

Gateway Sculptures Project Well Supported

Community response “fantastic”

After the recent leaflet drop (via letter box and *Tasman Times*) and information in last month’s *Coastal News*, there has been a fantastic response to the call for donations to complete the Aporo Sculpture. The funding target has been achieved with a final contribution of the remaining \$1000 being generously donated in response to the sign at right.

Construction has begun—a fantastic team effort!

If you’ve driven past the site in Tasman recently you may have noticed the foundations for the nine-metre sculpture have been laid and by the time you read this we hope there will be more to see.

The overall project is a series of three sculptures—another of similar size and design will stand at the turn-off into Mapua and a smaller one at the top of Seaton Valley. There have already been generous donations made towards both of these sculptures. Local artist Betty Salter has very generously donated an original painting



to be raffled with all proceeds going to the Mapua sculpture. Her painting (left), depicts the Mapua wharf and estuary birdlife. Signed prints will also be available for sale as a fundraiser for this second sculpture. The painting is hanging at



present at the Mapua Auto Centre in Warren Place and tickets can be bought there: \$5 each or a book of five tickets for \$20. Leave your contact details at Mapua Auto or contact Janet Taylor on 540-3364 if you would like to order a print as well.

A preferred site for the Mapua sculpture was proposed with some members of the MDCA executive and discussions are under way with the Tasman District Council around this location.

If you would like to know more about Betty’s painting see her facebook page, <https://www.facebook.com/BettySalterArtist.co.nz> (click on photos then albums) or visit the Trust’s website www.rcit.co.nz for further information about the project.

A big thank you to all who have and will support the Gateway Sculptures Project—celebrating our place on the Ruby Coast.

Janet Taylor, RCIT secretary

tasman homeopathy

Linda Morgane Classical Homeopath - dip. hom

ph 03 540 3653 • 027 4510 178

peatfamily@xtra.co.nz 211 Westdale Road, Mapua
Redwood Valley 7081

JELLYFISH CAFE AND BAR

Shed 1, Mapua Wharf

Hours: 9am-late Tues - Sat

9am to 3ish Sunday & Monday

Ph (03) 540 2028

www.jellyfishmapua.co.nz

architecture studio | mapua

new homes & renovations
residential & commercial architecture

simone wenk

registered architect (germany) - lbp design 2 (nz)

(03) 540 3282

0211 049 039

simonewenk@xtra.co.nz

136 aranui road

mapua 7005

www.architecture-sw.co.nz

3B



**ESSENTIAL OIL BASED
SANDFLY & MOSSIE REPELLENT**

it really works!

Blackham's Bug Blues

Tested on the ankles of

Gnarly Old Hunters in Fjordland and my kids

3B is long lasting, DEET-FREE and smells gorgeous!

A thorough application of 3B in the morning can last all day. Expect at least 4 hours protection and usually around 8 hours. 3B has been put to the test in the far reaches of the New Zealand bush.

3B is proudly made in New Zealand

AVAILABLE AT MOTUEKA'S TOAD HALL, HARDY'S RICHMOND, GOLDEN BAY ORGANICS, BODYWISE NELSON, NELSON I-SITE, NELSON MARKET, TAPAWERA COUNTRY KITCHEN, NELSON LAKES RANGEVIEW GIFTSHOP AND A FEW OTHER SMART RETAILERS

www.3b.kiwi.nz

Pastel Artists of NZ

After our warm and relaxing summer break it was good to re-engage with friends and painting equipment on Tuesday 10 February in the Community Hall. Holiday "homework" was displayed and admired, some of the best results from the summer challenge ever seen. Then it was down to business, fine-tuning the final details of our annual Art Exhibition.

The Community Hall was a hive of activity during the day on Friday 20 February as pastel artists mutated into handymen and women, carpenters, electricians and interior designers! The result was a worthy display of work all primed and ready for the opening of the seventh 'Top of the South Art Exhibition'.



What a great turn-out in the evening to view new work by artists from Nelson and Marlborough ... and to enjoy the drinks and nibbles. The exhibition was opened by sponsor Lewis Della Bosca of 'Impressions' in Richmond with an introduction by Glenys Forbes. It was an encouraging start to the weekend with some red dots appearing on paintings denoting a sale, the ultimate accolade for an artist.

If you want to find out more about pastels and the PANZ art group in Mapua visitors are always welcome. Just call into the Community Hall on a Tuesday morning between 9am and 12 noon when you see the PANZ board outside. Or contact Glenys Forbes on 540-3388 for more information.

Sue England

Electrical Laser

ANTIDOTE APPLIANCE REPAIRS

Laser Electrical Motueka and Antidote Appliance Repairs

Proud to be 100% Locally Owned and Operated

- Air Conditioning and Heat Pump Installation, Cleaning and Servicing
- Domestic & Commercial Wiring
- Appliance Repairs
- New Builds or Renovations
- 24 hr Callout Service

Contact Greg and Donna Bradley

- 03 528 9071
- 027 243 2212
- 9a Monahan Street, Motueka
- motueka@laserelectrical.co.nz
- laserelectricalmotueka.co.nz

KAREN DEAN DESIGNS

CURTAINS, SOFT FURNISHINGS, BLINDS AND TAILORED EVENING WEAR
MADE TO MEASURE

1391 MOUTERE HWY, RD2 NELSON : 0212929294

karendeanz@gmail.com

Mapua Health Centre

We are 25 years old! And it's our birthday this month. That is the Mapua and Districts Health Centre came into being in the middle of March 1990 after an amazing effort by the local community in collaboration with the Nelson Area Health Board, which had just bought the site of the old post office. It has gone through various metamorphoses and changes over the intervening years, with the latest being the addition of two further rooms at the back of the building to allow for the hyperbaric oxygen unit and extra staff. Many thanks to all the volunteer help that we have had over recent years and to the health committee who generously give their time and energy to looking after the building and equipment.

The committee that oversees the building is actively looking at how we can plan for the future and cope with the increasing population and changes in health provision (with some services likely to be devolved from the hospital to primary care). Ideally we would like to build a new purpose-designed centre that also incorporated other services such as physiotherapy, pharmacy, dentist and other health professionals. If you have any ideas for achieving this or wish to help the committee please contact the chairperson, Derek Craze (info@mapuahealth.com).

We will have a new trainee intern joining us this month, Daniel Wansong, along with our new second-

year house surgeon, Jessie Ma joining the team. This is a great opportunity for them to experience the general practice environment and get to know more about community-based medicine.

There has been a delay in the availability of this year's flu vaccine due to incorporating two new strains into it. We are expecting it to be ready by mid-April and we will be contacting those who are on our computer recall system when they arrive. However, if you would like to receive a vaccination against the flu and have not had one previously from our centre please call the practice nurse, as we need to order sufficient supplies in advance.

Just a reminder that we normally require 24 hours notice for preparing prescriptions and if you have internet access you can re-order routine prescriptions by emailing prescription@mapuahealth.com (you will need to give your details re name and exact medication required). Unfortunately, due to the high demand for same-day prescriptions, we will now be charging an additional fee for urgent, same-day scripts. The charges are \$10 for routine prescriptions for next-day pick-up, an additional \$10 if not paid within five working days, and \$20 for a same-day prescription.

Some of the events for the month:

1-31 Child Cancer Appeal month	www.childcancer.org.nz
1-31 Epilepsy Appeal month	www.epilepsy.org.nz
1-31 Melanoma Awareness month	www.melanoma.org.nz
1 National Children's Day	www.childrensday.org.nz
2-9 Plunkett Awareness week	www.plunket.org.nz
5 World Book Day	www.worldbookday.com
9-16 Kidney Health Awareness week	www.kidneys.co.nz
16-23 Brain Awareness Week	neurological.org.nz/brainweek
11 Walk to Work Day	www.livingstreets.org.nz
21-28 Muscular Dystrophy Awareness Week	www.mda.org.nz
22 World Water Day	www.un.org/en/events/waterday
23-30 Hearing week	www.nfd.org.nz
24 World Tuberculosis Day	www.stoptb.org
27 Guide Dog Appeal (red puppy awareness)	http://blindfoundation.org.nz



THE ART OF TOUCH
"Discover Enhanced Health and Well-Being"

Melissa Potter
B.Sc. (Hons) B.A. (Hons) Dip. (Hons) (Yr 1, Yr 2, Yr 3)

...bringing you over 25 years experience!...

- * THERAPEUTIC / REMEDIAL MASSAGE
- * CRANIOSACRAL THERAPY
- * MYOFASCIAL RELEASE
- * REFLEXOLOGY

@ TUI HOUSE, 57 Greenwood St, Motueka
PH: 540 2575 TXT: 021 136 8439
All details on: WWW.THEARTOFTOUCH.CO.NZ
GIFT VOUCHERS / CONCESSIONS AVAILABLE



APPLE SHED
the

Cafe • Bar • Mapua Wharf

Open every day for breakfast, lunch and dinner.
Ph 540 3381 www.appleshed.co.nz

Supporting our local suppliers, local school and the Great Taste Cycle Trail

WAKEFIELD QUARRY
Pig Valley, 6km from Wakefield



FOR:

- Basecourse 70mm
- Topcourse 40mm
- Topcourse 20mm
- Drainage metal 40mm
- Landscape Rock
- Lime

Truck Available

Limeworks
Tony Dick
Philip Dick

541 9093
541 8392 a/h
541 8666 a/h



OPEN:
MON - FRI 7 am - 5pm
No longer open Saturdays

Mapua Literary Festival 2015



27th - 29th March 2015

'QUIZTIME'

Patron **JOE BENNETT** launches the festival with a 'Joe-style quiz'
Wine, beer and nibbles; tables of eight.

Venue Mapua Bowling Club

Time Friday 25 March, 7 (for 7.30 start) – 10 p.m.

Cost \$20

CREATIVE WRITING WORKSHOP FOR ADULTS

A full day of writing fun and challenge led by **JOE BENNETT**

Venue: The Boathouse, Mapua Wharf

Time: Saturday 28 March, 9am to 5pm

Cost: \$70

All levels of experience welcome for both workshops

CREATIVE WRITING WORKSHOP FOR CHILDREN

Half a day for children aged 10 – 13 led by Wellington author **BARBARA ELSE**

All levels of experience welcome

Venue: Mapua Library

Time: Saturday 28 March, 10am to 12 noon

Cost: \$20

SING, READ, LAUGH, ENJOY

An afternoon for younger children to join in with music, poetry and stories
led by **KATH BEE** and local author **ANNA CROSBIE**

Venue: Mapua Library

Time: Saturday 28 March, 2pm to 4pm

Cost: Gold coin donation

WHODUNNIT HALL!

Join us in the Incident Room to find out whodunnit!

**CARL NIXON, BARBARA ELSE, DYLAN HORROCKS
AND CHARLOTTE GRIMSHAW,**

AIDED AND ABETTED BY JOE BENNETT

will give us their take on crime, mystery and suspense

Venue: Mapua Community Hall

Time: Sunday 29 March, 1.30pm to 5 pm

Cost: \$35

COMPETITIONS

Short Stories and Limericks - closing date 28 February 2015

TICKETS AND INFORMATION

For information visit www.mapuafestival.wordpress.com

For tickets call Sue on 540 2934 or by email s1ad2as3@xtra.co.nz

With thanks to all
our sponsors:



Mapua Library

Lit Fest—A reminder, 27-29 March. The excitement is building! For further information, visit www.mapuafestival.wordpress.com. Tickets are available from the library during opening hours.

Display: Poppies—a Patriotic Call to Yarn www.armymuseum.co.nz (See picture on page 6)

We have, in liaison with Mapua RSA and the Mapua Creative Fibre group, been active in promoting a local poppy display project. Knitted and crocheted poppies will be made into a wall hanging to be displayed in the library during April. An appropriate venue as the present library owes its existence in part to the generosity of the local RSA. We have already had a fantastic response and are very grateful for the amazing array of beautifully crafted poppies.

The poppies will later be sent to the Army Museum for the above project (patterns also via that website). A workshop on 10 February was very productive (see photo) but more poppies will be gratefully accepted. Can we have them by 10 March please. There is a collection bag in the library.

A second workshop will be held on 10 March, 2-4.30pm in the library. All volunteers very welcome.

Book Groups Register

A number of requests are received in the library for information about local book groups. We would like to compile a register of local groups with a brief statement about how they work, where they are based and contact details of a member from each group. This will be used only to disseminate information and relevant event details. Book groups would also be

welcome to let us know if they have any spaces for new members.

If you belong to a book group, please consider joining our register and email the details as per the above list directly to the library.

If you've ever wanted to join a book group - or your current book group is looking for inspiration - we have some information in the library about the non-profit organisation Book Discussion Scheme (BDS).

Grants

Huge thanks to Canterbury Community Trust and the Lion Foundation who have made grants to us. These monies will be used to purchase new books - a vital part of us keeping our collection current and relevant.

Lynley Worsley

Library Hours (closed Statutory Holidays)

Monday	2pm-4.30pm
Tuesday	2pm-4.30pm
Wednesday	2pm-6.30pm
Thursday	10am-12.30pm; 2pm-4.30pm
Friday	2pm-4.30pm
Saturday	2pm-4.30pm

mapualibrary@xtra.co.nz

www.mapuacommunitylibrary.co.nz

Major Sponsors: Canterbury Community Trust; Lion Foundation; Tasman District Council; Mapua and Districts Business Association.

Book Review

My Stroke of Insight, by Jill Bolte Taylor. Reviewed by Katie Trickett. This book is available in the Mapua Community Library.

Five years ago I spotted my brother reading a book called *My Stroke of Insight*. I had never heard of it before so after skim-reading the synopsis on the back I decided I would pinch it from him and try it for myself. It was such a fantastic, eye-opening story that when I saw it again, this time in the Mapua Library, I knew it was time for a second read.

In 1996 Jill Bolte Taylor suffered a major haemorrhage in the left hemisphere of her brain. The book details what happened to her on the day of the stroke, as well as her life pre-stroke and her subsequent recovery. What is unusual about the story is that, at 37, she was not only very young, but was also a very successful published Doctor of Neuroanatomy. Seen through the eyes of someone with such familiarity with the workings of the brain, I found her personal account to be both incredibly detailed and lucid.

Understanding that she may be having a stroke, she still comprehends which parts of her brain may be shutting

down and what the repercussions of that trauma could be. With the majority of her left hemisphere now 'off-line', she processes the world through the right hemisphere. She finds the awareness of the intuitive right brain to be euphoric Nirvana and having now experienced that deep inner peace she refuses to go back to her old patterns and incorporates these new insights into her recovery and beyond. There is plenty of recommendations given to the reader on how we can also access the same feelings of euphoria without having to experience that same level of trauma. But I won't give too much away—you'll have to read it yourself!

I believe the information and advice given in this book would be of huge benefit to those who may have suffered any type of brain injury as well as for their care-givers. It is also a fascinating and inspiring read for those that just want to learn more about the different personalities of the left and right brain and how we can balance those differences to the greatest effect.

It is a quick and easy read but most importantly an enjoyable book. I think it might be time to buy my own copy.

Crime & Suspense

There will be a whole lot of fun to be had at the third Literary Festival hosted by Mapua Community Library volunteers. There is something for everyone so pencil the dates in your diary—27, 28 and 29 March, and check the details on the festival website, www.mapuafestival.wordpress.com

Just to whet your appetites:

Friday night is quiz night and with Joe Bennett asking the questions it promises to be, well, a night to remember!

On Saturday we can offer you an adult writing workshop with Joe Bennett (pictured) and for the children, Barbara Else will show how to 'trap and train' a story. Very young children (and their parents) are in for a treat with the songs of Kath Bee and stories read by Anna Crosbie.



Knitted and crocheted poppies will be made into a wall hanging to be displayed in the library during April.

Come and marvel at the Mapua Community Hall on Sunday when it will be transformed into the Incident Room and you can find out whodunnit! Carl Nixon, Charlotte Grimshaw, Bzrbara Else and Dylan Horrocks aided and abetted by Joe Bennett will give us their take on crime, mystery and suspense.



Places need to be booked for the two workshops and tickets are on sale for the quiz and 'Whodunnit Hall'.

For bookings, ticket sales and enquiries please call Sue on 03 540-2934 or email s1ad2as3@xtra.co.nz

This festival is a fund-raiser for our volunteer library but more importantly, a great community event and an opportunity to meet some wonderful Kiwi authors. We hope to see you there!

Sue England

Letters to the Editor

Naming of Mapua Library

Re the naming of our Mapua Library. It has been brought to my notice of the possible change to the name of the library.

The land was originally donated by the late Sam Busch in 1947 to the Moutere Hills Returned Services Association.

I was present when the library grounds were presented to the Tasman District Council for the "peppercorn" fee of \$1.

Members had expressed the wish that this was the ideal place for a public library. The understanding of RSA members at the time was that the new library would be named the RSA Memorial Library in recognition of this donation.

Norm Thawley, president.

GORDON WEBB

NUMBER 1 2007/08/09

in **SUMMIT REAL ESTATE** MREINZ
Tasman - Nelson - Marlborough Regions



RUNNER UP
2005/06 2006/07

'A Good Deal Better'

Office: 03 544 2900

Fax: 03 544 2909

gordon.webb@summit.co.nz
www.summit.co.nz

Gordon Webb

Residential & Rural
Sales & Marketing Consultant

Mobile: 021 540 241

A/h: 540 2415



Postal Delivery

We can post you the *Coastal News*. Post \$20 with your name and address to *Coastal News*, PO Box19, Mapua Store, 7058, or email coastalnews@mapua.gen.nz



KEEP IT SIMPLE SOLUTIONS

From bookkeeping services to
sales, consultancy, training and
anything in between.

Dee Workman

Ph: 03 553-0633

Mobile: 021 46 00 82

Email: dee@keepitsimplesolutions.co.nz





GENTLE TREATMENT, effective and safe, long term results, improved performance and function
PAIN: Effective long-term pain relief for many conditions, treating the source of your pain
STRESS: Depression, Anxiety, Insomnia, PMS, Menopause, Tiredness, Digestive Issues
FERTILITY: Increase pregnancy rates, reduce risk of miscarriage and ectopic pregnancy of IVF, ICSI and IUI

ACC & NZRA Registered International Experience
 Children very welcome and animal acupuncture available

DIANA WILKS ACUPUNCTURE

Diana Wilks BSc RN
 (over 10 years experience)
 Ora Health Centre,
 69 Aranui Road, Mapua

Journey Practitioner
Acupressure Massage for
immediate muscular relief
Deep tissue massage

Phone: 021 0464 887

email: dianashantiwilks@gmail.com

website: www.1world1lovenow.com

MAPUA & DISTRICTS COMMUNITY ASSOCIATION

General Meeting
 Monday 9 March @ 7pm
 Mapua Community Hall
 Everyone welcome

Drawing for Beginners

Moutere Hills & Motueka
 Autumn & Winter Courses

Do you have a secret desire to draw, or would you like to reignite a talent you once had, but are a bit nervous about where to start?
 2015 is a great year for you to be drawing!

The good news is that everyone can learn to draw! It is not an inherited skill! For most it is learned.

Step by step we lay the foundation.

So take off the gardening gloves, come inside and discover your inner artist this winter!

Drawing for Beginners is a 9 week course in pencil, charcoal & pen, which is offered in Motueka and Upper Moutere in term 2 & 3. Classes are small, supportive and joyful. You will surprise yourself at what you achieve. Learning to draw what you see is very satisfying. Many students have said "I now see the world through new eyes!"

Starts mid-April – mid-June (Autumn Course)

Mid-July – mid-September (Winter Course)

Sat 1-4.30pm or Thurs evening 6-9.30pm

Email your interest to Carol for more details.

Drawnow2@gmail.com Testimonials available

EMPLOYMENT SAFETY SPECIALISTS

Staff conflict issues?

Need employment agreements?

Want a Health and Safety Manual?

Disciplinary & poor performance?

Call 0274296344 for a confidential complimentary discussion of your business needs.

We work with local Tasman businesses and keep things real (including costs).



KAITIAKI
 O NGAHERE LTD

ECOLOGICAL RESTORATION & BIOSECURITY

INVASIVE PEST PLANT CONTROL SPECIALISTS

- Is your stand of native bush, young plantings or garden being smothered by unwanted invasive species such as Old man's beard, Banana passionfruit, Japanese honeysuckle, Climbing asparagus, Tradescantia etc etc?
- QEII blocks, Significant Natural Areas and other sensitive areas our speciality
- Growsafe certified, dedicated and experienced staff
- Contractor to NCC, TDC, MDC, DOC and others
- Call me to discuss a solution for you

Andy Wards (Operations Manager) Phone 027 687 0014

www.kaitiakirestoration.co.nz

www.TheAlternativeEnergyCompany.co.nz

Solar that works at Night!

Solar Box

New

- Fits to your existing hot water cylinder
- Supplies ALL your hot water 24 hours a day, 365 days a year
- Saves 80% on hot water bill
- Eco friendly
- Only one lightweight solar panel
- Easy to install (in a day)

Special locally installed price only \$3,900
 + GST (conditions apply)

03 540 3003
 info@thealternativeenergycompany.co.nz

Richard Ewbank

Garden & Property Maintenance

- | | |
|------------------|-----------------------|
| • Handyman jobs | • Water blasting |
| - inside and out | • Chipper available |
| • Chainsaw work | • Green waste removal |
| • Spraying | • Raised garden beds |
| • Hedge trimming | • Dry stone walling |

Phone Mapua (03) 540 3881

Mobile 027 540 3881

Aranui Park Ideas

You may recall in a previous issue of the *Coastal News* that there was a request for any ideas that members of the community might have to improve/enhance Aranui Park, looking forward over the next 10 years. Richard Hilton from the Reserves Department of the TDC is wanting input from anyone who is interested.

Just to remind you, the original intent of Bernard Wells, who donated the land, was to have an area of peace and tranquillity easily accessible for anyone. There is an area of exotic trees towards the Aranui Road frontage, some planted many years ago, and an area of natives on the western side, a lot of which are part of the Tane's Ark Project through Mapua School.


It is a beautiful peaceful space that the community is lucky to have.

So if you have any ideas to contribute please contact me at n-h.bibby@actrix.co.nz, Barbara Hosie of the Coastal Garden Group or David Mitchell of Friends of Mapua Wetlands.

Helen Bibby

the wine
the cuisine
the art
the views

the destination



CELLAR DOOR AT MAHANA

www.woollaston.co.nz

243 Old Coach Road, Mahana

03-543-2817 ext. 8

open all year round, seven days a week

11am till 4.30pm

Endurance Spraying Ltd

Pete Hughes Owner/Operator

Ph (03) 544 2654

Cell 0211 942 654

- All types of weed spraying
- Hill country gorse a specialty
- Commercial & Residential
- Lawn Spraying & Fertilising
- 20 years experience - Growsafe certified

Coastal Garden Group

Our February meeting had speakers David Perrett and Rosalie Cruickshank, members of our club, speaking about bromeliads, their varieties, care and propagation.

Bromeliads originated in Central America, Chile, Peru, Mexico, Brazil and the Amazon Basin. They are grown in a wide range of climates surviving in the Atacama Desert, from the top of Bolivia to Lima on the coast.

The Sword Plant: *Vriesea*: Flower spikes are often tall, broad and brightly coloured shades of orange, red and yellow. You water these in the centre of the stem called the tank. They flower only once.

Billburgias: There are many varieties with coloured leaves, stripes, blushing bromeliads. Most come from Central America and are the easiest to grow. Ideal house plants. A month before they are going to flower they go bright red and change colour very quickly over the winter period.

Aechmea: These start with a flower then go into berries (which are edible). The common ones have grey/white leaves with a hot pink flower.

Tillandsia: Air plants which grow on pungas.

Ananas Group: Pineapples. The not so common pineapple grows to the size of a duck egg and is bright red and very sweet.

Removing pups from the mother plant. Once the pups reach half the size of the original plant they can be removed, dried off for a day or two then put back in the same pot that the mother plant was in. Don't get water on the roots as they will rot. Potting mix should be gravel, pumice and 70% bark. Use wooden meat skewers to stake the pup as they are top-heavy. Keep in shade house or shady area in the garden. Will burn if in direct sunlight.

Cobwebs can be a problem. Use Rip Cord to alleviate. They are also frost tender. Vapourguard spray is a good protective.

Rosalie discussed her trip to Totara Waters Sub-Tropical Gardens near Whenuapai which has several acres of beautiful bromeliads. Thank you to David and Rosalie for an extremely informative talk and wonderful display of their own bromeliads for members to look at.

Judy Sisam



Ruby Bay Takeaways
172 Stafford Drive
Ruby Bay

www.rubybaytakeaways.co.nz

Tel: 03-540 3530

JUST THE BEST....
Fish and Chips
Burgers (homemade)
Ice Creams, drinks and more.

For the full menu and opening times visit our website or please give us a call.

OPEN 7 DAYS



Tasman Bible Church



God's Own...

New Zealand used to be referred to as “God’s Own Country.” The phrase has mostly passed from use—God is rarely referred to in conversations and Parliament debates the relevance of opening its sessions in prayer when most of its members no longer believe that the “God” they are praying to exists. Now to be fair the “God’s Own” sentiment had more to do with the beauty of our country than it did with the faith of Kiwis, but it does remind one that our country has undergone a definite shift away from a Christian world-view over the last couple of generations.

When Christians ponder this undeniable movement away from the Christian faith in New Zealand they come up with all sorts of possible explanations. Most likely the reasons for this shift are complex, but the underlying reality is that faith, in order to survive, must be active.

As we grow older it is not necessarily a “given” that our love for God and appreciation for all that He has done will likewise grow. Spiritual growth does not happen by coasting along on the highs of the past—either our own or those of our spiritual parents.

Such growth requires an on-going, active desire to know God and live for Him in the here and now.

Someone has observed that if we are coasting spiritually then we are most likely going backwards in real terms. Like a canoe drifting in a river, doing nothing inevitably means that we will head downstream. Drifting along, growing lazy or ambivalent about our walk with God can all too easily become fatal. Moving from obedience to outright rebellion against God may simply be the culmination of many small, seemingly innocuous moments of forgetful inactivity that, over time, become the norm.

If you are reading this and you once held to some sort of faith in God but no longer do (not really), what caused you to walk away from him? Was it a catastrophic life-event that shattered your belief? Was it that everyone else around you had long since abandoned religion? Or was it simply the inevitable result of a life lived without reference to God?

Whatever the cause, it is never too late to once again consider God. Where or not you believe in him, Christians believe that he is passionately interested in you.

Geoff Paynter

For more information on Tasman Bible Church go to www.tasmanbiblechurch.org.nz


**ecservices**
cleaning & home maintenance

cleaning
domestic & commercial

- Interior and exterior
- Pre/post rental cleans
- House washing
- Window cleaning
- Water blasting
- Roof and gutter cleaning / repairs
- Mould and fungal removal
- Waterproofing / leak repairs
- Joint resealing
- Venetian blind clean /repairs
- Painting and touch ups
- Tile refixing

call us today...

P 03 528 0918 M 0273752941
www.ecservicesmotueka.co.nz

**Shanti Massage Therapy**
Relaxation and Deep Tissue Massage

Kim Saunders Stevenson
Certified Massage Therapist

178c Old Coach Rd, Mahana 540-3911

Richmond Physiotherapy
Active well-being
Get Moving

ACC subsidised treatments still available
when you visit our clinics
Lower Queen St Health Centre
355 Queen St, Richmond 544 0327
69 Aranui Rd, Mapua 540 2216

Edited by Andrew Earlam (advertising) 540-2845, and Terry Smith (editorial) 540-3203. Views expressed are not necessarily those of the editors. We aim to have the newsletter out by the 1st of the month. The deadline for emailed items to coastalnews@mapua.gen.nz is the 20th of the month. Notices are a gold coin donation in the collection boxes. Club notices are free. Printed by the Tasman District Council.

SAT 7th MARCH

3.00 - 7.00 PM

MAHANA

S C H O O L

**TWILIGHT FOOD
and MUSIC FIESTA**

Live Music

GEORGIA CHAPPLE * TAYLOR PUMPHREY * MITCHELL NEAL * MEDICINE WOMAN

Entertainment

**AERIAL SILKS * CARNIVAL FUN ZONE * FACE PAINTING * OBSTACLE COURSE * PONY RIDES
CRAZY BIKES * CRATE MOUNTAIN * BOUNCY CASTLE * MUSSEL BUOY RIDES**



New Zealand
Sotheby's
INTERNATIONAL REALTY
KYLIE TAIKATO



Under The Bonnet with Fred

Morris Convertible—the Italian Job



Everyone has seen that neat looking 1959 Morris Minor convertible around Mapua with a brilliant custom paint job. The colour is called Regency Red and is borrowed from Jaguar, which I thought appropriate for a British icon of a motor car. All New Zealanders will have memories of a Morris Minor.

Billy's Morris was bought from an older lady while he was living in Sydney. The car was originally a white two-door sedan and it was called "Beryl" by its last owner. It became a project for him while at home after years of working off-shore in Australia.

Under the bonnet is impressive, with a twin carburettor Fiat 124 sports coupe engine, five-speed gearbox and diff. It was an excellent move to have the drive train all Fiat. The carbs have been re-jetted and the head worked. The only real modification was fitting an external oil filter to make space for the steering box. The suspension has all been done with a sports kit available from UK which has made the Morris into a true sports car. The quality of engineering is perfect.

The bodywork is like new with a list of modifications that you might not think a Morris Minor would have—strengthened chassis and convertible kit, quarter-lights removed and electric windows fitted, rear boot modified for New Zealand and Australian number plate mountings, a spoiler under the front bumper, tan-coloured leather upholstery (beautifully done), dash redone with gauges for fuel, temperature, battery, rev counter plus warning lights above each gauge, racing steering wheel and door handles all matching. The colours are perfect with the contrast

of the Regency Red paint and the tan leather upholstery. It's the best custom car I have seen yet.

Billy took me for a drive and I have to say that if I had been blindfolded I would not have known I was in a Morris Minor. The exhaust noise when the engine started could have been on any race track in the UK. We drove out to the by-pass and Billy gave it a blast uphill, working his way through the gears to reach a high speed by Old Coach Road. Again I could not believe I was in a Morris Minor.

I had the privilege of driving the car. The steering was modern-sports-car-tight with sharp positive acceleration through the gears. Billy, I would suggest you take the Morris to the Motueka Drags and test the car in the amateur class. It is a lot of fun.

The personalised number plates "AMORI" have a double meaning. "A Morris," and as the car has a Italian Fiat engine, "AMORI" in Italian means "my love." I can see Billy has put all his engineering skills and heart into the Morri.

Fred Cassin



It's time to get cycling

Bike Hire and Services at the wharf

- Feel comfortable on your own bike or learn how to change a puncture. Book a short session with us.
- Let us help you plan a day trip. So many routes, so many options.
- Many of our services are available to locals using their own bikes.
- Small to tall, we've bikes for all.

For further information, to book a session or reserve a bike call 0800 2 CYCLE or 03 5432245

you decide • we provide

Applications for Grants

Voluntary organisations are invited to apply to the Mapua/Ruby Bay and District Community Trust for a grant. Applications will be considered at the next meeting of the Trust in May and should be in the hands of the secretary by 1 May.

Forms may be obtained from the secretary (John Sharman), Ph 540-3642, and should be returned to PO Box 19, Mapua 7048

Grants will usually be for less than \$300 but the trustees have a discretionary right to vary this in individual cases.



Out and About with Hugh

Sorrow. I start this column with profound sorrow at the news of the untimely death of Celia Lashley on 16 February at 61 years of age. Writer and social justice advocate, her passing is a great loss for everyone. Two of her outstanding landmarks are her work with teenage boys on the Good Man project and her book, *He'll be Okay: Growing Gorgeous Boys into Good Men*.

Not so many years ago our community was confronted with a serious problem with our local youth. Thanks to a contact with Celia through her friendship with Pat Perry, Celia came to Mapua. She came to help. That was her nature. She graced our community by sharing her experiences with us and giving counsel to many youths and parents during her stay with us. "Thank you Celia for your good works, your books, your ready counsel. You leave us a lasting legacy."

Heads Up: For nearly 100 years, apple orchards dominated the Mapua scene. Today, many of those orchards have disappeared and the land is used for other purposes; some for other sorts of agriculture; some for commercial enterprises; some for residential subdivisions.

In January 2012, The Government introduced the National Environmental Standard for Assessing and Managing Contaminants in Soil to Protect Human Health (NES) which places obligations on the TDC that it must meet its environmental management and regulatory role.

As part of this legislation, the Tasman District Council has undertaken a process of identifying areas of land that appear on the Environment Ministry HAIL list. Former orchard land is one of the activities included in this list.

Hail: When we think about hail, we think about the devastation to agricultural crops of all sorts created by hail stones. Local orchardists take out hail damage insurance policies or put hail covers over their trees in an effort to limit financial losses from hail. Quite costly either way.

Capitalise "HAIL" and you have an acronym for the Ministry of Environment "Hazardous Activities & Industries List," which is about a different sort of damage, eg, from ingestion of toxic chemicals. If, and I say "if" the land in question was formerly an apple orchard. What are these toxic chemicals that might or might not be present in the soil; around your house, the school grounds, the sports fields etc? How about the dust kicked up and blowing about when heavy equipment is moving soil in one way or another?" I recently drove along Mapua Drive through a cloud of dust raised from machines moving soil around on the Freilich subdivision, a former apple orchard. What contaminants were in that dust coming into my car that I had to breathe? Arsenic? DDT? What else?

The TDC identified former orchard properties by examining old aerial photographs and then overlaying them on more current aerial photographs of the same land areas as they are today. Many letters were sent to landowners on 8 December last year telling them their property was on the site of a former apple orchard and of the council's intention to include their property in its Site Contamination List (HAIL).

A public meeting on the matter was held in the Mapua Community Hall on 23 December. Resulting from that meeting another letter was sent to landowners on 20 January. A copy of this letter is available from the TDC. A report on the matter and the process followed by the TDC will be made at a meeting of the TDC Environment & Planning Committee on 12 March at 9:30am, at the TDC Chambers in Richmond.

Is your property on the HAIL list? Yes? Then I imagine you will attend. No? It might be in your interest to attend anyway. If you are buying or selling a property it is important to know that any pertinent information regards the property will now appear on the TDC Property Information Memorandum (LIM) report.

If nothing else, we are becoming more and more aware of our exposure to an ever widening variety of chemical contaminants.

Sprig & Fern: Many are anticipating the opening in April of the Sprig & Fern Craft Beer Tavern. Already some exterior changes in view to the former premises of the Tap with a new paint job, repairs and an addition at the rear of the building. Not yet seen yet but coming; a new look inside. As I said last month, "Prepare your selves for some new look changes to the floor plan."

Wharf & Park: The Wharf & Park Committee met on 17 February. Our wharf and its facilities had an estimated annual increase in usage of 30%. A hugely popular venue for locals and tourists. Under this sort of use it is now time for the council to close the wharf permanently to motor vehicles. This type of use requires some thinking out of the square. Perhaps a different concept on the use of the council land? The new building project on the former aquarium site is going ahead. The consent calls for 35 car parks! That's another challenge for a re-think.

Suburbia: Speaking of a re-think, are we losing the concept of being a village? Drifting towards becoming a suburbia of our own? I leave you to think or maybe re-think about this trend until next month.

Hugh Gordon

I want to get rich but I never want to do what there is to do to get rich.

Gertrude Stein, American writer

Rangers Rugby Football Club



Rangers JAB registrations: Saturday 14 March 12pm – 2 pm, Moutere Hills Community Centre (Rangers Rugby home ground).

It's time to sign up for JAB rugby. As well as taking registrations we will be having a sausage sizzle, and a kick around with the rugby balls. We hope to see all our past JAB players and welcome new players and their families to join us. We provide a club environment which is family orientated.

We have great facilities at our grounds which are safe and entertaining for the younger family members too, with a playground on the grounds, and the shop selling hot food and drinks which is open whenever we have a good number of teams playing on the same day. The online registration site is also up and running and you can pre register at www.sportsground.co.nz/rangersrugby/104928

Rangers Seniors vs Riwaka vs Tapawera. Pre-season game, Saturday 14 March, 2pm kick-off at the Moutere Hills Community Centre.

Come down and support our boys while they tackle it out with the lads from Tapawera and Riwaka. It will be a great game and the bar will be open.

Rangers Seniors pre-season conditioning: Saturday mornings. Our senior pre season training is continuing on Saturdays at 8am at the Moutere Hills Community Centre, so come down and join in.

Rangers summer touch: Tuesdays 6pm-7.30pm.

Our friendly touch games are still going strong if you are keen for a run around. Everyone is welcome to join in and feel free to bring along the kids as well, and we can get them having a throw around of the rugby ball too.

Don't forget to keep up-to-date with what is happening with the club by checking out our facebook page, RANGERS RUGBY CLUB.

Cindus Colonna

The post office has great charm for one period of our lives. When you have lived to my age, you will begin to think letters are never worth going through the rain for.

Jane Austen, 1775-1815



NEW ZEALAND CAFÉ OF THE YEAR 2013-14
NOW OPEN 7 DAYS A WEEK 9AM – 5PM
 FOR DELICIOUS BREAKFASTS AND LUNCHES
 BOOKINGS HIGHLY RECOMMENDED
 320 APORO ROAD, TASMAN.
 03 5266742 LUNCH@JESTERHOUSE.CO.NZ
 BRING YOUR FRIENDS TO EXPERIENCE THE
 DELIGHTS OF TASMAN'S BEST CAFE (SINCE 1991)

Insurance Work • Welding Plastic And Steel • Small Panel Repair Shop



Panel 'n' Paint

03 540 2477

Unit 14 Warren Place Mapua
Karpaintz@xtra.co.nz
 Graham and Julie Cox

Courtesy car available

STUMP GRINDING SERVICES



- ◆ Stump Grinding
- ◆ Tree Felling & Removal
- ◆ Site Clearance

Andrew Workman
 Phone: (03) 553-0633
 Mobile: 021 081 82 123
 E-mail: stumps@orcon.net.nz

Anisy's Tasman Funeral Home

(03) 544 1129 www.tasmanfunerals.co.nz



Natural Burials – Direct/Simple Cremations – Traditional Funerals

Postal Delivery

We can post you the *Coastal News*. To take advantage of this post \$20 with your name and address to Coastal News, PO Box19, Mapua Store, 7058, or email coastalnews@mapua.gen.nz

Civil Defence Advice



With the summer sun out in full force, it's a good time of year to remind ourselves about utilising alternative power sources, like solar energy, in the event of an emergency.

Civil Defence says that in most emergencies you should be prepared to be self-sufficient for at least three days.

"All disasters have the potential to cause disruption, so it's vital that you prepare now."

In order to do that, Civil Defence advice is to 'Get Ready, Get Thru' by assembling and maintaining your emergency survival items for your home, as well as a portable getaway kit in case you have to leave in a hurry.

While you may have a gas BBQ on hand, storing a portable solar oven at home will give you additional options to use in an emergency. On a hot summer's day the oven will heat to around 100°C.

And now is also a good idea to practice cooking on your solar oven, so you know what you're doing,

which will mean you won't waste valuable food in an emergency.

For further information please visit <http://nelsontasmancivildefence.co.nz/> or phone 03 543-7290.

There is a local Emergency Response Group in Mapua. If you would like to be involved with this group or would like some information please contact Dave England on 03 540-2934 or email slad2as3@xtra.co.

GET READY GET THRU



The Nelson Tasman Civil Defence Emergency Management Team, cooking a chook in a solar oven for lunch.

The Probus Club of Mapua and District

The club's February meeting was a picnic at Rabbit Island on 6 February. Being Waitangi Day, the 16 club members were able to find space in a sheltered area. The weather had changed from the long, hot days to a showery afternoon.

Club members brought a good selection of food with the committee supplying cutlery and plates and a serving table. It was a good social afternoon.

On the 5 February several club members joined about 300 retirees at the Hope Community Church Hall. The two hour daytime concert was put on by the Operatunity music group. It featured music from the "Big Band" era, with instruments being the piano, trumpet and saxophone, plus a singer, Elizabeth Harris.

The group played 25 popular pieces of music, often bringing back memories of popular jazz and swing music around the 1940s to 1980. Some of the music was made famous by such artists as Duke Ellington, Sahara Vaughn, Ella Fitzgerald and Frank Sinatra, to name a few. The group encouraged the audience to sing along to several songs such as *Moon River* and *Blue Moon*. Elizabeth had the audience laughing as she changed her dress between her songs. The show finished with a standing ovation.

The band moved on to surrounding rooms from the auditorium to serve lunch of sandwiches, cupcakes, tea and coffee that was included in the cost of the show. The next show on 6 March is entitled *Memories are Made of This*.

David Higgs

WOMAN GARDENER

Very experienced
Maintenance, makeovers
or restoration
Fiona Ph: 03 528 7653



- Maternity packages
- Senior citizens discount
- Evening & weekend appointments

Phone Kate Mander on 021 101 9226
Ora Health Centre, 69 Aranui Rd, Mapua

MOUTERE INN



THE CENTRE OF THE MOUTERE SINCE 1850

- Craft Beer
- Local wines
- Bar meals
- Lounge bar
- Real Ale
- Live music
- Evening Dining
- Rooms

ESTD 1850

All welcome

Available for functions and private bookings

COMING EVENTS AT THE MOUTERE INN

- ❖ **LIVE MUSIC 7pm SAT 7th March "The Lonesome Pine Specials"**
The Lonesome Pine Specials are an old-time music revival. They bring songs steeped in the musical tradition of Southern Americana. Reminiscent of The Carter Family with an honest love of simplicity, they weave their banjos and fiddles with songs of Appalachia and tunes for the old dance halls.
- ❖ **I.P.A. SHOWCASE Thur 19th – Sun 22nd March**
Four Days of All things hoppy. Mike's single American IPA, 8Wired First Blood, Raindogs Oxymoron Black IPA, and Emersons White Tail Wheat IPA.
- ❖ **FINE DINING EVENING SAT 28th March 7pm \$45**
We will be offering a relaxing evening of fine dining over five courses. Focusing on produce from the Moutere Artisans we will also be matching local wine and beer with each course. Bookings essential, check our website for menu details.
- ❖ **DON'T FORGET**
Raffle every Wed 6pm with Chase the Ace and Steak Wed.
1st Thurs Folk Night. This month the 5th.
2nd Thurs Quiz Night. This month the 12th.
Last Thurs \$20 Ribs Night. This month the 26th.

THE MOUTERE INN
THE CENTRE OF THE MOUTERE

Phone 543 2759
www.mouterein.co.nz

MAPUA NATURALHEALTH CLINIC

BodyTalk, Reiki, Counselling
Nutritional and Supplement Advice

Jude Twin
CERTIFIED BODYTALK PRACTITIONER

021 2020339

www.mapuanaturalhealth.co.nz

Sometimes the questions seem complicated
Know that the answers can be simple

Advertising Costs

Ads go by the size in column centimetres. Columns are 8.5cm wide and costs are as follows:

\$2.50 per cm up to 6cm

\$3 per cm up to 10cm

\$4 per cm over 10cm

With 20% discount for long-term advertising (3+ months) and prompt payment. Email coastal-news@mapua.gen.nz for more information.

THE GRIND
Espresso Bar & Roastery

@The Tasman Store
Just up the road on the Great Taste Trail
Award winning coffee, real fruit ice creams, pies, sandwiches, home made cakes & cookies.
Open 7 days
Aporo Rd, Tasman ph 526 6275

tasman tree fella
LIMITED

Do you have a tree problem?

Contact Matiu Noakes-
021 1058 359 or 03 526 8001.

- Specialising in confined space tree removal and tree reduction
- Large chipper available
- Fast and friendly service
- Free no obligation quotes.

fellng, height reduction, trimming,
chipping, firewood splitting

Specialist Septic Tank Services ♣
Hard jobs our specialty ♣
Most powerful sucker trucks in the region ♣
Free quotes ♣
Locally operated & proudly NZ owned ♣

ASTRO
ENVIRONMENTAL LTD

Call Free 0800 435 874
info@astroenvironmental.com www.astroenvironmental.com

Gavin Lambert
Master Painter

CRAFTSMAN PAINTERS & DECORATORS
GAVIN LAMBERT (OWNER)

Ph: 03 540 2748 Cell: 021 476 318
Email painter@scorch.co.nz / 26D Jessie St, Mapua, 7005
www.lambertdecorators.co.nz

Police Report

Hi. What an amazing summer. There have been a lot of visitors to our area and very few problems policing-wise in the Mapua area. We are just starting to notice that more cars are getting broken into in the Motueka area though, so it may sound like a broken record repeating but please don't leave valuables in your car and please do lock it, even if it is parked up your driveway and you have never had any problems for the last 20 years.

All it takes is for someone from out of the district with light fingers to walk up your drive at random and you could be a victim.

I have been setting up some neighbourhood support groups in Motueka; there are numerous groups in and around Mapua. If you would like to set one up in your area give me a call.

*Grant Heney, Community Constable, Motueka.
Ph 03 970-5271*

Mapua Occurrences:

Feb 14: 50-year-old male drink-driving in Toru Street.

Feb 13: Cannabis located growing in Seaton Valley Road

Jan 31: Burglary at Tasman, copper stolen. Motueka male arrested.

Jan 26: Domestic argument in Mapua

Jan 22: 20-year-old Richmond male driving while forbidden in Mapua. Car impounded

Jan 21: Domestic argument Mapua

Jan 19: Minor car accident at Mapua turn-off to Te Mamaku Drive

Jan 14 Mapua woman forbidden to drive

Quizmaster: Where do you think Cambridge University is?

Contestant: Geography isn't my strong point.

Quizmaster: There's a clue in the title.

Contestant: Leicester

Elder Care co-ordinator

Hills Community Church, Mapua, is seeking a co-ordinator for its Elder Care programme. This is an 8-hour a week position, the hours having some flexibility. The programme is based around 'Senior Moments,' a monthly gathering of senior citizens living in the wider Mapua area. 'Senior Moments' has been in place for a year and the new appointee will be expected to continue this ministry which has a team of volunteers. The appointee will also be expected to develop community elder care and home visiting within the Mapua community. As this is a Hills Community Church ministry the appointee will be expected to support the mission and vision of Hills Community Church. Confirmed funding (for at least two years) and excellent support in Mapua. For more information, job description etc please contact Rev John Sherlock (ph 540-3005) or e mail revsherlock.hcc@gmail.com

GROOVY HOOVES PONY PARTIES



Make your child's party unique and unforgettable
- invite Harry and Sally for cuddles, grooming, decorating and riding!

Contact details: Caroline Lusty

03-543 2277 027 520 1285

email: caro.lusty@xtra.co.nz



enhanceskin

COSMETIC, MEDICAL & VEIN CLINIC

*Affiliated Provider to Southern Cross Health Society for
Endovenous Laser Treatment & Ultrasound Guided Sclerotherapy*

Non Surgical Endovenous Laser Treatment

Walk In, Walk Out Treatment that's Reassuringly Local

Cosmetic Botulinum : Dermal Fillers : Sun Damage Treatments

Payment Options Available - Now Accepting Q-Card

**Have you avoided wearing shorts this summer?
Are you suffering from unsightly, aching varicose veins?
You can wear shorts again!**

**CALL FOR YOUR FREE, NO OBLIGATION
DOCTOR'S ASSESSMENT & SCAN
OR COSMEDICAL CONSULTATION**

Dr David Orsourn
MBChB, Dip Obs, FRNZCGP, FACAM
Fellow New Zealand Society of Cosmetic Medicine
Certificate of Procedural Phlebology
Member of Skin Cancer College of Australasia



7 Buxton Square, Nelson - 03 548 8216 - www.enhanceskin.co.nz

Hills Community Church



Almost everyone I have talked to recently comments on what a wonderful summer it has been. The weather has been fantastic, which accounts for a lot. We had a wonderful holiday travelling around the South Island. The prospect of travelling 2000-plus kms with three kids in the back seat was a little daunting to us. But I think I am scarred by memories of childhood, when cars didn't have air-conditioning!

We had a great time. The sun shone all the way down the West Coast. Central Otago was beautiful, and hot. We then spent some time back in Dunedin and plenty of sun too, (OK, a little rain too) but watching the Blackcaps play Sri Lanka twice in beautiful sunshine, was a highlight. We then travelled up the east coast and back to Mapua. It was a fantastic trip catching up with friends, but mainly just spending time together as a family.

The weather has continued to make it a great summer – and with more cricket to watch!

It does seem strange to me that the weather seems to have a huge bearing on our mood and our enjoyment of life. There is of course no guarantee that fine weather will continue, in fact it is guaranteed that for some days it won't. That makes it all the more reason to 'make hay while the sun shines' as the saying goes. But part of me wants to be able to enjoy life whatever the weather.

Life can be a bit like the weather; sometimes settled and sometimes fickle, sometimes you never know when a change is just over the horizon. One of the key ingredients in living well, is learning that changes in weather don't have to derail us. The Apostle Paul found himself in plenty of patches of rough weather. He wrote to the church in Philippi from a prison cell:

'I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry (fine weather or foul)... I can do all this through him who gives me strength.' (Philippians 4:12-13)

For Paul his strength was found in God through Jesus Christ. This year, whatever the weather of your life, may you come to know as Paul came to know that in all things God gives us strength, courage, and even joy, in the stormiest time.

Blessings, Rev John Sherlock

Hills Community Church is a community-based church with historical roots in the Anglican, Presbyterian, Methodist and Pentecostal traditions. We offer traditional and contemporary worship in an informal and relaxed style. Visitors and newcomers are most welcome.

Sunday Worship: 9am, Traditional service. 10:30am Contemporary service & Children's programme including crèche; Holy Communion celebrated at both services on the 2nd and 4th Sundays with morning tea in-between.

March 29th Combined service at 10:30am and shared lunch

Weekly Calendar:

Wednesdays: 10am-noon—Kidz n Koffee. Open to parents-caregivers-pre-K kids—a great way to make new friends!

Fridays: 10am-noon—Craft n Coffee—learn a craft & share a laugh! Open to all, crèche provided.

Drop-off for area food bank – Bring your non-perishable food items to the church (122 Aranui

Road) on Friday mornings between 10am & noon.

We offer numerous activities throughout the week. Contact 540-3848 for more information.

Senior Moments

Senior Moments is a community initiative provided by Hills Community Church which aims to bring some of our older folk in our wider Mapua community together to socialise, relax together, connect and form relationships.

Looking back at 2014—Stories, footcare with Karin Lummis, more stories, David Kemp: his and local history, Sue Tilbey from Age Concern, more stories, Colin Hooker from SeniorNet, more stories with Matt our local vet and our last get together this year the amazingly talented musician Hannah Gibson. Spread out over 11 events, around 300 lunches, afternoon teas and morning teas were arranged and prepared by the volunteers (you know who you are, you are fantastic)! without whom these activities would not have happened.

It has been great to see our elderly come to check things out and returning and so providing our elderly in our wider community an opportunity to chat, relax, connect, have a meal, a cuppa, and getting together.

Last year we were blessed to have Marijke and Henk co-ordinating the programme. Due to other work commitments they are unable to continue in this roll. Our thanks goes to Henk and Marijke for making Senior Moments such a success last year. The Hills Community Church is committed to continuing and developing this great community event and service and is looking for a co-ordinator

Would you like to be involved? Would you like to hear about future events? Please contact the Rev John Sherlock at the church. All enquiries are very welcome!

Mapua Bowling Club

The Write Bias

The weather has cooled a bit, making it perfect for bowls. Visitors and members alike are enjoying the roll-up afternoons on Tuesdays and Thursdays, and competition play on Saturday. We even had visitors from as far away as Melbourne, Australia, stop in for some bowls one afternoon this past month.

The new green is rolling faster each week. Like a good wine, it continues to improve with age.

Two special events will be held at the club during March. Firstly, on Saturday, 14 March, an afternoon of bowls is planned to farewell Frank and Joan Gibbison. Frank is our club patron and both he and Joan

have been keen and supportive members of the club for many years. Bowlers from Ngatimoti, Motueka and Riwaka clubs have been invited to join us for the afternoon to bid Frank and Joan a fond farewell. A special afternoon tea will follow play.

The second special event is a competition held in memory of Elston Blain, a former member of our club. It is an annual drawn pairs event and the winners will have their names engraved on a very splendid cup. Last year's winners were Ben Whitten and Graham Watson. It is a fun and well supported tournament. Originally scheduled to take place on Nelson Anniversary day, it was unfortunately rained out so it is rescheduled for Tuesday, 17 March and club members are keenly looking forward it.

League Bowling is held on Monday evenings, beginning at 6pm. These sessions are open to new and experienced bowlers with both friendly and competitive play. There is no need to book; just turn up on a Monday evening and give it a go. Flat-soled shoes are essential to protect the green, but there are plenty of sets of bowls to borrow at the club and the bar offers welcome refreshments. Why not give it a try?

For information about bowling, coaching or booking the clubhouse and facilities please call the secretary, Jean Daubney (540-3281) or the president, Michael Busby (544-6325).

Barbara Brown



All About



Chocolate

*The world's best chocolate bars
now available in New Zealand.*

www.allaboutchocolate.co.nz

Free delivery 20km radius of Mapua
Enter Code SHOPMAPUA at checkout

For Chocolate addicts

Local chef Tony Robson-Burrell (Woollaston at Mahana) has a new business venture. Together with his wife, Holly, they have set up www.allaboutchocolate.co.nz, an online shop selling a range of exquisite and interesting chocolate bars from New Zealand artisans and other premium producers around the world.

Already one of their imports from Scottish company Chocolate Tree has appeared in *NZ House & Garden* magazine and chocolate bars from Mast Brothers (New York), Original Beans (Switzerland) and Marou (Vietnam) are receiving rave reviews.

Enter the exciting world of real chocolate—imagine a premium wine tasting, but with chocolate...yum!

All orders placed before the end of April 2015 will receive a free tasting bar.

MyMove

Property Management

Mapua



Protecting your investment

Maximising your return.....

Also looking after your requirements in Richmond & Motueka

03 544 2065

Amanda James - 027 472 1960

Brendon Taylor - 022 384 9791



Further beautification of the hall front required

We still have a small amount left from the fantastic TDC grant we received to upgrade the hall car park and front landscaping. **HOWEVER**, we won't be able to get the job done unless we can receive donations of **time and skills** from our supportive community.

We've purchased some new sleepers to replace the tired half rounds in the front garden and will be working with The Coastal Garden Group to plant this out in an attractive garden for the hall.

If anyone can **help** with the demolition and more importantly, the assembly of the front garden bed ready for The Coastal Garden Group to do their magic, we would be most grateful!

Contact Megan in the office on 540 2330 or mapuahallsociety@gmail.com.

THANK YOU!

Sign up to our monthly email newsletter!

Keep up to date with new classes, events, fundraisers, changes happening at the hall and general hall news.

You can do this via our Facebook page or by email mapuahallsociety@gmail.com



www.mapuahall.org

What's On at the Hall In March

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sun
2 9.30 Yoga with Robin 5.30 Yoga with Robin	3 9am PANZ 1pm Beginners Tai Chi 2.30 Sit & Be Fit 6pm Cardio/Pump 6pm Yoga 7pm Pilates	4 9am Yoga 9:05am Aerobics 10am Pilates 12.30pm Tai Chi	5 9am Mapua Art Group 3.30pm Karate 7pm Salsa Class 7.30 Mapua & Districts comm. Assc. meeting	6 9am Yoga 9:05am Aerobics 10am Pilates 1pm Probus	7	8
9 9.30 Yoga with Robin 5.30 Yoga with Robin 7pm Mapua & Districts comm. Assc. Meeting	10 9am PANZ 10am Mapua Creative Fibre 1pm Beginners Tai Chi 2.30 Sit & Be Fit 6pm Cardio/Pump 6pm Yoga 7pm Pilates	11 9am Yoga 9:05am Aerobics 10am Pilates 12.30pm Tai Chi	12 9am Mapua Art Group 3.30pm Karate 7pm Salsa Class	13 9am Yoga 9:05am Aerobics 10am Pilates	14 8.30 Aerobics 9.30 Pilates	15
16 9.30 Yoga with Robin 5.30 Yoga with Robin 7.30pm Hall Committee Meeting	17 9am PANZ 1pm Beginners Tai Chi 2.30 Sit & Be Fit 6pm Cardio/Pump 6pm Yoga 7pm Pilates	18 9am Yoga 9:05am Aerobics 10am Pilates 12.30pm Tai Chi	19 9am Mapua Art Group 2pm Friendship Group 3.30pm Karate 7pm Salsa Class	20 9am Yoga 9:05am Aerobics 10am Pilates 5-7pm HIT THE DECK!	21	22
23 9.30 Yoga with Robin 1.30pm Nelson Savage Club Concert 5.30 Yoga with Robin	24 9am PANZ 1pm Beginners Tai Chi 2.30 Sit & Be Fit 6pm Cardio/Pump 6pm Yoga 7pm Pilates	25 9am Yoga 9:05am Aerobics 10am Pilates 12.30pm Tai Chi	26 9am Mapua Art Group 3.30pm Karate 7pm Salsa Class	27 9am Yoga 9:05am Aerobics 10am Pilates	28 8.30 Aerobics 9.30 Pilates 6pm Mapua Library Literary Festival	29 Mapua Library Literary Festival
30 9.30 Yoga with Robin 5.30 Yoga with Robin	31 9am PANZ 1pm Beginners Tai Chi 2.30 Sit & Be Fit 6pm Cardio/Pump 6pm Yoga 7pm Pilates					



www.facebook.com/mapuacommunityhall

Fire Brigade



Jan 15 to Feb 15 call-outs

Jan 18: House fire King Edward Street, Motueka.
Jan 26: Beach fire at Kina. Brigade put out.
Jan 21: Fire on side of road Moutere Hill, helped to put out with Upper Moutere, Appleby and Brightwater.

Safety Tip – Do you have a portable fire extinguisher in your house and car? A 1kg to 2kg dry power ABC extinguisher is good for most fires. Visit fire.org.nz for more information.

When operating a fire extinguisher remember PASS:

Pull the safety pin or remove the clip.

Aim the nozzle at the base of the fire from a safe distance. Most extinguishers are designed to be operated from 2 to 3 metres away.

Squeeze the handles.

Sweep the extinguisher from side to side while aiming at the base of the fire.

Visit as at [http:// www.mapuafire.org](http://www.mapuafire.org) Or Google Mapua Fire.

Sheds R Us

An item in the February issue of the *Coastal News* purporting to be a letter to the editor about men and their sheds, should perhaps have had a headline that read, “The Shed, a short story by Peter Francis.” That is what it was—a story.

We thought that when readers saw the name of the “correspondent,” Rebekah Hardbottom, they would realise it was a satirical piece. If there is a Rebekah Hardbottom out there, we apologise for using your name!

The editors have sheds of their own, and are happy to join the many red-blooded Kiwis who take refuge in their shed in times of strife or when the affairs of work or state threaten to overwhelm them.

For a while some years ago the *Coastal News* ran a monthly item on shed activities in the area but presumably it ran out of steam or a lack of new things to say. If someone wishes to revive the column we would be happy to support it.

Mapua ELECTRICAL
JIM BROWN
Registered Electrician
Phone 540 2271 Cell 027 540 7060
RESIDENTIAL – INDUSTRIAL – COMMERCIAL

“LOOKING FOR A GENTLE DENTIST?”

Dr Keith Beasley M.S.D.

- Family and cosmetic dentistry
- Same day emergency care
- Competitive rates
- Hygienist

66-68 Aranui Road, Mapua (Behind Pickled Bun Cafe)
03 540 3440 office@onedental.co.nz **one dental**

First-Rate Flooring

Phone Brian
027 439 9038
Email: brianalexander@xtra.co.nz

- Quotes & Advice
- Floor Preparation
- Sheet Vinyl
- Vinyl Plank & Tile
- Supply and installation of
- Garage carpet
- Boat carpet
- Outdoor carpet (for verandas & around pools)

HUGH NEILL'S SWAN SONG
AFTER MORE THAN 40 YEARS, THE GRAND MASTER RETIRES IN HIS FINAL SHOW, LAST STAND, GRAND FINALE
FRI 20TH AND SAT 21ST MARCH
PLAYHOUSE CAFE
DINNER 6PM SHOW 8PM
CALL 5402985 FOR BOOKINGS

INCLUDES PERFORMANCES OF
BLACKADDER
FANTY TOWERS
ROCKY HORROR
MURDER MYSTERY
ALLO ALLO
AND MORE

SHOW ONLY 20 DOLLARS
DINNER ADDITIONAL

OASIS PRESCHOOL MAPUA

Early Childhood Education
that is Safe, Nurturing
& Fun with a
Christian Philosophy

Ages 6mth – 5yrs

(03) 540 3668

Oasis Preschools www.oasispreschools.co.nz

MAPUA PODIATRY

Justin F Powell NZDip.Pod, SRPod.

- ♦ for immediate relief of painful feet



- ♦ bringing specialist footcare to your community
- ♦ for the full range of modern foot treatments

101A Aranui Rd, down the mossy driveway

Phone: 5403758 or 021 122 2268



Tasman Bay Contracting Ltd

Contact Peter Collins

Phone: 027 513 5588

Freephone: 0800 891634

www.tasmanbaycontracting.co.nz

tasmanbaycontracting@gmail.com

Servicing Tasman and Nelson Regions

Tractor, Ride on, Lawn Mowing Services,

We also mow steep properties

Lawn Care, Tree care, Winz Quotes Gardening services

Shelter Belt trimming and topping any size even roadside trimming permit

Tree Reduction Orchard Mowing Lifestyle blocks,

Commercial properties

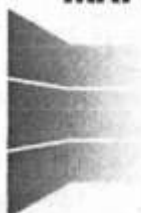
Water Blasting,

Property Maintenance, Landscaping and material deliveries,

Digger work Fencing, post ramming, farm fencing

Onsite inspections made for all jobs

MAPUA CARPET CLEANING



QUALITY FRIENDLY SERVICE

CLEAN FRESH CARPETS & RUGS

UPHOLSTERY HOUSE & CAR

FREE ON SITE QUOTES

JANINE HEPBURN PH 540 3730 / 027 6700061

The Yardsman.

.Gardening & Property Maintenance.

The Yardsman offers full property maintenance services for both small & large sections.

Including:

Lawn mowing and turf management

Gardening maintenance

property clearing & pre-sale clean-ups

holiday home & rental property caretaking

full handyman services

0223947662

Mapua 540 2068
105a Aranui Road

Motueka 528 8880
2 Wilkinson Street

coast & country
CHIROPRACTIC CENTRE



THE COOL STORE GALLERY

showcases works of over 100 established & emerging artists from Nelson & the West Coast regions.

Come & browse & chat with our friendly staff.

Open Daily in summer 10am-5pm
later in weekends

Tricia Morrison
7 ARANUI ROAD
MAPUA NELSON
Wk 03 540 3778
t.h. 540 3005

ZOOM

REDKEN
5TH AVENUE NYC

Men's haircuts \$25
with Peter Fitzgerald.

Lisa back from maternity leave
- Phone for an appointment

Tuesday - Saturday 9am till 5pm
Late night by appointment

Ph 03 540 2333 www.zoomhair.co.nz

"God's Word For Today's World"

Tasman Bible Church

Part of the Tasman Community for over 50 years, our desire is to help young and old alike come to know the God of the Bible.

mainly music

4G youth

— Church Service on Sundays @ 10:00 —

SIT AND BE FIT

In the Mapua Hall (Bill Marris Room)

2.30 - 3.15pm Tuesdays during school terms.

Seated exercise is great for:

- anyone with impaired mobility or balance;
- strengthening the bits that don't get used much in "daily life" (especially upper-body muscles);
- injury rehabilitation, or anyone with a dodgy back, hips, knees or ankles;
- seniors.

We play great old-school sing-along music.

Using small hand-weights and mini-Swiss balls improves strength, flexibility, range of movement, joint mobilization, blood pressure and circulation, all from the safety of a chair.

Gold coin donation.

Hamish's



- award winning coffee
- family affordable
- friendly service
- birthday parties catered
- gluten free choices

ICE CREAM PARLOUR & CAFÉ

Mapua Wharf

real fruit ice cream & rolled ice creams, old fashioned milk shakes, pies, cakes, croissants, paninis, iced chocolate and more!

Open 7 days 9am - 4pm www.mapuawharf.co.nz/hamishs

Adele Calteaux Ph 540 3861

Kevin Brown

Chartered Accountant

22B Brooks View Heights, Tasman
RD1 Upper Moutere
Tel: (03) 526 6263
Cell: 021 029 87087
Email: kevin.brown@clear.net.nz







Riverside Café

- * Wild Meats, Organic & Seasonal Specialties
- * Fantastic Coffee, Delicious Cakes & Brioche
- * Awesome kids playground, tranquil garden
- * On the Great Taste Cycle Trail

OPEN 7 DAYS A WEEK

9.30am to 4.30pm for brunch, lunch, coffee
Saturday evening from 6pm for dinner



289 Main Rd Moutere Hwy. Ph 526-7447

 [Riversidecafe&CommunityNZ](https://www.facebook.com/Riversidecafe&CommunityNZ)

RUBY COAST ACCOUNTING

*Providing the bare essentials
In Accounting Services*

- Administration • Bookkeeping
- Data Entry • Typing

Bernie Kaczon
Tel: (03) 526 6263 Cell: 021 0298 7087
22b Brooks View Heights, Tasman
Email: bernie.kaczon@clear.net.nz

Home Tiling Ltd

Local tiler

**Trade Qualified
with 19 years experience**



Contact Eric

(03) 540 3821
OR
027 226 8194

hometilingltd@hotmail.com

SMA

Stephan Meijer Architecture Ltd

Enhancing people and places...

820 west bank rd. RD1 Motueka 7196
ph.03-5268557 mob.021-2606780
e-mail: stephan@smal.co.nz

www.smal.co.nz

Sam's Spam

Hello readers! Sorry it's been such a long time since I last wrote but I have been busy studying for the final exams of my Bachelor of Information Technology degree. I am pleased to say that I have now graduated so am once again available in the area for those having technical problems.

For anybody else thinking of studying (but who wants to avoid a huge student loan), I have found some great online schemes through which you can study free of charge or even attain qualifications for reduced fees:

OERu www.oeru.org

OERu gives you the chance to study independently, from home, with access to world-class courses from recognised institutions. OERu has partnered with many universities and polytechnics around the world (including six from New Zealand, such as NMIT and the University of Canterbury) to offer a wide range of university-level courses online.

With OERu, you can study online free of charge and then if you then want to gain an academic credit for it, you get reduced fees and you pay for assessment only when you're ready.

GCFLearnFree www.gcflearnfree.org

GCFLearnFree.org has been around for over 10 years, and has helped millions of people learn new skills. The website has over 120 courses, including those to help with technology, reading, maths, and a whole lot more.

GCFLearnFree have a wide range of free technology tutorials to choose from, including computer basics, online safety, social media and using the cloud, videos, and interactives, Microsoft Office, email, and so on. Whether you are new to the computer or just want to gain more 21st century skills, the tutorials are well worth a look.

Free item of the month – iOS 8 User Guide

If you have an iPhone or iPad and are having trouble getting your head around the new iOS update, you're not alone. My customers often ask me for advice on this, so I am happy to say that

Apple has released a free user guide on the latest update.

The user guides for iPhone, iPad, and the latest Mac products can be downloaded free from this link: <http://support.apple.com/manuals/>. Or to view them on your device, search for 'User guide' in the iBooks app.

The iPhone guide covers iOS 8.1 on the iPhone 6, iPhone 6 Plus, iPhone 5s, iPhone 5c, iPhone 5, and iPhone 4s. The iPad version covers the iPad Air, iPad mini, and iPad 2. Each edition is around 150 pages long.



Harcourts
SINCE 1888
PROPERTY SALES (NELSON) & REAL ESTATE LTD. (INCORPORATED) LICENSED AGENT NELSON 2004

Harcourts Mapua
"The Big Little Office"



Wendy Perry
027 249 1701

Gavin Barlow
027 559 1993

Trudy Lewis
021 458 415

Harcourts Mapua - 2A Iwa Street - 03 540 3425
www.teamtasman.co.nz

 **Mapua Pharmacy**

Special offers
25% off all bags
Go Healthy Fish Oil 1500mg, 210 Caps \$18.00
Go Healthy CO-Q 10 300mg, 30 Caps \$22.00
Go-Healthy Magnesium 500mg, 60 Tablets \$29.90

Services:
INR testing available for people taking Warfarin.

Located in the village mall behind The Naked Bun
Tel 03 540 3735
Fax 03 540 3741

Opening hours, Mon – Fri 9AM – 5:30 PM
Closed Sat and Sun.

MAPUA PLAYCENTRE



84 Aranui Rd, Tel: 540 2386
(We're behind the tennis courts)
A staff/ parent run Early Education
Centre for 0-6 yr olds.

- Individual learning plans
 - Te Whariki Early Childhood Curriculum
 - Many different activities, including outings, with emphasis on play.
 - Large indoor and outdoor areas.
 - WINZ subsidy available (1st 3 visits free)
 - New families always welcome
- Mon & Fri 9.30am-12.00noon**

Advertising Costs

Ads go by the size in column centimetres. Columns are 8.5cm wide and costs are as follows:

\$2.50 per cm up to 6cm

\$3 per cm up to 10cm

\$4 per cm over 10cm

With 20% discount for long-term advertising (3+ months) and prompt payment.

The deadline is the 20th of each month with each issue coming out on the 1st. Email coastal-news@mapua.gen.nz for full terms and conditions.

GAP ARCHITECTURE

Multi-Award winning designer

New Homes and Alterations

Competitive Rates

Call Terry Duff

Phone 027 280 1378 P.O. Box 3847 Richmond Nelson 7050
terry@gap-architecture.co.nz

ADNZ

LICENSED BUILDING PRACTITIONER

www.dhl.govt.nz

BUILDING CONFIDENCE

MAPUA AUTO CENTRE

"YOUR AUTOMOTIVE SPECIALIST"

Fully Equipped Automotive Workshop	All Makes & Models	6 Courtesy Cars
		W.O.F.

20 WARREN PL, MAPUA, NELSON 7005 | PH 03 540 2180

Motoring with Mapua Auto Centre (next to Mapua School)

-Between W.O.F. Checks -

How do you view having a regular W.O.F. inspections on your vehicle?

- Are you comforted knowing your vehicle is safe?
- or
- Do you view it as an unnecessary expense?

Taking short-cuts on vehicle safety can cost you dearly – firstly through infringement \$\$\$\$ or more importantly, with a life or long term injury to yourself, your passengers, your family and/or other road users.

Did you know that tyres are cited in half of the fatal crashes where vehicle defects are a contributing factor.

Keeping your vehicle safe and up to standards between W.O.F. (Warrant of Fitness) Inspections is not only crucial, it is required of you by law. With the extended periods between WoF inspections for vehicle registered after 1st January 200, it is even more important to have your vehicle check between WoF inspections.

A good starting point for ensuring a safe vehicle is keeping up with a regular maintenance and by being an alert driver.

An alert driver will be aware of small changes which occur while using a vehicle. Below are a few of many questions you could ask yourself to help increase the safety of yourself and others.

- Do I visually check my tyre condition regularly?
- Do I have to apply more pressure on the brake pedal than before?
- Do my brakes make a squealing noise when being used?
- Do I have to pull my handbrake up further and harder than before?
- Do my wiper blades clear the windscreen as well as they used to?
- When did I last check the fluid level in the windscreen washer bottle?
- Is the seat belt webbing faded, cracked or cut?
- Are the seat belt buckles working?
- Does my vehicle bottom out when going over a bump?
- Does my vehicle roll from side to side when going around a corner or over a hump?
- Is my exhaust leaking or noisy?
- Can I smell fuel?
- Do the doors open and shut easily and latch well?
- Are all the lights working (headlights, indicators, brake lights etc)?

If you feel the safety of your vehicle is being compromised, simply contact your local Automotive Technician to have it checked out.



The Playhouse Cafe

MARCH What's On Guide

Mon Closed, Tues and Wed 11am til 4pm
Thurs - Sun 11am til late

Free Pick Up and Drop off to Mapua, Moutere, Appleby, Tasman
Call 5402985 for bookings

M T W T F S S

SPRING WEDDING SPECIAL

Book in Sept or Oct
FREE VENUE HIRE and a
\$250 gift voucher

FREE VENUE HIRE

For your private
function till Nov
(conditions apply)

1

Open
11am
till late

2

Closed

3

Open
11am
till 4pm

4

Quiz
Night
7pm start
Up to 8
per team
koha
for quiz

5 Bella
Kalolo
Band
Awesome funk
and soul
music
\$20, 8pm

6 Summer
Tango
Nelson
Milonga
from 7pm
Dinner from 6

7 Pole
Performance
Night
Massive line up
of New Zealand's
finest performers
\$25, 8pm

8

Musical
Soiree
Classical
Music and
more
Free, 7pm

9

Closed

10

Open
11am
till 4pm

11

Quiz
Night
7pm start
Up to 8
per team
koha
for quiz

12

Open
11am
till late

13

The Deep
End
Improvised
comedy
\$15, \$12 kids
730pm

14

SWAMP
THING
Bad Ass Blues
A must see!
\$20, 8pm

15

Open
11am
till late

16

Closed

17

Open
11am
till 4pm

18

Quiz
Night
7pm start
Up to 8
per team
koha
for quiz

19

Open
11am
till late

20

Hugh Neil's Swan Song
The Master Actors Final shows ever!
Huge night of interactive Theatre.
Fawlty Towers, Rocky Horror, Allo Allo,
Murder Mystery and more
\$20, \$50 for dinner and show
Your last chance to see hugh!

21

22

Open
11am
till late

23

Closed

24

Open
11am
till 4pm

25

Quiz
Night
7pm start

26

BBQ and
Learn
530pm start
NTBT and MDBA

27

Open
11am
till late

28

Closed
to public
for
Wedding

29

Open
11am
till late

30

Closed

31

Open
11am
till 4pm

1

Quiz
Night
7pm start

2

Open
11am
till late

3

Boogie
Train
Easter Special
\$50, dinner and show
Music from 8pm

4

Grand Quiz
Night

5

Open
11am
till 4pm

WWW.PLAYHOUSECAFE.CO.NZ or call 5402985

THE SHED MAPUA

Hours Monday through to Saturday 8.30 – 5.00pm
Sunday 10.00am – 1.00pm
15 Warren place, Mapua
P 540 2898 E theshedmapua@xtra.co.nz
F/B the shed mapua

MAPUA ENGINEERING

11 Warren Place.
For all general engineering, fabrication work,
welding and hydraulic engineering
Call in and see Ray
Mon-Fri 7.30 – 4.30
Phone 540 2898

“LET US CREATE THE LOOK THAT YOU WANT”

Wooden Fencing ** Steel Fencing ** Driveways ** Trenching ** Landscaping
Ready Lawn ** Footings ** Site leveling ** Lawn mowing and Hire Centre.

GIVE US A CALL **540 2898.**

YOUR LOCAL FOR:

Bark, Gravel, Compost, Irrigation,
Chook food, Rabbit food, fertilizers,
Weed killer, Gardening tools. Our
courtesy trailers are here to help

TO HELP YOU WITH YOUR GIFT IDEAS

Gift vouchers ** Plants ** Garden furniture ** Candles ** Chopping Boards ** Crystals.

******* Laundromat *******

For all you're washing and drying. Self service.



MAPUA AND DISTRICTS BUSINESS ASSOCIATION

Coordinator: Janet Ph 540 3364

MEMBER PROFILE

Radiance Beauty Therapy is now open!!

When Jill and Pete moved to Mapua in July 2014 they immediately began additions and alterations to their home at 37 Iwa St. The hard work is now over and Radiance Beauty Therapy is opened. They have created a warm, welcoming salon that offers professional treatments in the heart of Mapua.

The beauty industry is no longer just about makeup and nails; there have been huge advancements in the products and treatments available. Radiance Beauty Therapy offers some of the more advanced treatments available today.

Skin care and rejuvenation is Jill's passion. She understands how the skin functions, the factors that affect it and how it will respond to the treatment and products applied to it, allowing her to create safe and effective treatment plans for her clients. Micro Dermal Needling using a dermal pen is one of the advanced treatments Jill offers and it gives amazing results with aging, pigmentation, scarring, loss of skin laxity. It is a very non-invasive, safe treatment – using the body's own healing response to correct the skin concern.

The salon also stocks professional skincare and makeup and the door is always open for you to pop in and chat with Jill about your current needs. Jill loves people and whether you come to Radiance for an eyebrow shape or the full works she loves to see you leave satisfied.

The salon is open Tues – Sat, appointments can be made by phone or online.

p: 540 3923

w:radiancetherapy@gmail.com

37 Iwa Street, Mapua



www.rubycostmouterehills.co.nz



How fantastic to see the first of the Ruby Coast Gateway Sculptures taking shape by the estuary in Tasman. Along with grants from Pub Charity and the TDC there has been a great community effort. Many businesses and individuals from the wider region have donated their time, money and expertise to realise this ambitious project.

Work began on the foundations on the 16th February and by the time you are reading this the completed sculpture may be in place - What a great outcome!

MEMBER PROFILE

Sarah Lydford – Pilates Machine Works

I discovered Pilates and later Gyrotonic after injury cut short a professional dance career. Training in these disciplines lasted many years, took me all over Europe working with top teachers and like-minded people. I ran a very successful business in Wales for 12 years and it was an extremely humbling experience to start over in New Zealand, not knowing a soul!

Pilates Machine Works is a purpose built studio, equipped with specialised Pilates and Gyrotonic Machines. What sets this type of training apart from other methods, is that it offers significantly more scope, due to the design of the equipment, which is geared around the way the body works to maximize efficiency and control. They are nothing like gym machines! The whole ethos is about working smarter, with a deeper awareness and a lot more understanding. You always need to know, what is the exercise targeting? Why am I doing it? The sessions are 1 hour long and designed for private or shared tuition. Complementing these sessions I offer Sports/deep tissue massage as part of the lesson or a separate session.

Pilates is a more traditional core training method, whilst Gyrotonic is described as the ultimate cross trainer. I am the only teacher of Gyrotonic in Nelson.

Top athletes, professionals and pain sufferers are using these methods to enhance performance, balance their bodies and heal themselves.

Interested?

Give it a try!

30 Research Orchard Rd
Appleby
7081

Tel 544 0635.

Mob. 022 026 1085

www.pilatesmachineworks.co.nz



Supporting local businesses since 1992

Noticeboard

Riverside Café Fair Trade - autumn clothes swap, meet at the café at 10am on Thursday 5 March. Swap your unwanted items for new treasures! A new quarterly event held at Riverside Cafe, Lower Moutere. Tel: 03 526-7447

Motueka SeniorNet: Get tech savvy and share more family experiences. Community computer support for 50+. Training courses for iPads, Phones, Tablets, PC and Mac. Members meeting 10am first Monday of month. 42 Pah Street, Motueka. www.seniornetmotueka.org.nz

Mapua Mosaic Project: Workshop sessions starting again soon, open to all from around 12-year-olds to adults. Most Mondays, Thursdays and Saturdays from 2 - 4 pm, but please contact Bridget Castle on 540-2461 or bridgetpcastle@gmail.com, to register your attendance and check on details as times might vary depending on participants.

Notices here are free for Clubs and Groups, a gold coin donation for others. Email coastalnews@mapua.gen.nz

Ruby Coast Run Club meets Monday 6pm, Tues 9am, Sat 2pm at the Mapua School Car park. For all level of runners. Contact Debbi 027 327 4055 / DLBamfield@gmail.com or Kristin 027 598 2424 / info@kristin-harrison.com.

Spinners, Knitters, Weavers – Creative Fibre Group meet Mapua Hall, 2nd Tuesdays 10am. All welcome.

Joie de Vivre Vintage Art and Craft Studio. Alterations and Sewing Repairs. Ph: Marijke Lups 03 540-3498

Moutere Hills Rose Society. A gardener with a special love of roses? We meet monthly - contact Margaret 03 528-8477 or Cynthia 03 528-8664.

Toy Library: extensive selection of toys, puzzles & videos for children 0-5yrs. Mapua Hall every 1st & 3rd Tuesday, 10-11.30am & 6.30-7.30pm. Phone Anja, 544-8733, about membership or casual hire.

Kidz 'n' Koffee playgroup: 10am – noon, Wednesdays during school term at Old Church Hall, Aranui Rd. All parents and caregivers welcome, we cater for 0-6 yrs. Gold coin donation for a delicious morning tea. Come and make some new friends. Info: Bridget, 540-2572.

Daytime Book Group: Meets first Tuesdays at 9.45am. New members welcome. Phone Mary 540-2450 or Anne 540-3934

Fair Exchange: We meet the second & fourth Wednesdays of the month. 9am at Hamish Café to exchange homemade or homegrown items. Info: Debbi, 540-2942 or DLBamfield@gmail.com.

Qi-gong, Yuan Gong form. weekly in Mapua. Info: Marianne, 546-8584 or bmtc@xtra.co.nz

Ruby Coast Newcomers Social Group: meet new

people, make new friends. We have coffee at 10am last Friday of each month at Tasman Store & hold ad hoc day & evening social events. Info: Vivien/Richard 526-6707, vpeters@xtra.co.nz, or just turn up.

Coastal Garden Group meet first Thursdays, 1.00pm, Tasman Bible Hall. Members, guests & visitors welcome. Ngaire, 540-3193

Probus Club meets first Fridays. All retirees most welcome. Enquiries to Pres. Stan Lawn, 540-2699.

Women's Recreation Group - meets outside Mapua Mall Thursdays. Leaves 9.15am for 1½hr walk. Route varies. Join us whenever you can. Some members may cycle. Info Lynley 540-2292.

Ashtanga Yoga, Upper Moutere, Tuesdays 6pm. www.angepalmer.com Ph 5530353

Spanish Tuition: Starting classes for adults and children in Mapua. Small group or private. Reasonable prices. Experienced native speaker. Jairo: 0224 139 802, marlocoliwi@gmail.com

Mapua Art Group meets in Bill Marris Room, Mapua Hall Thursday mornings, 9 to noon. Like-minded artists get together to paint, draw, help each other in a fun, social environment. All levels & media welcome. \$5 /session includes morning tea. Tables, chairs & easels provided. Lisa Chandler 540-3933.

Mapua Friendship Club meets at Mapua Hall on the 3rd Thursdays, for a game of indoor bowls and bring a plate afternoon tea. New members are enthusiastically welcomed, no prior bowling experience needed, our game is non-competitive, just a lot of laughs. \$3 door fee and 20¢ raffle. Contact: Val 540-3685.

Mapua Social Cycling Group: “Wheels 2 Meals”. Approx 20 – 30 km ride with coffee break at halfway point and no racing! Departing from outside the Golden Bear, Mapua wharf. When? Each fine Thursday @ 9:30 am. Anyone interested - just turn up with your bike, “Hi Vis” top and coffee money or contact me by email wheels2meals@gmail.com

Ruby Coast Walking Group meets every Wednesday morning at 9.30am outside Tasman Store, Aporo Road, Tasman. We walk for about 1½ hours around the area and then enjoy a coffee and muffin back at the Store. Walk according to your ability and speed. Newcomers to the area and everyone (including couples) are very welcome. Just turn up or contact Fiona - 526-6840 or fiona.oliver@xtra.co.nz

Technical problems solved! - Don't know how to use your electronic devices? Can't set up something new you've bought? Need computer tuition? Local help is at hand! Average job price just \$35. Web design and mobile app creation also available. Call Sam, 03 544-0737, sam@sambennett.co.nz.