

### 'Time of Excitement' for Wineries

M ichael Glover, the new and innovative winemaker at Mahan Estates (formerly Woollaston Etates), is involved with his first vintage at this organic vineyard in Old Coach Road, Mahana. Michael has brought with him from Australia and Europe some winemaking methods which when compared with local practise, are a little different from the norm.

Michael describes a little of his background, his experience and his ideas and philosophy regarding wine and winemaking:

My name is Michael Glover, I have been known over the last 20 years as "Glove," which is shortened from "King Glove."

I was born in Canberra, Australia, in 1968 to Dave and Penny Glover who were originally from Wellington. Mum was/is a teacher and Dad was studying pure

mathematics at the Australian National University. From the age of eight my summers were spent playing and watching cricket. I still have the autographs of touring test players Mohinder Amarnath (Pakistan), Bishen Singh Bedi (India) and Australian legend, Bob Simpson. Like most young Australian's my life pretty much revolved around sport.

Mum and Dad had always been passionate about food and wine so I guess it seemed logical and probably somewhat

romantic for them to sell everything up and return to New Zealand to start a boutique vineyard and winery.

I was 15 when we left Canberra and arrived in Upper Moutere. It was quite a culture shock leaving my mates at Kambah High School and arriving at Motueka College.

At about this time I developed a love of cycling and began to race with the Nelson Amateur Athletic and Cycling Club. I was selected to ride for the New Zealand Oceania Games Junior Road Team in 1986 which resulted in my being expelled from Motueka College for going training in "study" breaks. The headmaster of the day, Mr Morrie Stevens, said, "We don't give A's for cycling at this school Mr Glover." So I spent my last year of school at Nayland College.

My life revolved around cycling at this time. After many run-ins with officialdom my father started a breakaway cycling club called the Upper Moutere Wheelers, now known as the Tasman Wheelers. A hatred of authority and the establishment sit beside passion and rebellion in the Glover gene pool.

At the age of 23 I was beginning to lose my way with cycling while at the same time a fascination with wine was developing. Wine was all around me; it was probably inevitable that I would take the next step in my life and hang the bicycle up.

In 1994 I left New Zealand and returned to Australia to study for my Wine Science degree at Charles Sturt University in Wagga Wagga.

It was at University where I met my wife to be, Catherine. She was studying social welfare so was a great fit for a winemaker...I create problems and she fixes them.

We have two children, Jake and Nell. Jake is in his last year of bio-medical science at Flinders University

in Adelaide and will continue on for another four years studying for his medical degree. Nell is in Year 10 at Waimea College and is like her brother and her mother in that she is quite academic.

After completing my degree I was employed in 1998 as an assistant winemaker at the Rothbury Estate in the Hunter Valley of NSW. It was a strange time as I had worked at Rothbury under the previous owner, the late great Len Evans, OBE, but was employed as a winemaker

by one of Australia's corporate giants, Fosters, who had acquired Rothbury through a hostile takeover some months before my arrival. I learned a great deal at Rothbury but grew to despise the corporate wine world. Wine was merely a commodity to them. There was no romance, no magic and no soul. Wine without humanity is no longer wine...it is beverage.

After The Rothbury Estate I worked at another Hunter Valley winery called Oakvale for two years. I then moved to Tasmania to work for five years at Moorilla Estate. In 2005 I was fortunate enough to get the job as winemaker at the iconic Bannockburn Vineyards in Geelong where I spent the next 9 years. Throughout this time in I did vintages in Europe. I worked vintages at Tenuta di Valgiano in Tuscany, Viticoltori Di Conciliis in Campania, Mille Una in Puglia, Tenuta Dettori in Sardinia as well as Dr Loosen in the Mosel, Maison Ambroise in Burgundy,



Domaine Enchenteurs in Ventoux and Chateau de la Tour in Burgundy.

Working for great producers and at great vineyards certainly gives you an insight into what great wine is all about. There is an inherent authenticity to them in that they do not require adulteration in the vineyard or winery to make them. This makes perfect sense yet the majority of the wine industry is desperately trying to copy someone else or is just plain ignorant of what greatness is.

The attraction to return to the Moutere is based on the fact that the combination of the Moutere climate and clay soils is as yet relatively untapped. I truly believe that there is the possibility of making great pinot noir here, and great pinot noir is a very rare thing in the world of wine. What makes it special? The clay holds moisture and slowly releases it to the vines through the dry summer months. This means that there is no need for supplementary irrigation which, in my opinion, is a gross defiler of the concept of terroir (the complete natural environment in which a particular wine is produced. Ed).

There is the possibility of making wine in as pure a fashion as possible meaning that the wine is a true reflection of site, soil and season. That is exciting for a winemaker.

Having arrived back in Nelson, I must admit to being taken aback at the conservatism of the wine-making scene. We are a country that sells itself to the world with exciting adventure sports and wild, rugged beauty but none of this wild adventure goes into our winemaking.

I think the future in Nelson is tremendously exciting. There is the opportunity to make exciting, dynamic wine that is stuffed full of attitude and difference. Wines that reflect our place in the world and that can evoke interest and intrigue on a world stage. To do this we have to head where others fear to tread. This is a time of excitement!

#### Thanks for Donation

This letter is to say a great big thank you for the \$2000 we have received from the *Coastal News* for the Dominion Flats Restoration Project. You can be assured it will be put to very good use with the purchase of more plants. I hope you get a chance to walk through and see for yourselves the progress that is happening or if you would like a guided tour we would willingly show you through. So a big thank you from us all.

Helen Bibby

# Richard Smethurst Landscape Design rich.smethurst@gmail.com 03 540 2843

### Mapua Bowling Club

With the wet winter weather settling in, the club members are enjoying the Friday night social evenings involving in-door bowls, table tennis, pool and cards which are held in the clubrooms every first and third Friday.

A special Spring Roast Lunch is being planned for Sunday 13 September. The cost is \$20 for the roast meal and dessert. The members are keenly looking forward to this event which will be a good way to welcome the spring and the upcoming start of the new bowling season. Members and their friends are invited to attend.

The Greenkeeper, Ben Whitten, has been busy with all of the winter tasks on our new green. Moss and weeds have been sprayed. At a recent working bee dedicated club members have also been down on their knees, pocket-knife in hand, assisting with weed control.

For information about bowling, coaching or booking the clubhouse and facilities please call the secretary, Margaret Busby, on 544-6325.

Barbara Brown

#### Letters to the Editor

#### Mapua Shed 4

Most of you will be aware of the development designed to cater for a further seven new businesses on the (Mapua) waterfront. Shed 4 will complement and support the present businesses in the precinct. Designed to enhance the current business and amenity environment, prospective tenants will complement those who are already there.

Tenders for the construction of Shed 4 have closed, with the tender evaluation process under way. A decision to award the contract will be made shortly with the construction due to commence in early August with a scheduled completion during October.

The Shed 4 development will be happening alongside the ongoing wider development on or near the waterfront precinct. Key to the wider development is the need to ensure it is safe and accessible with the aim of enhancing the area's enjoyment for all users.

The Tasman District Council will continue to work alongside the local community and businesses to ensure the redevelopment maximises the area's potential and will attempt to minimise any inconvenience throughout the development of the area.

For more information:

Shed 4 Construction Enquiries: Kim Arnold, Project Manager

Commercial Enquires: Gene Cooper, Commercial Manager

Tasman District Council, Ph 543-8400



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- ❖ LIVE MUSIC SAT AUGUST 15<sup>TH</sup> 8pm "THE VENTURIES" "The Venturies" play an eclectic mix of Blues, Psychedelic Art Rock, and Original Material. Prepare to have your minds blown.
- ❖ COUNTRY MUSIC NIGHT THUR AUGUST 20<sup>TH</sup> 7pm Always innovating, we are proud to confirm the continuation of the country music night here at The Moutere Inn. So, if you ever fancied singing some country, with a full live backing band, now is your chance.
- ❖ FINE DINING EVENING SAT AUGUST 29<sup>TH</sup> 7pm \$50 We will be offering a relaxing evening, of fine dining over five courses. Bookings essential, check our website for menu details.
- \* DON'T FORGET

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1" Thurs Folk Night. This month on the 6th 2nd Thurs Quiz Night. This month on the 13th 3rd Thur Country Night This month on the 20th

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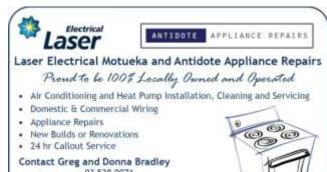
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#### Mapua School Centenary Celebrations When: 6 November 2015

Mapua School will celebrate 100 years of education in September 2015. The centenary celebrations will take place over the weekend of 6th, 7th and 8th November 2015 and will be based around the Mapua area with exciting and diverse options on offer. Please get in touch if you would like further information or a registration pack. For more info please contact: Talei Hayward, mapua100@mapua.school.nz +6421423096



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### Mapua Health Centre

We are now ready to offer a patient portal service that allows patients to have access to their own medical notes. Initially, we are making lab results and repeat prescriptions available, and once we are more familiar with the system we will be able to provide access to medical notes, messaging, recalls and making your own appointments. Even though there are considerable set-up costs, we have decided (as an initial trial) to make this service free to our enrolled patients so that they can have greater access to their health information and choices.



The health centre is about to get a makeover with a long-needed repainting of the outside walls, window frames and roof. So we hope you like the new fresh look.

On a more intimate note, the hospital laboratory has asked us to remind anyone who is bringing a sample to the health centre to make sure that their name, date and time of

sampling are written on the containers.

As this month celebrates heart awareness week it could be time for chocolate lovers to rejoice as recent research suggests that regular consumption of the sweet stuff may decrease the risk of heart events and stroke in otherwise-healthy individuals. Analysis of almost 21,000 UK adults showed that those who ate the most chocolate had an 11% lower risk of develop-

ing coronary heart disease (CHD) and a 25% lower risk of heart-related death over 12 years of follow-up when compared with those who ate no chocolate. In addition, the highest-consumption group had a 23% lower risk of stroke (*Heart*, June 2015).

However, dark (high cocoa) chocolate is probably better than milk chocolate when it comes to not clogging arteries, according to Italian research (*J Am Heart Assoc* 2014). Also, higher fish intake is associated with lower incidence of heart failure, sudden cardiac death, stroke and myocardial infarction (*Heart Lung Circ*. April 2015).

Weight loss at any age for overweight adults, even if it is not maintained, is worthwhile because it may confer long-term cardiovascular health benefits, according to 60-year epidemiological study (*Lancet Diabetes Endocrinol* May 21, 2014). And it's important not to get too worked up as a recent study has shown that in the two hours after intense road rage or another type of angry outburst, a person has a nearly fourfold increased risk of stroke and a nearly fivefold increased risk of MI (*Eur Heart J* 2014).

There are a number of important events for the month, including:

1-6 World Breastfeeding Week www.unicef.org Heart Awareness Month www.heartnz.org.nz 7 Silent Leadership Challenge (deafness) www.nfd.org.nz International Day of Indigenous People www.un.org 10-16 Parent to Parent Awareness Week parent2parent.org.nz 17-23 Cystic Fibrosis - Bubbles Week http://cfnz.org.nz Daffodil Day - Cancer society NZ cancersociety.org.nz 29 Multiple Scierosis Appeal Week www.msnz.org.nz Asthma Awareness Week http://asthmafoundation.org.nz/

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### **Book Review**

The Architect's Apprentice, by Elif Shafak. Reviewed by Joyce Bullock. This book is available in the Mapua Community Library.

How lucky we are to have a library of wonderful books in our village.

Did you know that forty new additions are bought each month and borrowers are encouraged to request books?

Sometimes I return home with five or six titles which appear promising. If I tire of pushing a story along after four or five chapters, or if I feel I have better things to do with my time, I select another title. My problem this month is that I have read three special stories and my dilemma was which to choose to review.

Jenny Patrick's *Heartland* was a contender. I find her books compulsive reading as she gets to the heart of her characters and absorbs you in a believable tale often set in a little-known part of New Zealand.

Garden of Stones by Sophie Littlefield was harrowing and for me unforgettable. After the bombing of Pearl Harbour American Japanese citizens were ripped from their homes and sent to prison camps. The story, blended with facts, follows one young survivor as she endures tragedy and hell.

The Architect's Apprentice by popular Turkish author Elif Shafak encompasses a fascinating period of history from 1546 to 1632 set in the heart of Constantinople [now Istanbul). If you have been fortunate enough to visit Topkapi Palace and seen Rome's





Michelangelo masterpieces, the story will resonate for you.

Elif weaves the story of a naive Indian boy from a tragic background who accompanies the gift of an exotic white elephant to the Sultan. Jahan helped at the elephant's birth and the special relationship they establish results in his becoming the elephant's keeper and enables him to curry favour at the Sultan's court. Jahan 's talent for drawing is recognized by Silan the chief royal architect and he becomes one of Silan's prestigious apprentices.

Silan was considered on a par with Michelangelo in the West, an architect who was responsible for shaping the face of Istanbul to this day. He designed hundreds of buildings, spanning a period when three Sultans ruled. (Google his name to learn more).

The inhumane handling of slaves and horrendous treatment of anyone who threatened the Sultan, demonstrated the power held by the ruler over everybody. Even those workers held in highest regard, walked a constant tight rope. Jahan's popularity wavered throughout the story as he also battled a devious blackmailer. The love of a lad for a princess adds authenticity and reveals that even members of his family were pawns in the Sultan's ambitions.

The absolute dictatorship of the Sultan and his sumptuous lifestyle are woven into a piece of absorbing historical fiction that sweeps you back in time.

Elik Shafak notes that one of Sinan's sayings was "May the world flow like water." Elik hopes that this story, too, will flow like water in the hearts of its readers. It did for me.

This is the only title in our library by Elif Shafak but in the frontispiece of this book it is noted that she has written nine other novels. Her books have been translated in to 40 languages – a sure indicator of success.

In our "Request" book on the library desk I have noted this author's name and the titles she has written.

Maybe in my next book review you will read about another tale from Turkey.



### Mapua Community Library

(Moutere Hills RSA Memorial Library)

#### **Spring Book Sale**

We will be selling books at the Spring Flower Show in the hall on Saturday 19 September. Do come along and find some reading treasure and support this library fund-raiser!

#### **Donations**

If you have new and relatively new adults fiction books to donate to the library, we would love to receive them. If we aren't able to use them on the shelves, they are very popular book sale items, ie, a reliable contribution to fund-raising. A big thank you to those who donate quality, modern books to us — much appreciated.

#### Children's Area

Our reclassification and rearrangement of the Children's Non-Fiction books is well under way and it looks wonderful. The books are now displayed forward-facing and categorised in sections that non-readers and early-readers will easily recognise.

#### Displays

Our current display is by the Creative Fibre Group – another sample of local talent. Thanks for sharing your work with us all. (Apologies for the early notice last month!)

#### **Community Library Research Project**

Dr Brenda Chawner from the School of Information Management at Victoria University of Wellington is researching the impact of New Zealand volunteer libraries on their communities. She and I met recently to discuss our library and Brenda also made a point of visiting the library. I have indicated that we

#### Feeling the effects of winter?...

Come and enjoy a session of fun and fitness outdoors in the fresh air in Mapua - bring fitness back into your life for the coming Spring!

Various options available to suit your lifestyle Call Sue on 03 540 3958 or 027 331 1964 or email fit2livemapua@gmail.com or visit me on facebook at fit2live would love to see the report and outcomes of this research, which she has only recently begun so will not be completed until mid-2016. She advised me that she has 92 libraries in her file, although some are currently inactive. Her early impression is that we are one of the few using Koha, have comparatively long opening hours and a great range of recent purchases – all testament to the wonderful support from our volunteers and community. Enjoy the lengthening days.

Lynley Worsley, chairman

#### **Library Hours (closed Statutory holidays)**

Monday 2pm-4.30pm Tuesday 2pm-4.30pm

Wednesday 2pm-4.30pm (6.30pm during Daylight

Saving)

Thursday 10am-12.30pm; 2pm-4.30pm

Friday 2pm-4.30pm Saturday 2pm-4.30pm mapualibrary@xtra.co.nz,

www.mapuacommunitylibrary.co.nz el 540-2545 Major Sponsors: Canterbury Community Trust; Lion Foundation; Tasman District Council; Mapua and Districts Business Association





### August / September Skincare Workshops



August and September are the optimum months to address skin concerns and perform corrective treatments.

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### Greece is the Word

ast month's article was on the Magna Carta, this one's on Greece: we're certainly getting about a bit. Funnily enough though, the two are linked: compelling the Greeks to sell \$70 billion of assets is certainly a challenge to property rights and sovereignty.

So should we be concerned? I have had a long interest in debt, especially regarding how an irresponsible relative of mine always seems to live beyond his means. Back in 2013 I was interested in the looming Greek tragedy and thought it worth of a further look.

The logic is simple: if you have debt, you need to (1) be able to pay the interest today and (2) be able to pay off the debt itself in the future. This is pretty obvious for both families and countries. With countries, the tax take covers the interest while country growth, ie, the future tax take, covers the future repayment. For families, the age of the breadwinners indicates longevity of earnings.

I plotted all the relevant numbers, gathered from the CIA website. In the graph below, the vertical axis is debt as a percentage of Gross Domestic Product, ie, each country's debt compared with its earnings. A high percentage is worse, as anyone with a mortgage will tell you.

The horizontal axis is the "potential support ratio," which is the proportion of 15 to 64-year-olds ("the workers") compared with those over 65 (retirees). The further left on the axis below, the more workers there are per retiree. Being to the left is a good thing, as is being young but many youngsters don't seem to realise that until they get old.

And finally on the graph, each bubble's area is the size of the economy.

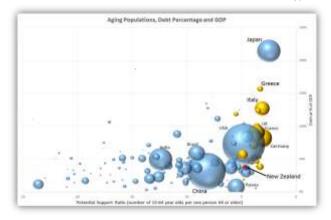
The results don't need much explanation: the topright is the trouble area, where huge debt meets an aging population. And the size of the bubble indicates how much trouble it may cause everyone else. The good news is that Greece is a small bubble and probably unlikely in itself to cause a massive financial problem. Mind you, some of the other European countries don't look too flash, either.

The bad news is the Japanese are much worse than the Greeks, they have 16 times more debt than Greece, are breeding less that the Greeks and are a big trading partner of New Zealand's.

I haven't touched on how reliable the numbers are. It might surprise you, but some countries lie outrageously about their GDP. I think it has something to do with getting invited to G20 meetings and their seating order, which goes to show that human nature is universal at all levels. Then again, I thought breeding was a fairly universal desire until I saw the Japanese statistics.

And what of New Zealand, that Pluto-sized dot on the graph? We are unlikely to cause much trouble for anyone else and our numbers look pretty good in comparison. So when you next encounter a surly teenager, remember they will be picking up the tab, and smile.

John Bamfylde







Edited by Andrew Earlam (advertising) 540-2845, and Terry Smith (editorial) 540-3203. Views expressed are not necessarily those of the editors. We aim to have the newsletter out by the 1<sup>st</sup> of the month. The deadline for emailed items to coastalnews@mapua.gen.nz is the 20<sup>th</sup> of the month. Notices are a gold coin donation in the collection boxes. Club notices are free. Printed by the Tasman District Council.

### Mahana School 100

Mahana School will be 100 years old next month. All past pupils of the school are invited to attend celebrations and meet old friends.

Friday 11 September visitors can make a tour of the school and share their knowledge and experience of their time at the school. In the evening there will be a production at the Upper Moutere Community Hall.

At 2pm on the Saturday there will be centennial

events and at 6pm there will be a dinner and dance at the Woolaston Estates Winery.

On Sunday there will be a tree-planting and a bus trip around Mahana.

Registration closes on 14 August.

For more information contact: Justin Neale, Principal School Road, RD1, Upper Moutere Ph 03 543-2887 www.mahana.school.nz







## SENIOR MOMENTS

Hills Community Church

Held on the second Wednesday and last Wednesday of the month

At Hills Community Church - 122 Aranui Rd, Mapua

10 AM to 12:00



COME ALONG AND MEET NEW FRIENDS, HAVE FUN AND ENJOY MORNING TEA.

### Garden and Art Trail on the Ruby Coast 18 October, 10 am - 4 pm

Save the Day – Pre-order your Tickets Now

Mapua Women's Recreation Group will once again have a team at the Cancer Society's Relay



for Life in March 2016.

Our Garden and Art Trail fund raiser will offer a variety of interesting gardens and art works in our local Ruby Coast area. Most of the gardens

will be new and different from our very successful Trail two years ago.

There will be plant sales, garden raffles,
Devonshire teas/coffee and other interesting
surprises at the various locations. This will be a
great day out exploring our fantastic region, with
all money raised going to the Relay for Life.
Tickets will cost \$10 per person and can be preordered by phoning Janet on 540 3364 or
emailing to mapuarecgroup@gmail.com

### Ring of Fire, a short story by Peter Francis

The little red Honda splashed its way up a puddled, muddy driveway to the two-storied house next to the Mapua Fire Station. Simone turned off the ignition, the engine wheezed, spluttered and rattled to a stop like an old man with emphysema.

"Whose house is this?" asked Carson.

"One of our volunteer librarians, I want to swap duties with her. I won't be long, darling. When I come back we're going to see your school principal to complain about those bullying classmates of yours I heard calling you 'Toilet'. I'll leave the key in the ignition so you can listen to the radio."

Head down against the driving rain, she hurried up the path and pressed the doorbell. She heard it jangle then slow, purposeful footsteps. As the door swung open she saw he was wearing his fireman's uniform and let out a sharp gasp. The next moment she was inside the house and wrapped in his arms. She nuzzled into him, moaning softly, whispering in his ear, "I can't take long. My son's waiting in the car." She felt him flinch and loosen his embrace. "It's all right, he thinks I'm meeting someone from our library." Tangled together like blackberry vines they stumbled upstairs.

Carson, bored stiff, was sitting in the car with Johnny Cash singing *Burn-burn-burn like a ring of fire* when he saw it. There in the fire station yard was a shiny steel fireman's pole running down one side of a square two-story blockhouse. On the opposite side was a long ladder. He couldn't resist such temptation. What 12 -year old boy could? When he got to school tomorrow and told all his stupid classmates they would be so envious. Maybe they wouldn't tease him and call him WC (for "Woosie Carson") any more.

Locked in an embrace, they were responding to each other's slightest move like professional figure skaters. Suddenly he stopped kissing and thrust her away.

"Huh-huh-what-what's wrong?"

"Someone's watching us".

"Where?"

"There, through the window."

"We're on the second floor; it's probably your reflection."

"Go look for yourself."

Carson climbed the ladder and raced across the roof, wrapping his legs around the shiny pole. Preparing to slide down he noticed movement in the window next door. He could see a man wearing a fireman's uniform, eyes closed, clutched in a passionate embrace with... his mother! Shit! Is Mum having an affair with a fireman? The man stopped moving and stared straight at Carson.

Although not popular Carson was bright. Releasing the tight grip of his legs, he slid down the pole, ran behind the square building and hid beneath some shrubs.

Simone straightened her clothing, walked to the window and peered through the raindrops. There was a shiny pole next to a tall square building but not a person to be seen. "No, there's no-one there. You must have imagined it. Sorry, I'll have to leave now. My son will be wondering why I've taken so long."

When no one appeared Carson crept back into the car, locked the door and turned up the radio volume, gradually growing more and more angry with his mother's fireman.

Glancing at her wristwatch as she left the house, Simone saw that just 12 minutes had elapsed since she left Carson.

The day his teacher took their class to learn about marine creatures at Mapua's fabulous *Touch the Sea* aquarium was when Carson's plot to severely punish his mother's lover began to evolve. While the stupid boys were wandering around in absolute boredom and the pathetic girls squealed and screeched every time one of them touched a live sea animal, Carson overheard the curator talking to his teacher.

"No, my name's Tasman. I'm not actually the owner. I'm a marine biologist and work here full time. The owner works here only occasionally. He's a volunteer fireman."

Carson knew that to be successful his revenge would need to be well planned. On the first dark moonless night he loaded the items stolen from dad's garden shed into his backpack, then silently cycled down the hill toward Mapua.

The aquarium was just a short distance from the fire station. In order to allow his intended blaze sufficient time to take a firm hold he needed to create a diversion to draw fire-fighters away from the real fire.

His plan was to first set fire to the tennis club shed, which proved even more successful than he'd hoped. Within minutes he heard the fire siren wailing.

As he pedalled toward the aquarium he could hear volunteer firemen's cars arriving at the station Once the fire engines had driven off, he used his dad's tomahawk to smash the rear window and entered the dark, silent aquarium.

Nervously looking around, he switched on his helmet light and began pouring the contents of the fuel can around the large tanks of sea creatures. The pungent stench of petrol burning his nostrils made him feel ill. Suddenly gagging, he lent over the stingray tank and threw up.

Riding home along the water's edge he was confident the incoming tide would soon obliterate his tyre tracks. The sky was glowing brightly behind him. He smiled as he smelt acrid smoke and heard the loud crackling of flames over the heavy rumble of the sea. That'll teach that flaming fireman, he thought.

Next morning the headmaster addressed the school assembly. "After last night's appalling events at Mapua wharf the aquarium's owner is flying down to Nelson. He's the chief fire officer in Martinborough and hasn't visited Mapua for more than a year. The aquarium was his lifetime work. He'll be devastated."

Oh no! He had punished the wrong fireman, Carson realised. He knew now he could never tell his class-mates—or anyone! It would always have to remain a mystery.

### Playcentre

This term has been a busy term welcoming a number of new families to Playcentre. There have been a number of strands flowing through the sessions this term including Te Reo and Waiata with Carol. The tamariki have enjoyed singing in both Maori and English. We have focused on three songs to become confident in singing and pronouncing colours and greetings. The children have also enjoyed banging on a drum or cymbal and keeping the beat during this learning.

We also had a focus on fire safety. The children have learned a lot through discussion and watching our supervisor light a fire and keeping outside our fire circle. The last few sessions we have cooked on an open fire in our sandpit. At the start of next term we will round this off with a visit to the Mapua Fire Station.

We would like to take this opportunity to thank Mapua/Ruby Bay & District Community Trust which has assisted us in buying a new filing cabinet.

#### **About Playcentre**

Do you ever drop your child off at their day care and wonder what they get up to in their day? Have you considered coming down to Mapua Playcentre and spending some precious hours with your child while they play and explore what we have to offer?

Mapua Playcentre has been a prominent place for families in the Mapua community for the past 60 years. It is an undervalued resource in the centre of our community for you and your children to use in a fun social learning environment and is really worth having a look at.

Playcentre is Ministry of Education-registered centre, the difference being parents' input into their child's learning, development and fun. Come and stay and meet other parents from the area. It is a great

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way to really have your hands on day with your child, while you also get the benefit of having social interaction with other parents.

We are not just a playgroup. We follow the Early Childhood Curriculum Te Whariki which is unique to New Zealand. We have one supervisor on each session, whose experience and knowledge is awesome. You get to see first-hand what your children do in a social learning environment and for you as a parent having that input can be extremely rewarding.

Any enquires please phone Anita on 021 1265 357. Or come down on our opening hours of Mondays and Fridays 9.30am-12noon (school term time). We are on Aranui Road behind the tennis courts and by the scout den.

We offer a free term for first-time families and children under two are free.

### **Mapua Policing Report**

Winter is certainly with us now and has been for some time. With the wet and often icy roads with grit on them we need to be allowing a few extra minutes travelling time so that we can travel safely. There have been several ice-related accidents in the Motueka area this winter so make sure you don't become one of them!

It is disappointing that some graffiti was done recently around the main shopping area in Mapua. This was done in a black marker pen. If anyone has knowledge of who has done this can you please contact the Motueka police on 528-1220 or the Crimestoppers' Anonymous line on 0800 555 111.

Also an unlocked bike has been stolen, so once again make sure that you keep bikes secure so you don't make yourself an easy target for any thieves. Keep warm out there.

Grant Heney, GHD036, Community Constable, Motueka. Ph 03 970-5271 (Direct).

#### **Mapua Occurrences:**

Graffiti on local shops

Theft of mountain bike, black, with red sticker, "Your life is not worth it." Unlocked.

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### Unveiling Delayed

In last month's issue of the *Coastal News* the Ruby Coast Initiative Trust said that they hoped to have the official ceremony to mark the installation of the sculpture at the Tasman gateway to the Ruby Coast in August.

Unfortunately that will not happen. A machine to polish and seal/finish the aluminium sculpture before it is erected has to come from Australia, and at the moment no-one knows when it will even leave the docks.

A spokesperson for the Trust said they "could give no definite date as to when we will have it up and able to have the official party...the key message is that it is coming, but there is nothing we can do right now to make it happen any sooner, unfortunately."

She said the Trust was under way with fundraising and consents for the Mapua Gateway.

### **QUIZ NIGHT**

MDBA Fund Raiser for the Mapua Gateway Sculpture.



At: The Playhouse
When: Friday Night August 21st
Dinner available all night
from 5.30pm
Quiz starts 7.30pm.

\$5 per head, all proceeds go

towards the Mapua Sculpture. Great fun, great prizes and a great opportunity to support local public Art in our region – see you there!

To book tables (max of 8 per team) Phone: 540 2985



### Tasman Bible Church



You can't deny your roots – or, can you?

I aving changed, some time ago, from the legal status of "resident alien" to "permanent resident," there is still the lingering question of longing and belonging.

Most conversation openers include the proverbial "what do you do?" Whereas, for a large section of the globe, a still more important question is, "Where are you from?" It might be embarrassing if you are second or third generation Kiwi but someone will still insist on asking where you're from because of the colour of your skin or your still-remaining pronounced accent. The questioner assumes your origin to be elsewhere other than here in "God's own."

What is it that constitutes your "roots" "origins" anyway? Is it solely birth-place or family, time spent in a certain location, or, what or who you personally decide to identify with? This is more difficult still if you are ashamed of whatever you decide your "roots" are. Denying your roots might be more difficult than you think particularly when others, by association, assume those roots for you even if you have disowned them

Christians associate their ultimate "roots" in the God they worship and serve. The apostle Paul put the root description of identity in these terms. He wrote, "Therefore, if anyone is in Christ, that person is a new creation. The old has gone, the new is here!" (2Cor 5:17 NIV). It was his way of stating where a person is "from" and to whom they ultimately belong. Using the language of God's creative power was one way of explaining what it means to become a Christian. Other New Testament writers

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say likewise but much more in "family" type ways. John writes, "See what great love the Father has lavished on us, that we should be called children of God." And that is what we are! (1John 3:1 NIV).

Capacity to disown your roots or adopt new ones is a privilege of being free enough to choose – we all do it. Perhaps re-visiting the question of one's roots is a way of explaining who you really are and the ways in which those denied or adopted "roots" define you?

Most folk have a passport (some have legitimate dual or multi-citizenship - others have none) but, how far does geography or whatever go to answering the profound question, "where are you from?"

Richard Drury

For more information on Tasman Bible Church go to www.tasmanbiblechurch.org.nz

#### MAPUA & DISTRICTS COMMUNITY ASSOCIATION

Notice of Annual General Meeting Monday 10 August @ 7pm Mapua Community Hall

Everyone welcome

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### Moving to Mapua, an early account

Part four of a series of excerpts from the book, Turning Back the Clock by the late Iola McPherson. Iola moved from Nelson to Mapua in August, 1932, at the age of nine and this is part of her story.

#### The Old Red Shed by the Estuary.

fter much of the dense broom and rubbish had **1** been cleared from our Iwa Street block, Dad built a boat shed and bought a clinker-built dinghy from Mr V. Pollard in Riwaka who was renowned for his great work with boats. Timber was too expensive to build a shed with but Dad managed to get some tins that the raspberries came in from Kirkpatrick's jam factory. I was told that some had also come from McKee's factory. Anyway, Dad opened them up and hammered them flat and built his shed with tin-lined walls and roof. It made an excellent boatshed for the dinghy and all its chattels - ropes, anchors, masts, covers - the lot. This was in 1934 and the shed is still standing and in use today although a 'new' door was added later as the original fell off its hinges. The Red Shed is quite an icon for visitors.

#### Mapua School Days.

We were a happy group at Mapua School. There were only two teachers and a handful of children ranging from Primers (Year 1) to Standard Six (Year 8) – twenty-eight pupils in all. When playing games the younger ones joined in with the older pupils as there were not enough children to make a decent cricket team or basketball team with just the senior pupils.

I was in Standard Two (Year 4) when we moved to Mapua. Our teachers were marvellous and helped us no end. Miss Adamson was the Primer teacher and Miss Wix the Standard's teacher. I'll never forget how well they dealt with the polio epidemics, measles and the various accidents the children suffered. There was always someone in the sick bay with a headache or sore throat.

The combined school sports were an exciting annual event with all the schools in the district joining in. Each school wore its own colours – our school

colours were blue and white. We piled onto the back of any open-tray truck and were off to the host school grounds. The truck belonged to, and was driven by, Jim Stutchberry, who later drove the school bus. Each school took turns having the sports on their grounds. Later, when the school rolls became much larger, it was decided to hold the sports (Peace Shield Sports Day) on the Upper Moutere Domain so the truck then went out of commission.

Mapua School did well at sport over the years. I remember one boy in particular who shone at running and relay races. His name was Eddie Holstrum. Eddie always won easily and he smiled all the way! Our school won many cups and its name was on the Peace Shield trophy several times. The Peace Shield was named as a memorial to the end of World War 1. The sports meeting was always held on the Saturday closest to the 11th of November – Armistice Day – and at 11am a two-minute silence was observed in memory of those who fell during the Great War. School Concerts.

At the end of the school year we always put on a concert for the public. I remember one year we put on 'Toad of Toad Hall'. For a concert in another year, my teacher, Miss Wix, gave me the job of making five frilled and gathered dresses with puff sleeves and poke bonnets out of crepe paper for the song-and-dance show, *Five Pretty Girls on the Village Green*. It featured five girls dressed in different colours. It was a great item and well presented. I was then one of the older pupils and had done a lot of sewing at home for my younger sister and brother on Mum's treadle sewing machine. It was operated by a treadle worked by the foot, not by electricity.

The school concerts were held in Mapua's first public hall situated in Tahi Street. It was attached to the old apple packhouse and coolstore which was used for packing and storing apples from the orchards. The apples were then taken by handcarts along a narrow concrete path to the wharf to await loading on an Anchor Company boat bound for Nelson.





### **Out and About with Hugh**

**Soon to go:** Hamish's Ice Cream & Café at the Mapua Wharf has closed. Owner Adele Calteaux, in an interview with Chrissie Small of *Mainland Television*, confirmed she was closing her business as her lease expired and would not be renewed. The land was bought last year by the Tasman District Council from the owner, Donny Yelverton, and will be leased by the TDC to the Golden Bear Brewery, as it consolidates its premises.

The TDC had offered Adele a site in the five-unit building that is to be built this year on the former "Touch the Sea" aquarium site. She said she had not up the offer. The cost of refitting new premises was not viable. It would have come to more than \$60,000.

So, farewell to what has become an "icon" at the Mapua Wharf. A great place for a coffee and the rest of what was on offer. The children of our community, in particular, will miss their special place for an ice cream. Thanks from all of us, Adele, and good luck for you in the future.

More Suburbia: In the news on 9 July, another subdivision. The Trent "Tasman Community" consisting of 180 hectares of land on both sides of the Coastal Highway east of the Tasman Village towards Ruby Bay. As described in the *Nelson Mail*, "A comprehensive well planned scheme to include 130 residential sections, 55 apartments, a commercial area, plaza and green area and 12 hectares of productive land."

If at first you don't succeed... This is Alan Trent's second effort to further develop and sell some of his land. This time it appears he has carefully fine-tuned his proposal. Water is to come from ground water and rain water sources. A resource consent application has been lodged with the TDC in the name of Harakeke 2015 Ltd.

As I pointed out in my July column, "Mapua is on the move." By my count this brings the number of new sections for sale in the Mapua district area to over 300. People are buying and building houses. At this time of writing, already four or five on Mapua Drive. Those who develop land for subdivision are convinced that there is a market for housing development to accommodate new housing for sale and people anxious to buy. Time will tell of course. I Googled "Mapua real estate." Try it, you will be surprised.

Now, more than ever, is the time for the Mapua & Districts Community Association to promote membership and participation in the affairs and governance of Mapua. That's heavy stuff and I'm preaching a bit, so here's something a bit lighter:

**Words:** Here's a few; all jumbled up in an image. What are words anyway?



A word is a unit of language, consisting of one or more spoken sounds or their written representation, that functions as a principal carrier of meaning.

**New words:** The June 2015 update to the *English Oxford Dictionary* has added 500 or so new words to its contents. They include such words such as twerk, yarn-bombing, crowdfund & FLOTUS. You might also consider permadeath, duckface, or lolcat, and that's just eight of those "500 or so" words.

Where have these words come from? How often is there an "update" to the dictionary; and who decides all that in the first place?

According to the *Global Language Monitor*, on 1 January 2014, there were 1,025,109.8 words in the English language. I'm not too clear on that .8 of a word bit.

The Second Edition of the 20-volume *Oxford English Dictionary* contains full entries for 171,426 words in current use and 46,156 obsolete words.

People who love words are referred to as "logophiles." I like words and like to use them in a useful and meaningful manner. However, from time to time I introduce a "word" into this column, just because the word piqued my interest. That probably makes me a logophile. There are a couple of other sorts of –philes. Maybe next time.

Hugh Gordon





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### The Probus Club of Mapua and District

The guest speaker at the Probus Club of Mapua and District July meeting was Paul Lumburg of Nelson. His subject was his involvement in the U3A voluntary education system—a service for people over the age of 50—of which he is the co-coordinator for the 12 U3A groups around the Nelson district.

The U3A was started in Toulouse in France in 1973. Since then the education system has developed to more than 30 countries with around 9 million people being involved. In France it was started through some of their universities, giving evening classes to the retired or semi-retired public.

In the Nelson district there are more than 300 people involved in U3A subjects. It has been going for more than 20 years in this district. This represents about 48 groups or classes covering a wide range of subjects such as classical music, economics, and computer technology. There are some groups with outdoor interests such as bird-watching, or walking groups.

U3A groups are often formed by knowledgeable, enthusiastic persons on a specific subject. Their weekly or monthly meetings are often held at the tutor's home for a group of six or eight people. Paul's early involvement has been with groups learning history or listening to classical music using videos. The sessions are often followed by a social half-hour. Paul also mentioned being involved in "aspects of history' run by Brian Say who used to reside in Mapua.

The Nelson U3A groups have a back-up committee of 12 tutors. They have good access to computers to get any required information. There are about 30 similar advisory committees in New Zealand. There will be a world U3A conference at Brisbane in August.

The mini speaker was club member Rita Mitchell. She spoke about her early life, giving an interesting coverage of her family history going back to the First World War when her grandfather sailed from Ireland to Liverpool. It was a move to escape the extreme

poverty. During the war he was involved with merchant shipping as a marine fireman.

Rita spoke about the drama of the merchant shipping during WW1. This was the sinking of the Cunard shipping line boats that were converted into troop carrier boats. The *Justica* was one such boat that was sunk by the German U boats.

After WW1 some philanthropic New Zealanders decided to start a scheme to encourage some seamen's families from Britain to come out to New Zealand. This was the incentive for her grandfather to take up the offer. It was a form of compensation for their involvement in keeping the shipping lines open during the war.

Her Uncle Jack came out here in 1924. In 1953 he persuaded her father to come out too and to train young people to work on farms Flock House near Palmerstone North. Her father came out on his own leaving, her mother in Liverpool to look after their threechildren. After six months her father was able to pay their fares to come out. Rita, at the age of 13, found the ship journey through the Panama a great adventure.

They arrived in New Zealand to live in a threeroom worker's cottage in Riwaka, with a long drop in the garden and hand-operated pumps for their water supply. The living was very basic, with baths once a week using hot water from the copper in the wash house to fill the bath. Rita went to Motueka High School and found it very easy to settle down.

The three children thrived in New Zealand but her parents were always "Poms." They looked on England as home and the New Zealanders as colonials, but they never considered returning to England. Both her parents kept their British passports, and at Rita's mother's funeral her coffin was covered by the Union Jack, as requested.

David Higgs





# The place 4325 year olds EXPLORE, CREATE, ENJOY

Question: What happens when you remove all "one-purpose" toys?

Answer: Children find their imagination!

Kia ora Community. Yes we did it – we removed most of our "one-purpose" toys (dolls, prams, dressups, cars, trucks, diggers, and other sandpit toys). Why? I hear you asking... Well, after some deep discussion regarding a group of our older children having trouble settling to play, saying they are "bored" –

it was decided to take away some of the toys and set up our environment differently – allowing for children's imagination to have more of a reign on their play.

The results where fascinating! Blocks were no longer blocks – they became cars, babies, skis. Puppets became the babies and the outfits they made with scarves would blow the fashion week runway right

out of this world. The children's language became richer, dynamics changed – peers changed, new friendships and interests developed, the noise level dropped considerably and stick/weapon play, rough

and tumble and fighting games all came to a screaming halt.

Our natural resource table became a place to create pictures and mandalas, and even made food for the new babies. By putting building blocks on the table on top of a nice piece of fabric we created more in-depth play – that lasted hours, and with no cars for their built up towns – Lego was then required to build cars – and the play went on...

Our parents found it very interesting and even started doing similar changes to their children toys at home – our children once again had found their imagination. Winter time is a great time to try this. Divide the toys up into boxes and just have one box out at a time and change the boxes weekly – the children think it's Christmas when they get to play with toys they haven't seen

for a while – and as for tidying up time – less toys – less mess! Give it a go.

Keep warm until next time, your Harakeke Team Ka kite, your Harakeke Team

### 2016 Calendars

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Fundraiser for Native Bird Recovery

Richmond Conservation Group





### **Pastel Artists of NZ**

Tuesday 23 June, no threats, no brandishing of large sticks, just an informal invitation to join the meeting or continue painting. But what a meeting! Convened by Glenys, this was the first official, documented gathering of members of Nelson PANZ to discuss the convention to be held next year here in Mapua. And as hands went up to volunteer for tasks, the smile on Glenys' face grew ever wider.

So no painting, but an abundance of ideas and a small committee formed to pave the way with the full support of the whole group. Do you get the vibe that we are excited? It's true! Ours is a beautiful area with plenty to support and enhance the National Art Awards and Convention. We are offering Fun, Friendship and a happy Family atmosphere. 2016, the year of the 'F-words' (I'm liking Food and Frolics myself, hopefully both additionally available).

Judy March is organising accommodation and there will be a variety of requirements for our visitors from all over New Zealand. If anyone in the local area would be able to offer a billet, a sleep-out, bed and breakfast...Judy would be very pleased to hear from you on 540-3392.

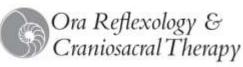
The programme is far-reaching though some aspects will be available to PANZ members only. However, the launch on Friday 15 April will be open to everyone and for the following two weeks artworks will be on display in the Community Hall.

We are indebted to the Mapua and Ruby Bay Community Trust for the grant made in support of our Convention and Art Exhibition.

We are not totally distracted by next year's event important though it is. Lance Trolle visited on 30 June to demonstrate cutting and preparing mounts as part of the picture framing process. Marian Painter has organised an extensive programme that will see us right through winter and spring. And on some days we just paint!

If you want to find out more about pastels and the PANZ art group in Mapua visitors are always welcome. Just call into the Community Hall on a Tuesday morning between 9am and 12 noon when you see the PANZ board outside. Or contact Glenys Forbes on 540-3388 for more information.

Sue England (540-2934)



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The Mapua Hall Society AGM was held on Monday 20th of July and the following committee was elected:

Lynda Mabin, Sue Smith, Bridget Castle, Trish Smith, Ruth O'Neill, Ally Roach-Wilson, Reinhard Gebhard & Jean Woolfe.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sun
	What's on at the	ne Hall i	n Augus	ît	1	2
3	1pm Beginners Tai Chi	5 9am Yoga 9:15am Aerobics 10:10am Pilates 12.30pm Tai Chi	6pm Zumba 7.30pm Mapua Comm.	7 9am Yoga 9:15am Aerobics 10:10am Pilates 1pm Probus 7pm Mapua School Race Night	8 9am Aerobics & Pilates with Lynda	9 4.45pm Mapua Mystery Movie Night
& Districts	10am Mapua Creative Fibre	12 9am Yoga 9:15am Aerobics 10:10am Pilates 12.30pm Tai Chi	13 9am Mapua Art Group 3.30pm Karate 6pm Zumba	14 9am Yoga 9:15am Aerobics 10:10am Pilates 6.30pm HCC Mapua Youth	7.30pm Motueka Dance Group	16
17 7pm Hall Committee Meeting	1pm Beginners Tai Chi	19 9am Yoga 9:15am Aerobics 10:10am Pilates 12.30pm Tai Chi	Friendship Club 3.30pm Karate	21 9am Yoga 9:15am Aerobics 10:10am Pilates 6.30pm HCC Mapua Youth Group	22 12pm Painting Class 7pm Golden Bay Fruit Staff Function	23
<b>7pm</b> Waterfront Park Group Meeting	1pm Beginners Tai Chi 2.30 Sit & Be Fit 3.45 Mapua Junior Music Club 6pm Cardio/Pump 6pm Yoga	26 9am Yoga 9:15am Aerobics 10:10am Pilates 12.30pm Tai Chi	27 9am Mapua Art Group 3.30pm Karate 6pm Zumba	28 9am Yoga 9:15am Aerobics 10:10am Pilates 2pm Friendship Club 5.30pm PECHAKUCHA	29 9am Aerobics & Pilates with Lynda	30



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- 24/6/15 PFA Upper Moutere School.
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- 8/7/15 to Motueka Fire Station to stand-by
- 14/7/15 to Williams Rd smell of LPG.
- 15/7/15 House fire Riwaka
- 16/7/15 Cardiac arrest assist

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Tenancy law changes to include insulation and smoke alarm requirements

FIRE SHOP

The Residential Tenancies Act is to be strengthened with new requirements for smoke alarms Housing Minister Dr Nick Smith announced recently.

"This pragmatic package of tenancy law changes will make homes safer for hundreds of thousands of New Zealand families without imposing excessive bureaucracy or cost," Dr Smith says.

"Smoke alarms will also be required in all tenanted properties from 1 July 2016. Regulations will make landlords responsible for ensuring an operational smoke alarm is in place, and tenants responsible for replacing batteries or notifying landlords of defects. Long life (10-year) photoelectric alarms will be required where there is no existing alarm or when replacing an existing alarm.

Ten year alarms are available online, delivered straight to your door -

Contact us at FireBuddy.co.nz ... we're here to help.

### **Under The Bonnet with Fred**

#### The Wedding Car



Recently I had a request to supply a wedding car for a young couple from Western Australia coming home to get married. I also had to find a suitable matching car and went on the hunt to find that big white Cadillac I had seen around. After much inquiry I found the 1972 Cadillac Coupe de Ville. One of the questions from the young couple was, was it big enough for the three bridesmaids? This showed a generational gap of knowledge of cars. My generation always knew Cadillac meant very big.

Ian, the owner, is very proud of his childhood dream car bought from Pennsylvania through his brother, who is now living in the USA. The original owner was a property developer who used it at weekends in the summer months. It is in mint condition as it has been garaged all its life.

While we waiting for the newly married couple to have photos taken, Ian told me about the Cadillac being transported from Pennsylvania to Los Angeles for shipping to New Zealand. A massive luxury transporter truck turned up with more chrome on it than the Cadillac had. After loading the car Ian asked what else was on board and the driver replied, "If I told you, I would have to shoot you." That meant the company promised total security of vehicles being transported.

The Cadillac had 26,000 miles on the clock when Ian bought it and the seats and interior still look new. In the States they call these 1972 Cadillacs land yachts. In 1972 America was humming with wealth, the Vietnam War was on and the share market steady, fuel was cheap and big cars like the Cadillac were a statement of wealth.

Ian's Caddy is 5.78m long, 2.02m wide and weighs 2.4 tons. This is as long as Cadillacs get apart from their limousine. The engine is a carburetted 7.75 litre 90deg OHV V8 developing 220hp. The other engine option for that year was the 8.2 litre V8. The car a nice pearl white colour with white vinyl roof and a nice blood-red interior. The front says "big" with the a wide centre chrome grill and double headlights.

The wheels make the car, with America's most expense Vogue whitewall tyres and wire spoke chrome hubcaps that look as though they have never been off. The interior is like new with plenty of chrome trim to highlight corners on the bench seats and dash. I loved the big steering wheel and wide instrument cluster which accentuated the width of the car.

We picked up the bridal party—they were on time! The three bridesmaids fitted in the back seat of the Caddy no trouble. The outdoor wedding was held in Permin Road overlooking the sea, a great location. As we drove up the windy road I was wondering how I was going to turn around, or more importantly, how was Ian going to turn his big Caddy. I must say it showed that Ian had driven his car before as within three moves it was turned ready for the departure after the ceremony.

I asked Ian what it was like driving the Caddy. His reply, "It's like sitting in my favourite chair with a steering wheel." Ian, your 72 Cadillac Coupe de Ville is a bit of history that is much admired today.

Fred Cassin.



### SIT AND BE FIT

#### In the Mapua Hall (Bill Marris Room)

2.30 - 3.15pm Tuesdays during school terms.

#### Seated exercise is great for;

- anyone with impaired mobility or balance;
- · strengthening the bits that don't get used much in "daily life" (especially upper-body muscles);
- injury rehabilitation, or anyone with a dodgy back, hips, knees or ankles;
- seniors.

We play great old-school sing-along music. Using small hand-weights and mini-Swiss balls improves strength, flexibility, range of movement, joint mobilization, blood pressure and circulation, all from the safety of a chair.

Gold coin donation.

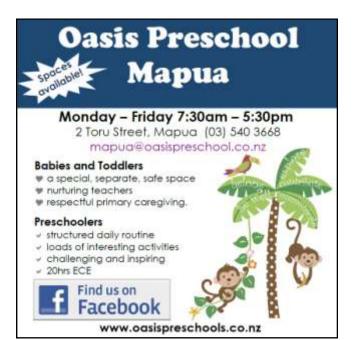
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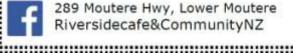


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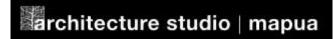
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#### **Postal Delivery**

We can post you the *Coastal News*. To take advantage of this post \$20 with your name and address to Coastal News, PO Box19, Mapua Store, 7058, or email coastalnews@mapua.gen.nz

#### **Advertising Costs**

Ads go by the size in column centimetres. Columns are 8.5cm wide and costs are as follows:

\$2.50 per cm up to 6cm

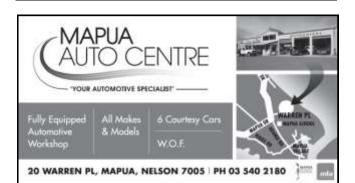
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\$4 per cm over 10cm

With 20% discount for long-term advertising (3+ months) and prompt payment.

The deadline is the 20<sup>th</sup> of each month with each issue coming out on the 1<sup>st</sup>.

Email coastalnews@mapua.gen.nz for full terms and conditions.



### Motoring

with

August 2015



### Wheel Alignment

#### -Keeping straight on the road-

All mechanical equipment, can become worn and out of 'alignment'when used. Vehicles are no exception. How many times have you hit a pot hole, had the whole car shake and think 'I wonder if that did any damage?'. Well chances are it did, however not enough for you to notice as after a few minutes the car is still driving fine and you forget about it, but your car doesn't.

Small incremental changes in your vehicle's wheel alignment will alter how the vehicle performs, affecting how long your tyres last and can cause problems driving.

Computerised wheel alignment testing equipment uses four sensors, one attached to the rim of each wheel. These sensors communicate from rear to front via an optical beam to the base computer unit.



A sensor attached to the rim of a front wheel. The base computer unit is in the background with a graphic image on the screen showing the current alignment settings for this vehicle.

The base unit screen can display a table or graphic illustration of each wheel's position. This enables a direct comparsion to be made between the vehicle's current measurements and those of the manufacturer.

The skill is in knowing how to make the correct adjustments and may also require the replacement of worn or damaged components to correct alignment.

As adjustments are made the technician can quickly see the impact of these on the screen.





Table showing wheel alignment settings

Graphic illustration of wheel alignment settings

We recommend the wheel alignment is checked annually.

Happy & safe motoring from the team at



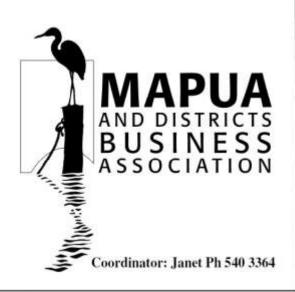
The Playhouse Cafe What's On Guide

AUGUST 2015
Open Fridays to Sundays from 11am
Mon to Thurs Open only for
Events, Functions and Group Bookings
Free Pick Up and Drop off to Mapua, Moutere, Appleby, Tasman

Call 5402985 for bookings

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FREE VENUE For your pri function till (conditions	ivate Nov	30	Amazing Fun \$20, DJs from 7 This will sellou with local supp	Loads of bar Loads of bar k Solos, and d pm \$20, Music 7 it, Huge night	Day nds, Open uos 11am pm till of 4pm	
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10 11	12	13	DJ's after even	່ 15	16	
Sept 11th: Paul I Performs The B \$25, Music from	eatles	London \$20, 730pm Dinner from Hot Club Sa		lunch Closed f Functio	or till	
17 18	19	20	21	22 Pole	23	
CHIRSTMAS Nov 19th to 22nd Players Varity Sh Nov 26th to 2	d: Tasma low Extra	n Coastal avaganza	Grand Qui Night Raising funds Mapua welcon Sculpture \$5pp, Dinner 6 Quiz 730pm MDBA event	for Night for S25, Show Dinner from Dinner from Din Best pole in the cour	t Open 8pm 11am 6pm till ers 4pm ntry	
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Dec 10th to 12t Superst	h: Paul N ar Show	Closed for Function Evening	Function Evening			
Dec 18th and 19 Burlesq	9th: Wiza ue Show					

LAYHOUSECAFE.CO.NZ or call 5402985





#### Easy cartridge re-cycling option in Mapua

Its great to see locals are using the MDBA recycling options for printer and photocopier cartridges. The recycling bin is easy to access, located at The Vet Centre, 69 Aranui Road. The Vets have kindly acted as a drop off point for some time now. If you chose not to re-fill your cartridges, they can be left in the blue wheelie bin in the Vet's waiting room, between 8-10am or 3-6pm, Monday to Friday.

As well as reducing landfill, this is also a fundraising activity - so please consider using this recycling option next time you go to throw a used cartridge in the rubbish.



#### Helping you achieve your potential- Learning, focus and behaviour specialist

Brain Gym® is a movement-based program that helps everybody learn anything quickly and easily. The movements are simple enough that toddlers in preschool and seniors in nursing home can use them to increase brain function and relax. Kerri works with people of all ages but specialises in helping children experiencing:

- Learning challenges such as focus, writing, reading and maths, dyslexia, ADHD etc
- Physical challenges such as coordination, balance, muscle strength
- Social and emotional challenges such as fear, anxiety, anger Many challenges experienced by children are a direct result of key developmental delays which affect brain development. As a result these children often show their frustration through their behaviour.

"I was surprised to see how poor my son's physical skills were. It made so much sense as Kerri explained and showed me the movements we needed to do. It has only been a few months and I have noticed he is stronger and his confidence has improved. We have also noticed his handwriting is neater." (Susanna, February 2015)

When working with adults she mostly works with personal growth, relationship or goal setting issues.

"I could not believe the time when we finished our session. You are so conscientious it was such as pleasure working with you: normally my attention span is around 20-40 minutes these days before I tire but I felt good after our session. I like also

that the exercises you have given me feel very manageable and I look forward to giving them a go. Kind regards, S"

Based in Mapua. Kerri Bainbridge Brain Gym® Consultant/ Speaker/ Trainer.

Ph: 03 540 2782: Mobile: 021-078-1336 Website: www.braingymnelson.com



### Ribbonwood Retreat

#### Self-Contained Holiday Cottage & Retreat

MOUTERE / MAPUA / MOTUEKA / NELSON

Situated at 488 Harley Road this completely renovated cottage has everything you will need for a family

holiday or a small workshop or retreat. Sue Cleaver and Runar Hedinsson bought this property on the corner of Harley Road and the Moutere Highway in 1993. It used to be part of the old mill community until the 60's so has



some local history surrounding it. Set on 5 acres, surrounded by trees and birds, this place has peace and ambience. Living on the property in the original farm house Runar and Sue decided to completely renovate the cottage five years ago.

Sue said: "We used as many local tradespeople as possible and all the detailing is from eucalypt wood harvested from the property. Our intention is to provide a quiet, comfortable space for people to relax and unwind. It is totally self contained with 3 bedrooms and

the possibility of a 4<sup>th</sup> in an upstairs lounge area so can easily sleep 6. We have gone out of our way to provide everything to make people's stay a 'home away from home' experience. However the cottage also lends itself to small workshops or retreats.



As a Yoga Teacher it was important for me to make the cottage multi-functional. It works really well for small groups(6-8) with wi-fi and facility for power points or presentations.

Contact: 03 5432125 or

sue@ribbonwoodretreat.co.nz

Supporting local businesses since 1992

www.rubycoastmouterehills.co.nz

# Noticeboard

**AGM Reminder** for Mapua & District Community Association on Monday 10 August, 7pm. Item for discussion - amendment to the constitution - change of wording from 'an audit' to 'a review'

**Motueka Social Dance Group** are having a dance Sat 15 August, Mapua Hall, 7.30 till 11pm. \$6 plus a plate. Great Raffle Prizes. Come along and have a great night of Dancing. Contact Lloyd Knowles, wk 03 526-8754, hm 03 528-0617

**Walnuts:** Spray free, Motueka Valley. Shelled (\$9/200gm) and inshell (\$8/kg). Delivery/pickup by arrangement. 027-233-5336 or daveyturtle@hotmail.com

**Goldcard**? At last – something to use it for: 10¢ a litre off fuel at Perry's Auto

**Moutere Hills Rose Society.** A gardener with a special love of roses? We meet monthly - contact Margaret 03 528-8477 or Cynthia 03 528-8664.

**Toy Library:** extensive selection of toys, puzzles & videos for children 0-5yrs. Mapua Hall every 1st & 3rd Tuesday, 10-11.30am & 6.30-7.30pm. Phone Anja, 544-8733, about membership or casual hire.

**Kidz 'n' Koffee playgroup:** 10am – noon, Wednesdays during school term at Old Church Hall, Aranui Rd. All parents and caregivers welcome, we cater for 0-6 yrs. Gold coin donation for a delicious morning tea. Come and make some new friends. Info: Bridget, 540-2572.

**Daytime Book Group**: Meets first Tuesdays 9.45am. New members welcome. Anne 540-3934

**Fair Exchange:** We meet the second & fourth Wednesdays of the month. 9am at Hamish Café to exchange homemade or homegrown items. Info: Debbi, 540-2942 or DLBamfield@gmail.com.

**Qi-gong**, Yuan Gong form, weekly in Mapua. Info: Marianne, 546-8584 or bmtc @xtra.co.nz

**Ruby Coast Newcomers Social Group:** meet new people, make new friends. We have coffee at 10am last Friday of each month at Tasman Store & hold ad hoc day & evening social events. Info: Vivien/Richard 526-6707, vpeters @xtra.co.nz, or just turn up.

**Coastal Garden Group** meet first Thursdays, 1.00pm, Tasman Bible Hall. Members, guests & visitors welcome. Judy Sisam, 547-7292, 142doubleview @gmail.com

Women's Recreation Group - meets outside Mapua Mall Thursdays. Leaves 9.15am for 1½hr walk. Route varies. Join us whenever you can. Some members may cycle. Info Lynley 540-2292.

Mapua Art Group meets in Bill Marris Room, Mapua Hall Thursday mornings, 9 to noon. Likeminded artists get together to paint, draw, help each other in a fun, social environment. All levels & media welcome. \$5 /session includes morning tea. Tables, chairs & easels provided. Cushla Moorhead 03 528 6548.

Mapua Friendship Club meets twice a month, 3rd Thursdays & last Fridays, at Mapua Hall for a game of indoor bowls and bring-a-plate afternoon tea. New members are enthusiastically welcomed, no prior bowling experience needed, our game is non-competitive, just a lot of laughs. \$3 door fee and 20¢ raffle. Contact: Val 540-3685.

Mapua Social Cycling Group: "Wheels 2 Meals". Approx 20 – 30 km ride with coffee break at half-way point and no racing! Departing from Mapua Wharf each fine Thursday @ 9:30 am. Anyone interested - just turn up with your bike, "Hi Vis" top and coffee money, or email me wheels2meals @gmail.com

Ruby Coast Walking Group meets every Wednesday morning at 9.30am outside Tasman Store, Aporo Road, Tasman. We walk for about 1½ hours around the area and then enjoy a coffee and muffin back at the Store. Walk according to your ability and speed. Newcomers to the area and everyone (including couples) are very welcome. Just turn up or contact Fiona - 526-6840 or fiona.oliver @xtra.co.nz

**Probus Club** meets at Mapua Hall, 1.30 pm, first Friday of each month. Guest speaker at each meeting for about an hour's talk on various subjects. After afternoon tea a club member will give a short talk of their interest. Now in its 15th year, new members are always welcome. President: Janice Higgs, 03 528-8883, Secretary: Rita Mitchell, 03 528-8097

Motueka SeniorNet: Get tech savvy and share more family experiences. Community computer support for 50+. Training courses for iPads, Phones, Tablets, PC and Mac. Members meeting 10am first Monday of month. 42 Pah Street, Motueka. www.seniornetmotueka.org.nz

**Spinners, Knitters, Weavers** – Creative Fibre Group meet Mapua Hall, 2nd Tuesdays 10am. All welcome.

**Technical problems solved!** - Don't know how to use your electronic devices? Can't set up something new you've bought? Need computer tuition? Local help is at hand! Average job price just \$35. Web design and mobile app creation also available. Call Sam, 03 544-0737, sam@sambennett.co.nz.