

A Spring Out and About with Hugh

Quite often."Literal" meaning: word-forword, or "prosaic," meaning straightforward. Men have the trait of being "literal," sometimes to the extreme. Female readers are now laughing.

Thinking of spring, I went to the Animal Fair. The Birds and the Beasts were there. The Big Baboon in the light of the Moon was combing his wavy hair. The Monkey he got drunk, he ran up the Elephant's trunk, the Elephant sneezed and fell to his knees and that was the end of the Monkey, Monkey, Monkey!

This American folk song, dating back to the late 1800s, seems quite appropriate to the current "Animal Fair" political scene now showing in Christchurch. Yes, yes, I know, that is a pretty wide-ranging and imaginative political *Out and About* comment. Right out of town, but I just couldn't resist it.

Closer to home: The Trust Power Community Awards function recognises the role of volunteers in the Nelson/Tasman area. This year's Supreme Winner was the Mapua Easter Fair Organising Committee. A well-earned award and recognition of the selfless contribution by the large number of volunteers who each year give their time and effort to stage this outstanding community event. Proceeds of the fair support specialist teachers for the Mapua School and help fund the Mapua Playcentre budget. Co-organisers Lisa Dunn, Angela Fon and Jackie Hall came forward to receive the award. The look on their faces? You name it. They were completely surprised and overwhelmed. Congratulations and thanks from all of us!

More good news: Our Mapua Community Library was awarded runner-up in the Arts & Culture category. The only library of its kind in New Zealand to be entirely run by volunteers. Chairwoman Eileen Dobbie accepted the award on behalf of the library's 50 volunteer helpers. Our thanks to them as well.

It was an eye-opener to be in a large room jam-packed with people attending the awards function, most of whom were volunteers. Just who are these "volunteers" who come out of the woodwork and so generously give

of their time and effort? Well they are the drivers of the numerous charitable non-profit organisations and groups which are the very essence of what makes our wider community what it is. Think about it. Without them, the volunteers, it just wouldn't happen.

Traffic Plan: A Management Plan for traffic and parking is to be presented to the Mapua Waterfront Precinct Advisory Committee at the next meeting on 12 September. Plans on usage of the waterfront park and a master plan for the wharf area are in the offing before the end of this year. Also noted; \$1815 donated by the public after the aquarium fire is ear-marked and on temporary deposit with the Mapua/Ruby Bay and District Community Trust.

Well-attended Meeting: The Mapua & District Community Association's mail-box flyer invitation "To Come & Join Us" encouraged more than 50 people to attend the AGM and general meeting on 13 August. It was a lively meeting with many of those who attended participating in discussing local issues and presenting their views. A lot of visiting and "getting-to-know-you" after the meeting adjourned. Good refreshments by the way.

Aranui Road: What a changing scene along Aranui Road. The fruition is of a 'Street Scaping Plan' designed by Heidi Meadows and subsequently adopted by the TDC several years ago. Now becoming a reality and part of an updated plan for the whole of Aranui Road. A copy of the plan will be on display at the Community Association meeting on 10 September. There will be an opportunity for public discussion and public submissions prior to its final adoption. Watch this space for more on this..

Mapua Hall Project: On 29 August Graeme Stradling presented a well received up-date on progress of the hall rebuild to the TDC Community Services Committee. Resource consent has been granted and fund-raising is well under way. Maybe a start in October? Maybe a grand opening at Easter week-end? Maybe.



Out and about

Dominion Flats: The TDC has bought some of the surplus Ruby Bay by-pass land from the NZ Transport Authority. Good news. The environmental rehabilitation and conservation work can begin along with cycle and walkways project.

Hugh Gordon

MAPUA LIBRARY

After the excitement of the Olympic Games and WHEN we all dry out, life will return to normal; hopefully.

On Monday 6 August our library volunteers received a Trustpower award in the Arts and Culture section, for their work in Mapua. Analee, Hugh and I were delighted to receive this award on their behalf . Congratulations to the Mapua Easter Fair Committee who won the over-all award

On 8 September we will have a book sale in our library grounds. This is in conjunction with the Garden Club Fair in the hall on that day. It is just a short stroll along Aranui Road. Do come along and check it out.

Patrons please renew your books before they are overdue. Your contract is for a three week loan. It was decided at the last committee meeting "That overdue books cannot be renewed over the phone." If circumstances warrant, these books may be renewed at the desk.

The display this month is an interesting and varied collation of quilting by Liz Hoffman.

Eileen Dobbbie

Library Hours:

 Monday
 2-4.30pm
 Thursday
 10am-12.30pm,

 Tuesday
 2-4.30pm
 2pm-4.30pm

 Wednesday
 2-6.30pm
 Friday
 2-4.30pm

 Saturday
 2-4.30pm

Coastal Garden Group

A pleasing number of members left the warmth and comfort of their houses to come to the Coastal Garden Club monthly meeting on Thursday 2nd of August at 1.30 pm. The guest speaker was Mark Simpson from Mitre 10 Motueka. He was informative and entertaining about camellias, azaleas and rhododendrons. We have all been tempted to buy one of these plants but care is needed to choose something suitable for your garden.

Mark answered many questions with patience and good humour. Our oldest member, Netta Perry, had to laugh when told in reply to her query, "What do you do with rabbits?" was told, "Shoot them".

Mark brought six shrubs with him—two camellias, two azaleas and two rhododendrons—which were raffled, resulting in six happy recipients. The club's grateful thanks go to the management of Mitre 10 Motueka for their generosity in supplying the six shrubs for the raffle and plants for our plant auction. Thank you Mitre 10 for allowing Mike to come when they were short staffed because of illness at the shop.

A new practical topic "Handy Garden Hints," was introduced at the meeting and caused much interest among the members. Thank you Brian, Sheila and Francesca for tips on how to clean our garden tools and inspiring us to try again with sowing carrot and parsnip seeds. It will be interesting to see how these seeds germinate after the 161mm of rainfall we have had since the beginning of August.

A welcome afternoon tea before Barry's discussion on the many and varied plants on the exhibit table. The plant auction ended a lively informative meeting.

Michael Wraight, a retired consultant beekeeper, will be the speaker at the next meeting on Thursday September 6th at Mapua Public Hall. 1.30pm start. New members welcome.

Reminder: The Spring Market Stall will be held on Saturday 8th September outside the Mapua Public Hall 9am-1pm.

Omission from last month's news: Brian King wrote the report on the club's visit to Neudorf Mushrooms.

Mapua, Ruby Bay & District Community Trust

FINANCIAL STATEMENTS FOR THE PERIOD ENDING 31 MARCH 2012

Statement of Financial Performance For the period 1 Apr 2011 to 31 Mar 2012 INCOME notes 2012 Coastal News donation 1 \$14.800 \$11.100 Personal donation 2 \$1,200 Business/Club don Interest \$2,629 \$1,855 Total \$18,629 \$12,955 LESS EXPENSES Administration Grants \$(2,031) \$(2,530)

\$16,597

\$10,425

Statement of Financial Position

NET SURPLUS

TRUSTEES EQUITY	notes	2012	2011
Cash Account		\$1	\$1
Capital Reserve Fund		\$69,075	\$53,075
Disbursement Fund	4	\$1,578	\$981
Total	Q.	\$70,654	\$54,057
REPRESENTED BY			
Current Assets			
Kiwibank Now Acct		\$1	\$1
On Line Call Acct		\$72,468	\$54,055
Total		\$72,469	\$54,057
LESS			
Current Liabilities			
Funds held in Trust	5	\$1,815	
NET ASSETS		\$70,654	\$54,057

Grants made by the Trust in 2011

May 2011
Hall Society \$750.00
Tennis Club \$317.85
November 2011
Hall Society \$263.72
Community Library \$400.00
Toy Library \$300.00
(\$50 was later refunded by the Toy Library)

NOTES TO THE FINANCIAL STATEMENTS FOR THE PERIOD ENDING 31 MARCH 2012

The Trust was established as an entity on April 16 2004 and a Deed of Trust formally signed on April 28 2005. The Trust was incorporated under the Charitable Trusts Act on May 5 2005.

- The principal supporter of the Trust is the Coastal News which makes donations throughout the year. These funds are added to the capital or equity of the Trust.
- 2. Personal donations to the Trust now total \$2,035
- 3. Donations from local businesses and/ or clubs total \$150.
- Interest on the capital is the only source of money available for grants – this is held within the disbursement fund. Applications for grants are considered by the Trust biannually in May and November.
- 5. The Deed allows us to hold capital for other designated purposes in this case we are holding funds that were donated for the Aquarium after the fire.

FINANCIAL RESPONSIBILITY STATEMENT

The Trustees are responsible for preparing the financial statements and ensuring that they comply with generally accepted accounting practice and give a true and fair view of the financial position of the Trust as at 31 March 2012.

The Trustees consider and are of the belief that they have discharged their duties in accordance with the provisions of the Deed of Trust (# 1631861).

For and on behalf of the Trustees, dated 31-7-2012: Chairman: T. R. Hamlen-Williams

Treasurer: A H Earlam

LIFE REVIEW GROUP FOR 3RD AGE 40-50yrs+

Review, revitalise and refresh yourself With Renee Alleyne MNZAC, MAANZPA, BA PSych

Residential Weekend at Kimi Ora Health Resort-Kaiteriteri

7pm Friday 22 Sept – 4pm Sunday 24 Sept Cost \$395

Email reneealleyne@clear.net.nz
Or Ph 027734 5290 or 5286492 for more info.

Mahana School

We've all been inspired by the Olympics. It has been the main topic of interest at school, with the kids learning about the history of the Olympics as well as what Olympism is. If you are not sure, here is a summary:

Olympism is...

- The balanced development of the body, will and mind
 - The joy found in effort
- The value of being a good role model
- Respect for universal ethics including tolerance, generosity, unity, friendship, non-discrimination and respect for others.

Obviously these are really important things. While it is fun to learn the facts and figures about countries at the Olympics such as the colours of their flags and the amount of medals they win, at Mahana we believe that there is more value in encouraging the students to understand Olympism as an important value in their own lives. We want the kids to see that there are opportunities to be Olympian in almost all aspects of their lives, at home and at school.

We have also encouraged the kids to see the value of Olympism in others, and not to just focus on the



Athena Mace upside down on the bars,



Mahana kids run the Mahana Olympics Cross-Country at the Woollaston Estate Winery.

superstars and the gold medallists. Luke in Year 5 has chosen Lauren Boyle as his athlete because of the way she kept improving her own performance even though she didn't win a medal, and Jade in Year 6

highlighted
the way
Valerie
A dams
never looked
for excuses
even though
she was
initially
disappointed
in not
winning the
gold.

We have m a n y s t u d e n t s who are finding out about some of the athletes who do not have a high profile



in New Zealand, *Hunter Chung and Tom Taikato as* but who show *Hoplitewarriors during our Greek History club* Olympism in their efforts.

We need to continue to hold on to these values and keep encouraging the kids to reflect on them, even after

Tasman School

Kia ora everyone. The third term of our school year continues to race by. Students are beginning to get more and more involved in the beginning stages of preparing for the mask parade. Prototypes of masks, creative writing and even maths have begun to evolve around the central theme (which is, of course, a secret!)

Senior students cope amazingly well with their busy and varied daily programmes. Their days include the curriculum basics of reading, writing and mathematics and somewhere along the way they fit in Motec, band practice (for some), Rock da House, an ongoing environmental research on our estuary, e-learning, leadership activities, and a whole range of physical challenges and sporting events. Some of our students are even finalists for the NZ Post National Book Awards coming up soon. Good training for high school!

The Olympic Games have inspired some of our young people to include more sporting activities at lunchtime. We have had some great successes at recent cross-country events. Volleyball has been popular, and the long jump pit has been used to show students what amazing jumps the Olympic champions are capable of



performing. Who knows? Some of our children may be performing at an Olympic venue some time in the future – they certainly have the potential.

Those of you who are regular visitors to our school will have noticed the amazing amount of landscaping work that has been completed this year by a dedicated and hardworking team of parents. We have a new entrance way now beautifully enhanced with a rock and native plant garden; a new lawn (almost ready to mow) under one of our old trees; graceful ferns and other natives in a garden created in the area that was once the entrance; a new sandpit cover and sandpit toy box; and, most recently, newly planted garden boxes under the shade trees directly in front of room 3 and 4. When a community supports its school in this way, it is wonderful what can be achieved. A huge thank you to all involved.

Come and see what we have on offer if you are passing.

Aannabelle Armstrong

Mahana School

the Olympics are long over. Growing great people is what it's all about.

In other news:

- Our Year 5 and under cross-country girls placed 2nd at the recent Motueka Schools event at Rabbit Island. Well done Pip, Lucy, and Amelia
- Our combined Mahana/Upper MoutereNelsoMathix teams performed with distinction. The Year 7 team of Hunter Chung, Hannah Gale, Logan Faulkner, and Benji Grant were a very creditable 13th from 22 teams from schools across the wider Nelson/Tasman region, while the Year 8 team of Tom Taikato, Saffron Coppell-Lenfert, Nicole Mairs and Shaun Pomeroy were 5th. Well done teams.

KinderMusik for pre-schoolers happens each Thursday at Mahana from 9.30am.If you would like to

learn more or are

interested in taking part, contact Kath Munn, 03 528-9685 or ring Justin at Mahana School, 03 543-2887.

Please remember that families are welcome to visit us any time, or check out our new website at www.mahana.school.nz, check out our class blogs, or follow us on Facebook and Twitter. We have an excellent school that is not far away. We have a student – teacher ratio that allows us to put kids learning first. We have a special place and we are proud of it. Come and take a look!

Justin Neal

Animal Health File

Dr. Paula Short, Tasman Bay Vets, 69 Aranui Road, Mapua, ph 540-2329

Tetanus

Most of us will at some stage in our lives have received a tetanus vaccination. I distinctly remember my last one, which I received in my last year at vet school, having sliced my finger open on a horses tooth! Let me just say that since then I have refined what I do with my fingers in horses' mouths.

The bug that causes Tetanus, *Clostridium tetani*, is one of those bugs that is found worldwide and its spores are commonly found in soil and faeces. The disease occurs when the spores gain entry to the body through a wound and the bug then proliferates and produces a neurotoxin which causes the classic sign of tetanus – paralysis.

As vets we most often see tetanus in lambs, with occasional cases in horses and very rare cases in dogs. In lambs the common entry site for the bug is through tail-docking wounds. The rubber rings used in docking produce an ideal site for the bug to grow. Prevention is by vaccinating ewes before lambing so that they pass on antibodies to their lambs. If ewes have not been vaccinated then there is an antitoxin available specifically to be given to lambs at tailing. This provides around three weeks protection, which gets the lamb through the high-risk time of tailing.

Tetanus is not uncommon in horses and treatment is difficult and expensive. I once worked with a vet nurse whose horse got tetanus and survived. The cost of treatment was around \$8000 and the horse was never the same. We recommend that all horses are vaccinated for tetanus. Vaccination consists of a sensitiser followed by a booster dose four weeks later, then one year then every five years. If your horse has not been vaccinated and is wounded or gets a hoof abscess then we would recommend an antitoxin followed by starting a vaccination regime.

Dogs very rarely get tetanus, in fact in 12 years as a vet, I have seen only one case. Fortunately they are not as sensitive to the disease as sheep and horses and treatment is generally successful. The case I saw was a puppy and he had the classic "grinning" appearance of tetanus in dogs due to rigidity of the facial muscles. The pup was teething so we postulated that the bug had got in through the open wound left in the mouth when a baby tooth fell out. Treatment was successful with a tetanus antitoxin and large doses of penicillin. Preventative vaccination of dogs is not done as this disease is so rare in them.

If you have horses and sheep make sure that you have a vaccination programme in place to protect your valuable stock from this disease.

MAPUA Bowling Club

The Write Bias

As we say our sad farewells to Don and Vickie Sixtus who have left Mapua for pastures new, and we also lose Ron and Jenny Charles it is time for Mapua Bowling Club to face changes and accept new challenges.

Many of you will know Don and Vickie as the faces of Monday evening League Bowls. There is no reason why League bowling cannot continue but it would be helpful to discover the level of enthusiasm and commitment amongst the regular Monday bowlers before the season starts. A quick response to Dave England to register your interest would be much appreciated.

But as we say goodbye to four members, we are also delighted to extend a warm welcome to several new members who have been smitten with the bowling bug. The new season starts with an informal and relaxed Opening Day on Saturday 22 September from 1.15pm and if anyone else out there would like to come along to discover what it is all about, we would be delighted to see you. It will cost you nothing to try a few sessions and all equipment and sets of bowls are available; you just need some flat-soled shoes and a sense of fun. We are a very friendly bunch and stand by our aims of: - SPORT FOR ALL and above all else, ENJOYMENT.

See you on the green!

For information about bowling please call the secretary, Jean Daubney (543-2765) or the president, Dave England (540-2934) or email s1ad2as3@xtra.co.nz

Sue England

BOOK REVIEW

The Parihaka Woman by Witi Ihimaera. This book is available in the Mapua Community Library. Reviewed by Joyce Bullock

Combine the turbulent, tragic event of the history of Parihaka in the 1870s and 1880s with a gifted story writer and you have an epic story that has the power to capture a reader and retain the momentum until the last page is reached.

I saw the documentation of the Parihaka background displayed with photos and stories in a North Island gallery and these tragedies created a feeling of guilt and sorrow to many of those who visited these displays.

Witi presents the facts with honesty and empathy and empowers the reader to walk with him during this time of land confiscation. He frequently quotes from historians, editorials and reports and it is obvious that the background to his story is factual.

Erenora and Horitana are introduced to us as children and they mature as this period in history evolves. The love they have for each other is conveyed with beauty and sensitivity.

After their marriage Erenora said, "My love for you is like a cloak of many feathers. Let me throw it around your shoulders." Horitana's reply was, "And now let me plait and weave the flax of our desire into each other's heart and tighten the tukutuku so that it will never break apart."

But the peaceful village that Erenora calls home becomes a turbulent place as the peaceful methods of protest evolve. The "Year of the Plough" is followed by the "Saga of the Fences" and the women grieve as their men are sent to prisons in Wellington and the South Island.

(There is a belief that Gandhi was inspired by the non violent leadership of the very able TeWhiti. At the time that the Parihaka Movement and Te Whiti's role were being reviewed Gandhi was at law school in England.)

Erenora in her determination to rescue Horitana changes into a male like a Shakespearian character. The tall, handsome heroine shaves off her beautiful hair and travels as a male. She travels to Otago in search of her beloved Horitana. Witi borrows from Beethoven's *Fidelio* to create unforgettable scenes which capture the imagination as Erenora searches for her imprisoned husband.

The journey reveals further injustices to the Maori as Erenora and her sisters travel South. They meet with Maori who have been removed from their land and are living in poverty due to the pakeha invasion.

This is an original, deeply moving historical novel which will give New Zealanders an insight into life in this era.

We are the fortunate generation of readers who have a story-teller and a researcher of this calibre who can lead us back in time to a place called Parihaka.

Police Report

Greetings to you all. You can nearly hear the grass growing as we write, and certainly with all the rain it will be doing lots of that soon. In the Motueka area we are getting a few reports of sheep being killed and their remains being found, so obviously there is a market for their meat. But one lot of criminals weren't so smart as the two sheep they stole had just been vaccinated and the meat will make people sick for seven weeks.

It just goes to prove that sometimes people do get what's coming to them. I just hope some innocent person isn't affected.

Great to see that there has been very little going on in the Mapua district, but don't get complacent and start leaving your vehicles and sheds unlocked. You never know who will be moving through the area.

Grant Heney, Rural Community Constable, Motueka.

Ph direct 5281226

Mapua Occurrences

July 20-28: Theft of garden ornament from Dawson Road

Aug 11: Domestic at Upper Moutere

Aug 9: Male forbidden to drive on Te Mamaku Drive

Fire Brigade



July 12-Aug 12 Call-outs

July 17: Shed fire in Motueka, not needed on arrival. July 12: Car fire Te Manaka Dr. Oil on manifold from leaky transmission, no action taken.

Aug 3: Car fire Aranui Rd. owner put fire out with own extinguisher. Electrical wiring short. Brigade removed a headlamp that was burning.

25 calls year to date.

Safety Tip – Driveways and access points. We need a lot of space to put a fire out.

Driveways etc should be four metres wide and have four meteres clearance above. Trees that overhang can stop us getting to your house or/and make it very hard to get gear off the appliance. Just because you can get a car there dose not mean we can. The more hoses we have to run means more properly is burnt.

Can a truck turn around at the house and if there is a long drive, can vehicles pass somewhere? Have water supplies marked and accessible.

Books in the Mapua RSA

The Woooden Horse by Eric Williams (recipient of the Military Cross).

"The Greeks made a wooden horse and by means of it escaped from the city of Troy; in 1943 two British officers made a wooden horse and by means of it escaped from a German prison camp."

So begins this true story of a miraculous escape in World War2. It was the only successful escape from Stalag Luft III in the war.

A vaulting horse was made by the prisoners, carried out every day to the exercise yard and carried back in every night.

Jammed inside the horse were two tunnellers plus, on the return journey, a load of sand from the tunnel.

While the other prisoners exercised over the horse for hours, the tunnellers worked feverishly underneath. This went on for months.

It involved incredible comradeship and daring and luck. The tension of this story is heart-stopping, even though we know how it all ended. The tunnel escape is only half the book; the second half tells how the prisoners made it out of occupied Europe back to Britain.

It is an unforgettable story.

I Flew for the Fuhrer by Heinz Koke.

This is the diary of a German fighter pilot from World War2. He became incredibly good at it.

It is believed this pilot was the only ibe to survive such a record of combat. His tally of 52 allied aircraft down, makes this book a painful read at times.

Knoke turned to writing to get through the hard times of post-war Germany. His writing is as vivid as watching film of dogfights over the English Channel; indeed, he would have been in most of them.

It is unusual to find a book written by an ordinary fighter from the other side, the side that lost.

It is hard to like Knoke, but impossible not to be awed by his skill and survival.

Helen Beere







Readers' Photographs

We occasionally have space in the CoastalNews before we go to print which is difficult to fill at short notice - We invite readers to send their best photographs so that when this happens there is always something intresting to plug the gaps - and there must be some brilliant photos out there which you may like to share and everyone would love to see..

Send them by email to barmer@xtra.co.nz - heading - Coastal News Readers' Photos



Mapua Combined Probus

The main speaker for August was Johnny Johnston from the Whenuaiti Outdoors Pursuit Centre in Lower Moutere.

The name Whenuaiti means "small piece of land", as the land area is just 7.5 hectares.

Johnny started his talk by showing the members a 10-minute video which gave some idea of just what the participants can expect when doing a course.

Whenuaiti was established by Hazel Nash (a former policewoman) in the mid-1980s, and along with her team of volunteers, started working with atrisk young people. Hazel was awarded the NZOM in 1998 for services to youth.

To date about 18,000 people have passed through the wide variety of courses on offer.

Whenuaiti is an outdoor pursuit centre with a holistic approach to developing individuals who are offered a wide variety of courses, Examples of the courses are: (a) The Challenge Course – 14 weeks for beneficiaries who are sponsored through WINZ, and (b) The True North Course for youths aged 16 to 24, and sponsored by the Ministry of Youth & Development. Course numbers are held at 12 to 14 participants. Those attending these courses are followed up three months later to ensure they are maintaining progress.

The courses place people in challenging situations, both physical and mental, and encourage social development which in turn teaches them to trust other people.

There are also junior programmes of six days duration, for youths still at school. These comprise a

summer journey or a winter journey, where the youths are taken on a six-day outdoor trip, and learn to be fully self-sufficient. These courses are Government funded, but private sponsorship is also accepted.

A further developing programme is undertaken by involving corporate groups in team building exercises and the challenges of teamwork.

Johnny took the Probus members through some of the team building exercises that are used, and went on to answer many questions from the members.

Whenuaiti's Mission Statement is: "To encourage the holistic development of individuals through outdoors experiences."

Johnny was thanked by David Evans on behalf of the group.

The mini speaker for the afternoon was club member Jim Reid, who labelled his talk "Down Memory Lane."

Born in 1939 in Kaikoura, Jim lived there till 1947 when his family moved to a hill country farm at Goose Bay. From being a "townie" Jim had to learn (among other things) how to milk the house cow, separate the cream, and feed the chooks – all before he caught the school bus.

Jim went to a prep boarding school in Christchurch at age nine (which he thoroughly enjoyed) and then to Christ's College for a further five years. He started work as a farm cadet, and spent all his working life farming, until circumstances necessitated the sale of the farm, and a move to Picton where they took over a motel.

From Picton there was a move to Mapua a couple of years ago, where he is looking to undertake bike riding lessons!

Peter Butchaart

Edited by Andrew Earlam (advertising) 540-2845, Terry Smith (editorial) 540-3203, and compiled by Barbara Mercer, 540-3022. Views expressed are not necessarily those of the editors. We aim to have the newsletter out by the 1st of the month. Deadline for paper copy at the Mapua Store and e-mailed items (preferred) to coastalnews@mapua.gen.nz is the 20th of the month. Small ads are by gold coin donation in the collection boxes, club notices free. Printed by the Tasman District Council.

Garden Notes



Pring is now officially here at last. This is an exciting time as the garden gets ready for its major growing period. One would not be blamed for thinking spring as the prettiest season of all with the new growth so unblemished with everything so fresh. BUT weeds still are in abundance with so much rain one needs to take every opportunity to keep on top of it all before they seed.

I always think of spring as the bulb-flowering season with those sweet perfumes and a variety of colours.

Tasks for September: Divide any herbaceous perennials to increase your stock. Raise all vege seeds now. Propagate cuttings in sharp sand and keep in a warm, shady spot. Repot Cymbidium orchids that need it after flowering. Prune and shape ornamental shrubs before vigorous growth.

Now readers this brings me to tell you that this is my last contribution to the *Coastal News* as we have sold our home and move out soon. It all happened very quickly. I can only say that living here in Mapua during the past 10 years has been a total pleasure.

Creating the Garden Club and being chairman for the past eight years introduced me to many fine people throughout this region.

One little bit of me will always be here, and that is my creation of the Rhododendron Dell at Aranui Park which is beginning to grow and flourish. I am able to go knowing the dell is left in very good hands with a fellow member and now the overseer in the person of Helen Beere who lives nearby. Thank you Helen. Thank you *Coastal News*, Andrew and Terry for every month reminding me to get this article in on time. Gardeners, you can be sure I am going to create a new garden at Papamoa Beach which is not large, totally private, behind a high wall and a complete blank canvas, like a huge courtyard. In the meantime enjoy the spring.

Barry Highsted..

Civil Defence—How Prepared are We?

The local Mapua Emergency Response Group has been working closely with the Nelson Tasman Emergency Management Group and a Mapua Community Response Plan has now been finalised.

Locally, we have identified teams of people who will assist in situations where an emergency response is needed. If required, evacuation centres will be set up at either the Hills Community Church or Mahana School depending on the type of emergency. In such an event it may take time to get supplies, so each household locally does have a responsibility to consider and have on hand what would be required

to 'get through' for at least the first three days following a disaster.

Look at the inside cover of your Yellow Pages phone book and review the 'what to do' as well as emergency survival items to have on hand. It is also worth considering what you would need for your 'Getaway Kit' if you did need to evacuate.

If you would like more information or would like to join the local response teams contact Russell Sampson on Ph 540 3333 or email him at, russell@sampson.co.nz

Janet Taylor

Mapua School

It is amazing how so much learning can take place in a few short weeks. And how, when the topic is interesting, we all, regardless of age, want to learn more and have fun doing so.

Like many schools around the world, Mapua School used the London 2012 Olympics as a focus for learning. In the classroom and at home students followed the two weeks of competition and celebration.

Posters were designed, events were researched, history studied, and predictions of success were made. "Did you know that the five rings on the Olympic flag represent the five major areas of the world"?

Many breakfasts were eaten in front of the television to catch up on events. "How did the Kiwi athletes do?" "Where are we on the medal table? Are we still ahead of Australia?"

During the Opening, Medal and Closing ceremonies, competitions took place between siblings and their parents. "I can find that country on the globe faster than you can". "That country is located on the African continent". "Did you know this is their first medal?" "Did you know that they speak French before English because it is the official language of the Modern Olympic Games?"

By the end of the closing ceremony, flags could be identified, country facts recited, even national colours were recognised. "You know the Dutch always wear orange and the Canadians always wear red." And, "I thought the USA was red, white and blue – did they change to grey?" (my thoughts exactly).



In addition to showing the differences between people's ethnicities, the Olympics provided a wonderful opportunity for students to compare body types, shapes and sizes. To match capabilities, motor skills, reflexes, endurance, lung capacity and strength to success in each event. To see that each shape and size has potential.

Most athletes were fantastic role models, sharing their triumphs as well as their disappointments. They discussed their commitment to their sport, to preparation and training and to their determination to achieve their goals.

Those athletes who cheated also became examples of poor sportsmanship and unfair play. Belarus is not on the most favoured list at Mapua School.

During the Games, we cheered for athletes regardless of their nationality because we appreciated their courage and determination. We cheered because we love to see individuals striving to be their best. We cheered because it was a wonderful celebration which embraced the Olympic Motto – Citius, Altius, Fortius—Faster, Higher, Stronger.

Athletes, like our students, striving to be "All they Can."

Lisa Dunn, Trustee

Hills Community Church

The promise of spring is in the air, can you feel it? The vines have been pruned and are ready for new growth and new harvest, the roots firmly in the soil. Ever so gently buds are appearing, heralding blossom or new life. I would like to think that God surely enjoyed himself when he created this beautiful part of the world! What a blessing!

We take it for granted, this new creation that appears when we most need it, after the wet and cold winter, especially this one just been. And it energises the body, have you noticed that? Refreshes the soul as we are looking forward to getting involved with outdoor activities and lifts the spirit as if we are awakening from our winter sleep, ready to enjoy creation in all its abundance and all its glory. No wonder God the Son used this image to explain that in him (the vine) new growth would lead to new life in his Kingdom, his garden!

And so the Creator reminds us every time that he will renew us; that we are the new growth; the buds, ready to blossom; that his breath fills us with awe and enjoyment for that what he has created; that we are to tend it and look after it. This does not stop with flora and fauna, but includes people and the community we live in.

So every time when we smile to our neighbour and give support to those who need it, when we take a balanced stand with regards to social and environmental issues or when we forget our egos and show forgiveness and humility, then we bring colour back into his garden and so give glory to him, our Creator God!

Henk Lups

Hills Community Church is a community-based church with historical roots in the Anglican, Presbyterian, Methodist and Pentecostal traditions. We offer traditional and contemporary worship in an informal and relaxed style. Visitors and newcomers are most welcome.

Sunday Worship: Traditional service 9am, Contemporary service & Children's programme including crèche 10:30am; Holy Communion celebrated at both services on the 2nd and 4th Sundays with morning tea in-between. 1st Sunday of each month: one family-style service @ 10:30am followed by a shared lunch.

Weekly Calendar:

Wednesdays: 10am-noon—Kidz n Koffee Open to parents-caregivers-pre-K kids—a great way to make new friends!

Fridays: 10am-noon—Craft n Coffee—learn a craft & share a laugh! Open to all, crèche provided

Drop-off For Area Food Bank – Bring your non-perishable food items to the church (122 Aranui Rd) on Friday mornings between 9am & noon.

We offer numerous activities throughout the week. Contact 540-3848 for more information on our ministries.

Mapua Health Centre

As we start emerging from the frosts and flu's of winter into the new life of spring its good to become aware of the benefits of a healthy lifestyle. The main factors that can improve our risk for heart disease (the number 1 cause of death in our society) are:

- · Stress management
- · Exercise
- · Nutrition
- · Social / Spiritual interaction
- Education (including non-smoking, etc) [Ornish, D. *et al.* (1998) JAMA, 280(23): 2001-7]

So what is happening in Mapua to help develop our common **SENSE**? You might be surprised to know that the following activities and classes are available: Pilates - Tennis - Walking groups - Yoga - Tai chi Meditation - Aqua aerobics - Richmond Stop smoking - Healthy lifestyles + green prescription

The practice nurses at the health centre can help you find out more about any of these. Please let us know if you are aware of other healthy lifestyle activities or groups happening in the area.

We are also moving into the high UV seasons of spring and summer and it's important to take notice of any unusual skin spots. If you have any concerns there are skin checks available on Wednesdays which usually take 15 minutes (although some may take longer) and focus on checking for any suspicious moles or other lesions. This is a comprehensive body check and gives the opportunity to discuss any issues that may arise.

Here are some of the local and world health initiatives for September;

1-30 Cervical Screening Awareness Month www.nsu.govt.nz/

1-30 Prostate Cancer Month

1 Gamble Free Day

2-7 Multiple Sclerosis Appeal Week

3-8 Stroke Foundation Awareness Week

8 International Literacy Day

9-16 Conservation Week

World Oral Health Day

14 Maori Language Day

14 Canteen - Bandana Appeal

16-22 Deaf Awareness Week

21 International Day of Peace

21 World Alzheimer's Day

25-30 Arthritis Orange Appeal Week

26 NZ Shakeout Day

28 Term 3 ends

www.prostate.org.nz

www.hsc.org.nz/problem-gambling.html

www.msnz.org.nz

www.stroke.org.nz

www.un.org

www.doc.govt.nz/

www.nzda.org.nz

www.tetaurawhiri.govt.nz

www.canteen.org.nz

www.nfd.org.nz/

www.unesco.org.nz/homepage.htm

www.alzheimers.org.nz

www.arthritis.org.nz/

www.shakeout.govt.nz

PANZ

What intrepid characters some artists are; two of our members have travelled through all sorts of stormy weather to get to Pastels on a Tuesday morning—ice, sun glare, large trucks on tight corners, a swing bridge and even muddy paddocks. That's commitment for you!

We have also been joined by another new member, Maree, who is enjoying and learning fast the delights of using pastels.

On 16 July we had one of our critique days. This sounds very daunting, a group of people looking at your work and assessing it, but it is actually very constructive and a lot is learnt by the general comments from everyone and confidence often greatly boosted.

Another week we had an in house challenge, this was to paint a seascape by Tony Allain, from the PANZ Newsletter. He had set up easy steps to be followed! Every painting was excellent, but all still slightly different as the individuality of each showed through.

All in all we have very enjoyable and sociable mornings and there is always something new to learn. If you feel you would like to join in call at the Mapua Hall on a Tuesday morning between 9am and noon. Or contact Glenys on 540-3388.

Barbara Trotter

BOUNCE

Kidpower People Safety Skills for Children ages Four to Seven

Where – At Bounce Early Learning Centre

When – 25th September 2012

For who – Children aged 4-7 years (must be accompanied by a parent or other adult)

Time -3.30pm -5.30pm

Cost - \$10 per family

Bookings essential as we are limited to 25 children

Phone - 5403330

Text - 027BOUNCE5 or

Email - teambounce@hotmail.com ASAP

The KIDPOWER Education is an internationally proven training system to help children, aged four to seven, learn personal safety skills that can prevent most forms of abuse including emotional and physical violence.

The Junior Programme (1½ - 2 hours) introduces personal safety skills to children in an age-appropriate fashion, which is fun and not scary.

Topics covered for children are:

- Skills to be and act aware and confident.
- Skills to use their voices to set a clear boundary.
- Skills to stop someone from touching him or her for play teasing when they do not want to be touched or teased.
- Skills to stay safe around other children who call them names or bully them.
- A better understanding of who a stranger is.
- Skills to get help from busy adults.
- A greater awareness and understanding of choices they can make when they feel uncomfortable with strangers.

Topics covered for adults are:

- How their own behaviour can help their children learn how to stay safe.
- How their children can be safer with strangers.
- How their children can be safer with other children or adults they know.
- How to show and teach boundary-setting skills.
- How to help when children have problems with potential conflict, violence, or abuse.

Run by KIDPOWER TEENPOWER FULLPOWER TRUST WWW.KIDPOWER.ORG.NZ

Sam's Spam

ommunicating with people has perhaps never

been as easy as it is now. This is particularly great of you have contacts at a distance (for example, I have friends all over New Zealand and family in the UK). Phoning can still be expensive but there are lots of inexpensive, sometimes free, ways to keep in touch. Some ideas are below:

Skype:

Perhaps the most popular application for free calls is Skype. It gives you free calls when using the internet. Free video calling makes it easy to be together, even when you're not. Now with group video.http://www.skype.com/intl/en/features/allfeatures/video-call/

The latest version of Skype offers the clearest, sharpest quality video calling, and High Definition capability. If everyone on the call has an HD quality webcam, you can see the video in High Definition.

http://www.skype.com/

Google+:

Whether you want to email a few close friends, share a photo with your circles, video chat with the whole family, or reply to Google+ posts, it's all possible right from Gmail.

Start a Google+ Hangout from Gmail to video chat with up to nine people at once, watch YouTube videos with friends, and more. To get started, you just click on the hangout button at the top of your chat list. The site has a video on how to set this up. https://www.google.com/intl/en_all/+/learnmore/better/mail/

Facebook:

If you have a Facebook page, in addition to being able to keep in touch with your friends via wall posts

and chat, Facebook now allows you to video call your friends.

Video calling allows you to talk to your friends faceto-face. All you need to do is complete a quick, onetime setup and you're ready to call any friend on Facebook. If your friend isn't available, you can always leave a video message.

How it works: If you and your friend both have webcams and microphones set up, you will be able to see and hear each other in real time. If you call friends who don't have webcams, they'll be able to see and hear you but you'll only be able to hear them.

http://www.facebook.com/

Viber (mobile)

If you have a smart phone, Viber is a great application for free calls and text messages

Make free calls and send free messages to any device that has Viber, on any network! All you need is a 3G or WiFi connection and you can connect with other Viber users anywhere!

Viberintegrates with the OS to give you the best experience and performance. Viber syncs with your contacts, and detects who already has Viber. Simply select a contact - no invitations, adding or approving- and just talk for free.

Best-quality VoIP calls using 3G or Wi-Fi

Free text and photo messages with location-sharing Group messaging with up to 15 friends

No registration, passwords or invitations required

Viber works on Android, iOS, Windows Phone, and BlackBerry and is available to download directly from your device.

Rangers Rugby U7 Champions

Rangers Rugby Club hosted the Whitwells Midgets 7 a side Ripper Rugby Tournament on 11 August at the Moutere Hills Community Centre.

Eleven local teams playing on three fields all came together to create a lovely family atmosphere.

Rangers U7 won their four pool games and went to the final to play defending two-times champions Mot United.

The 10-strong Rangers squad ripped,

-Whitwell Trophy -Madget 7 a Side ran, passed and dotted down like a professional team for a resounding win.

Well done U7, you all played as a team, smiled as a team and won as a team.

From a proud group of parents and your Coach.
Rangers U7 is a 12-strong squad featuring both boys and girls from Mapua





From left: Kiri Edwards, Max Brown, Kelly-Anne Urquhart, Brooke Tranter, Lachlan McKay-Smith, Cassius Drewery, Samson Trice, Liam Thomas, Jock Brown. (front) and Archie Bridge. (Missing, Jake Mehrtens and Cody Forward). With coach Miles Drewery.

School, Mahana School and Upper Moutere School. They have one more fixture before the season ends Mike's seven aside tournament in Stoke on 25 August. We wish them all the best for this! Rangers hope to see them all back next season with their friends for the start of their first season of Tackle rugby. For any information about Rangers Rugby, Jab or seniors, please email Milesteph@hotmail.com or contact the Moutere Hills community Centre.

Mapua Hall- 'Spring is bustin out...'

As you can see, the fundometer is creeping up—\$5700 was received from donations in July and these are now "trickling steadily in "according to the treasurer. A number of events are planned in the next two months to boost and fertilise the growth (see details below)

Funding projects. How you can help:

Applications for funding have been made to the Lottery Grants Board, COGS and the Nelson Bays Community Fund. The committee will continue to apply to other funding bodies and any suggestions of possible sources will be appreciated. Thanks again to all those involved in this often time-consuming process.

The committee is also deeply appreciative of those who have and are offering support and donations "in kind" with their expertise and resources. This generosity has enabled the building process to reach its current stage – thank-you donors – you know who you are.

Margaret Cotter's mammoth effort in contacting households throughout the area has resulted in a number of donations and some specific helpful feedback. Hopefully this has also contributed to your own fitness and well-being, Margaret!

A reminder again, that the "apple theme" is the basis of our scheme to encourage individuals, families, groups and businesses to donate and have these visually recognised (not necessarily named unless you wish)

The plan is for the Apple Frieze will be up on the wall in the next month so we can all watch the seasonal growth .so make your choices!

A leaf \$100

A green apple \$500

A red apple \$1,000

A silver apple \$2,000

A gold apple \$3,000

A branch \$5,000+

Contributions can also be

- ? gifts in kind (equipment, materials)
- ? pledges to pay a specified sum each month over a year
- ? pledges to pay for a particular piece of equipment to a specified value

Gifting forms can be obtained from Video-Ezy, the Mapua Library or from the noticeboard in the hall foyer by the bookings calendar.

Hall management. Positions available:

It was with regret that the committee accepted the resignation of Jim Bryse from both the committee and the position of Hall Manager, positions which he has held for a number of years. Jim is moving to Papamoa (Tauranga) for "the beach and the shopping" and we wish him every happiness in his new (committee-free

life?) He will be missed for his time and dedication to taking such good care of the facility and organising the bookings. Thanks Jim!

The committee would be delighted to hear from someone who might wish to take on this (currently voluntary) position. There two separate roles which could be (and probably will be in future) done by different people:

- 1. The actual care of the hall facility itself and its grounds
- 2. The booking system which will increasingly involve keeping the booking calendar on the website up-dated as well as liaising with potential and current users

The committee is also looking for a replacement cleaner. This is a paid position with twice-weekly cleaning for a total of six hours work a week.

Information on hall manager's and the cleaner's positions, available from the secretary, Trish Smith, smiffsnz@hotmail.com or phone 540-3455.

Hall users and supporters

As noted last month, our real hope is that most of the rebuild can occur over the 2012/2013 summer break, incurring the least possible disruption to hall user groups and usage.

However, there may be some times (especially near the end of the build) when alternatives may need to be found (mainly for outside/one-off bookings). The committee is in negotiation with other local facilities to ensure that such back-ups will be available if needed.

A commitment has been made that hall users will be kept fully informed of building timelines well in advance in case they need to make any temporary alternative arrangements.

We want to acknowledge the support from Heather at Mapua Trading who has supported the hall rebuild by the sale of second-hand gardening books and magazines. Thank-you, Heather.

Information:

The committee has purchased the domain name mapuahall.org.nzand is working with a local website designer on a proposed website format which we hope will be live as soon as possible.

Planned fund-raising events:

September 6th, 6-8pm: Mix and Mingle, Bubbles and Canape evening at the Apple Shed. \$30, tickets available from the Apple Shed, Fields Florist Richmond and the Moutere Community Hall

September 8th, 9am-1pm: Mapua Market Day, refreshments provided including a sausage sizzle.

Letters to the Editor ...



Help Needed

"Choice not Chance" is an organisation that promotes awareness to the dangers of gambling. Gambling comes in many shapes and sizes and can cause varying degrees of harm to individuals and families. During September and October there are free road shows around the country that promise to be fun and informative

During the past few months "Choice not Chance" has united with another group, "Scribe with Us", to run a competition alerting the population of New Zealand to gambling harm. Entrants were invited to submit a song, rap, poem or short story that had to include the phrases "choice not chance" and "let's choose to end harmful gambling". Preliminary judging by Ladi6, Scribe, Hinemoana Baker and Oscar Kightley has taken place and there are now six finalists in each category. Heigh ho! I am lucky enough to have my story, *Dialogue with the Devil*, in the short list.

But ... the public now gets to choose the winners by visiting www.scribewithus.org.nz and placing a vote using the Facebook link. I don't use Facebook. Most of my close friends (OK it is a generational thing!) don't use Facebook. So I am appealing to my community of Mapua to help me out if you can by checking out the website – there is some useful information about gambling addiction – and voting for a story, hopefully mine!

Many thanks everybody.

Sue England

Mapua Hall

October 7th midday to 3pm: Packhouse Long Lunch – three-course meal (plus glass of wine) provided by local chefs. On the tennis courts if fine, hall if wet. \$40, tickets from Juggles and Mapua Trading

November 3rd, evening: Fashion Show – further information from Elaine at Juggles Boutique.

November 23rd evening: "Launching the Rebuild" Concert, A Capella Choir Recital and supper

Please support this wonderful range of local events. Any offers of support and/or ideas for other possibilities, please contact Margaret Cotter at rmcotter@ts.net

> Elena Meredith, Information and Liaison Sub-Committee

Leaving Mapua

After 10 years of living in Mapua I am moving to Papamoa Beach (Tauranga). During my time here I became more heavily involved in this community than anywhere else, Ratepayers (chair), Mapua Health Centre, Mapua Trust, Aranui Park, Garden Club, Mapua Hall Society and Hills Community Church, all so rewarding. Sadness is a state of mind, so were are told, and changes come to us all.

New Zealand is full of volunteers who are the backbone of this country. If there are readers with time to give then do so as the rewards certainly outweigh the little hiccups one comes across along the way. Case in point about volunteers—the *Coastal News*, totally run by a group of people not widely known by most of us who are there month after month bringing us the news. Great work.

My kindest wishes to all those I have met.

Jim Bryse

House Swap Wanted

Our family of four—Mum and Dad (a Kiwi) and two children aged 7 and 4—are looking to swap our house in Colorado USA for a house in the Mapua/Ruby Bay/ Tasman/Kina area from early February until July 2013.

We offer a family friendly home in Lafayette, Colorado.

It is a four-bedrooms, 3½-bathrooms, 2800sq ft house with a fully enclosed back yard. The house is on a quiet residential cul-de-sac. Walking distance to restaurants and shops.

Lafayette is 40km form Denver and 15km from Boulder. The nearest ski area is a 45-minute drive.

If you are interested in swapping for all or part of this time please ring Julie or David Thomas 03 526-6246 or email kirmerritt@hotmail'com

Harakeke The place 4 3 2 5 year olds EXPLORE, CREATE, ENJOY

Kia ora koutou, hello to you all. Well, is the rain ever going to stop? I guess that can only be an adult complaining because our Harakeke children certainly don't mind... puddle-jumping is so much fun and the soggy ground invites to make mud pools galore.

Ideal wetland for this kind of activity is miraculously appearing and readily available just outside the Harakeke play garden; in and around the bush patch every time after heavy and prolonged rain. You know – Harakeke, the New Zealand lily and kahikatea all share the children's love for this kind of terrain and are well established on the property.

The children just love the 'magic' ponds in the bush and call them fairy ponds. They quietly and in awe explore in and around them in search for the gnomes and 'little people'. The first settlers on the other hand didn't like it very much and were forced to give up their first settlement St. Pauli Dorf, located 'just next door' to our preschool and instead establish Upper Moutere/Sarau on higher ground.

Indoors we also have an exciting addition to our programme to share...Kindermusik, the world's leading music and movement programme for children, has arrived at Harakeke! Every Tuesday morning Kath Munn is teaching the Kindermusik programme 'Laugh and Learn' to our children and they are just loving it!

Each class combines children's natural love of music, storytelling and imaginative play with age appropriate activities that introduce early music concepts and foster independence, social and



emotional skills, language growth and self control. The supporting online material enables us teachers and enrolled families to repeat the activities and therefore the children to revisit their learning.

We all know that learning, the understanding of new concepts and acquisition of new knowledge never ends – so we are delighted that we can host a presentation on early brain development offered by the Brainwave Trust. The Brainwave Trust is a not-for-profit organisation that delivers easy to understand presentations to parents, professionals and the wider community using the latest scientific research on brain development.

The evening presentation on Tuesday, 18 September will be about two hours (7-9pm) with the opportunity to mingle, meet and discuss over nibbles &wine afterwards.

For more details please refer to our advertisement or call Gundula @ Harakeke ph.543-2119

Places are limited, so please contact us as soon as possible to reserve your space.

Ka kite ano, your Harakeke team

Noticeboard

Clothing Swap: Mapua Big Night Out Sat 10 Nov, Mapua Hall. Gather up your pre-loved quality spring and summer clothes to bring along for a fun evening of clothes swapping. You could get a whole new season's wardrobe as you have a great social time with your friends. Some more helpers would be great please - contact Adele (5402793) or Paula (5266789). More details next month.

Taoist Tai Chi – new beginners' class Mapua Hall, Wednesdays 11.30-12.30, starting 26 September. Improve health, balance, flexibility. Ph: (03) 545 8375 (leave message) **Ironing:** Is your ironing piling up? Not enough time to do it? I can pick up and drop off or it may suit you better to drop off /pick up. Give me a call or text 0274612983

Office/room to rent at Ora Centre tel 5402705

Mapua Friendship club will be meeting at the RSA in Motueka at 11:45am for lunch and friendship for our 20 September meeting. Please ring Valerie Roche by 17 Sept if you would like to join our regulars for this lunch. 540 3685 Coastal Connections Social Group: venue for September lunch-time gathering is "Stoneridge", cnr Malling Road and Moutere Highway. The date has been set down for the 13th. Look forward to seeing you all. Julie Haliday, 540 3533

For sale: Honda CRV 1996 \$4300 ono. Condition excellent, 243,270km. Cam-belt changed at 195,000km, serviced regularly. Contact 5432233 for further details

Motueka Garden Trail: Sat/Sun 27/28 October. Beautiful gardens to visit around the Motueka area. Spot prizes, plants for sale and more. Tickets \$10 available from: Tessa Maes, Upper Moutere Store, Mitre 10 Motueka. All proceeds to Motueka Toy Library. Info: 03 5287705

Singers Wanted! Nelson Bays Harmony has vacancies for women to sing the low or high part in 4-part a cappella music, along with 40 other voices. Rehearsals Thursday 7pm, at Club Waimea in Richmond. We have carpools from Motueka and Upper Moutere. For details phone Jenny 547 4354 or visit www.nelsonharmony.org.nz.

Coastal Garden Group meet first Thursdays, 1.15pm, Supper Room, Mapua Hall. Members, guests & visitors welcome.

Women's Recreation Group - meets outside Mapua Mall Thursday mornings. Leaves 9.15am for 1½ hour walk. Route varies. Join us whenever you can. Some members may cycle. Info Lynley 540 2292.

Children's Gymnastics: improves a child's strength, balance, coordination, spatial awareness & eye tracking using hand apparatus, songs, and gym equipment. Thursdays @ Mapua. Mondays @ Upper Moutere. Ring Sam, 5432512

Recycling: Printer & Photocopier cartridges can be left at Tasman Bay Vets, 69 Aranui Rd, 8am-noon & 3-6pm. Consider reducing landfill and support fundraising. Managed by the MDBA with thanks to Tasman Bay Vets for their support.

The Great Taste Trail. Show your support - you can 'virtually own' a piece of the MDBA's 1km of cycle trail. \$40 will purchase 2mtrs of 'virtual trail'. We have a 1000m for sale! Call into Perry's Auto Services or call Janet on 540 3364 for more information.

Toy Library: extensive selection of toys, puzzles & videos for children 0-5yrs. Behind Mapua Hall every 1st & 3rd

Tuesday, 10-11.30am & 6.30-7.30pm. Phone Anja, 544 8733, about membership or casual hire.

Tae Kwon Do (martial art good for self defence). Now at Mapua Hall (supper room) every Monday and Wednesday 6-7pm for kids and till 7.30pm for adults and senior belts. First 2 lessons FREE (\$5/class or \$20/month) contact Norma, 03 5266228 or just come along and give it a go. **Probus Club** meets first Fridays, Mapua Hall 1.30pm. All retirees most welcome. Enquiries to Pres. John Sharman; 540 3642, Secr. Margaret Butchart 5402686

Spinners, Knitters, Weavers – Wool Gatherers meet at Mapua Hall, second Tuesdays, 10am. All welcome.

PANZ (pastel artists of NZ) meet each Tuesday, Mapua Hall, 9am-noon. If you are interested in trying pastels as a painting medium, please join us. Glenys Forbes 540-3388. **RSA Meetings:** RSA room, Mapua Library, 2pm, second Mondays, refreshments served at the close.

Ruby Coast Newcomers Coffee Group: come and meet new people and make new friends. 10am last Friday of month, Tasman Store. Info: Fiona, 526 6840, fiona.oliver@xtra.co.nz or just turn up. Everyone is very welcome.

Kidz 'n' Koffee playgroup: 10am – noon, Wednesdays during school term at Old Church Hall, Aranui Rd. All parents and caregivers welcome, we cater for 0-6 yrs. Gold coin donation for a delicious morning tea. Come and make some new friends. Info: Debbie, 5432915

Sewing: Don't put it in the clothing bin yet! Sewing repairs & alterations. Phone Marijke Lups: 03 5403498, 5 Perry Way, Mapua

Mapua Art Group: Painting/Drawing Thursdays 9-12.30, Supper Room, Mapua Hall. Like-minded artists get together to paint and help each other in a fun, social environment. All levels & media welcome. \$4 session includes morning tea. Tables, chairs provided. Lisa Chandler, 540 3933

Need technical help? Can't connect your DVD player? Don't know how to download photos from your digital camera? Computer running slowly? Local help is at hand! Average job price only \$20! Basic web design also available - pages start from just \$35. Call Sam, 544 0737. – sambennett@live.jp

Mapua Hills Rose Society (est 1949) meets 1st Mondays (except J months) 7.45pm, Supper Room, Mapua Hall. Rose lovers, growers, visitors and guests very welcome. Enquiries: Letty Thawley, 540 2876, Margaret Sinclair 03 528 8477.

Fair Exchange: We meet the second & fourth Wednesdays of the month. 9am at the Smokehouse to exchange homemade or homegrown items. Info: Debbi, 540-2942 or DLBamfield@gmail.com.

Zhineng-Qigong: an effective system for self-healing, now in Mapua. For obligation free introduction session and further information phone Marianne 540 3058

YOGA with Robin - Classes weekly. All levels welcome. Call 540 2113 for class times & information. www.rubybayyoga.com

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