner than 90,000km)

The cam timing belt provides synchronisation between the crankshaft which controls the movement of the pistons, and the camshaft which controls the movement of the valves.

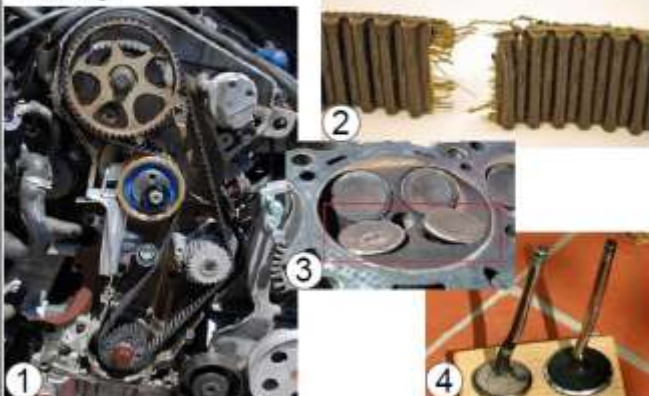
Cam timing belts can fail for several reasons. They may have reached the end of their life, deteriorated due to unattended oil & fluid leaks onto the belt, or the bearings on the idler pulleys and pumps etc. may have seized or collapsed. It is highly recommended a full cam timing belt kit which includes idler bearings, pulleys and tensioners be fitted at replacement time.

Failure of the cam timing belt will cause major engine damage if the pistons and valve train collide, resulting in an expensive repair bill.

If you are considering purchasing or have purchased a secondhand vehicle it would be wise to check when the cam timing belt was last changed. If this information is unavailable, we would advise you get the belt checked or replaced.

The images below show:

1. A cam timing belt weaving its way in and around pulleys, tensioners and idler bearing.
2. A fractured cam timing belt.
3. Valves protruding into the cylinder head which have been hit by the piston on its upward stroke, the result of a cam timing belt breaking.
4. Bent valve stems, the result of a cam timing belt breaking.



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What's On Next

Saturday 4 November 7.30pm

BILL LAKE, STEVE HEMMENS & ALAN NORMAN, \$25

Guitarist, singer, songwriter Bill Lake led Wellington's country blues band Windy City Strugglers for decades. With bassist Steve Hemmens and percussionist Alan (the Warratahs and Rag Poets) Norman

Sunday 12 November 7.30pm

MOVIE NIGHT: *The Happy Prince* \$15/12

A biographical drama about the last years of Oscar Wilde's short and tumultuous life. Star cast: Rupert Everett, Colin Firth and Emma Watson

Saturday 18 November 7.30pm

COPPERMINE JUNCTION, \$25

An eclectic mix of Americana, bluegrass, Cajun, reggae and folk rock: this foursome sings along with mandolin, banjo, guitar, fiddle and double bass.

Saturday 25 November 7.30pm

NELSON COUNTY PLAYBOYS, \$25

Early Bobs' Clayton Taylor and Nathan Torvik along with Texan John Rae play the music of Steve Earle and other country artists.

Sunday 26 November 7.30pm

CLASSIC KIWI MOVIE NIGHT: *Perfect Strangers* \$15/12

Directed by Gaylene Preston, this blackly comic 2003 thriller was filmed on the West Coast and stars Sam Neill and Rachael Blake.

Saturday 2 December 7.30pm

THE EARLY BOBS Part Five, \$25

Back by popular demand: brilliant Dylan soundalike Clayton Taylor, guitarist Nathan Torvik, Shanine Hermsen and Geert Hermsen

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Celebrating Success & Giving Back at the 2023 MDBA Christmas Party

As the year 2023 draws to a close, the Mapua and District Business Association (MDBA) is gearing up for its annual Christmas Party. This beloved tradition brings

together the local business community for a festive, family-friendly afternoon at the Tasman Golf Club. However, this year's celebration holds extra significance as MDBA is embracing the spirit of giving back and supporting a local initiative - Kai Collective.



Kai Collective, a local organisation that is making a significant impact in our community. They prepare nutritious dishes, freeze them, and distribute them to families facing tough times, particularly during the holiday season. By backing Kai Collective, MDBA aims to contribute to this

noble cause and make a positive difference in the lives of those less fortunate.

RSVP: mapua.co.nz/e/2023-christmas-party

Tickets: \$20 Per Adult. Kids are free. \$15 of every ticket goes to Kai Collective.

2023 \$1K Business Grant Winner

It's a moment of celebration and achievement as MDBA proudly announces **Suzanne from Better Bodies Mapua** as the recipient of the 2023 Business Development Grant. Suzanne's journey is set to take an exciting turn as she plans to utilise the grant to undergo Bowen training in Brisbane, a significant step forward in her business.

A shoutout goes to all the businesses that entered the competition; the competition was tough with a multitude of outstanding entries. Your dedication and innovation continue to shine, and we applaud your entrepreneurial spirit.



A big thank you goes out to all the businesses that advertised in the 2023 Mapua & District Map. Your support plays a crucial role in enabling initiatives like the Business Development Grant, and it strengthens the local business ecosystem.

Exploring Mapua and Beyond

As we prepare for the holiday season, we are in the final stages of checking the second run of the 2023 Free Tourist Map. We are delighted to share that we have already distributed over 10,000 maps throughout the district to date. To ensure that we are fully stocked for the upcoming busy Christmas period, we invite businesses interested in stocking the map to reach out to us. Let's continue to guide tourists and visitors through the beauty of Mapua and its beautiful surroundings.

Lunch & Learn Update: A Year of Learning

Our Lunch & Learn series continues to thrive, with **Mike from Keetrax** recently drawing a record turnout for his talk on "How to Disrupt the Market by Mastering the ABCDs of Marketing." We extend our heartfelt thanks to all those who attended these insightful sessions at the Mapua Hall. As we set our sights on next year, we are diligently working on securing guest speakers to provide you with more valuable insights.

Special thanks to **Bea and Gael from Business Assist**, who have been our steadfast partners over the last couple of years, helping shape the Lunch & Learns into what they are today.



At MDBA, we are committed to providing valuable resources and opportunities for our members to connect and thrive. We look forward to welcoming new members into our ever-growing community. As we wrap up a successful year, MDBA remains dedicated to fostering collaboration, growth, and giving back to our wonderful Mapua and District community. We wish you all a joyous and prosperous holiday season!

Mapua & District Business Association // mapua.co.nz

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Noticeboard

Māpua Craft Group. Meetings are on first & third Fridays in Hills Community Church meeting room, 10am to Noon. Contact: Barbara 5403901

Motueka Lighthouse: last Thursdays, Motueka Community House, 7-9pm. \$3 Koha. Angie: angel3000.h@gmail.com

Reiki/Energy Healing by donation, Sunday 12th November 11am-2pm. Motueka Community House, Decks Reserve. 20 min sessions available. Bookings at the door. Angie: angel3000.h@gmail.com

Stamp & Coin collections in Māpua/Ruby Bay & the Moutere evaluated & purchased. Nick Ferrier 021 688243

New Book Group meeting 3rd Tuesday of the month 2-4 pm. Call Vanessa 0223630219 Or Sue 0212671317

Playcentre: behind the tennis courts at 84 Aranui Rd. Come & play – Mondays & Thursdays 9.30-noon during term time. mapua@playcentre.org.nz

Pastel Artists Nelson: meet Tuesdays 9am-noon, Bill Marris room, Hall. Visitors welcome. Marg: 027 257 1857

Coastal Stringers: Ukulele & guitar group meet Fridays 1-4pm at Bowling Club. All welcome, just arrive & enjoy the singing. Contacts: Colleen 5403010, Diane 5402627.

Māpua Women's Rec Group. Come and join our friendly social walking group. Meet outside Tessa Mae's Thursdays 9.15am. Options for all fitness levels plus activities and social events. mapuarecgroup@gmail.com or just turn up.

Knit & Natter group now at Appleshed: 10am Tuesdays. Contact: Debbi 027 327 4055

Local Women's Walking Group - all welcome to our Tuesday morning walk of 5-7km leaving 9am - call Lynley 03 540 2292 for more information.

Motueka Toastmasters: Like to speak with more confidence? Meet 1st & 3rd Weds, 6.45-8.30pm, St Johns rooms, Jack Inglis hospital. Visitors welcome. Info Sierra 027 8444765 or Peter 027 7468311.

Re-cycle Printer Cartridges at the library. Volunteers are happy to collect printer & photocopier cartridges and transport to recycling centre. Blue bin in our foyer.

Tasman Golf Club: Mixed Social 9 Holes of Golf. Tee off 9.30am Fridays. Friendly group, all levels very welcome. Cost: \$25 for non-members. Ph: Lyndal 03 5266819, teeup@tasmangolfclub.com or just turn up at Kina

Ruby Coast Newcomers Social Group: meet new people, make new friends. Coffee 10am last Fridays at Tasman Store and occasional social events. Just turn up. Vivien/Richard 526-6707

Māpua Community Choir: 4 part harmony, no audition necessary, small koha, Māpua Hall 7.15pm Thursdays, enquiries Helen: n-h.bibby@actrix.co.nz

Tasman Dippers: A casual collection of people who enjoy connecting with the open water. Year-round dips or swims in the sea at Rabbit Island. Info: www.tasmandippers.nz

Ruby Coast Running Club: 5k run Thursday nights 5:30pm. Also runs most mornings. Find us on Facebook or contact Debbi 027 327 4055.

RSA: Anyone interested in joining Moutere Hills RSA is welcome. No service history required. Catch up & meet new members. Nic Poultney 021 220 3920 or 548-4420

Māpua Friendship Club indoor bowls, first & third Mondays. Now at Māpua Bowling Club rooms. Bowls at 2pm, followed by "bring a plate" afternoon tea. \$3 door fee. We are not a competitive bunch and have lots of laughs. For more information contact Val 540 3685

Māpua Boat Club welcomes new members. No boat required. Social nights Thursdays 5.30 - 7pm at Club rooms on Māpua Wharf. Raffles, cash bar, snacks, regular guest speakers. To join, contact Secretary, Katrina 0211393945

Māpua Art Group meets Bill Marris Room Māpua Hall Thursdays, 9-noon. Paint, draw, help each other in a social environment. All levels & media. \$5 incl morning tea. Tables, chairs, easels provided. mapuuartgroup@gmail.com

MDCA: Māpua & Districts Community Association meets Feb-Dec, 2nd Mondays, 7pm Māpua Hall; info@ourmapua.org

Kids 'n' Koffee Playgroup: Wednesdays 10-noon during term time, at the old church building. 0-6 year olds. Morning tea provided. Gold coin donation. Info: pippie.d@gmail.com

Fibre Craft Sunday. Birch Hall, Richmond A&P Showgrounds. Last Sundays 1.30-3.30pm. Learn to spin, knit, felt or weave. \$5 includes tea or coffee. All ages welcome. Richmond Creative Fibre Group: Diane 547-6517 or Karyn 544-9709

Spinners, Knitters, Weavers: Creative Fibre Group, Māpua Hall, second Tuesdays 10am. All welcome.

Quakers meet at Family Service Centre, Motueka 10am 2nd Sundays. All welcome. Enquiries: Linda 027 447 6435.

Toy Library: extensive selection of toys, puzzles & videos for children 0-5yrs. Māpua Hall every 1st & 3rd Tuesday, 10-11am & 6.30-7.30pm, 1st & 3rd Friday 3-4pm. mapuatoylibrary@gmail.com

Ruby Coast Walking Group meets 9.30am Wednesdays by Tasman Store. Walk 1½ hrs then coffee & muffins back at the Store. All welcome. Fiona: 021 232 6089 for more info.

Motueka Senior Net. Tech for mature adults. Monthly meetings. Help sessions 2x/month. De-mystify technology in a fun & friendly forum. Clubrooms 42 Pah St, Motueka. Seniornetmotueka.org.nz

Coastal Garden Group meets 1pm first Thursdays, Tasman Bible Hall (opp. Jesters). Men and women most welcome to share their love of gardening. Guest Speakers, Workshops, Garden Visits. Ph 03 265 1842

Sing Your Lungs Out! Free community singing group for anyone with respiratory issues. Morning tea. Singing improves your lung health! 10am Mondays, Te Awhina Marae, Pah St, Motueka. Pip 0274 282 693

Tasman Area Community Association (TACA) 7.30pm last Thursdays (x Dec) Tasman Bible Church. Residents of Ruby Bluffs to Tasman & Kina welcome. Info: Facebook or www.tasmancommunity.org.nz

Motueka Scottish Country Dance Club: Weds 7.30pm Lower Moutere Hall Scout den. No partner needed, dress casual, wear soft flat shoes, beginners welcome. Good exercise, lively music. Contact Fay 021 039 3559 or Alison 0220 363 891.

Club Notices are free. Others by gold coin donation to one of the distribution boxes.

Coastal News: you can usually download the colour pdf from www.coastalnews.online

Contact us: news@coastalnews.online