

Update from the Māpua Waterfront Working Group

Recap

The Māpua Waterfront Working Group is made up of representatives from the Māpua community. It includes the local Community Association, the Business Association, Tamaha Sea Scouts, the Boat Club, Friends of the Waterfront, mana whenua iwi, and the Tasman District Council. Collectively the group is responsible for ensuring that the implementation of the TDC's Māpua Waterfront Area Masterplan 2018 – 2028 is done in a way that the voice of our community is at the centre of the design and change process.

The Ngaio Tree Area

The plans for Ngaio Tree area at the wharf have been finalised! We'd really like to thank everyone who engaged in the community consultation processes. We've tried to capture the feedback and ensure it is reflected in the design. This update is to keep you informed of what has been agreed, and importantly what has changed as a result of the feedback you have provided. A summary of the key design decisions is listed below, followed by further detail in the next section:

- Retention and protection of the Ngaio tree
- Addition of multiple large size picnic tables and additional bench seating
- Trees introduced for shade in areas that minimise impact of the sea view
- Information panels narrating the pre and post-colonial history as well as retention of the cycle trail information board
- Increase in the number of bike storage areas and inclusion of a dinghy rack area
- Designated space for Tamaha Sea Scout boat trailer parking
- Inclusion of a small barked play area for toddlers next to the Ngaio Tree
- Lighting, recycling bins, a drinking fountain, and in-ground service box (including power supply)
- Low-lying coastal planting around most of the edging

Historical background influence on design

Artefacts from Rabbit Island (Moturoa) and the Māpua wharf area suggest Māori occupation from at least the 1400s. The Ngaio tree area, along with the wharf, the Waterfront Park, and Tahi St through to Grossi point is considered to be culturally significant to our mana whenua iwi and is listed as a cultural precinct with Heritage NZ. Through iwi monitoring of previous development in the area, middens, ovens, and waka landing sites were discovered. Other remnants also suggest that the space was previously used as a waka carving site. Given the sensitivity of the area, the Working Group has partnered with mana whenua iwi to ensure the proposed improvements are culturally appropriate and that ground disturbance is minimised.

In addition to the Māori history, the post-colonial history has also been acknowledged as an important consideration. The Sea Scout history dates back to the 1930s, and the wharf itself was critical in facilitating the early orcharding industry for the area.

There have been 3 key decisions made that relate to historical significance of the site:

- We will raise the ground level by approximately 10-15cm, it will be held by timber edging with ramped access points. This will minimise potential for ground disturbance.
- We have included design elements to acknowledge the history of the site and its significance to Māori including the waka shape of the lawn area, a pou or sculpture at the ferry access point (point 6 on the diagram), and potentially a waka or boat structure in the barked play area (point 7 on the diagram).
- We have included interpretation panels that relate both the Māori history and the post-colonial history (point 9 on the diagram). These will be designed by a sub-group of iwi and local residents.



Community and Stakeholder Feedback

The themes that emerged from community engagement are detailed below, along with the design decisions that reflect the feedback.

- **Protection of Ngaio tree:** the Ngaio tree has been a focal point of the design. There will be some minor work to keep the tree tidy and to protect its roots including a barked area around the tree.
- **A family friendly area:** we have concentrated on creating a range of family spaces, including picnic spaces, rest spaces, and play spaces.
- **Greenspace:** we have tried to maximise greenspace while maintaining cycle and pathway access to the ferry. This includes the lawn area at point 4 (24m x 11m) and native plantings around much of the edging, focussing on soft edges and natural flow.
- **Cultural relevance, information panels, storyboards:** we have ensured the history of the space is central to the design and have included information panels on either side of point 9. These are designed in a way that won't block the sea view.
- **Shade:** creating shade while maintaining sea views has been difficult. Three trees have been included at the north end of the lawn area. A tree has also been included to the right of point 1, next to the main picnic table area. There is still the option to explore shade sails or umbrellas once the development is complete.
- **Ample seating and picnic tables:** 3 large size picnic tables have been included, one at point 5 and the other two at point 8. These are similar in size to the tables outside Alberta's. Low level square structures have also been included under the tree area at point 4. Seven bench seats have been included - three at point 5, two at point 8, and two near point 10.
- **Access to beach and ferry:** access to the beach and ferry has been maintained. A pou, or sculpture has also been positioned near point 6 marking the entrance way.
- **Boat-trailer parking for Sea Scouts:** the area at point 10 has been designed to enable the Sea Scouts to continue their activities. This includes a parking zone that will fit 3 cars with boat trailers (15m x 8.5m). The boat-trailer parking area utilised by the Sea Scouts will also be able to be used to load moored boats. Vehicle access is restricted from the wharf.
- **Access to boat ramp and dinghy rack:** the access to the boat ramp remains in place. We will look at resurfacing of the boat ramp as part of the general surfacing process. A dinghy rack is to be located near point 3.

- **Cycle access maintained:** cycle access has been maintained with the main pathway around the lawn area completed in exposed aggregate concrete. The Great Taste Trail signage will remain in its current position. The width of the path between point 1 and point 6 is 1.2m.
- **Bike stands:** There are 3 bike stand areas. One near point 2, one at point 3, and one near point 10.
- **Surfacing of area:** The area at the turning circle (below point 1), along with the walkway area to the wharf, and the new Sea Scout boat trailer parking area at point 10 will be resurfaced.
- **Rubbish / recycle bins:** Bins have been situated to the right of point 1 (opposite main picnic area).
- **Water access:** A water fountain will be situated to the left of point 1.
- **Lighting:** A lamp light is included at point 1. There will be some up-lighting under the Ngaio tree area. Additional solar lighting will be considered at a later stage if required.
- **Minimisation of access between Golden Bear and family area:** Native plantings have been used to significantly reduce the opening between the Ngaio Tree area and the Golden Bear to 1.2m. This exit must be maintained for health and safety reasons. Signage will continue to be used to communicate no alcohol past that point.
- **Delivery truck access to Golden Bear:** the current lease requires delivery truck access to the gate near point 3. The width of the pathway is sufficient to facilitate access (3.5m). Delivery truck access is restricted to certain hours.

Once again, thank you for supporting this process, it's made a huge difference!

A coloured version of the plan along with design information is available on the TDC website, or on the Māpua Waterfront Working Group Facebook page.

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Chairman: the committee has approved the secondment of Maureen Doherty. Thanks Maureen for making yourself available for this role.

Displays: Chris McGuigan's embroidered portraits and paintings feature for the month of July. Do pop in and enjoy the warmth and this display of local talent.

Magazines: All subscribed magazines are now available for a two week borrowing period.

Contact Details: if these have changed, please be sure to advise us next time you are in the library. Or just drop us an email.

Phone/Fax Machine: our old one is no longer required. Free to a good home. Contact Lynley 540 2292.

Quiz Night: Great thanks to everyone who supported this fundraiser and to Māpua Sprig and Fern for hosting us. We made \$571.10 which will be put to good use in the library.

Lynley Worsley

Library Hours (closed Statutory Holidays and New Year's Eve)

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Edited by Andrew Earlam (advertising) 540-2845, and Jane Powell (editorial). Views expressed are not necessarily those of the editors. We aim to have the newsletter out by the 1st of the month. The deadline for emailed items to news@coastalnews.online is the 20th of the month. Noticeboard items are a gold coin donation in the collection boxes. Club notices are free. Printed by the Tasman District Council. We are definitely looking for a **volunteer** to help with the production of the **Coastal News**. Experience with MS Publisher essential.

Whenua Iti Outdoors – Experiential Learning

What's been happening?

Many of our Term 1 to 2 Trades Academy programmes are now drawing to a close and we have really enjoyed watching students graduate in Adventure Tourism, Manaaki Tāpoi and Tourism Operations with Environmental Science and Uniformed Services to follow. We are delighted to see that many students are choosing to return to WIO after completing a course; some students have now graduated two or three of our programmes. Our second intakes start in July and there is limited room on some courses – contact us for more information.

What's coming up?

This winter, we have two exciting programmes coming up for our younger students – Mini Outdoor Adventurers and Mini Environmental Adventurers – MOA and MEA. Years 1-4 (5-9 year olds) will be able to experience the challenge and fun of WIO and take a step on what will hopefully be a fulfilling, lifelong outdoor journey. The Whenua Iti Foundation has committed to supporting 1000 places and we are looking for local businesses to collaborate with us and sponsor a class to attend. Please let us know if this is something that interests you.

Focus on... GO WILD!

A reminder that in the July holidays we have Go Wild! Our week long holiday programme full of day-long adventures for school years 3-6. Adventures include day tramps, beach fun, rope challenges and more. Visit our website for information and enrolments on this popular programme.

Outdoor Wanderings

Wainui Falls is one of the best short walks in our region with lots of variety packed into the 3.4km return track. The approximately 1- 1½ hour walk climbs through farmland from the car park in Wainui Bay then enters some spectacular bush, alongside the stunning granite boulders on the river bed. There's an exciting swing bridge, beautiful falls and the invigorating sound of rushing water. Autumn and winter are excellent times to walk the track which can be busy in summer.

We'll see you out there!

www.wio.org.nz info@wio.org.nz



Above::Participants enjoying the last Go Wild programme

Below: Students enjoying the wonderful Kaiteriteri Mountain Bike Park



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Hello Animal Lovers

I was watching an old film of Black Beauty, and was reminded of the many animal actors required to make films and television shows. Animals have been used for years, but the training methods and humane requirements have changed drastically. These days there is a disclaimer at the end of the film that says "no animals were hurt during the making of this film". So much can be done with special effects and sound effects that an animal does not need to be put in harm's way.

However, real animals are still used frequently and many have had starring roles. What the film does not show is the trainer behind the camera giving the animal its cue. Also multiple animals are often used for the one role. They often have to undergo makeup and challenging conditions just like their human actors. To get the ideal shot multiple takes have to be done over a long period when little of the footage ends up being used.

So what makes a good animal actor? It is a combination of kind handling and temperament. Often animals have to act alongside other animals which are traditionally not a species they get on with.

I was reminded of the film "Babe", where the principal pig had to work with lots of other species such as ducks, dogs, horses and sheep. Not only that, the lead pig was meant to be a young pig, so as the film was being made over a period of time, new pigs had to be trained quickly to take over the role. In all 48 pigs were used for the film.

The job of an animal trainer is to get the trust of an animal and use its natural instincts to get them to do what is required. Which is really what any animal training is about. It is amazing what cooperation can be gained once an animal trusts its handler, so that should apply to all animal lovers. Also there is little doubt that animals love to please their handlers, but obviously endless patience is required.

So next time you see an animal actor on film or television, give a thought to the hours of understanding that have gone into the training.

I am always happy to answer any animal behaviour questions,

Sue Mott, Animal Behaviourist

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MDCA—Community Association

BOAT CLUB MAKES CASE FOR NEW RAMP

At the Māpua and Districts Community Association’s June meeting, Māpua Boat Club (MBC) representative Martyn Barlow presented the Club’s current thinking about a new Māpua boat ramp. Martyn started by reviewing the recent wharf and boat ramp history. In August 1987 the MBC prevented the wharf from being dismantled. Subsequently they were granted a lease to occupy the wharf by Nelson Harbour Board with permission to build a boat ramp. Eventually the TDC took ownership and, in conjunction with MBC, have maintained the wharf.

But wharf commercial development over the years has caused conflict for space. After fire destroyed the landmark “Touch the Sea” aquarium in September 2011, the Tasman District Council decided to use the vacated space to build Shed 4, adding more commercial units and limiting access to the existing boat ramp to vehicles and boats between 7pm and 10am, forcing many boat launches to Grossi Point.

The Māpua Boat Club and Tamaha Sea Scouts are seeking a replacement ramp so easier access to the water can be restored, and believes of all options, the south side of the Waterfront Park location is the best solution and will provide safer channel access, reduce conflicts at the wharf, and remove boats and trailers from Grossi Point and Tahī St. An additional proposed Tamaha Sea Scouts building at the Park location would provide the opportunity for Sea Scouting to prosper and grow. The Boat Club believes their proposition does not affect the natural character, wildlife values and amenity values of the Waterfront Park, and neighbouring property owners are in support.

Though the TDC has not formed a view on the location of a regional boat ramp yet, it agreed that any engineering solution is possible if you have the money, however in this case there are a number of decisions to be made in

partnership with the community prior to any resource consent being applied for. As a first step the Māpua Boat Club has commissioned ramp designs that would protect the pipes under the inlet and in the vicinity of the ramp. The TDC has committed funds in the Long Term Plan to study the location issue in 2019/20 and to potentially build a ramp in 2021/22.

MĀPUA WATERFRONT AND WHARF

David Martin, Māpua Waterfront Working Group MWWG Chair, was welcomed to the meeting and gave the following update: The MWWG has been working closely with Stephen Richards, the TDC landscape architect, to produce detailed plans for the area between the Golden Bear and the waterfront (Ngaio Reserve). The group has tried to incorporate as much of the community feedback it has received as possible. We are satisfied that the new design is attractive and makes best use of the space. It preserves a family atmosphere with ample seating and green space. Bike and dinghy racks have been incorporated and space allowed for the Sea Scouts to launch and park their trailers. Shade trees and a play area for young children near the Ngaio tree have been included. We have been mindful of the historic importance and cultural sensitivity of the area.

We had hoped to complete community consultation by mid-April but have been delayed by the need for the TDC Commercial Department to sign off the design on the Golden Bear boundary. It is still hoped to complete the work in time for holiday period, but this is subject to cost estimates and consent by Heritage NZ.

The group is now beginning to turn its attention to Grossi Point. TDC has produced a series of aerial photographs taken over a 70-year time span which demonstrate that there has been no significant coastal erosion at the point. However, the exposed concrete

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blocks at the margin are unsightly and dangerous and need to be removed. The suggestion is that they should be replaced by a natural barrier of sand and gravel, planted with indigenous vegetation. We are acutely conscious of the need to preserve the natural nature of the area.

ROADS AND PATHWAYS

The TDC has advised that the section of the Seaton Valley Road pathway from Māpua Rise to 113 Seaton Valley Rd will be resurfaced in July. The remaining section will be completed in stages as funding from the Footpath Maintenance budget permits. In addition, the new Māpua Drive pathway from Māpua Rise to the Mamaku Highway will be constructed in the 2019-20 financial year.

DOMINION FLATS ENVIRONMENTAL PROJECT

26 people attended the June 9 community planting. Along with the May 26 planting, we now have over 1100 more plants added to the Reserve. We are always amazed to see how many plants we manage to get in the ground. It looks even more impressive now as you drive past and I am sure the birds must be clapping their wings with glee! It has been noticeable that a lot more birds are discovering the area. Everyone worked so hard and so cheerfully and Many thanks Mapuians! Everyone is welcome to come lead a hand. Volunteers meet every Tuesday between 9-12am. There is always tidying up of areas and planting to be done.

COMMUNITY WELLBEING/TRANSPORTATION

Currently the Community Wellbeing Survey for Māpua/ Ruby Bay & Districts which includes public transport as an option, is in its final stages of development both for paper and online distribution. The plan is for a paper copy to be

delivered to all households in the Māpua/Ruby Bay wider region in the last week of June. All paper surveys will need to be returned to Māpua Hall and online surveys completed by July 31. Local groups and organizations in the area have agreed to email their members letting them know about the survey; then reminding them to complete and return/submit. Notices will be put up in public places and an article will be in the *Coastal News* also informing/reminding residents. We anticipate that costs will be shared between MDCA and the Nelson Tasman Community Transport Trust and will be applying to both for this.

People will be asked to send an email to Elena Meredith if they are interested in being involved in future development of the transport project and hopefully this will provide for an ongoing and larger working group to develop options/proposals.

A presentation to TACA (Tasman Area Community Association) of the vision and aims of the Nelson Tasman Community Transport was well received with members recognizing that working and lobbying together will increase the likelihood of support for a sustainable and affordable transport system in the area.

WATER INFRASTRUCTURE SUBCOMMITTEE

The Water Infrastructure group now has an expanded portfolio covering all things water related: water supply, wastewater, water quality, water protection and water management, including water ecosystems. MDCA Executive Committee member Naomi Aporo has kindly volunteered to be the executive member holding this portfolio.

JULY MEETING HOT TOPIC SPEAKER

At the 8 July MDCA meeting, the TDC's Project Manager Rob O'Grady and a representative from contractor Donaldson Civil Ltd will discuss the plans for and progress of the Māpua Water & Wastewater upgrade. To get the most from the presentation please email any questions you may have regarding the upgrade plans and process ASAP to Rob at rob.o'grady@tasman.govt.nz

Be sure to attend our next monthly meeting:

7pm Monday 8 July, Bill Marris Room, Māpua Hall.

MDCA works closely with TDC to ensure our community functions in a way that suits the majority of our residents. To have a vote that counts, become a financial member of MDCA by simply paying a \$10 membership fee to our NBS account 03-1354-0356471-00 with your name and phone number as a reference.

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Fox River Cleanup

So what is really happening at Fox River?

Back on 26 March, the Fox River rose and washed out a riverside rubbish dump that had been closed since 1989. No problem? Well, yes, big problem and an environmental disaster, not only in this beautiful area, but for 25 kilometres down the river, and for more than 50 kilometres up and down the beachfront either side of the Fox River mouth, and for the off-shore sea life.

So if you are envious of your friends off overseas, sunning themselves in Europe or the Islands, here is a great option, not so warm, but ticks the boxes on carbon use, eco-tourism and aid projects.

For the last two months, many volunteers have been spending days picking up what they can, but this ramped up mid-June to a more organised and official volunteer project. Fourteen of us headed out this morning shifting over 4.3 cubic metres of rubbish out of an area of just over a hectare. They hope to have 100 volunteers at a time on the riverbed in the weeks ahead.

What is it like? Well it doesn't smell, but it is lots of bending and moving amongst logs washed out of the forest. 90% of it is soft plastic, but there are also car parts, hard plastics, straws and clothing. We are on a shingle riverbed and the plastic has become tangled amongst branches and rocks. Fortunately from today a digger has been employed to loosen the tangles so the picking out is relatively easy. We were all supplied with hi-viz vests and gloves, lunch, dinner, and a most glorious South Westland day.

Our team leader, Phil, arrived twelve weeks ago for a

week, and hasn't left; Milo from Argentina has taken a week off from running his café in Wanaka; the rest of us come from Te Anau, Dunedin, Canterbury, Hawkes Bay and the Moutere. Older, but still fit and energetic.

Last month the school kids marched against climate change; we got out there to do something about it. If each piece of plastic we picked up today represents one fish saved from ingesting it, we must have each saved thousands of fish today....

If you have a few days to spare check out their website SWCC (South Westland Coastal Cleanup) or register at bit.ly/OperationTidyFox

Jenny Leith



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Wine Time!



Wine Time!

Chardonnay. My current wine of choice. Interesting how our tastes change; up until the end of last year I was a dedicated drinker of Sauvignon Blanc, and would screw up my nose at friends drinking their “mellow”, “buttery”, “oaky” Chardonnays. “Looks like wees”, I would say. Yet somehow, whilst taking some of the above friends, all serious wine-collectors and connoisseurs, on the tasting tour of the area, I was converted. The “wees” became quite drinkable.

A few weeks ago I was lunching with my cousin at one of our favourite restaurants on the wharf. I ordered a glass of **Rimu Grove Māpua 2017 Chardonnay**.

What a perfect wine to enjoy with lunch! But three sips in, she shrieked (quietly) in horror! “There’s something floating in your glass!” Indeed there was. I was less horrified, as I was fairly sure it wasn’t the limb of a cockroach or similar, but I raised it with the staff, who told me that this was intentional: in this particular variety, the sediments are purposely not removed. My curiosity was piqued: what benefit could there be?

The following week, at Rimu bar, I fortunately bumped into **Patrick Stowe**, winemaker/owner of Rimu Grove. We had a great discussion about this phenomenon, and he provided me with an excellent insight into the process of making an award-winning Chardonnay:

“The Māpua 2017 Chardonnay is a special bottling of Rimu Grove Chardonnay, and features a drawing of the Bronte Peninsula with Māpua in the background on the label. As many of you will know, Māpua means “abundance” in Māori, which is a fitting name for this sun-drenched region where the Moutere Hills meet the sea.

I very much enjoy making Chardonnay as it’s a “winemaker’s wine”, meaning that there are many different ways to make the wine depending on the decisions made in the vineyard and winery. The many variables include but are not limited to: ripeness of the grapes when harvested, hand vs. machine harvest, time the juice is in contact with the grape skins, amount of grape sediment that remains in the juice when fermenting, barrel or tank fermentation, inoculated or natural yeast/malolactic bacteria, type of oak barrels/staves used, time in contact with oak, percentage of new oak, etc, etc. So, you can now imagine why there are so many styles of Chardonnay available!

The grapes for this wine were grown on the Rimu Grove home block on Bronte Peninsula. These vines were planted back in 1996, and wines

produced from these grapes have garnered many regional awards.

The 2017 Māpua Chardonnay was hand-harvested, as are all Rimu Grove wines, followed by whole bunch pressing to relinquish the lovely juice from the grapes. The golden nectar was then transferred to French oak barrels where the juice was naturally fermented into wine with indigenous yeasts.

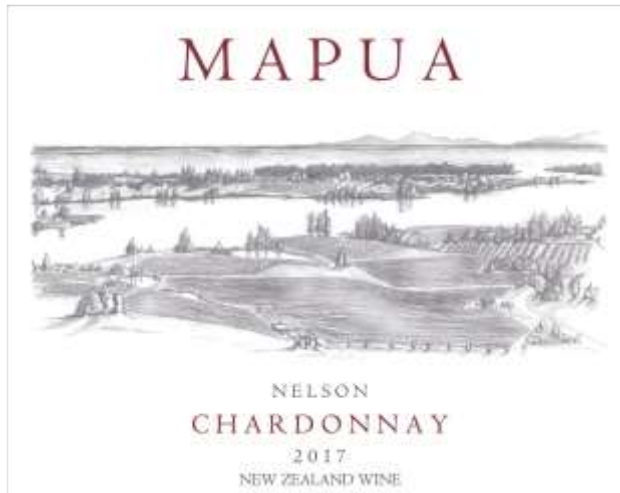
The wine was then allowed to mature for another 10 months in barrel with monthly stirring of the lees. The lees, or dead yeast cells left over from fermentation, give a lovely texture and creaminess to the wine.

Towards the end of barrel maturation the wine undergoes a secondary fermentation or malolactic fermentation, which is a natural bacterial fermentation that utilises the malic acid found in grape juice as a food source and converts it to lactic acid. Most people recognise the by-product of this fermentation in Chardonnay as a buttery smell.

Some people may notice the presence of fine crystals in the

bottom of the bottle which are often referred to as “wine diamonds”. This is a totally natural by-product of wine making and is produced from the tartaric acid found in grape juice. These harmless crystals are formed when the wine is exposed to very cold temperatures, and are the same as cream of tartar which is commonly used in baking.

The 2017 Māpua Chardonnay offers a complex array of smells and tastes, showing yellow peach, roasted almond, cream and vanilla aromas, leading to a sumptuous palate that’s filled with rich textures and delicious flavours. It’s concentrated and expressive, and fabulously long on the finish. It’s available at the Rimu Wine Bar if you’d like to come down for a glass or take-away bottle. Cheers!”



Pastel Artists of New Zealand

Hopefully Queen Elizabeth enjoyed her birthday weekend in London as much as we, the members of PANZ Nelson, did in Māpua Community Hall.

The choice of weekend for our annual pastel exhibition was experimental, the customary date being the end of February. Numbers were down for the Friday opening, a worrying start after all the hard work during the day to turn our beautiful village hall into a splendid art gallery.

But the worry was unfounded as visitors were plentiful on Saturday, Sunday and Monday, the first three days of June.

And if sales were a measure of success, then this exhibition could be deemed rip-roaring.

Congratulations must go to Barbara McIntosh who sold six of her paintings. She was modestly perplexed but her fellow artists know that it was well-deserved; she is a highly talented and dedicated member of our group.

This was not a competition, there were no prizes except for the ever popular 'People's Choice' award. A fabulous box of pastels, sponsored by 'Impressions Picture Framers and Art Supplies' of Richmond, went to Karen



Rankin Neal for her lovely painting of a fantail, 'Fly Baby Fly'. Karen is from Rarangi, Marlborough, and we were very pleased to have her support along with Impressions, who have sponsored this prize since 2007. Likewise we were indebted to New World of Motueka for the generous support of our raffle prizes.

Now we are looking ahead. There will be a few surprise challenges in store and in July, PANZ members will tackle the 'Big Picture'. Always fun, we never know what we are producing until all the individual parts come together into one total painting; definitely a morning to look forward to.

And way ahead in October, our group will be involved with the Tasman National Art Awards and Exhibition to be held in our own community hall;

more details about this in the coming weeks.

For any information about our group please contact our Area Representative, Glenys Forbes on 03 540 3388 or by email gforbes@ts.co.nz. You can visit our Facebook page: PANZ Pastel Artists of New Zealand to see national and international pastel artwork.

Sue England

Being a Dad at Māpua Playcentre

Being a dad at playcentre is choice. Here at the Māpua Playcentre we have a strong and inspiring team, which allows me to play, chat, ask questions, learn, encourage, socialise, focus and explore.

For me, Māpua Playcentre is first and foremost a place to engage with my son on a completely different level than I otherwise would. He knows the place well, and feels ownership there, so he freely explores his interests for that day. This allows me to interact and engage with him and other children, in order to develop their fun and learning in that moment. I'm never distracted by chores or jobs to be done; it's time for us.

The resources for play available are ones I simply couldn't (wouldn't?) be able to do at home. He can destroy a nicely set up collage table of paints and interesting accessories in about three seconds flat, but that's okay; actually it's kind of the point.

He will happily explore a tub full of bubbles for a whole session, which probably will end up all over the ground, but again that's the cool part about it. The climbing boxes, sandpit and slide are also some of his favourites. He and I are able to let rip. Not worrying about the mess, but exploring and learning through doing these things.

For me, playcentre is a lot about the people. I am quite happy in my own company, and social situations aren't



always my favourite thing, however, playcentre provides a great level of socialising and interacting with other parents; in the same place, going through the same things, in a welcoming, friendly and relaxed way.

Being newish to Nelson/Tasman I might otherwise feel a bit isolated, especially as I am new to being a stay at home dad also, but playcentre gives me a safe and inviting place to engage with others who are all so strong, helpful, caring, intelligent, creative and welcoming.

I'm always well outnumbered as a dad at playcentre so it would be awesome to see more dads coming along if they have the opportunity. Māpua Playcentre has been a really important part of my week for some time now for both my children's needs and interests, as well as my own parenting development and wellbeing.

Come and check Māpua playcentre out. We offer a term of free sessions for first time families and all children under two are free.

Session times are Mondays and Fridays 9:30am – 12 noon during school terms. You can find us at 84 Aranui Road (behind the tennis courts by the scout den).

Alternatively, please contact us with any questions you have either by phone: Kathryn on 021 2534264, email: mapuaplaycentre@gmail.com or find us on Facebook.

Warren Parkinson

Dominion Flats—Thanks!

Dominion Flats Project Thanks You!

A huge thank you once again to the members of our community who turned up to the two recent planting days.

Everyone worked so hard and so cheerfully and we now have over 1100 more plants added to the Reserve. We are always amazed to see how many plants we manage to get in the ground.

It looks even more impressive now as you drive past, and I am sure the birds must be clapping their wings with glee! Many thanks Māpuians!



Māpua Craft Group

Some of our group have departed for the sunshine in Australia and England. Under expert tuition from Julie Cox, we learnt another technique for making cards (see the photograph). Julie is such a patient teacher and card making is a favourite class. One lady is making great progress with her embroidery, another is clicking her knitting needles and another is about to make a grape vine construction as a climbing frame for plants in a tub.

We do not meet during school holidays, 12th and 19th July, so term 3 starts on 26th July. Do join us between 10:00 and 12:00 on a Friday at Hills Community Church.

Barbara Halse.



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Motueka Districts Neighbourhood Support Society

The Motueka Districts Neighbourhood Support Society (MDNSS) is an incorporated society that coordinates the Neighbourhood Support Groups between Marahau and Māpua. There are 105 such groups coordinated by Barbara Tapper who can be contacted via 021 187 9286 or email: motuekanhood@gmail.com

This group ran a training session in the Māpua Hall on 6 June focused on keeping safe. The following groups presented:

CPR and AED Training:

Paramedics provided training in basic life support focused on CPR and the use of AEDs (defibrillators). The key points were:

- Are there any dangers around?
- If not is the patient unresponsive?
- If so send for help by dialling 111 and send someone to get an AED (refer the AED App for locations)
- Open the airway by tilting the head back and check for normal breathing
- If not start CPR – 30 compressions and 2 breaths (optional)

Open and attach the AED and follow the instructions

Neighbourhood Support:

People are encouraged to belong to a NS Group as a means of getting to know their neighbours and to provide support in times of crisis. The MDNSS sends out newsletters informing residents of neighbourhood issues and providing updates on crime, safety, fire dangers, scams, etc.

Civil Defence:

The Nelson/Tasman Civil Defence Centre is in Richmond and coordinates activities across the region. They can be contacted via:

www.nelsontasmancivildefence.co.nz, and their role is to create resilient communities via education, research, planning and preparation. Information is available on managing households and businesses in an emergency (earthquake, tsunami, floods, storms, fires, terrorism or pandemic).

Māpua's CD Centre is the Hills Community Church in Aranui Road or in the case of a tsunami, Mahana School.

If there is a strong earthquake sirens will **not** sound if a tsunami is likely – **If it is Long or Strong, Get Gone!** Civil Defence can provide maps of the region that designate

tsunami threat areas. A national cell phone alert system is being developed and is in the test phase.

Fire:

Fire and Emergency NZ (FENZ) presented on internal and external fire safety. The Pigeon Valley fire provided graphic detail of what owners of rural properties face:

- Why homes burn
- How to reduce ember danger
- Tips to make your home safe
- Can fire appliances access your property?

Are you ready to evacuate?

Dangers inside the house were outlined and great emphasis placed on having properly located Smoke Alarms. Long life photoelectric type alarms are now recommended and have come down in price. They last 10 years without a battery change. Note that all smoke alarms should be replaced every 10 years.


More information is available via:

www.fireandemergency.nz

Police:

Senior Constable Grant Heney provided information on the prevailing criminal threats to communities and the support provided by Police to mitigate against these threats. The level of crime in the region is not high but people should protect themselves from opportunistic criminals: keep your house and vehicle secure. Frauds and scams are becoming a major problem.

Use 111 for urgent issues but the new 105 number for contacting Police over non-urgent issues.



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Hills Community Church

This past month has been an interesting one in our wider family life. While our Māpua life of work and kids and all the related activities and concerns has continued in its usual, blurred vision pace, alongside this another story has been unfolding.

And this is the story of my Mum's deteriorating health in Christchurch. Over the past 2 – 3 years, numerous trips down to Christchurch has seen her go into rest home care, and then into hospital level care.

And so this last month, this story, moved to another chapter, with Mum suffering a stroke, and then slowly but peacefully letting go of this world. We spent four days with Mum before she died in the early hours of 5 June.

This was a precious time, of just being there really. What has been really intriguing to me is that, while I had processed a lot of saying goodbye to Mum, and it was a relief and release for her to let go, I realized that what I was really grieving was the loss of the depth of relationship we had had throughout my life.

It struck me that the seasons of life, and of relationships, are indeed precious, because you can never

re-live the day we are given. But life has a way of eating away what is really important, and without realizing it we forget to treasure the people and relationships we have.

Blessings in Christ,
Rev John

Sunday Worship

9am: Traditional service, 10.30am: Contemporary service and children's programme including crèche. Morning tea between the services. Holy Communion celebrated at both services on the 2nd and 4th Sunday.

Youth Groups

Years 9 to 13 Fridays at Māpua Community Hall 6.30-8.30pm.

Years 6 to 8 Thursdays at Hills Community Church 3-4pm.

www.hillscommunitychurch.org.nz, phone 540-3848

SENIOR MOMENTS

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Tasman Bible Church

At the entrance to my driveway are three big rocks.

Sometimes rocks stacked up are used as markers, like cairns built in the backcountry as a way of marking or indicating a trail. But these rocks don't mark any trail.

Instead, I stacked these rocks as a kind of visual "aide-memoire" ... to remind me of something important. When I pass by or notice these rocks I'm supposed to call to mind why I placed them there.

In ancient times people sometimes placed big rocks or made a stack as a kind of witness to an agreement made or an oath pledged at that spot. Those who passed by would want to know what happened there.

Even our modern-day monuments stand as testimony to certain events ... lest we forget.

My rocks serve to help keep alive the stories of when I most certainly knew God was acting in my life. My rocks are prompts to retell the stories my children need to hear and be reminded of.

The importance of stories retold cannot be undervalued. The passing down of significant stories, facts, and events from generation to generation is a time-honoured way of preserving the richness of our inheritance.

Our children, and our children's children, need to be kept aware, not just of the traditions of our beliefs, but of the very real and personal expressions of our faith in action and evidence of God at work in our lives.



In a manner of speaking these very rocks shout out God's dealings in my life. I wonder whether you can bring to mind your own stories, when you were fully aware of God interacting with you?

Such moments provide rock-solid assurance and encouragement to your hope. If you need such Hope then ask God to put people across your path who can share their own personal stories of the Christian faith with you.

Another option is to visit YouTube and hear short accounts from real New Zealanders with their stories of God working in their lives. Search for "Hope Project NZ", or go to [Real stories from NZ'ers](#)

As for me and my household, I want to keep those moments alive for the next generation.

And I'll keep rocks at the gate just in case I too grow dull in my memories and forget to be grateful to God.

Here is just one passage from the Bible that reinforces what I have been saying here.

"God gave his Law, and he told our ancestors to teach their children, so that each new generation would know his Law and tell it to the next. Then they would trust God and obey his teachings, without forgetting anything God had done." (Psalm 78: 5-7 *abridged*)

Greig Caigou pastors Tasman Bible Church.



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Māpua Health Centre

We would like to say a special thank you to the Māpua Kai Collective team, who spent several hours preparing meals for our wider community. We truly appreciate the opportunity to be able to access these meals for some of our patients who are in need.

As mentioned last month, we have been trialling a clinic on Tuesday evenings primarily aimed at patients who cannot attend during the day. This has proven to be very popular and we are happy to advise that these sessions will continue to be available as long as there is a need and support for them. We would welcome any feedback you may have.

Knitting and/or crocheting is still proving to be very popular with our patients and we are delighted to advise another blanket has been finished and is ready to be donated so thank you to all patients that have given their time to assist with these blankets.

A quick reminder if a person suspects that they or their child has the flu, measles, shingles, etc., that we have a back entrance protocol in order to prevent spread of infections to people in the waiting room and reception area. If you are not sure, please phone and talk to the nurse first to check what is most appropriate.

There are several important national events this month, including:

- Women's Refuge which is an organisation for women and their children to help prevent and stop family violence in New Zealand. If you are experiencing any

form of abuse in your family or your relationship, or know someone who is, there are many ways the organisation can help you – for free, and confidentially.

- Dry July is a fundraiser that challenges you to go alcohol-free and raise funds for people affected by cancer. Funds raised for Dry July will benefit Look Good Feel Better, a charity that provides free, community-based programmes for any person, facing any cancer, at any time. Look Good Feel Better Classes support cancer patients impacted by the visible and emotional effects of their diagnosis and treatment. The visible and invisible impact can rob patients of their identity. Look Good Feel Better helps to bring a boost, a day away from treatment, an opportunity to connect, and learn techniques to help them feel more like their normal selves.

We now have staff members who are trained to provide guidance regarding 'advance care planning'. This gives everyone a chance to say what's important to them.

It helps people understand what the future might hold and to say what treatment they would and would not want. It helps people, their families and their healthcare teams plan for future and end of life care.

It also makes it much easier for families and healthcare providers to know what the person would want - particularly if they can no longer speak for themselves. Please contact the receptionist or Kathryn, our lead practice nurse, for more information.

The patient portal service **ManageMyHealth** has been up and running for over 3 years and we encourage you to make use of it if you are not already familiar with it. This is a web-based free programme that allows patients to have access to their own medical notes.

The information sharing system has been carefully designed to ensure full privacy and security. At present, registered patients can review their lab results, request repeat prescriptions and make doctor appointments, although more functions will be added over time. If you want to know more please check with the receptionists.

There are a number of important national and global events for the month, including:

- 1-31 Women's Refuge Awareness Month
www.womensrefuge.org.nz
- 1-31 Dry July
www.dryjuly.co.nz
- 7 Term 2 ends - Primary, Intermediate & Secondary schools
- 11 World Population Day
www.un.org/en/events/populationday
- 22 Term 3 begins - Primary, Intermediate & Secondary schools
- 28 Hepatitis Awareness Day
hepfoundation.org.nz
- 30 International Day of Friendship
www.un.org/en/events/friendshipday

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11am
till
4pm

17

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Origins of the Moutere Hills RSA Memorial Library

The Moutere Hills Returned and Services Association, which embraces the Māpua, Mahana, Tasman, Upper Moutere districts, is a sub-branch of the Nelson RSA.

The Moutere Hills sub branch was formed after World War II to look after needs of returning service personnel and their families, and in those early days had a membership of 120 plus. In addition, a welfare committee was established; their purpose was to visit returning personal to help with their resettlement into civilian life, needs included food parcels, firewood etc.

About this time a valuable corner of land on the corner of Aranui Road and Toru Street was donated to the RSA by the late Sam Busch, for the establishment of a hall for the use of the club and club meetings and a memorial. The building was an ex-Airforce building from Tahunanui and was paid for on a loan and built by voluntary labour, many of them ex-servicemen.

An official opening took place in 1947 and over the years was used for regular RSA meetings and "smokos". It was also used by the Moutere Hills Choir, Country Women's Institute, Moutere Hills Rose Society, Plunket, Country Library Service plus various other groups including a small youth group on a Friday evening.

Because of dwindling RSA membership, the decision was made to replace the old building with a new library building in 1995.

This valuable piece of land was donated by the RSA for

the price of \$1 to The Tasman District Council; the only conditions being that the RSA has access to a small room for their meetings as long as necessary and the name of the building to be known as Moutere Hills RSA Memorial Library.

The RSA Committee is still actively working in our community, supporting our servicemen, widows and families, and they are proud to continue to share this building with the locals.

Nic Poultney



Māpua Wellbeing Survey

How are we all doing? What is missing in Māpua?

We don't know what we don't know. How true this can be, which is why a working group from Māpua and Districts Community Association and Hills Community Church has posted out a survey to the district's residents to find out whether we have the sort of services we need. This was delivered to every letter box in the district in the last week of June.

One of the issues frequently mentioned is the lack of public transport from Māpua, especially for those who may want to get to the hospital, courses at polytech, or shopping.

Any submission on this sort of topic needs hard information to support it, hence the survey, which hopefully will give the data needed for TDC to justify researching the resourcing of this issue further.

It can be difficult to get extra help when a family or individual strikes problems; hard information is also required here for any changes. It is sad if anyone has to move away from their home and district because they are unable to get the help they need.

Successful grant applications and submissions for new services require backing of facts and figures. Relying on what people think the district needs, or relying on word of mouth and verbal discussions is not enough.

If you have mislaid your copy of the survey, further larger print copies are available at Māpua Library or Community Hall.

You can also access it on line which is the preferred option by entering the link www.ourmapua.org/wellbeing into your web browser.

Everyone in the household can complete a survey form which should only take ten minutes or less to fill in and needs to be completed by the end of July.

Return completed paper copies to the Māpua Community Hall through the postal slot by the front door.

Katherine Kingdon ph 540 2554 or 027 5445780 is willing to deliver an extra copy for anyone, help fill it out and deliver it to the hall if any such help is needed.

This is your opportunity to have your say by the end of July.

The survey can be found at www.ourmapua.org/wellbeing/ or collect a paper copy at the Māpua Library or Community Hall.



Motoring with Fred

One of the curiosities of Madagascar was its countryside lifestyle of growing food for personal survival and living without electricity. I will complement the government, as there was cell-phone coverage and Wi-Fi just about anywhere. They went up with communication towers on every major hilltop; maybe a lesson for New Zealand not to bother with cables, as they will be soon be redundant.

As per most under-developed countries, there was wealth and poverty in the cities, with the countryside happy to be growing enough food. Rice, corn and Zebu cattle farming most of all. They still haven't got tourism totally right, but they are getting there.

One farming village we had lunch at, the lady pictured (right), who organised the lunches, made use of one of the houses abandoned by a family who had gone to Anatanarivo.

She organised it with the local tourist board and Intrepid Journeys to provide lunches for the tourists passing by. Rice and vegetable meal with no sign of salt or sugar.

This lady was entrepreneurial enough to catch an opportunity driving past the front door and good on her. She was also very proud of the flush toilet they had to put in for the tourists.

Tax: most of us shudder when they say that word but after being in Madagascar where 60% of the people don't pay tax you soon notice what you don't get.

Roads were drivable but narrow and pitted with pot holes with an average speed of 45 kph. There are wider reaching things like 75% of the children don't go to school and there is no public health.

Patrick, our guide, who was Malagasy (Madagascar), said if you need an operation but can't afford it they will

send you home to die. Injuries from car accidents they patch up apparently but send you home with no after care.

On the road there are no road signs, there is no speed limit, but you can never get up enough speed because of the pot holes for the conditions to become a hazard.

In Anatanarivo we never saw a traffic light, so driving is cautious, with a 15 km trip to the airport taking an hour.

Tax again: If I was farming would I pay tax to the Madagascar Government if I was not getting anything for it? If I had to pay a health insurance and education for my children? I would probably hold that money in case there was a bad season on my farm as matter of survival.

The government encouraged farmers to be more efficient and buy tractors rather than ploughing with Zebu cattle beast. They said "No," as you could eat a Zebu but not a tractor.

So a survival mentality rules, but there was a famine and many political squabbles after Independence from France.

Would I pay tax? No. The problem for the government is collecting tax. There is a big cash-only black market for everything. Restaurants only wanted cash rather than a card payment, and we were often told to go down to the ATM to get cash.

No one wants to pay tax, even those that can. So don't whinge about paying tax in New Zealand; you do get

something for your money!

Best meal: Zebu steak at Residence Madalief in Antsirabe. Best beer: THB Pilsner followed closely by Skol (both Heineken Breweries). Best event: brown Lemur standing on my shoulder. Hard to find: ice cream: no electricity no refrigeration. We saw only one overweight person – KFC and McDonalds have not got there yet! The people were happy. If you liked India you will like Madagascar.

Would I go there again? Yes!

Fred Cassin

Star of the show: Mountain Lemurs in a reserve.





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A Little Bit of Sweetness

I'm more savoury than sweet when it comes to food but during the winter months I do find my need for naturally sweet tasting foods increases slightly. It's the cold weather and the fact that sweet foods are warming and comforting.

In my Nutrition practice where much of my work is about building sustainable habits around food and eating, I find that more and more people are eating sweet, sugary foods on a daily basis for comfort or a treat, to compensate for their overly busy and often stressful schedules. If it's not business and stress that needs to be compensated for, it's sometimes loneliness, boredom or frustration that has people reaching for sugary carbs or drinks.

We are constantly bombarded with statistics about obesity, cancer and diabetes in epidemic proportions almost daily now, and we do really need to pay attention but of course we don't always hear the messages. "It doesn't apply to me!", "Too hard", or "It's easier to ignore than do something about it." These are often the underlying conversations I hear. And of course when you are young, or in those golden years, the rules simply don't apply!

I'm not about to continue the ethical and moral lecture here (not enough space!) Instead, I thought I'd share with you a couple of my favourite NATURALLY sweet treats that I enjoy IN MODERATION, now and again. Neither of these recipes are difficult but they do hit the sweet spot.

Be mindful though that these scrumptious alternatives still contain significant levels of natural sugars and quality fats so they're not for the every day. In fact no sweet treat is for every day, that's part of what makes them a treat. Food for thought!

Dairy Free Fruit Loaf - can also be gluten free with no added or refined sugar. Cuts into 8 good slices or 16 small.

150 grams pitted prunes, roughly chopped
150 mls boiling water
100 grams self-raising flour, or use gluten free mix
1 teaspoon baking powder
1 teaspoon mixed spice
150 grams desiccated coconut
150 grams dried apricots, roughly chopped
250 grams sultanas, or use a mix of sultanas, soaked Goji berries and currants
3 tablespoons apple juice, or 3 tablespoons Guinness, Stout or Cider
Optional - a fine sprinkling of coconut palm sugar (available at Māpua Country Store and Bin Inns)
Pre-heat the oven at 180 degrees Celsius. Prepare a 450 gram loaf tin greased and lined with baking parchment.
Measure the prunes into a heat-resistant bowl. Pour over the boiling water and set aside for about an hour.
Measure the remaining ingredients into a mixing bowl, stir until smooth and fold in the prunes and soaking water. Mix well and spoon into the prepared loaf tin, level the top and sprinkle with coconut palm sugar if you wish.
Place in the oven and cook for about 1 hour until golden

and a skewer comes out clean when inserted into the centre of the cake.

Set aside to cool, turn out of the tin and slice.

I have baked this with buckwheat flour or wholemeal spelt and just doubled the amount of baking powder. Use other fruits - dried apple or pear, cranberries, mulberries or cherries. You can also use defrosted berries although the mix will be a little looser because of the extra liquid in the berries. You can add bitter chocolate or pure chocolate nibs too.

Blackberry Tart - dairy and gluten free, with no added, refined sugar. Serves 8-10

I use all sorts of berries to make this tart - blueberry, raspberry, boysenberry, strawberry, or mixed. If you want a more solid tart add 200 grams of silken tofu to the tart filling.

For the base

100 grams ground almonds or Brazil nuts
100 grams desiccated coconut
200 grams raw cashew nuts
4 fresh Medjool dates, pitted, or 2 -3 tablespoons Pomegranate molasses (you can use honey or Maple syrup)

For the filling

750 grams frozen blackberries, defrosted
6 Medjool dates, pitted
1 teaspoon vanilla extract
2 tablespoons Psyllium husks - 1 tablespoon per 2 cups of liquid

Extra berries to garnish

Make the crust first by processing the coconut, almonds or Brazils and the cashews in the food processor to a fine powder. Add the dates or Pomegranate Molasses and continue processing until it comes together and sticks.

Press this firmly into your loose-based tart tin and refrigerate. I use a spring form tin or a tin that has a removable bottom but you can easily use a ceramic pie dish.

To make the filling blend the defrosted berries with the dates and vanilla to a smooth consistency. Add the Psyllium husk powder and blitz quickly so the Psyllium is even throughout the mixture.

Pour this mixture into the base and tap the base a few times on the table to release any air bubbles. Smooth the surface with a spatula if need be.

Refrigerate for 2 - 3 hours, preferably overnight to set. You can freeze the tart at this stage also for a future occasion. Garnish with more berries or nuts if desired.

Sarah La Touche is a qualified Holistic Nutritionist. A registered member of the New Zealand Clinical Nutritionists Association and New Zealand Guild of Food Writers, she also runs B&B and self catering accommodation in Māpua, walking and gastronomic hosted holidays in France. She is available by phoning 027 315 1165, sarah@livingnutrition.co.nz or www.holidaystaymapua.nz.

A Short History of the Tamaha Sea Scouts

At the 10 June meeting of the Māpua Community Association, Tamaha Sea Scout, Amelia Mephan, presented a short history of the organization.

The name "Tamaha" is actually derived from three local community names: "Ta"-Tasman, "Ma"-Māpua, "Ha"-Mahana. Since the Sea Scouts inception in August 1930, the group has been based in Māpua. In 1963, the Venturer Scouts (for teens) was introduced. In 1979, females were formally admitted into Venturer Scouts. In 1987, girls were admitted into the Scout group. In 1989, girls were included into Kea and Cubs.

In 1987, in discussion with the Māpua Boat Club (MBC) and aided by Russell Smith (the then Scout leader), Tamaha Sea Scouts group was formed. Tamaha took possession of a cutter yacht after the Riwaka based Sea Scout group dissolved, as well as acquiring a Sunburst yacht (Aranui) and three optimist yachts. The yachts were reconditioned to a seaworthy condition.

In 1991 the Sea Scouts leased space on the wharf from the Boat Club and obtained funding to construct a small wooden boat ramp from the wharf to water's edge giving Scouts direct access to carry small boats and kayaks to the water. In 2005, two years after the Boat Club lease had expired, and after much discussion with TDC, the Boat Club once again was granted a license to occupy the buildings at the front of the wharf for a further 20 years. This stability allowed the Boat Club to renovate their rooms.

However, this left Sea Scouts without an agreement to occupy their space on the wharf. On 29 August 2006, a right to occupy agreement was signed between the TDC and Scouting NZ in Wellington - without input from the Sea Scouts. The Scouts still only have a right to occupy agreement that either party can terminate with six months

written notice. For many years the Tamaha Sea Scouts also operated out of a Scout den at the rear of the playing fields at Māpua School. The den was dilapidated and Māpua School wanted the building gone so they could have use of the land.

In 2009 the Richmond Rovers den from Bishopdale in Nelson was gifted to the Sea Scouts. Between 2010 and 2012 an alternative site was negotiated with the TDC in the Māpua Domain where the building was eventually located. On 4 November 2012 the replacement den was opened (the old scout den was sold to the school for \$1.00 and subsequently demolished).

In 2017 Nic Chandler campaigned to raise funds to install a new floor over the top of the old floor. Planning and fundraising is currently underway to paint the Scout den and to build a storage workshop adjacent to the den for boat maintenance and storage of the growing number of Scout assets.

In Feb 2014 a privately owned cutter was listed on Trademe. With the aid of John Leyden and Glenn Stevens the Sea Scouts purchased it for \$5,000. It had been modified to a 'day-sailer' with a forward deck. It was converted back into a standard Scout cutter and in March 2015 was relaunched under the name Tamaha.

In July 2016 a Pub Charity Grant was awarded to the Tamaha Sea Scouts to have a new trailer for Tamaha (the cutter) made. In the past three years the Sea Scouts have acquired two additional sunburst yachts.

Since the Tamaha Sea Scouts inception it is estimated over 1200 youth have been part of the group, participating in numerous jamborees, regattas, sailing expeditions, camps and tramps, as well as countless craft, instruction and fun sessions in the scout den. Over \$12,000 has been raised in the last two years for maintenance and new equipment. Future planning is underway with the view to purchasing a new polycarbonate cutter and a second patrol boat within the next 12-24 months. The Sea Scouts look forward to being in a position to continue to serve the youth of Māpua for many years to come.



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Māpua Kai Collective

As promised, Judy and Steve from Jester House shared highlights of the South Island section of Te Araroa walkway to a packed venue in early June. It was a great evening and a fantastic fundraiser. Their photos showed stunning and challenging parts of the country that many in the audience will never experience.

After two successful fundraisers and a large donation from the Motueka Community Store, we're in a good position to restock our freezers this month.

The Māpua Kai Collective team remain certain that we are filling a valuable niche. We continue to work with Māpua School, the Māpua Health Centre and Hills Community Church, to spread the TLC in our community.

Our May recipe of beef hotpot went down a treat, with only a few meals remaining in our three freezers.

We had a busy night on Tuesday 18th June with two recipes on the go - pumpkin and lentil soup, and macaroni cheese.

Thanks to Jenny and Gerald for a wheelbarrow full of home grown pumpkins, and to Jester House staff who peeled, diced and roasted them for us!



Above: Chris, Chris and Chris prepare toppings



Above: Lizzie and Gael fill bags of soup.



Above: Sharon and Angela keep the pots stirred.

Above right: Jane measures flour for the cheese sauce before Mac Cheese is ready for the freezer. A great resource when a little extra help makes a difference to your day! It bakes beautifully in our freezable, compostable Ecoware containers, generously donated by Motueka NBS.

Below: Bridget uses the Vacpak at Jellyfish to seal the bags prior to freezing. Thanks Debbie and Maki at Jellyfish!

Thank you to all who support us in so many ways.

Bridget Castle



Musical Notes of my Life by LM

'Your house it's on fire' by Melissa Ferrick.

On Her Majesty Secret Service

During my time in the British Army, I was asked to do a variety of tasks for which I had been well trained. For example, there was the time that I was detailed to walk the Commanding Officer's (CO) dog, twice a day, for a week. To undertake this mission, I was to be dressed in civilian clothes and blend into civilian life. I presume that this was to prevent me, or the dog, being kidnapped by the IRA. After a week of dog-walking and being excused of any other duties, my mission was declared a success. Both the Labrador and I settled back into standard army routine.

It might be surprising to hear that standard army routine was really an 8:00 to 5:00 Monday to Friday schedule, unless you were on guard duty. So, in essence, you had three out of four weekends free. Of course, we lived in barracks within the army camp itself. The army camp was the size of a small town with thousands of personnel working and billeted there.

My room in the barrack block was a standard single room. It had just enough space for a single bed, a wardrobe and a chest of drawers. I was on the third floor and my window looked out over the tennis courts and stables. Even though my regiment had nothing to do with horses, we did have stables for the horses that were there for anyone who fancied a ride on their day off. Just like we had sailing dinghies and yachts for anyone who wanted to go sailing. Taxpayer's money well spent.

Some of my colleagues in the barrack block managed to nab a double room all to themselves. This meant that they had enough room for sofa and a table and chairs. They achieved this by constantly asking for an upgrade and being particularly good at saluting the right officers.

We were of course required to salute any officer walking by us, but sometimes from a distance you could not spot if they had pips on their shoulders or not. But you had to be ready. If it was an NCO (non-commissioned officer, i.e. lance corporal, sergeant etc.) you could get

away with a grunt, unless it was the regimental Sergeant Major and you would be shouted at no matter what. Standard procedure.

One spring morning my friend Mel and I got ourselves into a terrible mess with the saluting business. As we were walking through camp, a cyclist in army uniform was approaching us. Being unable to see whether he was an officer or not, we raised our right arms halfway up. He was approaching us at speed, so we only got a quick glance to identify him. At the last second, we recognized the fact that he was a Lieutenant Colonel. Then I spotted the cross on his lapels. He was the regiment's padre.

In the confusion that followed we were neither ready to complete a salute or grunt so instead we turned our salute into the sign of the cross and blessed ourselves. "Morning Sir," we said. The padre then removed one hand off the handlebars to return the salute I presumed, because he never quite managed it. He had lost his balance and his front wheel careered into the kerb and the padre fell onto the pavement in front of us.

Checking he was alright, we picked him up and placed him back on his bicycle. As we continued on our way, I turned to Mel and said "That wasn't our fault. It was an act of God."

Mel was one of the lucky ones that had a double room all to herself. On Saturday evenings we would spend it in her room watching a film, eating a takeaway and drinking a bottle of wine. This particular Saturday night, Mel had decided that her room was much nicer if she lit a dozen candles and placed them around her room.

About 10.30 pm I called it a night and said I was heading up to my room. As I left her room, I turned to her and said, "Make sure you blow those candles out." In no time at all I was fast asleep.

At around 1.30 am I was awoken by Mel shaking me and saying, "My room is on fire, my room is on fire."

As I started to open my eyes, I saw Mel's blackened face and hands as she repeatedly told me her room was on fire. In a frenzy we ran back down to her room on the second floor. Thankfully she'd managed to put the fire

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pretty much out. She had fallen asleep with the candles still burning. Mel had awoken to find her duvet on fire and the remnants of another candle melting her stereo.

Not only was Mel completely black from soot and smoke, her room was almost unrecognisable too. We stood looking at the mess and knew this was not a good situation to be in.

At 2 am in the morning we knew we had to clean up the mess before anybody else found out. Having once been jailed in the army for having a melted Twix bar in my drawer, I knew burning down your room would not be looked upon favourably.

We decided that we needed to get all the burnt or scorched furniture out of her room and into the huge skips for rubbish that sat outside the accommodation block.

Only problem with this plan was the fact that we needed to get past the people on guard duty. Not just once but several times. We planned our route down to the ground floor, past the guard duty room and outside to the skips. All our army training kicked in as we moved burnt furniture from one unlit area to the next.

We sat in an alcove as we watched the soldier on guard duty go about her business. We timed our exit to the outside with precision. Once at the skips we had to lower the furniture down very, very quietly. It took us four runs to do this and I can honestly say it was the only time in my army career that I used any of the skills that they taught us.

By 4 am the room was looking better but there was a lot of smoke damage. As we knew where the tins of white paint were kept in the block, we helped ourselves and spent the next three hours repainting the room.

Around 9 am, we were still doing finishing touches to the room when one of our other colleagues popped her head round the door. "What are you two doing?" she asked. Mel replied, "Just a bit of spring cleaning."

Not one other person in the regiment ever knew what happened that Saturday night.

On the following Monday we had our monthly accommodation block meeting with the sergeant and our troop major. They announced that some new health and safety regulations needed to be implemented.

The major said "fire". We froze. Were we about to be busted? But no, she carried on saying, "Fire: we need someone to inspect the firefighting equipment once a month."

"Oh, Private Mel Edwards would be perfect for that," I said. And so it was, that Mel became the fire officer for the block.



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Movie Night

“Stan and Ollie”

Showing at Māpua’s famous ‘Packhouse Cinema’
@ 6:30 pm on Sunday 14th July

Laurel and Hardy are alive and well!

I've been a massive Laurel and Hardy fan since I was a kid, when I grew up seeing their movies at the local cinema on a Saturday afternoon and I've watched their films over and over again through the years. So I am very familiar with how they talk, move and dance. Which makes Steve Coogan and John C Reilly’s portrayal of the comedy duo even more amazing. They ABSOLUTELY nail their performances.

Even if you haven't heard of Laurel and Hardy (where have you been? You should get out more often!) you will still enjoy this film, as it's a great look behind the scenes of early Hollywood and a really touching story.

I should point out that this film is a drama not a comedy! Although there are indeed some very funny moments, and surprisingly a lot of the comedy comes from the boys’ wives, who also are played to perfection.

Basically “Stan and Ollie” is a poignant love story about two good friends. It's beautifully shot and hopefully it will introduce Laurel and Hardy to a whole new generation of fans. Come and see it; I think you will love it.

Sunday 14th July
Entry at 6.15
Movie starts at 6.30pm
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MAPUA COMMUNITY HALL MEMBERSHIP



Membership numbers for the Mapua Community Hall have reduced over the last couple of years. This may be a good sign as the community recognizes that the Hall is in good hands being efficiently managed by the Hall Coordinator, Anita Green, and the volunteer committee of 9 local residents.

However the committee would welcome more residents becoming members of the Hall as the \$15 per annum that is received from each of you goes some way to paying the high insurance, rates and cleaning costs that we incur for the Hall each year which allows us to continue to provide the facility to the Mapua/ Ruby Bay community for the many and varied groups who regularly use this vibrant hub.

You can become a member of the Mapua Community Hall by going to our website: 'MAPUAHALL.ORG' and filling out a membership form if you are not already a member.

Payment methods:

Cash to the hall office or through the mailbox slot on the front wall of the hall or Online to NBS No 03-1354-0308218-00. Please use ref: (your name, membership).

Thank you for your support.

Mapua Community Hall Executive and Committee

What's On at the Hall In JULY!

Monday	Tuesday	Wednesday	Thursday	Friday	Sat	Sun
1 9.15am Yoga with Charlotte 9.30am Low Impact Dance 4pm Waimea Inlet Forum 6pm Mapua Dance Fitness	2 9am PANZ 9am Sioux Line Dance 1.30pm Tai Chi for Beginners 2.30pm Sit & Be Fit 6pm Yoga with Martin 6pm Aerobics 7pm Pilates	3 9.05am Aerobics 9.15 Hatha Yoga 10.05 Pilates 1pm Tai Chi	4 9am Mapua Art Group 9.30am Flow Dance Fitness	5 9.05am Aerobics 9.30am Low Impact Dance 10.05 Pilates	6	7
8 9.15am Yoga with Charlotte 9.30am Low Impact Dance 6pm Mapua Dance Fitness 7pm MDCA Mtg.	9 9am PANZ 9am Sioux Line Dance 10 am Creative Fibre 2.30pm Sit & Be Fit 6pm Yoga with Martin 6pm Aerobics 7pm Pilates	10 9.05am Aerobics 9.15 Hatha Yoga 10.05 Pilates 1pm Tai Chi 6pm Yoga with Thomas	11 9am Mapua Art Group 9.30am Flow Dance Fitness	12 9.05am Aerobics 9.30am Low Impact Dance 10.05 Pilates	13 9.05 Aerobics 10.05 Pilates 2.30pm Sioux Line Dance Social	14 10.00am Mapua Makers Market 6.30pm Packhouse Cinema presents: Stan & Ollie
15 9.15am Yoga with Charlotte 9.30am Low Impact Dance 6pm Mapua Dance Fitness 6pm Hall Committee mtg.	16 9am PANZ 9am Sioux Line Dance 2.30pm Sit & Be Fit 6pm Yoga with Martin 6pm Aerobics 7pm Pilates	17 9.05am Aerobics 9.15 Hatha Yoga 10.05 Pilates 1pm Tai Chi 6pm Yoga with Thomas	28 9am Mapua Art Group 9.30am Flow Dance Fitness 2pm Friendship Group	19 9.05am Aerobics 9.30am Low Impact Dance 10.05 Pilates	20	21
22 9.15am Yoga with Charlotte 9.30am Low Impact Dance 6pm Mapua Dance Fitness	23 9am PANZ 9am Sioux Line Dance 1.30pm Tai Chi for Beginners 6pm Yoga with Martin 7pm MDCA Executive Meeting	24 9.15 Hatha Yoga 12.30pm Tai Chi 6pm Yoga with Thomas	25 9am Mapua Art Group 9.30am Flow Dance Fitness 6pm Mapua Dance Fitness	26 9.30am Low Impact Dance 2pm Friendship Club 6pm Mapua Youth Group	27	28 9.45am Tai Chi
29 9.15am Yoga with Charlotte 9.30am Low Impact Dance 6pm Mapua Dance Fitness	30 9am PANZ 9am Sioux Line Dance 1.30pm Tai Chi for Beginners 2.30pm Sit & Be Fit 6pm Yoga with Martin 6pm Aerobics 7pm Pilates	31 9.05am Aerobics 9.15 Hatha Yoga 10.05 Pilates 1pm Tai Chi 6pm Yoga with Thomas				

Motoring
with



TYRES

IMPACT ON BRAKING PERFORMANCE

Tyres are one of the most important parts of your vehicle. They affect your vehicle's: tracking on the road, steering, stability, braking and speed when stopping in an emergency. These elements, when combined with the possibility of a wet, slippery road can lead to a potentially fatal mix.

When the roads surface is wet, the stopping distance of a vehicle nearly doubles. This distance increases even further with a reduction in tyre tread.

It is important to be aware that less tyre tread means less space for water to drain away from under the tyre. This results in reduced tyre contact with the road surface which dramatically hinders the tyre's ability to grip on to the road causing a vehicle to aquaplane.

Aquaplaning is extremely dangerous and occurs when a wedge-shaped film of water builds up between the tyre and the road surface. This causes the tyre to be lifted off the road and results in the driver losing control of the vehicle's steering and the brakes being rendered useless. The less tread a tyre has, the higher the risk of aquaplaning.



It is estimated that a large proportion of vehicles on the road have tyres that are at least 50% worn. In many cases, these vehicles, when travelling at a moderate speed, travel 50% further before coming to a stop. The normal safe braking distances of two seconds should therefore be increased to three seconds. When poor visibility, wet weather, low tyre pressures, ineffective shock absorbers, incorrect wheel alignment and ineffective brakes are also added into the mix, the safe braking distance should be increased to a minimum of four seconds to remain safe and avoid an accident.



Good tread depth



Poor tread depth



Testing tread depth with a tyre gauge

Happy & safe motoring
from the team at



Fire Brigade



May to June call-outs

10/5/19 Medical assist; ambulance delay, taken to hospital

22/5/19 Alarm activation, nothing seen on arrival, Motueka Fire investigated further

22/5/19 Camp fire McKee camp ground, put one fire out, no one around.

25/5/19 Tree stumps on fire, SH60, controlled burn. Left with owners

Calls this year = 54

Safety Tip - Be safe.

Remember the heater-metre rule – always keep furniture, curtains, clothes and children at least 1 metre away from heaters and fireplaces.

Never cover heating appliances or store objects on top of them.

On the 8th June the Brigade celebrated the fifth member in the brigade to get a gold star (25 years). Two other members got the Queen's medal for long service and good conduct (14 years' service)

For fire safety info go to - <https://fireandemergency.nz/>

For fire permits go to - <http://www.checkitsalright.nz/>

Any question phone Mark 0274392778 or mark.Theobald14@gmail.com

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Mapua Village Bakery



christmas IN JULY



- Fruit mince pies
- Xmas shortbread
- Fruit cakes
- Plum pudding
- Festive apple rings
- White Croq-en-bouche
- Meringue drops
- Xmas gingerbread tree
- Spelt fruit mince pies
- Rum balls

Make your Winter a little bit Special this year

Order now - 03 5403656

Mid Winter Special

**** Butter Chicken ****

Pie of the Month

New Low Gluten Food

- Hot Frittata's
- Louise Cake
- Fresh salad rolls
- Toasted Sandwiches
- Dairy + Gluten Free cakes

Local lad joins Youth Council

James Fleury, Māpua School & Garin College graduate 2017, has been selected to join the US Embassy New Zealand Youth Council.

The mission of the Council is to gather future leaders to raise awareness and develop stronger ties between the US and New Zealand. Members are invited to engage with US Embassy and Consulate personnel, the Ambassador and American diplomats on current issues such as security, trade, immigration, technology and international relations.

The US-NZ Youth Council is comprised of 45 New Zealand citizens, aged 18 – 25 years, who have demonstrated strong leadership qualities and potential in their university, professional and/or community activities.

James Fleury is currently studying for a Bachelor's Degree of Broadcasting Communications – Journalism, at the NZ Broadcasting School in Christchurch.



SMALL GROUP CYCLE & FOOD TOURS in South East Asia

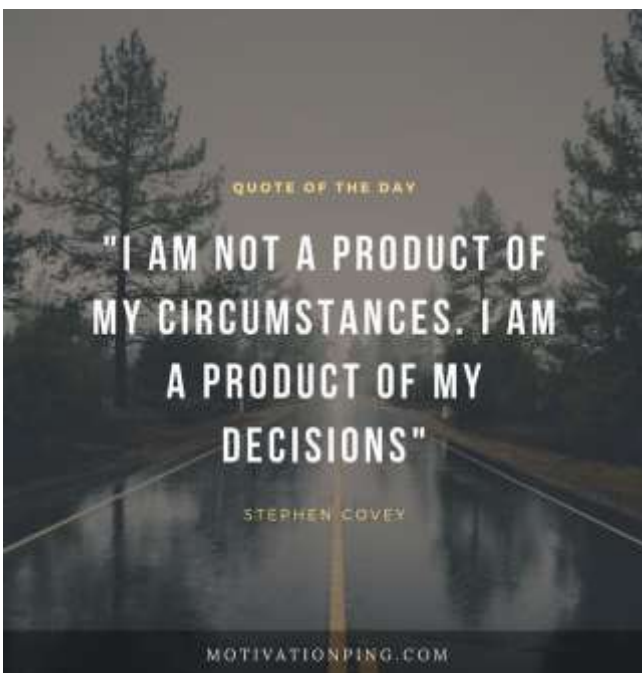
BANGKOK TO SAIGON - 19 Days
SAIGON TO HANOI - 18 Days
CAMBODIA LUXURY CRUISE & E-Bike tour 12 days

DEPARTURES OCT-MAY

WE CAN ALSO DESIGN YOUR OWN DEPARTURE FOR A CLUB OR GROUP

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Saturday 10th August 2019

Workshops include:
Alpacas, Fencing, Farm Management, Pruning & Grafting, Beekeeping, Animal Health, Calf Rearing, Cheese Making, Fire Safety for Rural Living, Welding, Purchasing & Keeping a Pony, Pig Rearing & Nutrition & many more...

EARLY BIRD ONLY \$95 BEFORE JULY 21ST
\$120 after

Includes morning tea, lunch & afternoon tea

Register at www.dovedale.school.nz
or visit Dovedale PTA Facebook



MAPUA AND DISTRICTS BUSINESS ASSOCIATION

Administrator: Mel Stringer
027 943 2469
mdba@mapua.co.nz

Well another year has rolled round and so has another AGM. The MDBA is pleased to welcome three new Committee members into the fold for the 2019-2020 year.

Mike Walters—Kereru Gallery
Mark Stuart—Giggle Entertainment Network
Keiran Inglis—Appleshed Café

We will be profiling the new Committee members over the coming months in the Coastal News so watch this space!!

Mel Stringer—Administrator MDBA

kereru gallery



about kereru

kereru gallery features the work of established artist Karen Walters and acclaimed jeweller Mike Walters and exhibits work from a 'hand picked' selection of exquisitely talented NZ artists whom they represent throughout the year.

The gallery is recognised for it's contemporary earthy flavour and uniquely exudes this theme through a diverse range of work on display. Sculptures, jewellery, paintings, ceramics and cast glass can be viewed here within an elongated modern white gallery space situated beneath the upper living quarters of Mike and Karen Walters and nestled to the outer side of the quirky and picturesque Mapua Wharf.

It functions as both a gallery and workshop space. The gallery opens up to 3 exhibition spaces and also contains both a jewellers workshop and sculptors workshop on site that can be viewed by the public.

our promise

At Kereru Gallery we wish to provide viewers with an ever-changing range of fresh and uplifting visual stimulation. Throughout the year work is being constantly updated and throughout the busy Summer and Autumn months the gallery features new work by Kereru Artists within a series of themed Group Exhibitions.

Mike and Karen are constantly creating new pieces within their workshop spaces at Kereru for exhibitions, display and commission work.

Kereru Gallery can provide personal advice on the suitability of artwork within your home. This can include; artwork(s) being superimposed on an image of your wall or surrounding space, and/or artwork given 'on loan' overnight in order to give confidence and understanding prior to a potential purchase being made.

Kereru Gallery has experience in packaging and freighting worldwide, ensuring artwork makes it's way to you safely, economically and efficiently.

gallery

5 Iwa Street, Mapua, Tasman 7005
03 5403 725
info@kererugallery.co.nz

karen@kererugallery.co.nz
mike@kererugallery.co.nz
Mike Walters -021 707 743
Karen Walters -021 262 9315

www.mapua.co.nz

Supporting Local Businesses since 1992

Noticeboard

Social Badminton at Motueka Recreation Centre, 10.30 – 12 every Monday, Wednesday & Friday. Fun & keeps you fit & alert. Info: Rec Centre 03 528 8228 or Richard 027 526 6700.

Friends & Neighbours: Varied programs of interest, friendship & good morning tea. Third Fridays 10:30 - 12:30pm at Tasman Bible Church. Info: Lorna 528-4902, Jane 526-6709.

Theatre & Musicals appreciation: anyone interested in forming such a group contact Sue Mott willowsprings@slingshot.co.nz

Māpua Boat Club: Social evenings Thursdays 5.30-7pm at club rooms, Māpua Wharf. No boat required. Monthly guest speakers, raffles, free snacks, open bar. Info: secretary Clare 0227117786

Motueka Scottish Country Dance Club: Wednesdays 7.30pm Lower Moutere Hall Scout den. No partner needed, dress casual, wear soft flat shoes, beginners welcome. Good exercise and lively music. Contact Fay 021 039 3559 or Alison 0220 363 891.

Motueka Senior Net. Tech for mature adults. Monthly meetings. Help sessions 2x/month. De-mystify technology in a fun & friendly forum. Clubrooms 42 Pah St Motueka. Seniornetmotueka.org.nz

Māpua Art Group meets Bill Marris Room Māpua Hall Thursdays, 9-noon. Paint, draw, help each other in a social environment. All levels & media welcome. \$5 includes morning tea. Tables, chairs & easels provided. Cushla Moorhead 03 528 6548.

Java Hut Knit Group: 10am Tuesdays at Java Hut. Bring your knitting or crochet. Debbi 027 327 4055

Yuan Gong: Improve your health and life by daily Yuan Gong practise. Info: Marianne 0220 828 559

MDCA: Māpua & Districts Community Association meets Feb-Dec, second Monday of each month, 7pm Māpua Hall; contact: info@ourmapua.org

Māpua Friendship Club: 3rd Thursdays & last Fridays, Māpua Hall, for indoor bowls & bring-a-plate afternoon tea. New members enthusiastically welcomed. \$3 door fee, 20¢ raffle. Contact: Val 540-3685.

Coastal Stringers Ukulele group: beginners welcome. We meet Fridays, 1.30~4pm at Māpua Boat Club rooms on the wharf. Just turn up & join us for some fun! Info: Colleen 540-3010, Diane 540-2627.

Kidz 'n' Koffee playgroup: Wednesdays 10-noon, Hills Community Church (during term time). All parents & carers welcome, we cater for 0-6 yrs. \$2 don/family. Make new friends. Info: Verena 027 435 1932.

Mapua Fellowship Group (formerly Probus) July lunch meeting Wednesday 17 July, noon at 'The Railway' [formerly Bar 321] 321 Lower Queen Street. Good parking in front of the Café and Restaurant.

Ruby Coast Walking Group meets 9.30am Wednesdays by Tasman Store. Walk 1½ hrs then coffee & muffins back at the Store. All welcome. Fiona: 021 232 6089 or fionaoliver1948@gmail.com for more info.

Spinners, Knitters, Weavers: Creative Fibre Group, Māpua Hall, second Tuesdays 10am. All welcome.

Women's Recreation Group - meets outside Māpua Mall Thursdays. Leaves 9.15am for 1½hr walk. Route varies. Join us whenever you can. Some members cycle. Lynley 540-2292.

Ruby Coast Run Club runs most mornings. Find us on Facebook or contact Debbi 027 327 4055.

Catalyst 5k run: Thursday nights 5:30pm. Contact Debbi 0273274055

Re-cycle Printer Cartridges at the Library. Printer & Photocopying cartridges accepted. Reduce waste, raise funds for the Library. Two good reasons!

Fibre Craft Sunday. Birch Hall, Richmond A&P Showgrounds. Last Sundays 1.30-3.30pm. Learn to spin, knit, felt or weave. \$5 includes tea or coffee. All ages welcome. Richmond Creative Fibre Group: Diane 547-6517 or Karyn 544-9709

RSA: Anyone interested in joining Moutere Hills RSA is welcome. No former service history required. Great platform to catch up & meet new members. Nic Poultney 021 220 3920 or 548-4420

Intermediate Club Year 6-8: 3-4pm at Hills Community Church. Food, fun & Hangout. Contact Mark Waweru 020410 48 799

Community Youth club. Year 9 -13 youth. 6.30-8.30 most Fridays at Māpua Hall. Contact: Mark Waweru 020 410 48 799. Funded & co-ordinated by HCC.

Taoist Tai Chi Beginning class Tuesdays 1.30 - 2.30pm. Continuing class Wednesdays 12.30 - 2.30pm. All welcome. Enquiries 545-8375

Tasman Golf Club welcome new golfers to Kina Cliffs for local golf experience at realistic cost, the best in Nelson. Coaching available. Info: Derek 540-3364 ev, or Claire 03 526-6819.

Daytime Book Group: Meets first Tuesdays 9.45am. New members welcome. Gaye 03 526 6827

Toy Library: extensive selection of toys, puzzles & videos for children 0-5yrs. Māpua Hall every 1st & 3rd Tuesday, 10-11.30am & 6.30-7.30pm. Phone Anja, 544-8733, about membership or casual hire.

Coastal Garden Group meets 1pm first Thursdays, Tasman Bible Hall (opp. Jesters). Men and women most welcome to share their love of gardening. Guest Speakers, Workshops, Garden Visits. Ph 03 970 0565

Sing Your Lungs Out! Free community singing group for anyone with respiratory issues, morning tea. Singing improves your lung health! 10am Mondays, Te Awhina Marae, Pah St, Motueka. Pip 0274 282 693

Māpua Craft Group: Fridays 10-noon, supper room, Hills Community Church. Simple craft work, occasional guest speakers, demos & outings. A social, a cuppa, some easy craft. \$2 + koha for materials.

Ruby Coast Newcomers Social Group: meet new people, make new friends. Coffee 10am last Fridays at Tasman Store & occasional social events. Just turn up. Vivien/Richard 526-6707, vpeters@xtra.co.nz

Tasman Area Community Association (TACA) 7.30pm last Thursdays (except Dec) at Tasman School. Residents of Ruby Bluffs to Tasman & Kina are welcome. Info: www.tasmancommunity.org.nz

Technical problems solved! - Can't set up something new you've bought? Need computer tuition? Local help is at hand! Web design and mobile app creation also available. Call Sam, 03 544-0737, sam@sambennett.co.nz.

Club Notices are free. Others by gold coin donation to one of the distribution boxes.