



Walking slowly... a Carol Markwell story

See elsewhere in this edition of the Coastal News [p19] an article about former Māpua resident and orchardist Carol Markwell whose successful career as a writer recently saw her long listed for the Ockham Book Awards 2022 (nonfiction section) with her book *Enough Horizon*. The following short story, for which she won a Nelson Provincial Arts Council prize in 1983, was her first published writing. It is based on a true story that is very much of its time and place – Māpua in the 80s when seasonal orchard workers lived in baches on orchards, and many lived in house trucks and converted buses, which caused controversy at the time for some of the same reasons freedom campers do now.

Walking Slowly

They'd inherited the hippies. A group had been staying in a bach by the road when she and Bill had taken over the orchard, and they'd been there ever since. Not the same ones of course. Over the years they had come and gone in waves like flocks of colourful migratory birds so that she had long since lost track of names and faces. It didn't seem to matter really, as long as the place was looked after, and the small rent was paid.

"Hippies" was the district's term for them. It was a silly name – dated, with its overtones of the sixties – a childish name somehow. She preferred to think of them as gypsies, and indeed they were most like gypsies of the New World as they moved in and out of the area following the good life and the sun; seeking the casual orchard work the district offered – the girls with their loose hair and those flowing, often bedraggled dresses of black and red and purple, the men in overalls or muslin shirts, and sometimes with one shiny earring, their long hair tied back at the nape of the neck.

Even the vehicles they came in had a Romany look. Some were elaborately finished motorised caravans – charming, with wooden walls and stained-glass windows – products of hours of painstaking work; others, no more than ancient asthmatic trucks with crudely made shelters built on to the tray, and tricycles, bikes and buckets hanging from the walls and roof. Like snails, she used to think, carrying their houses around with them.

The quiet rural district looked on at these itinerants who had come to live among them over the past few years and regarded them with some unease. There were murmurings of drink and drugs and queer religions. Yet when she thought about it carefully, she had to admit that

what she really felt was almost a kind of envy. She and Bill had both gone straight into jobs after they'd left school, had never thought of doing anything else. Then there were the children to look after and now with the big mortgage on the orchard, the work was hard and there were never any spare moments to lie in the sun as these gypsies loved to do, drinking apple wine, and watching lazily as their assorted toddlers romped and tumbled in the long grass outside the bach.

"Why do they always walk so slowly?" her mother had once asked her. She'd guessed it was because they, alone in the area, had the time. On the whole, she told herself, she liked having them there. It was as though the orchard had a sign on the gate – a mark like the ones that tramps and swaggies of the thirties used to draw to pass on the word that here was a good place to stay.

Not that they didn't have their moments. Once there had been a knock at the door and Bill, drowsing after a hard day's work, had opened it to a group of them, blinking like owls in the light, and he'd had to go and couple up the chain to the tractor and haul an enormous brown beast of a lumbering bus out of the ditch by the bach. Then there were the dogs, lots of them, and the nagging thought of the havoc one or two could cause among the placid sheep, browsing under the apple trees. But the bach seemed cared for, and despite the numbers who passed through it and the even greater numbers who came visiting, it had a certain rustic cosiness which pleased her when she happened to glance in at the doorway.

So, things had stayed until the end of last season when the final apples had been picked and the last apple trucks had gone.

Bill took a much-needed break away, leaving her with the children. She'd been uneasy before she went to bed, there'd been noises that she couldn't identify, lights moved, and cars stopped outside the bach.

"I'll go down and see them in the morning," she'd told herself firmly. Nothing could have prepared her for the devastation that greeted her when she did.

Even at a distance the dwelling looked different – forlorn somehow. Nearer, she could see that every window, even the little back one, had been smashed so that now only jagged pieces of glass hung from the frames, like cruel icicles glinting in the early morning sun – one edged with blood. Inside the floor was littered with empty bottles,

Continued on page 2

Continued from page 1

broken glass and trampled toys. In the kitchen, the stove wrenched from the wall and leaning at a crazy angle, incongruous with its life-support wires torn out and dangling – food scraps everywhere.

In one bedroom “TAKE A TRIP” scrawled across a broken bedhead, in the lounge, upholstered chairs slashed and still spewing out grey stuffing. No sound, she’d half expected to find a body, but the bach was empty. The house trucks and buses were gone. She shivered – the silence and the destruction of the bach gave an eerie feeling of unreality. As she dragged the door shut on the shambles and went home to phone the police the certainty grew in her that something had been damaged on this lovely orchard that could never be replaced. That night, for the first time since they’d moved into the orchard house, she locked the doors.

Next morning, when she saw them trailing up the drive from her gate, the girl, hardly more than eighteen, the man, thin, defensive, the child a moppet with a grimy face and a bead bangle, she was ready for them. Anger and resentment made her voice shrill and accusing.

“How could you let that happen! You must have been doped to the eyeballs, all of you. Animals, that’s what you are! You had a child in there too!”

They made as if to speak but she was not ready to stop yet.

“I want you to get off this property,” she said. “Take what’s left of your things and get out. Now!”

The man gave her a long stare, insolent, she thought; then he swung the child up on to his hip, and they walked away. She was curiously irked by so little response. “And another thing,” she hurled after them, “How come you always walk so slowly?”

It was not until she got inside again that she realised she was shaking. Bill, when he returned, was philosophical.

“Must’ve been a hell of a party,” he said gruffly. “Not much chance of restitution from that lot.” And he went about considering the amount of timber that could be salvaged from the inevitable demolition of the bach after he’d finished the pruning.

She refused to be consoled. It wasn’t just any old bach. It had been the first house on the orchard. The first owner had built it and his children had been born there while he struggled through the Depression, still planting trees, and clinging on while all around him others were giving up and walking off their land in desperation. “It was a house,” she said miserably, “Someone could have lived there”.

The district had its say as all small country districts do, and she found herself agreeing with, yes, endorsing.

“Happens every season.”

“They’re all the same, hippies.”

“Put an axe through the wall as soon as look at you.”

“They spoil it for themselves.”

It was not until late Autumn, almost early frosty winter, that the phone call from the policeman came.

“Just thought you’d like to know,” he said reassuringly, “We’ve got the blokes who did over your bach. A couple of heavies from town, borstal boys both of them – records as long as your arm. Seems they broke in and went on the rampage. One of them still got a bandaged hand. What’s that? No, your hippies had nothing to do with it, probably not even there at the time.”

Slowly, thoughtfully, she replaced the receiver and walked into the orchard, pausing a moment to look at the bach as she passed it. The team of pruners had already begun work that morning, local people and seasonal workers indistinguishable from one another, all muffled up against the frost with woolly hats and bright check bush shirts. She moved to get her ladder and join them. There was another season to get ready for.


Carol Markwell (written 1983)

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Māpua Dawn Chorus is an urban trapping project established in 2017 as part of the goal to be a Predator Free NZ in 2050. We want safe habitat for our native species to thrive.

To bring back the wild to Māpua, we aim to get a rat trap in every fourth backyard in the Māpua township and surrounding areas including Ruby Bay and the Māpua hills.

We will have a trapper event on 7th June at 7pm at the Māpua Community Hall. Come and learn how to trap and use TrapNZ to record. You can check different types of traps, ask questions and connect with other locals to share knowledge. All current and keen-to-be trappers are welcome. Encourage your friends and neighbours to stop by for a nosey too.

Māpua is a unique township by the fact that it is on a peninsula and surrounded by the Waimeha/Waimea Inlet which is home to many species of wading birds, migratory birds and a number of other estuarine birds. Many of these birds are at risk, declining or endangered. By trapping in our backyards we can create safe habitat, increase biodiversity and birdlife, and re-wild this special area.



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Making the most of autumn's bounty

Māpua Kai Collective update

On a Tuesday in early April the Māpua Kai Collective cooking team formed their usual efficient production line at the community hall's commercial kitchen. They produced 80 fish pies, and 40 pear crumbles from donated pears. What a great effort!

A reminder that meals can be collected from Jared's Fruit and Veg store on the corner of Aranui Road. Meal ingredient lists can be found at the store. Our continued thanks to Jared for housing a freezer out the back; a community-minded gesture which makes collecting meals an easy mission for anyone who needs them.

Meals are also stored in the freezer at Māpua School. Please note that our meals are free to anyone in need of that little extra support: be the reason an illness, new baby, moving house or being time poor, as well as for financial hardship.

The Collective is so lucky to have a few constant supporters, like the cook up team and those in the background who deal with finances and orders. We would also like to acknowledge members of the Māpua community who quietly make regular financial donations, removing the need for ongoing active fundraising. Your contributions are greatly valued.

Thanks also to farms and gardens in the area who occasionally donate fruit for our crumbles. Most recently we were given pears by Johnny Johnson and Alison and John McDowell. Christine Peacock and Gael Beattie were our fruit pickers! Thank you all for supporting your community in these various ways.



Gael and Christine
in Johnny's pear orchard

An unusual source of funds was a sponsored shave that happened towards the end of last year - a brilliant idea and so well supported! We were hoping to interview the person at the centre of this effort, but I think he likes his anonymity. Thank you anyway - you know who you are, and your effort raised an impressive amount!

Another reminder: should you want to join the cooking team, please contact Julianne Brabant via email - julianneb2104@gmail.com. She will send your details on to the cook up team.

Donations can be made to our NBS bank account: Māpua Kai Collective, 03 1354 0464683 30

Bridget Castle

Travels with a Tesla

When I give people a lift in our Tesla (Model 3, now two years old), I am usually asked how I find it. People like to hear about the practicality of a road trip in an EV, the nitty gritty details about battery capacity, distances possible, and just getting from A (Māpua) to B (Christchurch, or Wanaka for example).

An online review will tell you that this model Tesla has a range of 358 miles or 576 km. In our experience however, driving the usual NZ roads, adding night driving and perhaps rain, the range is more like 350 km. Māpua to Christchurch is 413 km according to Google maps.

We've just returned from a week down South over the Easter weekend. Our plan was to overnight in Hanmer before joining our daughter in Wanaka for some tramping in the Mt Aspiring National Park, returning via a similar route. We decided to avoid the West Coast altogether as we've found this is too hard. Driving North from Haast you will just not find enough places to plug in yet.

Our charging plan was to stop in Murchison, Culverden, Christchurch and Omarama before reaching Wanaka. An app showing charging stations is a handy way to help plan an unknown route. The most common chargers are supplied by ChargeNet, and the actual process once you are at a charge station is pretty straight forward, with a fob that gives you access to your account via the screen on the unit. The speed of electric supply to these units allows us to top up in about an hour or less, depending on how much power we need.

On our way down through Murch, we were pleased to see the charger free, and pulled in, plugged in the car, and walked up the road for a cuppa and some breakfast. The car's app shows how far along the charging is and gives you an end time.

As it happened, on our return to the car we were met by an irate man with a white station wagon who claimed we had kept him waiting for thirty minutes. To be fair, we had taken five minutes to walk down past the toilet block, but we were still within the expected charge time. However, his verbal abuse left me feeling shaken and worked up for a good ten minutes as we drove off. It was unpleasant!

Our next challenge was at Culverden. Here, the ChargeNet unit was offline, and it took a while to troubleshoot with the 0800-call centre to get it running again, but we succeeded eventually. You get to know where the cafes are and take the attitude that it's a pleasant way to break the journey.

At both Omarama and Christchurch we know we will find Tesla superchargers which give us a full charge in about forty minutes. There is a bank of four units at both places, so we have never needed to wait for a space. There is plenty of room to reverse into position. All that is lacking is a nearby public toilet.

Charging in Wanaka is an example of some of the practical issues. The charger, again a ChargeNet unit, is set up on a busy road where the combination of angled parking, limited hose length and the need to reverse for accessibility to our left rear charge point, highlights considerations required for good unit locations. Adding to the challenge, a non-EV had parked in one of the two EV bays, limiting access to just one side of the unit.

On one of our attempts to use this unit, another car was already in place. A second car had already pulled in before us before we got there, but a friendly exchange of phone numbers meant a text alert was possible. It took a while, but we had time. You do need to be flexible.

Suffice to say we used our daughter's petrol car for driving around the rural roads near Wanaka. To be honest it was a relief to know we wouldn't need to consider our battery levels when we returned from our overnight tramp.


Finally, at Murchison on our way home, the one and only charger on our route was completely out of action! The Helpdesk at the end of the 0800 number was sympathetic but said we should have looked at the ChargeNet app as the red symbol would have warned us of the situation. This is all very well from their point of view, but there is no other route from Hanmer!

Fortunately for us, we located a private bed and breakfast owned by a young Swiss couple. Tesla has installed two chargers at their place - and they kindly helped us out and gave us breakfast. Had they been away though, there is no charging alternative along this route home.

I hope this gives you some idea of the current challenges to using an electric car over long distances. Meridian Energy has recently announced they are joining the EV charging network. I have written to them with my thoughts and hope their plans will soon add substantially to the currently thinly spread provision of chargers.

In short, don't be in a hurry if you are taking your EV on a long road trip!

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Liquorland application

On Thursday 7th April at 5:30pm a public meeting was held in the Bowling Club. The Bowling Club was hired by the representatives of Nelson Holdings and Liquorland to inform the people of Māpua that they intend to apply to Tasman Council to open a liquor store in the empty building next to our popular vegetable man. Approximately 40 people attended this meeting.

The presentation given explained how Liquorland operates including how they give to charities and support the local community! This is a marketing strategy that most businesses use especially when they are selling a product which is addictive like alcohol. A plan was shown of the building, details of the importance of staff training and the process required in order to get the licence.

The first step in that process was to have a public meeting to inform the community which now has been done; right at the time when people are coming home from work or making a meal for a family. Advertising for this meeting was poor and published in a paper not relevant to our district!

People were given the opportunity to ask questions and the following points were made:

- A survey was done two years ago when a similar application was made, and it was thrown out due to a lot of objections. The survey revealed that the area was not suitable due to being near the school.
- Māpua already has plenty of outlets selling alcohol including a well-stocked Four-Square shop.
- Liquor stores stay open late into the evening.
- Not a good look to have a heavily stocked premise selling alcohol products at the entry to the village and so close to the school.
- Māpua is a village of one street with parking issues already on that main street.
- Māpua is approx. 15 minutes' drive from Motueka and Richmond, both towns well supplied with supermarkets selling wine and beer and Liquorland stores for those wishing to buy spirits as well as beers and wines.
- The region has vineyards with tasting rooms and restaurants selling local wines which makes a pleasant day out in our lovely rural region.

It is important to have our say in how our village develops in the future and at what rate. I don't believe the community was well informed on this issue which to me is a worry.

Julie Booth



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Our latest news & adventures

Rā Ora Programmes a hit with local Primary Schools

We've thoroughly enjoyed the chance to connect with local kura and their tamariki in past weeks, including our local Mahana and Upper Moutere schools, during the Rā Ora programme - a fun mix of cultural, environmental and adventurous learning to provide a wellbeing 'boost' - for the teachers too! The smiles said it all. Ngā mihi maioha ki te **Department of Internal Affairs** for funding this programme through the Lotteries Communities Fund. If you're keen to book this in for your school head to www.wio.org.nz.

Congratulations to Ignite Programme Graduates!

For their final journey as part of the Ignite Programme, Year 11 students from Motueka High School spent a week based at Te Tai Poutini (the West Coast). Their week included abseiling, rock climbing, caving and white water rafting which, according to one student, was "the most amazing experience I've had". Thanks to a generous local funder, we run the Ignite Programme with Motueka High School to support the development of selected students across 3 years of adventure-based learning. What an opportunity!! www.wio.org.nz

Whenua Iti Trust Annual AGM

You are welcome to attend our Annual AGM which is to be held at our base in Lower Moutere on **Monday 2nd May from 5.30pm**. Please RSVP for catering purposes by calling us on 03 526 7842 or drop us a line to info@wio.org.nz.

Secondary Programmes at WIO that earn NCEA credits

If you attend one of our local secondary schools, you are able to apply to attend one of the Trades Academy Programmes that will run for 4 x 1-week blocks across the second half of the year. They are a great way to take your learning outside, meet new people and build future employability skills. Options include Adventure Tourism Leadership (Level 2 & Level 3), Manaaki Tāpoi (Level 3), Uniformed Services (Level 2) & Civil Defence Emergency and Response (Level 3). It's not too early to start thinking about these as options for 2023 either! If you'd like to find out more, chat to your Trades Coordinator at school or check out: www.wio.org.nz

Get the latest news from us in your inbox

If you are keen to hear updates on holiday programmes, secondary programmes, primary programmes or Whenua Iti Trust news then sign up to one of our newsletters on the home page of our website.

Thanks to New Zealand Community Trust

We simply couldn't be out on programmes without the continued support of our funders. We'd like to shine a light on the funding received from the New Zealand Community Trust for rather important gear such as the helmets featured in both these photos!!

The Team at Whenua Iti.



A fun day of outside activities on the Rā Ora Programme.



Ignite students on the Kawatiri River as part of their final trip

We'll see you out there!

www.wio.org.nz



MDCA 11th April public meeting



Public Forum

There was a big discussion regarding the Future Development Strategy (FDS) and the Growth Plan Change (GPC).

- FDS is a community consultation-based process that looks at where future growth areas could be in the next 30 years.
- GPC is guided by the FDS and determines the type of growth and where growth actually occurs with NO further community consultation.

The audience's concern was that the community has no input into how future development will look or feel like within our community. Land developers are guided by the Resource Management Act (RMA) and the FDS and unless TDC staff deem a notified Resource Consent is required, community residents do not get a say in the future look and feel of their community.

MDCA's wish is for the residents of our community to be aware of this situation and the challenges this presents us all. MDCA are actively pushing back against the current processes that do not empower us all as community members to help guide how our community will look and feel moving into the future.

MDCA are requesting that TDC slow down the process, take a step back and establish an overall spatial master plan that includes all types of future residential development, transportation links (including walking and cycling), and green space (including recreation, wildlife corridors, tree planting/preservation etc).

Ward Councillor updates

- A full TDC update for Māpua can be viewed at info@ourMāpua.org under the April meeting info.
- Keep a look out for the Annual Plan (AP) submission process. The AP encompasses all TDC activities for the coming year. There is a predicted rate increase between 5.5 – 7.5%. Water usage rates are also expected to rise significantly. Rates increases are directly related to drinking water standard changes and the increasing costs of the dam construction.
- The commercial committee is reviewing their activities in order to develop a strategy to define what return is desired from TDC business assets. Discussions with Nelson City Council regarding the possible implementation of a Holding Company to manage Port Nelson and Nelson Airport assets continue.
- Three Waters. TDC has decided not to stand with other councils to oppose 'Three Waters'. TDC have taken the stance that the status quo is not an option even though a final decision has not yet been made. TDC are discussing the unique needs of rural water supplies. TDC will undertake public consultation once Central Government has reached their submission stage.
- TDC are investigating a new policy to make funding available to communities from the waste levy to reduce landfill waste.

Māpua Willing Wheels

- A much-appreciated grant from Foodstuffs (via Māpua Store) has enabled the purchase of first aid kits for drivers' vehicles.
- Nelson Tasman Community Transport Trust (NTCTT) has restructured from one position to two district co-ordinators and an administrator.

Māpua Community Hub

Work is ongoing on a comprehensive feasibility study to provide a solid foundation for a funding application and the appointment of a project manager. Draft architectural plans will be available for public viewing and input at the Māpua Hall, Friday 13th May 7 – 9pm.

Māpua Liveability Working Group

- Paul (Chair) had a meeting with Nelson Holdings Ltd prior to their public meeting on the 7th of April to discuss their proposal to develop a Super Liquor outlet across from Māpua School in the building between the Fresh Fruit & Vegie shop and the Recycled Clothing Outlet.
NO formal application has been received by TDC yet.
- Residential development at 166 Māpua Drive. TDC have received additional information from the developers. TDC have not assessed this information as yet. Once it has, it will determine whether additional information is required. Upon TDC receiving all the required information, TDC staff will decide whether the application needs to be publicly notified.

Environmental

- **Dominion Flats** A generous donation has been received from the Cool Store Gallery enabling the purchase of materials and labour for new signs to be erected showing before and after photos of development progress.
- **Higgs Reserve** A request from the floor was received suggesting MDCA approach TDC to have a circular track developed when the planting occurs this winter, on Higgs Reserve where the clay was removed on the roadside along the western end of Māpua Drive. This suggestion received 100% support.
- **Wildlife corridors** The taonga of our wild local environment needs our support and strength. A sub-committee has been formed. This sub-committee will be speaking up specifically for wildlife corridors to be included within TDC's FDS, to landowners who may see the benefits in dedicating land to conservation, and with the local community of Māpua.

Community survey

The community survey is available for residents to participate in. If you have an opinion about how you would like Māpua to look moving into the future, please make sure you have your voice heard. To complete the survey please go to <https://www.surveymonkey.com/r/YG3YYBK>

Continued on page 8

Continued from page 7

Road and pathways

Three concerns were raised:

- Pedestrian safety at the new exit of Iwa Street onto Aranui Road. There will be a pedestrian crossing set slightly back from the corner and it will have a different surface. It was also stated that the narrowing of corners is a deliberate tactic to slow drivers. It was noted that education will be required and that Aranui Road will become a Shared Zone where pedestrians have right of way.
- Pedestrian lay-by on Māpua Drive opposite Seaton Valley Road. The lower limbs of the ornamental pear trees are obstructing the view up and down the road. MDCA will follow this up with TDC.
- Lack of a formed pedestrian access along the entire length of the western side of Aranui Road. It was stated that within TDC's Active Transport Strategy there are plans for a shared cycle/walking access along this stretch and it doesn't make sense to tidy this area up now when there is a much bigger plan pending.

General business

Māpua Boat Ramp Trust New billboards have been put up promoting the proposed replacement boat ramp. Davis Ogilvie is undertaking plans on behalf of the Trust. The Trust is a co-operative between the Tamaha Sea Scouts and Māpua Boat Club. Cr Christeen McKenzie stated that the Regional Boat Ramp Study has been completed and Māpua's ramp will be a Community Boat Ramp, not a Regional Boat Ramp. The trust will hold community consultation once all the information and plans have been compiled.

MDCA works closely with TDC to ensure our community functions in a way that suits the majority of our residents. To have a vote that counts, become a financial member of MDCA by simply paying \$10.00 per person per year into our NBS account 03 1354 0356471 using your name and phone number as references.

Our next public meeting will be held on **Monday 9th May commencing at 7.15pm** via Zoom and in person at Māpua Hall. Guest speaker will be Richard Hollier (TDC Parks & Reserves Manager) speaking on the wider TDC planning processes that make provision for new reserves and walkways etc.



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The Ruby Coast Gateway Sculptures Project began 10 years ago and will soon be complete with the installation of the third gateway sculpture. The Seaton Valley sculpture will be installed above the underpass near the junction of Seaton Valley and Stagecoach Roads.

This third sculpture, designed by Russel Papworth of Forest Fusion Functional Art (Māpua Wharf) is different in design from the first two sculptures, but with the same themes of local fish and bird life as featured on the Māpua and Āporo Sculptures.

The Trust is grateful for the support already received from the Rata Foundation and the Tasman District Council which has allowed this next stage to begin. Having recently begun fund-raising for the final funds needed, Trustees are excited by the positive responses received.

The Trust is incredibly grateful to those locals who have already generously donated funds for this next sculpture and the target left to raise gets less each week. **Currently we have less than \$5,000 to raise! Could you help us get this figure to \$0?**



How you can help:

Donations can be made via bank transfer to the RCIT account at SBS Nelson:
03 1355 0772610 00

Please include:

Particulars: *your name*
Code: *your phone number*
Reference: *donation*
All donations are tax deductible and receipts will be issued.
For further information:
Check out the website: www.rcit.co.nz
Facebook: Ruby Coast Initiative Trust or
Ph: 03 540 3364 to speak with Janet the Trust's Secretary.

Ruby Coast Running Club

With Covid causing all kinds of postponements and cancellations of events, our epic little running group is creating our own little pocket of running fun.

Most everyone by now must know we have a 5k run on Thursday night with about 25 people running or walking the course. Is it the heavy breathing and pounding footsteps or maybe it is the bright blue shirts and jackets many of us wear?

Whatever it is, perhaps you would like to join us. No matter how fast or slow you feel you go you are always welcome. Remember though, it is now starting to get dark earlier so you will need your head torches and/or reflective gear.

We have five courses we use for the Thursday night 5k. There is also a Saturday social run and a Wednesday hill session. Although the big events are on hiatus there are still a few local events that give us something to aim for.

A few of us ran with the Harriers from Belgrove to Kohatu. What an experience running through the tunnel. Glad I had a good head torch. It was a hot day, but the tunnel was delightfully cool.

Looking forward to more running and walking events happening again but until then there is RCRC.

Debbi 027 327 4055



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Certificate of Procedural Phlebology
Member of Skin Cancer College of Australasia

Skin tips - from the Mapua Skin Clinic

Kiwiskin Skin Tips Seven

Hi everyone, welcome to Kiwiskin's monthly community newsletter. It's a lovely time of year for catching up in the garden. This month's Skin Tips is looking at how skin cancers can develop, and the journey begins with sunburn in our youth.

What is sunburn?

When an overdose of ultraviolet radiation kills the top layer of healthy skin cells there is serious damage done. When the cells are dying the skin is inflamed and sore. Later on, the dead skin flakes and peels off. Water blisters from sunburn are serious and these are a recognised risk factor for melanoma!

Sunburn causes skin cancer

Sunburn is in effect a 'severe radiation injury', one where the sun has overwhelmed the skin's natural defences and killed and damaged cells. Fortunately, cells are good at repairing themselves and many recover. The problem is that cumulative exposure to sunlight over a lifetime can cause irreparable changes to cells. Severely sun damaged cells will begin to grow abnormally, making precancerous bumps and crusts on the skin. If the precancerous cells 'flip out and lose control' they start to grow over and through the healthy cells around them, damaging healthy skin. That's a skin cancer.

DNA mutations in skin cells are like random eggs; they might hatch a cancer next month or maybe in 20 years,

the timelines are unpredictable. We don't know when. We do know that once the skin has started to make precancerous spots it's a signal that the skin's natural sun protection has been worn out and cancers are likely to become more frequent; it's like when sunlight wears off the UV protection on your car and starts to chew the paint off. It's possible that one more overdose of sunshine might be all it takes to tip the balance that causes a new skin cancer to grow and that's a good reason for extra care.

Sun damaged skin LOVES sunscreen

- sunscreen is even better for sun damaged skin than it is for normal skin because sun damaged skin has lost 'protective layers' and needs helping hands.
- Avoid the sun between 10 and 4pm.
- Reapply sunscreen 20 minutes after your first application and continue to reapply every two hours, more frequently if sweating or swimming.

Solar rehabilitation; hope for severely sun damaged skin

- With a dedicated treatment program, even severely sun damaged skin begins to look and behave more like healthy skin. Treating precancerous skin before it becomes cancer saves on the discomfort and inconvenience of surgery.

Kiwiskin Haiku #2

easy on sunshine
saves a stitch in time saves nine
skin without within

- Spot Checks
- Mole Mapping
- Skin Cancer Surgery
- Treatment of other Skin Conditions

 **KIWISKIN**
Māpua Skin Clinic

Telephone: 03 540 2373

Email: mapua@kiwiskin.org.nz

Website: www.kiwiskin.org.nz

Address: Unit 9, The Village Māpua
66 - 68 Aranui Road, Māpua 7005

The Write Bias

News from Māpua Bowling Club

As always, the end of the season seems to have arrived far too quickly. Closing Day is scheduled for Saturday 30th April but that doesn't mean the Club goes to sleep until springtime. Far from it; members meet every other Friday from 5 pm to socialise, play some indoor games and share a supper and conversation.

But the major project for the winter months is the renovation of the green. Whilst the surface appears green and beautiful at the moment, when levels were taken it was shown to be extremely uneven across the whole area and this discrepancy needs to be addressed. We are going to be busy!

A tournament for men only had to be rescheduled when omicron reared its ugly head, but it was able to go ahead with a full house on Tuesday 12th April. This was a new format for Māpua and proved to be very popular. We were very fortunate to have the sponsorship of Solander Gourmet Seafoods for the event.



The overall winners came from Takaka Bowling Club and the winners of the Plate competition were a team from Stoke Bowling Club.

The Annual General Meeting is scheduled for Saturday 21st May at 3.30 pm when it is hoped that a new Board can be elected.

For any information about bowling, coaching, indoor winter socials or booking the clubhouse and facilities, please contact the secretary, Di Blanchet on 03 540 2627 or check out our website, sporty.co.nz/māpuabowls

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www.architecturemapua.co.nz

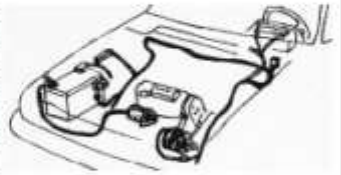
Motoring with



Will you be let down by your Vehicle's Battery

A battery can be viewed as the heart of your vehicle, and needs care and attention to ensure its reliability. It releases electricity, which is vital to starting the engine and powering all of the lights and accessories.

The battery is just one component of the vehicles 'starting and charging system'. A faulty or weak battery may cause voltage and current variations, creating stress and possibly premature failure of components within



The many components of a starting/charging system

the starting circuit. This in turn can result in electrical components operating erratically, the engine coming to a stop suddenly and/or preventing you from starting your vehicle.

The potential life expectancy of a battery depends on a variety of factors:

- **Is it good quality?** - As a general rule, the cheaper the battery the shorter its life.
- **Is it the right size for the job?** Fitting a battery that is too small for the job means it will have to work very hard, which can cause it to overheat and fail.
- **Is it fastened securely?** Excess vibration could shorten its life span and damage battery components such as the casing and terminals.
- **What type of driving does the vehicle do?** Bad weather, night driving, short trips or frequent idling result in more power being discharged from the battery than is generated from the engine running. This leads to draining of the battery's power.

Is the vehicle used regularly? Batteries self discharge naturally at a rate of 1 - 60%, depending on the air temperature, amount of use it gets, and the type of battery it is (lead & calcium).

Low use vehicles with lead acid batteries have a greater risk of battery sulfation (a build up of lead sulfate crystals) which significantly reduces the batteries life. Low use vehicles with calcium batteries have a discharge rate that accelerates after a two week period of non-use. Regular use or charging will improve these situations for both lead acid and calcium batteries.

Available options to keep batteries fully charged and increase their life span are:

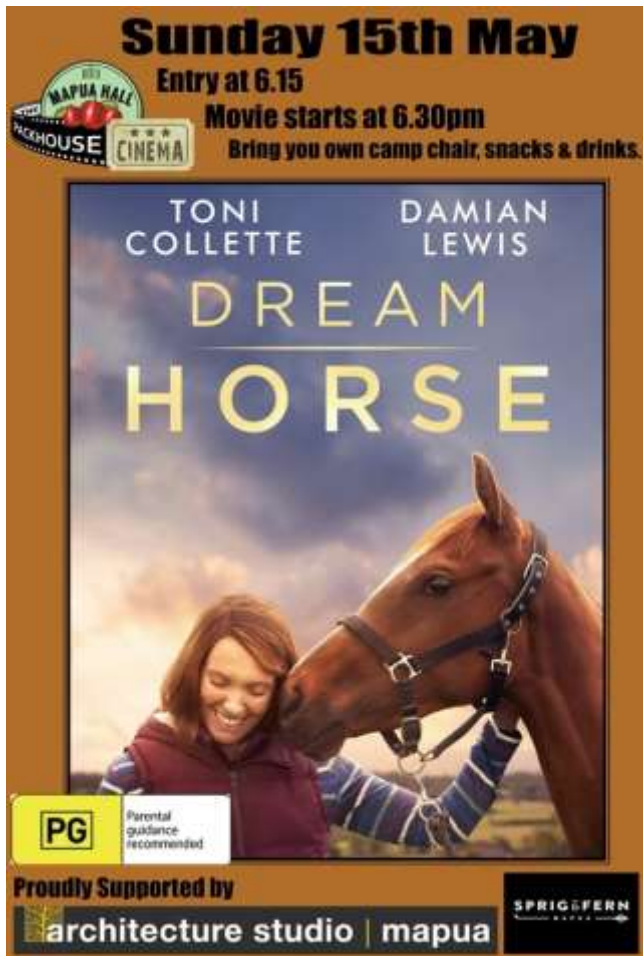
- To use a maintenance charger (as illustrated). This is attached to your vehicle during non-use and will recharge the battery when the voltage gets below a predetermined rate.
- Regularly, at least once a month, charge the battery back to full charge.

Happy & safe motoring from the team at



Dream Horse

Showing @ Māpua's famous Packhouse Cinema
6:30pm Sunday 15th May



This film tells the inspiring true story of 'Dream Alliance' an unlikely racehorse bred by small town Welsh bartender Jan Vokes (Toni Collette).

With very little money and no experience, Jan convinces her neighbours to chip in their meagre earnings to help raise Dream in the hope he can compete with the racing elites. The group's investment pays off as Dream rises through the ranks with grit and determination and goes on to race in the Welsh Grand National. Set and filmed in Wales it is a true story from almost 20 years earlier.

Jan Vokes is a middle-aged woman who has a rather boring life; she works at the local supermarket and at the local pub then at night goes home to prepare meals for her unmotivated husband. She really has nothing in her life to get excited about or even look forward to the next day.

That all changes when a new guy shows up at the pub and she learns he has been involved in horse racing but not with a very good outcome. Still, she gets bitten by the horse racing bug! So studies the subject, figures out all the costs and devises a plan.

She will form a syndicate with her neighbours to buy a breeding mare and try to hire a proven stud stallion to hopefully produce a winning racehorse.



MĀPUA HALL NEWS

72 Aranui Road Māpua | māpuabookings@gmail.com | 03 5402330

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9 am SUPERB DANCE Move Good Now	9.00 am PANZ Pastel Artists of NZ	9.15 am AEROBICS with Lynda		9.00 am SUPERB DANCE Move Good Now
	9.00 am SIOUX LINE DANCE	9.30 am SLOW YOGA with Nikki	9.30am MĀPUA ART GROUP	9.15 am STRENGTH / CARDIO with Lynda
	10.00 am MĀPUA CREATIVE FIBRE 2nd Tuesdays	10.15 am PILATES with Lynda		9.30 am PILATES with Lynda
3.30 pm BALLET 3-4yrs Kerry Clarke Dance				10.30 am YOGA with Martin
4.00 pm BALLET 5-7yrs Kerry Clark Dance	5.30 pm YOGA with Martin	4.00 pm QUICK STEP TO DANCE		2.00 pm FRIENDSHIP GROUP 3rd & last Fridays
5.30 pm BROGA YOGA with Nikki	6.00 pm STRENGTH / CARDIO with Lynda		7.00 pm MĀPUA COMMUNITY CHOIR	
7.00 pm MĀPUA HALL SOCIETY Meeting 3rd Mondays	7.00pm PILATES with Lynda		7.30 pm PILATES with Anne-Maree	
7.15 pm MDCA PUBLIC MEET 2nd Mondays	7.00 pm BEGINNERS YOGA with Martin			

Packhouse Cinema

• Sunday 15th May

Come along on the third Sunday of every month: Tickets \$12 at the door: BYO chair and snacks: Doors open at 6.15pm.

Check our website

- Calender with live updates to sessions times and timetable
- Venue hire and booking info
- Event news
- Membership details
- Regular activities info
- Sign up for Hall Society E-Newsletter



www.MāpuaHall.org

Hall Society News May

Membership -

Visit our website and fill in the google form to join or re-new your Māpua Hall membership for FY23. With membership you will receive monthly updates from the Hall community via our E-Newsletter with all the latest updates on events such as Packhouse Cinema screenings and ticket info for PechaKucha.

Māpua Hall Society AGM will be held on 20th June 2022, there is currently a strong Committee who are keen to continue on into 2023 though there will be a few changes with room for some new faces to join the team. If you have some fresh ideas or just want to support the crew, email MapuaHallSociety@gmail.com for more details.

Take care & stay safe



Māpua Health Centre report

We warmly welcome Sharon to our reception team, who is taking over the role from Mandy now that she has become our practice manager. Sharon has worked at our health centre in the past and we look forward to the expertise and local knowledge that she brings with her.

We are also very pleased to welcome Rangi Ngaruhe, who is a health coach, and he will be working at the health centre on Wednesdays. Health coaching aims to build people's motivation and capability to better understand and self-manage their physical and emotional wellbeing needs. The health coach supports people and their whānau to access community and online resources and supports to enhance their social, emotional, and physical wellbeing. Appointments are fully funded.

We have stopped providing Covid vaccination which is now available at the Richmond Vaccination Centre, 253 Queen Street, Richmond, and the Nelson Vaccination Centre, 16 Paru Paru Road, Nelson.

The flu vaccine has arrived, and we are currently providing vaccination clinics. The 2022 flu vaccine contains harmless parts of four strains of flu viruses, not the whole virus. When you are given the flu jab, your immune system reacts to the parts, makes cells, and special types of proteins called antibodies that will help to protect you against the flu. For details and booking an appointment please contact Reception at 03 540 2211.

Our phone hours are now 8.30am–5.00pm. Our new website gives details about our services, appointment times, enrolment, and other useful information: www.Mapuahealth.com

This month also includes asthma awareness day and in addition to routine supportive options and medical treatment, research suggests that nutrition modification, mind-body medicine, physical activity, and certain dietary supplement interventions can be helpful (*Current Allergy and Asthma Reports* Oct 2014). For instance, children who eat fast-food three or more times a week had a much higher likelihood of severe asthma, as well as more hayfever and eczema, whereas eating extra fruit appeared to be protective (*Thorax* 2013). A meta-analysis suggested that taking vitamin D reduced the frequency of acute exacerbations, namely emergency department visits, hospitalizations, or the need to administer corticosteroids, by over 60% (*Cochrane Database Syst Rev.* 2016).

This month's health and school events include:

- | | | |
|------|----------------------------------------|------------------------------------------------------------------------------|
| 5 | International Midwives Day | www.midwiferycouncil.org.nz |
| 5 | World Asthma Day | www.ginasthma.org |
| 7-13 | Youth Week | www.arataiohi.org.nz |
| 8 | World Red Cross Day | www.redcross.org.nz |
| 9-15 | Privacy Awareness Week | https://privacy.org.nz/ |
| 9-15 | Road Safety Week | www.brake.org.nz |
| 12 | ME Awareness Day | www.anzmes.org.nz |
| 12 | International Nurses Day | www.nursingcouncil.org.nz |
| 15 | International Day of Families | www.un.org |
| 20 | Pink Shirt Day – awareness of bullying | www.pinkshirtday.org.nz |
| 30 | Multiple Sclerosis Day | www.msnz.org.nz |
| 31 | World Smoke-Free Day | www.who.int |

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Lynda's Exercise Classes in the Mapua Hall,

Term 2 starts Tuesday Apr 19th (in the school holidays) till Friday July 8th (12 weeks)

Regular fitness and Strength classes for all levels.

Classes on Tuesday evenings 6 pm & 7.05 pm,

Wednesday & Friday mornings 9.15 am & 10.15 am.

Strength/weight training, HIIT, Pump,
Aerobics and Pilates.

\$12 1 session, \$20 for a double header - 2 sessions on the same day. 5-trip ticket \$45; 10-trip ticket \$75; 20-trip ticket \$140; 30-trip ticket \$190.

Please contact Lynda for details, lynda@hht.co.nz,
027 222 1491.

Engineering company engaged for Māpua boat ramp

The Richmond based branch of Davis Ogilvie Ltd has been engaged to engineer the construction of the proposed Māpua boat ramp, says Trevor Marshall, Project Coordinator for the Māpua Boat Ramp Community Trust.

"Following on from the decision of the Tasman District Council to provide up to \$700,000 funding for the boat ramp at Waterfront Park, the Community Charitable Trust interviewed several engineering companies," he said.

"Davis Ogilvie company is a New Zealand business originating in Christchurch that has been operating since 1932. It provides a complete range of multi-disciplinary engineering, surveying and planning services.

"The trustees of the Māpua Boat Ramp Community Trust look forward to working with the company's staff members. Their first part of the project is to obtain a resource consent which will enable information to be collated about the seabed, the top of the remediated land and the location of any council services in the vicinity including pipes.

"Once these issues have been resolved, then the bigger part of the project commences - obtaining a resource consent for the construction of a new ramp."

Trevor says that one of the benefits of this new ramp will be the removal of boat and trailer access at Grossi Point which will make the location much safer for swimmers and other users of the Māpua Estuary which is also a recognised historic site. "It's great to be working with the Tamaha Sea Scouts on this community project and we are looking forward to seeing this group of young people and their mentors having their marine training facilities catered for, along with having fun on the water. Our town is a wonderful place to experience coastal activities."

Trevor says the recently erected information signs around Māpua village are helping with public awareness and encouraging discussion within the village.

"We encourage residents and visitors to visit the Māpua Boat Ramp community Trust website: <https://Mapuaboatramp.org>

"There is an option to make a donation here with all donations being tax deductible enabling donors to claim tax back from the Government depending on their tax rate."

For further information

Trevor Marshall
Project Coordinator
Mapuaboatramp@gmail.com
Ph: 027 222 4947



Right:
Trevor Marshall,
Project Coordinator, Māpua Boat
Ramp Community Trust

Māpua Craft group

Our twice monthly dates for May are the 6th and 20th, 10am to noon at the Hills Community Church.

You are most welcome to call in and see our patterns, materials, and projects.

Ella is making wonderful woollen rugs from donated scarves and jumpers. The colour mix is so attractive.

We made Easter cards and baskets with donated "eggs". Thanks to Val for the photo.



On Anzac Day we will proudly wear our knitted poppies.

Any craft project you would like to start or complete, do come and join us as you will be most welcome. There is no membership fee, just a small donation to cover the hire of the room and morning tea.

Barbara Halse. 5403901.



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MAY EVENTS

Fri 6th: Fiona Pears

**Sun 8th: Mothers Day
Lunch Buffet**

**Fri 13th:
Adam McGrath
Of the Eastern**

**Sat 14th:
Fleetwood Mac
and Elton John Tribute**

Fri 20th: 70s Disco

**Sat 21st: Queen and
BeeGees Tribute**

**Fri 27th: Alan McElroy
Stand Up Comedy**

Hills Community Church

How have you been doing so far this year? Life in many ways continues to be a bit of a rollercoaster with changes every few weeks, or even every few days.

Our family spent this Easter isolating at home, after one of our children tested positive with COVID. Thankfully we are all well but going into isolation for a week brought us back to the feelings of two years ago; the sense of suddenly having to reorganise our plans, and to do it all at a distance.

You know one of the things about life at the moment, is that we are in the middle of a time of chaotic change and trauma. As much as all of us are trying to live as 'normal' - there is no real normal at the moment; It is not just because of the ongoing uncertainty with COVID but also because the world is a very volatile and destabilised place. This seems to be 'normal' right now.

I was listening to a program on the radio the other day that talked about the times we live in, in the light of the five stages of trauma: known most widely to us through the experience of the trauma of the Christchurch earthquakes. These stages are incredibly helpful in understanding our collective response to COVID.

The first stage is the initial sudden impact; confronting us with some unexpected shock; like going into Lockdown in 2020.

This is quickly replaced by what is known as the 'heroic' phase. We also saw this in 2020, the sense that we could work together as community and 'beat' COVID; generosity and kindness were in abundance.

But this only lasts a little while before the third stage kicks in, that of disillusionment, and it has a much bigger impact than the initial shock. You only really reach the end of it when you realise that no amount of heroics, or planning, is going to put things back to 'normal' and you accept the reality of loss, grief, and a different future.

It is this faith in a different future that pulls us to the fifth stage: rebuilding, restoration, and renewal. But it's not an easy or quick fix - ask anyone who lived through the Christchurch quakes - it's a long road, and it's bumpy.

Maybe we are at the beginning of this phase; I don't know. What I do know is that more than ever we need one another. We also need to think about our role in helping to heal some of the divisions and hurts that our community is suffering from.

The story of Easter is a vital here. In the midst of the grief, loss and trauma of Jesus' crucifixion, God, through the resurrection of Easter Sunday, was laying a new foundation, a new beginning, and a new hope.

Let us grab hold of this hope; that in our rebuilding, renewal, and restoration we look to the life to come, with faith, hope, and most crucially, the willingness to put into practice love for one another.

HCC Services

Every Sunday 9am, and 11am - All welcome.

1st Sunday of each month at 5pm: Whānau Space, Family tea - and good food for the soul.

Due to COVID, service times may change at short notice so please see website for up-to-date info.

www.hillscommunitychurch.org.nz
Church office Ph 540 3848

Māpua Fire Brigade



March to April 2022 call outs

19 Feb 14:30 Logs on fire on Pomona Rd, started by chainsaw. Brigade put fire out.

21 Mar 19:19 Car rolled on Dominion Rd, Police investigation.

22 Mar 15:50 Three-car crash Sh60 near Gardner valley Rd, Police investigation.

23 Mar 15:34 Car crash, Appleby bridge, turn back.

26 Mar 20:20 Bonfire on beach next to Kina Beach Reserve, put fire out.

1 Apr 09:18 Smoke in the area of Sh60 and Old Coach Rd. Nothing found.

7 Apr 12:32 Burn off out of control on Pomona Rd, put fire out.

7 Apr 13:50 Burn off out of control on Permin Rd, put fire out.

17 Apr 10:41 Light plane in estuary near Westdale Rd. All persons out, harbourmaster on scene.

17 Apr 11:22 Medical off Aranui Rd, Brigade did CPR, person taken to hospital.

17 Apr 17:58 Campfire on beach off Stafford Rd. left with occupants to put out.

17 Apr 18:15 Tanker to bonfire in area of Sunrise Valley Rd. Permitted fire, turned back.

Call outs for the year = 25

Safety Tip – Be safe.

Controlled burn-offs

On the day of the burn:

- Check the weather forecast
- Check the fire season status
- Know and follow the conditions signed off in your burn plan or permit
- When lighting the fire start slowly and observe how the fire is behaving. Be ready to respond to changing weather patterns or fire behaviour. Don't light a fire that's too big for the resources you have to manage it.
- In the days and weeks after your burn, keep checking to make sure the fire is completely out.

For fire safety info go to - <https://fireandemergency.nz/>

For fire permits go to - <http://www.checkitsalright.nz/>

Any questions phone Mark 0274392778 or mark.Theobald14@gmail.com

Queen's Birthday Monday 6 June
Opening Hours at Perry's Auto
FORECOURT - Open 9am to 5pm
WORKSHOP - Closed
Saturday and Sunday hours as usual

NPD Fuel Cards • SuperGold Cardholders welcome
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Repurposing the Old Church on Aranui Road into a **Community Wellbeing Hub**

Residents of the Māpua community and surrounding districts are invited to the first Public Consultation Meeting on
Friday 13th May
Venue: Māpua Community Hall
Time: 7pm to 9pm

*Old Church on Aranui road upgrade proposal.
Concept drawing only. (JTB architects)*



"All are warmly welcome to attend"

Agenda

1. Welcome by Māpua Community Wellbeing Trust Chairperson.
2. Brief History
How did the idea come about/identifying need in the community. Why a Hub?
What gaps could the proposed wellbeing Hub fill in the community?
3. Update on progress to date
4. Share the current draft concept plans by the architect
There will be opportunities for all present to ask questions, clarify & comment on specific features.
5. Small Groups Session
with plans available to discuss possible uses, suggested changes or additions with the architect, Māpua Community Wellbeing Trust trustees & Hub working Group members.
6. "Wrap up session"

Contact: info@mapuahub.nz

STAFF WANTED

1 x Front of House
1 x Back of House
1 x Baby Sitter

mostly weekend work

**Contact us On 5402985, Facebook or email
theplayhousecafeNZ@gmail.com**

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\$60 ½ page	\$80 full page

With 20% discount for long-term advertising (3+ months) and prompt payment by internet banking only. The deadline is the 20th of each month with each issue coming out on the 1st. Printed by TDC.

There is no separate January issue.

E: news@coastalnews.online for more information.

Carol Markwell: reclaiming a local author

Among the authors long listed for the 2022 Ockham Book Awards, Non-Fiction Section, was Carol Markwell for her latest book *Enough Horizon: the life and work of Blanche Baughan*.

Carol and her husband Colin were Māpua orchardists in the 1980s and 1990s. They had an orchard on Seaton Valley Road and their three children attended Māpua School and local secondary schools.

In 1983 Carol entered a short story competition run by the Nelson Mail and was awarded equal first prize for her entry *Walking Slowly* [p1]. A second story, *The Dog*, won first prize in the Writing for Children category, and both stories were published in the Nelson Mail at the time. This was the quiet start of a writing career that has come to include short stories and poetry and also historical research leading to books and plays about people and events in New Zealand history.

Orchard life was busy, and Carol did most of her writing in winter, sitting at the kitchen table and looking out over the apple and pear trees and the hills of Seaton Valley.

Her latest work though, the biography of Blanche Baughan, was researched and written from the Markwells' current home at Foxton Beach.

'BEB' (Blanche Edith Baughan) as Carol affectionately came to call her, is a woman our history has largely neglected. She was an inspirational woman who contributed to Aotearoa /New Zealand in many ways. She was a poet and journalist, an early and committed conservationist, and a dedicated prison reformer. The London Spectator published her account of walking the Milford Track and called her piece 'The Finest Walk in the World', a name it has had ever since.

Researching 'BEB' over recent years took Carol to England and then to Christchurch, Akaroa and Wellington. But she had known of Blanche's story for much longer than this.

In her 2014 book, *Alice, what have you done!* the case of Alice May Parkinson (with its striking cover illustrated by Nelson painter Janice Gill), she wrote about a young Tikokino waitress Alice Parkinson, who in 1915 shot and killed her former lover because he refused to marry her. Alice's trial and harsh life sentence caused outrage among many people, and there was a concerted campaign to have her freed from jail. One of those who visited Alice in prison and who was active in getting her eventually released, was Blanche Baughan.

Carol's first major play, written during her Seaton Valley orchard days, *Save Our Railway*, told the story of the retired schoolteacher Ruth Page and the later well-known political figure Sonja Davies (whose biography *Bread and Roses* became a film). Ruth lived in Nelson for many years and Sonja in Mariri and Nelson from 1947-1970.

In an attempt to stop the demolition of the Nelson railway, Ruth and Sonja led a band of women to sit on the

railway tracks at Kiwi Station. It was a peaceful protest, but this original and colourful act of resistance brought a lot of publicity, and it made a dramatic piece of theatre. The play was performed with a large cast as a community play at the then School of Music in 1991 as part of Nelson's Sesqui-centennial celebrations. Phillip Mann from Wellington and Nelson woman, Jules Findlay, directed the play.

One of Carol's later plays, *With Hard Labour*, telling the story of Alice Parkinson, was performed at the Suter Gallery theatre in Nelson with Phillip Mann and Jo Kahl as directors.

With Hard Labour was a finalist in the Adam Foundation Playwrights Award.

Nelson is rich in local writers. Over the years Carol, along with other Nelson writers including Rachel Bush, Jillian Sullivan, and Bridget Musters, published anthologies of Nelson writing. *Province* (1987) *Ten* (1994) and *Love at First Sight* (1997) are some of these titles.

In 2000 Carol and Colin left the Māpua orchard, moving after a spell of Volunteer Service Abroad to eventually settle in Foxton Beach where Carol had spent her childhood holidays.

Living closer to Massey University she was able to study for and graduate as a Master of Creative Writing. She has since won the Kapiti Coast District Libraries Creative Writing Competition three times, and her memoir is included in the 2019 anthology, *Objects of Significance*, publishing entries from Kapiti writers. Her play, *Smoke and Mirrors*, written when she was a Masters student, was a prize winner in the 2011 Playwrights Association of New Zealand play competition.

Carol still lives and writes at Foxton Beach where she says she spends a lot of time walking around the Manawatu River estuary, mulling over birds, seashores, people, and ideas.

A copy of her book *Enough Horizon* is held at the Māpua Community Library.

In that paddock

A tractor

Is towing seagulls

Haiku by Carol Markwell

Judy Mitchell



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Moutere Hills RSA Memorial Library

Māpua Community Library

**Annual General Meeting Friday 13 May at 11.30am
to be held at the library.**

We invite all volunteers and other interested people to attend our AGM followed by a light lunch. This will be a good opportunity to meet and have a chat with our volunteers.

Nominations for office bearers and committee members may be submitted in advance to the secretary via email to: mapualibrarynz@gmail.com.

For catering purposes, it would be good if you could rsvp to mapualibrarynz@gmail.com by 10th May if you would like to attend.

Diary the date and support your local Community Library.

The library has lifted the Vaccine Pass requirement in keeping with the government's decision to no longer require vaccine passes for government-mandated facilities and services. Masks and social distancing are still required, and we continue to follow cleaning protocols and have hand sanitiser available to you and our volunteers as safely as we can.

Exhibition

The Anzac exhibition is back on display in the library to commemorate our returned service people.

These stunning wall hangings were crafted by the ladies of the Creative Fibre Group back in 2015 in celebration of 100 years since the World War 1 Gallipoli Landing. These wall hangings involve over 1000 poppies which were knitted and crocheted by the community. Some of the poppies need replacing and once again we are asking members to take up their needles/crochet hooks and make a few more. If you would like to come into the library and sit and knit for a while, needles, wool, and patterns are available or alternatively you can bring your own needles and wool and enjoy the company of others. If you have any spare wool at home, you could photocopy the patterns and knit some at home.

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May 2022

The final month of Autumn is upon us. Hasn't the weather been stunning. Hoping you are all doing well out there and getting onto some projects that have been on hold over the summer months.

MDBA MISSION STATEMENT

To form supportive relationships for local businesses to thrive.

OUR CORE VALUES

Stronger Together

As local businesses working together, we seek opportunities to influence, advocate, and lead on behalf of our members.

Respect for place and people

We are kaitiaki for the places that we live and work. We consider the impact on our environment and our communities in our planning.

Inclusivity is key

Knowledge sharing across different industries can help us better learn and thrive. All businesses in our region are welcome and can find support.

WE ARE LOOKING FOR A SECRETARY

We are looking for someone to join the MDBA committee as the secretary. Want to be involved in your local business community, be a part of a small committee with big ideas who cares about our region's small businesses? We meet on the first Tuesday of each month for a committee meeting at Rimu Wine Bar Cellar Door.

We'd love to hear from you, contact Kirsten on P: 027 327 6010 or email mdba@mapua.co.nz to find out more. *Cheers from the MDBA committee.*

MDBA ANNUAL GENERAL MEETING 2022

WEDNESDAY 22 JUNE, 2022—7pm RIMU WINE BAR, Mapua Wharf

It's that time of year again, we have locked in the date for our AGM.

We are excited to have Mayor Tim King as our guest speaker this year. RSVP is a must, email Kirsten on mdba@mapua.co.nz to register and secure your spot.

The AGM will follow promptly to update you all on the year that was in the Chair's report, finances and the current budget. We are looking to onboard a secretary and two new committee members. If you are keen to be a part of the MDBA committee please submit your interest to Kirsten prior to the AGM via mdba@mapua.co.nz or on the night.

RSVP by Monday 20 June, mdba@mapua.co.nz



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NEW MEMBER UPDATE *WELCOME ABOARD FLAXMORE VINEYARDS



TASTE - one of the Moutere's newest wine labels from an established boutique vineyard.



WALK - explore the vineyard for stunning views across the Moutere valley to the Kahurangi ranges beyond.

ART - enjoy a visit to our unique gallery.

This family vineyard crafts sublime wines from hand-picked vines on Flaxmore's beautiful rolling slopes in the Moutere hills. Careful attention to detail fully expresses this stunning vineyard's special character. Visitors love the vineyard walk, views and art gallery.



Best contact details / current hours

Winter hours by appointment - please call us on 027 527 8680

24 Flaxmore Road, Upper Moutere

W: www.flaxmore.co.nz FB: www.facebook.com/Flaxmore

E: wine@flaxmore.co.nz

Noticeboard

Pastel Artists Nelson: meet Tuesdays 9am-noon, Bill Marris room in the Hall. Visitors welcome.

Coastal Stringers: Ukulele & guitar group meet Fridays 1-4pm at Bowling Club for winter, Boat Club for summer. All welcome, just arrive & enjoy the singing. Contacts: Colleen 5403010, Diane 5402627.

Māpua Women's Rec Group. Come and join our friendly social walking group. Meet outside Tessa Mae's Thursdays 9.15am. Options for all fitness levels plus activities and social events. mapuarecgroup@gmail.com or just turn up.

Knit & Natter group at Alberta's: 10am Tuesday's. contact: Debby 027 327 4055

Local Women's Walking Group - all welcome to our Tuesday morning walk of 5-7km leaving 9am - call Lynley 03 540 2292 for more information.

Māpua Craft Group: Meetings may change this year. Contact Julie Cox 0277418575 or Barbara Halse 5403901.

Motueka Toastmasters: Like to speak with more confidence? Friendly supportive environment. Meet 1st & 3rd Weds, 6.45-8.30pm, St Johns rooms, Jack Inglis hospital, 15 Courtney St, Motueka. Visitors welcome. Info Tam: tortipon@gmail.com or 021 08738996.

Re-cycle Printer Cartridges at the library. Volunteers are happy to collect printer & photocopier cartridges and transport to recycling centre. Blue bin in our foyer.

Tasman Golf Club: Twilight Golf at Kina Cliffs Thursdays. Tee off 5 - 5.15pm, members (\$5) & non-members (\$10) all welcome. Optional BBQ to follow. Ph Lyndal 03 5266819, teeup@tasmandgolfclub.com or just turn up.

Māpua Community Choir: 4 part harmony, no audition necessary, small koha, Māpua Hall 7.15pm Thursdays, enquiries Helen: n-h.bibby@actrix.co.nz

Tasman Dippers: A casual collection of people who enjoy connecting with the open water. Year-round dips or swims in the sea at Rabbit Island. Info: www.tasmandippers.nz

Māpua Boat Club welcomes new members. No boat required. Social nights Thursdays 5.30 - 7pm at Club rooms on Māpua Wharf. Raffles, cash bar, snacks, regular guest speakers. To join, contact Secretary, Katrina 0211393945

MATHS TUTOR - Experienced High School maths teacher available for individual tuition. \$30 for 45 minutes. First lesson free. Jane 021 02972934

Stamp Collectors - anyone interested in forming a group or having their collections evaluated – contact Nick Ferrier 021 688243

Quakers meet at Family Service Centre, Motueka 10am 2nd Sundays. All welcome. Enquiries: Linda 027 447 6435.

Māpua Friendship Club: a young-at-heart group meet 3rd and last Fridays, Māpua Hall for indoor bowls & bring-a-plate tea, + occasional outings. \$3 door fee, 20¢ raffle. Contact Valeri 540-3685.

Māpua Art Group meets Bill Marris Room Māpua Hall Thursdays, 9-noon. Paint, draw, help each other in a social environment. All levels & media. \$5 incl morning tea. Tables, chairs, easels provided. Barbara Glass 027 443 1121

MDCA: Māpua & Districts Community Association meets Feb-Dec, 2nd Mondays, 7pm Māpua Hall; info@ourmapua.org

Kidz 'n' Koffee playgroup: Wednesdays 10-noon, Hills Community Church (during term time). All parents & carers welcome, we cater for 0-6 yrs. \$2 don/family. Make new friends. Info: Verena 027 435 1932.

Daytime Book Group: Meets first Tuesdays 9.45am. New members welcome. Gaye 03 526 6827

Fibre Craft Sunday. Birch Hall, Richmond A&P Showgrounds. Last Sundays 1.30-3.30pm. Learn to spin, knit, felt or weave. \$5 includes tea or coffee. All ages welcome. Richmond Creative Fibre Group: Diane 547-6517 or Karyn 544-9709

Spinners, Knitters, Weavers: Creative Fibre Group, Māpua Hall, second Tuesdays 10am. All welcome.

Toy Library: extensive selection of toys, puzzles & videos for children 0-5yrs. Māpua Hall every 1st & 3rd Tuesday, 10-11am & 6.30-7.30pm, 1st & 3rd Friday 3-4pm. mapuatoylibrary@gmail.com

Ruby Coast Walking Group meets 9.30am Wednesdays by Tasman Store. Walk 1½ hrs then coffee & muffins back at the Store. All welcome. Fiona: 021 232 6089 for more info.

Ruby Coast Running Club: 5k run Thursday nights 5:30pm. Also runs most mornings. Find us on Facebook or contact Debby 027 327 4055.

RSA: Anyone interested in joining Moutere Hills RSA is welcome. No former service history required. Great platform to catch up & meet new members. Nic Poultney 021 220 3920 or 548-4420

Motueka Senior Net. Tech for mature adults. Monthly meetings. Help sessions 2x/month. De-mystify technology in a fun & friendly forum. Clubrooms 42 Pah St, Motueka. Seniornetmotueka.org.nz

Coastal Garden Group meets 1pm first Thursdays, Tasman Bible Hall (opp. Jesters). Men and women most welcome to share their love of gardening. Guest Speakers, Workshops, Garden Visits. Ph 03 265 1842

Sing Your Lungs Out! Free community singing group for anyone with respiratory issues, morning tea. Singing improves your lung health! 10am Mondays, Te Awhina Marae, Pah St, Motueka. Pip 0274 282 693

Ruby Coast Newcomers Social Group: meet new people, make new friends. Coffee 10am last Fridays at Tasman Store and occasional social events. Just turn up. Vivien/Richard 526-6707

Tasman Area Community Association (TACA) 7.30pm last Thursdays (x Dec) Tasman Bible Church. Residents of Ruby Bluffs to Tasman & Kina welcome. Info: Facebook or www.tasmancommunity.org.nz

Nelson Trout Fishing Club: 7pm 3rd Wednesdays, Fish & Game Rooms, 66/74 Champion Rd, Stoke. Beginner or expert. Courses, field trips, speakers. Open to all ages. Info: 03 5476432, secretary@nelsontroutfishingclub.com

Friends & Neighbours: Varied programs of interest, friendship & good morning tea. Third Fridays 10:30 - 12:30pm at Tasman Bible Church. Info: Jane 526-6709.

Motueka Scottish Country Dance Club: Weds 7.30pm Lower Moutere Hall Scout den. No partner needed, dress casual, wear soft flat shoes, beginners welcome. Good exercise, lively music. Contact Fay 021 039 3559 or Alison 0220 363 891.

Club Notices are free. Others by gold coin donation to one of the distribution boxes.