



MDCA May Public meeting

A summary of MDCA's 8th May Public Meeting Presentation:



Jim Vause provided an update on the revised decision of the District Licensing Board that now gives standing to community associations, thus allowing MDCA to formally submit an objection against Liquor Licensing Applications.

Jim's presentation included MDCA's constitutional aims, the liquor licensing regulations and the possible implications for the community moving forward as a result of hard alcohol being available locally. Following a comprehensive discussion, a motion was put to the floor.

Motion: That the MDCA objects to the DLC against the liquor licencing applications by Super Liquor and Liquorland on the grounds that objecting is an action that is consistent with the MDCA objective as per constitution item 1 "To initiate and organise actions that contribute towards making our Community a better place for both current and future generations."

The motion was successful.

TDC Councillors Reports:

Cllr Mike Kininmonth:

- TDC will undertake a phone survey about how people feel about the council's performance – please participate.
- Rabbit Island is replacing all its existing wood-fired BBQs with gas – this measure will reduce fire risk.
- Mapua Boat Ramp resource consent has been lodged.

Cllr Dan Shallcrass:

- Mapua Masterplan: No meeting has occurred yet, however this meeting is planned for later this month.
- Mapua BMX pump track repairs will take place when the weather allows.

Cllr Christeen Mackenzie:

- There has been past criticism that no minutes are taken nor information circulated from closed-door TDC workshops – this information will now be released on the TDC website.
- Speed limits on rural roads review will occur soon and will come under a committee, with road statistics informing the review.
- 3 yearly review of long-term plan is ongoing.
- 3 Waters – early 2023 TDC had a number of issues regarding the original proposal, one of which was balancing the improved access to financial support with

loss of asset control. The recent change that will see a smaller "top of the South" entity combining TDC/NCC/MarlDC means that the benefits of access to funding on favourable terms and economies of scale have been diminished.

Bruno Lemke (MDCA Exec) thanked Christeen for her clear explanation re 3 Waters and complimented TDC on sharing Zoom meetings via YouTube making these meetings more accessible to all.

Dominion Flats:

Along with the usual maintenance/weeding, the working group has planted renga renga and ferns as part of an ongoing planting programme.

General Business:

Streets for People:

- The TDC Drop-in session at Java Hut was attended by 100+ residents who provided feedback on the Cycle Path / Shared pathway plans. Similar sessions were conducted at the Kids+Coffee and Seniors Monthly Meeting. At the last 'Streets for People' Working Group meeting current plans were presented and significant feedback provided to Consultants running the process:
- Community concerns identified from survey results were a need for pedestrian crossings, path widening, loss of parking, slowing traffic and enforcing 30kph along length of Aranui Rd
- Due to community demand, baseline survey will be reopened thru to end May to allow for additional feedback – link below:
- <https://shape.tasman.govt.nz/streets-people/mapuasfp>
- Attendees raised a number of issues regarding the current plan for a shared 2-way pedestrian path/cycleway along the eastern (seaward/wharf-bound) side of Aranui Road:
 - ◇ Lack of separated pedestrian path and cycleway.
 - ◇ Safety concern of existing kerb between pathways.
 - ◇ Plan not including option for extension of existing footpath on western side of Aranui Rd up to Aranui Park entrance.
 - ◇ Access of FENZ vehicles along narrowed roadway and pedestrian crossing humps, lack of consultation with FENZ and Medical Centre

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- ◇ Issues with raised pedestrian crossings vs level entry crossing.
- ◇ Location of bus stop(s).
- ◇ Change of location of disabled parking outside Medical Centre.
- ◇ Potential issues with recycling pickup.
- Consultants clarified the existing traffic/roading laws around raised vs level pedestrian crossings and adjacent parking, together with road width vs speed regulations.
- Working group was shown examples of traditional hard plastic road barriers that will NOT be used - instead locally sourced concrete barriers are being investigated.
- Depending on materials availability, plan is to start work on cycleway in Aug/Sept and conduct trial from Oct-Dec 2023.
- Post implementation, TDC will monitor traffic volume/speed, conduct further pop-up sessions and provide scannable codes for users to submit feedback of the layout. At the end of the trial, a post-trial survey will be conducted to inform any decisions around a more permanent cycleway.

Cllr Mike stated that the drone flyover view of the proposed changes on the TDC website is well worth a look. An extended membership discussion followed, with a number of comments and suggestions made including:

- that the current plan seemed to have been pre-determined.
- that separating pedestrian and cycle traffic is highly encouraged.
- the need to include a legend on the proposed plan map.
- the need for a comprehensive safety audit of the current design (with some commenting that it was not safe).
- that parents will always have the responsibility to teach their children road rules and road safety along with being respectful and courteous to other road and footpath users.
- reminding members that once the trial starts residents need to report what is and what is not working.
- that after the trial there is an option to modify or remove the cycleway.
- that if the existing footpath on the other side of the road was extended and included within the design, it would take pressure off the seaward side and would separate directional flow.

Ian Reid (Māpua Fire Chief) had shared with the working Group meeting that they had 60 calls a year, and many of these are now as first responders, thus he was concerned that the proposed plan for a cycleway and pedestrian crossing humps would result in additional time for them to respond.

Finally, Marion Satherley (Vice Chair) reminded the membership that MDCA have been working really hard over several years to get the Mapua Masterplan reviewed so we have a coherent plan that meets the community's

future needs, and within this plan there have been some really good safe alternative walking/cycling options, and that the Streets for People plan should be consistent with these.

Cllr's Christeen, Mike, Dan and Kit Mailing will take the feedback from the meeting back to TDC and report back to MDCA. They will also provide MDCA with NZTA's project Streets for People brief.

Bluff Hill

TDC have received updated advice from their Geotech Consultants regarding the risks and mitigation options for safe longer-term re-opening of the Bluffs road.

A plan is being developed and materials sourced to implement a solution that involves a 50kph speed limit, two-way traffic along the majority of the incline but with a single lane one-way priority in the narrowest part with highest slip risk, and a debris barrier along the full length of the road.

Once this has been finalized, the current traffic lights will be removed, but the road will continue to be closed during heavy rain events for safety reasons.

Wastewater Discharge

Jan Heijs (MDCA member) provided an update following his presentation to TDC on Thursday 4th May:

- TDC don't follow their own rules.
- Overflows happen yet they are illegal.
- Feels like TDC staff are ducking for cover all the time.
- Jan still feels very concerned and is requesting proper planning procedures are in place.
- Jan clarified that TDC admit it is illegal but say the RMA can override this, however, the RMA states it can be overridden in an emergency.
- Jan acknowledges overflows cannot be 100% avoided, but to use the RMA as an excuse in all situations is not valid.
- Jan is somewhat puzzled why the person bringing the complaint is not given the opportunity to be involved in the solution discussion.
- Kim Drummond (TDC General Manager of the Environment & Regulatory) is coming to give a presentation and discussion at MDCA's June meeting – this will be a great opportunity for much needed discussions.
- Cllr Christeen has agreed that TDC staff will do their best to answer the questions posed.

Zoning Deferment Clarification

- As per previous MDCA comms, due to potential legal action by a local resident against TDC, TDC had agreed to put a hold on all deferred land zoning/lifting in the meantime. Applicants can still lodge an application to lift a deferment; it just means no decisions on the application can be made until TDC reach a position on how to address issue, either via a Plan Changes and/or as part of legal action.
- Apparently, there are differing opinions on the legality of the deferments put in place under the RMA but lifted via the Local Govt. Act. TDC have had advice

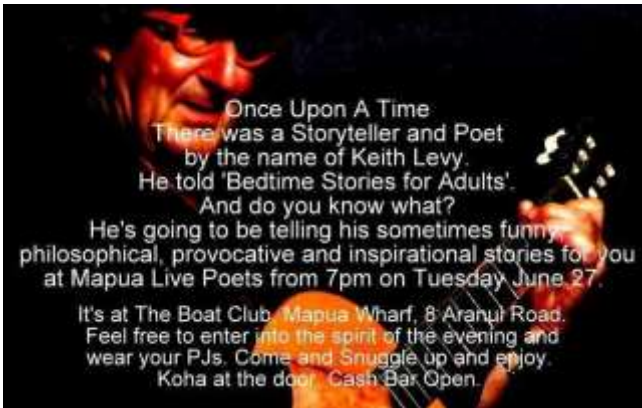
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from their Kings Council who told TDC they have been applying the law incorrectly. A final decision/outcome is pending.

MDCA works closely with TDC to ensure our community functions in a way that suits the majority of our residents. To have a vote that counts, become a financial member of MDCA by simply paying \$10 per person per year into our NBS account 03 1354 0356471 using your name and phone number as references.

*Next Public meeting to be held on **Monday 12th June 7pm at Māpua Hall**, with Gordon Shaw (MDBA) and Kim Drummond (TDC Group Manager Environmental Assurance) presenting.*



Letter to the Editor

Streets for People

Thank you, and congratulations Lynley Worsley for your excellent letter on the "Streets for People" affair. The points you make are on target.

I particularly find nonsensical the proposed elimination of parking on the east side of Aranui Road, a village-wide 30 kph limit, and narrowing the street around the mall (it is quite narrow enough already).

I would support a 40kmh limit on Aranui Road.

I think Lynley put her finger on it when she said this campaign is more about the imposition of an ideology than trying to meet a genuine need, and is not genuinely locally driven.

We have seen these NZTA traffic-engineer driven efforts before. They are unjustified, costly, and misguided.

Jim Vause is right to say most want to see the "look and feel" of Mapua preserved. That does mean paying attention to sensible limits and the scale of development, not trying to wind back the clock or freeze time.

Anton Petre



[From the Editor: the survey regarding this on the TDC website is open again, though I am not sure for how long. This QR code should take you to it.]

What's On at Ruby Bay Store

Saturday 3 June, 7 pm

ELISHA HOBBS, \$20

Singer-songwriter

Saturday 10 June, 7 pm

COPPERMINE JUNCTION, \$25

Premier bluegrass band

Saturday 17 June, 7 pm

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Jo Taylor and Craig Denham

Saturday 24 June, 7 pm

THE EARLY BOBS, \$25

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Doors open 30 minutes before each show • 174 Stafford Drive, Ruby Bay

Ruby Coast's third Gateway Sculpture has arrived!

If you haven't noticed – turn off the Coastal By-Pass at Stage Coach Rd next time you are travelling back from Motueka – you can't miss it!

On the corner of Stage Coach Road and Seaton Valley, the sculpture is designed to catch your attention as you near the intersection. There will be landscaping completed over the winter months to enhance planting close to the sculpture and to improve sight lines from the Coastal Highway.

The sculpture, designed by Russel Papworth from Forest Fusion (Gallery on Mapua Wharf) was successfully installed by Brightwater Engineering and Lift n Shift on 23rd March. Its design complements the two larger sculptures located at Tasman Village and Māpua Drive.

Together these three sculptures are 'gateway markers' into our coastal communities and this installation completes a vision first discussed way back in 2009 at the time the By-pass was being constructed. It is great to see the long-term vision finally come to fruition thanks to the generosity and dedication of so many!

The Trust needs to raise further funds to cover all costs and to this end we have had a raffle (outside Māpua Village on 12 May). We are grateful to the following businesses who supported this raffle with some fantastic prizes:

Delicious Homewares
Coolstore Gallery
Mahana Hills Vineyard
The Village Bakery
Garden House Kina
Jester House
Tessa Mae's
Blackenbrook Vineyard

The raffle was drawn (by Judy Mitchell, JP) on 19 May and the following were our fortunate winners: Alan, Tina, June, Jo and Fi.

Thank you to all who supported the raffle. We will be doing another one soon!

For more information contact the Trust Secretary, Janet on 540 3364 or 027 230 2943.

Let's continue to celebrate this place and all it offers.



*The Coastal News is edited by Andrew Earlam, Mary Garner and Trees van Ruth.
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Higgs Reserve

This is that “bit of bush by the stainless monument” we all rush past, on the corner of Māpua and Te Mamaku Drives, and on into town to meet all the demands of our busy lives.



Higgs Reserve is another example of how fortunate we are to benefit from the generosity of descendants of European settlers who have gifted, bequeathed, or protected land in and around Māpua. Bequeathed by Constance (Connie) Higgs to the then Waimea County Council in 1978, Higgs Reserve contains one of the few remaining remnants of a coastal forest in this area.

We’re told these settlers used Higgs Reserve as a landing area for supplies, with supplies being transported by horse and dray along the foreshore from Māpua wharf; the stone track used by the horses is still visible at low tide. In the 1930’s and 40’s a swimming hole was excavated to provide a place for pupils from Mahana school to swim in.

The area has been used for grazing and was also planted in robinia to be harvested for its durable wood. It’s had various names including Willows Corner, as at one time there was a large amount of crack willow growing in the waterways.

With the construction of the Te Mamaku expressway in 2010 some of the land was taken and part of the remaining was recontoured for use as the contractor’s worksite.

Over the years the likes of Norm Thawley quietly went about “restocking” the area with many varieties of natives. In 2010 the Tasman District Council commissioned a report on all its parks and reserves, this report noted the

important conservation values that are found in Higgs Reserve.

To this end around 2011 the willow, robinia and pine trees were removed, and a start was made to control these and remove other noxious weeds including barberry, gorse and blackberry. Then in 2012 extensive planting by the community and TDC was undertaken within the reserve at the newly created road intersection.

Some will remember the massive planting in 2017 when 4000 natives were planted on the site through the “Trees that Count” project. Since then, other than pest control by Battle for the Banded Rail and some weed control, in general the site has been left to its own devices.

Some seven months ago Fred Overmars, an ecologist, had an awakening of the site’s significance, and has made it his passion to complete the process of clearing and returning the area to a natural scenic state. Jo Heatherbell has also come on board with all her knowledge of local flora.

Working with Richard Hilton of the TDC Reserves and Facilities section, we have developed a planting plan and a programme to remove and/or control all environmental weeds in the reserve. We have been able to transplant or otherwise care for just over 700 native seedlings this year to date.

If you’re interested in helping to make a difference, please contact Clare Kininmonth on 0221771186.

Finally, we invite all to explore the taonga that is Higgs Reserve – take the track that turns left off the path to the monument and explore.

Clare Kininmonth, Fred Overmars and Jo Heatherbell



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There is no separate January issue.

E: news@coastalnews.online for more information.


Yoga with Martin

Mapua Hall

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General: Friday, 9.15 – 10.30am

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Our latest news & adventures

Instructor Johnny celebrates 20 years at WIO!

We had fun celebrating 20 years of Johnny Johnson recently. How many people can say they've worked somewhere for 20 years? We took him back a few years by donning our 80s & 90s best outdoors gear. We are incredibly lucky to have someone on the team with his experience and commitment to our kaupapa. Thanks for all the mahi and time you have put into helping people achieve things they didn't think possible.

Special Guest!

Our year 8 Environmental Leadership students from Tasman and Mahana school had a special guest on programme recently. Nate Wilbourn a past participant here at WIO from Garin College shared a special presentation on Leadership and the Environment. Nate is an environmental activist and shared the many ways youth can get involved in conservation within the community. Ngā mihi to the funders of this programme including Unlocking Curious Minds, the Department of Conservation & MYD.



WIO staff rocking their 80's & 90's best outdoor gear in celebration of Johnny's 20th anniversary at WIO.

We'll see you out there!

www.wio.org.nz



WIO AGM

We held our annual general meeting here at Whenua Iti Outdoors a few weeks ago. This was a great opportunity to come together to celebrate and reflect on our goals and achievements from the past year. Ngā mihi to all who helped support this wonderful evening including our awesome staff, our board, funders, partners, schools, and the wider community. You can read our annual report which was accepted at the AGM on our [website](http://www.wio.org.nz): www.wio.org.nz

Environmental Sustainability Trades

Ngā mihi nui to Rod Markham and Ross from the Kaiteriteri Recreation Reserve who did an educational session with the Environmental Sustainability Trades Academy students last week. The students had a great time checking and carrying out maintenance on 2 of the traplines in the Kaiteriteri Mountain Bike Park. Ka pai te mahi! Enrol now for courses kicking off in Term 3. Chat to your Dean or Trades Coordinator at your high school.



Environmental Sustainability student carrying out maintenance on a trap at Kaiteriteri Mountain Bike Park.



Māpua Boat Ramp Community Trust

Dreams starting to come true



For over a decade the dream of the Māpua Community to have a replacement boat ramp is finally taking place.

A major step is the filing of the Resource Consent Application by the Māpua Boat Ramp Community Trust which was filed with TDC last week.

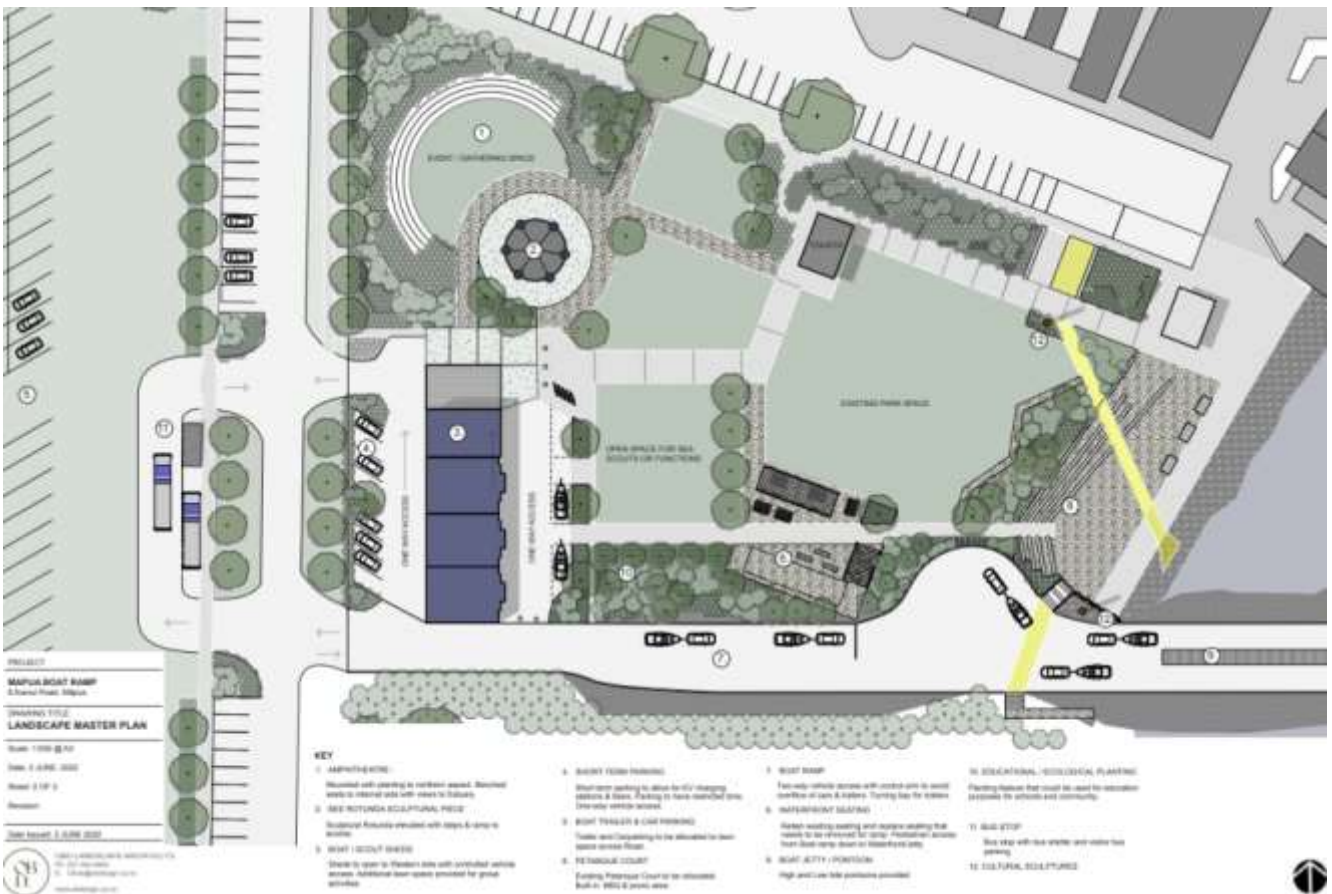
The Trust had secured funding of \$700,000 from TDC in

The Trust has engaged local firm Davis Ogilvie to coordinate the technical studies required for this project and the issues that may be of concern to people with it being a remediated area. However, the design and building will cater for all of these aspects.

A community consultation was carried out by the Trust, involving door to door surveys, public meetings, and consultations with Iwi and business groups, which produced very strong support from the majority. This has spurred the Trust to complete this as soon as the consent process is approved.

The aim is for it to be completed in 2024.

Project co-ordinator Trevor Marshall of the Trust says the Trust members have put thousands of hours into achieving this goal and are passionate about what it gives the local community; not only in boating access to our back yard, the sea, but youth and community groups a focal point in this gem of our area.



2021 towards the project, with the Trust needing to raise the rest from the community and businesses to complete the \$2.9million project.

Since then, the new community facility has been added to the project to provide a base for community groups to operate from, such as the Tamaha Sea Scouts and other sporting and cultural organisations.

The 800m² building will comprise four bays that are capable of being multi-functional for the community.

With Māpua strongly in need of facilities to encourage youth activities this is seen as a great asset to the village.

Located on land at the Waterfront Park it will enhance and help create greater use of this area.

Now is the time for the community to get behind making this happening with donations, no matter how big or small.

Donations are tax deductible: Māpua Boat Ramp Community Trust NBS 03-1354-0454995-00

Check out our website: Mapuaboatramp.org or contact Trevor Marshall 0272224947 for more information.



Dreams do come true!



MĀPUA HALL NEWS

72 Aranui Road Māpua | māpuabookings@gmail.com | 03 5402330

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9.00 am SUPERB DANCE Move Good Now	9.00 am PANZ Pastel Artists of NZ	9.15 am AEROBICS with Lynda		9.15 am STRENGTH / CARDIO with Lynda
	9.00 am SIoux LINE DANCE	9.15 am SLOW YOGA with Nikki	9.30am MĀPUA ART GROUP	9.15 am YOGA with Martin
1.00 pm YOGA with Trudy	10.00 am MĀPUA CREATIVE FIBRE 2nd Tuesdays	10.15 am PILATES with Lynda		10.15 am PILATES with Lynda
3.30 pm BALLET 3-4yrs Kerry Clarke Dance		11.30am TAI CHI INTERNAL ARTS		
4.00 pm BALLET 5-7yrs Kerry Clark Dance				2.00 pm FRIENDSHIP GROUP 3rd & last Fridays
5.30 pm BROGA YOGA with Nikki	6.00 pm STRENGTH / CARDIO with Lynda	6.00 pm Māpua Football Club	7.30 pm MĀPUA COMMUNITY CHOIR	
7.00 pm MĀPUA HALL SOCIETY Meeting 3rd Mondays	6.00 pm YOGA with Martin			
7.15 pm MDCA PUBLIC MEET 2nd Mondays				

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- Vote on matters at the AGM
- Financial support for your Hall.

Hall Society News June 2023

Māpua Hall Society 2023 AGM

Monday 19th June at 7pm - Bill Marris room

Join us for the Māpua Hall AGM as we reflect on the past year and discuss our plans for the future. Nominations are in and we will have a full team for 2023/24 we would love to share our ideas and hear your thoughts, tea/ coffee and refreshments will be provided.

The Hall is busy with events happening in June including ongoing consultations with '**Streets for People Working Group**'; Local Matters public talk "**Doughnuts and De-growth – Imagining a new Future**" at 7pm on Wednesday 7th; **Sioux Line Dance** mid year social on Saturday 10th at 3pm; **Motueka Social Dance** on Saturday 17th at 7.30pm.

This month **Packhouse Cinema** presents the Sunday night movie and a '**Bring your Baby**' screening the following Monday morning. Parents are encouraged to bring their babies on Monday at 10am and enjoy the movie in a relaxed and supportive atmosphere.

For latest updates & news follow us:



@MapuaCommunityHall
www.MapuaHall.org

Shakespeare turns in grave!

*"Two liquor stores, both alike in alcohol,
In fair Māpua, where we lay our scene,
From ancient grudge break to new mutiny,
Where civil blood makes civil hands"*
(apologies to William Shakespeare)

The liquor barons are coming to a store near you or rather, in this case, the liquor baronettes, for both applicants for liquor store licenses in Māpua are owned by women who have broken through the glass ceiling of the bottle store industry. Conjures up a messy image of a lot of shattered glass.

Unlike the fair Verona of Shakespeare's Romeo and Juliet, romance was not the genesis of this modern-day scenario, but rather a rivalry between two companies for whom profit from the sale of alcohol is more important than the good of the community of our village.

A population of 2000 with four existing off licence liquor outlets does not need another, let alone two. Indeed, it is apparent that the Liquorland application for a store on the vacant section next to the Sprig and Fern only came to be as the applicant thought the site would be more acceptable to the citizens of Māpua than the proposed Super Liquor site at the corner of Māpua Drive and Aranui Road.

Indeed, locating a liquor store right opposite the Māpua Primary School is atrocious thinking and a sad reflection on the value the applicant puts on the children and the "good order" and amenity of Māpua. Perhaps the 2400 km between the residence of the Super Liquor franchise owner in Australia and Māpua is a great attenuator of social responsibility.

The Sale and Supply of Alcohol Law (2012) has a prime object to minimise the harm cause by excessive or inappropriate alcohol consumption.

You do not need to be a rocket scientist or a brain surgeon to realise that increasing the supply of alcohol, particularly spirits and RTDs, can in no way minimise the harms of alcohol, but alas the liquor baron legal beagles have managed to twist words and contorted both logic and common wisdom such that the citizens of Māpua now have to run the hoops of the objection process.

Fortunately, we have barrister Dr Liz Gordon from Christchurch who is donating her time and effort to assist us to navigate the often obtuse thinking and process of objecting.

To date 80-odd objections have been filed, and through the good efforts of a key group of objectors and Dr Gordon the Liquorland application has been withdrawn.

However, Super Liquor remains determined to continue, despite their counsel being surprised by the volume and expertise of the objectors' evidence, a surprise evident from the Super Liquor request for an adjournment of the 22nd May hearing, a request that was granted by the TDC District Licencing Committee that hears the liquor licence applications.

Thus Māpua awaits an announcement of the new hearing date and venue. We hope it will be soon.

Jim Vause

The Write Bias

News from Māpua Bowling Club

Our green is now closed for the season but some of our members continue to bowl throughout the winter on artificial surfaces at Wakefield, Richmond, Tahunanui and Motueka.

For the rest of the members, it is time for a rest! Our new season will be here before we know it and we would hope to open again at the end of September.

Closing Day, an indoor affair this year, on Saturday 20th May will see the presentation of championship trophies along with some indoor games and an afternoon tea.

Our winners this year are:

Junior Singles: Women, Karen Clark.

Senior Singles: Men, Ian Benbow; Women, Sue England.

Veteran Singles: Men, Warren Keith; Women, Sue England.

Senior Pairs: Men, Ian Benbow, Sean McBride

Women, Sue England, Jean Daubney.

Veteran Pairs: Women, Sue England, Jean Daubney.

Triples: Men, Lee Burnett, Warren Keith, Bob Foster; Women, Madeline Rogers, Kaye Latham, Julie Booth.

Fours: Men, Ian Benbow, Sean McBride, Warren Keith, Bob Foster; Women, Madeline Rogers, Karen Clark, Kaye Latham, Julie Booth.

The Thomas Trophy is a round robin mixed pairs competition held throughout the season and this year's winners were Ian Benbow and Barbara Adcock.

For any information about bowling, coaching, winter socials or booking the Clubhouse and facilities, please contact the secretary, Di Blanchet on 03 540 2627 or check out our website, sporty.co.nz/māpuabowls

Sue England



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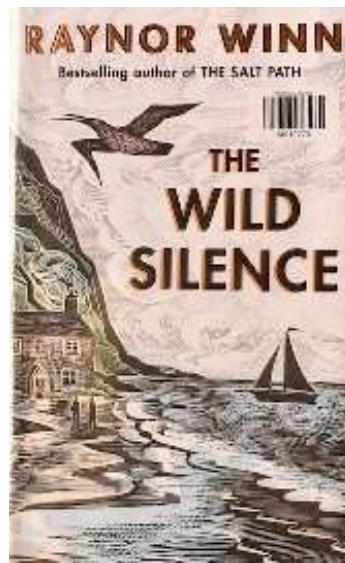
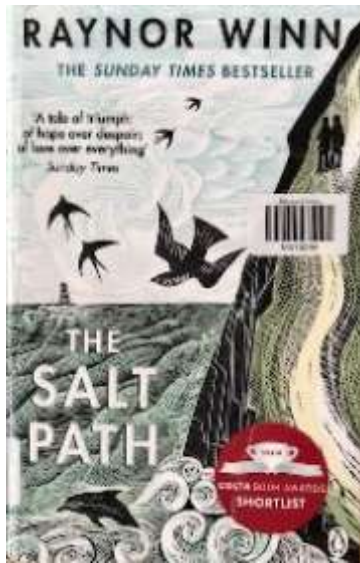
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Book Reviews

“The Salt Path”, “The Wild Silence” and “Landlines” by Raynor Winn



I first met Ray and Moth when I read Raynor Winn’s first book **‘The Salt Path’**. In this she told a story of double whammy loss - their home and livelihood in Wales due to a bad investment encouraged by a close friend, and Moth’s health - a diagnosis of ‘Corticobasal degeneration’ [CBD] with a prognosis of slow but relentless loss of brain function which would shut down his body control as well as his thoughts and memories.

Ray and Moth were both in their late 50s, left with nothing to show for their years of hard work but their old backpacks and small tent that had served them well in younger days of walking and climbing in the wilderness areas of Britain that they so loved.

Not wanting to burden their two children who were forging their own lives at university, they took these along with their homeless state and walked the 630-mile South West Coastal pathway from Somerset to Dorset. Living on very little money and food, they increasingly felt the freedom that the wild coast and camping gave them.

Along with becoming identified with other homeless people and highlighting their issues, the magical outcome of this experience for Ray and Moth was that Moth’s physical strength and coordination improved, as did his mental processing. To the extent that he decided to go to university to retrain as a teacher whilst living in a Cornwall flat generously offered at a chance meeting with the owner at a cafe.

This period then became the story of Raynor’s second book **“The Wild Silence”**. In this she writes about her difficulties in adjusting to living within four walls again, forced to face her grief with accompanying anxiety and depression and realising how important being outside in the wild nature was to her wellbeing.

Also noting that Moth’s forgetfulness and other symptoms of his CBD condition were advancing again now that he was more sedentary with studying. For fear that he might forget their walking experience, she decided to write the book that became **“The Salt Path”**.

Once published, the attention this gave them led to an approach from a city working and dwelling man who

owned a small farm he was unable to live on but wanted to rescue from its overstocked and depleted state. He felt Ray and Moth were the perfect people to help with restoring the land to its healthier balance again.

So, another leap of faith saw them making a dilapidated farmhouse habitable and caring for ancient orchard trees.

Ray’s beautiful descriptions and keen observations of wild animals and birds continue throughout her books along with a deep-felt expression of connection and care of the land and sea in order to allow continuation of wild places and the creatures they support.

Her third book **“Landlines”** continues their story.

Prompted by a feeling of crisis in Moth’s deteriorating condition, Ray convinces him that walking in nature again is their only hope at giving him more quality time.

The Cape Wrath Trail is an even greater challenge than the previous ones, with over 200 miles of remote Scottish mountains and lochs. With poor footwear, blistered feet, pain and exhaustion they walk from Sheigra in the north of Scotland and continue south eventually reconnecting with their beloved first path in Cornwall. One thousand miles over four months.

Along the way, the challenges of the Covid pandemic as well as global warming with impacts on the land and peoples’ behaviour are noted.

The exciting finish comes with Moth’s visit to his neurologist once home with science-defying results shown in his MRI scan.

Or is it the endless cups of tea they drank - a comfort in moments of despair and celebratory friend in times of victory.

The thread throughout all three books along with the tea drinking, is the deep and unbreakable connection Moth and Ray have. Through all, their love for each other never in doubt.

All three books may be found at the Māpua Library. Inspiring and educational reads.

Rachel Boon

Madeleine's Hair Studio
 Introducing your new hair stylist in Ruby Bay,
 My name is Madeleine and you'll find me where the Ruby Bay Hair Lounge used to be. I've re opened and re branded as Madeleine's Hair Studio and am excited to bring something new to the area and join in with the community.

With 9 years of experience my passion is people, to help them not only with hair but hopefully to leave someone's day a little brighter. My skills range from cutting colour creation, bright blondes, hair extensions, wefts, kids cuts, fades, styling and weddings.

Pop your head in and say hello or contact me on (03) 5403699.
 I'm located on 2/172 Stafford Drive

Help make it happen



Stacey Whale, a renowned Jewellery artist in the Upper Moutere Village, has been selected to participate in the esteemed XIV Florence Biennale 2023 exhibition of contemporary art and design, to be held in Florence, Italy.

This presents an incredible opportunity for Stacey to showcase her work on an international

platform and compete for the prestigious 'Leonardo da Vinci Design Award'. Stacey's exhibit will feature a beautiful piece of wearable art - an intricate collar crafted in yellow gold and white diamonds.

To attend this 9-day event in October, Stacey is seeking financial assistance through Boosted, the only crowdfunding platform in New Zealand dedicated to supporting local art.

Although this is a significant accomplishment for Stacey, she cannot achieve it alone. She needs your help to cover the costs associated with the exhibition, including travel, accommodation, related expenses, and the production costs of her masterpiece.

By contributing to her project, you will help make it happen and become a part of her exciting journey, help her develop her artistry and brand, and move her business forward while also assisting her in realising her dream.

Furthermore, your contribution will play a critical role in promoting New Zealand's contemporary art and design on an international level.

To find out more or to donate, please visit the crowdfunding 'BOOSTED' website at <https://www.boosted.org.nz/projects/florence-biennale-exhibition-italy> or scan the QR code, which will take you straight to the BOOSTED Campaign Page. You can also visit Stacey's website at www.staceywhale.com

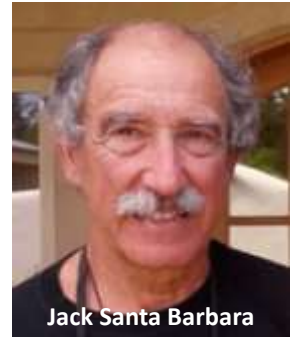


Imagining a new future

Join Gareth Hughes and Jack Santa Barbara in a discussion of the most important mission facing the world right now – re-designing our economic system to ensure collective wellbeing on a healthy planet. The Local Matters team invites you to their next event on **Wednesday 7th June, 7.30 pm at Māpua Hall.**



Gareth Hughes



Jack Santa Barbara

Feelings of being overwhelmed by the current state of our planet are common. There has never been a more pressing time to design a new future. To sustain life on Earth there cannot be infinite economic growth. We can design an economy that delivers wellbeing for both the planet and the people. A Wellbeing Economy includes everything that matters to people, such as our environment, our health, the food we eat, the clothes we wear and so on.

Gareth and Jack will outline the powerful opportunities that exist and how we can all be part of the solution to build a better world.

Gareth Hughes will share his insights gained from twenty years pushing for transformational change as an activist and politician. He will explore how our current economic system operates and the positive alternatives inspiring people around the world. Gareth is the Aotearoa Country Lead of the Wellbeing Economy Alliance (WEAll).

Jack Santa-Barbara will focus on the key tasks of the transformation: reducing energy and material throughput, and ensuring supports are in place for the anticipated disruptions this will create. Jack Santa Barbara is a retired CEO and academic. He has a long-standing interest in sustainability and social justice issues and he writes extensively in the NZ media.

Imagining a new Future

Wednesday 7 June 7.30 pm - Māpua Hall

Door sales only - \$10 ticket


Students with ID free – supper included

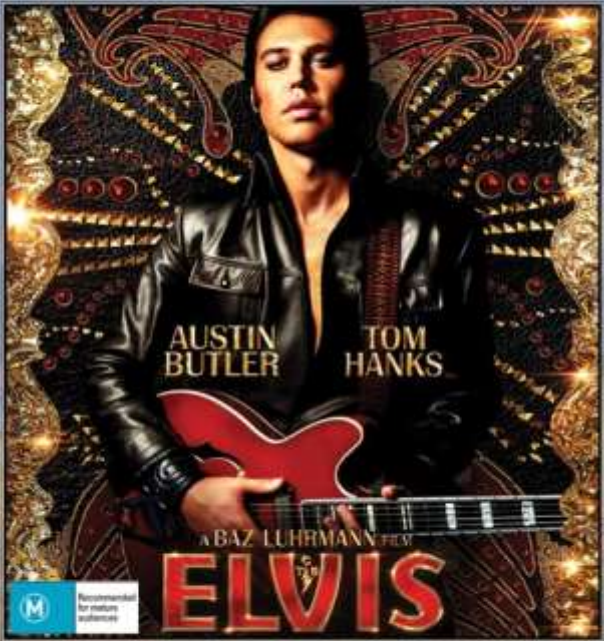
This is a Local Matters event, organised by the Motueka Branch of the Green Party of Aotearoa NZ

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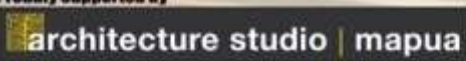

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Monday 12th June, 10am



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 Everyone welcome, see you there!

mapua@playcentre.org.nz

Cushla's Village Fabrics

I am retiring at the end of June.
 Take the opportunity of shopping with us up to Thursday 29th June at 4.00 pm
 The store will be Re-Locating to Christchurch opening mid-July.
 Ingrid the new owner is an old friend of mine.
 The Tannery is a great location –
 Shop 23 is next to the Cinema not in the Atrium.
 Thank you for supporting my business over the last 9 years here in Mapua.
 Cushla Stevenson



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**3rd June
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**9th June
80s Night**

**10th June
Sun City Soul**

**16th/17th June
Elton John + Fleetwood
Mac Tribute**

**23rd June
70s Disco**

**24th June
Nelson Big Band
Winter Swing Evening**

**21st/22nd July
Capitol City
11 Piece live band
70s vs 80s Party**

Ruby Coast Running Club

We are continuing to have good numbers each week to our regular Thursday night 5km runs, and a good turn out to our Saturday morning longer runs as well. It is great to see that the wet weather and colder temperatures aren't deterring our keen runners.

Our runners have also taken part in several different events recently. At the end of April, Christine, Graeme and Debbi ran in the Skeddaddle, a new trail running event held at Island Hills Station in North Canterbury. A challenging but rewarding event by all accounts, with lots of hill climbs and great views. In early May, Karen also headed south to run in the Hanmer Springs Half Marathon.

Next up for Christine and Graeme was the South Island Ultra Marathon event, which offered events of various distances along the West Coast Wilderness Trail cycle trail. They both ran in the 24km event and were both placed first in their respective age group categories.

Well done!

That same weekend we also had a number of runners in Blenheim for the Saint Clair Vineyard Half Marathon. It was an event with a difference. Competitors were encouraged to dress up and there were entertainers at various spots along the course.

As well as the usual water stations, there were pineapple lumps, fudge, ice cream and lots of other sweet treats along the way. Every finisher also received a bottle of wine.

We enjoyed an entertaining and scenic run through the autumnal vineyards and had a fun weekend away. We also had some good results with some of our runners being placed in their respective age group categories as follows: Dawn (1st), Karen (1st), Faye (2nd), Debbi (3rd) and Niki (4th). Proof that running in a tutu does not slow you down!

Come and join us! Our regular Thursday 5km runs meet each week in front of the playground by the Mapua Hall. We start at 5.15pm for walkers and runners that need more than 30 mins to complete 5km, and 5.30pm for everyone else. No need to register beforehand – just come along a few minutes beforehand to sign in. You can also find us on Facebook: Ruby Coast Running Club.

Finally, a reminder to our regular and new runners for our Thursday night runs. Now that it is dark when we run, it is important to wear a light (such as a head torch). Reflective clothing is a good idea too.

K Welsford



RCRC Runners Karen, Niki, Dawn, Debbi and Faye

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Moutere Hills RSA Memorial Library Māpua Community Library

Reminder to all our members:

Please check the issuing library prior to returning books to us or to one of the TDC or Nelson libraries. We often get books returned to us that belong to other libraries or our books returned to them.

If this occurs, we have to either drop off books or travel to collect our own books, which is at our own expense. The other inconvenience for you as a member, is you will probably get an overdue reminder from us or a fine from the council run libraries.

Exhibition: Lesa Heaton

Pop into the library and check out Lesa's interesting work. Lesa's interest in painting developed during her years living in Jakarta. She paints in oil and acrylic, and also dabbles in mixed media.

In the artwork "Tip of the Trees" she used different serviette patterns to represent the contours of the earth, the flowers above ground and microbial networks below the ground, with the psychedelic joy of the trees above the ground.

She says that trees represent life that sustains and nurtures us.

The photographs are a combination of life in Asian cities, and local flora, fauna and landscape that focus on her love of nature in our own backyard. Lesa is involved with coastal restoration work in Abel Tasman National Park for Project Janszoon/DoC.

The library will be closed Monday 5th June, King's Birthday weekend.

Helen Jeffery

Mapua Craft Group

As I write this newsletter there is a light dusting of snow on the mountains and our thoughts turn to soups and casseroles, wood fires and woollen clothes!

In our local Mapua library I found "Homespun Hand Knit" edited by Linda Ligon. Patterns include socks, mittens, gloves and hats. There is a bouncing baby set, a double reversible headband, a classic mohair tam and a Scandinavian Christmas stocking! What will you be making?

Many patterns take very little wool so if you have any odd balls we could use them – thank you. The tiny mittens in the photo will be donated to the premature babies at the Nelson hospital.

Our next dates for June are the 2nd and 16th at Hills Community Church meeting room at 10am till midday with just a \$3 Koha to cover room hire and coffee.

Barbara Halse, 540 3901



Māpua Community Library
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Our volunteer-run library relies on grants, donations and fundraising to cover costs.
We have set up a givealittle page for members of the community who would like to support us. You can donate by simply scanning the QR code or go to:
givealittle.co.nz/org/mapua-community-library
We are a registered charity and donations over \$5 are eligible for a NZ charitable giving tax credit.




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Māpua Fire Brigade



April to May call outs

- 2 May 10:01 Car hit barrier SH60 near Māpua Dr, assist at scene.
- 4 May 12:23 Car run over curb and through a fence on Aranui Rd. Assist at scene.
- 9 May 11:37 Alarm activation shed 4 Māpua Wharf. Activated by water, false alarm.
- 9 May 12:22 Alarm activation upper Moutere Community Centre, faulty unit, false alarm.
- 10 May 12:57 House fire Motueka, extra fire fighters needed.
- 10 May 18:41 Medical, unconscious/fainting, Higgs Rd. Administered oxygen until ambulance arrived.

Call outs for the year =16

Safety Tip – Be safe.

Clean and check your chimney before using your fireplace.
 For fire safety info go to - <https://fireandemergency.nz/>
 for fire permits go to - <http://www.checkitsalright.nz/>

We are also looking for some new members to join the brigade, who would be available day time. If interested come and see us at 3 Iwa St after 7pm on a Thursday evening.



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Lynda's Exercise Classes in the Mapua Hall

Term 2 started April 4th and runs until Friday July 21st.
Regular fitness and Strength classes for all levels.

Cardio/Weights Tuesday 6 pm,
 Old-fashioned Aerobics Wednesday 9.05 am.
 Cardio/Weights Friday 9.05 am.
 Pilates Wednesday and Friday 10.05 am.

No classes Friday July 7th, but there will be Friday sessions July 14th, Matariki.

5-trip ticket \$50; 10-trip ticket \$80; 20-trip ticket \$150;
 30-trip ticket \$210. Casuals – yes, \$12 per session.
 Top-ups for single sessions on your ticket \$10.
 Please contact Lynda for details,
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Māpua Health Centre report

Thank you for your patience last month as we changed our computer programme from Medtech 32 to Evolution, which involved a couple of days without computer use and a steep learning curve for all our staff.

It is also a time of transition for Dr Tim Ewer who is leaving the GP side of the practice that he started 33 years ago. He wishes to pass on his best wishes to all the patients that he has cared for and deep gratitude to all our staff who over those years have helped to develop the centre into the present comprehensive and excellent health care facility that we all can utilise.

We welcome a new trainee intern (final year medical student), Charlotte, who will be with us from the end of May for 3 weeks. This is a great opportunity for students to get a small taste of general practice and learn more about community health services.

Repeat prescriptions can be ordered online through the ManageMyHealth patient portal, and you can now pay at the same time. You can also use the portal to view your medical notes, lab results, X-rays and letters. If you haven't already signed up please check with the receptionists for this free service.

Part of our new computer system provides a highly secure process whereby our Reception team can either text or email you a link, through which you are able to pay your Mapua Health Centre account, and the amount will be automatically allocated to your account within a few minutes. You need not be alarmed if you receive a message that looks a bit different to the standard invoices we send you via email or the texts we send. We are confident that this will be a real improvement to our payment systems and look forward to hearing what you think of the new system.

This month, Men's Health Week aims to help you get right on top of your biggest and most important asset – your health.

Why have Men's Health Week? Men are on the back foot from the start. A boy born today will live nearly four years less than a girl born in the room next door. He will be over 20% more likely to die of a heart attack than the girl, and almost 30% more likely to get diabetes.

Worse, he is three times more likely to die by suicide or in a motor car crash.

Eight Kiwi families every day lose a loved partner, father or tupuna to a **PREVENTABLE** illness, one they didn't need to die from. Almost one Kiwi man in four will die before they reach retirement age.

We can do something to change these numbers by making small changes to things we eat, drink and do.

Also, it's "Move Your Butt month" which is all about supporting awareness and helping to prevent bowel cancer. Your diet is one way to lessen the likelihood by enjoying a wide variety of nutritious foods:

- Eat plenty of vegetables, legumes (dried beans, peas or lentils), fruits and cereals (breads, rice, pasta and noodles), preferably wholegrain.
- Include lean meat, fish and poultry.
- Include milks, yoghurts and cheeses. Reduced fat varieties should be chosen where possible.
- Drink plenty of water.

Take care to:

- Limit saturated fat and moderate total fat intake.
- Limit your intake of red meat and processed meat.
- Choose foods low in salt.
- Limit your alcohol intake if you choose to drink.
- Consume only moderate amounts of sugars and foods containing added sugars.

And:

- Quit Smoking.

There are a number of important national and global health promotion events for the month, including:

- 1-30 Move Your Butt Month
<https://bowelcancernz.org.nz/move-your-butt>
- 5 World Environment Day
<http://worldenvironmentday.global>
- 12-19 Men's Health Week
<https://www.menshealthweek.co.nz/>
- 14 World Blood Donor Day www.nzblood.co.nz
- 15 Elder Abuse Awareness Day www.ageconcern.org.nz
- 19-25 National Volunteer Week
<https://nationalvolunteerweek.nz/>
- 20 World Refugee Day www.un.org/depts/dhl/refugee
- 21-27 Continenence Awareness Week
www.continenence.org.nz
- 26 International Day Against Drug Abuse
www.unodc.org

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Ruby Coast Arts Trail

The Ruby Coast Arts trail started about 8 years ago by artists from Māpua, Ruby Bay and Tasman. The idea was to support each other's practices, have some community with each other, and to share their works with the public in a fun way.

There are 11 participating artists this King's birthday weekend, and their practices include sculpture, painting, printmaking, ceramics, woodworking, weaving and jewellery.

Using a self-guided trail map, visitors can call at artists' studios year-round or visit on the two annual Open Studio weekends: the last weekend in February, or this King's birthday long weekend.

This time it's on the 3rd and 4th of June from 10 am to 4 pm. The ruby coast Arts Trail map can be downloaded from the website www.rubycoastarts.co.nz or maps can be found at the Suter art gallery in Nelson, Nelson i-site, or Tasman General Store. Pictured – Lauren Kitts new addition to her outdoor sculpture gallery, an indoor gallery featuring smaller works and guest painters

Good for rainy days!



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Simply download a map from the website, or pick one up at the artist studios

Follow us on  RubyCoastArts Instagram [rc.arts.trail](https://www.instagram.com/rc.arts.trail)

We look forward to welcoming you into our creative spaces

June 2023

It was great to see everyone at our May networking event, held at the Sprig & Fern in Mapua on the 16th of May. Thank you to Sue and her team for hosting us, it's another great local venue for everyone to catch up in a relaxed environment after a day at the office.

JUNE Lunch & Learn, Mana Mindset —

We are excited to have **Tahi from Number One Electrical** who is a new member to the MDBA, a business coach and business owner speaking about 'a business approach to the skill shortage'. He will be covering:

- People first approach.
- Mana mindset – what this means for you.
 - Free your limiting beliefs.
 - Courage – step without fear.

FREE EVENT FOR MEMBERS, Wednesday 7 June. 12.15-1.30pm, Mapua Community Hall. In conjunction with Business Assist. Register via <https://www.ntbt.co.nz/our-events>

Upcoming MDBA Events

Pencil in the below dates for our next events, further details will be on our social media pages and email to you all.

18 July - Annual MDBA AGM.

9 August - Lunch & Learn in collaboration with Business Assist.

Till next month, cheers from the MDBA.

WHAT'S HAPPENING - FROM THE COMMITTEE

You may have noticed a few updates with the MDBA website, there is more information available for you to access. New members can now sign up online, simply follow this link <https://www.mapua.co.nz/application-form/> making it even easier to connect with like minded local business people.

MDBA FREE MAP 2023 OUT SOON

The new map will be out and about the region from mid June. You can keep up to date with the progress on the map and how to get your copies via the MDBA website <https://www.mapua.co.nz/free-tourist-map>.

NEW MEMBERS - WELCOME ABOARD...

A warm welcome to our newest members,

Tahi from Number One Electrical for your all electrically needs, locally, phone Tahi today on 027 262 4212.

Laszlo and Corene the new owners of **The Coolstore Gallery** since early April. For gifts for any occasion or a new favourite piece of art call in and say hi to them at the wharf. They'd love to meet you.

WE LOVE YOUR FEEDBACK

Let us know how we are doing. If there are any topics you would like to see at one of our networking events, perhaps you would like to host one of these events at your place of business? If you would like more directories, or, if you would like your business shared via social media email Kirsten at mdba@mapua.co.nz. Gordon Shaw our chair is available to meet and discuss business issues or ideas for our region, contact him by email chair@mapua.co.nz.



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71 Aranui Road, Mapua

Noticeboard

Spiritual/Energy healing by donation, first Sundays 3.30-6.30pm. Motueka Community House, Decks Reserve next to Red Cross. Private appointments also available. Contact Angie 0225804938 angel3000.h@gmail.com

Motueka Lighthouse last Thursdays, Motueka Community House, Decks Reserve. 7-9pm. \$3 Donation appreciated. This month 'EFT/Emotional Freedom Technique'. 29 June. Contact: Angie, angel3000.h@gmail.com

Stamp & Coin collections in Māpua/Ruby Bay & the Moutere evaluated & purchased. Nick Ferrier 021 688243

New Book Group meeting 3rd Tuesday of the month 2-4 pm. Call Vanessa 0223630219 Or Sue 0212671317

Playcentre: behind the tennis courts at 84 Aranui Rd. Come & play – Mondays & Thursdays 9.30-noon during term time. mapua@playcentre.org.nz

Pastel Artists Nelson: meet Tuesdays 9am-noon, Bill Marris room, Hall. Visitors welcome. Marg: 027 257 1857

Coastal Stringers: Ukulele & guitar group meet Fridays 1-4pm at Bowling Club. All welcome, just arrive & enjoy the singing. Contacts: Colleen 5403010, Diane 5402627.

Māpua Women's Rec Group. Come and join our friendly social walking group. Meet outside Tessa Mae's Thursdays 9.15am. Options for all fitness levels plus activities and social events. mapuarecgroup@gmail.com or just turn up.

Knit & Natter group now at Appleshed: 10am Tuesdays. Contact: Debbi 027 327 4055

Local Women's Walking Group - all welcome to our Tuesday morning walk of 5-7km leaving 9am - call Lynley 03 540 2292 for more information.

Motueka Toastmasters: Like to speak with more confidence? Meet 1st & 3rd Weds, 6.45-8.30pm, St Johns rooms, Jack Inglis hospital. Visitors welcome. Info Sierra 027 8444765 or Peter 027 7468311.

Re-cycle Printer Cartridges at the library. Volunteers are happy to collect printer & photocopier cartridges and transport to recycling centre. Blue bin in our foyer.

Tasman Golf Club: Mixed Social 9 Holes of Golf. Tee off 9.30am Fridays. Friendly group, all levels very welcome. Cost: \$25 for non-members. Ph: Lyndal 03 5266819, teeup@tasmangolffclub.com or just turn up at Kina

Māpua Community Choir: 4 part harmony, no audition necessary, small koha, Māpua Hall 7.15pm Thursdays, enquiries Helen: n-h.bibby@actrix.co.nz

Tasman Dippers: A casual collection of people who enjoy connecting with the open water. Year-round dips or swims in the sea at Rabbit Island. Info: www.tasmandippers.nz

Māpua Boat Club welcomes new members. No boat required. Social nights Thursdays 5.30 - 7pm at Club rooms on Māpua Wharf. Raffles, cash bar, snacks, regular guest speakers. To join, contact Secretary, Katrina 0211393945

Indoor bowls at Māpua Hall on 3rd & last Fridays. Bowls at 2pm followed by "bring a plate" afternoon tea. \$3. Māpua Friendship Club. Contact Val, 540-3685

Māpua Art Group meets Bill Marris Room Māpua Hall Thursdays, 9-noon. Paint, draw, help each other in a social environment. All levels & media. \$5 incl morning tea. Tables, chairs, easels provided. Barbara Glass 027 443 1121

MDCA: Māpua & Districts Community Association meets Feb-Dec, 2nd Mondays, 7pm Māpua Hall; info@ourmapua.org

Kids 'n' Koffee Playgroup: Wednesdays 10-noon during term time, at the old church building. 0-6 year olds. Morning tea provided. Gold coin donation. Info: pippie.d@gmail.com

Fibre Craft Sunday. Birch Hall, Richmond A&P Showgrounds. Last Sundays 1.30-3.30pm. Learn to spin, knit, felt or weave. \$5 includes tea or coffee. All ages welcome. Richmond Creative Fibre Group: Diane 547-6517 or Karyn 544-9709

Spinners, Knitters, Weavers: Creative Fibre Group, Māpua Hall, second Tuesdays 10am. All welcome.

Quakers meet at Family Service Centre, Motueka 10am 2nd Sundays. All welcome. Enquiries: Linda 027 447 6435.

Toy Library: extensive selection of toys, puzzles & videos for children 0-5yrs. Māpua Hall every 1st & 3rd Tuesday, 10-11am & 6.30-7.30pm, 1st & 3rd Friday 3-4pm. mapuatoylibrary@gmail.com

Ruby Coast Walking Group meets 9.30am Wednesdays by Tasman Store. Walk 1½ hrs then coffee & muffins back at the Store. All welcome. Fiona: 021 232 6089 for more info.

Ruby Coast Running Club: 5k run Thursday nights 5:30pm. Also runs most mornings. Find us on Facebook or contact Debbi 027 327 4055.

RSA: Anyone interested in joining Moutere Hills RSA is welcome. No former service history required. Great platform to catch up & meet new members. Nic Poultney 021 220 3920 or 548-4420

Motueka Senior Net. Tech for mature adults. Monthly meetings. Help sessions 2x/month. De-mystify technology in a fun & friendly forum. Clubrooms 42 Pah St, Motueka. Seniorsnetmotueka.org.nz

Coastal Garden Group meets 1pm first Thursdays, Tasman Bible Hall (opp. Jesters). Men and women most welcome to share their love of gardening. Guest Speakers, Workshops, Garden Visits. Ph 03 265 1842

Sing Your Lungs Out! Free community singing group for anyone with respiratory issues, morning tea. Singing improves your lung health! 10am Mondays, Te Awhina Marae, Pah St, Motueka. Pip 0274 282 693

Ruby Coast Newcomers Social Group: meet new people, make new friends. Coffee 10am last Fridays at Tasman Store and occasional social events. Just turn up. Vivien/Richard 526-6707

Tasman Area Community Association (TACA) 7.30pm last Thursdays (x Dec) Tasman Bible Church. Residents of Ruby Bluffs to Tasman & Kina welcome. Info: Facebook or www.tasmancommunity.org.nz

Nelson Trout Fishing Club: 7pm 3rd Wednesdays, Fish & Game Rooms, 66/74 Champion Rd, Stoke. Beginner or expert. Courses, field trips, speakers. Open to all ages. Info: 03 5476432, secretary@nelsontroutfishingclub.com

Motueka Scottish Country Dance Club: Weds 7.30pm Lower Moutere Hall Scout den. No partner needed, dress casual, wear soft flat shoes, beginners welcome. Good exercise, lively music. Contact Fay 021 039 3559 or Alison 0220 363 891.

Club Notices are free. Others by gold coin donation to one of the distribution boxes.

Coastal News: you can download the pdf from www.coastalnews.online—often printed in colour by TDC!