



## Māpua Boat Ramp

### To all Māpua and other local residents

Between 26 January and 26 February 2024, the Tasman District Council (TDC) will be publicly notifying the application for resource consent on behalf of the Māpua Boat Ramp Community Trust, through the TDC Newsline (the council website).

This consent is for a new boat ramp, a new community building on Waterfront Park (which will house the Tamaha Sea Scouts and other aquatic sports people), and use of

top of the cap. The building will be built on the existing carpark site. That carpark will be relocated onto Kite Park. The ramp will be out from and alongside the southern boundary. The pétanque court will be moved sideways by a few metres.

- There will not be boat washing facilities, as this can be very noisy.
- There will not be a pontoon built.
- There will not be overhead lighting along the ramp.



part of the parking space in Kite Park for trailer parking. The Trust understands that the trailer parking is mostly required prior to midday, due to sea conditions worsening with the sea breeze in the afternoons.

Many of you were approached a year ago and signed a survey in favour of the project going ahead. In fact, over 90% of those who responded to the survey supported the boat ramp, building and parking space usage plans. The Trust is very grateful for that level of support.

As local residents, the Trustees asked for this consent to be publicly notified, because we do not want to force this on the community. We are aware however that there are some people who oppose this project, including some of those living close to the site. We acknowledge that the development may not be everyone's preference. In order to clear up any confusion or misunderstanding, please be aware that:

- The Council are contributing up to \$700,000 plus GST for the planning and construction. The balance will be provided from fundraising. Rates will not be affected by the project.
- The clay cap under the ground protecting the land from the chemicals from the old FCC site will NOT be broken, as the ramp and the building will be built on

- Hours of use are approximately 4.30am to 10pm summer times, 05.30am to 9pm winter.
- Walking access along the shoreline will be maintained.
- The Trust is a community charitable Trust which will be leasing the fee simple land from the council, but the Trust will own the assets.

Here is an extract from part of the application.

#### 4.19 Conclusion as to Environmental Effects

The proposed boat ramp is in an existing highly modified environment and the adverse effect on the coastal environment should be less than minor. The proposal sea-scout / community building will blend in with the existing environment of the Māpua Wharf area. The FCC site will be managed to ensure there is no contamination risk to the Coastal Marine Area. The proposal will ensure that the ecology of the coastal marine area will not be adversely affected by the proposal.

Boating provides for the social well-being of many families in the surrounding Māpua area, and the proposal will provide an important recreational activity in the district. The OCEL report (Appendix 15 & 15A) has confirmed that the boat ramp can be constructed safely in the specified location and used by boat users without

# Moutere Hills RSA Memorial Library Māpua Community Library

Happy New Year to everyone and especially all our members and supporters who continue to champion our wonderful library.

Prior to Christmas we held our annual Xmas Raffle which raised \$1,319; amazing result, so special thanks to all who purchased tickets and congratulations to the four lucky people who won hampers and the Christmas cake.

On 2 January we held a book sale out on the lawn in front of the library. It was a wonderful sunny day and there were many holiday makers milling around. A total of \$825.00 was made, so a great contribution to our book funds. There are still plenty of books available for sale, so pop on down to the library if you need some holiday reading.

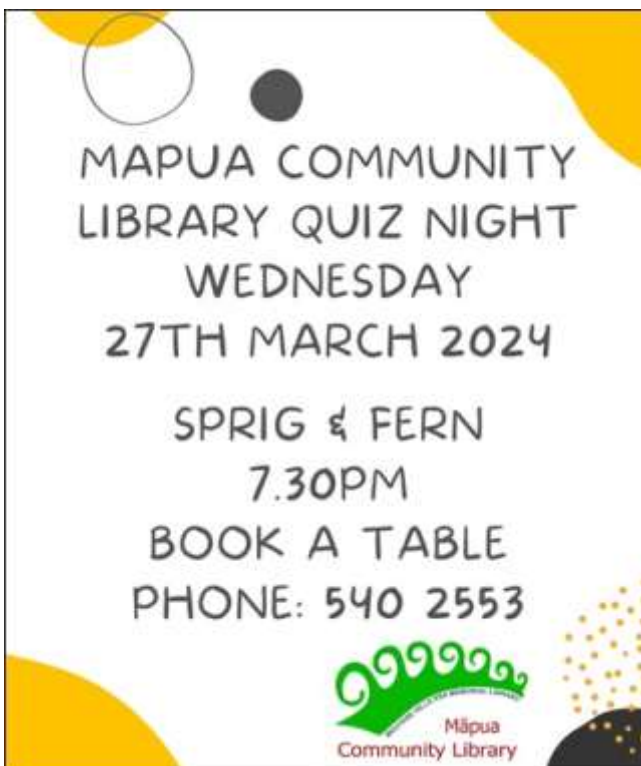
The library has been fairly busy, and I think with this hot weather people are finding a nice shady spot and relaxing with a book. What better way to spend an afternoon.

Pop on down to the library and check out the new exhibition by Ann Bannock which runs from 17 January through to 26 February.

Ann is a multimedia artist, working from her studio on a rural property in the Orinoco Valley. Her work has been exhibited around New Zealand and London and she has had nine entries in the NZ Wearable Art Exhibitions as well as awards in the Tasman National Art Awards.

We have two public holidays coming up - Monday 29<sup>th</sup> January (Nelson Anniversary Day) and Tuesday 6<sup>th</sup> of February (Waitangi Day). The library will be closed on these days but otherwise we are open seven days per week from 2pm - 4.30pm.

*Helen, Ph. 0223990075*



MAPUA COMMUNITY  
LIBRARY QUIZ NIGHT  
WEDNESDAY  
27TH MARCH 2024  
SPRIG & FERN  
7.30PM  
BOOK A TABLE  
PHONE: 540 2553

Māpua  
Community Library

*Boat Ramp—Continued from page 1*

being adversely affected by tidal flows in the Māpua Channel.

The impetus for this project will be known by most people. There was a boat ramp constructed next to the existing wharf at the Ngaio Park site in 1988. It was the original Boat Club which lobbied the Nelson Harbour Board to save the wharf from demolition. But due to the expansion of the commercial area in the 2010s, it became an unsuitable place to use, due to health and safety. Various people promised a new site over the years, but it didn't eventuate. The Sea Scouts are being squeezed out of their rooms on the wharf.

This is now our opportunity to reestablish a safe, all weather, all tide launching ramp. The new facilities will allow the scouts to engage with more of our young people.

We have a website you can refer to <https://mapuaboatramp.org/> or visit TDC Newsline Website.

Please take the time to make a submission on the council Newsline site in favour of the consent being approved.

On behalf of the Trust, boaties, current and future residents,

*Andrew Butler, Trevor Marshall*



**Ruby Coast Arts Trail Open Days**  
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10 to 4 pm on 24 and 25 February.  
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### Māpua Community Carols - Looking back

You will be reading this some weeks after our Community Carols event which happened way back on December 14<sup>th</sup> 2023.

The organisers would like to say a big "thank you" to all of those who joined in the celebration. What a great community atmosphere there was.

Thank you so much to the awesome Māpua School Choir, Māpua Community Choir and of course, the wonderful Motueka District Band who so kindly give of their time each year.

We hope that you enjoyed the Christmas Story with a rather "confectionary" style theme 😊

For those of you who were unable to get to the Wharf, we hope that you enjoyed the carolling around the village.

How fortunate we were with the weather. The sun shone on Māpua! Our Community Carol event has been running for over 10 years and we have always been blessed with wonderful weather.

We would also like to let you know that a donation of \$159 was made towards the Nelson Women's Refuge:

*"We are grateful to have received the donation of \$159.00 from the Māpua Community towards helping the families who we assist through our service."*

*Ngā mihi, Lovey Laiseni*

*Administration Specialist/Nelson Women's Refuge*

So, we wish you a very happy and peaceful New Year and look forward to our next Community Carols in December 2024!

### What's on at Hills Community Church?

#### Sunday

**Morning Service** - followed by Morning Tea - 9:30am

**Youth Group** – 6:00pm to 8:00pm

*Food, fun, fellowship, friendship.*

#### Wednesday

**Senior Moments** – second and last Wednesdays each month. 10:00am to 12:00pm

*Friendship, food, events and information.*

**KidsnKoffee** – Community Playgroup - 10:00am to 12:00pm

*A great space for all the whanau*

#### Thursday

Prayer and coffee – 10:00am

*An opportunity for prayer, discussion and a chat*

#### Friday

Craft and Coffee – 10:00am to 12:00 pm

If you love all things "crafty" then come along and join the group

#### Throughout the week

Life Groups

Drop in for coffee, chat or just a quiet space.

#### For more information contact:

Hills Community Church, 122 Aranui Road

Phone 03 540 3848, office.hcc@xtra.co.nz

[www.hillscommunitychurch.org](http://www.hillscommunitychurch.org)

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7pm to 7:30pm  
Hills Community Church

For further information contact:  
Hills Community Church 03 540 3848





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## Our latest news & adventures



### Friendships & Fun on our Holiday Programmes

What we love seeing most of all on our programmes are the strong friendships that are forged through shared adventures in the outdoors. After each holiday programme students share their challenges and highlights with us - and so often this is making new friends. Participants paddle-boarded, kayaked, caved, abseiled, built rafts & huts, hiked and adventured their way through summer with us and made awesome friends along the way. Thanks to support from MYD, Rātā Foundation and Lotteries for helping us to make these available to our community! Head to [www.wio.org.nz](http://www.wio.org.nz) to sign up to our newsletter to hear about the next programmes.

### Winners at the Sport Tasman Awards!

We were super excited and incredibly humbled to be the recipient of the Rātā Foundation Award for Diversity and Inclusion at the 2023 Sport Tasman Awards for our project to improve the accessibility of our programmes. Thanks to all the support that makes this happen!



Coastering Fun for participants on our Junior Journey summer holiday programme

### New Nature Trail On Site

There is a new nature trail around our site that students have been enjoying already on their programmes. There are 9 signs that showcase points of interest at Whenua Iti, introduce native species, a significant Atua, and encourage exercise and reflection! Thanks to Gavin Bishop, the signs also feature his beautiful artwork from his book 'Atua'. Thanks also to funding from Lottery Environment & Heritage Fund for their support.

### The 'White Whale' hits the water again

We were stoked to see our 'Dobbie double' prototype back in the water this holidays after some fibreglass repairs made by Bryce from Nelson Carbon Fibre Repairs. This kayak has been part of the Whenua Iti kayak fleet for 20 years and now it will be on the water for another 20! Bryce originally worked on this very boat, designed by John Dobbie, which became the sought after kayak design for sea expeditions in the Abel Tasman as they're built to last.



With a few repairs our 'White Whale' kayak is back in the water - ready for another 20 years of adventures

*We'll see you out there!*

[www.wio.org.nz](http://www.wio.org.nz)



# Māpua Community Regatta

**F**ebbruary 18th, 2024

This season's Māpua Community Regatta is earlier than usual due to the timing of suitable tides and avoiding other events. The action on the day will start with the briefing for all participants at 10-30 am.

The emphasis this year is going to be on motivating the locals to participate, led of course by our Māpua Boat Club members! The event is open to all, and Boat Club membership is not required.

The Power Boat event has been re-jigged and is expected to attract more entrants.

Many people avoid boating activities in the Māpua channel due to the swift currents and many moored boats. The idea of the Māpua Community Regatta is to use the Māpua Channel at low tide when it is at its friendliest. By choosing the day with the smallest high tide, and therefore the highest low tide, we have a forecast total movement of just 1.8m from high to low. This water flow still takes 12 hours to come and go, and this means a slow current, and a long period of slack water. These are the conditions when the events will take place.

There will be two events for Sailing, Kayaking, Paddleboarding and Radio Control yachts as usual, but the Power Boat event will have a twist. Open to boats with motors of all sizes, after completing the course up the Channel and back, each entrant has to catch a fish before finishing! Points will be awarded for First Home, heaviest fish, and longest fish, and the event will be won by the boat with the highest combined score. There will be a time limit, and the fishing area will be inside the Rabbit Island beacon.

The feature event will be the Māpua Cup. This is an America's Cup replica raced for by the Māpua Boat Club and the Tamaha Sea Scouts, rowing Standard Sea Scout Cutters. Last year the race was won by a Tamaha crew,

ending the boat club domination of the last few years. This year should provide a great show of skill and priceless entertainment for the rowers and spectators alike.

This is the chance to get your kayak, paddleboard, or centreboard yacht out of your back yard, and to join in the fun with your friends and neighbours.

Entries will be taken on the wharf from 9-30am. Entry fee is \$5 per boat.

The event will be hosted by Māpua Boat Club, whose members will set the courses, man the patrol boats, and run the events. They will be assisted by the TDC Harbour Master in his Patrol boat "Sentinel".

Along with Tamaha Sea Scouts the Boat Club will have a sausage sizzle going on the wharf for spectators and entrants.

Get your boat out and come and join the action!



**MĀPUA COMMUNITY REGATTA**  
**FAMILY FUN DAY OUT**  
 Sunday 18th February  
**10am-2pm**  
**Māpua Wharf**

**ENTRIES PRIOR OR ON THE DAY FROM 9AM**

**Classes:**  
 Outboards  
 Open sailing craft  
 Kayaks  
 Paddleboards  
 RC Yachts (from Floater)  
 Māpua Cup  
 (Boat club vs sea scouts - rowing)

**ENTRIES/ENQUIRIES TO:**  
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 mapuabcsecretary@gmail.com

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# Māpua Health Centre news

We warmly welcome Dr Shamini Mahadevan as our new GP registrar for the next six months. As Dr Sophie-Lee Mace is on maternity leave, we are delighted that our previous registrar, Louise Darwin, is willing to stay on as a locum to fill the gap. Also, a reminder that evening clinics with Dr Andre Bonny are now on Wednesdays from 6-8.30pm.

Not only is it Aotearoa Bike Challenge month but it is also Heart Health Awareness month. Research reconfirms that ultra-processed, or "junk" foods lead to bad health outcomes. In a longitudinal analysis of more than 22,000 men and women from southern Italy, a diet high in sugar was associated with a 58% increased risk for cardiovascular mortality (Am J Clin Nutr. Dec, 2020). On the other side of the diet spectrum, a Pesco-Mediterranean diet consisting of plants, legumes, nuts, whole grains, extra-virgin olive oil, moderate amounts of dairy products, and fish and/or seafood, together with intermittent fasting (also called time-restricted eating), can reduce the risk for cardiovascular disease (J Am Coll Cardiol. Sept, 2020).

Physical activity also reduces cardiovascular risk. A study from Oxford, UK, of close to 500,000 people without CVD at baseline found that total physical activity related to work, recreation, or utilitarian needs such as walking to do errands was associated with a lower short-term risk of developing CVD.

For instance, with one extra hour of brisk walking per day people had a 5% to 12% lower risk of developing different types of CVD during the 7.5-year follow-up (JAMA Cardiol 2017). Even previously sedentary adults can restore the heart's elasticity and forestall the development of heart failure with a programme of gradually increasing aerobic exercise that went up to 5-6 hours/week of moderate exertion by 6 months (Circulation. January 8, 2018).

And learning to relax better can have benefits as a meta-analysis showed that mindfulness-based interventions are effective in improving outcomes of heart diseases (Medicine.2022 Sep 30;101(39):e29649).

Some of the events for the month:

- 1-28 National Heart Health Month [www.heartfoundation.org.nz](http://www.heartfoundation.org.nz)
- 1-28 Aotearoa Bike Challenge month [www.nzta.govt.nz](http://www.nzta.govt.nz)
- 2 World Wetlands Day [www.wetlandtrust.org.nz](http://www.wetlandtrust.org.nz)
- 4 World Cancer Day [www.worldcancerday.org](http://www.worldcancerday.org)
- 6 Waitangi Day anniversary
- 11 International Day of Women and Girls in Science [www.un.org](http://www.un.org)
- 20 World Day of Social justice [www.un.org/en/events/socialjusticeday](http://www.un.org/en/events/socialjusticeday)
- 23-24 Big Heart Appeal [www.heartfoundation.org.nz](http://www.heartfoundation.org.nz)



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## MDCA news

A relatively short meeting, the 11 December MDCA General meeting saw a continuation of the discussion on the Streets for People initiative, particularly the cycling paths, identifying that cyclists, in the “CBD” part of Māpua, can now “claim the lane” in the areas marked with the “sharrow” cycling sign on the road.

The suggestion that the Great Taste trail shift from the recreational area to the new extension of Toru St is unlikely to happen in the near future, if at all.

The TDC consultation with the Māpua community on the 2<sup>nd</sup> stage of the Māpua Masterplan will begin in February with “drop in” sessions.

The MDCA proposal put before the TDC for a facilitated public group meeting that would allow refinement of local input, has been turned down. However, the TDC community consultation on the revision of the TDC 10-year plan will involve a presentation at a future MDCA General meeting; a presentation that we hope will clarify the relationship between the Māpua Masterplan and the Long-Term Plan.

Just to add to the plan complexity, the Tasman Environment Plan Land and Freshwater proposal (aka Mountains to the Sea) is also currently going through community consultation.

If you feel this is all too complex, the overarching framework of all this work will change, most likely significantly, with the new governments proposals to change the law and regulations around a wide range to environment and development legislation. Complexity and uncertainty make a council’s job unenviable.

Following on from the successful Dominion Flats 10-year anniversary, there has been discussion on the renaming of Dominion Flats with a few proposals being put forward. Any decision will have to involve TDC governance and take into account the nature of the area, its history and the opinions of the community and tangata whenua.

Otherwise, with the new year well into swing the MDCA hopes to have a presentation on community led regenerative housing for a coming meeting and similarly some First Aid/AED use training.





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### Wheel Alignment

-Keeping straight on the road-

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Small incremental changes in your vehicles wheel alignment will alter how the vehicle performs, affecting how long your tyres last and can cause problems driving.

Computerised wheel alignment testing equipment uses four sensors, one attached to the rim of each wheel. These sensors communicate from rear to front via an optical beam to the base computer unit.



A sensor attached to the rim of a front wheel. The base computer unit is in the background with a graphic image on the screen showing the current alignment settings for this vehicle.

The base unit screen can display a table or graphic illustration of each wheels position. This enables a direct comparison to be made between the vehicles current measurements and those of the manufacturer.

The skill is in knowing how to make the correct adjustments and may also require the replacement of worn or damaged components to correct alignment.

As adjustments are made the technician can quickly see the impact of these on the screen.

	Left	Right
Front		
Corner	-0.32°	-0.67°
Cross Camber	0.15°	
Steer		
Steer-Track		
SA		
Steer SA		
Toe	1.26 mm	1.66 mm
Wheel Toe	0.76 mm	
Rear		
Corner	-0.79°	-0.50°
Cross Camber	0.35°	
SA		
Steer SA		
Wheel Angle	0.15°	

Table showing wheel alignment settings



Graphic illustration of wheel alignment settings

We recommend the wheel alignment is checked annually.

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# Māpua Village Bakery

## Staff Update



Charlotte here. You will see me at The Bakery most days, serving on the tills, making coffee and helping out the back. I can honestly say that the customers are the best part of my job and I love seeing the regulars coming in and having a chat with them (you know who you are).

I moved to NZ 10 years ago from Australia after falling in love with a kiwi and we have lived happily in Mapua village with our one-eyed cat Meg for almost 8 years now.

Since I was about 16 I have had a love for collecting beautiful and unique used clothing and I have quite a large and diverse wardrobe! My other passion is travel and I have visited 23 countries with more to come! Holiday leave please Eric and Barbara?

## Pet of the Month



This is Pio. You can find Pio almost every day at the bakery hanging out with his dad Bill. No need to offer him a biscuit though, he's probably on the third one of the day already!

When not at the bakery Pio is either spending quality time with his parents watching TV, or playing with his best toy, Moosie. Sometimes he does

both at the same time!

Pio knows he's a special pup but that hasn't gone to his head and he'll let anyone give him a pet. In fact this isn't even his first Pet of the Month award. How's that for a special pooch!

## New Product



The Mapua Village bakery recently tasked our baking team with coming up with some crackers to sell alongside our cheeses. One of our bakers, Luke, came up with this special little cracker.

It's a nice hard cracker with a great snap. It's thin, and meant to be broken up for eating. Of course, it goes amazingly with all our cheeses.

The cracker itself contains some sesame and nigella seeds, and is topped with a sprinkling of parmesan for flavour, so no added salt or additives.

Next time you're picking up a cheese make sure to give our new crackers a shot. Just \$3.50 a bag.

## Special Orders



Just a reminder we're happy to take special orders and requests.

There's a list of standard celebration cakes at the bakery and they can be decorated with writing added as needed.

We're happy to listen to other ideas as well.

We're not a specialty wedding cake bakery,

but for a birthday or office party we can provide something delicious just for you.

If you're planning an event, no matter how small, it pays to order in advance even if we regularly stock the bread, cake, pie, or pastries. We run out of most things every day, so it pays to reserve whatever you need in advance, so we have it for your special day. Just ask the front of house staff and they'll be happy to help you make your pre-order.

# The Write Bias

## News from Māpua Bowling Club

**M**iddle of January already with events in December fading in the memory banks!

The Christmas tournament sponsored by Countdown on Monday 11 December was a great success with a full green, some excellent bowling and a lot of fun.

The winning teams were:

**First Place:** John Greaney, Kristine Greaney and Dianne Potts from United

**Second Place:** George McGeady, Murray Foskett and John Hills from Takaka

**Third Place:** Steve Delaney, Abe Van Wyk and John Hanton, a composite team

The Christmas party on Saturday 16 December was a time to let down the hair, dress up in silly gear, play some fun bowls and generally make merry.

A December highlight took place on the 21<sup>st</sup> when club member, Alfie Linn took on ex-world champion, Shannon McIlroy. We were indebted to Shannon and his wife, Amy for joining us at Māpua for this bowling fundraising event. The match had been organised to try to raise some money for Alfie to represent New Zealand in table tennis in the forthcoming SU-DS Trisome Games in Turkey.

The audience participation was voluble (to say the least) and the match was played in tremendous spirit. The



final result, 10 points to Shannon and 8 points to Alfie, really didn't matter. It was all about taking part and raising awareness.

If you would like to help Alfie get to Turkey donations can be made at the Give-a-Little page. [givealittle.co.nz/cause/help-alfie-get-to-turkey-to-play-table-tennis-at](http://givealittle.co.nz/cause/help-alfie-get-to-turkey-to-play-table-tennis-at)

More fun happened on Saturday 6<sup>th</sup> of January when club members joined friends and family of Colin Pryke to celebrate his 90<sup>th</sup> birthday. All arrangements had been made in secret, but was Colin fazed when he entered the Clubroom? He was not! He took it all in his stride as if it was just another birthday and we all enjoyed drinks, nibbles, a fabulous chocolate cake and the usual birthday singsong.



Now we are in the second half of the season with lots of bowling to look forward to and club championships drawing to their conclusion. The Club is still happy to welcome any new bowlers; please come along, borrow equipment, and give it a go.

Leisure Bowls happens at Māpua Bowling Club every Monday evening starting around 6pm. New bowlers are more than welcome to come along and join the fun with all equipment provided. For further information please contact Rose Barnes on 0211 111 1003 or [rosebarnes1110@gmail.com](mailto:rosebarnes1110@gmail.com)

For any information about bowling, coaching, the Friendship Group or booking the Clubhouse and facilities, please contact the secretary, Di Blanchet on 03 540 2627

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# MĀPUA HALL NEWS

72 Aranui Road Māpuā | māpuabookings@gmail.com | 03 5402330

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9.00 am <b>SUPERB DANCE</b> Move Good Now	9.00 am <b>PANZ</b> Pastel Artists of NZ	8.30am <b>AEROBICS</b> With Lynda	9.30am starts 15th Feb <b>YOGA</b> with Charlotte	8.30am <b>STRENGTH /CARDIO</b> With Lynda
	9.00 am <b>SIOUX LINE DANCE</b>	9.15 am <b>SLOW YOGA*</b> with Nikki	9.30am <b>MĀPUA ART GROUP</b>	9.15 am <b>YOGA</b> with Martin
	10.00 am <b>MĀPUA CREATIVE FIBRE</b> 2nd Tuesdays	9.30am <b>PILATES</b> With Lynda		9.30am <b>PILATES</b> With Lynda
		11.30am <b>TAI CHI</b> <b>INTERNAL ARTS</b>		
		1.30am <b>CHAIR YOGA</b>		
5.30 pm <b>BROGA YOGA*</b> with Nikki	6.00 pm <b>STRENGTH / CARDIO</b> with Lynda		7.30 pm <b>MĀPUA COMMUNITY CHOIR</b>	
7.00 pm <b>MĀPUA HALL SOCIETY</b> Meeting 3rd Mondays	6.00 pm <b>YOGA</b> with Martin			
7.15 pm <b>MDCA PUBLIC MEET</b> 2nd Mondays				

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Tai Chi and more*

**February Dates to note**

29th Feb Nelson Anniversary Day  
6th Feb Waitangi Day

**Membership:** 1st April - 31st March

From \$20 per person  
Visit our website to register for  
Māpuā Hall Society Membership,  
benefits include:

- Hall Society E-Newsletter
- Regular activities info
- Event news
- **Pre-sales** for Māpuā Hall Society events such as **PechaKucha**
- Vote on matters at the AGM
- Financial support for your Hall.

## Hall Society News Feb 2024

### Bill Marris room in the Mapua Hall needs Strengthening

Just before Christmas it was observed that the structure carrying the ceiling and roof above the Bill Marris room was badly damaged. A structural engineer was called in and concluded that it was unsafe to continue to use the room until emergency repair works were carried out.

Following that these works were scoped and completed in the first week of January thanks to a few local builders.

The result is that the room now has four temporary pillars in the middle to support the sagging ceiling and roof.

We are working with our users, who have shown great understanding for this issue, to work around the changed usability of the room. Now more definitive repair works need to be prepared. This will take time and is depending on many variables such as the scope of work, the costs and funding (incl insurance).

We will provide updates through the coastal news, facebook page and newsletter.

Thanks again to local tradespeople and our users for helping us over this time.

**Check our Facebook page for all event details:**



@MapuaCommunityHall  
www.MapuaHall.org

Ladies: Come & Join Mapua Craft Group  
 1st & 3rd Fridays, 10am to Noon  
 Feb 16; Mar 1, 15; Apr 5, 19; May 3, 17; Jun 7, 21.  
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\$2.50 per cm up to 6 cm	\$3 per cm up to 10 cm
\$4 per cm over 10 cm	\$48 ¼ page
\$60 ½ page	\$80 full page

With 20% discount for long-term advertising (3+ months) and prompt payment by internet banking only. The deadline is the 20<sup>th</sup> of each month with each issue coming out on the 1<sup>st</sup>.  
 There is no separate January issue.  
 E: [news@coastalnews.online](mailto:news@coastalnews.online) for more information.

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**Mapua** 105a Aranui Rd 03 540 2068  
**Motueka** 2 Wilkinson St 03 528 8880

**Kat Young**  
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Mapua Hall

New! Beginners/Recovery:  
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Prof. Member Health Coaches Aust & NZ Assoc



the  
playhouse

**February at The Playhouse**

**Thurs 1st Feb:  
MY BABY**

**Sat 3rd Feb:  
Miami Mice  
Hair Metal Madness**

**Fri 9th Feb:  
Booze and Craic  
Irish and Scottish  
Comedy Night**

**Friday 16th Feb:  
The Forge  
Band from the Bay**

**Sun 18th Feb  
Adriano Sangineto  
Creative Italian Harp**

**Fri Feb 23rd  
Paul Madsen's 7 Star Salute**

**RIBS NIGHT Thursdays!  
Feb 8th, 15th, 23rd and 29th  
call 5402985 for bookings**

## Ruby Coast Running Club

For our first report of 2024 it seems appropriate to introduce our club. It is the season of putting those new year's resolutions into practice after all. Whether you have resolved to start, or to get back into walking or running, to be more active or to meet new people, we might be just the group for you.

We are a very informal and sociable walking and running group.

While we do have a club uniform – you may have seen us in our blue t-shirts – there are no membership fees. We run a regular 5km event every Thursday evening.

Each week we run one of seven different courses, each of which starts and finishes in front of the playground next to the Mapua Community Hall. They are timed events, thanks to our volunteer timekeepers, so you can track your progress each week.

If you would like to join us, come along. Just look out for our blue flag. Walkers and any runners that need more than 30 minutes to complete 5km start at 5.15pm and all other runners start at 5.30pm. Just come along a few minutes before the start time to sign in, and also to listen to the course briefing.

There is also a longer run most Saturday mornings. This is generally anywhere from about 10km up to around a half marathon distance. The route and start times vary (we start earlier in summer), but we nearly always start and finish by Java Hut. While our Thursday runs are timed events, our longer runs are much more informal, and at a much slower pace.

In terms of the social side of things, we enjoy refreshments at the Sprig & Fern after our Thursday runs. Our Saturday runs finish with a coffee at Java Hut.

We also regularly attend running events around the region as a group. Not only is it convenient to carpool to these events, but it is also great to have the camaraderie and support of the group cheering each other on.

The most recent of these events was the aptly named Wakefield Roaster, a hilly 10km and 5km event which took place on a very hot and humid Saturday afternoon in Wakefield. It really was a roaster! We had a keen and hardy group attend this year. Everyone ran well and enjoyed the challenge. The refreshments afterwards were particularly well earned and appreciated.

If you would like to find out more about us, you can find us on Facebook: Ruby Coast Running Club.



RCRC runners James, Debbi, Mark and Christine at the Wakefield Roaster

## Māpua Masterplan

**Options for discussion this February**  
Following the great response from the community, we are moving forward with the next step in the process of developing a masterplan for Māpua.

We're extremely grateful for the support given and the feedback provided during our initial round of engagement, which included a busy two days of drop-in sessions in September 2023.

Key issues include, among other things, a requirement for more housing options, more business land and/or improved walking and cycling connectivity.

Through the 1000 pieces of feedback provided, staff have processed and analysed your comments.

Very soon, we will be taking a range of options out to the community for further discussion.

It is important to clarify that nothing has been pre-determined at this stage and that any suggestions that we are putting forward are only options for consideration.

We are now preparing for the second round of engagement which will take place at the Māpua Community Hall, 72 Aranui Road, on the following dates:

- **Saturday 10 February 10.00 am – 3.00 pm**
- **Thursday 29 February 2.00 pm – 8.00 pm**

Your support is important in helping us address the issues and opportunities that have been presented. We will also welcome comments that are provided to our Shape Tasman page during this period.

From here, we can produce a final masterplan that reflects the views and aspirations of the Māpua community, and which will be implemented through methods such as plan changes and Long-Term Plan funding.

We are looking forward to seeing you at the February sessions. Look out for more information in the coming weeks or go to [shape.tasman.govt.nz/mapua-masterplan-2023](https://shape.tasman.govt.nz/mapua-masterplan-2023).

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emergentlight.com

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**PHONE NUMBER 021 222 1423**

# Māpua Fire Brigade



## Nov 2023 to January 2024 call outs

16 Nov 12:47: Grass/undergrowth fire started from an incinerator fire on Hoddy Rd. Afternoon winds reignited the fire. Assisted the Appleby Fire Brigade to put out.

19 Nov 06:50: Driftwood on fire at Pinehill Reserve. Fire 1x8 metres. Brigade put out.

20 Nov 16:13: Scrub/grass fire Old Coach Rd, started by a grinder. Brigade put out.

22 Nov 05:46: Alarm activation at Tasman Bay Christian school. An accidental activation. Cleaner on site.

25 Nov 21:01: Logs/rubbish fire on Dominion Rd, burning after dark. No permit on hand. Brigade put out.

28 Nov 11:07: Driftwood on fire at the beach end of walkway beside school. Nobody with the fire. Brigade put out.

5 Dec 11:50: Smell of gas on Māpua Dr near Higgs Rd. Nothing found.

12 Dec 16:23: Tanker to pile of wood on fire on Blackbyre Rd. Multiple Brigades put the fire out.

12 Dec 18:42: Rubbish pile off Aranui Rd, next to the sea wall. Brigade put out. Strong winds had flared up old fire.

16 Dec 19:31: Small cooking fire below high-water line. Left with the person involved.

25 Dec 20:34: Small fire on beach at Kina Peninsula. Nobody with the fire. Brigade put out.

28 Dec 10:21: Permitted bonfire on Te Mamaku Rd. Left with the owner.

29 Dec 16:49: Two-car accident intersection of SH60 and Bronte Rd, Richmond Fire Brigade removed the door of one car.

29 Dec 21:53: Permitted bonfires on Westdale Rd, left with owner. Appleby Fire Brigade investigated.

30 Dec 10:14: Rural unit to a permitted fire Moutere Highway near Flaxmore Rd. Assisting Upper Moutere Fire Brigade.

31 Dec 23 23:59: Call to Broadsea Ave for a bonfire, nothing found.

1 Jan 00:43: Medical on Aranui Rd, Brigade helped with CPR and left the person with ambulance staff.

2 Jan 11:26: Tanker to grass fire Lower Moutere village area. Stood down before arrival.

12 Jan 21:28: Person locked in toilet at wharf area, person got out before we arrived at the station. Stood down by communication centre.

17 Jan 10:09: Car v car intersection of Mapua Dr and SH60, assist with traffic management.

17 Jan 14:37: Car v motor cyclist intersection of Mapua Dr and SH60, road closed. Police investigating.

**Call outs for 2023 = 66**

**Call outs for this year = 6**

## Safety Tips – Be safe.

- Be careful at intersections.
- Careful handling of open flames, candles, barbecues, campfires and braziers.
- Install smoke alarms in sleep-outs, caravans and tents.
- Check gas cylinders for leaks every time you connect or disconnect them. Check all cylinder and hose fittings to ensure the connections have been correctly fitted, are tight and undamaged.
- Go to the “Check it’s Alright” web site to see if you can light a fire. Most fires in this area need a permit.

**For fire safety info go to** - <https://fireandemergency.nz/>

**For fire permits go to** - <http://www.checkitsalright.nz/>

We have had a few members who have left recently and are looking for some new members to join the brigade, who would be available day time. If interested come and see us at 3 Iwa St after 7pm on a Thursday evening.

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# RUBY BAY STORE

## What's On Next

**Friday 2 February 7.30pm**

**Robert Zielinski & Manuela Centanni** Here to play from WA, the pair present Irish music, both traditional and original. \$25

**Saturday 3 February 7.30pm**

**South for Winter** A world-touring, genre-bending trio of multi-instrumentalists combine acoustic duets, foot-stomping folk and murderous blues ballads. \$25

**Saturday 10 February 7.30pm**

**Winter Wilson** Original folk/rock from Lincolnshire's Kip Wilson and Dave Winter, who've toured with Fairport Convention. \$25

**Saturday 17 February 7.30pm**

**Charlotte Squire** Golden Bay singer/songwriter tours her show 'Together'. Audiences are invited to join in on originals and covers. \$20

**Sunday 18 February 7.30pm**

**Monthly Classic Movie Night: *Goodbye Pork Pie*** 1981 comedy directed by Geoff Murphy, written by Murphy and Ian Mune, R13. \$15/\$12.

**Friday 23 February 7.30pm**

**Comedy Showcase Special** Expect a fresh bunch of laughs from this special line-up of local and Christchurch comedians. \$25

**Saturday 24 February 7.30pm**

**Nelson County Playboys** Clayton (Early Bobs) Taylor, Nathan Torvik and John Ray with some Steve Earle and Americana favourites. \$25

**For bookings, updates and more info visit**

**[www.rubybaystore.co.nz](http://www.rubybaystore.co.nz)**

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# Book Reviews

## Four young people I admire

Four autobiographies written by four young New Zealanders which reflect very different backgrounds and very different challenges, but all share inspirational, gutsy, hardworking attitudes to their lives

Joyce Bullock

### “One of Them” by Shanell Lal

The youngest of the group is Shanell Lal. At just 23 years of age, he was the New Zealander of the year in 2023. He has dedicated his life to fighting for the rights of those who, like him, seek to live the life they deserve.

As a preschooler in a little village in Fiji, he was very happy playing with his little sister and their dolls and dressing up in their grandmother’s saris. He is of Indian and Fijian descent.



On arrival at school his world was turned upside down. Recognition that he was different resulted in him being banned from associating with girls and his family was condemned because they allowed him to be himself. He was labelled wrong and evil by teachers. Therapy from conservative elders within the church was followed by beatings and torture.

Loving parents relocated to New Zealand in the hope of a better life for their son. Otahuhu College did not have abusive teachers but to his surprise it was often the teachers who suffered from difficult pupils. Despite his obvious ability and excellent results, his schooling was not always a positive experience.

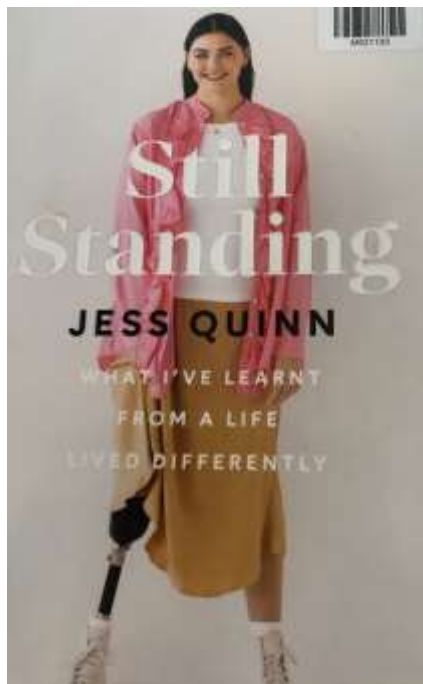
This is the heart-breaking story of a fine, intelligent young man. It is also the memoir of a defiant activist who is not like anyone you are likely to have met.

### “Still Standing” is the memoir by Jess Quinn

Her challenge in life relates to an accident when she was eight years old. In an attempt to stand on a large ball, she fell and did significant damage to her leg. During the healing process huge pain resulted in cancer being diagnosed in her leg. The resulting amputation was one of the first performed in New Zealand in that her lower leg replaced her upper leg. Her foot was where her knee had been.

A gutsy determined child who was loath to complain and who hated sympathy, she battled her way through a childhood where she was unable to run and play the sports she had loved. Gymnastics and netball were impossible.

Prosthetics became very important in her life and learning to adapt and



cope with pain which resulted from friction on her skin became a normal part of her life.

In particular, she reflects on the excitement of finally having a carbon-fibre spring for a foot. She could run after much practice and readers may remember her taking part in, “Dancing with the Stars,” on television.

Modelling and exciting experiences have been part of her life but over the past few years she has been severely challenged. She shares with the reader all the ups and difficult downs of her life over the past 23 years.

She has worked to promote issues she feels are important and was proud to raise \$55,000 for cancer when dancing with the stars. She is hugely grateful to her loving parents who have supported her through her life and describes her sisters as her best friends.

Hers is another life lived differently. A young woman to be admired.

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# Book Reviews

## “Straight Up” by Ruby Tui

Most readers will know something of this inspirational, delightful, positive sports personality Ruby Tui aged 32 years.

Her outgoing attitude to life has resulted in her winning the hearts of many New Zealanders who follow her on the sporting field.

Her decision to write a memoir revealed that she struggled due to an unstable childhood. She was a victim of abuse and grew up within a drug dependant household where she also witnessed significant tragedy. In one period she contemplated suicide, and



she shares how she has overcome negative experiences and focused on the positive aspects of her life.

Significant awards over the years have earned her numerous accolades both as a team member and an outstanding rugby player.

She promotes helping New Zealanders searching for a better life and supports a healthier environment for kiwi kids. She also speaks out about mental health issues within the sporting community.

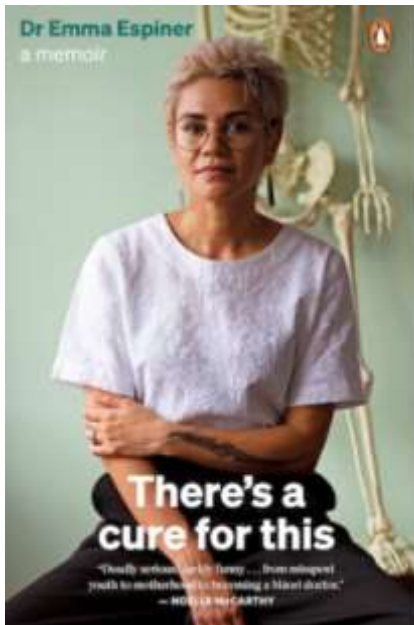
This book was the best-selling book in 2022. A great read.

## “There’s a cure for this” by Emma Espiner

Emma’s childhood was spent with a Lesbian European mother and a Māori father who lived in various rental accommodations. She had positive experiences with both, and it has been her mother who helped with her daughter Nico’s childhood when Emma became a student again.

At University she studied art history because she wanted to be like her awesome art history teacher. Time spent working in parliament reveals some interesting observances about politicians, while in the health field she has very positive comments regarding those she works with.

When their daughter was born, she assessed her life and decided she wouldn’t be happy to tell her daughter what she was doing in the work force. She was working for a corporate firm who head-hunted six figure salary earners.



She evaluated her check list and found that medicine was the only area that sounded right.

Her first year was daunting as she competed with 1400 students in Auckland for 300 available spots at Medical School.

The following years continued to be very demanding, and it is an insight into the life of a young, overworked doctor. She noted that medical life was like coming home. Nurses and doctors with whom she worked alongside earn high praise, and she felt everywhere she worked, the team effort to do the best for patients was evident.

Now after seven years of study and aged 39 years, she plans to focus on Māori health.

I was left believing that she will be a great asset in whatever area she decides to focus on.

He tangata. He tangata. He tangata.

It is people. It is people. It is people.

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The Coastal News is edited by Andrew Earlam, Mary Garner and Trees van Ruth. Views expressed are not necessarily those of the editors. Distributed 1<sup>st</sup> of the month.

Deadline for copy to news@coastalnews.online is 20<sup>th</sup> of the month.

Noticeboard items are a gold coin donation in the collection boxes. Club notices are free.

# Noticeboard

**Textile Workshops** are now open for enrolments including Harakeke flax weaving with Yvonne Hammond here in Māpua on 24/25 February. [www.nztextileexperiences.com](http://www.nztextileexperiences.com)

**Ruby Coast Arts Trail Open Days.** Twelve artists open their studios to the public from 10 - 4 pm on 24 & 25 February. Go to [rubycoastarts.co.nz](http://rubycoastarts.co.nz) for a map.

**Craft Group:** please check with Barbara or Val that meetings are going ahead.

**Stamp & Coin collections** in Māpua/Ruby Bay & the Moutere evaluated & purchased. Nick Ferrier 021 688243

**Pastel Artists Nelson:** meet Tuesdays 9am-noon, Bill Marris room, Hall. Visitors welcome. Marg: 027 257 1857

**Coastal Stringers:** Ukulele & guitar group meet Fridays 1-4pm at Bowling Club. All welcome, just arrive & enjoy the singing. Contacts: Colleen 5403010, Diane 5402627.

**Māpua Women's Rec Group.** Come and join our friendly social walking group. Meet outside Tessa Mae's Thursdays 9.15am. Options for all fitness levels plus activities and social events. [mapuarecgroup@gmail.com](mailto:mapuarecgroup@gmail.com) or just turn up.

**Knit & Natter group** now at Appleshed: 10am Tuesdays. Contact: Debby 027 327 4055

**Local Women's Walking Group** - all welcome to our Tuesday morning walk of 5-7km leaving 9am - call Lynley 03 540 2292 for more information.

**Motueka Toastmasters:** Like to speak with more confidence? Meet 1st & 3rd Weds, 6.45-8.30pm, St Johns rooms, Jack Inglis hospital. Visitors welcome. Info Sierra 027 8444765 or Peter 027 7468311.

**Re-cycle Printer Cartridges** at the library. Volunteers are happy to collect printer & photocopier cartridges and transport to recycling centre. Blue bin in our foyer.

**Tasman Golf Club:** Mixed Social 9 Holes of Golf. Tee off 9.30am Fridays. Friendly group, all levels very welcome. Cost: \$25 for non-members. Ph: Lyndal 03 5266819, [teeup@tasmangolfclub.com](mailto:teeup@tasmangolfclub.com) or just turn up at Kina

**Ruby Coast Newcomers Social Group:** meet new people, make new friends. Coffee 10am last Fridays at Tasman Store and occasional social events. Just turn up. Vivien/Richard 526-6707

**Māpua Community Choir:** 4 part harmony, no audition necessary, small koha, Māpua Hall 7.15pm Thursdays, enquiries Helen: [n-h.bibby@actrix.co.nz](mailto:n-h.bibby@actrix.co.nz)

**Tasman Dippers:** A casual collection of people who enjoy connecting with the open water. Year-round dips or swims in the sea at Rabbit Island. Info: [www.tasmandippers.nz](http://www.tasmandippers.nz)

**Māpua Boat Club** welcomes new members. No boat required. Social nights Thursdays 5.30 - 7pm at Club rooms on Māpua Wharf. Raffles, cash bar, snacks, regular guest speakers. To join, contact Secretary, Katrina 0211393945

**RSA:** Anyone interested in joining Moutere Hills RSA is welcome. No service history required. Catch up & meet new members. Nic Poultney 021 220 3920 or 548-4420

**Māpua Friendship Club** indoor bowls, first & third Mondays. Now at Māpua Bowling Club rooms. Bowls at 2pm, followed by "bring a plate" afternoon tea. \$3 door fee. We are not a competitive bunch and have lots of laughs. For more information contact Val 540 3685

**Māpua Art Group** meets Bill Marris Room Māpua Hall Thursdays, 9-noon. Paint, draw, help each other in a social environment. All levels & media. \$5 incl morning tea. Tables, chairs, easels provided. [mapuaartgroup@gmail.com](mailto:mapuaartgroup@gmail.com)

**MDCA:** Māpua & Districts Community Association meets Feb-Dec, 2nd Mondays, 7pm Māpua Hall; [info@ourmapua.org](mailto:info@ourmapua.org)

**Kids 'n' Koffee Playgroup:** Wednesdays 10-noon during term time, at the old church building. 0-6 year olds. Morning tea provided. Gold coin donation. Info: [pippie.d@gmail.com](mailto:pippie.d@gmail.com)

**Playcentre:** behind the tennis courts at 84 Aranui Rd. Come & play – Mondays & Thursdays 9.30-noon during term time. [mapua@playcentre.org.nz](mailto:mapua@playcentre.org.nz)

**Ruby Coast Running Club:** 5k run Thursday nights 5:30pm. Also runs most mornings. Find us on Facebook or contact Debby 027 327 4055.

**Fibre Craft Sunday.** Birch Hall, Richmond A&P Showgrounds. Last Sundays 1.30-3.30pm. Learn to spin, knit, felt or weave. \$5 includes tea or coffee. All ages welcome. Richmond Creative Fibre Group: Diane 547-6517 or Karyn 544-9709

**Spinners, Knitters, Weavers:** Creative Fibre Group, Māpua Hall, second Tuesdays 10am. All welcome.

**Quakers** meet at Family Service Centre, Motueka 10am 2<sup>nd</sup> Sundays. All welcome. Enquiries: Linda 027 447 6435.

**Toy Library:** extensive selection of toys, puzzles & videos for children 0-5yrs. Māpua Hall every 1st & 3rd Tuesday, 10-11am & 6.30-7.30pm, 1st & 3rd Friday 3-4pm. [mapuatoylibrary@gmail.com](mailto:mapuatoylibrary@gmail.com)

**Ruby Coast Walking Group** meets 9.30am Wednesdays by Tasman Store. Walk 1½ hrs then coffee & muffins back at the Store. All welcome. Fiona: 021 232 6089 for more info.

**Motueka Senior Net.** Tech for mature adults. Monthly meetings. Help sessions 2x/month. De-mystify technology in a fun & friendly forum. Clubrooms 42 Pah St, Motueka. [Seniornetmotueka.org.nz](http://Seniornetmotueka.org.nz)

**Coastal Garden Group** meets 1pm first Thursdays, Tasman Bible Hall (opp. Jesters). Men and women most welcome to share their love of gardening. Guest Speakers, Workshops, Garden Visits. Ph 03 265 1842

**Sing Your Lungs Out!** Free community singing group for anyone with respiratory issues. Morning tea. Singing improves your lung health! 10am Mondays, Te Awhina Marae, Pah St, Motueka. Pip 0274 282 693

**Tasman Area Community Association (TACA)** 7.30pm last Thursdays (x Dec) Tasman Bible Church. Residents of Ruby Bluffs to Tasman & Kina welcome. Info: Facebook or [www.tasmancommunity.org.nz](http://www.tasmancommunity.org.nz)

**Motueka Scottish Country Dance Club:** Weds 7.30pm Lower Moutere Hall Scout den. No partner needed, dress casual, wear soft flat shoes, beginners welcome. Good exercise, lively music. Contact Fay 021 039 3559 or Alison 0220 363 891.

**Nelson Trout Fishing Club:** 7pm 3rd Wednesdays, Fish & Game Rooms, 66/74 Champion Rd, Stoke. Beginner or expert. Courses, field trips, speakers. Open to all ages. Info: 03 5476432, [secretary@nelsontroutfishingclub.com](mailto:secretary@nelsontroutfishingclub.com)

**Club Notices** are free. Others by gold coin donation to one of the distribution boxes. Please make sure they are up to date.

Check out [www.coastalnews.online](http://www.coastalnews.online) to see the issue in colour.