



## \$20 a Household Could Cover Hall Shortfall

Mapua Hall is finally coming of age. More than four years after a major community-run refurbishment, the possibility of the hall being self-sustaining appears to be nearing reality. Years of stellar effort from the various hall committees, users and volunteers has meant we are getting close to breaking even this financial year. This is exciting stuff.

The hall has become a local Taonga or treasure and is home to all kinds of groups that provide services from the cradle to the grave. In 2018 the hall committee would like to see an increased sense of ownership by the community manifested in some form of support that demonstrates our local residents love their hall.

We plan to achieve this by raising awareness of our present financial situation, the current hall management and our goals for the future. We hope to grow community interest in the use of the hall by holding an open weekend mid-year involving the committee and hall users and are considering a celebration to mark the fifth anniversary of the rebuild.

We are extremely grateful to the individuals who make a donation each year towards the hall's upkeep through a voluntary membership fee. This passive involvement is vital in keeping the books ticking over. There are 807 families living in Mapua alone. Imagine if every family in Mapua alone paid \$20 a year. This would amount to over \$16,000 and cover most of the cost of the rates and insurance. If Ruby

Bay, Tasman, Bronte, Kina Beach and Mahana homeowners were included this would be a significant amount of our annual costs covered.

Nelson Building Society, Tasman District Council, the Lotteries Commission and the Rata Foundation are among various organisations that have provided much-needed financial support over the years. Volunteers have contributed by fund-raising and donating hours of labour running PechaKucha (PK) nights, movie and music nights and other events. However, our ultimate aim is that the hall be self-sustaining.

Some readers may be surprised to learn that the hall is not council-run. Our income comes from hall hire, fund-raising and grants. It is also surprising what the running costs of such an organisation are even before the hall earns

*"If each household in Mapua contributed \$20 a year towards the cost of running the hall it would amount to more than \$16,000, enough to pay rates and electricity costs."*

This would mean the hall committee would not have to work so hard to raise funds, sometimes seeing little return for the time and effort put into organising events such as a concert or quiz night. Just think, \$20 is the cost of four cups of coffee—how much do we spend on coffee in a year and think nothing of it?

*Editors*

any money. Our treasurer has done some sterling work last year looking at all our individual outgoings and seeing if a \$100 or so can be shaved off the budget here and there by using different providers.

By the end of the financial year, we expect to have paid more than \$4000 for power and gas, \$1000 for the telephone, \$7000 for commercial cleaning and just over \$7000 in rates. Building warrant of fitness and fire escape monitoring costs more than \$3000 a year and insurance costs a hefty \$10,663 a year. For these and other expenses we are on track for a total of more than \$62,000.

Our income to December has been \$56,024. We were thrilled to hear before Christmas that we have been awarded a \$10,000 grant from the Rata Foundation. Nelson Building Society, Pub Charity and Mapua/Ruby Bay and District Community Trust have also given us grants this year. Our goal is to fund replacement trestle tables and sealing the car park.

Mapua soccer regularly uses the changing rooms overlooking the playing field and the Toy Library has

### How to donate

If you wish to donate \$20 (or more) a year you can see Megan at the office on Mondays, Wednesdays and Thursdays from 9.30am to 12.30pm, or go online and pay to account number Mapua Hall Society 03-1354-0308218-00

a permanent spot at the front. Regular users offer anything from aerobics to dance in all its many forms. Community organisations and various art groups hold their meetings here. Youth Club is held here in addition to Mapua After School Care, the latest group to make a regular booking. A commercial kitchen is used by hirers and rented by a caterer now and then. The hall can be a place to celebrate a special birthday or a marriage and a place to get together after a funeral. Check out our website [mapua-hall.org](http://mapua-hall.org) which provides up-to-date news, information on regular events and booking information.

At present we have eight members on the committee as well as Megan Grove-Roberts, the Hall Coordinator, who works Monday, Wednesday and Thursday 9.30am to 12.30pm. Megan organises bookings, bill payments and the myriad things involved in a hub that can have six separate spaces in use at one time.

If you feel you would like to contribute some of your time and effort or a certain skill set to the hall, then please come and introduce yourself to Megan who will take your name and contact details. All contributions, however small, will be gratefully welcomed. We would also love to see a good turnout for our annual general meeting in June.

*Helen Parry, committee member*

Some of the many users of the Hall are pictured below



Mapua Art Group's exhibition



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# A Tribute to Pat Perry

*(At the December Mapua Community Association meeting "community volunteer superstar," Pat Perry, was made a life member of the association, one of only four. Marion Satherley, an executive committee member, spoke of Pat's contribution to Mapua over the years. This has been slightly abridged. The Editors):*

This evening we acknowledge, thank and celebrate a member of our community for the tireless work she undertook on behalf of this association and our community. Tonight we honour Pat Perry.

Pat is a born and bred Mapuan who married Dennis (alias Honk), another born and bred Mapuan. Together they took over the family business that started as a blacksmith shop by Pat's father-in-law Lionel Perry.

I have known Pat since the mid 1970s when I became engaged to a local lad who was employed by Lionel and the Perry family.

Together Pat and Honk have witnessed Mapua change from a sleepy village when many Nelsonians thought Mapua was in the back of beyond, to the busyness of today.

Back in the 70s and 80s, Mapua consisted of a shop (Mapua Store) and two garages (Perry's in the village and Woollastons on what was then considered the outskirts of the village on the corner where Mapua Country Trading is today.

It was a time when everyone knew everyone and if you wanted to find anything out, all one needed to do was have a conversation with Pat and the team at Perry's or Claude at the store.

And if you wanted to have a local social life you either needed to have kids at the school or join the fire brigade. The fire brigade was the only place in the community you could buy an alcoholic drink, as Mapua was a designated dry area. The nearest pub was either the Moutere Inn in Upper Moutere or the Travellers Rest just on the Richmond side of the Waimea Bridge.

One of the early changes to the village was the moving of a school room from Nelson to be ambitiously placed high on top of stilts opposite Perry Auto to become Mapua's first restaurant, The Inlet.

Both Pat and Honk embraced this adventurous brainchild of Bill and Karen Williams, with whom they become life-long friends.

After the closure of Lime & Marble and the

Fruitgrowers' Chemical works where the now Waterfront Park and the grassed parking area are on the corners of Aranui Road and Tahiti Street, the hot topic for the 1990s became the clean-up and future use of these sites.

In the 1990s the Community Association was known as the Residents and Ratepayers Association. Pat and a team of dedicated Association volunteers formed a strong advocacy group with a vision for the site to be de-contaminated and cleaned up so the land could be invested as a park for the 'public good'.

As association secretary, Pat wrote letters to Parliamentary Ministers, the Tasman District Council and to whoever would aid in getting some action. There was even an association delegation who went to Wellington to present the case on behalf of the community.

Pat's persistent voice was one of persuasion and reason, which is shown through in the many letters she wrote on behalf of the association.

The Pat I know has a strong sense of pride in the community, with a strong desire to keep a village atmosphere along with preserving the uniqueness and essence of Mapua the village. Over the years it has been important to Pat to direct development in a way that keeps the ambiance of a village atmosphere alive.

I believe there are many things we as the present Mapua community residents can be grateful to the vision of Pat and association members of the day. Pat will say she is only one of many who stood up for what they believed in, and this is true.

However, it is also true that without people like Pat, who are prepared to take themselves outside of the comfort of their homes, family and work to dedicate time and energy to go above and beyond for the good of others, nothing much would happen.

It is for this role which Pat selflessly undertook on behalf of the association and community that we wish to recognise, acknowledge and show appreciation to Lifetime Member, Pat Perry.



## Art in the Park -- AEDs in the Village

**M**uch has taken place during the “silly season” of summer in Mapua. The Mapua Community Association’s long-standing effort to commemorate the Touch the Sea aquarium (destroyed by fire in September 2011) was celebrated on 19 December with the unveiling in the Waterfront Park of two beautiful landscape frames adorned with wood and ceramic works of art by Mapua School students.

One frame depicts the well-known boat long featured at the aquarium entrance and Phoenix the turtle that survived the blaze along with fish in all shapes and species. That frame is erected facing the site where the aquarium once stood. The second frame faces over the water the inlet and depicts life on Mapua wharf.



Both frames are beautiful additions to this our special Waterfront Park space and a complete community project. Funds were raised from the community and community volunteers helped bring the idea to fruition through Mapua School pupils, staff and parents. Be sure to come down to the park soon to enjoy these wonderful creations. Though some of the art pieces have unfortunately broken off due to rambunctious sign climbers, repairs are under way.

### Roading and pathways

Steve Elkington, Tasman District Council senior road engineer, informed the MDCA that a start had been made on the new footpath in Higgs Road and when completed work would start on the Aranui Road/Mapua Drive intersection upgrade. This was to have been done in January while the school was closed. Unfortunately, this work is now programmed for late February. However, the good news was there would be less disruption to the intersection due to the traffic island in front of the school being only slightly modified.

The change is because of bringing forward a project to upgrade water and sewer pipes for Mapua in this area. The confirmed alignment of the new pipes will mostly affect the landscape planting of the traffic island so the island won't be fully reconstructed until after the new pipes are laid. The confirmed alignment of the pipes will also allow the intersection be resurfaced sooner, which is over-due.

### Two new AED's in Mapua Village

Just in time for the holidays, two new AEDs (automated external defibrillator) were installed for emergency public use in Mapua Village: outside the Mapua Hall and Mapua Four Square. Thanks to Reinhard Gebhard and his AED committee, Mapua Hall, NBS and TDC (who contributed \$1600 and \$1000 respectively for the hall defibrillator) and our local Four Square for sponsoring and installing these life-saving devices.

### Boat Ramp support

Chairperson Elena Meredith opened the December MDCA monthly meeting with the statement that “the boat ramp is not just a boat club issue—it is a community issue.” There was lively discussion concerning the TDC community consultation process, the decision to not proceed with the boat ramp in the Mapua Waterfront and how the whole community could be more informed about the level of boat use and the need for a ramp. It was suggested that the TDC groups and

harbour master also be involved in finding a solution. The MDCA membership passed a motion that they were in support of and recognises the need for the establishment of a boat ramp in the community.” The issue will be revisited at the 12 February meeting.

### Mapua Drive Sculpture

Marion Satherly said the Mapua Drive Sculpture would be installed in February. This is the second of three Gateway Sculptures (the first being in Tasman). The third is to be erected on Mamaku Drive at the top of Seaton Valley Road. Marion discussed the possibility of a fourth sculpture at the Higgs Road/Mapua Drive roundabout. It's possible some NMIT students might become involved in the design process. It was noted that the final design should not be so large as to obstruct vision at the roundabout. The MDCA membership agreed the secretary would write a letter to the Ruby Coast Initiative Trust supporting the conceptual and explorative ideas for a sculpture at the Higgs Road roundabout.

*Tim Hawthorne, MDCA Executive Committee*



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# Royal Roasting for Governor-General

*After mid-December 2017 celebrations to mark the 375th anniversary of the arrival of Abel Tasman in Golden Bay, David Mitchell recalls an incident involving a Mapua-based group at an earlier Abel Tasman celebration.*

A mock knighthood of Mapua's Greg Olsen at a historic gathering in Golden Bay to celebrate the achievements of Dutch explorer Abel Tasman resulted in a firm reprimand for then Governor-General, Dame Cath Tizard, who was criticised for trivialising the significance of New Zealand's top honour.

However, the scolding of Dame Cath by a little-known representative of the Queen seemed to have little effect on the feisty Governor-General's rebellious style. Nor did it deter Dame Cath from doing as much as she could to eliminate pompous and stuffy formality from New Zealand's highest office.

Dame Cath has written candidly about some of the controversies she created as governor-general in a memoir about her career as Mayor of Auckland for seven years and her six years as Governor-General. Appropriately, the title is: 'Cat Among the Pigeons'.

The occasion for Greg Olsen's "knighthood" was the 350th anniversary of the arrival in Golden Bay of Dutch mariner Abel Tasman on 22 December 1642. To mark the achievement, a new headquarters building for the Abel Tasman National Park was to be dedicated and opened at Totaranui. Gathered there in December 1992 for the occasion was a large audience that included about 100 guests who had travelled all the way from Holland, the Dutch Ambassador to New Zealand and many Golden Bay residents.

Recalling the 1992 event, Greg said that he and seven friends wore replica uniforms of 17th century Dutch mariners as they performed a short display by presenting arms with ancient muskets and then firing ancient weapons in a ceremonial display.

It was a familiar routine for Greg, who had nearly 50 years of involvement in preparing and presenting re-enactments of historical and military events in Nelson and Marlborough. His Mapua-based group had researched and then made Dutch naval uniforms and borrowed historic weapons for the event. As Dame Cath arrived at the park headquarters, Greg's team fired a ceremonial volley from replica muskets, followed by a loud blast from a small replica signal canon – a weapon designed to let other vessels know of a ship's presence when visibility was poor.

An impressed Dame Cath asked the group if there was anything she could do in return for them. Greg quickly replied that she "might consider giving us a knighthood" and when she said she would, he offered her a sword, went down on one knee and was formally dubbed. A second member of the team was similarly honoured.

Unbeknown to Greg, Dame Cath had earlier taken lessons in dubbing a knight and she later described the routine: "Rule one: (common-sense, she wrote, "Use the flat side of the dubbing sword."

"Rule two: tap, don't slice. Less obvious is the correct way to dub the new knight first on the right shoulder, then on the left".

She also noted that "Dames are not dubbed at all. The reasons put forward aren't terribly convincing - 'It has always been that way', is the usual (explanation) - though I have made the point that all traditions have to be new at some stage."

Later, Greg sent Dame Cath some photos of the ceremony and two replies came back from Government House on elegant stationery bearing the royal crest. One was written by Dame Cath's executive officer and advised that "Her Excellency has asked me to thank you for your kindness and courtesy in sending photographs (of the dubbing ceremony). These will be placed with Her Excellency's records to remind her of a very happy and memorable occasion. Dame Catherine has also been pleased to sign two

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photographs which I return with this letter and with Her Excellency's very best wishes for Christmas and the New Year." However, Dame Cath had mischievously also slipped into the package a different card with a message to "Dear Sir Greg". In humourously archaic language, Dame Cath let Greg and the Mapua group know that she had been given a right royal telling-off for mocking the important honour of a knighthood.

"Delighted to receive thine missive - though truly, thou hadst my new Official Secretary much puzzled," Dame Cath wrote in large handwriting.

" 'Twas not the press that took me to task for my temerity in knighting thee without authority, but the New Zealand Herald (ie Phillip O'Shea - not the Auckland newspaper),' she wrote. "He it is who is the guardian of anachronistic and archaic customs and rituals in Aotearoa."

Dame Cath concluded: "Do what you will with your title, hough Honorary in swearing, it is, I am sure, Honorable in its wearing." Her card was signed simply "Catherine".

The critic of the knighthood had been Mr Phillip O'Shea, who was, and still is "New Zealand Herald of Arms Extraordinary", a force in the government to be reckoned with.

Mr O'Shea had been appointed as the first and only "New Zealand Herald of Arms Extraordinary to Her Majesty the Queen" after reforms to our then largely British honours system

For constitutional reasons, Mr O'Shea was appointed Herald on instructions from Queen Elizabeth II, as Queen of New Zealand, addressed to the Earl Marshal of England, records Wikipedia.

New Zealand-born Phillip O'Shea, was raised in Wellington with a boyhood interest in coins, medals, and heraldry that led to a career as chief adviser on matters related to our honours system. Educated at Victoria University, he had joined the public service in 1967 to work with Treasury as a librarian and became an adviser on numismatics (the study of coins,



Dubbing Sir Greg: "Rule one is common sense," said Dame Cath, "Use the flat side of the dubbing sword. Rule two: Tap, don't slice." -Photo David Mitchell

bank-notes and medals). In 1974, he was appointed adviser to the Prime Minister and Cabinet on honours and four years later became the head of the then Honours Secretariat, a body then responsible for administering New Zealand's honours system. In a May 2016 *New Zealand Listener* article, journalist Clare de Lore said Mr O'Shea had become "the unofficial go-to man in Government circles for advice on titles, protocol and honours".

Mr O'Shea, as New Zealand Herald of Arms Extraordinary, advised the Government on heraldic matters, represented the College of Arms in New Zealand, was deputy in England to the Garter Principal King of Arms and was also ex-officio a member of the Royal Household and had direct access to the Queen. He was also described as "an honorary member of the New Zealand Governor-General's household".

In his 2016 interview for the *Listener*, Mr O'Shea said that in Queen Elizabeth's Royal Household, there were six Heralds-in-Ordinary, or full-time Heralds, five Heralds and one Pursuivant Extraordinary...There are three Kings of Arms and four Pursuivants, or Junior Heralds."

In 1996, Mr O'Shea was appointed to the New Zealand Order of Merit, an order created in that year with the aim of superseding knighthoods and dame-ships as the top honours.

Eight years later, in 2004, Mr O'Shea retired as head of the Government's Honours Secretariat after heart surgery. However, he retained and continues his position as the New Zealand Herald of Arms Extraordinary.

Concluding episode: More controversy follows Dame Cath's efforts to make her office more human and less stuffy—the story of fallout from 'Sir Greg's' knighthood ceremony continues in a second part to be published in the March *Coastal News*.

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Wednesday 10.05am - 10.55am Pilates  
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Thursday (Wakefield) 10.05am - 10.55am Pilates  
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## Fire Brigade



Dec 17 - Feb 18 call-outs

Dec 20: Shed fire at sawmill at Little Sydney Road, Riwaka. Tanker supplied water. Appliance responded to alarm at Jack Inglis Hospital. False alarm.

Dec 21: Tanker to grass fire Kelling Road, turned back by Upper Moutere Fire.

Dec 25: To a hangi fire on Catherine Road. No action by brigade.

Dec 25: Tanker to grass fire Glover Road,

Dec 27: Alarms at Mapua School, nothing found, faulty unit.

Dec 28: Pine trees on fire Kina Peninsula Road. Motueka and Tasman rural helped.

Dec 28: Bonfire at end of McKee Domain, brigade put out.

Dec 29: Back to Kina Peninsula Road, pine trees on fire again.

Dec 30: Bonfire on beach on Kina Peninsula Road, Tasman Rural put out.

**Calls for 2017—91**

Jan 16: Investigate smoke in the area, stood down by lookout.

Jan 17: Alarm activation Aranui Road, accidental.

***Safety Tip:** Has your property got its address shown at the entrance? Can a big truck get up your drive? Are there no trees with branches hanging down? Is the drive four metres wide with clearance of four metres high? Do you have good access to open water or tanks?*

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Those who jump off a bridge in Paris are in Seine  
A backward poet writes inverse  
Dijon vu—the same mustard as before  
Shotgun wedding: A case of wife or death

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# Mapua Health Centre

The Health Centre Committee recently applied for and was successful in receiving funding to install an AED (automatic external defibrillator) on the outside of the Mapua Hall. A big thank you to the Tasman District Council and The Nelson Building Society for their continued support of our community. Please become familiar with where the AEDs are located in our community as it is very important to avoid any delay in their use if there is a cardiac arrest. There are apps available for both android and iPhone mobiles which show AED locations.

We warmly welcome Dr Caroline Wheeler who is joining us for two days a week. Her particular area of interest is integrative medicine and she will be offering privately funded 30 to 60-minute appointments related to chronic and complex conditions. We would also like to welcome Choo Hong Khoo, a 6<sup>th</sup>-year medical student, who will be with us for three weeks in February. This is a great opportunity to get some insight into general practice and health care in the community setting.

We are pleased to now have a full complement of doctors and we aim to provide same-day appointments whenever possible. If you have a doctor that you would prefer to see, it is helpful to make an appointment ahead of time. We appreciate this is not always possible but unfortunately last-minute appointments are likely to restrict your choice to whichever doctor has a free appointment on the day.

Not only is it Aotearoa Bike Challenge month but it is also Heart Health Awareness month, so it's good to see that the latest research has shown that physical activity reduces cardiovascular risk. A study from Oxford, UK, of close to 500,000 people without cardiovascular disease (CVD) at baseline found that total physical activity related to work, recreation, or utilitarian needs such as walking to do errands was associated with a lower short-term risk of developing CVD.

For instance, with one extra hour of brisk walking a day people had a 5% to 12% lower risk of developing different types of CVD during the 7.5-year follow-up (*JAMA Cardiol* 2017). Even previously seden-

tary adults can restore the heart's elasticity and forestall the development of heart failure with a programme of gradually increasing aerobic exercise that went up to 5-6 hours/week of moderate exertion by 6 months (*Circulation*. January 8, 2018).

A major review of diet and heart health from 18 countries recently showed that carbohydrates are the major killer, not the fats we eat - including saturated and unsaturated fatty acids (*Lancet* 2017; 390: 2050-62) - so it is all the more important to minimise sugar and fast carbohydrates. Interestingly, an observational study has suggested that skipping breakfast increases the thickening of the arteries by almost twice as much (*J Am Coll Cardiol* 2017; 70:1831-1842) - so also good to have a nourishing start to the day.

**Skin Checks:** With summer upon us it is a good time to have a skin check. They take about 30 minutes and the main focus is to check for any suspicious moles or lesions. This is a full comprehensive body check and will give you the opportunity to discuss any issues you have or that may arise. Appointments can be made with one of our receptionists on 540-2211. And a reminder to keep in mind avoiding too much sun exposure between 11am and 4pm, wear a hat + long sleeve shirt + sunglasses, slop on sunscreen 15 minutes before going outside and use a broad-spectrum product with a sun protection factor of 30+ (they usually last only 2-3 hours so need re-applying for longer sun exposures).

Some of the events for the month:

1-31	Heart Health Awareness month	<a href="http://heartfoundation.org.nz/">heartfoundation.org.nz/</a>
1-31	Aotearoa Bike Challenge month	<a href="http://www.nzta.govt.nz">www.nzta.govt.nz</a>
2	World Wetlands Day	<a href="http://www.wetlandtrust.org.nz">www.wetlandtrust.org.nz</a>
3	Te Aka Mauri Open day	<a href="http://www.rotorualibrary.govt.nz">www.rotorualibrary.govt.nz</a>
6	Waitangi Day	
8	Go by Bike Day*	<a href="http://www.bikewise.co.nz">www.bikewise.co.nz</a>
* A one-day event in your region that encourages people to switch from cars, buses and trains to biking to work for a day. At certain events, a free breakfast awaits cyclists at the end of their ride.		
20	World Day of Social Justice	<a href="http://un.org/en/events/socialjusticeday">un.org/en/events/socialjusticeday</a>
23	Big Heart Appeal	<a href="http://www.heartfoundation.org.nz">www.heartfoundation.org.nz</a>
26-2	Well Child Week	<a href="http://www.wellchild.org.nz">www.wellchild.org.nz</a>

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\$349,000

# SUMMIT

## MOTUEKA PROPERTY UPDATE

The new year has kicked off with a hiss and a roar and new properties are beginning to come onto the market now the hectic Christmas and New Year period is over. Open homes are busy and purchasers are looking to secure a property and get settled before the cooler months are upon us.

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MRCP (Edinburgh) MRCGP(UK). MemberASM

**Dr Karl Hellyer** MB ChB Member of ASM

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Family china can be incorporated in the design.*

Contact Bridget Castle on 021 1838790  
[bridgetpcastle@gmail.com](mailto:bridgetpcastle@gmail.com)

## Police Report

Hi all. Hope you all managed to have a relaxing break over the festive season. We all know the roads have been flat out and there have been regular accidents so make sure you have patience with all the tourists and visitors on the roads.

It is disappointing that there have been some very high-reading drink-drivers in Motueka over the last 10 days—as the saying goes: “If you drink and drive you are a bloody idiot,”

We have been lucky that there hasn't been much crime in the Mapua area, but don't let that mean you get slack and leave your car unlocked up the drive, or leave a heap of windows open without any latches on these hot nights. It just takes one active burglar to create mayhem.

*Grant Heney, Motueka Crime Prevention*

### Occurrences:

Jan 18: Burglary at Mapua wharf premises. Car accident on Pomona Road

Jan 7: Assault, Aranui Road

Jan 6: Disorder at a Mapua bar

Dec 26: Domestic Incident Ruby Bay

  
**Motueka  
SUNDAY MARKET**

[www.motuekasundaymarket.co.nz](http://www.motuekasundaymarket.co.nz)

Every Sunday 8am-1pm - Rain or Shine  
DECKS RESERVE CARPARK T. 540 2709 M. 027 278 8806

## Yoga Classes

Wednesday mornings: 9.30 – 10.45 am

Thursday evenings: 6 – 7.15 pm

Begin Wed 24<sup>th</sup> and Thurs 25<sup>th</sup> January

At Chandrakirti Centre, 289 Sunrise Valley  
Upper Moutere. Call Sue 0273 912 431

\$10 at the door.

Please just drop in and bring a mat & blanket

*Edited by Andrew Earlam (advertising) 540-2845, and Terry Smith (editorial) 540-3203. Views expressed are not necessarily those of the editors. We aim to have the newsletter out by the 1<sup>st</sup> of the month. The deadline for emailed items to [coastalnews@mapua.gen.nz](mailto:coastalnews@mapua.gen.nz) is the 20<sup>th</sup> of the month. Notices are a gold coin donation in the collection boxes. Club notices are free. Printed by the Tasman District Council.*





# Thank you Rātā Foundation

For the past four years the Rata Foundation has provided us with a grant to fund my salary as Hall Coordinator. This year for the fifth year running they have come through for our community hall once again with a \$10,000 grant to help towards keeping your Hall Coordinator employed for 2018! Although the hall is doing well financially and we seem to be covering our costs for now, we still couldn't do it without help from grants, donations and venue hire to pay for the big costs involved with running a hall. So Thank you once again to the Rata Foundation for lending a hand to our community.

\*\*\*NEW\*\*\*

**DRU YOGA**  
class starting  
**Friday 2nd Feb**  
**9.30am.**

Contact Kris  
for more details:

[Jkwilsonkeen@gmail.com](mailto:Jkwilsonkeen@gmail.com)  
**0275252814**

Monday	Tuesday	Wednesday	Thursday	Friday	Sat	Sun
<b>What's On at the Hall In FEBRUARY</b>			1 6pm doTERRA Oils Sharing  6pm Mapua Dance Fitness	2 9.30am DRU YOGA  <a href="mailto:mapuabookings@gmail.com">mapuabookings@gmail.com</a>	3	4
5 9.30am Low Impact Dance  6pm Mapua Dance Fitness	6 9am Sioux Line Dance  <b>WAITANGI DAY</b>	7 12.30pm Tai Chi  3-6pm Mapua Afterschool Care  7pm Tai chi Beginners	8 9am Mapua Art Group 3-6pm Mapua Afterschool Care  6pm Mapua Dance Fitness	9 9.30am DRU YOGA  3-6pm Mapua Afterschool Care	10 1-5pm Ian Hamlin Painting Class	11
12 9.30am Low Impact Dance 3-6pm Mapua Afterschool Care 6pm Mapua Dance Fitness 7pm Mapua Comm. Assc. Mtg	13 9am PANZ 9am Sioux Line Dance 10am Mapua Creative 1pm Tai Chi Beginners 2.30pm Sit & Be Fit 3-6pm Mapua Afterschool Care 6pm Aerobics 7pm Pilates	14 9am Aerobics 10am Pilates 12.30pm Tai Chi 3-6pm Mapua Afterschool Care  6pm Yoga with Thomas 7pm Tai chi Beginners	15 9am Mapua Art Group 2pm Friendship Group 3-6pm Mapua Afterschool Care 6pm Mapua Dance Fitness	16 9am Aerobics 9.30am DRU YOGA 10am Pilates 3-6pm Mapua Afterschool Care	17 7pm Motueka Social Dance Group	18
19 9.30am Low Impact Dance 3-6pm Mapua Afterschool Care 6pm Mapua Dance Fitness 6.30pm Hall Comm. Mtg	20 9am PANZ 9am Sioux Line Dance 1pm Tai Chi Beginners 2.30pm Sit & Be Fit 3-6pm Mapua Afterschool Care 6pm Aerobics 7pm Pilates	21 9am Aerobics 10am Pilates 12.30pm Tai Chi 3-6pm Mapua Afterschool Care 6pm Yoga with Thomas 7pm Tai chi Beginners	22 9am Mapua Art Group 3-6pm Mapua Afterschool Care 6pm Mapua Dance Fitness	23 9am Aerobics 9.30am DRU YOGA 10am Pilates 2pm Friendship Group 3-6pm Mapua Afterschool Care	24	25
26 9.30am Low Impact Dance  3-6pm Mapua Afterschool Care  6pm Mapua Dance Fitness	27 9am PANZ Workshop 9am Sioux Line Dance 1pm Tai Chi Beginners 2.30pm Sit & Be Fit 3-6pm Mapua Afterschool Care  6pm Aerobics 7pm Pilates	28 9am PANZ Workshop 9am Aerobics 10am Pilates 12.30pm Tai Chi 3-6pm Mapua Afterschool Care 6pm Yoga with Thomas 7pm Tai chi Beginners	 <b>WWW.MAPUAHALL.ORG</b>			

## Book Review

*Wake* by Elizabeth Knox (2013) and *The Pretty Delicious Café* by Danielle Hawkins (2016) Reviewed by Pat Russell. These books are available in the Mapua Community Library

Two books are reviewed here as their locations and themes overlap in several ways. Both are placed in New Zealand – the Hawkins in a small seaside village in Northland, the Knox in our own locality, confirmed by the author during the September Literary Festival to be Kina Beach surrounds.

Both are slightly derivative works, but what theme can in the 21st century possibly be new and entirely original? If you enjoy Maeve Binchy you will certainly recognise her and enjoy Hawkins with the additional twist of kiwi-isms and named localities. With the Knox, well, there was a television series of life in a village isolated under an inexplicable impenetrable dome. But this takes away from neither after the initial sense of recognition.

The Hawkins largely takes place in the café of the title, run by two young women and the book is peppered with utterly delicious dishes – and some recipes are in the back. The story centres on the extended family of Lia. And although it is gentle on the whole, there is very real suggestive and then actual brutality.

The characters are drawn for us as believable and alive and either hugely likeable or, and this is what

makes her a good writer, as people to be avoided at all cost. She presents them but does not condemn them, letting us respond as we would naturally. Hawkins is adept at making us care what happens to the main characters and that ultimately draws us along easily. She introduces enough gentle, then sharp, intrusive suspense to keep the pages turning.

Knox offers a similar dynamic of family although this ‘family’ in the main consists of the survivors in a small village. Quite shocking suspense begins on almost the first page as we are tossed into the thick of it with unnamed forces, clearly evil, at work. And, there is also some cooking, in a fashion, as we almost immediately are presented with the quick order chef who has plunged his own head into the fryer. This is followed by descriptions of other various arcane single and group suicides. Not a beginning for the faint-hearted. Many graves to be dug.

But again, with skill we are offered characters to care about either positively or negatively. The pace moves, the outcome is interesting and a resolution or the villagers’ understanding or survival is not guaranteed throughout the story.

Both authors deliver certainly. One offers a more gentle story of loss, love yearning, deep ties; the other commands us to feel revulsion yet also the need to see the situation safely resolved for those characters who have managed to survive and have drawn us in.

## Wharf Burgers

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See you soon

## Wharf Burgers

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200g Beef Pattie, Nanas relish, Lettuce, Tomato  
Red Onion & Mayo

### The Dinghy \$9

100g Beef Pattie, Tom Sauce, Lettuce, Tomato  
Mayo "Smaller Bun"

### The Anchor \$14.50

"Sirloin Steak" Nanas Relish, Lettuce, Tomato  
Mushrooms, Red Onion, Aioli & Horseradish

### The Seagull \$13.50

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Our Very Own Vege Option "Seasonal"  
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EXTRAS \$1 Egg, Beetroot, Bacon, Pineapple, Brie, Jalapeno

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# Mapua Community Library

(Moutere Hills RSA Memorial Library)

## Successful Fund-raisers

Our two summer fund-raisers proved very successful. Thanks to everyone who organises and supports the Christmas Raffle and the Summer Book Sale. These fund-raisers each generated around \$1000. Two of our library volunteers are pictured at right at the book sale.

Christmas Raffle winners have all been contacted and are:

Hamper - First - Gemma Y

Hamper - Second - Rae

Hamper - Third - Ian M

Cake and Camera - Debbie

## Art Displays

Glenys Forbes' beautiful pastel work is currently on display and will be followed by watercolours by Barbara Glass. As always, you are welcome to pop in and view this local talent.

## Grants News

We are thrilled to have received a grant of \$2000 from The Lion Foundation. The funds will be used to continue our book purchasing programme which ensures that our collection remains current and relevant.

A reminder—we are closed on statutory holidays

*Lynley Worsley*

## Library Hours (closed Statutory Holidays)

Monday 2pm-4.30pm

Tuesday 2pm-4.30pm

Wednesday 2pm-6.30pm

Thursday 10am-12.30pm, 2pm-4.30pm

Friday 2pm-4.30pm

Saturday 2pm-4.30pm

mapualibrary@xtra.co.nz; Facebook: Mapua Community Library; mapuacommunitylibrary.co.nz

Major Sponsors: Rata Foundation; Lion Foundation; Tasman District Council; Lottery Grants Board.



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*Fresh off their European tour promoting their third album, My Baby bring their international mix of funk-injected blues to New Zealand.*

# MY BABY



## \$10 RAFFLE

Golden Bear Brewery has had the pleasure of providing Mapua with many summers of free music and entertainment, and we are excited to bring bigger names and bigger nights to you - but we need your help! To keep the events coming, and to continue to bring quality acts to Mapua, tickets are now available for My Baby at \$10 each. Each ticket sold puts you in to win the following on show night:

**FEBRUARY 9<sup>TH</sup>, 2018**  
**GOLDEN BEAR BREWERY**  
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**PRIZE #2** | Table for 4 | Priority seating | Menu selection served | 2 Golden Bear T-Shirts

**PRIZE #3** | Table for 2 | Priority seating | Menu selection served | 2 Golden Bear T-Shirts

**GOLDEN  
BEAR**  
BREWING COMPANY  
Port Mapua • New Zealand

**Get your tickets at Golden Bear or phone Jane on 027 663 2639**



# Letters to the Editor

## Concert at the Wharf

On Friday 9 February Golden Bear is hosting a music show by an internationally acclaimed band. The group, *My Baby*, has appeared here three times in the past.

Their status in the music world has grown immeasurably since their first appearance here five years ago. We are fortunate to be able to attract an act of this calibre.

I wanted to tell the community that we seek their understanding that this show, though still largely within our established Friday night time slot of 6pm to 9pm, may run slightly over that time and also may be performed at marginally higher sound levels.

We have applied for a special license on the night to accommodate the expected larger attendance and this will likely bring in additional traffic and parking challenges.

I will, as usual, endeavour to maintain the time limits and volume levels at what Mapua has become accustomed to in connection with my operation. However, as an outside company will be controlling the sound equipment my influence may be somewhat diminished.

The event is scheduled for two hours total music time with a break between sets.

Please come and join us on the night for a memorable evening of music and dancing with *My Baby*. Thanks.

*Jim Matranga*

## Inverted snobbism?

It is quite likely that Mapua is the only seaside town in the whole world with nowhere to put an ordinary boat into the sea.

It is perplexing how this came to be so, for grown-ups need somewhere to play too.

One wonders if we are seeing here the ideology of inverted snobbism. It seems pretty unacceptable for boaties to be told to go eat cake in Motueka, and it seems pretty sad for Mapua to miss out on a normal part of the seaside experience.

*Helen Beere.*



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**Line Dancing** at Mapua Community Hall  
will be getting underway for 2018.  
Classes start **Tuesday 30 January**  
Beginners Class starts 9:00 - 10:00 am  
Improvers Class starts 10:10 - 11:30 am  
*New dancers are welcome to come along and give it a go.*  
*Wear comfortable clothes and shoes.*  
*Hall is Air Conditioned.*  
We dance for fun. We dance for friendship.  
We dance like no one is watching.  
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*Sue Wilson (Tutor Sioux Line Dance)*

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## Letters to the Editor

### TDC 'Failing to address issues'

Last November the Tasman District Council adopted the Mapua Waterfront Area Master Plan Report and with it failed to address the mounting issues relating to the Tamaha Sea Scouts, the Mapua Boat Club and the concerns of the wider community to ensure access to the water is available in Mapua, our seaside village.



The majority of submitters clearly supported the proposal by the boat club for a replacement ramp, yet the TDC in its report does exactly the opposite to what the community wanted. It plans to place further restrictions on the boating community by recommending all boat and trailer parking be accommodated on the land at the corner of Aranui Road and Tahī Street, when launching at Grossi Point. This will double the traffic movements in Tahī Street for the 50+ trailer boats using Grossi Point on any given day during the busy fishing season. To date during the Christmas holiday season the busiest day at Grossi Point was 25 trailers on 30 December, with to use being higher than this with the comings and goings during the tide.

The vote by the TDC against a replacement ramp totally disregards the Tamaha Sea Scouts who have provided invaluable maritime education and life skills for Mapua youth and families for decades. The report further recommends there will be no trailer boat launching at Grossi Point in five years. Council is promoting the use of either Motueka or the Hunter Brown ramp, each being a 30-40km round trip for any Mapua resident who used to access to the main channel at Mapua, and at Motueka it will cost \$10 to use their club ramp! With a growing community and boat ownership the council should be facilitating the

provision of recreational assets and ensure they be retained and enhanced for the future.

Boat ownership in the region is double the national average and recreational boating and fishing contributes up to \$60 million annually to the regional economy, the TDC has failed to acknowledge the importance of and contribution recreational boating and fishing activity makes to the local economy.

Safety for water users has also failed to be recognised by the TDC. As recently as Saturday 6 January an eight-year-old boy got into difficulty after jumping off the wharf, attempting to swim to the leisure park. Fortunately his uncle was able to come to the rescue, but this almost resulted in the uncle getting into trouble in the main channel. A boat was unable to be launched as there is no all-tide ramp access to the main channel and a boat rescue was not able to be carried out!

At the Mapua Districts Community Association

December meeting there was a unanimous vote to support a replacement ramp in Mapua. In the meantime the boat club has written to the TDC to request the removal of the lamp post erected directly in front of the existing ramp to ensure both the sea scouts and trailer boats have unhindered access to the

existing wharf ramp, until a replacement ramp is built in Mapua.

The boat club has committed to securing a replacement ramp for Mapua and since our campaign has started there has been a surge in Facebook views with donations exceeding expectations. There is a groundswell of residents showing their support.

Please show your support for a replacement ramp in Mapua by obtaining a Boat Ramp bumper sticker from Perry's Garage in Aranui Road donating \$5 each, and you can also join the Mapua Boat Club by contacting the secretary - mapuabcsecretary@gmail.com

Martyn Barlow



### Boat Shed Mapua

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### Playcentre

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during school term

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mapuaplaycentre@gmail.com  
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# The Playhouse Cafe

## What's On Guide

### FEBRUARY 2018

Open Fridays to Sundays from 11am

Mon to Thurs Open for Events, Functions and Group Bookings

Free Drop off to Mapua, Moutere, Appleby, Tasman for diners  
Call 5402985 for bookings

#### Summer opening hours 2018

Due to family reasons we are limiting our opening hours to:

Friday 11am till late  
Saturday 11am till late  
Sunday 11am till 4pm

We will open for events and large groups anytime with bookings

Circumstances may see unannounced closures of lunch services

We highly recommend calling ahead if you are planning on coming for lunch over the summer

No evening events will be impacted, so please book a table and enjoy the playhouse experience.

Call us on 5402985 to talk more

19

20

21

22

#### SPRING WEDDING SPECIAL!

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# Vomit

by Peter Francis

**T**his summer let's take the cruise ship to remote and historic Dusky Sound," suggested Mike, my good friend and frequent travelling companion. It didn't take me long to persuade Di. However, Mike had a much more difficult time persuading his wife Ann, who is seriously averse to all sea travel and even more averse to flying in helicopters (the only two means of access to Dusky). Her initial response was a very terse "Dusky Sound? Vomit!"

Nevertheless one sunny Friday afternoon in late February the four of us were being ferried across beautiful, placid Lake Manapouri toward the cruise ship which would be waiting for us alongside the wharf at Deep Cove, Doubtful Sound, in far south Fiordland, New Zealand.

When we arrived at Deep Cove I couldn't see any boat that looked like a cruise ship; just a small, white ferro-cement launch around 12 metres long with a raised forward cabin and an open stern deck which was only about 500mm above the water line. It looked like a replica of *The African Queen* from the classic 1950s movie starring Humphrey Bogart and Katherine Hepburn.

"Yep, there's our cruise ship" said Mike while Ann and I looked at each other aghast and even Di said, "Our cruise ship, you must be bloody joking!" Ann gave Mike that look, (you know the one) and told him firmly, "Michael, I am not going out into the Tasman Sea in that little boat, it's far too small." Calm as usual, Mike replied, "Well Ann, we've already paid over \$1000 each for our week-long tour of Dusky Sound. It's too late for us to back out now."

Somewhat reluctantly we climbed aboard and were ushered to our shared cabin up forward by the captain's wife, who told us she was also the ship's cook for our voyage. She asked, "What would you like for your first meal on board, as tonight we have to remain moored here in Deep Cove waiting for eight more passengers to arrive."

Next morning after a few wines, a delicious seafood meal and a good night's sleep, we impatiently waited for our travelling companions to arrive. Around midday the captain said, "I've just had a phone message that the other passengers have cancelled so just the six of us will sail to Dusky Sound as soon as the weather eases." I never thought to ask, "Do those passengers know something we don't about the weather forecast?"

Around 1pm the captain said, "Let's take a little sightseeing trip up Doubtful Sound with some wine and cheese and see when we might expect this wind to drop." Bored by this time, we all agreed to go, Ann and I decided to take our seasick pills next morning

before we sailed for Dusky Sound. Upon reaching the open sea our captain suddenly announced, "This weather is as good as we can expect for the next few days. Let's continue on to Dusky now; we need to get there before dark."

Ann and I hurriedly washed our seasick pills down with wine and hung on tight. For the first hour or so I was really enjoying the exciting ride as six-metre high waves surged down onto us from behind and we pitched and rolled like a cork. Suddenly I felt my stomach starting to heave. Meanwhile Ann had commandeered the only bucket and was hugging it to her chest like a long lost friend as she noisily vomited. I tore the bucket from her grasp and promptly threw up my undigested seasick pills. For the next hour or so Ann and I fought each other for control of that bucket, eventually we decided to compromise with one of us holding each side, so became the closest we have ever been.

Di said, "OMG You need to empty that, the stench is making me feel ill and it's certainly not big enough for three people." Mike struggled outside to the stern deck carrying it whereupon a big wave hit, causing him to spill the contents. The receding wash ripped the bucket from his grasp and it disappeared forever. Mike almost followed as scrambling for a foot-hold in the slippery vomit, his feet skidded from under him and he slid bum-first towards the angry ocean. Fortunately the captain's wife was able to grasp a handful of his Parka hood and haul him back to his feet. Temporarily forgetting her 'mal de mer,' Ann screamed in terror and pleaded with the captain, "Please, please turn back."

He responded, "We can't risk trying to turn in such heavy swells; we'll just have to run down the coast before them, hoping we can safely negotiate the entrance to Acheron Passage before dark or we'll have to head out into the Tasman Sea to ride out this storm overnight."

Crash! An even larger wave came foaming over the stern, filling the rear deck, flooding in through the doors of our passenger compartment and soaking the carpets. Di asked the cook, "Where are the lifejackets?" She replied, "Regulations don't require us to carry lifejackets. We have an inflatable life-raft lashed to the forward deck which we'll launch in the event of an emergency." I whispered to Di, "They'll never be able to launch it in these stormy conditions, we're probably all going to drown." She whispered back, "At least we'll all go together."

Without the bucket Ann and I had nowhere to puke so we opened a porthole on the lee side and took turns poking our heads out to empty our churn-



ing stomachs into the churning ocean wildly swirling past our now terror-stricken faces.

Just before dusk we noticed the seas had become calmer and realised we'd safely entered Acheron Passage, so were now sheltered behind Resolution Island. "Oh thank you God! What a relief no more vomit!" We anchored for the night in the calm, quiet waters of Wet Jacket Arm where our cook prepared another tasty meal (which Ann and I did not eat). We all woke early next morning to a clear day feeling refreshed, no longer ill, and ready to begin our week-long adventure touring remote and historic Dusky Sound in which in 1773 Captain Cook built New Zealand's first observatory and brewed New Zealand's first beer. In 1792 abandoned whalers built the first ship made in Australasia and where sandflies are reported to make as many as 1000 maddingly, itchy bites in one hour.

Note: Two years later our *African Queen* cruise ship struck a submerged rock in Milford Sound and reportedly "sank like a block of concrete."



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## Florist & Garden Centre Bright & Colourful

The Ruby Bay Florist and Garden Centre is a bright and colourful garden centre and gallery in what was the Ruby Bay Store and then the Country Trading Company at 174 Stafford Drive.

Joanne Kilsby and her husband, Nigel, a business development manager for Candida Stationery, are the owner/operators of this vibrant little business.

Joanna and Nigel offer a full range of floral services for births, weddings, funerals and everything in between. Their aim is to stock a wide variety of plants that will suit the local growing conditions. They have a varied selection of seedlings, shrubs, roses and house plants and aim to stock more varieties throughout the year. Most of their plants and flowers are sourced locally but some come from major centres such as Christchurch and Auckland. Plant requests are always welcome.

The Centre has an interesting selection of artwork by various local artists. Sculptures are created by Joanne and there is artwork by Alice Reade, Elizabeth Meikle, mosaics by Esther Baumann, bug hotels by Niall Nugent and some unique driftwood creations from Trevor.

When describing the goals for the business, Joanne feels a little as though she is 'regurgitating a customer service handbook' when she says she wants to provide quality service and products but that, she says, is true.

"I also want to charge fair prices. Unfortunately I can't always offer the cheapest especially when I see plants selling retail in major garden chains for a lower price than what the wholesaler sells to me, but I will always aim for fair prices."

The strategy to survive and thrive is based on the principle of encouraging local support and in return rewarding customer loyalty with excellent products at a fair price. Many customers have commented favourably and expressed the hope that the Centre would 'stick around.'

Another goal that is important to Joanne is to provide an outlet for local artists to sell and promote their work. Their work adds to the uniqueness of the retail space and gives customers the opportunity to invest in original, quality pieces.

Joanne wants to encourage and foster the concept of biodiversity—let's not become a carex and pitto-sporum landscape. Include flowers and water in your garden for the insects and wildlife. "Let's encourage the joy of picking your own fresh veges and fruit." Joanne can appreciate that soils can be a bit of a challenge but that's why planter boxes are so ideal.

"There are millions of plants out there," she says, "and wouldn't it be wonderful to have a great assortment in our gardens so, collectively, we create a beautiful, diverse landscape to match the already beautiful, natural features of this area."

Joanne and Nigel had been looking for a couple of years for a retail outlet in the Mapua/Ruby Bay area suitable for a florist/garden centre (rare as hen's teeth!) They noticed the 'Shop for Lease' sign a few weeks before their long awaited overseas trip. This was too good an opportunity to pass by so they signed a lease on the day they headed off to Vancouver. On their return, travel-weary, they were straight into setting up the shop. The shop is fitted out mainly in up-cycled furniture to create an eclectic look and they had a good friend make the wooden stands outside which display the plants. He also helped transform the courtyard area of the Centre into what it is today.

Joanne doesn't claim to be the only retail outlet selling garden products within the Mapua region but



it is unique in that it is a garden centre, a florist and a gallery showing and selling original art pieces. They have a strong organic approach so they stock a range of organic products but also, a number of non-organic products. The range is gradually increasing based on what people require and as the seasons change. "We love the area," says Joanne, "and we felt the business would

be a good fit for the local community. Now that we have moved in and the business is operating, we really appreciate the friendly customers who have been so willing to support us and have given us plenty of encouragement – that means a lot to us." Joanne and Nigel enjoy being part of the small group of shops in Ruby Bay. They feel that the other two businesses have been very supportive and made them feel very welcome.

A long-time gardener, Joanne trained as a teacher and has taught at both secondary and primary levels. She has also been self-employed as an artist, a writer and an owner of two previous florist/garden centres. She has a strong interest in the theatre as an actor and writer and director of plays. Joanne loves performing at Playhouse Mapua with the Murder Mystery Group – Criminal Minds. She is also involved with Nelson Repertory.

Joanne's business partner and husband, Nigel, does the accounts for the business and is the Centre's general help especially when it comes to lifting bags of potting mix or pea straw into customers' cars. Ruby, the Golden Retriever greets people, especially if she thinks she is going to get a pat.



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## Craft Group Activities



For our final meeting of 2017 17 members enjoyed a Christmas party with seasonal music, crackers, games and delectable food. We had a "Secret Santa" where we exchanged gifts we had made—often from our Friday classes. During December we made a variety of superb Christmas cards as greetings for family and friends. We had feedback that these have been greatly admired and appreciated.

Finally we made coloured paper snowflakes—a gentle reminder to pass these craft skills to our grandchildren.

Do join us, or just drop in any Friday at the church hall during school term time between 10am and noon. There is a \$2 donation for morning tea, no joining fee, just a donation to cover the cost of any materials used.

During next term we will create footprints. Do come and see just what these works of art turn out to look like!

*Julie Cox, Barbara Halse.*



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Was the season to be strumming, at the Mapua Ukulele Wharf jam held on a Sunday in December. *Motueka Crazees, Mapua Mother Pluckers* and *Coastal Stringers* performed a collection of contemporary upbeat songs and classics, including a sprinkle of Christmas Carols.

Mapua local Di O'Halloran organised the combined inaugural event as a way to bring the three contrasting local groups together to celebrate music in our community. The 50 ukulele players added festive cheer which left the audience and tourists soaking up the sounds and sights of the beautiful Mapua setting.

# Hills Community Church



The holidays were here. Most people and their families have taken a break from their normal lives to rest and explore other places and come together. The year 2017 could have been a long year for some families and summer presents a time to slow down, reflect a bit and calm down.

Some people live their lives waiting for summer. It could be that business is hectic and busy, or work sometimes takes a toll on us and our families. I think it could be dangerous when we live our lives waiting for the experience of summer. It is as though we are waiting to escape our day-to-day life and go to a space of relaxation.

When February comes it takes most people time to recalibrate and get back in the system again. Children struggle to come to terms that the holidays are over and they have to go back to the normal routine.

The problem with living our lives like this is becomes a cycle that we can't break. People call it self-care when you take a break from life to enjoy life. The Bible says in John 10:10 'I have come so that you may have life and life in abundance.' Life is/should be what we do between February and November and not November to February. The idea is to create and teach our children in the society that self-care is an everyday choice.

As I work with young people in the community, I hope to teach and impact the real value of self-care now that they are young. And teach them true self-care is not salt baths and chocolate cake; it is making

the choice to build a life you don't need to regularly escape from.

And that often takes doing, the thing you least want to do. It often means looking your failures and disappointments and re-strategizing. It is not satiating your immediate desires. It is letting go. It is choosing new. It is disappointing some people. It is making sacrifices for others. It is living a way that other people won't, so maybe you can live in a way that other people can't.

It is letting yourself be normal. Regular. Unexceptional. It is sometimes having a dirty kitchen and deciding your ultimate goal in life isn't going to be having abs and keeping up with your fake friends. It is deciding how much of your anxiety comes from not actualizing your latent potential, and how much comes from the way you were being trained to think before you even knew what was happening.

In our youth programs on Friday nights at the community hall or our kids' club program on Thursday afternoon in church, the goal is to instil this ideal when we still have them in the community. And since the young people learn a lot from adults, older people must lead by how they live their lives.

Young people reflect society. If you want to know what a society values or what a society lacks, look at its young people.

If you find yourself having to regularly indulge in holiday self-care, it's because you are disconnected from actual self-care, which has very little to do with "treating yourself" and a lot do with parenting yourself and making choices for your long-term wellness.

It is no longer using your hectic and unreasonable life as justification for self-sabotage in the form of liquor and procrastination. It is learning how to stop trying to "fix yourself" and start trying to take care of yourself... and maybe finding that taking care lovingly attends to a lot of the problems you were trying to fix in the first place.

It means being the hero of your life, not the victim. It means rewiring what you have until your everyday life isn't something you need therapy to recover from. It is no longer choosing a life that looks good over a life that feels good. It is giving up on some goals so you can care about others. It is being honest even if that means you aren't universally liked. It is meeting your own needs so you aren't anxious and dependent on other people.

*Waweru Mark*

**Church services:** Sunday Worship


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Contemporary Service 10.30am to 12pm

Youth groups

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Year 6 to 8: Thursdays at Hills Church, 3pm to 4pm



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# Little Red Devils

By Sarah La Touche

We seem to be having a great crop of plums this year, all the better for the early hot summer weather. So we are devouring our fair share of plums in their numerous forms.

No New Zealand summer is a true summer, in my opinion, without plums. I love the sight of those unmanned plum stalls by the side of the road, along with a good old-fashioned honesty box. Plonk your money in the receptacle next to the lovingly gathered plums and pick your bag. I'm convinced they taste all the better for that.

Plums come in many varieties of course, too many to name. And sizes, from big jammy juicy jobs, to little sweet morsels with intense flavour and a tiny stone that you can happily suck on for an hour or two.

Plums hail from Asia originally, and travelled to Syria of all places. Those clever Romans learnt how to graft them and preserve them, particularly the Damson variety that we covet so much for jam making, and then the Crusaders transported them to Western Europe.

They are a fairly acid fruit, with a relatively high sugar content, which makes them great for preserving and conserving, packed full of calcium, potassium and vitamins, with around 64 calories per 100 grams.

Many of the plums we eat in New Zealand are the red varieties but in France you will find the highly prized Greengage, or Reine-Claude as they are known there. We've just grafted some onto one of our older trees and look forward with promise to fruit next season.

In the Alsace they grow the exquisitely jammy Mirabelle, which is made into the equally famous Tarte aux Mirabelles. The Prune d'Agen (prune is the French word for plum) is cultivated in the southwest of France for making prunes. While the plum is rather plain to eat fresh, they make the best prunes I have ever tasted.

My favourite right now is Fortune – big, firm and meaty with a nice acidity. Perfect sliced into my morning cereal.

It is always a taste treat to bite into a plum that looks a little on the unripe side, only to find it is sweetness itself, as the juice spills down your chin, hopefully not landing on your freshly laundered white T-shirt.

But your taste buds and your digestive system can only manage so many fresh plums for so long. So the big question is, what do you do with them all? Well, the obvious first choice for many is plum jam or chutney; great that's the preserves taken care of.

Then you run out of jars, so then what? I like to keep a few bags or ice cream containers of free-flow frozen in my freezer for the dark winter months when

I need a bit of zing. I just bring them out, and gently poach them for a breakfast treat, or to top a bit of yoghurt after supper.

But as for the rest of them, they find their way into a velvety plum Clafoutis, or plum tart with almonds. The other night at friends we were served a divine plum pudding. They can be added to a traditional summer pudding with berries, and fresh plum ice cream is pretty hard to beat. Plums can be poached, roasted, pickled, dried, and sautéed, so the world is your oyster really, or should I say plum!

For this recipe pick a plum with good acidity so it will stand out in the creamy batter.

## Plum Clafoutis

75 grams flour  
50 grams sugar  
3 eggs  
250 ml milk  
200 ml cream  
50 grams butter  
500 grams plums, stoned or not (some say, me included, that keeping the stone in adds flavour)  
Brown sugar for sprinkling on the top

Pre-heat the oven to 200°C.

Sift the flour into a mixing bowl, make a well in the centre and add the sugar and eggs. Gently stir the ingredients to combine and then begin to add the milk and cream. When all the ingredients are combined beat the mixture vigorously for 3-4 minutes at least to make sure you end up with a runny batter with no lumps. Allow the mixture to stand for 30 minutes to an hour.

Grease a shallow, ovenproof dish with some butter. Spread the plums over the bottom of the dish, beat the batter again for about one minute and pour over the plums.

Dot the surface with a few knobs of butter and place carefully in the oven.

Bake for 35-45 minutes. Five minutes before serving, sprinkle the surface with brown sugar so that when it is ready the top is nicely browned with a fine sugary crust.

Serve either hot or cold. Serves 4-6

Sarah La Touche is a qualified Clinical Nutritionist. A registered member of the New Zealand Clinical Nutritionists Association, she also runs Plum Tree Cook School, Plum Tree House B&B and self-catering accommodation in Mapua, and walking and gastronomic hosted holidays in France and Spain. She is available by phoning 027 315 1165. [sarah@livingnutrition.co.nz](mailto:sarah@livingnutrition.co.nz) or [www.holidaystaymapua.nz](http://www.holidaystaymapua.nz).

# Discipline and Your Health

Think about this word – discipline. To look at the word from a health perspective it could be interpreted as getting yourself to do something you don't necessarily want to do to achieve a result you really want to get. Most people want to be healthy, want to feel good, want to function well and live a long life. This does not happen by accident. The healthiest and happiest people on the outside have usually done a lot of work on the inside or in private to achieve this goal.

The discipline it takes to be healthy requires healthy choices done consistently for a long time. If you are unhealthy or have bad habits, many of these choices are not easy at first. Discipline requires us to develop habits, good habits, which we rely on to give us the best opportunity to have a healthy state of being.

If we can discipline ourselves and take responsibility for our lives and we practice this discipline with

healthy choices, good habits will become our lifestyle, freeing us to live unencumbered by illness or injury where we enjoy the quality of life we deserve.

In regards to our physical health, we should all become disciplined in the areas of exercise, nutrition, rest and protecting our spine and nervous system through chiropractic care.

How are your habits? Are your disciplines healthy? Good habits require discipline that, when put in place, are easy to live with. Bad habits develop when you are not conscious, not responsible and do not discipline yourself. Bad habits may seem easy but they are very hard to live with.

When you have a health crisis and suffering from a situation that requires your utmost attention such as pain, you are likely to be motivated to reclaim your health. You will usually do whatever is required and are more likely to be disciplined to get the result you want. However, as you become stable and relief has been achieved, do you make the critical transition to change your lifestyle? Do you continue on the path to achieve optimum health and peak performance levels?


Exercise, nutrition, rest, good posture and having your spine checked for nerve interference and proper function are the disciplines of many top performers in sports, entertainment and in the boardroom as well. Top performers are disciplined and make chiropractic care part of the health disciplines they practice regularly so their nervous system can function properly, which is vital to good health.

*Dr Ron Howard*

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# Tasman Bible Church



## What are You living for?

Recently I was asked directly the general question, 'Why do people want to live?' It took me a back somewhat. We were discussing people's motives for living.

I do not think one has to be in despair, suffering from a terminal illness, in a great deal of pain, really really old, or overly philosophical to ask it.

It is fair question at any life stage. Might it contribute to the upcoming euthanasia bill and the emphasis upon wanting to die to be considered by Parliament and the nation in a referendum?

Approaches that might be taken as reasons for living could be the furthering of the gene pool, pure survival of the fittest, or more worthy, to 'make a difference', (presumably a good difference), or, to continue the family line or estate. These are all laudable enough although each may be challenged by whether they actually achieve the intended goal; the last one depends upon actually having left or appointed progeny.

I do not suppose my response was expected. There is a part of the Bible that says, 'So whether you eat or drink or whatever you do, do it all for the glory of God'. Another place says, 'And whatever you do in word or deed, do all in the name of the Lord Jesus, giving thanks through him to God the Father.'

These quotations have their contextual particularities. However, it is fair to say that the general principles are true for all Christians for all given times. So my aspirational response was quite unexpected. My version of the above as a motivation for living—for

the glory of God—in our culture, will likely seem to be odd, unrealistic, crazy—dangerous even. It does, however, assume certain things. Life is gifted to human beings. As gifted, the Giver might have a goal in mind that goes beyond a limited version of self-fulfilment that truly leads to a better version of self-fulfilment. Such a motivation assumes that the truly best versions of ourselves involve a focus upon and orientation toward the Creator and others.

Augustine, a fairly well known early Christian writer, in his *Confessions* writes, "Thou hast made us for thyself, O Lord, and our heart is restless until it finds its rest in thee."

Any conversation involving living (or dying) in the phrase, 'What are you living for?' should also concern at the very least a focus upon the 'for' rather than the 'you'. Better still – for whom are you living?

*Richard Drury*

For more information on Tasman Bible Church go to [www.tasmanbiblechurch.org.nz](http://www.tasmanbiblechurch.org.nz)

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**Yoga class – Vinyasa flow**  
Tuesdays and Fridays: 9.30am - 10.45am  
at Riverside Community Centre,  
289 Main Road, Lower Moutere.  
Thursdays: 6.30pm - 7.45pm at Parklands  
School, 9 Pah Street, Motueka.  
\$10. Details contact Jo: 0211 709 495

## Mapua Gateway Sculpture

You may have noticed the sign at Higgs Reserve on Mapua Drive has been saying \$000.00 for a while now. Thanks to fantastic support from locals and community grants the Ruby Coast Initiative Trust has now raised all the money needed to fund the second of the Ruby Coast's Gateway Sculptures. An awesome milestone achieved through great community spirit!

Because of other project commitments there has been a slight delay in the construction of the sculpture. Its expected arrival at Higgs Reserve is now early February. Keep a look-out as one day soon that sign will be gone, and an 8-metre sculpture will be in its place!

The sculpture reflects local estuary marine life and has been created using marine drawings by Mapua School students as a basis for the design work on the sculpture. We have also been able to incorporate many of the children's actual drawings onto a panel – Mapua School of Fish – along with interpretative information on a second panel.

As part of the fund-raising the trust created 'mini' sculptures of the Mapua Sculpture. These limited editions are about one metre high and to scale. The miniature has been created with the option of lighting and it looks magnificent with this effect. The trust has only three left and these will be sold for fund-raising for the final gateway sculpture that will be placed near the turn-off from the highway into Seaton Valley.

If you would like to enquire about ordering a mini sculpture, email the trust via [secretary@rcit.co.nz](mailto:secretary@rcit.co.nz) or call Janet on 540-3364. All donations will help create Our Unique Place.

The Ruby Coast Initiative Trust was formed in October 2013 and since its formation Ron Oliver has been chair. Ron has been an extremely hardworking and efficient chair. He has recently stepped aside from the role of chair and his clear vision and direction will be missed.

He has handed over this role to trustee Neil Bruce-Miller who shares Ron's ability to keep focus and direction which will enable the trust to continue moving forward towards the objects for which the Trust was established. If you are interested in knowing more about the Trust feel free to visit our website at [www.rcit.co.nz](http://www.rcit.co.nz)

*Janet Taylor*



## Playcentre: Helping Raise Our Children

We're running a series of family profiles over the coming months to introduce some of our Playcentre families and what they love about Playcentre. This is from Mereana who comes with her son Paddy, aged four.

"Paddy and I moved to Ruby Bay from Wellington about six months ago, prompted mainly by the weather and the lure of family, but also a desire to find a smaller community to be part of.

"I was a Playcentre child growing up but hadn't managed to find a Playcentre for Paddy near to where we lived in Wellington. So, it was a treat for me to find a Playcentre in Mapua and for it to run a session on Friday morning, which is the only day I don't work.

"Right from the outset, Paddy embraced Playcentre. He loves looking after – or 'directing' – the younger children and spends almost all his time in the sandpit. Over the last six months I have really noticed his curiosity in science and nature grow, especially anything to do with making geysers, volcanoes, dams, or trenches in the sandpit! This curiosity has been fostered by Bridgit, his wonderful Playcentre supervisor.

"Paddy has also started to develop some strong friendships with other children his age, which is great when it comes to finding friends to play with in the 'climbing tree' down at the wharf or at the skate park.

"For me, I have really appreciated how warm and welcoming the other Playcentre parents are. I've made some good friends within a short time and think this has a lot to do with how supportive and inclusive the Playcentre community is. It has definitely eased my transition into a new place!"

Mapua Playcentre has been a prominent place for families in the Mapua community for over 60 years. We have a qualified supervisor on each session and we love having visitors so please feel welcome to drop in at any time and find out what Kiwi families have been embracing for generations.

We offer a term of free sessions for first-time families and all children under two are free. Session times are Mondays and Fridays 9:30am – 12 noon during school terms. You can find us at 84 Aranui Road (behind the tennis courts by the scout den). Alternatively, please contact us with any questions you have either by phone: Kathryn on 021 253 4264, email: [mapuaplaycentre@gmail.com](mailto:mapuaplaycentre@gmail.com) or find us on Facebook.





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Email: caro.lust@xtra.co.nz

# PANZ

**H**appy New Year 2018 to all! I am sitting at my computer and guess what ... it is raining! Yip-pee. I never thought I would hear myself say that but we sure need it. I can hear the water tanks filling up and see the plants standing upright already.

The "Top of the South" Art Exhibition for PANZ members from Nelson and Marlborough areas will be held again this year at the Mapua Hall, Aranui Road, Mapua. The opening night will be on Friday, 23 February at 7pm. The exhibition will run until Sunday, 25 February.. The hours will be 9:30am to 4:30pm each day (Saturday & Sunday). As always, we will have a wide variety of outstanding pastel paintings on display and all will be available for purchase. We hope to see you there.

Our group will be meeting again at the Mapua Hall starting on 13 February. We welcome visitors so feel free to come along on a Tuesday morning from 9am to 12noon. You might find that you would like to try out this very forgiving medium. We paint, we chat, we help each other out when needed, we have a cuppa and a biscuit, and just generally enjoy our morning creating our art. We have mini workshops and sometimes mini challenges to keep us on our toes.

For additional information please contact our Area Rep, Glenys Forbes at 03 540-3388 or by email [glenysforbes@ts.co.nz](mailto:glenysforbes@ts.co.nz). You can visit our Facebook page: PANZ Pastel Artists of New Zealand to see what some of our pastel artists are creating.

*Gloria Anderson*

## Tessa Mae's With Attitude



Locally owned and operated, Tessa Mae's with Attitude is NZ's leading gifts and homewares boutique located in the heart of vibrant Mapua. Our extensive range of luxurious furnishings to quirky trinkets offers great gifts and homewares where you can be sure you'll find that something special

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# Under The Bonnet with Fred

## A Birthday Treat



There is something about men bonding with their cars. I have friends who bond with their makes and models and they swear they are the best. I'm a little bit more flexible and have jumped several codes in classic car ownership over the years.

My all-time favourite is my cream-coloured 1984 Cadillac Seville. Despite its size, believe it or not, it was Cadillac's first attempt at smaller cars. It has only a 4.2-litre V8 and is about 40cm shorter than the bigger models. It was not popular with American buyers and Cadillac stopped production after four years.

I just liked the cream paint work and matching cream leather upholstery. It has a nice long bonnet and the bonnet mascot is a good marker when driving a left-hand-drive vehicle on the left of the road. The cream and wood grain interior is all original. I had to replace the rear shocks and the replacements are not right, as it has lost some of its lazy, smooth ride. I have given myself until

before my next birthday to remedy that. Transmission troubles were finally beaten and it now has a nice smooth, lazy change as all Cadillacs do.

The Cadillac seems to attract attention for a wedding car and I have chauffeured many brides to the church. Getting the next generation ready to pay my superannuation is fun in my old Cadillac.

Tyre pressures and all fluids are checked before the car is put back in the garage. It was covered with its custom car cover, so whenever it is out it is clean and shiny. Having a favourite car is almost the same as having another child. They can cost as much too and require extra attention. Maybe my car needs to go out more often or is it me that needs to go out more often to remember the fun and experiences of driving Route 66 in my old Cadillac?

This is a message to all car lovers: take your favourite car for a spin on your birthday.

*Fred Cassin*



An East Indian fellow has moved in next door. He has travelled the world, swum with sharks, wrestled with bears and climbed the highest mountains. It came as no surprise to learn that his name was Bindair Dundat.



## Sunday Meditation

With Geshe Tharchin

Begins Sunday 25th February

10am to 11.30 am

and every Sunday following.

Join us for the free vegetarian Lunch.

Chandrakirti Centre, 289 Sunrise Valley

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Everyone welcome – by donation

## BELLYDANCE classes with Raewyn.

Learn this beautiful, graceful dance, perfect for you if you want to try something new this year.

Welcome back to continuing beginners and beyond.

**WHEN: Tuesdays, 6 March to 10 April**

**TIME: 6.15 pm - 7.15 pm**

**Where: Mapua Community Hall**

WHY: Fitness, fun, friendship and, to feel fabulous.

Cost: \$42 for 6 weeks, payment in advance; \$50 for 6 weeks, payment on the day, \$10 Casual

No refund for missed classes.

Internet Bank details can be arranged

FOR FULL DETAILS: please visit

<http://www.magicofbellydance.com>

No phone contact in February. I will be out of the country until early March

E: [magicofbellydance@gmail.com](mailto:magicofbellydance@gmail.com)





## Part Time Staff Required

We are looking for 3 – 4 reliable people to work in a small team assisting in the inspection of fruit from mid-March to mid-June.

Hours are generally 9am – 4.30pm Monday and Wednesday though hours may vary slightly. A good level of fitness is required as you may be required to lift cartons up to 20kg and will be standing for most of the day.

For more information or to apply email [coolstore@thawley.co.nz](mailto:coolstore@thawley.co.nz) or see [www.thawley.co.nz](http://www.thawley.co.nz)

## Catalyst Fitness

### 5K summer run series in Mapua

Each Wednesday, starting 7 February, for 12 weeks there will be a 5 km run organised.

Registration will be at 5.15 pm on the night at the Mapua Waterfront car park. Both runners/walkers and families are welcome. Times will be recorded, and there will be some great spot prizes from our sponsors –

**Catalyst Fitness, Rimu Wine Bar,**

**Mapua Country Store & Java Hut (T&C's apply)**

And for those that compete/help at all twelve events you will go in the draw for a major spot prize awarded on the final night.

All this for just a gold coin donation.

Afters and prizes at Rimu Wine Bar

All welcome, young and old, fit and not so fit, walkers and runners.

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- Some orchard accommodation may be available
- Orchard located on Dominion Road, Mahana.

Contact Malcolm Salmond  
(03) 5402557 or 0274926239  
Calls only please - no texts

## Cushla's Village Fabrics



### What's happening there?

It's the store that you drive by and think I must go in there one day so we are trying to make you more aware of the gem you have on your doorstep and hope to entice you into our Aladdin's cave.

Our store is not just for patchworkers but for sewers, knitters and crafts people. The range of stock in this store will amaze you and we cater for all tastes from the more mature to our little people. The fabrics stocked are high quality cotton fabrics which are suitable for dress making and home décor including beautiful decorator one-off footstools. Later in the year we will be making covered boxes, lampshades and cushions.

We have a dedicated class room space and run classes on an ongoing basis with visiting Tutors from outside the area as well as our local ladies. We have recently had international fabric designer, author, knitter Kaffe Fassett here which was his second visit with us and his ability with colour and thinking outside the square is inspirational. Our range of his fabrics is extensive. They are bright bold and cheerful fabrics with other designers from the Kaffe Collective being represented.

### At Cushla's we are Stockists of:

Janome Sewing Machines – specialist dealership.

Haberdashery – elastics – needles – interfacings – buttons – zips – scissors and the like – no need to leave the village.

**Wool** – just developing a new range of New Zealand wool.

**Fabrics** – Bali Batiks, 1930 reproduction, Civil War type of fabrics including French General, NZ prints.

**Kitsets** – for quilts and a variety of bags and small projects.

## JANOME



Come and see what classes we have planned for 2018

Remember there is an AED available at our store available 24 hours a day – we could save your life!



### Cushla's Village Fabrics

136 Aranui Road, Mapua 540 2011

We are open 6 days a week.

Look forward to seeing you!



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## OXYGEN SENSORS THE IMPORTANCE OF TESTING

Every new car, and many cars produced after 1980 have an Oxygen Sensor. This sensor is part of the emission control system and feeds data to the engine management computer. It is a critical component of the fuel injection system, which aims to achieve engine efficiency and minimise exhaust emissions.

The presence of oxygen allows the engine to burn fuel. The amount of oxygen the engine can recruit depends on a variety of factors, some of which include:



air and engine temperature, barometric pressure, altitude and load on the engine. The Oxygen Sensor constantly monitors the oxygen:fuel ratio within the exhaust gas, enabling the engine management computer to achieve a perfect oxygen:fuel ratio. Different fuels have different amounts of carbon and hydrogen and as a result have different perfect oxygen:fuel ratios. Too much oxygen in the ratio causes the engine to run lean. A lean mixture produces nitrogen oxide pollutants and can also cause poor performance and engine damage. This can shorten the lifespan of both the catalytic converter and the engine. Too little oxygen produces a rich mixture resulting in more fuel being used than burnt. Rich mixtures waste fuel and cause pollution.

The Oxygen Sensor is positioned in the exhaust pipe and detects rich and lean mixtures. The mechanism in most sensors involves a chemical reaction which generates a voltage. Voltage is analysed by the engines computer to determine if the mixture is rich, lean, or just right. The amount of fuel entering the engine is then adjusted accordingly.



Oxygen Sensors gradually age and work less efficiently as a result of the harsh environment they are exposed to within the vehicle. Aged and failed sensors cause problems such as: poor fuel economy, failed emission tests, premature failure of catalytic converters and poor engine performance.

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## MAPUA AND DISTRICTS BUSINESS ASSOCIATION

Administrator: Mel Stringer  
027 943 2469  
mdba@mapua.co.nz

Well, it's hard to believe that the Silly Season is behind us already and we are staring down the barrel of a New Year!

We are looking forward to hosting Helen Clark at our International Women's Day Event at the Mapua Community Hall in March! We are very lucky to have such an inspirational woman attend an MDBA function! Tables are now all accounted for, but you are welcome to put your name down on the waiting list.

Enjoy the Summer days, and enjoy the last of the School Holidays!

Mel Stringer—Administrator MDBA

### ***Hair Here!***

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If you are in need of a great hair cut or colour then look no further than Bernadette at Hair Here. Bernadette is an experienced Hair dresser with many years in the business and a keen eye for detail.

Come and see her beautiful home salon for your self. Situated in Chaytor Road, only a few minutes from the centre of Mapua and a hop skip and a jump from the motorway.

If what you need is ideas or inspiration give Bernadette a call, she is happy to discuss your ideas and give you some of her own if you need it.

There is no doubt about it, Bernadette at Hair Here provides exceptional service for her clients at affordable prices.

**Bernadette Gardiner**  
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[www.mapua.co.nz](http://www.mapua.co.nz)

### **Mel's Facepainting Nelson**

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*"Melanie Stringer is a first rate artist, with many amazing designs under her belt. Her unique style and original designs are recognised by many. You can be confident you are getting the best face painting in the Nelson Region"*

*Karen Wildman, Nelson*

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# Noticeboard

**Tasman Golf Club** welcome new golfers to Kina Cliffs for local golf experience at realistic cost, the best in Nelson. Coaching available. Come join us, we can help you learn the game! Info: Gary 540-3885.

**doTERRA** Essential Oil Talk & Sharing at Mapua Community Hall. An open and fun forum for learning effective health tips with potent remedies for an array of ailments! FREE Giveaways. Thurs 1 Mar 6pm - 8pm. Enquiries Vanessa: 027 6244 756

**Mapua Community Youth club.** Year 9 -13 youth. 6.30-8.30 most Fridays at Mapua Hall. Contact: Andy Price 540 3316, Marv Edwards 027 312 6435. A community-based youth project for Mapua and district, funded and co-ordinated by Hills Community Church.

**Daytime Book Group:** Meets first Tuesdays 9.45am. New members welcome. Anne 540-3934

**Toy Library:** extensive selection of toys, puzzles & videos for children 0-5yrs. Mapua Hall every 1st & 3rd Tuesday, 10-11.30am & 6.30-7.30pm. Phone Anja, 544-8733, about membership or casual hire.

**Coastal Garden Group** meets 1pm first Thursdays, Tasman Bible Hall (opp. Jesters). Men and women most welcome to share their love of gardening. Guest Speakers, Workshops, Garden Visits. Ph 03 528 5405

**Sing Your Lungs Out!** (SYLO) Free community singing group for anyone with respiratory issues, followed by morning tea. Singing improves your lung health! 10am every Monday, Tokomaru Rooms, Te Awhina Marae, Pah Street, Motueka. Pip 0274 282 693

**Mapua Craft Group** meet Fridays 10-noon, supper room, Hills Community Church. Simple craft work including: paper craft & card making, sewing, knitting, small upcycling projects. Occasional guest speakers, demos & outings. A social, a cuppa, some easy craft along the way. \$2 for room rent, koha for materials. Just come along.

**Fair Exchange:** A small group meets at Appleshed restaurant 8.45am 2<sup>nd</sup> & 4<sup>th</sup> Wednesdays to exchange home grown and home-made produce & goods. We welcome everyone! It's the sharing that counts. Info: Judith Holmes 021 072 8924 / 544-0890.

**Ruby Coast Newcomers Social Group:** meet new people, make new friends. Coffee 10am last Fridays at Tasman Store & occasional social events. Just turn up. Vivien/Richard 526-6707, vpeters@xtra.co.nz

**Motueka Senior Net.** Technology for mature adults. Monthly Members' meetings with guest speakers. Help sessions twice monthly. Courses & workshops change each term. Special interest groups meet regularly. Demystify technology in a fun and friendly forum. Clubrooms 42 Pah St Motueka. More info: Seniornet motueka.org.nz, Neighbourly or call Annie 540-3301.

**Mapua Art Group** meets Bill Marris Room Mapua Hall Thursday mornings, 9-noon. Like-minded artists get together to paint, draw, help each other in a social environment. All levels & media welcome. \$5 /session includes morning tea. Tables, chairs & easels provided. Cushla

Moorhead 03 528-6548.

**Java Hut Knit Group:** 10am Tuesdays at Java Hut. Bring your knitting or crochet. Debby 027 327-4055

**Yuan Gong:** Improve your health and life by daily Yuan Gong practise. Info: Marianne 0220 828 559

**Mapua Friendship Club** meets twice a month, 3rd Thursdays & last Fridays at Mapua Hall for indoor bowls and bring-a-plate afternoon tea. New members enthusiastically welcomed, no prior bowling experience needed - non-competitive, lots of laughs. \$3 door fee, 20¢ raffle. Contact: Val 540-3685.

**MDCA:** Mapua & Districts Community Association meets Feb-Dec, second Monday of each month, 7pm Mapua Hall; contact: info@ourmapua.org

**Taoist Tai Chi** Beginning class Tuesdays 1- 2.30pm. Continuing class Wednesdays 12.30 - 2.30pm. All welcome. Enquiries 545-8375

**Tasman Golf Club** welcome new golfers to Kina Cliffs for local golf experience at realistic cost, the best in Nelson. Coaching available. Come join us, we can help you learn the game! Info: Gary 540 3885.

**Mapua Boat Club** nights Thursdays 5.30-7.00 at the Club rooms, Mapua Wharf. Visitors and guests welcome. For more info: mapuabcsecretary@gmail.com

**Mapua Social Cycling Group:** "Wheels 2 Meals". Approx 30 km ride, coffee break halfway, no racing! Depart Mapua Wharf each fine Thursday @ 9:30 am. Just turn up with your bike, HiVis top & coffee money, or email wheels2meals@gmail.com

**Mapua Fellowship Group:** (formerly Probus Club). Monthly meetings, Mapua Hall, first Fridays 1.30pm. A social group with interesting speakers and a monthly social lunch at venues around Nelson Tasman. Contact: Club Pres: John Sharman, 540-3642.

**Ruby Coast Walking Group** meets 9.30am Wednesdays outside Tasman Store. Walk ~1½ hrs, then coffee & muffin back at the Store. All welcome. Just turn up. Fiona 526-6840, fiona.oliver@xtra.co.nz

**Kidz 'n' Koffee playgroup:** Wednesdays 10-noon, Hills Community Church, Aranui Rd (during term time). All parents & carers welcome, we cater for 0-6 yrs. \$2 don/family. Make some new friends. Info: Esther 540-2177.

**Spinners, Knitters, Weavers** – Creative Fibre Group, Mapua Hall, 2nd Tuesdays 10am. All welcome.

**Women's Recreation Group** - meets outside Mapua Mall Thursdays. Leaves 9.15am for 1½hr walk. Route varies. Join us whenever you can. Some members may cycle. Info Lynley 540-2292.

**Ruby Coast Run Club** meets 9am Mondays at Mapua School parking lot. Info: Debby 027 327 4055.

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