

## Life Membership Conferred on Hugh Gordon



The chair of the Mapua Community Association, Elena Meredith (right) shares a light moment with Hugh before she hands over a scroll marking his life membership.



The highlight of the December meeting of the Mapua and Districts Community Association was the bestowing of life membership on long-time Mapua resident Hugh Gordon in recognition of all his contributions to the community over many years. The Tasman District Deputy Mayor Tim King praised Hugh for his sharp intellect and persistence, and noted his many years of strong advocacy for Mapua including his seeing the Mamaku Drive by-pass (aka The Hugh Gordon Highway) completed after many years of delays.

His passionate and persistent advocacy was affirmed by Elena Meredith, the chairperson, and endorsed by council representatives with general acclaim from those members present. The meeting ended with a toast to Hugh with our congratulations. (See the scroll and video on Facebook).

Mark Bruce-Miller, chair of the Mapua School Board of Trustees, and the school principal, Neil Chalmers, outlined the present position of the school profile with its significant projected growth and possible strategies to deal with these changes. There was also discussion on the planned crossing from the Mapua Country Store to the school

Communication by the MDCA Facebook page is working well with many people keeping up with current issues this way. Tim Hawthorne also reported on

the positive meeting held recently regarding the Dale Vercoe gift project. The next step is a feasibility study.

Notice was given of a workshop to be held on 9 February to brainstorm ideas for inclusion in a work plan for Motorua/Rabbit Island and associated islands. Those interested are asked to RSVP to [anna.gerraty@tasman.govt.nz](mailto:anna.gerraty@tasman.govt.nz) before 1 February, either with the intention to attend or with ideas for the work plan.

Members were also advised that the MDCA 13 February meeting will workshop suggestions for submissions on the TDC Planned Review of all TDC-owned land in the Port Mapua/Waterfront Area, including the residential-zoned land at the corner of Tahi and Aranui roads, and Grossi Point. Members will of course be able to also make individual presentations. The TDC presentation of the Annual Plan in March will make a busy start to the year.

We hope that all members of the community have survived the hectic holiday season and are returning refreshed and ready for another year of projects, planning and progress! Everyone is welcome to join us. The email contact for all future contact with MDCA is [info@ourmapua.org](mailto:info@ourmapua.org)

See you on Monday 13 February at 7pm in the Bill Marris Room, Mapua Community Hall.

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4.15pm	5.00pm	5.30pm	6.00pm

### KAITERITERI ► NELSON

Kaiteriteri Beach	Motueka iSITE	Mapua Wharf	Nelson iSITE
Depart	Depart	Depart	Arrive
1.00pm	1.30pm	2.00pm	2.45pm
6.15pm	6.45pm	7.15pm	8.00pm

ADULT	ONE WAY	RETURN
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Nelson - Motueka	\$30	\$50
Nelson - Kaiteriteri	\$35	\$60
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## Police Report

Well, another year has kicked off. Hopefully you all managed to have a good break over the festive season. The district has certainly been busy with tourists and Kiwis on holiday. Thankfully there hasn't been a huge amount of crime. We had a male go on a crime spree in November and he did several burglaries in the Mapua/Motueka area. Thankfully we caught him.

There have been regular thefts of smaller items such as wallets, cellphones and cameras from people's camping sites or unlocked cars – so once again there are opportunist thieves out there, watching all the time.

Keep safe on the roads – still heaps of foreigners who don't know where they are going and love to suddenly pull over.

### Occurrences:

Dec 16: Trailer stolen Dawson Road, found on Old Coach Road

Dec 18: Minor assault Mapua Wharf

Dec 19: Male behaving inappropriately at McKee Reserve. Warned.

Dec 28: Burglary at business at Mapua Wharf

Jan 6: Damage to Tahi Street property

Jan 8: Flag stolen Ruby Bay. Had "Happy New Year" printed on it.


Jan 9: Black Adidas backpack stolen from bike at Mapua Wharf.

*Grant Heney, Motueka Crime Prevention*

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## TDC Survey Feedback Date Extended

The closing date for Tasman District Council's survey seeking public feedback on the future of Mapua's waterfront has been extended two weeks to ensure we capture the feedback from locals who may have been away on holiday.

The survey will now close on Monday 13 February with those answers complementing the approximately 360 responses received so far.

The survey will be used to inform a more substantial consultation process in the next few months to develop a long-term plan for council-owned land on the waterfront, including Mapua Wharf, the Waterfront Park, Grossi Point and remediated commercial and residential land.

Tasman Mayor Richard Kempthorne said that Mapua was growing and flourishing, and the work done in, and around the village over the past decade was contributing to the increasing demand.

"Mapua is experiencing a large surge in visitor numbers and demand for residential development. That creates extra demand for infrastructure, recreational spaces and facilities. More intense use can also affect the safe use of roads, footpaths and access to the water, as well as having impacts on community, amenity, cultural values and hazard responses," Richard said.

"We need to develop a long-term plan for the waterfront area in order to manage these effects. The survey asks people how they would like to see Council land managed into the future, and asks for specific feedback on aspects such as the mix of business and recreation, provision of boat access facilities, walkways, the Waterfront Park, and any problems or issues they see with the area.

"The results will help guide our planning for land use, infrastructure and funding of the waterfront to ensure we meet the needs of the current residents as well as catering for the future demand."

Mayor Kempthorne said the survey was just the first opportunity for people to have a say.

"There will be more opportunities for people to give feedback as we work through developing the different elements of the plan."

People can fill in the survey online, at [www.tasman.govt.nz/feedback](http://www.tasman.govt.nz/feedback), or pick up and post a hard copy at purple letterboxes set up at various locations in Mapua, or at council offices.

Chopsticks are one of the reasons the Chinese never invented custard.  
He left an indelible blank on my mind.

*Spike Milligan*



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# Mapua Growth Impacts on School

*Mapua School principal Neil Chalmers and Board of Trustees chairman Mark Bruce-Miller gave a presentation to the Mapua Community Association outlining the status of the Mapua School, its growth challenges and decile ranking change. Here is a summary of their presentation:*

“There is no doubt Mapua Schools is an excellent school. We know this because of the feedback we get from our pupils, from their parents, from our community and from the Ministry of Education’s Education Review Office. The teaching and support team in place are fantastic and the leadership team, led by Neil, form a tight-knit and highly competent team.

As we all know, however, Mapua is growing rapidly and the school is under increasing pressure to welcome new enrolments from within the Mapua School Zone. While this is positive for our community it does raise some significant challenges for our school. Our funding is based on our roll (ie, number of in-zone students) and planning for future growth is dependent on the population forecasts from the Ministry of Education. These forecasts do not seem to take into account the recent rapid development within the village and we are struggling to persuade the Ministry of Education that significant growth is imminent. Student enrolment has grown from 145 in 1999 to 296 this year, and we’re projecting 328 children by 2021. We want to be able to plan to build, redevelop and grow our school in a strategic and planned manner as opposed to sudden ad-hoc reactions when we have the children walking through the front gate!

Our rating as a decile 10 school is a reflection on the perceived affluence in our community. While this may be true for some families it certainly is not true for all, and yet this system calculates the relative funding we receive for our school. Decile 10 is as high as a school can go, and thus the relative funding we receive is as low as it can go. To combat this, and to provide a learning environment that allows all our children to ‘be all they can,’ we rely heavily on our community. This is in the form of parent donations, a very active PTA, fund-raisers and the Easter Fair.

It is wonderful to have this support. Put quite simply, we could not do without it! The need for parent donations remains quite a topical and political subject. We all have our own political and social views regarding the right to a ‘free’ education. BUT, these are ideological views and, as a school, we should work within the existing system. It is quite clear that if we want our children to ‘be all they can’ we need to supplement the Ministry of Education funding our school receives.

The Easter Fair is our major fund-raiser of the year and is one that the school relies on heavily. With the recent developments in Mapua, and subsequent



implications for the parking of vehicles at this event, we recognize the need to change the format. We really want to keep this fantastic event in Mapua and as a part of our community. There is every opportunity to help. Please contact Neil Chalmers at the school if you have anything to offer. We welcome all community input.”

*Tim Hawthorne, MDCA Executive Committee*

*Want to comment or join the Mapua and Districts Community Association? Just email MDCA secretary Mary Garner ([info@ourmapua.org](mailto:info@ourmapua.org)) or go to the “About” tab at [www.facebook.com/mapuacommunityassociation](http://www.facebook.com/mapuacommunityassociation).*

## SENIOR MOMENTS

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# PANZ

The holidays have come and gone...at least the official ones. The summer is still warm and the long days are great for those fun times on the water, BBQs, and family holidays. School will be in session before long and so will our Tuesday morning pastel sessions at the Mapua Hall starting Tuesday, 14 February from 9am to noon.



We will be gearing up for our February exhibition as soon as we return and we hope you can make it. The PANZ "Top of the South" Art Exhibition will be held Saturday, 25 February and Sunday, 26 February. Opening Night is on Friday, 24 February 7pm at the Mapua Community Hall. The exhibition is open from 9am to 4pm both days. Keep an eye out for advertising and posters with details.

We hope you can make it to our opening night or one of the exhibition days. The paintings will be exhibited by pastel artists from the Nelson and Marlborough regions. Come along and view the artworks of some of our very talented artists. Artworks will be for sale.

If you have made your New Year's resolution to start a new hobby or to take out your paints and join us for some fun and creative time, please feel free to join us on our Tuesday morning sessions.

For additional information please contact our Area Rep, Glenys Forbes at 03 540-3388.

*Gloria Anderson*

**Dr Ron Howard**

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# A Wood Burner Part of 'Otago Dream'

A couple of months ago I watched *Grand Designs New Zealand*. The plan was for a huge Otago mansion, all stone and wood and concrete and slightly brutal, challenging the elements. And not cheap, of course. The presenter talked about how technology was going to be employed in the house; the next segment was the presenter and builder being taken to a "house of the future" to see what was possible.

The house of the future was a sealed, warm, square bubble. With a whizz-bang heat exchanger, a computer in a cupboard and top-flight insulation, it did not need heating. "Even the heat from a desktop computer can keep a room at 21 degrees in winter. There is no need for a log fire," and several more comments along these lines.

The builder—also the owner—of the grand design looked rather irritated. He obviously had a vision of gathering around the log fire, which is an essential part of the Otago dream. Log fire, snow on hills, frosty outside, warm inside, pair of antique skis on the schist wall and red wine on the table; that sort of Otago dream. The builder wanted a log fire and he made it abundantly clear he was going to install one anyway. There followed lots of concerned asides to the camera from the presenter: "I'm worried the house will overheat", "This is so unnecessary", "So last century" and so on.

If the future is living in an hermetically sealed box always at 21 degrees, you can shove the future where sun don't shine, such as some valleys in Nelson and a lot of Otago in winter. It sounds awful. I can imagine little worse.



Of course we don't like to be cold or really hot, but what makes being alive such fun are its variations and contrasts. A cold bedroom and a warm bed. A hot bathroom and a cold shower. A cold room with sun streaming onto the floor, and the feel of warmth on the soles of your feet.

These small, seemingly irrelevant sensations are a large part of our lives. It's not just the inconvenience and irritation of the shock of the cold floor, but the warmth from putting on the furry slippers gives a tiny sense of accomplishment at having beaten the elements, which makes us feel just that tiny bit more heroic and robust. Through your actions, you have modified your environment and made it better for yourself. These moments of micro-accomplishment are so important to life.

I wonder if this is something one only understands after many years of inconveniences and micro-challenges. That living for the moment is, well, the moment? All this comes back to houses, of course, and the importance of those moments. A recent TV ad for one of the home builders asked whether you liked hearing the sound of rain on the roof? Very perceptive of them, as instantly I was emotionally engaged with the ad, remembering the last time significant rain fell in Ruby Bay (a while ago now, the garden and water tanks tell me) and I felt I was bettering the elements.

All micro-inconveniences are not equal though: a wrongly placed plug socket is an eternally irritating issue and one does not feel even slightly heroic plugging in the extension cord, just stupid for having put it there in the first place, but I digress.

And so the next time you face a micro-inconvenience in your home, smile and overcome it. And spare a thought for the *Grand Designs* guy in his Otago mansion next winter with the wood fire blazing, minus 5 degrees outside and 35 inside, windows are open and all's well with the world.

John Bampfylde

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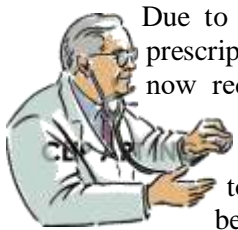
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# Mapua Health Centre

We would like to welcome Jared McLauchlan, a sixth-year medical student, who will be with us for three weeks during February. This is a great opportunity for Jared to get some insight into general practice and health care in the community setting.

Due to the increasing busyness of the practice we would like to suggest to patients that if you have a particular doctor that you would prefer to see, please try and make an appointment ahead of time. We appreciate this is not always possible but unfortunately last-minute appointments restrict your choice to whichever doctor has a free appointment on the day.



Due to the significant increase in repeat prescriptions that need to be processed we now require 48 hours' notice. The cost remains at \$10 and payment is required within five working days to prevent an administration fee being added. Same-day requests are still available. However, these are charged at \$20 with payment on the day. Prescriptions can be requested by email using Manage My Health.

We would like to wish Vicky and her team all the best for the Godzone race at the end of the month.

And talking of exercise, recent research (BMJ, August 9, 2016) shows that high levels of physical activity can reduce the risk for five major diseases, including type 2 diabetes. Data from a total 174 studies comprising 149,184,285 total person-years of follow-up, suggest that the more total regular daily physical activity one engages in - including recreation, transportation, occupational activity, and/or daily chores, the lower the risks for breast cancer, colon cancer, diabetes, ischemic heart disease, and ischemic stroke.

However, significant reductions in those conditions were seen only with total activity levels considerably higher than the minimum 600 metabolic equivalent (MET) minutes per week recommended by the World Health Organization for health benefits. That 600 METs equates to about 150 minutes/week of brisk walking or 75 minutes/week of running. (A MET is defined as the ratio of the metabolic rate during that activity to the

metabolic rate when resting.). Risks of the five conditions dropped significantly with an increase in MET minutes per week from 600 to 3000 to 4000, with less additive benefit seen above that level.

**Skin checks:** With summer upon us it is a good time to have a skin check. They take approximately 30 minutes and the main focus is to check for any suspicious moles or lesions. This is a full comprehensive body check and will give you the opportunity to discuss any issues you have or that may arise. Appointments can be made with one of our receptionists on 540-2211. And a reminder to keep in mind avoiding too much sun exposure between 11am and 4pm, wear a hat + long-sleeve shirt + sunglasses, slop on sunscreen 15 minutes before going outside and use a broad spectrum product with a sun protection factor of 30+ (they usually last only 2-3 hours so need re-applying for longer sun exposures).

Some of the events for the month:

1-31	5+ A Day Early Childhood Challenge*	<a href="http://www.5aday.co.nz">www.5aday.co.nz</a>
1-31	National Bike Wise month**	<a href="http://heartracer.org.nz/rideforheart">heartracer.org.nz/rideforheart</a>
2	World Wetlands Day	<a href="http://www.wetlandtrust.org.nz">www.wetlandtrust.org.nz</a>
6	Waitangi Day	
8	Go by Bike Day***	<a href="http://www.bikewise.co.nz">www.bikewise.co.nz</a>
13	International Epilepsy Day	<a href="http://epilepsy.org.nz/">http://epilepsy.org.nz/</a>
20	World Day of Social Justice	<a href="http://un.org/en/events/socialjusticeday">un.org/en/events/socialjusticeday</a>
25-31	Sea Week****	<a href="http://seaweek.org.nz/">http://seaweek.org.nz/</a>
27-2	Well Child Week	<a href="http://www.wellchild.org.nz">www.wellchild.org.nz</a>

\* The 5+ A Day Early Childhood Challenge is all about encouraging healthy eating and specifically eating 5+ A Day, fresh fruit and vegetables for health and vitality.

\*\* Bike Wise is New Zealand's national programme of activities, which promote cycling as a fun, healthy and safe way to travel. Why not join them and get back in the saddle?

\*\*\* A one-day event in your region that encourages people to switch from cars, buses and trains to biking to work for a day. At certain events, a free breakfast awaits cyclists at the end of their ride.

\*\*\*\* Sea week focuses on learning from the sea. It's about exciting and inspiring all New Zealanders to renew their connections with the sea. Not just for children or those involved with formal education - it's a time for all of us to get to know our ocean, its habitats, characteristics and inhabitants better.



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# Mapua Bowling Club

## *The Write Bias*

It was a case of 'hold onto your hats' as strong winds seemed to dominate the weather in January. But it did not deter the keen bowlers at Mapua Bowling Club.

One annual club tournament that is always hotly contested is the Kiwis vs The Rest of the World. Members, dressed in costumes to represent their countries of birth, battled for the Daubney Trophy. Photo below shows some of the play at this event.

After an afternoon of keen bowling, the Rest of the World team were the winners this year. Sue England, captain of the Rest of the World team, accepted the Daubney Trophy on behalf of her team. The competitive tournament was followed by a harmonious BBQ.

The next club tournament will be on Saturday 25 February: Lynda Mabin club pairs. Dress will be mufti and it is

a 1pm start. A big thank you goes to Lynda for her generous sponsorship of this tournament.

Club members have also been active in Nelson-wide competitions. It was excellent to have Mapua represented in recent Nelson Centre Open events: Men's Pairs, Men's Triples, Mixed Triples and Men's Singles. Well done to the members who participated in these events.

Mapua is in 5th position out of 16 teams in our division of the President's Trophy. Teams from Mapua have also played in the Greenkeeper's Tournament, Town and Country, the Umpires and Coaches Tournament.

Leisure Bowls (previously known as League Bowls) has started. Sessions are held every Monday at 6pm. They are open to new and existing bowlers with both friendly and competitive play. It is a perfect activity for relaxing after work or for those bowlers who prefer bowling in the cool of the evening. There is no need to book; just turn up

on a Monday evening and give it a go. Flat-soled shoes are essential to protect the green, but there are plenty of sets of bowls to borrow at the club and the bar is always open. There is a weekly fee of \$5. Why not give it a try?

For information about bowling, coaching or booking the clubhouse and facilities please call the president, Dave England, 03 540-2934.



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# Book Review

*Mobile Library* by David Whitehouse. Reviewed by Pat Russell. This book is available in the Mapua Community Library.

Having come to this book from a very dense Faulks (*Human Traces*) the layout of *Mobile Library* was initially rather off-putting; quite large type, with wide margins and line spacing so that I questioned it was for adults. But from the first line it was clear that something quite adult was occurring.

The few main characters are complex and loveable. Whitehouse is highly capable of making the reader care, and not in a maudlin way. They are a tight band who by necessity are cut adrift – literally, in the mobile library – but who nevertheless are capable of stretching to include another misfit.

There is the classic writer's use of misunderstood motives and actions. The good heart reaching to the badly wronged and abused child so that escape just seems a good idea. And off they go from the Midlands to the wilds of Scotland and eventually to South Coast England in an enormous and unwieldy mobile library. The library cleaner, Val, her Downs Syndrome daughter Rosa who provides a delightful gel, the brave and brainy young boy Bobby and eventually The Stranger. Who it transpires did not escape jail but merely walked out when no one was looking.

Along the way they discover the mysterious and the delightful winding paths and broad avenues which

lead out in every direction from the stacks through the books they choose. This cleverly offers us additional insight to their plans, or lack of, and in retrospect their actions. Life imitating art.

The children and dog sauntering through a police cordon to an ice cream truck is masterly, the suggestion of a Thelma and Louise ending as the burst of heat causes the ice cream to melt is quite wonderful – because all is not what it seems. And the final page perhaps offers what we crave.

The book is Whitehouse's second. With a very light touch he offers us a meeting with, allows us to know, the very good, the bad, the very ugly. The theme for each character is how to deal with, to live

with, loss. Parental or lover rejection and brutality, a mother who will never be known, the horrors of war. Only Rosa is immune, safe in a profound love. And there is Bobby's friend Sunny who methodically destroys his own young body in truly gruesome boyish ways, trying to become a cyborg so he can protect his one friend from school bullies. And in the end is truly a saviour in a much bigger story.

I cannot help myself. Two other authors I have just read I commend to anyone who is fascinated by 20<sup>th</sup> century history – or, as

in my case, let it all slip by in a confused fog of being required to learn dates and places rather than cause and effect. Louis de Bernières's very meaty 625-page *Birds Without Wings* is an extraordinary mix of personal stories and historical figures who were swept up in the collapse of the Ottoman Empire and which finally makes sense of the Turkey-Greece debacle. No one could make sense of WWI but here we have some cause-effect. Graphic gruesome sections.

The other are three books (so far) by Nadia Hashimi which each explore a series of events from one or two main female characters' perspectives, in 20<sup>th</sup> century Afghanistan. Wonderfully well written, definitely I-just-couldn't-put-it-down books. Can be read in any order. We are truly blessed to live where and how we do.



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# Mapua Community Library

(Moutere Hills RSA Memorial Library)

## Christmas Raffle

Sincere thanks to all members of the community who donated hamper items for our annual Christmas Raffle. We were thrilled to raise \$1170. Thanks again to the 4 Square team for allowing us to sell tickets from their veranda and huge thanks to all of you who bought tickets.

The winners were: 1<sup>st</sup>, Patrick Hewson; 2<sup>nd</sup>, Ann Campbell; 3<sup>rd</sup>, Marion Copp; 4<sup>th</sup>, Sue Bloomfield.



Marion Copp, right, receiving her raffle prize from Lynley Worsley

## Christmas/New Year Book Sale

We received a fantastic response to our call for donations of holiday reading and were very well stocked for a successful sale. We raised a total of \$827 and were thrilled with the support we received.

Both of these fund-raisers are very important to the library budget as funds are used to purchase all of those behind-the-scenes items that enable us to maintain and update our collection. Grants organisations provide wonderful funding for book-buying, but fund-raising is vital to purchasing covering material, labels, tape, toilet paper, stationery etc as well as to pay for our database service.

Our volunteers rally to plan, co-ordinate, staff and support these two fund-raisers – at what is a busy time of year. They donate time, expertise and equipment. The success of these fund-raisers is due to the wonderful support of library volunteers combined with the support of the wider community. It is a very special combination!

## Visitors to Mapua

If you are visiting Mapua, you are welcome to become a temporary member of our library. We are a community library staffed and run by volunteers and it is free to join. We have free magazines to take away as well as current magazines to borrow, second-hand books to purchase and a great selection of up-to-date books to borrow. We look forward to welcoming you to our library.

## Displays

Thanks to the artists at Country Kids for allowing us to display some of your stunning artwork in our children's section over the holiday period. There is still time for you to pop in and also admire Heather Marr's work. Our themed display in the foyer is Scandi Noir/Nordic Noir – the 'now' name for Scandinavia's crime fiction! You may discover a new favourite author.

*Lynley Worsley*

## Library Hours (closed Statutory Holidays)

Monday	2pm-4.30pm
Tuesday	2pm-4.30pm
Wednesday	2pm-6.30pm
Thursday	10am-12.30pm; 2pm-4.30pm
Friday	2pm-4.30pm
Saturday	2pm-4.30pm

mapualibrary@xtra.co.nz Facebook: Mapua Community Library

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# The Rise and Rise of Hamish's Ice Creams

*The following is the story of Mapua's iconic Hamish's Ice Creams and Dine Out Café as told by its owner, Adele Calteaux. Adele has worked long and hard and overcome numerous obstacles to continue providing the people of Mapua and its visitors with offerings from her popular and much loved café.*

As a family living in Mapua with three young children, my husband, Bruce and I (Adele) wanted to have a cafe at the wharf end of town that we could take the kids into even if their feet were sandy and they had their togs on; a cafe that was an affordable option for everyone and a place for parents to have a nice coffee break while the kids had an ice cream.

Back then (pre-2006) there was only the Smokehouse restaurant and takeaways (which was all one) and what is now the Appleshed Café & Bar.

Bruce is a builder and I was trained in the Robert Harris Cafe in Nelson when my parents owned it when I was in my 20s (quite a few years ago!) so the obvious thing to do here was for me to jump in, boots and all, set up and operate the type of business that we wanted to see/have at Mapua.

In 2006 we opened Hamish's Ice cream Parlour & Café. Hamish's was named after the white heron, called Hamish, who resided on the Mapua wharf during winters for 20 years.

The 'Touch the Sea' Aquarium was opposite our cafe so it was perfect for families to have a day out treat of visiting the aquarium and then having some lunch, coffee and ice cream. Unfortunately the aquarium was the victim of an arsonist in 2011 and was burnt to the ground. Even more unfortunate was that it was never replaced and a major attraction and educational site was lost forever. .

In the next few years there was a lot of talk and speculation over what would go onto the aquarium site. The TDC owned the land there and it decided to erect a commercial building. The TDC also owned the land where Hamish's and Golden Bear were but not the building, which was privately owned. Eventu-

ally TDC also bought the building where Hamish's and Golden Bear resided. Then the TDC advised us that Golden Bear was going to take over the entire building. They said they would relocate Hamish's into the new site (aquarium site) and we should not worry as they would look after Hamish's as it was an attraction in itself for the Mapua area and wharf.

I am going to cut out big chunks of 'the story' here so as not to bore you all with the particulars. After a lot of communications with the TDC we decided to turn down the offer of relocation for a number of reasons. We sought and found new premises ourselves once we were told we were to be evicted whether or not we took the offer of relocation.

And now back to the important stuff, looking onwards and upwards, putting the old behind us.

The old coolstore office became available and Bruce spent many hours remodelling and renovating (handy having a husband as a builder!) so that Hamish's may continue to have a presence at the Mapua Wharf. We reopened in September 2016 at the Iwa Street entrance to the Mapua Wharf beside the Cool Change Gallery. This time we call it Hamish's Ice creams and Dine Out cafe. It is a smaller site so we are unable to have customers come in and sit down; it's more like a kiosk cafe. However, the back area is

a lot bigger than the last site and so we have got more room to move and a big new commercial oven which means we now do all our own baking on site, including pies, sausage rolls, fillos, slices and, of course, we still make up fresh sandwich packs.

Our toasted sandwiches, bacon butties, BLTs and Paninis have always been a popular choice with the locals and tourists alike as we make them up fresh and we put lots of everything in while not charging a fortune for them. We have always prided ourselves on keeping our prices affordable but not skimping on the fillings—giving value for money.

We have our real fruit ice cream and yogurt choices back as well as Deep South rolled (scooped) ice creams. The coffee we have chosen this time is 'Tuatara'. It is roasted in a small roastery in Appleby.



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Milkshakes and thickshakes, iced coffees and iced chocolates have always been popular.

We have added a new feature to our menu—made-to-order hot Belgium waffles, served with ice cream, cream and home-made berry or chocolate sauce—these have been very popular, especially at night times for dessert. During the summer we open until at least 8pm. As long as we are busy we will keep offering this service.

Hamish's is lucky to have amazing staff, most of whom were with us on the last site. Our children Emily (18) Lauryn (16) and Jason (15) have all worked with me at Hamish's since it opened and have had the opportunity to learn the cafe and people skills that they have today. Tracey Healey and Jenny Johnston are local ladies who do a fantastic job looking after Hamish's whether I am there or not.

Bruce and I have been overwhelmed by the amount of support we have had from the community and would like to thank everyone so much for their kind comments and/or actions. It is that community support that has driven us to ensure Hamish's remains as a family-affordable and friendly café at the wharf.

We bought our home in Mapua in 1990 and are always proud to offer Hamish's (now) 'Ice creams & Dine Out Cafe' to locals and visitors so they CAN have what we felt was missing from our community

pre 2006—a family-friendly and affordable café at the Mapua Wharf.

**A TDC spokesperson made the following comment:**

"We wish Adele all the best with Hamish's on its new site. As she mentions, we were very keen to see Hamish's stay as an attraction on the wharf. Although we had our differences in trying to make this work at Shed 4, that chapter has closed and it's great for all the parties to be able to move forward and enjoy the great destination the wharf has become."

**Below: A women's' group gathers for coffee at Hamish's**



## Playcentre

Santa visited our Playcentre a few times in the lead up to Christmas.

We first got to meet him in person at our Christmas party, where he gave each of our (very excited) tamariki a book and then we all enjoyed a morning tea. We were then excited to receive some awesome new outdoor toys just in time for the big day too!

With the start of the school year being a long time away though, we felt it was only right to have a few holiday playdates to test the new toys out! So, on Friday 13 January and Monday 23 January we held two fun play days with lots of play and catching up.

With most activities closing down over the school holiday period, children and parents alike often jump at the chance to have one of their regular activities still going! We also find our school-age children love the chance to come and play too (often reconnecting with their old stamping ground).

Now, with the holiday season coming to an end, we are all looking forward to starting back for 2017 on Friday 3 February.

### About Playcentre

Playcentres are Ministry of Education-registered, the difference being parents' input into their child's learning, development and fun. At Playcentre, we follow the Early Childhood Curriculum 'Te Whariki' which is unique to New Zealand with an emphasis of

child-initiated play and parent education. It's a great way to really have hands-on play with your child, while you also get the benefit of having social interaction with other adults.

Mapua Playcentre has been a prominent place for families in the Mapua community for over 60 years. We have a qualified supervisor on each session, whose experience and knowledge is awesome. Visitors are always welcome so drop in and find out what Kiwi families have been embracing for generations.

We offer a term of free sessions for first time families and all children under two are free. Session times are Mondays and Fridays 9:30am – 12 noon during school terms. You can find us at 84 Aranui Road (behind the tennis courts by the scout den). Alternatively please contact us with any questions you have either by phone: Anita on 021 1265 357, email: [mapuaplaycentre@gmail.com](mailto:mapuaplaycentre@gmail.com) or find us on Facebook.

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## WHAT IS PECHAKUCHA?

**PechaKucha Nights** are informal and fun gatherings where creative people get together and share their ideas, works, thoughts, holiday snaps - just about anything really - in the PechaKucha 20x20 format. 20x20 is a simple presentation format where you show 20 images, each for 20 seconds. The images advance automatically and you talk along to the images. The first PechaKucha Night was held in February 2003 by Klein Dytham architecture who still organize and support the global PechaKucha Night network.

Here at the **Mapua Hall** we will have an array of presenters/ speakers lined up for our **PechaKucha Night MAPUA** speaking about a range of fascinating subjects.

*Come along and join your community for an entertaining night of fun!*



We're looking forward to a busy year here at the hall with new classes starting, exhibitions, community events & functions already being booked. Our financial position going into 2017 is looking good however our annual \$11,000 insurance bill is up for renewal this month which always puts a huge dent in the bank account.


This year we will continue to fundraise and do what we can to keep on top of the monthly running costs and annual bills and the committee and myself welcome any voluntary input or idea's to help with this. Don't forget, this is **YOUR** community hall and without you it wouldn't survive. Here's looking forward to a lively and prosperous year of enjoying Mapua's huge community asset, the Mapua Community Hall.

## What's On at the Hall In FEBRUARY

Monday	Tuesday	Wednesday	Thursday	Friday	Sat	Sun
mapuabookings@gmail.com		1 9am Yoga 12.30pm Tai	2 9.30 Low Impact Dance	3 9am Yoga	4	5
6 <b>WAITANGI DAY</b> 6pm Zumba	7 9am PANZ 9am Sioux Line Dance (beginners) 10am Sioux Line Dance (Improvers) 5pm Yoga	8 9am Yoga 12.30pm Tai Chi	9 9am Mapua Art Group 9.30 Low Impact Dance 3.15pm Karate 6pm Zumba	10 9am Yoga	11 12-4pm Ian Hamlin Painting Class	12
13 9.30am Low Impact Dance 3.30pm Funk Busta 6pm Zumba 7pm Mapua Comm. Assc. Meeting	14 9am PANZ 9am Sioux Line Dance 10am Mapua Creative Fibre 4.30pm Childrens Theatre Sports 6pm Yoga	15 9am Yoga 12.30pm Tai Chi	16 9am Mapua Art Group 9.30 Low Impact Dance 2pm Friendship Group 3.15pm Karate 6pm Zumba	17 9am Yoga	18 7.30pm Motueka Social Dance Group	19
20 9.30am Low Impact Dance 3.30pm Funk Busta 6pm Zumba 6.30pm Hall Comm. Meeting	21 9am PANZ 9am Sioux Line Dance 2.30pm Sit & Be Fit 4.30pm Childrens Theatre Sports 6pm Aerobics 6pm Yoga 7pm Pilates	22 9am Aerobics 9am Yoga 10am Pilates 12.30pm Tai	23 9am Mapua Art Group 9.30 Low Impact Dance 3.15pm Karate 6pm Zumba	24 9am Aerobics 9am Yoga 10am Pilates 2pm Friendship Group	25 Top of the South Art Exhibition	26 Top of the South Art Exhibition
27 9.30am Low Impact Dance 3.30pm Funk Busta 6pm Zumba	28 9am PANZ 2.30pm Sit & Be Fit 4.30pm Childrens Theatre Sports 6pm Aerobics 6pm Yoga 7pm Pilates	<b>WWW.MAPUAHALL.ORG</b> 				







**Mapua Boat Club**

# FISHING

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# Beautiful Berries for Summer Eating

By Sarah La Touche



**Y**ou can definitely tell it's finally summer time—in a flash we were surrounded by berries! And the pre-Christmas rush seemed all the more acute because of the cooler weather too. All the same, it's enough to put a smile on your face any time of the day, just the sheer anticipation of gorging on these delicious fruits for however long they are about.

Everywhere I've been in the past few weeks, even on my morning walks, there are roadside stalls selling strawberries, raspberries, blueberries and boysenberries. And that's just for starters. We haven't got to gooseberries, currants and blackberries yet.

I hadn't realised it until I moved here, but I was surprised to discover that New Zealand is one of the biggest berry producers in the world, and I'm beginning to discover that many of those berries are grown in our own back yard. Well, not literally you understand but certainly up and down, and around about, our front door.

Last weekend we took a gentle drive to Nelson Lakes and returned following the Motueka River. I'm a roadside stall addict, so you can imagine my delight



when we stopped at a stall selling kilo punnets of freshly picked raspberries for \$10 each. What a bargain. We feasted on those for a few days.

Now that the unseasonably cool summer has started to recede (we hope), all the cherry and berry farms are selling their wares from fun roadside stalls, and better still, the pick-your-own orchards are in business. It's a tight window so it's make berry sales while the sun shines.

Coming back from Abel Tasman Regional Park, we stopped at the Boysenberry Farm just outside of Riwaka. They had been having trouble getting enough berries in because of the cold start to summer so we were lucky enough that day, to nab the last giant punnet of equally giant, juicy, ripe, sweet, luscious boysenberries. My, oh my, I haven't tasted boysenberries like that for a very long time.

That Christmas tradition here of pick-your-own on Christmas Eve, for your Christmas Day feast, is still very much alive and well I'm happy to say. It is just like what my family enjoyed when I was a nipper. I'm guessing I'm going to start looking like a spotty, round berry myself by the time the season comes to an end.

There are so many things you can do with berries, not just sweet treats either. Raspberries make a very fine vinegar for example, so that will be on my 'to do' list this summer. There is nothing like eating them super fresh as they are but I've already had my

ice cream-maker whipping up boysenberry ice cream for Christmas Day. Black current ice cream is a bit of a ritual in our household so I'm looking forward to getting stuck in to making that.

I've also been dreaming about a simple raspberry tart made with Pate brisée, a generously thick layer of crème pâtissière followed by an equally thick layer of fresh raspberries on top. Ummmm, such a tasty summer!

And my new jam pan, I wore the other one out, has been busy on the stove in the past few weeks, and the pantry is already full of pots of raspberry, boysenberry and blackberry jam for our guests and friends.

So thank you, all you wonderful berry growers, I for one sincerely appreciate all your hard work!

This rather old fashioned but wickedly divine raspberry charlotte is a completely delicious way to enjoy fresh raspberries, and makes an elegant addition to any dessert table. Swap the raspberries for other berries if you wish. And make it the day before to save frayed nerves on the day.

## Raspberry Charlotte

Serves 6. Prep time 30 minutes, plus 7 to 8 hours standing time. You will need a charlotte mould but you can just as easily use a basin-shaped bowl.

32 sponge fingers, also called ladyfingers  
4 tablespoons water  
2 tablespoons liqueur, Amaretto or similar is good  
400g fresh raspberries

### For the marzipan cream:

250ml milk  
1 vanilla pod, slit in half  
50g sugar  
25g flour  
50g ground almonds  
1 whole egg  
1 egg yolk  
400g fresh raspberries approx to decorate

First prepare the marzipan cream.

Place the milk and split vanilla pod in a saucepan and bring to the boil. Remove from the heat and leave to stand for 10 minutes.

In a basin, mix the sugar, flour, and ground almonds. Add the egg and egg yolk, and gradually work in the hot vanilla milk. Place back on the element and bring back to the boil stirring continuously to avoid lumps forming. Allow to bubble 2 or 3 times, remove, and leave to cool.

Dip the sponge fingers lightly in the mixture of water and liqueur and line the mould with the sugar-



coated sides of the sponge fingers against the base and sides of the mould. Break the remaining sponge fingers into pieces.

In the centre spread a layer of marzipan cream, a layer of fresh raspberries, and then a few broken biscuits. Continue to fill the mould in this way, finishing with a layer of sponge fingers. Trim the sponge fingers lining the mould level with the filling and arrange the trimmings on top of the filling.

Press down well (you can weight it gently with a pound of butter or similar if you wish) and leave to stand in the fridge for at least 4 hours, preferably overnight.

To serve, remove the charlotte from the mould by placing a plate on top and inverting the mould, tap the bottom, which is now at the top, lightly and it should slide out easily. Decorate the surrounds of the charlotte with more fresh berries. Serve sliced like a cake.

Sarah La Touche is a qualified Holistic Nutritionist. A registered member of the New Zealand Clinical Nutritionists Association and New Zealand Guild of Food Writers, she also runs B&B and self-catering accommodation in Mapua, walking and gastro-nomic hosted holidays in France. She is available by phoning 027 315 1165, sarah@livingnutrition.co.nz or www.holidaystaymapua.nz.

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The Mapua Art Group held a very successful exhibition in the Mapua Hall at the beginning of January. The exhibition was opened by Lance Trolle, a local framer, with 20 members exhibiting. There was a wide variety of styles, and mediums, watercolours, oils, acrylics, pastels, photos and mixed media so plenty of choice both style-wise and

price-wise, thus producing good sales.

The exhibition was well received by the general public with many inspiring comments passed. We are planning to hold another exhibition next January. We would like to thank all those who gave us their generous support.

*Cushla Moorhead*

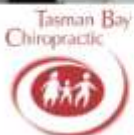
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# The Playhouse Cafe

## What's On Guide

# FEBRUARY 2017

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M	T	W	T	F	S	S
30 OPEN NELSON ANNIVERSARY 11am till 4pm	31 Open 11am till 4pm	1 Open 11am till 4pm	2 Themed Thursday VIETNAMESE \$22 set menu from 5pm	3 CLOSED FOR WEDDING	4 CLOSED FOR WEDDING	5 Set Menu Sundays \$22 2 Course from 5pm
6 OPEN FOR WAITANGI DAY! 11am till 4pm	7 Open 11am till 4pm	8 Open 11am till 4pm	9 FIONA PEARSON Arts on Tour presents Violin Virtuoso with her band \$25, 8pm Bookings recommended	10 ZORN and friends \$10, 8pm local alt music	11 CLOSED FOR WEDDING	12 Set Menu Sundays \$22 2 Course from 5pm
13 Closed	14 Valentines Day \$27 Set Menu Open 11am till late	15 Open 11am till 4pm	16 Themed Thursday Italian \$22 set menu from 5pm	17 THE MANAGERS Amazing Ska Music from Wellington \$15 presale, \$20 on door 8pm	18 CLOSED FOR WEDDING	19 The Ark Long Lunch Alfresco dining \$55 4 course plus drink on arrival this will sell out
20 <b>MARCH GIGS</b> 11th: The Nukes 15th: French for Rabbits 19th: Musos for Mammals	21	22	23 Joe Bennet Write/Wrong \$20+bf, 730pm Fund raiser for the Hospice Please book ahead on line this will sell out	24 Paul Madsen Sings his Favs Beegees, Queen \$25, 8pm \$35 buffet	25 70's ALL VINYL DISCO Dress up, have a blast FREE TO ALL, 7pm Super Special \$20 Roast	26 Set Menu Sundays \$22 2 Course from 5pm
27 Closed	28 Open 11am till 4pm	1 Open 11am till 4pm	2 Steve Wilbury's Magic Show Thurs and Fri Night, 730pm \$15, \$12 kids, \$50 Family Amazing night of magic for the whole family	3	4 CLOSED FOR WEDDING	5 Set Menu Sundays \$22 2 Course from 5pm

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# Hills Community Church



If you were to map out the year ahead, I wonder what you would choose as your destination and path to get there?

Over summer, as with many others, we spent much of it in a car, going from one destination to another. In most of these journeys, I would put our destination into Google Maps, trust that it would choose the best route and then get us there without too much trouble. I did learn a couple of things in our travels, though: Firstly, GPS doesn't work so well amidst the high-rises of central Wellington, and secondly, it doesn't necessarily help you find somewhere to park the car. By and large though, we eventually heard, 'You have arrived at your destination.'

It is, generally speaking, a great help to know where we are going, and it is also, generally speaking, a great help to have someone (or something) giving us directions.

There will be many times in life, though, that despite our best planning, the journey can surprise us. We find ourselves in a completely different situation than where we thought we would be, or even if we get to where we wanted, we have gone a different route than we planned.

Much like travelling around central Wellington, with its road works and road closures, due to the Kaikoura earthquake, and its traffic jams and speed humps, life can throw us the unexpected. These interruptions can send us into a spin, especially if we lose sight of the destination, or if we have set our hearts on the wrong destination.

As we look to the year ahead and the different plans and hopes that we have, it is vital to remember this: that our most important destination is not a place or an achievement but a person, God himself. It is in God, through Christ Jesus, that we find our home and our rest and in whom we are made complete. But it is more than this; God has us, and our future in the palms of his hands: Through the prophet Jeremiah, God speaks to us:

"For I know the plans I have for you...plans to prosper you and not to harm you, plans to give you hope and future." (Jeremiah 29:11).

*Blessings, Rev John Sherlock.*

## Sunday Worship:

9am, Traditional service. 10:30am Contemporary service & Children's programme including crèche; Holy Communion celebrated at both services on the 2nd and 4th Sundays with morning tea in-between.

5:30pm-6:30pm Teen service (call Mark for info 020 4104 8799)

## Weekly Calendar:

Wednesdays: 10am-noon—Kidz n Koffee. Open to parents-caregivers-pre-school kids—a great way to make new friends!

Fridays: 10am-noon—Craft n Coffee—learn a craft and share a laugh! Open to all.

Friday 6:30-8:30 Mapua Community Youth Club at Mapua Community Hall

Drop-off for area food bank – Bring your non-perishable food items to the church (122 Aranui Road)

Office hours (ph. 540-3848) Tuesday 9-12:30, Thursday 9-11am, Friday 10am-11am

Church Hall for Hire: for events or regular activities please call Jillian at the office 540-3848, or office.hcc@xtra.co.nz

See us on the web for details and events:  
www.hillscommunitychurch.org.nz

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# Tasman Bible Church



## Have a Word, will you?

Parts of the Christian Church are only just finishing off their celebrations – even now. It is largely because they started a little later, January the sixth, and those celebrations feature not only just Jesus' birth, but that birth as an 'appearance' as God 'en-fleshed'.

In the Bible it says: "And the Word became flesh, and dwelt among us and we beheld his glory, the glory as of the one and only Son who came from the Father, full of grace and truth."

Jesus Christ adopting a perfect, permanent union of the two natures (divine and human) in one Person is described as God 'having a Word' with humanity. Words can be cheap of course – but not in this case! Words are freight-carriers of truth and meaning and, when used wisely are, bearers of riches greater than silver or gold. Words can be world-creators or game-changers.

Most of us are aware of what might be the meaning and intention when someone says, 'Can I have a word?' or, 'We need to have words' or 'They've had words!' but, this use is only half the story. The anticipations of 'words' does not always have to be confrontational or with ill feeling, or, a negative experience. Words may be essential for clarity, understanding, encouragement, or hope. The word is still the

basic unit of communication for thought irrespective of the images you see – you still need words for a coherent explanation. True, there are occasions when you might say, 'I was lost for words' but then, even that statement is an attempt to convey a communication.

God's 'having a word' is important. At Christmas-tide, His Word in Jesus Christ is the highest and most profound of descriptions of God's communication of Himself. The child of Bethlehem is a communiqué from God in the most understandable way that humanity can grasp – as one of us – His Word as Son of God. Sonship in Jewish culture is a term of equality. Jesus' use of the term got him into perilous trouble a number of times before his planned crucifixion. In Jesus Christ, God's final living Word, we see God in action – in thought and word and deed – just as we operate.

The birth of Jesus Christ then is part of a profound and comprehensive disclosure where God literally demonstrates 'having a Word' with his created humanity...as the Incarnation of God 'fleshed out' in a human being. That 'Word' was crucial as much then as it is now. Don't be offended when God says, "I'd like a Word with you". He's just being...well...God!

*Richard Drury*

*For more information on Tasman Bible Church go to [www.tasmanbiblechurch.org.nz](http://www.tasmanbiblechurch.org.nz)*

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Have you ever wanted to achieve something that will mean a lot to you? To take part in a challenging event, or reach a personal fitness goal—but the thought of what you need to do to achieve it seems so overwhelming, that you don't actually get started?

Maybe you have heard of or seen advertised an event, let's take, for example, a 25km trail run. You think to yourself, "Wow, it would be very cool to do that, but I am nowhere near fit enough to run 25km. Oh well, one day maybe." But "one day" never comes.

When we are faced with a task that seems too huge to complete, and we really don't know where to start, it's a good idea to break the steps needed down into bite-sized chunks to make them achievable and less daunting.

Start with small steps that you know you can manage, and when you have achieved that first goal, make the next step just a little bit harder, and so on.

If running 25km is your goal, but you can only run/walk 5km now (or less) then start out with that, add a little distance or increase your speed each time you go out to train and before you know it you will be much closer to that 25km.

If you would like some help with setting a goal and breaking it down into manageable steps, then let me know. I'd love to help.

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Edited by Andrew Earlam (advertising) 540-2845, and Terry Smith (editorial) 540-3203. Views expressed are not necessarily those of the editors. We aim to have the newsletter out by the 1<sup>st</sup> of the month. The deadline for emailed items to [coastalnews@mapua.gen.nz](mailto:coastalnews@mapua.gen.nz) is the 20<sup>th</sup> of the month. Notices are a gold coin donation in the collection boxes. Club notices are free. Printed by the Tasman District Council.

# Under The Bonnet with Fred

Ray's Trucks



This is a tale of two trucks. I called to see Ray about his 1980 Series III Land Rover short wheelbase ute, or as it sometimes called, a Land Rover 88. There is a twist to the story as Ray's friend Lindsay was visiting at the time. Ray had bought the Land Rover from Lindsay while they were working together in Papa New Guinea when the vehicle was in storage in Murchison. It was sold on a handshake with the two mates understanding that the money and possession would be sorted out once they were back in New Zealand. Five years later they got the Land Rover out of storage and Ray became the third owner.

Lindsay had all the history. The original owner was Bill Blackadder who farmed near Springs Junction and used it as his town car. Lindsay reckoned it had never been in 4WD. Half of Murchison wanted to buy it when it came up for sale so Lindsay drove to Springs Junction with the cash and became the second owner.

The body is a nice off-white colour, with the typical galvanized corner trims and headlights set in the mudguards which distinguishes it from a series II. The interior has the square seats with an added cushion tool box underneath with an original tyre-changing tool kit which has never been opened. The speedo, temperature and fuel gauge are all in front of the driver with a no-frills dash, as this was not designed for Queen Street Auckland. There are three gear levers to deal with—red for 4WD, yellow for low ratio and black for four-speed gear change. After a Rangiora garage had had a go, both Ray and Lind-

say have not been able to fix the fuel gauge which indicates full when empty and empty when full. The long narrow shelf below the windscreen is ideal on hunting trips—somewhere to put your rifle bolt or the ammo.

Ray is well known in Mapua for the green monster which is his Ford F250 ute so it was a surprise to find out he owned a Land Rover. Land Rover 88s are starting to become collectable plus it is nice to have one with local history. Lindsay said he would buy it back again any time. Ray's a tall man and says the only thing wrong with the Landy is it is hard to get into.

Some comparisons of Ray's trucks:

Land Rover – length 3.61m, width 1.67, weight 1338kg, 2.3 litre petrol engine, 73hp, 16 mpg (17

litres/100) Ray says it is “a little bit thirsty.”

Ford F250 – length 5.76m, width 2.0m, weight 2248kg, 7.3 litre diesel, 235hp, 16mpg (17 litres/100) Ray says, “Fuel OK for a big truck but with a boat on it starts to use it.”

My two choices: Land Rover for the bush and the F250 to tow the boat. I'm sure the Land Rover 88 is something Ray and Lindsay will talk about for many years to come.

*Fred Cassin*



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Tuesday	7.05pm-7.55pm	Pilates (all levels, beginner to advanced)
Wednesday	9.05am - 9.55am	Aerobics (the old-fashioned dance-around and sing-along kind)
Wednesday	10.05am - 10.55am	Pilates (all levels, beginner to advanced)
Friday	9.05 - 9.55am	Cardio/Strength alternating every 3rd week with Pump and Step Cardio/Weights.
Friday	10.05am - 10.55am	Pilates (all levels, beginner to advanced)

You buy a membership based on 1,2,3 etc times per week, but you can attend any number of classes in any week. Minimum commitment this term 8 sessions - ie/ at least one a week ☺. There are 3 Saturdays, March 11<sup>th</sup>, 25<sup>th</sup> & April 8<sup>th</sup> - Strength Training 9.05, Pilates 10.05. "Top ups" available, but you can't just buy the top ups ☺. 8 is the minimum commitment this term. Please email [lynda@hht.co.nz](mailto:lynda@hht.co.nz), ph 5432268 or 027 222 1491 to reserve a guaranteed place.

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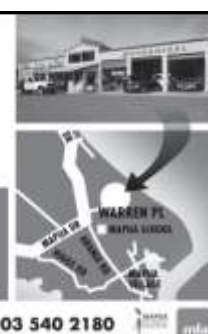
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The problem with this is most people are not aware of which grade of oil is specified by their vehicles manufacturer and how this may differ to that available at the service station.

When differing oils (grades/brands) are combined there is a high possibility of disastrous damage occurring within the engine without you knowing until it's too late.

These are some of the reasons why damage can occur when combining different oil grades/brands:

**VISCOSITY INCREASE:**

- The oil becomes thicker, reducing its rate of flow and availability to moving parts. This can lead to oil starvation resulting in engine seizure.

**VISCOSITY DECREASE:**

- The oil is thinned more than required to lubricate moving parts effectively resulting in premature wear.
- Blocking of the particulate filter, used in late model vehicles for emission control.

**ADDITIVE DEPLETION:**

- Different additives can counteract each other which can reduce the life of the oil; its ability to work effectively and its ability to keep the inside of the engine clean and free of deposits that can build-up and eventually block the oil galleries.

When any compatibility issues arise it is often too late to avoid any damage that could vastly reduce the engines working life span.

With the introduction and use of three way catalytic converters and diesel particulate filters the correct choice of oil is even more important. These units are easily damaged and costly to repair.

The safest option is to find out which oil grade and brand is recommended for your vehicle and stick to it when topping up.

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# MAPUA AND DISTRICTS BUSINESS ASSOCIATION

Coordinator: Janet Taylor  
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## International Women's Day - 8 March 2017

The MDBA will once again be celebrating IWD with a special dinner at Petite Fleur to acknowledge and celebrate the contribution women make to our local business community. This year's international theme is 'Women in the Changing World of Work: Planet 50:50 by 2030'.

Our local event will feature inspiring guest speakers and support to the Nelson Angel Women's Loan Fund Trust which assists women to establish businesses. This event is also for the men and is open to non MDBA members - however rsvp and prior payment is essential. If you would like more information email [coordinator@rcmh.co.nz](mailto:coordinator@rcmh.co.nz)



## architecture studio | mapua

**Architecture Studio Mapua** was founded in 2012 when Architect Simone Wenk set up business next door to Cushla's on Aranui Road. Since then Architecture Studio Mapua has relocated to the central buzz of Mapua Wharf. It's relocation to the wharf has been a great one; being surrounded by good cafés, restaurants, and not to mention, amazing views.

Simone has been involved in a range of special local projects, these including:



- *Kereru Gallery; a commercial residential box design with cedar timber cladding.*



- *Mapua Rise; a personalised prescind design featuring negative detailing. A future project on the go.*



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[simonewenk@xtra.co.nz](mailto:simonewenk@xtra.co.nz)

Shed 4, Mapua Wharf  
[www.architecturemapua.co.nz](http://www.architecturemapua.co.nz)

[www.rubycoastmouterehills.co.nz](http://www.rubycoastmouterehills.co.nz)



## Ruby Downs Alpacas

The Colours of New Zealand... Naturally

Hans and Sandra Baerselman of Ruby Downs Alpacas enjoy a lovely setting in the hills behind Tasman. Their herd of award winning alpacas roam the rolling hills, with plenty of shade, space, and fresh air - they're living in a wonderful healthy environment.

Hans and Sandra are breeding high quality alpaca concentrating mostly on black and fawn alpacas although they have many other colours to choose from, for both the New Zealand and overseas markets. Their alpacas have all of the desired elements of fine, lustrous and dense fleeces and strong, true-to-form frames.

Already the quality of the herd is evident in the awards Ruby Downs Alpacas have been winning in the show ring at various Alpaca shows up and down New Zealand. Several new cria (baby alpacas) have arrived safely to add to the genetic depth of the herd.

Visitors are welcome - both breeders and people looking for a gentle pet - but we do ask you to call and arrange a time before arriving, please.

**Contact Ruby Downs Alpacas**  
**Sandra and Hans Baerselman**  
Mobile 021 472 070  
[alpacas@rubydowns.co.nz](mailto:alpacas@rubydowns.co.nz)  
[www.rubydownsalpacas.co.nz](http://www.rubydownsalpacas.co.nz)



Ruby Downs crias, Sahara (left) and new arrival Gobi getting to know each other.

Supporting Local Businesses since 1992

# Noticeboard

**Tasman Golf Club** welcome new golfers to Kina Cliffs for local golf experience at realistic cost, the best in Nelson. Coaching available. Come join us, we can help you learn the game! Info: Gary 540-3885.

**Yuan Gong:** New Year, new beginnings, improve your health and life by daily Yuan Gong practise. Info: Marianne 0220 828 559

**Mapua Friendship Club** meets twice a month, 3rd Thursdays & last Fridays at Mapua Hall for indoor bowls and bring-a-plate afternoon tea. New members enthusiastically welcomed, no prior bowling experience needed - non-competitive, lots of laughs. \$3 door fee, 20¢ raffle. Contact: Val 540-3685.

**Tuition:** Want help with maths or physics? Individual tuition, or help given on-line. No fees for online help, koha if you want. Email: mathshelp99@gmail.com or text 021 185 6524.

**Mapua Boat Club** nights Thursdays 5.30-7.00 at the Club rooms, Mapua Wharf. Visitors and guests welcome. For more info: mapuabcsecretary@gmail.com

**Mapua Social Cycling Group:** "Wheels 2 Meals". Approx 30 km ride, coffee break halfway, no racing! Depart Mapua Wharf each fine Wednesday @ 9:30 am. Just turn up with your bike, HiVis top & coffee money, or email wheels2meals@gmail.com

**Ruby Coast Walking Group** meets 9.30am Wednesdays outside Tasman Store. We walk for about 1½ hours, then enjoy coffee & muffin back at the Store. Walk according to your ability and speed. All welcome. Just turn up. Fiona 526-6840, fiona.oliver@xtra.co.nz

**Kidz 'n' Koffee playgroup:** Wednesdays 10-noon, Hills Community Church, Aranui Rd (during term time). All parents & caregivers welcome, we cater for 0-6 yrs. \$2 donation per family. Make some new friends. Info: Esther 540 -2177.

**Spinners, Knitters, Weavers** – Creative Fibre Group, Mapua Hall, 2nd Tuesdays 10am. All welcome.

**Mapua Community Youth club.** Year 9 -13 youth. 6.30-8.30 most Fridays at Mapua Hall. Contact: Andy Price 540-3316, Marv Edwards 027 312 6435. A community-based youth project for Mapua and district, funded and co-ordinated by Hills Community Church in partnership with the wider local community.

**Mapua Craft Group** meet Fridays 10-noon, supper room, Hills Community Church. Simple craft work including: paper craft & card making, sewing, knitting, cooking, small upcycling projects. Occasional guest speakers, demos & outings. A social, some fun and a chat, some easy craft along the way. Koha for materials & room rent. Info: Julie Cox 540-3602, juliecox@xtra.co.nz & facebook.

**Coastal Garden Group** meet first Thursdays, 1.00pm, Tasman Bible Hall. Members, guests & visitors welcome. Judith Garrett-Brown, Phone 03 528-5405

**Women's Recreation Group** - meets outside Mapua Mall Thursdays. Leaves 9.15am for 1½hr walk. Route

varies. Join us whenever you can. Some members may cycle. Info Lynley 540-2292.

**Daytime Book Group:** Meets first Tuesdays 9.45am. New members welcome. Anne 540-3934

**Fair Exchange:** A small group meets at Appleshed restaurant 9am 2<sup>nd</sup> & 4<sup>th</sup> Wednesdays to exchange home grown and home made produce & goods. We welcome everyone! It's the sharing that counts. Info: Judith Holmes 021 072 8924 / 544-0890.

**Ruby Coast Newcomers Social Group:** meet new people, make new friends. We have coffee at 10am last Fridays at Tasman Store & hold ad hoc day & evening social events. Info: Vivien/Richard 526-6707, vpeters@xtra.co.nz, or just turn up.

**Moutere Hills Rose Society.** A gardener with a special love of roses? We meet monthly - contact Margaret 03 528-8477 or Cynthia 03 528-8664.

**Motueka Senior Net.** Technology for mature adults. Monthly Members' meetings with guest speakers. Help sessions twice monthly. Courses & workshops change each term. Special interest groups meet regularly. Demystify technology in a fun and friendly forum. Clubrooms 42 Pah St Motueka. More info: Seniornetmotueka.org.nz, Neighbourly or call Annie 540-3301.

**Mosaic workshops:** Keen to start a mosaic project, or continue work on one you've had on the back burner? Enjoy the stimulation of working with others, and become more confident in your skills. Tools and some materials provided. \$10 per session. Contact: Bridget 5402461 or bridgetpcastle@gmail.com

**Mapua Art Group** meets Bill Marris Room Mapua Hall Thursday mornings, 9-noon. Like-minded artists get together to paint, draw, help each other in a social environment. All levels & media welcome. \$5 /session includes morning tea. Tables, chairs & easels provided. Cushla Moorhead 03 528-6548.

**Toy Library:** extensive selection of toys, puzzles & videos for children 0-5yrs. Mapua Hall every 1st & 3rd Tuesday, 10-11.30am & 6.30-7.30pm. Phone Anja, 544-8733, about membership or casual hire.

**Ruby Coast Run Club** meets 9am Mondays at Mapua School parking lot. Info: Debby 027 327 4055.

**Java Hut Knit Group:** 10am Tuesdays at Java Hut. Bring your knitting or crochet project. Info: Debby 027 327 4055

**Combined Club** meets Mapua Hall, 1.30 pm, first Fridays. Guest speakers talk for about an hour, and club member will also give a short talk. Now in its 15th year, new members always welcome. Pres: Bill Hall, 540-2522, Secr: Rita Mitchell, 03 528-8097

**Technical problems solved!** - Don't know how to use your electronic devices? Can't set up something new you've bought? Need computer tuition? Local help is at hand! Average job price just \$35. Web design and mobile app creation also available. Call Sam, 03 544-0737, sam@sambennett.co.nz.