

Nelson Bays Harmony Chorus

Local acapella singing group, Nelson Bays Harmony Chorus (NBHC), have just returned from representing Nelson at national level competitions in Dunedin on 4 May.

The group has spent many months in preparation, practicing in Club Waimea and in each other's homes.

Competing in Sweet Adelines New Zealand competitions is a highlight and a significant goal for the Chorus. Choruses from all over New Zealand perform in front of a large audience, including four international judges, who travel to New Zealand each year, usually from the USA. Each judge is a specialist in one of four areas: Sound, Music, Expression and Showmanship. This year NBHC were thrilled to achieve a B minus overall, B for entertainment and received the 'Audience Choice Award'. This reflected the many hours of practice, commitment and courage that each member had put in.

Chorus director Kathy Jamieson led chorus in the presentation of a ten minute entertainment package; an amusing package about a bride's hen night at a local spa. The chorus sang three songs telling the story: "Dream a Little Dream of Me" originally sung by Ella Fitzgerald, "Get me to the church on time" from the musical My Fair Lady and "Rolling in the Deep" by Adele.

NBHC are a group of 38 all-female singers, who sing in the barber shop style. This is a four part acapella singing style, the parts being bass, baritone, lead and tenor.

Each Thursday at 7 pm in the Main Hall of Club Waimea they meet for physical warm up, a vocal warm-up and then practicing the various songs of their repertoire. Once a

month they have supper together.

Their core values of continuing to learn to sing well together, to support and encourage one another to be the best singers they can and to enjoy one another's company makes this a very special group where friendships are formed.

Now returned, the women will be straight onto running an eight week acapella singing night class. They begin this on 16 May at Club Waimea Richmond at 7 pm.

They would love to pass on their enjoyment of singing and the fun and friendship that Nelson Bays Harmony Chorus provides. If you'd like to join them for this night class please contact www.nelsonharmony.org.nz or phone/text Jenny on 0275 444 121.



Dominion Flats Blossoms after 5 Years of Planting

After the bypass highway through to Motueka was completed in 2008 the area now called Dominion Flats Reserve, adjacent to Māpua Drive at the bypass, was surplus to the needs of Transit, who were looking to sell an area of approximately 6.5 hectares. The TDC, with a lot of encouragement from the local community, and with the understanding that the community would be very involved, agreed to buy it as a reserve to be restored, as near as possible, to its original state of lowland kahikatea forest.

A sub-committee of the Māpua and Districts Community Association was formed to research the type of suitable trees and the initial application for grants began. At the time of the bypass work a survey of the streams showed that at least eight different native fish were there and so it was important that their habitat was protected.

Then in September 2013, Nelmac offered several thousand plants which were no longer needed for a project and so the work began in earnest. Our first public planting day on 3 November 2013 saw 90 people from young children to grandparents all helping to get plants in the ground and many have helped at every planting day since.

There are now over 60,000 plants in the ground, mostly paid for with money from grants. We have applied to many different sources for money and are very fortunate to have received over \$75,000. We have also had many plants donated, grown from locally sourced seeds.

We have had and still get tremendous help from the community. A group of about ten regulars go every Tuesday morning to weed or use weed eaters to control the weeds and to plant new plants. We have had help from Māpua School, Lower Moutere School, Waimea Intermediate, Crombie Lockwood workdays, Jonathan Kennett's group from Wellington, family groups, Cubs, Scouts, a Geocache group, and the women's walking

group. We have traps lines that are monitored by volunteers and have caught stoats, weasels, rats and hedgehogs, (and we regularly deal with wasp nests).

We are also well supported by the TDC with advice, materials and our share of the reserves budget.

The first of the boardwalks were built by DOC cadet trainees at NMIT using materials supplied by TDC and subsequent bridges were built by community volunteers.

The tracks have been made by a contractor to the TDC with materials from TDC and from grant money. Recently fresh gravel has been laid on some of these using donated material. Work has been started on the last part of track which will complete the circuit of the reserve. These are used by walkers, runners, cyclists and school children and some lead further afield to connect with other communities.

One connection is through an underpass which has vibrant murals drawn, at our request, by Māpua school pupils, decorating the entrances. We have a donated picnic table at the first resting area and two more tables and two seats further through the reserve which were made by one of our volunteers with donated material.

This project has now completed the first five years with wonderful results to show for all the hard work. It is beginning to look like a natural patch of bush but will still need several more years of planting and nurturing before we can hand it back to nature.

In time we hope there will be an obvious patch of native forest that has increased bird life and that offers protection for the native fish that inhabit the streams. Already tui, fantails, silvereyes, pukeko and kingfisher are enjoying their new habitat and the native fish numbers are increasing in the streams.

If you would like to add your bit to the project come and join us on **Sunday 9 June 9am-12:00** and bring your spade. We have 1000 more plants to get in the ground.

Tim Hawthorne



Māpua Community Library

Winter Book Sale - Saturday 22 June from 10am-2pm - at the library - wet or fine

We will have a huge supply of new surplus donations at bargain prices. Bring along friends and family and stock up the winter reading supplies! Any last minute donations gratefully received - please just drop them in to the library.

AGM: Our AGM saw the election of some new committee members, and we farewelled Anne Thompson and Penny Brown.

2019 committee comprises:

- **Chairman** - vacant - the meeting approved a secondment to this role by the committee
- **Vice-Chair** - Sharon McGeown
- **Secretary** - Carolyn Hughes
- **Treasurer** - Ruth O'Neill
- **Committee:** Bernie Babe, Olive Beban, Rachel Boon, Susan Butler, Jacqui Jaine, Sue Lockhart and Lynley Worsley

Displays: We feature Barry Robertson's paintings and book illustrations for June. Pop in and view more local talent.

The Lion Foundation Grant: We are very grateful to The Lion Foundation which has granted \$2000 funding for the

purchase of new books to enable us to follow through with our acquisitions and maintain the relevance and currency of our collection. Thanks!

Contact Details: if these have changed, please be sure to advise us next time you are in the library. Or just drop us an email.

Phone/Fax Machine: our old one is no longer required. Free to a good home. Contact Lynley 540 2292.

Lynley Worsley

Library Hours (closed Statutory Holidays and New Year's Eve)

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mapualibrary@xtra.co.nz; Facebook: Māpua Community Library; mapuacommunitylibrary.co.nz

Major Sponsors: Rata Foundation; The Lion Foundation; Tasman District Council

Book Review

'A River Rules my Life' (Published 1963) and 'The Good Logs of Algidus' (Published 1965) - both written by Mona Anderson

Recently I had the good fortune to travel through the central parts of the South Island visiting spectacular high country and mountains as well as rivers and gorges.

One day-trip took us to the pristine Lake Coleridge, historic electricity station and village. We then found the Algidus road and followed it to its end at the braided Wilberforce River.

All these names were ringing bells in the back of my memory from a childhood reading of 'A River Rules my Life', and I was quietly excited to be actually seeing the country and rivers so well described in Mona Anderson's writing.

As a result of this visit, I was inspired to re-read her book (50 years later) to find it still a good read about life in a remote station in Mid-Canterbury between 1940 and 1963 when the book was published.

Mona's descriptions of everyday life without electricity initially, learning to create edible meals from a temperamental wood stove as well as adapting to stresses and joys of seasonal rhythms give a good picture of the realities of station life for a lone woman entering her married life within a very male-dominated world. And of course any contact with the outside world determined by the vagaries and whims of the Wilberforce River.

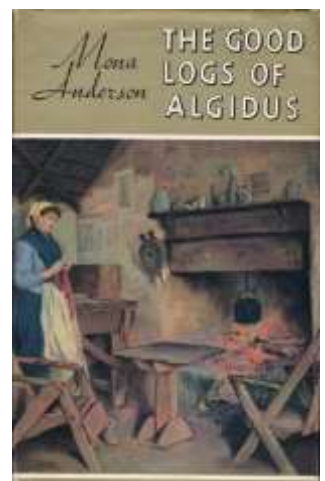
For those interested in the history of Mount Algidus Station in particular and Mid Canterbury in general, Mona Anderson's second book 'The Good Logs of Algidus' is good to follow on with. This gives an insight into how it may

have been for early settlers like William Rolleston, as first owner of Mount Algidus, to travel through and live in these remote places. Mona has particularly focused on the women who came to live there and how it might have been for them in different times of history.

Both books are excellent reading if you are interested in early settler history in remote farming communities - particularly Mid-Canterbury, but also great stories of how life was without many of the modern conveniences we tend to consider as essential today.

'A River Rules my Life' is still currently held in the Māpua Community Library but 'The Good Logs of Algidus' is not, but quite possibly would be found at the Tasman District Libraries.

by Rachel Boon



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*Edited by Andrew Earlam (advertising) 540-2845, and Jane Powell (editorial). Views expressed are not necessarily those of the editors. We aim to have the newsletter out by the 1st of the month. The deadline for emailed items to news@coastalnews.online is the 20th of the month. Noticeboard items are a gold coin donation in the collection boxes. Club notices are free.
Printed by the Tasman District Council.*

Whenua Iti Outdoors – Experiential Learning

What's been happening?

We were very excited to host the Tasman Mission for 2019. The Tasman Mission, organised by Tasman District Council, is a day of inspirational learning and combines the talents and enthusiasm of several local environmental educators. Activities were provided by a variety of organisations including the University of Otago, DOC, Project Janszoon, Forest and Bird, NMIT Ranger programme, TDC and more. Local year 5-8 students experienced global warming in a tent, identified poop and even managed an oil spill.

We hope to host the event again next year as it is a fantastic opportunity for hands on learning.

Focus on The Duke of Edinburgh International Hilary Award Aotearoa

The Duke of Ed is an awards programme for 14-24 year olds. The Award is offered at Bronze, Silver and Gold level and participants complete four sections - Voluntary Service, Skills, Physical Recreation and an Adventurous Journey. At Gold level, participants also complete a Residential Project.

WIO are now providers of the Adventurous Journey and also an Open Award Unit. This means you can register to do the Award with us if, for example, your school or youth group are not yet involved. We are currently the Hub leaders for the Top of the South and so we support other providers in delivering the Award.

This is an exciting development for us as we see an awesome opportunity to get people out into their communities and into the outdoors and recognise their achievement in these areas. Contact us if you'd like to hear more.

Outdoor Wanderings – Tasman Taste Trail

This month's outdoor wandering takes you to Kōhatu from where you can bike up the newly opened section of the Taste Trail to Spooner's Tunnel. There is a café at Kōhatu and you can park here and head straight onto the trail. It's a gentle uphill climb to the tunnel entrance

through paddocks and pine forest and most of the time you are away from traffic. If you have small people you will need to help them over the few road crossings.

Take a torch and explore the amazing tunnel – you can either continue on towards Wakefield or turn round and whizz back through the tunnel and down the hill to an ice-cream treat!

We'll see you out there!

www.wio.org.nz info@wio.org.nz



Students from Māpua school completing an activity at the Tasman Mission



Experiencing climate change in a plastic tent



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The deadline is the 20th of each month with each issue coming out on the 1st.

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Hello Animal Lovers

One of the most remarkable wildlife warriors of our century has been Sir David Attenborough, and at 93 he continues to fly the banner for animals, and in particular those in the wild.

When Sir David first started making documentaries for the BBC seventy years ago, things were very different. Most people learned about wild animals through visiting zoos, as travel to wild areas was not generally available for the average person. In fact it was a program call "Zoo Quest" that employed Sir David to travel to remote areas to obtain suitable specimens for zoos.

Little was known back then as to how this would affect the animals, and there was a lack of understanding as to how animals would behave differently in captivity. Sadly many animals did not survive, and those that did had a miserable life in restricted enclosures.

How things have changed. It has been in no small part that Sir David has educated the general public and remarkably continues to do so. His latest project is to take the subject of conservation to new boundaries.

Not only should humankind be interested in preserving wild animals but it now appears that if this does not happen and climate change brought under control it will be the end of civilisation, as the survival of our animals is linked to human survival.

This puts the responsibility on everyone to make sure sustainable practices are followed with animal breeding, waste disposal, power generation and how we use the available space to cater for both wild and domestic animals.

Sir David has devoted his entire life to encourage and inspire everyone to take this responsibility. It is now essential that everyone continues his legacy so that future generations can enjoy the wonderful animal diversity we to enjoy today.

I am always happy to answer any animal behavioural questions.

Sue Mott, Animal Behaviourist

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MDCA—Community Association

WATER INFRASTRUCTURE UPDATE

The TDC messaged the MDCA that work on the Māpua Water and Wastewater system will begin soon. The contract for this upgrade work has now been awarded to Donaldson Civil Ltd and work is planned to begin in mid-June. The work will begin at the Māpua Wharf and progress back up Aranui Road to Stafford Drive and on to Pine Hill Road. To minimise disruption, construction will be done in sections and work outside the school will be done during the winter school holidays. [See p19 for more info.]

The TDC's aim is to complete work in November 2020, but there will be a work shutdown on Aranui Road over the busy summer period between 4 December 2019 and 13 April 2020. For up to date information on the project progress, please subscribe to the email newsletter by emailing: projects@tasman.co.nz with the subject line: 'Subscribe to Māpua upgrades'

Residents can also visit the project page on the Tasman District Council website at www.tasman.govt.nz and search for 'Māpua upgrades' or copy and paste this link: <https://www.tasman.govt.nz/.../m.../mapua-engineering-projects/...>

Donaldson Civil will be in touch with businesses and residents directly to discuss any individual requirements prior to works beginning in their location. In the interim, questions not answered in the website project page can be directed to Council's project manager Rob O'Grady on 03-543 8634 or 027-579 3146 or by email rob.o'grady@tasman.govt.nz.

Māpua Upgrades Project webpage: <https://www.tasman.govt.nz/.../m.../mapua-engineering-projects/...>

MĀPUA WATERFRONT & WHARF

- The MDCA presented its feedback to the TDC regarding the Ngaio Tree Reserve (green space by the Golden Bear) based on a brainstorming session at the April monthly meeting. Some of the key recommendations were:

- Add low planting between Golden Bear boundary and western edge of grassed area and be sure the area is managed well to preserve a family friendly concept.
- Ensure that bike racks are well located for cyclists coming off the ferry. Provide a good increase in seats with backs and picnic tables in the area.
- Remove all but triangular section of planting between the Ngaio Tree and the grassed area for ease of movement for children between grass, Ngaio Tree and under 5yrs play area.
- Clearly define where the Sea Scouts trailer and cars can park. Insure dinghy racks are provided with sufficient space.
- And possibly provide space for older kids play area and buskers.
- The complete list of recommendations can be found on the MDCA website at:
<http://www.ourmapua.org/wp-content/uploads/2019/05/Ngaio-Tree-Feedback.pdf>

ROADS AND PATHWAYS

Jamie McPherson, TDC Transportation Manager, has provided the TDC Footpath Priority List for the community to provide feedback on. Māpua has a number of pathways near the top of the list of 85 projects: Māpua Drive connection across number 125 is ranked number 2; Māpua Drive to the Highway is ranked number 5; Pomona Road from Crusader Drive to Korepo Rd is ranked number 11; Seaton Valley Road pathway extension to Dawson Road is ranked number 18; Tahi Street is ranked number 30.

We have suggested that the path to the Highway is of a higher priority than number 2 and have asked for indicative timelines. The MDCA has asked that the resurfacing of the new Seaton Valley pathway be made a high priority.

TRANSPORTATION

Elena Meredith, working with the **Nelson/Tasman Community Transportation Trust** and volunteers from Hills Community Church, has been focusing on developing

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transportation infrastructure for our area.

Vicki Stocker reported on behalf of the group that they are working with other community groups on a survey that addresses needs by community members with transport, health provisions, support agencies etc. and they hope to distribute it in the next two months – with responses by email or on paper. Māpua Hall and library are willing to receive written responses on behalf of group.

MĀPUA RESERVE PLAYGROUND UPGRADE

The TDC's Glenn Thorn is waiting for more information from playground equipment suppliers. Some of the delay may be due to how to incorporate Iwi symbolism. Glenn has been investigating this as a possibility; however he is not having much luck in finding a playground equipment supplier who provides such equipment. Unfortunately, the cost of making such specific playground equipment on site, because of OSH, is cost-prohibitive.

SAFETY TRAINING ON JUNE 6

Motueka Districts Neighbourhood Support Society (MDNSS) is presenting a FREE training session open to the public with representatives from the police, fire, civil defence and paramedics. In the Bill Marris room at Māpua Hall, 6.30p on 6th June.

- Paramedic Demonstration On CPR
- Learn How to Operate AED Equipment
- Police - Keeping Safe and Crime Prevention
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JUNE MEETING HOT TOPIC SPEAKER

At the 10 June MDCA meeting, the Māpua Boat Club's (MBC) Martyn Barlow will present the club's latest boat ramp plans and David Scott from Tamaha Sea Scouts (TSS) will talk about the local scouting group and how the MBC plans link in with the future growth and security for the TSS group.

Come and hear directly from a Venturer Scout how the Scouting movement can add value to an individual and influence our youth into their early adult years.

Be sure to attend our next monthly meeting: Monday, 10 June at 7 pm, Bill Marris Room, Māpua Hall.

MDCA works closely with TDC to ensure our community functions in a way that suits the majority of our residents.

**To have a vote that counts, become a financial member of MDCA by simply paying a \$10 membership fee to our NBS account
03-1354-0356471-00**

with your name & phone number as a reference.

Tim Hawthorne

Wakefield Apple Fair

The Fair organising committee wishes to thank the following local businesses who generously provided sponsorship and support, and the many volunteers and community groups who gave up their time to make our 2019 event possible.

Key supporters: Tasman District Council, Network Tasman and Richards' Orchard.

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Buildright 2010	G&K Event Hire
Nelson Heritage Festival	MoreFM
Tall Poppy Real Estate	The Breeze
Small Sips Whakatu	Wakefield Print

Kai Collective

A winter update

A reminder that there are three freezers around the village where you can pick up a free meal to take to neighbours, family or friends who need a little TLC for whatever reason.

Where are they? At the Māpua Community Hall (in the side passage), in the foyer of the Māpua School, and ask at the counter at local store. Delicious!

Our awesome team of volunteers, led by Rose Barnes, get together when supplies are low. Our next planned cook-ups will be a warming winter soup and a beef casserole. There should still be supplies of fruit crumble, and the children's favourite: macaroni cheese.

By the time this article is printed, we will have held our first fundraising quiz night at the Sprig and Fern. Thanks to all our supporters who donated raffle prizes, including Jellyfish, Rabbit Island Roastery, Specsavers Richmond, Karen Toll, Shanti Massage, Karen Larson Massage, and Jester House.

Look out for details of our next fundraising event: Judy and Steve took time out from Jester House to walk the South Island on the Te Araroa Walkway. Come and see their slides at the Māpua Boat Club on Tuesday evening, June 4th. Tickets are \$10 and are for sale at Jester House – cash sales only please. Space is limited so don't leave it too late to buy your tickets. The evening begins at 7pm and will include supper. Join our Facebook page for updates on events and cook-ups. Be a link in growing a strong community.

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Wine Time!

I am always looking for an excuse to drink a good glass of wine, and I am particularly fond of our local Nelson wines. To this end, I am on a journey of discovery: I want to learn more about our spectacular locally produced wines, and so have decided to focus on one particular favourite each month.

If ever I needed an excuse to open a bottle of Sauvignon Blanc, it was the discovery that Friday 3 May was International Sauvignon Blanc Day. Whether it is celebrated anywhere outside New Zealand is doubtful...but anyway, still a fine reason to enjoy a drop of "savvy".



The bottle I selected to celebrate this momentous occasion was a **Latitude 41 Sauvignon Blanc 2017**, by Spencer Hill, which has been one of my favourites for some time. When trying a new wine for the first time I admit to being swayed to a large extent by an eye-catching label, which is how I first discovered this little gem; I was captivated by the piece of grapevine tied with twine around the neck of the bottle. Classy!

So to the wine. My own vocabulary when describing a wine is somewhat limited. "Yum" doesn't really cut it. Although in this case, the wine scored a resounding "Yum!"

Better get the opinion of someone who speaks the language of wine; so I decided to consult with Spencer Hill's Head Winemaker, Jules Randell. Jules had the following to say about the Latitude 41 Sauvignon Blanc:

"Our 2017 Latitude 41 Sauvignon Blanc made by Spencer Hill is sourced from various vineyards in the Upper

Moutere as well as a contracted block in Brightwater.

What I personally love about Sauvignon Blanc from our region is that the wines tend to be more textural and have a unique fruit profile. Furthermore, I feel Sauvignon Blanc vines grown on the Moutere clays make the wines truly special.

With these characteristics on clay soils it works well to use small amounts of French Oak (roughly 6-8 % of the blend). This is not to give the wine any form of oak characters in the finished wine, but more about adding to the structure and complexity of the finished wine in the final blend.

We also use the lees, which is the yeast sediment that settles to the bottom of the vats. We stir this up and back through a portion of the wine regularly giving more volume and weight and a subtle creaminess.

The fruit we source from Brightwater grown on riverbed alluvial soils offers more of the herbal notes, citrus and gooseberry characteristics as well as focused acidity and an interesting minerality.

The resulting wine has an abundance of delicious fresh fruit wrapped up with a lovely richness and structure kept true to itself by a core of zesty acidity. The separate components all contributing to create a distinctive style of wine, still vibrant but with a point of difference which sets us and the region apart.

The point is we want you to have a glass and come back for more. If you want to try an even more unique Nelson Sauvignon Blanc, look out for our single vineyard 2015 Reserve Spencer Hill Fume".

And I certainly shall, Jules!

Jane Powell

Below: Jules and Mako test the quality.



Pastel Artists of New Zealand

Important news first: Queen Elizabeth II is kindly sharing her birthday weekend with pastel artists from top of the South Island of New Zealand. So while she is in London having a boogie and blowing out 93 candles on her palace-themed birthday cake, our artists will be proudly exhibiting artwork in Māpua Community Hall.

This is our annual exhibition; all paintings are for sale but are also there to be enjoyed and for you to appreciate the vibrancy of the pastel medium. Friday 31st May is Opening Night with the exhibition running on Saturday, Sunday and Monday, 1st – 3rd June, 9.30 a.m. until 4.30 p.m. daily.

Opening Night will have been and gone before you read this article so sadly you will miss the legendary drinks and nibbles but we hope to see you in June to share our love of pastels and encourage you to vote for the “People’s Choice” award (unless, of course, you have been invited to the Queen’s Birthday party).

Workshop; an interesting word but what does it mean exactly? A shop for selling work? According to my husband, it is a grand name for a shed and having resorted to Google, this is fairly accurate definition.

But there is another meaning, “a meeting at which a group of people engage in intensive discussion and activity on a particular subject or project”. I’m not sure how intensive our pastel workshops are, but we do engage in

them several times a year. They are always fun, often challenging and new skills are acquired.

We are extremely fortunate to have tutors of international renowned teaching in Māpua. Australian Karol Oakley taught colour harmony and planning a painting at the workshop on April 9 and 10 and all the painters who attended agreed that it was an excellent two days.

Later in the year, another Australian artist, Tricia Taylor, will be joining us to consider first and last light. Light in a painting is crucial and I can guarantee that this workshop will be a sell-out.

For any information about our group please contact our Area Representative, Glenys Forbes on 03 540 3388 or by email [gmforbes@ts.co.nz](mailto:gforbes@ts.co.nz). You can visit our Facebook page: PANZ Pastel Artists of New Zealand to see national and international pastel artwork.

Sue England



Māpua Playcentre

Wondering what activities to do with your children now the season has changed? Māpua Playcentre is full of great things to do during these colder months of the year. Our centre is full of toys, games, puzzles, art supplies, musical instruments, crafts and dress ups. Outside we have a fantastic playground with slides, swings, sports equipment, obstacle courses and gigantic sandpit.

Our supervisor and parents set up different activities to engage your children in play, that use both the natural resources and centre equipment. There is always something to inspire creativity and hold the attention of pre-school children of all ages. Your child is going to love what we have to offer, and you are going to love having a place to go that can provide a morning of pleasure for you both.

Come and check us out. We offer a term of free sessions for first time families and all children under two are free. Session times are Mondays and Fridays 9:30am – 12 noon during school terms. You can find us at 84 Aranui Road (behind the tennis courts by the scout den). Alternatively, please contact us with any questions you have either by phone: Kathryn on 021 2534264, email: mapuaplaycentre@gmail.com or find us on Facebook.

From the Mouth of a Playcentre babe...

Mum : “Why are you rubbing your carrots on your eyes?
Don’t play with your dinner.”

Master 4: “But carrots make your eyes good and I want to see in the dark!”

A graphic for Playcentre featuring the word "Playcentre" in a large, stylized font. Below it, session times are listed: "Monday & Friday 9.30am - 12noon during school term". Contact information includes "Mapua Playcentre 84 Aranui Road ph. 540 2386 mapuaplaycentre@gmail.com or follow us on Facebook". A small drawing of a flower is on the right. At the bottom, it says "Quality Early Childhood Education for 0-6 year olds." and "Whānau tupu ngātahi - families growing together".



Police Report

Having a good autumn so far. No frosty roads yet. We dealt with a spate of five burglaries in Motueka recently, where unoccupied houses were being entered. I suspect someone was driving around looking for houses with no lights on early in the evening. Three houses and two out-buildings were burgled. Nobody saw or heard anything.

It just goes to show how easy it can be to burgle places: keep your place secure. Don't leave windows open on latches as I suspect this is how the houses were being entered.

Also a lady had an accident in High Street Motueka, when she ran into the back of a parked car because she was looking at her cellphone. Silly stuff!!!

Take care out there,

*Grant Heney
Crime Prevention Constable, Motueka*

- 22/4 Male arrested for threatening to kill, assaulting police and resisting police. Family harm incident Māpua
- 23/4 Two cellphones stolen from McKee Domain
- 24/4 Male arrested for a family harm assault Māpua
- 29/4 Possible burglar in Iwa Street
- 30/4 Theft of mail in Moreland Place
- 1/5 Youth breaches bail conditions, Māpua
- 4/5 Plastic fuel can stolen from boat in Catherine Road, Māpua (New subdivision)
- 5/5 Assist a suicidal person, Tasman
- 17/5 Family harm argument

Māpua Craft Group

This month we show you the result of our Quilling efforts. We obtained an excellent book "Quilling Techniques and Inspiration" by Jane Jenkins (from the Richmond Library).

As you will see from the attached photograph, we achieved some excellent results!

During May our focus is on planning and trying mosaics. Our craft cupboard is well stocked and we have files of inspirational ideas for this term.

We meet at the Community Church most Friday mornings at 10am (except during school holidays) and everyone is welcome to come along and join us. Morning tea is provided and a small donation can be made to cover costs.

Barbara Halse.



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Try Incorporating A Daily Walking Routine Into Your Day

Our lives are busier than ever. Trying to balance work, relationships and commitments, all while trying to get enough sleep, eat right and stay active can be challenging. We know it can be especially hard to find time to exercise, but whether you've had an active lifestyle for many years or just wanting to kick start your fitness goals, walking is the perfect, low impact exercise that can easily fit into your life.

Just 30 minutes a day of brisk walking can increase your cardiovascular and pulmonary (heart and lung) fitness, reduce your risk of heart disease, increase your muscle strength and endurance, create a naturally upright posture and improve your spinal health.

Start by setting yourself realistic goals of when you can exercise. If you know you can't make it to the gym every single day, don't promise yourself you will. You could start by saying 'I will go for a brisk walk for at least 30 minutes, on my lunch break, at least three times this week'. The more planned and thought out your activity is, the more likely you are to stick to it.

The great thing about walking is that it is flexible and can fit around your schedule. Here are a few ways to incorporate walking into your everyday routine.

- **Morning:** Starting your day off with a walk is a great way to get your exercise done and dusted early. You might have to go to bed a bit earlier to squeeze in your 30-minute walk, but you will gain the energy you need to kick-start your day and feel accomplished.
- **In transit:** Live in walking distance to the station or never any parking around work? Park a little further away

from your destination and enjoy a brisk stroll. You can split your walk up between going from and coming home if you can't do it all in one hit.

- **Lunch time:** Everyone deserves a break, so commit to not working through lunch, or sitting down the whole time, and go for a midday walk. It's a great way to clear your head, refresh yourself for the rest of the day, and get some fresh air. Grab a colleague and head out together to keep each other motivated.

- **Meetings:** Is your day filled up with meetings? If you're able, suggest a walking meeting. Being outdoors can help generate fresh ideas by stepping outside of your regular environment to help spark creativity and open conversations.

- **Afternoon/night:** Sometimes it can take a little while to decompress after work. An afternoon 30-minute walk can help you relax into the evening. Use a walk to catch up with family and friends all while feeling the benefits of walking and exercise.

There are many ways to incorporate walking into your day, it's simply a matter of finding what works for you, sticking to it, and creating the habit of putting your health first.

Coast & Country Chiropractic Centre has offices in Motueka and here in Mapua. Contact us for more information on maintaining your spinal health as well as overall health and wellbeing.

Dr Ron Howard



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Hills Community Church

I can't quite believe that we are coming to half way through the year. Not quite sure where the weeks disappear to. Anything to help slow me down would be a good idea. I remember being given a little prayer bookmark when I was a teenager:

*"Slow me down Lord
Ease the pounding of my heart
by the quieting of my mind.
Steady my hurried pace
with a vision of the eternal march of time."*

Wilfred A. Peterson

These words seem more relevant to me now than ever. But how do we do it? Over the centuries the tried and testing way of slowing down is by what is called 'spiritual disciplines'.

And there are a number of different ones that might come to mind; prayer, meditation, fasting. But the one that has struck me this week is that of 'simplicity'.

It's pretty simple really – we clutter up our lives, and minds, with way more stuff than we need. How hard can it be to simplify our existence? But it's not simple.

Richard Foster, in his classic book 'Celebration of Discipline', says it so well: 'We crave things we neither need nor enjoy. We buy things we do not want to impress people we do not like'. Wow - help me out of this mess!

Jesus spoke so clearly into this, saying:

"Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes? But seek first his kingdom and his righteousness, and all these things will be given to you as well." (Matt 6:25-33)

And here is the key – our lives become defined by what we seek and yearn for, and we run ourselves ragged trying to keep up.

May we have the courage to know that God will provide for all our needs, and the courage to learn to let go of striving for the things we so desperately want. And in this Lord, "Slow me down, Lord, slow me down."

Blessings in Christ, Rev John

Sunday Worship

9am: Traditional service, 10.30am: Contemporary service and children's programme including crèche. Morning tea between the services. Holy Communion celebrated at both services on the 2nd and 4th Sunday.

Youth Groups

Years 9 to 13 Fridays at Māpua Community Hall 6.30-8.30pm.

Years 6 to 8 Thursdays at Hills Community Church 3-4pm.

www.hillscommunitychurch.org.nz, phone 540-3848

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Tasman Bible Church

The Nature of Faith

Sitting amongst some rugged alpine slopes high up in South Westland, I came to appreciate a life lesson and something deeper about the nature of faith.

There was some fantastic scenery all around me. Steep slopes reached up into the rock headwall, with a dramatic ridgeline above the bluffs. Bull tahr happily grazed sub alpine species alongside a waterfall.

Then the fog rolled in, spilling over the spurs, gushing into the gullies, and before long the whole scene was obliterated.

I had been pondering future plans and direction, as we all do at various stages in life. Just at that moment it occurred to me that often in life we don't see the way before us very clearly. To help clarity we might utilise tools to help in setting direction, like a map or GPS, especially if we've built trust in their accuracy. But there's nothing like being able to



actually see ahead with clear vision of the landscape, noticing the treacherous or challenging bits, as well as the easy way.

There's also an aspect of faith in looking ahead for life's direction: we can't see the future and how do I know that God is there, in my future?

Well, we can, because He has revealed Himself before!

I knew wonderful scenery was all around me on that hillside that day because I had observed it before, even

though for a time it couldn't be seen and life seemed foggy, and it is just the same in our experiences with God. He is there, but we don't always see that, at least not clearly.

God Himself is utterly reliable and proves Himself as we have faith in Him, and I've come to trust that He sees the way ahead - directions for life that are reliable and have a true-ness, like the North-seeking feature of a compass. The Christian also has the Bible and it is reliable in setting direction for anyone wanting to navigate forward in life, especially in an uncertain and unclear future.

Why wouldn't you ask God for direction in your life? Why wouldn't you want to trust the One who has clear vision of the future?

Be bold: ask a Christian today to tell of the nature of their faith and how you too can have such a confidence and hope in life.

Greig Caigou enjoys the outdoors and is Pastor at Tasman Bible Church.

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A day in the life...High Places

DAY 5—CERRO TORRE
Sunrise on this east facing Fitzroy skyline is unforgettable and there is time to savour the moment. We rejoin the main trail where some easy walking alongside the small lakes of Lagos Madre y Hija (Mother and Daughter) leads into the valley of the Fitzroy River and our sheltered camp. Standing on the moraine ridge a few minutes' walk from camp we hope to enjoy another of the great views of the trip.
Beneath us in the foreground is the glacier fed Laguna Torre and piercing the skyline beyond rise the famous pinnacles of Cerro Torre, Torre Egger and Torre Stanhardt, on whose walls some of the greatest mountaineering and rock climbing epic dramas have been played out. 4-5 hours.

Māpua Health Centre

We warmly welcome Nicki James to our nursing team. Nicki has worked mainly in secondary care, hospice and community nursing, and we are looking forward to combining her special skills with the comprehensive and expanding range of services that our practice nurses provide.

Dr Caroline Wheeler will continue to provide integrative medicine only appointments during June and July, after which she will be joining Dr Tim Ewer at 69 Aranui Road for two half days a week.

We have been looking at the option of having an **evening medical clinic** for some time now and we are delighted to advise that Dr Andre Bonny has offered to run a clinic on Tuesday nights as a trial for six weeks.

The first clinic will start on Tuesday 28 May 6-8.30 pm and we hope that this will provide easier access for GP appointments for those who have difficulty getting to the health centre during their working hours. If there is a good take-up we will continue to provide and we look forward to any feedback.

We are also delighted to advise that Ricki-Lea Aitchison, a GP registrar, will be joining our team this month and she will be with us until December. Ricki-Lea is not a stranger to Māpua Health Centre as she was here previously as a final year medical student.

In addition we also welcome Louise Darwin, a final year medical student. This is a great opportunity for trainee interns to get a greater understanding of primary healthcare in a rural community. We thank you for allowing them to assist in your healthcare and for making them feel so welcome.

Unfortunately there have been several reported cases of the **flu** in Nelson, so this is a timely reminder that flu vaccines are available. The vaccine is free for those over 65 years and for anyone with respiratory problems requiring regular use of inhalers, heart disease, stroke, diabetes, kidney disease, cancer, certain neurological conditions and auto-immune disease. If you have any concerns about the vaccine or are not sure if you qualify for a free one please do not hesitate to contact one of our nurses.

We are pleased to be able to offer the services of Sally Tohill, the PHO **social worker**, who has a day's clinic at Māpua every six weeks. This is a free service to our patients. She helps patients and their whanau, family or carers to adjust to changes resulting from a health condition or disability. She connects people with community services and assistance, and responds to emotional, psychological, social and practical needs. She also advocates for people to ensure their rights, responsibilities and entitlements are respected.

There is a new mental health and addictions help line phone number: **1737 need to talk?** This service enables anyone to talk to (or text with) a trained counsellor. The service is completely free and is available 24 hours a day. Their website <https://1737.org.nz/> states:

- Are you feeling anxious or just need someone to talk to? **Call or text 1737**
- Are you feeling down or a bit overwhelmed? **Call or**

text 1737

- Do you know someone who is feeling out-of-sorts or depressed? Let them know they can **call or text 1737**

In June each year **Men's Health Week** is held around the world. Locally, it's a chance for New Zealand men to make a difference to their health for themselves and their families.

The Get the Tools website (www.getthetools.org.nz) has been developed to provide the latest health and well-being information and support for Kiwi blokes, and ultimately to ensure that our men get to stick around and celebrate more birthdays with their families. It looks at a whole range of important things from checking out about cancers to sexuality, work-life balance, weight, kai and nutrition, mental health, skin, man maintenance and getting active.

There are a number of important national and global health promotion events for the month, including:

- 1-30 Junk Free June (no junk food) <https://nz.junkfreejune.org>
- 1-30 Men's Health Month <http://menshealthnz.org.nz/mens-health-month>
- 5 World Environment Day <http://worldenvironmentday.global>
- 10 Matariki - the Māori New Year <https://mch.govt.nz/nz-identity-heritage/matariki>
- 14 World Blood Donor Day www.nzblood.co.nz
- 15 Elder Abuse Awareness Day www.ageconcern.org.nz
- 16-22 National Volunteers Week www.volunteeringnz.org.nz
- 17-23 Continence Awareness Week www.continence.org.nz
- 20 World Refugee Day www.un.org/depts/dhl/refugee
- 26 International Day Against Drug Abuse www.unodc.org



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The Playhouse Cafe

What's On Guide

JULY 2019

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11 Pink Floyd Tribute
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19 20 21
20 Closed for private Function
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MAPUA/RUBY BAY WATER AND WASTEWATER MAINS UPGRADE



The upgrade to Mapua’s water and wastewater system is about to begin with works starting in mid-June. Starting at the Mapua wharf the work will progress up Aranui road and along Stafford Drive.

The works will see a new water main replacing the current fragile pipeline which has seen the network operating at a lower pressure.

The Mapua wastewater network has also been outgrown with parts of the wastewater system frequently at capacity during rain events resulting in overflows. With little or no emergency storage or odour control at existing pump stations the work is essential.

The project will address these deficiencies and futureproof the area with larger pipes able to manage larger volumes and higher operating pressures.

Awarded to local firm, Donaldson Civil, the \$6.2M contract will deliver:

- A new water main running from Mapua Wharf to Pine Hill Road,
- A new wastewater pipe running from Mapua Wharf to Ruby Bay,
- Refurbishment of the existing wastewater pump station at 72 Stafford Drive,
- Upgrade of the pump station at 102 Aranui Rd, including installing an underground emergency storage tank and odour control, and
- Installation of odour control the Ruby Bay pump station and tidying up the area around the pump station.

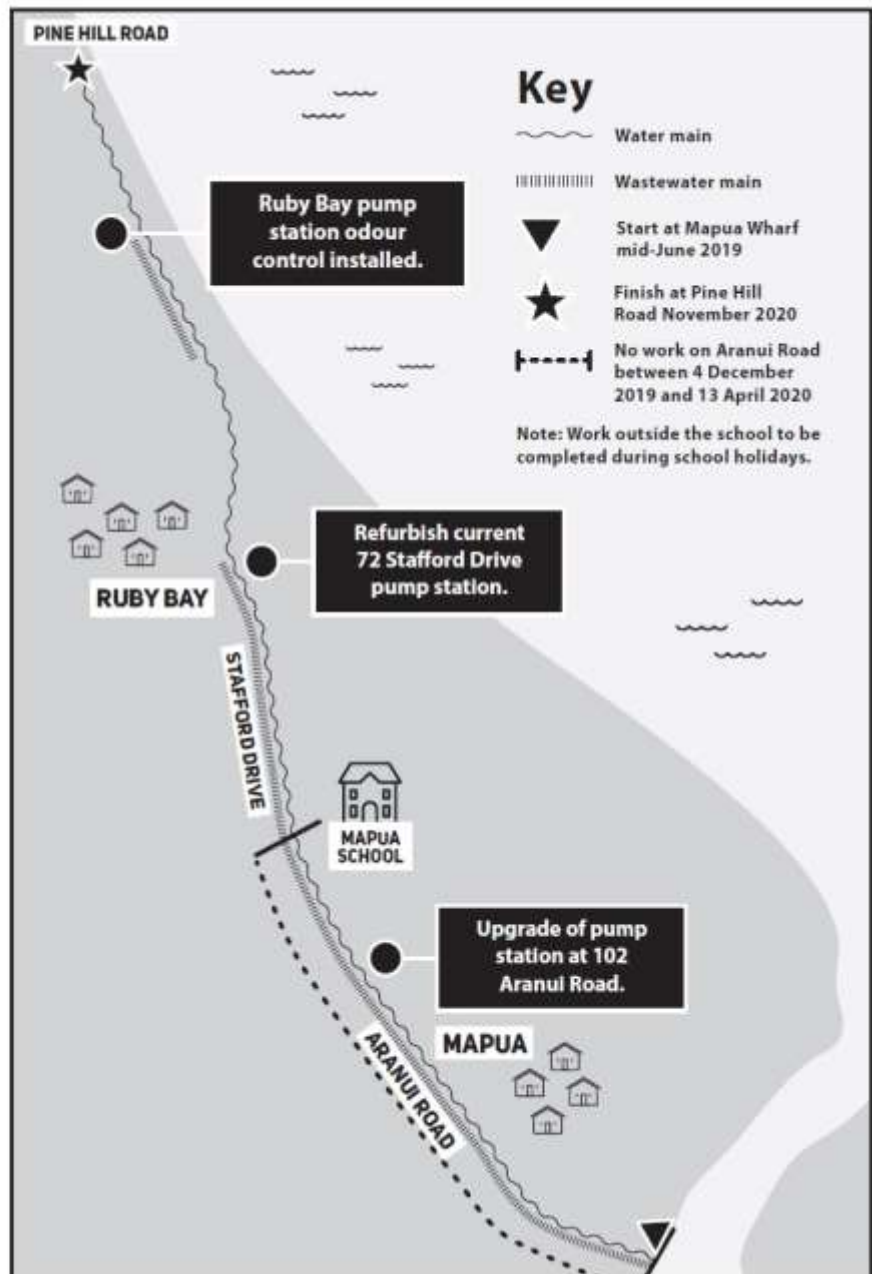
Recognising the work will go on for over a year before completion in November next year the project will be managed in sections. For example, construction will cease on Aranui Road during December until mid-April next year and any work required outside Mapua School will occur during school holidays.

Central to the planning for this project is the need for clear and frequent communications with local residents and businesses. We will be meeting with all business groups mid-June with a number of channels to inform of progress and the project generally. During construction, Donaldson Civil will have a public

liaison manager available on a 24 hour phone number to address any concerns. They will also be in touch with directly affected properties on a daily basis.

To sign up for email updates:

Email 'projects@tasman.govt.nz'
In the 'subject' line, type: 'Join Mapua water and wastewater upgrade.'



Motoring with Fred

Driving the RN7 , Madagascar

Durban, South Africa 1971, standing on the beach looking out to sea, I wondered what Madagascar was like. Walking past a travel agent in Richmond last year advertising Africa and something flashed. I asked "Can you get me to Madagascar?" There was a slow pause and quick thinking: "Yes". It did take me 48 years but I stood on the beach at Anokao, Madagascar, looking across the Mozambique Channel, in the distance a long haze, which I think was Africa. My curiosity satisfied.

RN7 (National Route 7) is the mother road for Madagascar, running south from the capital Anatanarivo to Toliara on the west coast, with connecting roads to east coast ports. It's not the US Interstate 40, but a two lane tar-sealed highway road similar to the Upper Moutere Rd, littered with potholes.

The word 'road' in Madagascar does not mean exclusive right of way for powered vehicles as per most countries, but public access for all, including walkers, Zubu carts, bicycles, cars, trucks, buses and home made trolleys with wheel bearing wheels making use of the many downhill rides. Driving requires mutual tolerance, while swinging from side to side on occasions to dodge pot holes and sounding a muffled horn to signal other traffic of your presence. 25 million people live in Madagascar so there was always someone else on the road.

If you want to see Madagascar, drive the RN7. There is no speed limit, as you can't go fast before hitting a pot hole, and the average speed is 45 kph. I never saw a sports car or a traffic light. It was refreshingly different after the sameness of the rest of the world.

Looking at the cars in Madagascar told a story: sorting out years and origins of the cars is for me a way of judging things. The older cars are all French with lots of Citroens 2CV, Peugeots and Renaults. Apparently some of the number plates were French also left over from French rule.

Then there is a sudden jump in years, the economy must have had a boost, with late model Japanese imports. A small percentage of new cars and trucks, Mahindra and Tata trucks from India and Hyundai and Kai were popular as tourist vans. Other European cars like Mercedes and

BMW, but I suspect they were second-hand imports.

Then late model trendy prestige cars, for example, while at a super market, which had ice cream and real 'carpark,' an Audi A7 pulled up with a family all perfectly dressed, real gold rim glasses that looked more expensive than the Audi. There is wealth in Madagascar but most of the people don't have a share of it.

Off the RN7 were many Lemur reserves and we enjoyed some close encounters, but apparently there is only one species that jumps sideways. Carolyn had a brown Lemur sitting on her shoulder at a Lemur rescue centre.

We enjoyed good accommodation and always had a swimming pool to cool off in. The water was clean but power was temperamental with generators turned off at 8pm most nights. The travel lodges we stayed at couldn't get a star rating as they didn't have a permanent power supply.

As we drove in to Toliara, I suddenly realised what was missing on the RN7: power poles. Toliara had electricity and street lights! Toliara, a seaside fishing town that was struggling a bit under its new identity as a tourist spot.

Pictured is our tour bus in a pot hole with the right front wheel lifted as we exited the pot hole. Second picture is a Madagascar-made double-cab made of Renault running gear called a 'Karenjy'.

Fred Cassin





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Māpua School

Aranui Road Kea Crossing

The kea crossing from Māpua School across Aranui Road has been in place for over a year now and we are continuing to work with our families and children to ensure it is used safely.

The safe use of it comes with some challenges as approximately 300 vehicles an hour travel through this corner. This traffic comes from a variety of directions and presents some difficulties in judging when it is safe to cross. Children do not usually develop the ability to judge traffic speed until around the age of ten. We have an adult rostered on to assist tamariki at key times, however there will be times when our young people are using this crossing unassisted.

We appreciate that much of the traffic using this corner slows right down, keeping the safety of our precious tamariki in mind. We are teaching our students that vehicles always have right of way and they must stop and wait for a break in traffic. In this respect, we ask that you don't stop to let them cross in front of you. Although this is a considerate act, it is better for our students to have one hard and fast rule and to use it always, rather than relying on their ability to judge traffic.

We appreciate you working with us to keep our young people safe.

Māpua Matariki Celebration

27 June 2019

Please come along and join the school and community in celebrating what has now become an annual event in the Māpua calendar. Performances, food, lighting ceremony, science and art displays will be happening at the Māpua Community Hall.

How many stars does Matariki have?

Matariki has nine visible stars.

The nine visible stars include: Matariki, Tupuārangī, Waipuna-ā-Rangī, Waitī, Tupuānuku, Ururangi, Waitā, Pōhutukawa and Hiwa-i-te-Rangī.

The physical appearance of Matariki in the sky was traditionally used by a tohunga (a priest or expert) as a forecast of the year ahead. Clear and bright stars signalled warm and productive seasons, and hazy or shimmering clusters meant a cold winter was coming and ground for crops was prepared accordingly.

Each iwi has their own stories and perspectives about Matariki. Today Matariki is generally seen as an important time to celebrate the earth and show respect for the land.

It is also a time to acknowledge those who have passed away and plan for the year ahead. Matariki is a good opportunity for Māori communities to share their stories and culture with other New Zealanders, and many events and activities are planned throughout the country.

Ka Puta Matariki (Matariki reappears)

Ka Rere Whānui (Whānui - Vega starts its flight)

Ko te tohu tēnā o te tau e! (Being the sign of the New Year)

More information will be posted in our Māpua School newsletters (available on the school website) leading up to Matariki.



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SOLD

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It is thanks to Adele and her vision for me that I have ended up with a "home". Adele built a relationship with me where she obviously tapped into "who" I am. Through our interactions, she worked out what I was looking for. Unknown to me, what I was looking for and what I could have were two different things. Adele pointed me towards what I can have... a real "home" for this I will be eternally grateful. Thank you, Adele, you did really well!!! *Michelle Hunter*

166 Seaton Valley Road, Mapua



Tender closes 4.00pm Thursday 13 June 2019 at Summit, 102 High Street, Motueka (no prior offers)

Poule au Pot



Or, chicken in a pot! It's a perfect one-pot wonder for these cooler days. A speciality of the Béarn region of France, which butts up against the Pyrénées. If you've visited the town of Pau, you're in the right spot.

I can see why the French King Henri IV loved this dish so much, it's a favourite of mine too because it's simple and straightforward, hearty, and packed with flavour.

It only takes about 20 minutes to prepare and about 2 hours to gently cook so you can pop it on the stove and go do something else while it's simmering gently away. The house will be filled with its fragrance, and you'll be rewarded with a heavenly dinner once cooked.

I like to use a whole Bostock chicken for this dish because from my perspective, they are the most flavoursome birds on the market here. I wouldn't bother with Tegal but it's over to you. Corn fed Rangitikei isn't bad either.

This recipe serves four generously, and there's usually plenty left over to make a lovely chicken soup for the day after if you fancy that. You can make it a bit grander by adding a white sauce finished with crème fraîche if you wish but personally, I prefer the simple version.

Poule au Pot

Serves 4

1 medium-sized chicken

8 carrots, topped, tailed, peeled and kept whole

4 turnips, peeled (or 6 parsnips, peeled), kept whole

1 Rutabaga, peeled and cut into large chunks, or I prefer celeriac

½ a whole celery, washed, trimmed and cut into large pieces with leaves on

2 long leeks, washed trimmed and cut in two, green part removed and retained

1 medium onion, peeled and stuck with 4 cloves

6 whole peppercorns

1 bouquet garni – bay fresh or dry, bunch of thyme or tarragon, bunch of parsley tied together with cooking string

Place the chicken in a large capacious pot and cover with cold water. Bring slowly to the boil, and once the water is boiling, skim off the white scum that gathers on the top for the first 5 minutes. This will give you a pretty clear stock at the end. If you miss this step your stock will be cloudy.

Place all the prepared whole vegetables in to the pot with the chicken; add the onion stuck with cloves, celery, peppercorns and bouquet garni.

Salt carefully, you can always add additional salt at the end. Reduce to a gentle simmer. After 30 minutes add the leek greens, sliced into rounds and leave to cook for another hour or so with the lid on. This will depend on the size of the bird.

Once all the ingredients are cooked and fragrant, check

the seasoning and add more salt if required. Remove the cooked bird from the pot, to a plate. It should just fall apart, and divide it into pieces.

Take four big soup bowls and divide the chicken between each, then add the vegetables to each bowl, making sure everyone gets a selection of each vegetable. Finally, spoon over the bouillon and serve piping hot. Nothing else required except perhaps a delicious glass of light red, and some crusty bread to mop up the last of the juices.

Sarah La Touche is a qualified Holistic Nutritionist. A registered member of the New Zealand Clinical Nutritionists Association and New Zealand Guild of Food Writers, she also runs B&B and self catering accommodation in Māpua, walking and gastronomic hosted holidays in France. She is available by phoning 027 315 1165, sarah@livingnutrition.co.nz or www.holidaystaymapua.nz.



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Musical Notes of my Life

“Sweet dreams are made of this” Eurythmics

Have you seen this cat?

When my partner and I purchased our first house together, we established some rules.

1. The bathroom was not to contain the colour blue in any form.
2. The kitchen was going to have a good range cooker. This was in case the relatives all turned up for Christmas. Of course, there was no ‘in case’, they turned up anyway. As I was wrestling with a turkey the size of small Scottish island, pushing it into the oven, I never thought ‘thank god we got a range cooker’. No, I was thinking why did we ever give them the correct address.
3. No dog. The garden wasn’t big enough, and we both worked long days, so it was impracticable to have one.
4. No cats. For the same reason as rule number 3 but also because I was scared of them.
5. No other pets of any kind, including but not restricted to boa constrictors, tarantulas, hamsters and goldfish.

I remember having goldfish as a young teenager. I had won them at a fair and I carried them home in a plastic bag. I was told by everyone that they would be dead in the morning. Having fish as pets is a bit strange. It’s not like you can take them out for a walk or pick them up and cuddle them. You just have to watch them swim round and round and hope they are enjoying a fulfilling life.

My two goldfish didn’t die so I named them Dave and Annie, after the Eurythmics duo of Annie Lennox and Dave Stewart. They continued to live very happily (as far as I could tell) in their bowl, even after I had left home.

It was at this point that my parents believed that Dave and Annie needed re-homing. God knows why. Maybe the upkeep of two fish was too much for my middle-aged parents. Dave and Annie were rehomed at my cousin’s.

Shortly after their move, Dave and Annie decided the

only way was up and they floated to the top of their bowl together, in what looked like a suicide pact. Dave and Annie plus the Eurythmics were no more. Sweet Dreams.

So, my partner and I agreed on the “no pets” rule. But we both knew that I really wanted a dog and my partner really wanted a cat. If I wasn’t having a dog, then we were not getting a cat either.

The house we purchased was the first one in the street to be built and the first one to be burgled. The amount of other people’s pets in our street grew as houses were built around us. There were several cats and dogs.

However, it was a pair of kittens that wandered up our street that caught my partner’s eye. Tortoiseshell in colour, Bonnie and Clyde were very inquisitive about their new surroundings. Clyde was the braver of the two and if he saw a front door open, he would investigate, with Bonnie not too far behind him.

As they got older Bonnie grew in confidence until she would walk up the road by herself. It was at this stage that my partner began to encourage the cat towards the inside of our house.

I distinctly remember one sunny evening, when Bonnie was hanging around our back door asking my partner to please not feed that cat, or we will end up with a cat. Bonnie moved in the next day.

Ok it wasn’t quite as simple as that. Yes, my partner had started feeding Bonnie, and yes, the cat began to turn up every day. She had a lovely nature and I too was beginning to get attached to her (the cat not my partner, although obviously I was attached to her too), but the reality was she belonged to the family at the bottom of our street.

The family had a reputation of not looking after their pets properly and their other cats had disappeared or had been fatally injured. So, Bonnie kept visiting us everyday and spending more and more time in our company. We then heard that the family were moving. We decided quickly that Bonnie, their cat had to stay with us. We hatched a plan.

On the day of the move for the family, we locked

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Bonnie in our house, placed a new collar on her, with a name tag and our phone number. On the other side of the tag it read 'please do not feed'. She was going to be our cat. We both left for work passing the removal van at the bottom of street and not daring to look to see if they were looking at an empty cat box.

Later that day I was talking to Steve, one of our other neighbours. He lived four doors down. As we were just idly talking, I said "I see the McKay's are moving out. I wonder if they are taking all their cats especially that nice one Bonnie". Steve looked at me and replied, "Do they have a cat called Bonnie too, because that's the name of our cat".

I suddenly realised that Bonnie the cat, who at this very moment, was locked in our house, with our phone number on her collar belonged to him. I finished our chat very quickly and got home to find Bonnie stretched out on the bed. I removed her collar and put the old one back on before I could let her out.

My partner arrived home and I quickly filled her in that Bonnie belonged to Steve, not the family that had just moved. Having averted a near neighbourly disaster, we just continued to have Bonnie visit us every day.

After a couple of weeks something strange was happening in our street. As I drove towards our house, I kept noticing bits of clothing on the road. Socks and underwear mainly. This continued for months and the underwear would sometimes be in our drive or at our front door. One morning we watched as Bonnie was walking up the drive with a sock in her mouth. She was taking clothing from Steve's house and depositing it at our door.

We gathered up all the underwear and headed to Steve's house. It was time to come clean. We explained what had been happening and how Bonnie was spending more and more time with us. He was remarkably good about it and said that Bonnie had made her choice to live with us. We ended up with the cat and vet bills from then on.

A year later we emigrated to NZ. We were going to take Bonnie with us. On the form it asked if the animal had any special qualities. We put down that Bonnie was an awesome possum-hunter. But Ireland doesn't have any possums was the reply. "Exactly", I said.

By L.M.



"Ready to go Minnie?" said Cooper. "He's on his way."



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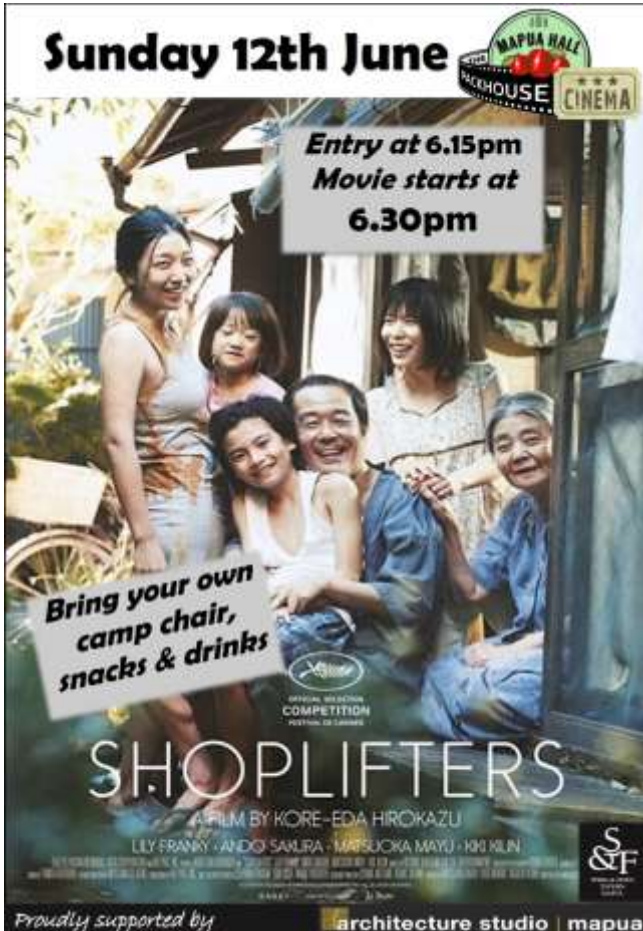
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Movie Night



Shoplifters

(Japanese language film with subtitles)

Showing at Mapua's famous
'Packhouse Cinema'
@ 6:30pm on Sunday 9th June

Excellent scripted and full of impressive subtleties, "Shoplifters" is a harrowing look at a working-class family living in Tokyo trying to simply make ends meet day by day. At first glance this may seem like just a story of this family resorting to petty crime, but as the plot gradually unfolds the reasons for the behaviour and decisions of each character is revealed and all the dots begin to connect.

For this stunning masterpiece Hirokazu Koreeda should win the Academy Award for Best Director. It is unbelievable that the rather complicated characters and their relationships are depicted in just two hours. The direction is simply super smart. The cinematography is extraordinary, with some surprising long shots, close-ups and beautiful shots from tight angles. Together with the brilliant performances from the ensemble cast, the result is a satisfying and deeply affecting drama on lower class people in modern Japan.

It's no wonder it managed to win the Palme D'or! It's definitely going to end up as one of the best films of 2018.

Regardless of which culture you're from I highly recommend checking this film out. It should deeply resonate with and impress any film lover.

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Please come along and show your support for your community hall.

Let us know if you are interested in joining the committee - we need you!

mapuahallsociety@gmail.com

Supper will be served following the meeting.

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MAPUAHALL.ORG

And fill out a membership form if you're not already a member.

It is only \$15 per person annually!

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Payment Methods:

Cash: To the hall office or through the mailbox slot on the front wall of the hall.
Internet: NBS 03-1354-0308218-00
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What's On at the Hall In JUNE!

Monday	Tuesday	Wednesday	Thursday	Friday	Sat	Sun
3 QUEENS BIRTHDAY 9am PANZ Exhibition 9.30am Low Impact Dance 6pm Mapua Dance Fitness	4 9am PANZ 9am Sioux Line Dance 1.30pm Tai Chi for Beginners 2.30pm Sit & Be Fit 6pm Yoga with Martin 6pm Aerobics 7pm Pilates	5 9.05am Aerobics 9.30 Hatha Yoga 10.05 Pilates 12.30pm Tai Chi 6pm Yoga with	6 9am Mapua Art Group 9.30am Flow Dance Fitness 6pm Mapua Dance Fitness	7 9.05am Aerobics 9.30am Low Impact Dance 10.05 Pilates 6pm Mapua Youth Group	8 9am SHARQUI A belly dance workout 1pm MVFB Gold Star Presentation	9 6.30pm The Packhouse Cinema presents: Shoplifters
10 9.15am Yoga with Charlotte 9.30am Low Impact Dance 6pm Mapua Dance Fitness 7pm MDCA Mtg.	11 9am PANZ 9am Sioux Line Dance 10 am Creative Fibre 1.30 Tai Chi Beginners 2.30pm Sit & Be Fit 6pm Yoga with Martin 6pm Aerobics 7pm Pilates	12 9.05am Aerobics 9.30 Hatha Yoga 10.05 Pilates 12.30pm Tai Chi 6pm Yoga with Thomas 7.30pm MDBA	13 9am Mapua Art Group 9.30am Flow Dance Fitness 6pm Mapua Dance Fitness	14 9.05am Aerobics 9.30am Low Impact Dance 10.05 Pilates 6pm Mapua Youth Group	15 9am SHARQUI A belly dance workout 9.05 Aerobics 10.05 Pilates 7.30pm Mot Dance Group	16
17 9.15am Yoga with Charlotte 9.30am Low Impact Dance 6pm Mapua Dance Fitness 6pm Hall Committee mtg. 7pm Mapua Hall Society AGM	18 9am PANZ 9am Sioux Line Dance 10am Mapua Creative Fibre 1.30pm Tai Chi for Beginners 2.30pm Sit & Be Fit 6pm Yoga with Martin 6pm Aerobics 7pm Pilates	19 9.05am Aerobics 9.30 Hatha Yoga 10.05 Pilates 12.30pm Tai Chi 6pm Yoga with Thomas	20 9am Mapua Art Group 9.30am Flow Dance Fitness 2pm Friendship Group 6pm Mapua Dance Fitness	21 9.05am Aerobics 9.30am Low Impact Dance 10.05 Pilates 6pm Mapua Youth Group	22 9am SHARQUI A belly dance workout	23 10am Tai Chi
24 9.15am Yoga with Charlotte 9.30am Low Impact Dance 6pm Mapua Dance Fitness	25 9am PANZ 9am Sioux Line Dance 2.30pm Sit & Be Fit 6pm Yoga with Martin 6pm Aerobics 7pm Pilates	26 9.05am Aerobics 9.30 Hatha Yoga 10.05 Pilates 12.30pm Tai Chi 6pm Yoga with Thomas 7pm Green Party Public Meeting	27 9am Mapua Art Group 9.30am Flow Dance Fitness 12 Mapua School Matariki Celebration	28 9.05am Aerobics 9.30am Low Impact Dance 10.05 Pilates 2pm Friendship Club 6pm Mapua Youth Group	29 9am SHARQUI A belly dance workout 9.05am Aerobics 10.05 Pilates	30
1	2	3	4	5		



Motoring
with

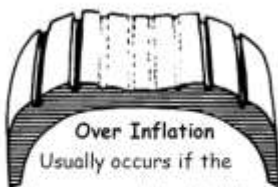


Tyres - How to read tread wear

The way your tyres wear is a good indication of what's happening in other parts of your vehicle. Abnormal wear patterns are often caused by the need for simple tyre maintenance or a wheel alignment. Learning to read the early warning signs can prevent wear that shortens the tyres life or indicate the need to have other parts of the vehicle serviced.

Tyres should be inspected in three ways:

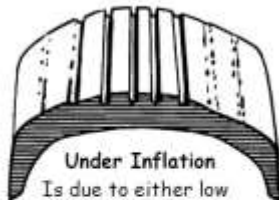
1. Visual examination of all four tyres.
2. Feeling the tread by hand to detect wear such as feathering.
3. Checking all four tyres with a tyre pressure guage.



Over Inflation

Usually occurs if the

Air pressure is too high but can occur if a tyre is too wide for the rim.



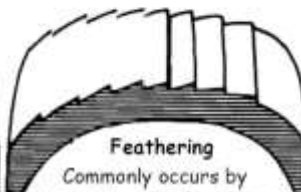
Under Inflation

Is due to either low air pressure or incorrect wheel alignment which could be due to bent or worn steering components.



Cupping/Scalloping

Commonly indicating worn or bent suspension components that require replacement followed by a wheel alignment.



Feathering

Commonly occurs by incorrect wheel alignment which may be the result of worn suspension bushes.



One Sided Wear

This can be due to excess suspension camber causing the wheel to lean inwards or outwards and requires a wheel alignment to correct.



Bald Patches

Appear when a wheel is out of balance. If left unattended the life of the tyres, bearings, shock absorbers and steering components will wear prematurely.

If you suspect your tyres are wearing abnormally, do not delay to have it checked by a professional.

Happy & safe motoring
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Fire Brigade



April-May call-outs

18/4/19 Car fire SH60 near Tasman,
4/5/19 Medical assist, female taken to hospital.
9/5/19 Re-ignition of fire in high winds, put out fire.
10/5/19 Medical assist, ambulance delay, taken to hospital.
Calls this year : 51

Safety Tip - Be safe.

Check and clean your chimneys.

For fire safety info go to - <https://fireandemergency.nz/>

For fire permits go to - <http://www.checkitsalright.nz/>

Mark Theobald SO/secretary

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Mapua Village Bakery



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**Monday 10th June 2019 to
Sunday 23rd June 2019**

Sorry for any inconvenience and thank you for your understanding

Annie and Sean

New Winter Hours

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Saturday and Sunday
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Public Holidays
8.00am – 4.00pm

When we come back!

..Monday 24th June

* Pie of the Month.....

* New Range of
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Christmas in July





June sees the arrival of our beautiful Mapua Winter (crisp sunny days!) and also the arrival of exciting new product at Delicious...

Le Creuset has launched the new colourful "freestyle" range of cookware and baking accessories to showcase and enhance your winter cooking. The gorgeous new colours add an element of vibrancy to our tables and kitchens. Many Le Creuset pieces will end up being family heirlooms to be passed on from one generation to the next and you know it's good when owners love their cookware and the results it produces.

Once again we are offering super specials for June and July with our latest **WMF** Cookware and cutlery promotion – this is excellent European quality at excellent prices. Check out our brochure and the in store display – more details are also on our Facebook page.

Benjamin Black Jewellers' latest "Mirage" collection has just been released and is now in store – it is locally designed and created and is very special – as are Benjamin's other sterling silver collections. They are still very popular and don't forget any piece can be made to size as part of the service.

Something completely different – If you are into colour, colour and more colour then don't hesitate to check out our fabulous "**Zsiska**" jewellery. This range is created by Siska, a Dutch designer and is made in Thailand. There is a good story behind this workforce and we are pleased to be able to support them. They produce an eclectic selection of colour and style – we think there is something for everyone, if not, we can try and source it.

Finally, a little comfort and luxury will be arriving shortly with the delivery of a beautiful natural range of lounge and sleepwear for women. We already love our **Boody** Baby wear and this new range from the same Company is also derived from bamboo fibre – not only is it simple and stylish, it has several health benefits, including being hypo-allergenic, thermo-regulating, antibacterial and anti-fungal – it's silky soft and just lovely to wear.

Looking forward to seeing you in store when you next require that special gift or homeware item – we are here to help – **Jenny and the Delicious team.**

Māpua Bowling Club

The Māpua Bowling Club held its AGM yesterday evening.

At the meeting Les McAlwee, from Ruby Bay, was awarded Life Membership. This is a very special award for long time service to the club. Les has been with the Māpua Bowling club since 1995.

Photo below – from left to right are: Debbie Win, - Club President, Les McAlwee, and Carol McAlwee (Les's daughter).





Dovedale School Presents...

LIFESTYLE BLOCKER'S SKILLS DAY

Saturday 10th August 2019

Workshops include:
Butchery, Fencing, Farm Management,
Pruning & Grafting, Beekeeping,
Animal Health, Calf Rearing, Cheese Making,
Fire Safety for Rural Living, Welding, Purchasing
& Keeping a Pony, Pig Rearing & Nutrition
& many more...

EARLY BIRD ONLY \$95 BEFORE
JULY 21ST
\$120 after

Includes morning tea,
lunch & afternoon tea

Register at

www.dovedale.school.nz
or visit Dovedale PTA Facebook






**MAPUA & DISTRICTS
BUSINESS ASSOCIATION**

AGM 12TH JUNE 2019 7.30PM MAPUA HALL

**COMMENCING
WITH FREE WINE TASTING
SUPPLIED BY
NEUDORF & RIMU GROVE
WINERIES**

**AND
FREE CHOCOLATE TASTING
SUPPLIED BY
ALL ABOUT CHOCOLATE
7:30-8:00PM**

**SPEAKER:
DOT KETTLE
"FROM POLITICS TO PEONIES"**

**FOLLOWED BY
CHAIRMAN'S REPORT &
ELECTION OF NEW MEMBERS**



Please RSVP to mdba@mapua.co.nz by 6th June

Noticeboard

Social Badminton at Motueka Recreation Centre, 10.30 – 12 every Monday, Wednesday & Friday. It's lots of fun & keeps you fit & alert. Info: Rec Centre 03 528 8228 or Richard 027 526 6700.

Friends & Neighbours: Varied programs of interest, friendship & good morning tea. Especially for seniors but all welcome. Third Fridays 10:30 - 12:30pm, Tasman Bible Church. Info: Lorna 528-4902, Jane 526-6709.

Theatre & Musicals appreciation: anyone interested in forming such a group contact Sue Mott willowsprings@slingshot.co.nz

Māpua Boat Club: Social evenings Thursdays 5.30-7pm at club rooms, Māpua Wharf. No boat required. Monthly guest speakers, raffles, free snacks, open bar. Info: secretary Clare 0227117786

Motueka Scottish Country Dance Club: Wednesdays 7.30pm Lower Moutere Hall Scout den. No partner needed, dress casual, wear soft flat shoes, beginners welcome. Good exercise and lively music. Contact Fay 021 039 3559 or Alison 0220 363 891.

Motueka Senior Net. Tech for mature adults. Monthly meetings. Help sessions 2x/month. De-mystify technology in a fun & friendly forum. Clubrooms 42 Pah St Motueka. Seniornetmotueka.org.nz

Māpua Art Group meets Bill Marris Room Māpua Hall Thursdays, 9-noon. Paint, draw, help each other in a social environment. All levels & media welcome. \$5 includes morning tea. Tables, chairs & easels provided. Cushla Moorhead 03 528 6548.

Java Hut Knit Group: 10am Tuesdays at Java Hut. Bring your knitting or crochet. Debbi 027 327 4055

Yuan Gong: Improve your health and life by daily Yuan Gong practise. Info: Marianne 0220 828 559

MDCA: Māpua & Districts Community Association meets Feb-Dec, second Monday of each month, 7pm Māpua Hall; contact: info@ourmapua.org

Māpua Friendship Club: 3rd Thursdays & last Fridays, Māpua Hall, for indoor bowls & bring-a-plate afternoon tea. New members enthusiastically welcomed. \$3 door fee, 20¢ raffle. Contact: Val 540-3685.

Coastal Stringers Ukulele group: beginners welcome. We meet Fridays, 1.30~4pm at Māpua Boat Club rooms on the wharf. Just turn up & join us for some fun! Info: Colleen 540-3010, Diane 540-2627.

Kidz 'n' Koffee playgroup: Wednesdays 10-noon, Hills Community Church (during term time). All parents & carers welcome, we cater for 0-6 yrs. \$2 don/family. Make new friends. Info: Verena 027 435 1932.

Māpua Fellowship Group, (formerly Probus); monthly social group that meets 3rd Wednesdays for lunch. Venue 19 June: Riverside Café, Moutere Highway at noon. Contact: Janice 03 528 8883 if you would like to come.

Ruby Coast Walking Group meets 9.30am Wednesdays by Tasman Store. Walk 1½ hrs then coffee & muffins back at the Store. All welcome. Fiona: 021 232 6089 or fionaoliver1948@gmail.com for more info.

Spinners, Knitters, Weavers: Creative Fibre Group, Māpua Hall, second Tuesdays 10am. All welcome.

Women's Recreation Group - meets outside Māpua Mall Thursdays. Leaves 9.15am for 1½hr walk. Route varies. Join us whenever you can. Some members cycle. Lynley 540-2292.

Ruby Coast Run Club runs most mornings. Find us on Facebook or contact Debbi 027 327 4055.

Catalyst 5k run: Thursday nights 5:30pm. Contact Debbi 0273274055

Re-cycle Printer Cartridges at the Library. Printer & Photocopying cartridges accepted. Reduce waste, raise funds for the Library. Two good reasons!

Fibre Craft Sunday. Birch Hall, Richmond A&P Showgrounds. Last Sundays 1.30-3.30pm. Learn to spin, knit, felt or weave. \$5 includes tea or coffee. All ages welcome. Richmond Creative Fibre Group: Diane 547-6517 or Karyn 544-9709

RSA: Anyone interested in joining Moutere Hills RSA is welcome. No former service history required. Great platform to catch up & meet new members. Nic Poultney 021 220 3920 or 548-4420

Intermediate Club Year 6-8: 3-4pm at Hills Community Church. Food, fun & Hangout. Contact Mark Waweru 020410 48 799

Community Youth club. Year 9 -13 youth. 6.30-8.30 most Fridays at Māpua Hall. Contact: Mark Waweru 020 410 48 799. Funded & co-ordinated by HCC.

Taoist Tai Chi Beginning class Tuesdays 1.30 - 2.30pm. Continuing class Wednesdays 12.30 - 2.30pm. All welcome. Enquiries 545-8375

Tasman Golf Club welcome new golfers to Kina Cliffs for local golf experience at realistic cost, the best in Nelson. Coaching available. Info: Derek 540-3364 ev, or Claire 03 526-6819.

Daytime Book Group: Meets first Tuesdays 9.45am. New members welcome. Gaye 03 526 6827

Toy Library: extensive selection of toys, puzzles & videos for children 0-5yrs. Māpua Hall every 1st & 3rd Tuesday, 10-11.30am & 6.30-7.30pm. Phone Anja, 544-8733, about membership or casual hire.

Coastal Garden Group meets 1pm first Thursdays, Tasman Bible Hall (opp. Jesters). Men and women most welcome to share their love of gardening. Guest Speakers, Workshops, Garden Visits. Ph 03 970 0565

Sing Your Lungs Out! Free community singing group for anyone with respiratory issues, morning tea. Singing improves your lung health! 10am Mondays, Te Awhina Marae, Pah St, Motueka. Pip 0274 282 693

Māpua Craft Group: Fridays 10-noon, supper room, Hills Community Church. Simple craft work, occasional guest speakers, demos & outings. A social, a cuppa, some easy craft. \$2 + koha for materials.

Ruby Coast Newcomers Social Group: meet new people, make new friends. Coffee 10am last Fridays at Tasman Store & occasional social events. Just turn up. Vivien/Richard 526-6707, vpeters@xtra.co.nz

Tasman Area Community Association (TACA): 7.30pm last Wednesdays (not Dec) at Tasman School. All Ruby Bluffs to Tasman & Kina residents are welcome. Info: tasmancommunity.org.nz

Technical problems solved! - Can't set up something new you've bought? Need computer tuition? Local help is at hand! Web design and mobile app creation also available. Call Sam, 03 544-0737, sam@sambennett.co.nz.

Club Notices are free. Others by gold coin donation to one of the distribution boxes.

Coastal News: to see it in colour download the pdf from www.coastalnews.online